

Practice Ice Levels are

**Basic Skills Practice = Basic Skills 1-8
Freestyle 1-6**

Low Practice =

- No Test**
- Beginner**
- Pre-Preliminary**
- Preliminary**
- Pre-Juvenile**
- Adult Levels**

High Practice = **Juvenile**
Intermediate
Novice
Junior
Senior

Practice Ice schedule is

Friday

Rink 1

8:00-8:30 AM High Practice – p01
8:30-9:00 AM High Practice – p02
9:00-9:30 AM Low Practice – p03

1:45-2:15 PM High Practice – p04
2:15-2:45 PM Low Practice – p05
2:45-3:15 PM Low Practice – p06

6:30-7:00 PM Basic Skills Practice – p07
7:00-7:30 PM Low Practice – p08
7:30-8:00 PM High Practice – p09

Rink 2

8:10-8:40 AM Low Practice – p10
8:40-9:10 AM Low Practice – p11
9:10-9:40 AM High Practice – p12

1:15-1:45 PM Basic Skills Practice – p13
1:45-2:15 PM Basic Skills Practice – p14
2:15-2:45 PM High Practice – p15

Saturday

Rink 1

6:00-6:30 AM Low Practice – p16
6:30-7:00 AM Basic Skills Practice – p17
7:00-7:30 AM High Practice – p18
7:30-8:00 AM High Practice – p19

Rink 2

6:10-6:40 AM High Practice – p20
6:40-7:10 AM Low Practice – p21
7:10-7:40 AM Low Practice – p22
7:40-8:10 AM Basic Skills Practice – p23
8:10-8:40 AM Basic Skills Practice – p24
8:40-9:10 AM High Practice – p25