

3 2014 Iron Mountain & Skills Competitio

## January 25, 2014

**HOSTED BY:** 

# Ico Reflections Figure Skading Glub



Mountain View Ice Arena 400 E. Hughitt Street Iron Mountain, MI 49801 Announcing the first annual Iron Mountain Basic Skills Competition (approved by USFS) and hosted by the Ice Reflections Figure Skating Club (IRFSC) at the Mountain View Ice Arena in Iron Mountain, Michigan.

#### ELIGIBILITY, RULES, AND DIRECTIONS FOR PARTICIPANTS

ELIGIBILITY: This competition is open to all skaters who are current eligible members of either the Basic Skills Program and/or are full members of U.S. Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Basic Skills Program/Club or any other Basic Skills Program/Club. Eligibility will be based on skill level as of December 27, 2013.

All Snowplow Sam and Basic Skills 1-8 skaters must skate at highest level passed or one level higher and NO official U.S. Figure Skating tests may have been passed including MIF or Individual Dances.

For **Test Track** levels, eligibility will be based only upon highest free skate test level passed (moves in the field test level will not determine skater's competitive level). Skaters may skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition.

**EVENT CATEGORIES**: See the attached form for each event describing the format, ice (full or half-ice), music allowed (type of music and time), required elements/moves, deductions, qualifications, and other special instructions.

**ENTRY DEADLINE AND FEES**: All entries must be postmarked no later than *MONDAY, December 27, 2013.* Entry fees are per person, U.S. Dollars. The first event is \$45and each additional event is \$20. An entry form for each skater **must be filled out completely** and mailed with a check made payable to the Ice Reflections Figure Skating Club (or IRFSC). There will be a \$30 fee for returned checks.

**REFUNDS**: No refunds after closing date of December 27, 2013 unless the Ice Reflections Figure Skating Club cancels event.

**REGISTRATION**: The registration desk will be open at the Mountain View Ice Arena during all practice ice sessions and events on Saturday, January 25, 2014. It is the responsibility of each competitor to check the schedule posted in the ice arena for official changes and events on the day of the competition. Competitors must arrive at the arena at least one hour prior to their scheduled event time. Please check-in upon arrival. Failure to arrive, check-in with the Ice Monitor, and turn in your music at least one hour prior to the scheduled event may result in disqualification.

**AWARDS**: Everyone will receive an award! All events will be final rounds. All awards will be made at appropriate times throughout the competition.

SCHEDULE OF EVENTS: Tentative schedules including groups and skating times will be posted through email no later than four days prior to the competition. Schedules will also be posted in the ice arena and available in the competition program on the day of the competition. All skaters should be ready to skate and check in with the Ice Monitor one hour prior to their scheduled event time.

PRACTICE ICE: Three 20 minute sessions will be available between 7:30 AM and 8:30 AM for \$15per session on Saturday, January 25th. To reserve practice ice, see attached entry form. Program music will not be played on practice ice. A limited number of skaters will be allowed on the ice during any one session. Practice ice sessions may be added or canceled based on the number of registrations with final practice ice schedule posted through email and at the ice rink.

MUSIC: The music for each event must be provided on CD's by the skater and turned in at the registration desk on competition day. Only one song allowed per disc. Tapes and CDRW CD's will not be accepted. A CD for each event should be clearly marked with the name of the skater, event entered, and length of music (not skating time). A duplicate CD should be available at rink side during the event as back up. Music must be recorded within the +/-10 second accepted time frame for the event. Music must be picked up at the registration desk after each event.

**PHOTOGRAPHS**: A professional photographer will be available at the rink to take photos of each group. Photos will be available to order at the competition

**ATTIRE**: Casual figure skating attire, such as sport or skate pant with Mondor's is suggested. Skating skirt or skate dress is recommended but optional. No jeans please.

**LODGING**: Rooms have been reserved for Friday, January 24, 2014at a special discount rate at the Country Inn and Suites in Iron Mountain. Their address is 2005 S. Stephenson Ave. Iron Mountain, MI. To make reservations, please call the hotel directly at 906-774-1900 and mention the "IM Basic Skills Competition".

**CONTACTS:** Preferred contact is by email to Becky Pomroy at icereflections@gmail.com or 906.779.3777

**FACILITIES AND PARKING:** All events and practice sessions will be held at the Mountain View Ice Arena at 400 E. Hughitt St. in Iron Mountain, MI. The arena has seating for spectators and a concession stand that will be open during the competition. Changing rooms are available at the arena for skaters. Free parking is available.

**JUDGING:** The events will be judged using the 6.0 judging system.





## 2013/2014 U.P. of Michigan Basic Skills Competition Series

Mission Statement: The purpose of these competitions is to promote a fun, introductory, competitive experience for the beginning skater.

Skaters will have the chance to compete at different clubs and arenas and earn points for a final standing.

A skater may participate in either Program with Music and/or Elements Events in any of the series competitions to be eligible for accumulating points. Awards will be presented to skaters with the highest point totals. These awards will take place at the final competition in Marquette on Saturday February 15<sup>th</sup>, 2014.

#### **Series Point System**

The program with music and elements events in each of the series competitions will be eligible for accumulating points. Each event will have a <u>maximum of 6 skaters</u>. Male skaters, 12 years of age and younger will compete with female skaters at all levels. Male skaters over the age of 12 will compete in a boys division, even if there is only one skater. The system for scoring points for the final award will be as follows:

1 <sup>st</sup> place	6 points
2 <sup>nd</sup> place	5 points
3 <sup>rd</sup> place	4 points
4 <sup>th</sup> place	3 points
5 <sup>th</sup> place	2 points
6 <sup>th</sup> place	1 point

If an event has 2-6 skaters, the points will be awarded as if there were 6 skaters in the group. If there is only one skater in the group, they will be awarded 3 points. At the end of the series, in the case of total points tied, all skaters tied for a place will be awarded a trophy, no ties will be broken.

#### Points are accumulated for program with music and elements events separately.

During regular series events, medals will be awarded (1-3 place) in each level of program with music and elements events (individual competitions may reward other placements with medals, but all skaters will be rewarded below 3<sup>rd</sup> place with at least a ribbon). At the end of the series season any skater who moved up a level will be awarded 6 bonus points (6 points only, whether they move up one or more levels). All points follow the skater throughout the season. Series point standings will be posted after each competition on the Marquette Figure Skating website:

www.marquettefigureskatingclub.org click on the documents and handbook page

**Please Note:** The USFS U.P. of Michigan Basic Skills Series is sponsored equally by the participating USFS member clubs. Competition announcements will be available at all participating clubs websites. **Each competition will have** 

its own entry forms and specific rules – <u>so please make sure to read the entire announcement for each</u> competition.

## 2<sup>nd</sup> Annual U.P. of Michigan Basic Skills Competition Series – Hosted by the following:

## **Event #1 – Turkey Trot Competition, Sponsored by Copper Country Skating Academy**

Sunday November 24<sup>th</sup>, 2013
Entry Deadline:
John J. MacInnes Student Ice Arena
Campus of Michigan Tech University
Houghton, MI 49931
Contact: Jada Gullstrand

Email: <u>imgullst@mtu.edu</u>
Phone: 906-487-2227

www.coppercountryskatingacademy.org for Announcement/Registration forms

## Event #2 – Holiday Classic Basic Skills Competition Sponsored by Escanaba Area Figure Skating Club

Saturday December 7<sup>th</sup>, 2013 Entry Deadline: Wells Sports Complex Wells, MI 49894 Contact: Mary Gauthier

Email: marygauthier@chartermi.net

Phone: 906-280-3720 Website: www.eafsc.com

## **Event #3 - Iron Mountain, Sponsored by Ice Reflections Figure Skating Club**

January 25<sup>th</sup>, 2014 Entry Deadline: December 27, 2014 Mountain View Ice Arena

Contact: Becky Pomroy
Email: <a href="mailto:icereflections@gmail.com">icereflections@gmail.com</a>
Phone: 906-779-3777
www.icereflectionsfsc.com

## **Event #4 – Marquette International Open, Sponsored by Marquette Figure Skating Club**

February 15<sup>th</sup>, 2014 7am-noon Entry Deadline: January 4, 2014 Lakeview Arena 401 E. Fair Ave Marquette, MI 49855 Contact: Chris Gauthier

Email: chrisa@chartermi.net Phone: 906-249-9243

www.marquettefigureskating.org for announcement

www.Entryeeze.com to Register

#### SERIES AWARDS – MARQUETTE – SATURDAY FEBRUARY 15, 2014

#### DASIC ELEIVIENTS EVENT. SINOVYPLOW SAIVI - BASIC O

- Format: Each skater will perform each element when directed by a judge or referee.
- All elements will be skated in the <u>order listed below</u>

Sno	owplow Sam 1-3:	Ba	sic 5:
1.	March followed by a two foot glide and dip	1.	Backward outside edge on a circle clockwise or
2.	Forward two foot swizzles 2-3 in a row		counterclockwise
3.	Forward snowplow stop	2.	Backward crossovers 4-6 consecutive - both directions
4.	Backward wiggles 2-6 in a row	3.	Basic one foot spin – free leg held to side of spinning leg
			- minimum three revolutions
		4.	Side toe hop -either direction
		5.	Hockey stop

- To be skated on 1/2 ice
- No Music

Basic 1	Basic 6:
	1. Standstill forward inside three-turn - R & L
<ol> <li>Forward two foot glide and dip</li> <li>Forward two foot swizzles 6-8 in a row</li> </ol>	
	2. Bunny Hop
3. Forward snowplow stop	3. Forward spiral on a straight line - R or L
4. Backward wiggles 6-8 in a row	4. Lunge - R or L
	5. T-stop - R or L
Basic 2	Basic 7:
1. Forward one foot glide - either foot	Standstill forward inside open Mohawk -
2. Forward alternating ½ swizzle pumps, in a	R to L and L to R
straight line – 2-3 each foot	2. Ballet Jump - either direction
Snowpybowiggmppyplow stop	Basic Back crossovers to a back outside edge landing position
1.4 Matryo footwhernig place-forwardetarbackward	1. Back ଜେଖି ଓଡ଼ି ଅନ୍ତର୍ଗ ଓଡ଼ି ଓଡ଼ି ଓଡ଼ି ଓଡ଼ି ଓଡ଼ି ଓଡ଼ି ଓଡ଼ି ଓଡ଼ି
2.5 FO Brasky and twotfortzsyeizzles fn-2ritua row	2.4. Baseward 108idsprivotree leg held to side of spinning
3. Backward wiggles 2-6 in a row	leg - minimum three revolutions
4. Basica2ard snowplow stop	3 <b>Basia&amp;t</b> oe hop -either direction
1. Forward stroking	41. Hotographopward outside or forward inside three-turns R & L
2. Forward ½ swizzle pumps on a circle, either	2. Waltz jump
clockwise or counter clockwise 4-6	3. Mazurka - either direction
consecutive	4. 1 Combination move - clockwise or counter clockwise –
3. Forward slalom	two forward crossovers into FI Mohawk, step down,
4. Backward one foot glide - either foot	cross behind, step into one back crossover and step to a
5. Two foot spin – minimum three revolutions	forward inside edge
5. Two look spin minimum tinee revolutions	5. Beginning one-foot upright spin – free foot held to side
	of spinning leg or crossed position -minimum three
	revolutions
Pacie 4	1 EVOIULIONS
Basic 4  1. Standstill forward outside three-turn - R & L	
2. Forward outside edge on a circle clockwise or	
counter clockwise	
3. Forward crossovers 4-6 consecutive both	
directions	
4. Backward stroking - 4-6 strokes	
5. Backward snowplow stop - R or L	

#### **BASIC PROGRAM EVENT: SNOWPLOW SAM – BASIC 8**

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc. unless otherwise specified. Vocal music is allowed.

- To be skated on full ice
- The skater may use elements from a previous level
- A .2 deduction will be taken for each element performed from a higher level
- Time: 1:00 +/- 10 seconds

Basic 1	Basic 6:
1. Forward two foot glide and dip	1. Standstill forward inside three-turn - R & L
2. Forward two foot swizzles 6 -8 in a row	2. Bunny Hop
3. Backward wiggles 6-8 in a row	3. Forward arabesque spiral on a straight line R or L
4. Forward snowplow stop	4. Lunge - R or L
	5. T-stop - R or L
Basic 2	Basic 7:
1. Forward one foot glide - either foot	Standstill forward inside open Mohawk -
2. Two foot turn in place- forward to backward	R to L and L to R
3. Backward two foot swizzles 6 - 8 in a row	2. Ballet Jump- either direction
4. Forward alternating ½ swizzle pumps, in a	3. Back crossovers to a back outside edge landing position
straight line – 2-3 each foot	clockwise and counter clockwise
5. Moving snowplow stop	4. Forward inside pivot
Basic 3	Basic 8:
Forward stroking	1. Moving forward outside or forward inside three-turns R & L
2. Forward ½ swizzle pumps on a circle, either	2. Waltz jump
clockwise or counter clockwise 4-6	3. Mazurka in either direction
consecutive	4. 1 Combination move - clockwise or counter clockwise -
3. Backward one foot glide – either foot	two forward crossovers into FI Mohawk, step down,
4. Forward slalom	cross behind, step into one back crossover and step to
5. Two foot spin – minimum three revolutions	a forward inside edge
	5. Beginning one-foot upright spin - free foot held to side
	of spinning leg or crossed position -minimum three
	revolutions
Basic 4	
1. Forward crossovers 4-6 consecutive both	
directions	
2. Standstill forward outside three- turn - R & L	
3. Backward stroking - 4-6 strokes	
4. Backward snowplow stop - R or L	

## ARTISTIC SHOWCASE

(Must be skated at the same level as Freeskate)
Level Time Theme
Beginner/High Beginner 1 minute 40 sec Skater's Choice
Pre-Preliminary FS 1 minute 40 sec Skater's Choice
Preliminary FS 1 minute 40 sec Skater's Choice
Pre-Juvenile FS 2 minute 10 sec Skater's Choice
Juvenile FS 2 minute 10 sec Skater's Choice
Intermediate 2 minute 10 sec Skater's Choice

An Artistic Showcase event allows the skater the opportunity to demonstrate their music interpretation skills. Music may be vocal or instrumental. Costumes and hand held props, which cannot be set down, are encouraged. People and living animals may not be used as props. Judging will emphasize interpretation and originality. A total of no more than 3 full rotation jumps is permitted. A combination of a flip/loop, for example, will be considered as 2 of the 3 allowable jumps. No Axel is allowed through pre-juvenile.

### **EVENT**: Test Track Compulsory Moves

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional

- To be skated on ½ ice
- No music is allowed
- The skater must demonstrate the required elements and may use any additional elements from previous levels
- A .2 deduction will be taken for each element performed from a higher level
- Skaters may have the option to skate one level higher in compulsories than their free skate program

Level	Time	Skating rules / standards
		Waltz jump
Beginner	1:15	• ½ jump of choice
(formally	max.	<ul> <li>Forward two foot or one foot spin, minimum three</li> </ul>
Limited		revolutions (free leg position optional)
Beginner)		Forward or backward spiral
		Toe loop jump
High	1:15	Salchow jump
Beginner	max.	<ul> <li>Forward scratch spin- minimum three revolutions</li> </ul>
(formally		Forward or backward spiral
Beginner)		
		Single flip
Pre –	1:15	<ul> <li>Jump combination: single / single (no Axel)</li> </ul>
Preliminary	max.	Sit spin or camel spin; min. 3 revolutions
		<ul> <li>Spiral sequence with 1 forward spiral and 1 backward</li> </ul>
		spiral (any edge)
		Single Lutz
Preliminary	1:15	<ul> <li>Jump combination: single / single (may include Axel)</li> </ul>
	max.	Back upright spin; min., 3 revolutions
		Forward inside spiral
		•

#### **EVENT**: Test Track Free Skate

#### General event parameters:

- Skaters may <u>not</u> enter both a Well-Balanced Free Skate event and a Test Track Free Skate event at the same non-qualifying competition.
- Skaters will skate to the music of their choice. Vocal music IS permitted at all levels.
- Level will be determined by the highest Free Skate test passed. Skaters may compete at the highest level they have passed, or "skate up" to one level higher.
- Minimum number of spin revolutions are in () following the spin description. Revolutions must be in position.
- The following deductions will be taken:
- 0.1 from each mark for each technical element included that is not permitted in the event description.
- 0.2 from the technical mark for each extra element included.
- 0.1 from the technical mark for any spin that is less than the required minimum revolutions.

Level Jumps Spins Step Sequences Qua	lifications
--------------------------------------	-------------

Beginner (formally Limited Beginner) 1:30 +/- 10 sec.	Max 5 jump elements:  • Jumps with not more than one-half rotation (front to back or back to front).  • Max 2 jump sequences • Max 2 of any same jump	Max 2 spins:  • Two upright spins, no change of foot, no flying entry (Min 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests
High Beginner (formally Beginner)  1:30 +/- 10 sec.	Max 5 jump elements:  • Jumps with not more than one-half rotation (front to back or back to front including half-loop)  • Single rotation jumps: Salchow and toe loop only.  • Max 2 jump combinations or sequences  • Max 2 of any same type jump.	Max 2 spins:  • Two upright spins, change of foot optional, no flying entry (Min 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests
Pre-Preliminary 1:30 +/- 10 sec.	Max 5 jump elements:  Jumps with not more than one-half rotation (front to back or back to front including half-loop)  Single rotation jumps: Salchow, toe-loop and loop only.  Max. 2 jump combinations or sequences (using above jumps only)  Max. 2 of any same type jump	Max of 2 spins:  • Two spins of a different nature, one position only. No change of foot, no flying entry. (Min 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating pre- preliminary free skate test

## **SPINS EVENT**

No music on half-ice. Spins should be skated exactly as stated and in this order. Skaters will perform one spin at a time (no excessive connecting steps). Skaters will be given one opportunity to perform each spin. Groups will be divided according to Basic/Free Skate test level. Spins should be a minimum of three revolutions each. Each skater will perform each element when directed by a judge or referee. Skaters must compete at the same level as their free skate events.

#### **BASIC SKILLS**

Forward pivot – either foot Two foot spin Forward one foot spin – optional free leg position Two foot spin Forward one foot spin - optional free leg position Sit Spin

#### PRE-PRELIMINARY

Forward Scratch spin Backward one foot spin (crossed leg position) Camel spin

**PRELIMINARY** 

Forward Scratch Spin

Backward one foot spin (crossed leg position) Combinations spin of choice- minimum two changes of position or foot

## **JUMP EVENTS**

Each skater will perform each element when directed by a judge or referee. Each skater will be allowed two attempts at each jump. The judges will select the better of the two jumps. To be skated on ½ ice. No music. All elements must be skated in the order listed. Skaters must compete at the same level as their free skate events.

#### **BASIC SKILLS**

- Waltz jump
- Waltz jump from standstill

#### **BEGINNER/NO TEST**

- Waltz Jump
- Toe Loop or Salchow

#### PRE-PRELIMINARY

- Toe Loop
- Combination of any two single jumps (No Axels)

#### **PRELIMINARY**

- Loop
- Combination of any two single jumps

# 2014 IRON MOUNTAIN BASIC SKILLS COMPETITION ENTRY FORM

PAGE 1 OF 3 - PLEASE PRINT

Skater's Name:		Age:	Sex:
Address:			
	State:	Zip:	
Parent/Guardian Name(s):			
Parent/Guardian Email:			
Parent/Guardian Phone: ()			
Skater's Birth date:	Skater's U.S. Figure 9	Skating number: _	
Highest Basic Level Passed:	Highest Free skate Level Passed:	Highest Moves Level Pas	sed:
Highest Dance Level Passed	Skater's Club Affiliation:		

Basic Elements Event:			Basic Program W/	Music Event:
	w Sam 1-3		Snowplow S	
Basic 1	Basic 5		Basic 1	Basic 5
Basic 2	Basic 6		Basic 2	Basic 6
Basic 2	Basic 7		Basic 3	Basic 7
Basic 4	Basic 8		Basic 4	Basic 8
Free Skate Elements/Comp	ulsories:	Test T	rack Free Skate Progra	m·
Beginner		<u>rest ii</u>	rack free Skate Frogram	<u></u> .
beginner			_ Beginner	
High_Beginner			_ High_Beginner	
			Pre-preliminary test	
Pre-preliminary		Preliminary Test		
Preliminary			- ,	
Jump Event:		Spins Event:	Artistic	C:
Basic Skills		Basic Skills		_No Test
Beginner/No-Test		Beginner/No-		_Pre-Preliminary
Pre-Preliminary		Pre-Preliminary		_Preliminary
Preliminary		Preliminary		
	2014 IRON MOU	INTAIN BASIC SKILLS COMP	ETITION	
		ENTRY FORM		
	PAC	GE 2 OF 3 - PLEASE PRINT		
ENTRY FEES:	45 for the first event, \$2	20 for each additional event		
First Event =		·-	45.00	
Number of addition	nal events: x \$20 eac			
	TOTAL EVENT FEE	= \$		

Director's/Instructor's Name:\_\_\_\_\_

PRACTICE ICE:	\$15.00 per session, Saturday, Janu	ary 18. Please mark 1 <sup>st</sup> , 2 <sup>m</sup>	, or 3'" choice. Thank you
7:30-7:50	7:50-8:10	8:10-8:30	
	Number of sessions:	@ \$15 each	
	TOTAL PRACTICE ICE FEE =	\$	_
EVENT SWEATSHIRT(S)	Did you place an order online?	Yes	_ No
	Number of sweatshirts ordered	d	
GRAND TOTAL FO	R EVENT(S), PRACTICE ICE	= \$	_

## **2014 IRON MOUNTAIN BASIC SKILLS COMPETITION ENTRY FORM**

PAGE 3 OF 3 - PLEASE PRINT

The completed 3-page entry form with full payment must be mailed and postmarked no later than December 27, 2013.

Make check or money order payable to "IRFSC" and mail directly to: **Becky Pomroy** 

**N4394 Traders Mine Rd** 

Iron Mtn, MI 49801

#### ENTRY FEES ARE NOT REFUNDALBE AFTER DECEMBER 27, 2013 UNLESS EVENT IS CANCELED.

For additional information contact Becky Pomroy directly. Preferred contact is by email at icereflections@gmail.com OR 906.779.3777.

## **Certification of Competitor**

The Competitor is eligible to enter the events checked.

U.S. Figure Skating and the clubs or organizers of competitions undertake no responsibility for damages or injuries suffered by the skaters or officials. As a condition of and in consideration of the acceptance of their entries or participation therein, all entrants, their parents and guardians and officials shall be deemed to agree to assume all risks of injury to their person and property resulting from, caused by or connected with, the conduct and management of the competition, and to waive and release any and all claims which they may have against any officials, U.S. Figure Skating, the club hosting the competition, and against its officers, and their entries shall be accepted only on such condition.

Parent/Guardian Signature:	
Date:	Phone: ()
Competitor Signature:	
Date:	
	O BE COMPLETED <u>AFTER</u> PARENT/GUARDIAN HAS FORM TO ENSURE CORRECTNESS:
Instructor/Coach Signature:	
Date:	Phone: (
Email:	
Program Director/Club Officer Signature:	
Date:	Phone: ()
Email:	