



Event # 1, February 9, 2013 Muskegon Lakeshore Winter Freeze

2013 Michigan Basic Skills Series Competition Mission Statement

To give our skaters a chance to develop their USFS Basic Skills in a fun competitive environment. During the competition season – skaters will have the chance to compete at many different clubs and arenas and earn points for a final standing.

A skater may participate in either Freeskating and/or Compulsory/Elements events in any of the Michigan Basic Skills Series Competitions to be eligible for accumulating points. Awards will be presented to skaters with the highest point totals. These awards will take place - on the ice - at the Midland Competition - November 2, 2013

<u>Series Point System</u>

The Freeskating events and the Compulsory/Elements events in each of the Series Competitions will be eligible for accumulating points. Each event will have a maximum of 6 skaters. The system for scoring points for the final award will be as follows:

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1 st Place	6 points
2 nd Place	5 points
3 rd Place	4 points
4 th Place	3 points
5 th Place	2 points
6 th Place	1 point

If an event has 2-6 skaters, the points will be awarded as if there were 6 skaters in the group. If there is only one skater in the group, they will be awarded 3 points. At the end of the Series, in the case of total points tied, all skaters tied for a place will be awarded a medal, no ties will be broken.

Points are accumulated for Compulsory and Free Skate events separately.

Medals will be awarded (1-3 Place) in each level as highlighted in each announcement. Beyond the Basics <u>will NOT</u> be counted in the Freeskate and Elements/Compulsory Program Series for this 2013 season. Spins, Dance, Pairs, Theatre On Ice, Synchronized Teams, and Showcase Events <u>will Not</u> be counted for this 2013 season.
At the end of the 2013 Series Season any skaters who moved up a level will be awarded 6 bonus points [6 points only whether they move up one level or more]. All points follow the skater throughout the year.

Please Note: The USFS Michigan Basic Skills Series is sponsored equally by all the participating ice rinks and/or USFS member clubs. Competition announcements and packages will be available at all participating ice rinks and/via the club or rink websites as well as <u>www.sk8stuff.com</u>. Each competition will have its own entry forms and specific rules - so please make sure to read the entire announcement for each competition.

7th Annual USFS Michigan Basic Skills Series – Hosted by the following:

I Annual USES MICH	iyan dasic Skills Series – nu	sted by the following.
Event #1–Lakeshore Winter Freeze	Event #2 Onyx-Suburban Basic Skills Challenge	Event #3 – Lansing Basic Skills
February 9, 2013	February 17, 2013	March 16, 2013
Entry Deadline – January 25, 2013	Entry Deadline – February 1, 2013	Entry Deadline – February 26, 2013
Lakeshore Sports Centre	Suburban Ice Macomb	Suburban Ice – East Lansing
4470 Airline Road	54755 Broughton Road	2810 Hannah Blvd,
Muskegon, MI 49444	Macomb, Michigan 48042	East Lansing, Michigan 48823
Contact: Kayla Hinkle	Contact: Kristen Hughes	Contact: Alissa Folger
Phone: 231-557-5519	Phone: 586-992-8600	Alissamfolger@gmail.com
Kayla.hinkle@muskegonCC.edu	KHughes@suburbanice.com	Lansingbasicskills@yahoo.com
Event #4 – Arctic Basic Skills	Event #5 - Mountain Town Classic	Event #6 – Skate the Zoo
April 14, 2013	April 20, 2013	April 27, 2013
Entry Deadline – March 30, 2013	Entry Deadline – April 1, 2013	Entry Deadline – April 7, 2013
Arctic Edge Ice Arena	The I.C.E. Arena	Wing's West
46615 Michigan Avenue	5165 East Remus Road	5076 Sports Drive
Canton MI 48188	Mt. Pleasant MI 48858	Kalamazoo MI 49009
Contact: Robin Liberatore	Contact: Ginni Phillips	Contacts: Amy Wood / Jessica LaPorte
Phone: 734-981-7109	Phone: 989-560-3871; 989-775-9148	Phone: 269-598-9184/269-353-9668
liberatoremom@gmail.com	gpsk8r@gmail.com	sk8Amy02@aol.com/J8houk@hotmail.com
Event #7 - Tulip City Classic	Event #8 – Ann Arbor Skills & Showcase	Event #9 – Summer Swizzle
May 11, 2013	June 8, 2013	June 15, 2013
Entry Deadline – April 20, 2013	Entry Deadline: May 20, 2013	Entry Deadline: May 25, 2013
Edge Ice Arena	Ann Arbor Ice Cube	Farmington Hills Ice Arena
4444 Holland Avenue	2121 Oak Valley Drive	35500 Eight Mile Road
Holland MI 49424-8279	Ann Arbor MI 48103	Farmington Hills MI 48335
Scott Chiamulera	Logan Giulietti-Schmitt 630-750-2950	Contact: Michael Cooper
Phone: 616/738-0733	Logan_giulietti@hotmail.com.or	Phone: 248-885-5428
<pre>scottedgeice@aol.com</pre>	Susan Erskine sk8ersmom@gmail.com	summerswizzleskate@gmail.com
Event #10 – Summer Chill Basic Skills	Event #11 – ICES B/S Challenge	Event #12 – Iceland Comp. Edge Basic Skills
July 13, 2013	July 27, 2013	August 3, 2013
Entry Deadline: June 25, 2013	Entry Deadline – July 7, 2013	Entry Deadline – July 15, 2013
Novi Ice Arena	Troy Sports Center	Flint Iceland Arena
42400 Arena Drive	1819 E Big Beaver Road	1160 Elms Road
Novi MI 48375	Troy, MI 48083	Flint Township MI 48532
Contacts: Heather Bauer 248-586-9261	Contact: Rhonda Kasper	Contact: Brandon Forsyth
Heatherbauer123@gmail.com	Phone: 586-744-8481	Phone: 850-305-9029
OR Donna Szwabowski- 248-252-4701	Kasper67@comcast.net	<u>bforsyth@icerinks.com</u>
<u>claireandgigismom@yahoo.com</u>		
Event #13- Skate the Mountain –	Event #14 – Dearborn Basic Skills Comp	Event #15 - Plymouth FSC Spooktacular
September 28, 2013	October 12, 2013	October 26, 2013
Entry Deadline: September 8, 2013	Entry Deadline: Sept 22, 2013	Entry Deadline: October 12, 2013
Polar Palace Arena	Dearborn Ice Skating Center	Compuware Sports Arena
3301 Davison Road	14900 Ford Road	14900 Beck Road
Lapeer MI 48446	Dearborn MI	Plymouth MI 48170
Contact: Jacklinn Brayan		
Phone: 810-624-4496	Contact: Holly Teets	Contact: Jennifer DeJohn
	Cell: 313-319-0043;Work 313-943-4098	Phone: 313-605-4667
IMFSC@sbcglobal.net	-	
IMFSC@sbcglobal.net Event #16 Tuxedo Invitational Basic Skills	Cell: 313-319-0043;Work 313-943-4098 <u>hteets@ci.dearborn.mi.us</u> Event #17 – Skate Midland	Phone: 313-605-4667 jendejohn@hotmail.com
IMFSC@sbcglobal.net Event #16 Tuxedo Invitational Basic Skills October 27, 2013	Cell: 313-319-0043;Work 313-943-4098 <u>hteets@ci.dearborn.mi.us</u> Event #17 – Skate Midland November 2, 2013	Phone: 313-605-4667 jendejohn@hotmail.com SERIES AWARDS
IMFSC@sbcglobal.net Event #16 Tuxedo Invitational Basic Skills October 27, 2013 Entry Deadline: October 12, 2013	Cell: 313-319-0043;Work 313-943-4098 <u>hteets@ci.dearborn.mi.us</u> Event #17 – Skate Midland November 2, 2013 Entry Deadline: October 14, 2013	Phone: 313-605-4667 jendejohn@hotmail.com SERIES AWARDS
IMFSC@sbcglobal.net Event #16 Tuxedo Invitational Basic Skills October 27, 2013 Entry Deadline: October 12, 2013 Bowling Green State University Arena	Cell: 313-319-0043;Work 313-943-4098 <u>hteets@ci.dearborn.mi.us</u> Event #17 – Skate Midland November 2, 2013 Entry Deadline: October 14, 2013 Midland Civic Arena	Phone: 313-605-4667 jendejohn@hotmail.com SERIES AWARDS CEREMONY ON THE ICE
IMFSC@sbcglobal.net Event #16 Tuxedo Invitational Basic Skills October 27, 2013 Entry Deadline: October 12, 2013 Bowling Green State University Arena 417 N. Mercer Road	Cell: 313-319-0043;Work 313-943-4098 <u>hteets@ci.dearborn.mi.us</u> Event #17 – Skate Midland November 2, 2013 Entry Deadline: October 14, 2013 Midland Civic Arena 405 Fast Ice Drive	Phone: 313-605-4667 jendejohn@hotmail.com SERIES AWARDS
IMFSC@sbcglobal.net Event #16 Tuxedo Invitational Basic Skills October 27, 2013 Entry Deadline: October 12, 2013 Bowling Green State University Arena 417 N. Mercer Road Bowling Green OH 43403	Cell: 313-319-0043;Work 313-943-4098 <u>hteets@ci.dearborn.mi.us</u> Event #17 – Skate Midland November 2, 2013 Entry Deadline: October 14, 2013 Midland Civic Arena 405 Fast Ice Drive Midland MI 48642	Phone: 313-605-4667 jendejohn@hotmail.com SERIES AWARDS CEREMONY ON THE ICE AT THE
IMFSC@sbcglobal.net Event #16 Tuxedo Invitational Basic Skills October 27, 2013 Entry Deadline: October 12, 2013 Bowling Green State University Arena 417 N. Mercer Road Bowling Green OH 43403 Contact: Pat Rabb	Cell: 313-319-0043;Work 313-943-4098 <u>hteets@ci.dearborn.mi.us</u> Event #17 – Skate Midland November 2, 2013 Entry Deadline: October 14, 2013 Midland Civic Arena 405 Fast Ice Drive Midland MI 48642 Contact: Karen Boswell	Phone: 313-605-4667 jendejohn@hotmail.com SERIES AWARDS CEREMONY ON THE ICE
IMFSC@sbcglobal.net Event #16 Tuxedo Invitational Basic Skills October 27, 2013 Entry Deadline: October 12, 2013 Bowling Green State University Arena 417 N. Mercer Road Bowling Green OH 43403	Cell: 313-319-0043;Work 313-943-4098 <u>hteets@ci.dearborn.mi.us</u> Event #17 – Skate Midland November 2, 2013 Entry Deadline: October 14, 2013 Midland Civic Arena 405 Fast Ice Drive Midland MI 48642	Phone: 313-605-4667 jendejohn@hotmail.com SERIES AWARDS CEREMONY ON THE ICE AT THE



Approval Code:



Lakeshore Winter Freeze - Basic Skills Competition Muskegon Lakeshore FSC Lakeshore Sports Centre ♦ 4470 Airline Rd ♦ Muskegon, MI, 49444 231-557-5519 Mlfsc.org or sk8stuff.com

February 9, 2013 Entry Deadline – January 25, 2013

The Muskegon Lakeshore Winter Freeze, sponsored by the Muskegon Lakeshore FSC will be held at the Lakeshore Sports Centre on February 9, 2013. The ice surface measures 200 x 85 feet. This is a United States Figure Skating and Skate Canada approved Basic Skills Competition. The sanctions will be posted on the official competition bulletin board. Questions regarding this competition should be directed to Kayla Hinkle, Kayla.hinkle@muskegoncc.edu, or 231-557-5519. Email communications are preferred.

Mission Statement – The purpose of this competition is to promote a fun, introductory, competitive experience for the beginning skater.

Eligibility - The Competition is open to ALL skaters who are current eligible (ER.100) members of either the Basic Skills Program and/or full members of US Figure Skating or Skate Canada. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Basic Skills Program/Club or any other Basic Skills Program/Club. Eligibility will be based on skill level as of closing date of entries. All SNOWPLOW SAM and BASIC SKILLS SKATERS THROUGH BASIC 8 must skate at highest level passed and NO official US Figure Skating tests may have been passed including MIF or individual dances. For the Test Track and Well Balanced levels, eligibility will be based only upon highest free skate test level passed (moves in the field test level will not determine skater's competitive level). Skaters may skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition

Rules – The competition will be conducted under the rules set forth by the US Figure Skating "Basic Skills Competition Manual" program.

Entry Fees – The first event is \$40.00 [Events not eligible for Series points will be \$50.00 for first event],

and each additional event is \$20.00. All entries must be postmarked no later than January 25, 2013. Late entries will be accepted at the discretion of the organizers, and are subject to a possible \$15.00 late fee. Entry fees are per person, U.S. dollars.

Entry forms must be filled out legibly and completely and mailed with a check made payable to MLFSC to:

Kayla Hinkle 4542 Keener St. Muskegon, MI, 49444

There will be a \$35.00 fee for returned checks.

Awards – <u>All competitors will receive a medal</u>. All events are final rounds. ALL awards will be made at appropriate times throughout the competition.

Registration – The registration table will be open 1 hour before the competition begins. Skaters will not be allowed to compete until they have registered. *Please register at least one hour before your competition time*.

Schedule of Events – Schedule will be posted on the Internet at the Figure Skater's Website, www.sk8stuff.com.

Music – The music for all free skating programs with music supplied by skater should be provided on CD. The CD is to be turned in at registration. Competitors must have a spare CD at rink side to be used in case of technical difficulties.

Practice Ice – Practice Ice will be available in 20-minute sessions. Details will be provided in a mailing prior to the competition date. Sign-in and pay \$8.00 at the door.

Awards will be handed out and a podium will be available for group and individual photos.



BASIC ELEMENTS AND PROGRAM W/MUSIC EVENT: SNOWPLOW SAM – BASIC 8

BASIC ELEMENTS

- To be skated on 1/3 to 1/2 ice
- No music
- All elements must be skated in the order listed. Each skater will perform each element only when directed by a judge or referee. Skaters are allowed one retry per element. If skater wants to retry, she/he should raise their hand immediately. If the skater attempts a retry, only the retry will count for that element.

BASIC PROGRAM W/MUSIC

- The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc. unless otherwise specified.
- To be skated on full ice
- Vocal music is allowed
- The skater may use elements from a previous level.
- A .2 deduction will be taken <u>for each</u> element performed from a higher level
- Time: 1:00 +/- 10 seconds

Snowplow Sam - Tots: 1. March followed by a two foot glide and dip 2. Forward two foot swizzles 2-3 in a row 3. Forward snowplow stop 4. Backward wiggles 2-6 in a row	Basic 5: 1. Backward outside edge on a circle clockwise or counterclockwise [not required for program with music] 2. Backward crossovers 4-6 consecutive - both directions 3. Basic one foot spin - free leg held to side of spinning leg - minimum of three revolutions 4. Side toe hop -either direction 5. Hockey stop
Basic 11. Forward two foot glide and dip2. Forward two foot swizzles 6 -8 in a row3. Forward snowplow stop4. Backward wiggles 6-8 in a row	Basic 6: 1. Standstill forward inside three turn - <u>R & L</u> 2. Bunny Hop 3. Forward spiral on a straight line - <u>R or L</u> 4. Lunge - <u>R or L</u> 5. T-stop - <u>R or L</u>
Basic 2 1. Forward one foot glide - either foot 2. Forward alternating ½ swizzle pumps, in a straight line - 2-3 each foot 3. Moving snowplow stop 4. Two foot turn in place forward to backward 5. Backward two foot swizzles - 6 - 8 in a row	 Basic 7: Standstill forward inside open Mohawk - <u>R to L and L to R</u> Ballet Jump - <u>either direction</u> Back crossovers to a back outside edge landing position <u>clockwise</u> <u>and counter clockwise</u> Forward inside pivot
Basic 3 1. Forward stroking 2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise 4-6 consecutive 3. Forward slalom 4. Backward one foot glide - either foot 5. Two foot spin – minimum 3 revolutions	 Basic 8: Moving forward outside or forward inside three turns <u>R & L</u> Waltz jump Mazurka - <u>either direction</u> 1 combination move - <u>clockwise or counter clockwise</u> – two forward crossovers into FI Mohawk, step down, cross behind, step into one back crossover and step to a forward inside edge Beginning one-foot upright spin - <u>free foot held to side of spinning leg or crossed position minimum 3 revolutions</u>
Basic 4 1. Standstill forward outside three turn - R & L 2. Forward outside edge on a circle clockwise or counter clockwise [not required for program with music] 3. Forward crossovers 4-6 consecutive both directions 4. Backward stroking 4-6 strokes 5. Backward snowplow stop - R or L	



<u>All events listed on this page are eligible for</u> <u>Michigan Basic Skills Series Points</u>

- Compulsory Events
- To be skated on ½ of ice surface. In program form, using a limited number of connecting steps, the skating order of the required elements is optional
- No music is allowed
- The skater must demonstrate the required elements and may use any additional elements from previous levels.
- A .2 deduction will be taken <u>for each</u> element performed from a higher level
- Skaters have the option to skate one level higher in compulsories than their free skate program

LEVEL	ELEMENTS	QUALIFICATIONS	TIME
Limited Beginner Compulsory	 Waltz jump ½ jump of choice Forward two foot or one foot spin (free leg position optional) - minimum 3 revolutions Forward or backward spiral 	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skate badge tests	1:15
Beginner Compulsory	 Toe loop jump Salchow jump Forward scratch spin – <u>minimum 3 revolutions</u> Forward <u>or</u> backward spiral 	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skate badge tests	1:15
No Test Compulsory	 Loop jump Jump combination to include a toe loop (<u>may not use a loop or Axel</u>) Solo spin- sit <u>or</u> camel spin – <u>minimum 3 revolutions</u> Spiral sequence- <u>must include a forward and backward spira</u> Additional spirals and balance moves such as Ina Bauers, spread eagles, lunges and shoot the ducks may be included. 	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skate badge tests, no official U.S. Figure Skating free skate tests passed	1:15

Free Skate Events

Skaters may enter EITHER the new test track free skate program or the well-balanced track free skate program but NOT both during the same non-qualifying competition. Competitors will skate to music of their choice, vocal music permitted. Deductions WILL be made for skaters including technical elements not permitted in the event description.

- 0.1 from EACH mark for each technical element included that is not permitted in the event description.
- 0.2 from the technical mark for each extra or lacking element.
- 0.1 for any spin with less than required revolutions.

LEVEL	Jumps	Spins	Steps	QUALIFICATIONS
Limited Beginner Time: 1:30 +/- 10	 Maximum of 5 jump elements Jumps with not more than ½ rotation [front to back or back to front]. Max 2 jump sequences allowed. Max 2 of any same jump 	 Max 2 spins Two upright spins, no change of foot or flying entry Min 3 revolutions 	 Connecting moves and steps should be demonstrated throughout the program. 	May not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests
Beginner Time: 1:30 +/- 10	 Maximum of 5 jump elements Jumps with not more than ½ rotation [front to back or back to front including half-loop] Single rotation jumps: Salchow and Toe Loop only. Max 2 jump combinations or sequences w/only the above jumps. Max 2 of any same type jump 	 Max 2 spins Two upright spins, change of foot optional, no flying entry Min 3 revolutions 	 Connecting moves and steps should be demonstrated throughout the program 	May not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests
	WELL BALANCED FREE SKAT	E [U.S. Figure Skating R	ulebook Requirements]	
No Test Time: 1:30 +/-10	 Maximum of 5 Single Jumps [NO AXELS] Max 2 combos or sequences [Combos limited to 2 jumps] Number of jumps in sequence Limited to 3 [1/2 loop is not considered single jump] 	 Maximum of 2 spins of a different nature Min. 3 revolutions Spins may change Feet and start with a Fly 	 One step sequence utilizing ½ ice surface Straight line, circular Or serpentine 	May not have passed any official U.S. Figure Skating free skate tests.



<u>Events listed on this page are NOT eligible for</u> <u>Michigan Basic Skills Series Points</u>

Compulsory Events

- Skated on ½ of ice surface. In program form, using a limited number of connecting steps, skating order of required elements optional
- No music allowed
- The skater must demonstrate the required elements and may use any additional elements from previous levels.
- A .2 deduction will be taken for each element performed from a higher level
- Skaters have the option to skate one level higher in compulsories than their free skate program

LEVEL	ELEMENTS	QUALIFICATIONS	TIME
Pre- Preliminary	 Flip jump Jump combination waltz jump/toe loop jump OR Salchow/toe loop jump. Solo spin –sit or camel spin – minimum 3 revolutions Spiral sequence – must include a forward and backward spiral. Additional spirals and balance moves [Ina Bauers, spread eagles, lunges and shoot the ducks may be included]. 	May not have passed tests higher than U.S, Figure Skating pre-preliminary free skate test	1:15
Preliminary	 Lutz jump Single jump combination [may not use Lutz or Axel] Camel spin – minimum 3 revolutions Spiral sequence – must include a forward and backward spiral. Additional spirals and balance moves [Ina Bauers, spread eagles, lunges and shoot the ducks may be included]. 	Must have passed the U.S. Figure Skating pre- preliminary free skate test but may not have passed higher than preliminary free skate	1:15

Free Skate Events

Skaters may enter EITHER the test track free skate program or the well-balanced track free skate program but **NOT** both during the same non-qualifying competition. Competitors will skate to music of their choice, vocal music permitted.

Deductions WILL be made for skaters including technical elements not permitted in the event description.

- 0.1 from EACH mark for each technical element included that is not permitted in the event description.
- 0.2 from the technical mark for each extra **or** lacking element.
- 0.1 for any spin with less than required revolutions.

	TEST TRACK FREE SKATE			
LEVEL	Jumps	Spins	Steps	QUALIFICATIONS
Pre- Preliminary Time: 1:30 +/- 10	 Maximum of 5 jump elements. Jumps with not more ½ rotation [front to back or back to front]. Single rotation jumps: Salchow, toe loop and loop jump ONLY Max 2 jump combinations or sequences Max 2 of any same type jump 	 Max 2 spins Two spins of a different nature, one position only, no change of foot, no flying entry. Min 3 revolutions 	 Connecting moves and steps should be demonstrated throughout the program 	May not have passed tests higher than U.S, Figure Skating pre- preliminary free skate test
Preliminary Time: 1:30 +/- 10	 Maximum of 5 jump elements Jumps with not more than one rotation [no axels]. Max 2 jump combinations or sequences Max 2 of any same type jump. 	 Max 2 spins: One spin in one position, no change of foot, no flying entry (3 revolutions min) One consisting of a front scratch to back scratch, exit on spinning foot not mandatory (Min 3 revs on each foot). 	 Connecting moves and steps should be demonstrated throughout the program 	Must have passed the U.S. Figure Skating pre- preliminary free skate test but may not have passed higher than preliminary free skate

6



<u>Events listed on this page are NOT eligible for</u> <u>Michigan Basic Skills Series Points</u> <u>Free Skate Events</u>

Skaters may enter EITHER the test track free skate program or the well-balanced track free skate program but **NOT** both during the same non-qualifying competition. Competitors will skate to music of their choice, vocal music permitted.

Deductions WILL be made for skaters including technical elements not permitted in the event description.

- 0.1 from EACH mark for each technical element included that is not permitted in the event description.
- 0.2 from the technical mark for each extra or lacking element.
- 0.1 for any spin with less than required revolutions.

	WELL BALANCED FREE SKATE [U.S. Figure Skating Rulebook Requirements]					
Pre- Preliminary Time: 1:30 +/- 10	 Single jumps – axel permitted – no doubles Max 2 combos or sequences [Combos limited to 2 jumps] Number of jumps in sequence Limited to 3 [1/2 loop not considered single jump], axel may be repeated as individual jump, combo or sequence [Max 2 axels] Maximum of 5 jump elements. 	1. Maximum of 2 spins of a different nature1. One step sequence utilizing ½ the ice surfaceMay not have passed tests higher than U.S, Figure Skating pre-preliminary 				
Preliminary Time: 1:30 +/- 10	 1 Axel or Waltz jump type jump Max 2 combos/sequences - Combos limited to 2 jumps, Number of jumps in sequence - Limited to 3 [1/2 loop not considered a single jump] 2 different double jumps allowed (double Salchow, Toe or Loop only) Axel and no more than 2 different double jumps may be repeated as individual jumps, combos, or in sequences. Max of 2 Axels or any double jump 	1. Maximum of 2 spins of a different nature1. One step sequence utilizing ½ the ice surfaceMust have passed the no higher than U.S.2. Spins may change feet and start with a fly2. Straight line, circular or serpentineFigure Skating preliminary free skate				



Additional Events

ADULT EVENTS: Adult 1-4:

The skating order of the required elements is optional. The elements are not restricted as to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated. Connecting moves and steps should be demonstrated throughout the program.

- Vocal music is allowed.
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels
- A .2 deduction will be taken for each element performed from a higher level
- Time 1:30+/-10sec unless otherwise noted

LEVEL	Level
Adult 1	Adult 2
A. Backward swizzles	A. Forward stroking
B. Forward one-foot glides, one time skater's	B. Forward crossovers, clockwise and counter
height: R & L	clockwise
C. Two-foot turns	C. Backward one-foot glide: R or L
D. Snowplow stops: R or L	D. Forward pivot
E. Forward curves on two feet	E. Forward Chasses on a circle
Adult 3	Adult 4
A. Backward crossovers, clockwise and	A. Forward three turns, outside or inside: R &
counter clockwise	L
B. Inside Mohawk, either direction	B. Alternate backward crossovers with two foot
C. Backward snowplow stops: R and L	transition
D. Forward progressives	C. Footwork sequence: 3-5 forward crossovers
E. Beginning two-foot spin	to an inside Mohawk; 3-5 backward
	crossovers; step forward inside the circle
	D. Power three turns: one direction only
	E. Backward Chasses on a circle



ARTISTIC/SHOWCASE EVENTS:

Artistic/Showcase events are open to skaters in Basic, Free Skate, Limited Beginner through Preliminary and Adult Bronze. Groups will be divided by number of entries and ages if possible. Skaters must enter at the same level as their free skate event or highest test level of skater's in the group ensemble or production number. If a free skate event is not being entered, skaters must enter at their current test level or one level higher. Vocal music is permitted. Skaters will be judged on musical interpretation and feeling, expression, and how the skating relates to the music. Show costumes are permitted, as long as they do not touch or drag on the ice. Props and scenery must be placed and removed by unaided singles and duet competitors within one minute and by unaided ensemble contestants within two minutes for setup and two minutes for removal. A .2 deduction will be assessed by the referee against each judges' mark for each five seconds in excess of the time allowed for the performance, for handling props and scenery and for scenery assistance.6.0 Judging will be used. Deductions will be made for skaters including technical elements not permitted in the event description. Categories may include:

- Light entertainment
- Dramatic entertainment
- Duets
- Small Ensembles (3-7 skaters)
- Group Production (8-30 skaters)

LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
Basic 1-8	Elements only from Basic 1-8 curriculum	May not have passed any higher than Basic 8 level.	Time 1:00
Free skate 1-6/ Limited Beginner/ Beginner/ Adult 1-4	3 jump maximum. ¹ / ₂ rotation jumps only, plus the following full rotation jumps: Salchow and toe loop.	May not have passed any official U.S. Figure Skating free skate tests.	Time: 1:30
No Test/ Prepreliminary/ Adult Pre- Bronze	3 jump maximum. No axels or double jumps permitted.	Must have passed no higher than U.S. Figure Skating Pre-Preliminary or Adult pre-Bronze free skate test.	Time: 1:30
Preliminary/ Adult Bronze	3 jump maximum. Axels are permitted, but no double jumps allowed.	Must have passed no higher than U.S. Figure Skating Preliminary free skate or Adult Bronze test.	Time: 1:40



Spins Events

BEGINNER SPINS: No music on half-ice. Spins should be skated exactly as stated and in this order. Skaters will perform one spin at a time (no excessive connecting steps). Skaters will be given one opportunity to perform each spin. Groups will be divided according to Basic/Free Skate test level. Spins should be a minimum of three revolutions each.

Basic Skills

Forward pivot- either foot, Two foot spin, Forward one foot spin

Free skate 1-6, Beginner, No-Test

Two foot spin, Forward one foot spin, Sit Spin

Pre-Preliminary

Forward Scratch spin, Backward one foot spin, Camel spin

Preliminary

Forward Scratch Spin, Backward one foot spin, Combination spin of choice- minimum two changes of position or foot

Interpretive Programs

During warm-up, skaters will hear selection of music twice. Following the warm-up, all skaters except for the first skater, will be escorted to a soundproof locker room or another area of the arena. The first skater will hear the music one more time and then perform a program to the music. As each skater performs, the next skater in line will be allowed to hear the music for the third time before they perform to the music. The listening skater will not be allowed to view the performing skater.

LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
Beginner	No flying spins or	Basic 7- No Test	1:15 or less
	combination spins		
Pre-Preliminary	No flying spins, axels, or	Passed no higher than Pre-	1:30 or less
	double jumps	Preliminary Free Skate Test	
Preliminary	No double jumps	Passed no higher than	1:30 or less
-		Preliminary Free Skate Test	

* <u>DANCE- Solo or Couple</u>

<u>1. Preliminary</u>: Dutch Waltz Canasta Tango Rhythm Blues <u>2. Pre-Bronze</u>: Swing Dance Cha Cha Fiesta Tango



Muskegon Lakeshore Winter Freeze Event #1 Entry Form [PLEASE PRINT CLEARLY]



Name			_Age	Birth Date
E-Mail Address	Last	First		
	The second	SIC DA		
Address			_City	
State	_Zip	_Area Code/Phone # _		
Home Club	331		USFSA #	<u> </u>

Male _____Female_____Name of Parent/Guardian _____

\$40	irst Event	\$50 First Event		
\$20 Each Additional Event		\$20 Each Additional Event		
Basic Compulsory			Artistic/Showcase	
Snowplow Sam*	Limited Beginner *	Compulsory	Basic 1-8	
Basic 1 *	Beginn <mark>er *</mark>	Pre-Preliminary	Freeskate 1-6/Limited Beg./Beginner/ Adult	
Basic 2 *	No Test *	Preliminary	No Test/ Pre-Preliminary/Adult Pre-Bronze	
Basic 3 *	Free Skate	Free Skate	Preliminary/Adult Bronze	
Basic 4 *	Limited Beginner *	Pre-Preliminary		
Basic 5 *	Beginner *	Preliminary	Spins Event	
Basic 6 *			Basic Skills	
Basic 7 *	WELL - BALANCED	WELL - BALANCED	Beginner	
Basic 8 *	Free Skate	Free Skate	Pre-Preliminary	
	No Test *	Pre-Preliminary	Preliminary	
Basic Prog w/ Music Prelir		Preliminary		
Snowplow Sam*	Tests Passed:			
Basic 1 *	Freestyle:	Interpretive Programs	Dance	
Basic 2 *		Beginner	Preliminary	
Basic 3 *		Pre-Preliminary	Pre-Bronze	
Basic 4 *		Preliminary	Adult	
Basic 5 *			Adult 1	
Basic 6 *			Adult 2	
Basic 7 *			Adult 3	
Basic 8 *			Adult4	

Events listed above with an * after them will be eligible for Michigan Basic Skills Series Points Entry Fees are not refundable after the entry deadline unless an event is cancelled. If you are not a USFSA member add \$15 to fee / enter through our Basic Skills Program

First Event	\$	TOTAL:	\$	
Additional Event	<u>\$</u>			BE POST MARKED BY
Additional Event	¢		January 25, 2013	
Additional Event	$\overline{\mathbf{D}}$	Mail form and fees	to: Ka	vla Hinkle
Additional Event	\$			1542 Keener St Muskegon, MI, 49444
Join USFSA	\$	Make check or mor	ney order payable <mark>to N</mark>	
SMM130209		11		
SKATING			Approv	/al Code:

Certification of Competitor

Competitor Name:_____

NAME OF YOUR CLUB AND AREN during practice or the competition, fr	e events checked. It is agreed that the compe IA WHERE EVENT IS BEING HELD HERE ha rom any and all liability for damages to or loss minor participant, in the NAME OF YOUR EVENT.	armless from any and all liability either of property.			
family's involvement, participation, view activities, classes or events. I hereby a child (or children), and/or my family in a	Series, or its agents, may take photographs, video a ing or interaction at NAME OF YOUR EVENT/Basic uthorize the taking and use of such photographs, vi Il forms and media and in all manners, including co EVENT/Basic Skills Series purpose, including disse	c Skills Series scheduled ice time, deo, film or likeness of myself, my minor mposite or other representations, for any			
and further waive any right to approve o	or object to any finished, modified or derivative prod	uct or media			
Parent/Guardian Signature		Date			
Club Officer/Program Director					
Title		Date			
COMPETITOR SIGNATURE		Date			
Are you registered on USFS C	oaches Registry for 2012-2013? Yes www.usfigureskating.org, click on the Coa	e print clearly USFS #			
follow the instruction for registrees COACHES WILL BE R	EQUIRED TO CHECK IN AT REGISTRAT	ION AT EACH EVENT			
Phone					
CHECKLIST [please be sure th	e following is included]:				
Entry form with USFSA NumberClub Officer/Program Director Signature					
Check payable to <u>MLFSC</u>	Events to be entered of	checked properly			
	Join us in July for our 4 th annual Basic Skills Day Camp Sunday July 14 th .				
SMM130209	12	Approval Code:			



MICHIGAN BASIC SKILLS SERIES CAMP PARENTS EDUCATION SEMINAR JULY 14, 2013 NOVI ICE ARENA 42400 Arena Dr Novi, MI 48375

This camp is opened to anyone 14 years or younger. Basic Skills skaters up to the Preliminary Free Skate test are eligible for this camp. Camp includes on & off ice instruction. Some areas to be covered are; Basic Stroking, Edges, Moves in the Field, Jumps/Spins, Beginning Ice Dance and Beginning Synchro.

Parents Education Seminar will be held during the camp day for the parents. The seminar for the Parents includes; Understanding U.S. Figure Skating, Being a Supportive Skating Parent, Understanding the Judges System, Outfitting your Skater and getting Involved in your local club. There is scheduled time during the seminar to watch your skater.

For more information please contact Suzy Malloure malkidsx4@aol.com





Local Hotels and Entertainment

Baymont Inn and Suites (approx.5 mi away from rink) 4677 Harvey Rd Muskegon, MI 49444 (231) 798-0220 www.baymontmuskegon.com

Hampton Inn (approx.8 mi away from rink) 1401 East Ellis Rd. Muskegon, MI 49441 (231) 799-8333 www.hamptoninn.com

Fairfield Inn & Suites (approx. 1.8 mi away from rink) 1520 Mount Garfield Rd. Muskegon, MI 49441 (231) 799-0100 www.marriott.com

Comfort Inn (approx. 4 min / 3.17 mi away from rink) 1675 E Sherman Blvd Muskegon, Mi, 49444 231-739-9092 www.comfortinmuskegon.com

Shoreline Inn \$ Conference Center (approx. 8.87 miles / 11 minutes away from rink) 750 Terrace Point Blvd Muskegon, MI, 49440 866-727-8483 http://shorelineinn.com/

Entertainment

Double JJ Resort 5900 Water Rd. Rothbury, MI 49452 (231) 894-4444 www.doublejj.com

Double JJ has lodging as well as an indoor water park!!! It also has many seasonal activities such as; snow tubing, dog sledding, sleigh rides, etc!



Approval Code: