



## Event # 1, February 9, 2013 Muskegon Lakeshore Winter Freeze

### 2013 Michigan Basic Skills Series Competition Mission Statement

To give our skaters a chance to develop their USFS Basic Skills in a fun competitive environment. During the competition season - skaters will have the chance to compete at many different clubs and arenas and earn points for a final standing.

A skater may participate in either Freeskating and/or Compulsory/Elements events in any of the Michigan Basic Skills Series Competitions to be eligible for accumulating points. Awards will be presented to skaters with the highest point totals. These awards will take place - on the ice - at the Midland Competition - November 2, 2013

#### Series Point System

The Freeskating events and the Compulsory/Elements events in each of the Series Competitions will be eligible for accumulating points. Each event will have a maximum of 6 skaters. The system for scoring points for the final award will be as follows:

1 <sup>st</sup> Place	6 points
2 <sup>nd</sup> Place	5 points
3 <sup>rd</sup> Place	4 points
4 <sup>th</sup> Place	3 points
5 <sup>th</sup> Place	2 points
6 <sup>th</sup> Place	1 point

If an event has 2-6 skaters, the points will be awarded as if there were 6 skaters in the group. If there is only one skater in the group, they will be awarded 3 points. At the end of the Series, in the case of total points tied, all skaters tied for a place will be awarded a medal, no ties will be broken.

**Points are accumulated for Compulsory and Free Skate events separately.**

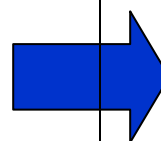
Medals will be awarded (1-3 Place) in each level as highlighted in each announcement. Beyond the Basics **will NOT** be counted in the Freeskate and Elements/Compulsory Program Series for this 2013 season. Spins, Dance, Pairs, Theatre On Ice, Synchronized Teams, and Showcase Events **will Not** be counted for this 2013 season.

At the end of the 2013 Series Season any skaters who moved up a level will be awarded 6 bonus points [6 points only whether they move up one level or more]. All points follow the skater throughout the year.

Please Note: The USFS Michigan Basic Skills Series is sponsored equally by all the participating ice rinks and/or USFS member clubs. Competition announcements and packages will be available at all participating ice rinks and/via the club or rink websites as well as [www.sk8stuff.com](http://www.sk8stuff.com). Each competition will have its own entry forms and specific rules - so please make sure to read the entire announcement for each competition.

# 7<sup>th</sup> Annual USFS Michigan Basic Skills Series – Hosted by the following:

<p>Event #1–Lakeshore Winter Freeze <b>February 9, 2013</b> <b>Entry Deadline – January 25, 2013</b> Lakeshore Sports Centre 4470 Airline Road Muskegon, MI 49444 Contact: Kayla Hinkle Phone: 231-557-5519 <a href="mailto:Kayla.hinkle@muskegonCC.edu">Kayla.hinkle@muskegonCC.edu</a></p>	<p>Event #2 Onyx-Suburban Basic Skills Challenge <b>February 17, 2013</b> <b>Entry Deadline – February 1, 2013</b> Suburban Ice Macomb 54755 Broughton Road Macomb, Michigan 48042 Contact: Kristen Hughes Phone: 586-992-8600 <a href="mailto:KHughes@suburbanice.com">KHughes@suburbanice.com</a></p>	<p>Event #3 – Lansing Basic Skills <b>March 16, 2013</b> <b>Entry Deadline – February 26, 2013</b> Suburban Ice – East Lansing 2810 Hannah Blvd, East Lansing, Michigan 48823 Contact: Alissa Folger <a href="mailto:Alissamfolger@gmail.com">Alissamfolger@gmail.com</a> <a href="mailto:Lansingbasicskills@yahoo.com">Lansingbasicskills@yahoo.com</a></p>	
<p>Event #4 – Arctic Basic Skills <b>April 14, 2013</b> <b>Entry Deadline – March 30, 2013</b> Arctic Edge Ice Arena 46615 Michigan Avenue Canton MI 48188 Contact: Robin Liberatore Phone: 734-981-7109 <a href="mailto:liberatoremom@gmail.com">liberatoremom@gmail.com</a></p>	<p>Event #5 - Mountain Town Classic <b>April 20, 2013</b> <b>Entry Deadline – April 1, 2013</b> The I.C.E. Arena 5165 East Remus Road Mt. Pleasant MI 48858 Contact: Ginni Phillips Phone: 989-560-3871; 989-775-9148 <a href="mailto:gpsk8r@gmail.com">gpsk8r@gmail.com</a></p>	<p>Event #6 – Skate the Zoo <b>April 27, 2013</b> <b>Entry Deadline – April 7, 2013</b> Wing's West 5076 Sports Drive Kalamazoo MI 49009 Contacts: Amy Wood / Jessica LaPorte Phone: 269-598-9184/269-353-9668 <a href="mailto:sk8Amy02@aol.com">sk8Amy02@aol.com</a>/<a href="mailto:J8houk@hotmail.com">J8houk@hotmail.com</a></p>	
<p>Event #7 - Tulip City Classic <b>May 11, 2013</b> <b>Entry Deadline – April 20, 2013</b> Edge Ice Arena 4444 Holland Avenue Holland MI 49424-8279 Scott Chiamulera Phone: 616/738-0733 <a href="mailto:scottedgeice@aol.com">scottedgeice@aol.com</a></p>	<p>Event #8 –Ann Arbor Skills &amp; Showcase <b>June 8, 2013</b> <b>Entry Deadline: May 20, 2013</b> Ann Arbor Ice Cube 2121 Oak Valley Drive Ann Arbor MI 48103 Logan Giulietti-Schmitt 630-750-2950 <a href="mailto:Logan_giulietti@hotmail.com">Logan_giulietti@hotmail.com</a> Susan Erskine <a href="mailto:sk8ersmom@gmail.com">sk8ersmom@gmail.com</a></p>	<p>Event #9 – Summer Swizzle <b>June 15, 2013</b> <b>Entry Deadline: May 25, 2013</b> Farmington Hills Ice Arena 35500 Eight Mile Road Farmington Hills MI 48335 Contact: Michael Cooper Phone: 248-885-5428 <a href="mailto:summerswizzleskate@gmail.com">summerswizzleskate@gmail.com</a></p>	
<p>Event #10 – Summer Chill Basic Skills <b>July 13, 2013</b> <b>Entry Deadline: June 25, 2013</b> Novi Ice Arena 42400 Arena Drive Novi MI 48375 Contacts: Heather Bauer 248-586-9261 <a href="mailto:Heatherbauer123@gmail.com">Heatherbauer123@gmail.com</a> OR Donna Szwabowski- 248-252-4701 <a href="mailto:claireandgigismom@yahoo.com">claireandgigismom@yahoo.com</a></p>	<p>Event #11 – ICES B/S Challenge <b>July 27, 2013</b> <b>Entry Deadline – July 7, 2013</b> Troy Sports Center 1819 E Big Beaver Road Troy, MI 48083 Contact: Rhonda Kasper Phone: 586-744-8481 <a href="mailto:Kasper67@comcast.net">Kasper67@comcast.net</a></p>	<p>Event #12 – Iceland Comp. Edge Basic Skills <b>August 17, 2013</b> <b>Entry Deadline – July 26, 2013</b> Flint Iceland Arena 1160 Elms Road Flint Township MI 48532 Contact: Brandon Forsyth Phone: 850-305-9029 <a href="mailto:bforsyth@icerinks.com">bforsyth@icerinks.com</a></p>	
<p>Event #13- Skate the Mountain – <b>September 28, 2013</b> <b>Entry Deadline: September 8, 2013</b> Polar Palace Arena 3301 Davison Road Lapeer MI 48446 Contact: Jacklinn Brayan Phone: 810-624-4496 <a href="mailto:IMFSC@sbcglobal.net">IMFSC@sbcglobal.net</a></p>	<p>Event #14 – Dearborn Basic Skills Comp <b>October 5, 2013</b> <b>Entry Deadline: Sept 16, 2013</b> Dearborn Ice Skating Center 14900 Ford Road Dearborn MI Contact: Holly Teets Cell: 313-319-0043; Work 313-943-4098 <a href="mailto:heteets@ci.dearborn.mi.us">heteets@ci.dearborn.mi.us</a></p>	<p>Event #15 - Plymouth FSC Spooktacular <b>October 26, 2013</b> <b>Entry Deadline: October 12, 2013</b> Compuware Sports Arena 14900 Beck Road Plymouth MI 48170 Contact: Jennifer DeJohn Phone: 313-605-4667 <a href="mailto:jendejohn@hotmail.com">jendejohn@hotmail.com</a></p>	
<p>Event #16 Tuxedo Invitational Basic Skills <b>October 27, 2013</b> <b>Entry Deadline: October 12, 2013</b> Bowling Green State University Arena 417 N. Mercer Road Bowling Green OH 43403 Contact: Pat Rabb Phone: 419-354-4730 <a href="mailto:Rabb1960@metalink.net">Rabb1960@metalink.net</a></p>	<p>Event #17 – Skate Midland <b>November 2, 2013</b> <b>Entry Deadline: October 14, 2013</b> Midland Civic Arena 405 Fast Ice Drive Midland MI 48642 Contact: Karen Boswell Phone: 989-695-4832 <a href="mailto:kboswell99@gmail.com">kboswell99@gmail.com</a></p>	<p><b>SERIES AWARDS CEREMONY ON THE ICE AT THE MIDLAND COMPETITION</b></p>	





Lakeshore Winter Freeze - Basic Skills Competition  
Muskegon Lakeshore FSC  
Lakeshore Sports Centre ♦ 4470 Airline Rd ♦ Muskegon, MI, 49444  
231-557-5519  
Mlfsc.org or sk8stuff.com

**February 9, 2013**  
**Entry Deadline – January 25, 2013**

The Muskegon Lakeshore Winter Freeze, sponsored by the Muskegon Lakeshore FSC will be held at the Lakeshore Sports Centre on February 9, 2013. The ice surface measures 200 x 85 feet. This is a United States Figure Skating and Skate Canada approved Basic Skills Competition. The sanctions will be posted on the official competition bulletin board. Questions regarding this competition should be directed to **Kayla Hinkle, Kayla.hinkle@muskegoncc.edu, or 231-557-5519**. E-mail communications are preferred.

**Mission Statement** – The purpose of this competition is to promote a fun, introductory, competitive experience for the beginning skater.

**Eligibility** - The Competition is open to ALL skaters who are current eligible (ER.100) members of either the Basic Skills Program and/or full members of US Figure Skating or Skate Canada. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Basic Skills Program/Club or any other Basic Skills Program/Club. Eligibility will be based on skill level as of closing date of entries. All SNOWFLOW SAM and BASIC SKILLS SKATERS THROUGH BASIC 8 must skate at highest level passed and NO official US Figure Skating tests may have been passed including MIF or individual dances. For the Test Track and Well Balanced levels, eligibility will be based only upon highest free skate test level passed (moves in the field test level will not determine skater's competitive level). Skaters may skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition

**Rules** – The competition will be conducted under the rules set forth by the US Figure Skating "Basic Skills Competition Manual" program.

**Entry Fees** – The first event is \$40.00 [Events not eligible for Series points will be \$50.00 for first event],

and each additional event is \$20.00. All entries must be postmarked no later than January 25, 2013. Late entries will be accepted at the discretion of the organizers, and are subject to a possible \$15.00 late fee. Entry fees are per person, U.S. dollars.

**Entry forms must be filled out legibly and completely** and mailed with a check made payable to **MLFSC** to:

**Kayla Hinkle**  
4542 Keener St.  
Muskegon, MI, 49444

There will be a \$35.00 fee for returned checks.

**Awards** – **All competitors will receive a medal.** All events are final rounds. ALL awards will be made at appropriate times throughout the competition.

**Registration** – The registration table will be open 1 hour before the competition begins. Skaters will not be allowed to compete until they have registered. ***Please register at least one hour before your competition time.***

**Schedule of Events** – Schedule will be posted on the Internet at the Figure Skater's Website, [www.sk8stuff.com](http://www.sk8stuff.com).

**Music** – The music for all free skating programs with music supplied by skater should be provided on CD. The CD is to be turned in at registration. Competitors must have a spare CD at rink side to be used in case of technical difficulties.

**Practice Ice** – Practice Ice will be available in 20-minute sessions. Details will be provided in a mailing prior to the competition date. Sign-in and pay \$8.00 at the door.

Awards will be handed out and a podium will be available for group and individual photos.

# BASIC ELEMENTS AND PROGRAM W/MUSIC EVENT: SNOWFLOW SAM – BASIC 8

## • BASIC ELEMENTS

- To be skated on 1/3 to 1/2 ice
- No music
- **All elements must be skated in the order listed.** Each skater will perform each element only when directed by a judge or referee. Skaters are allowed one retry per element. If skater wants to retry, she/he should raise their hand immediately. If the skater attempts a retry, only the retry will count for that element.

## • BASIC PROGRAM W/MUSIC

- The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc. unless otherwise specified.
- To be skated on full ice
- Vocal music is allowed
- The skater may use elements from a previous level.
- A .2 deduction will be taken **for each** element performed from a higher level
- Time: 1:00 +/- 10 seconds

<b><u>Snowflow Sam - Tots:</u></b> 1. March followed by a two foot glide and dip 2. Forward two foot swizzles <u>2-3 in a row</u> 3. Forward snowflow stop 4. Backward wiggles <u>2-6 in a row</u>	<b><u>Basic 5:</u></b> 1. Backward outside edge on a circle clockwise <u>or</u> counterclockwise <b><u>[not required for program with music]</u></b> 2. Backward crossovers <u>4-6 consecutive - both directions</u> 3. Basic one foot spin – <u>free leg held to side of spinning leg - minimum of three revolutions</u> 4. Side toe hop - <u>either direction</u> 5. Hockey stop
<b><u>Basic 1</u></b> 1. Forward two foot glide and dip 2. Forward two foot swizzles <u>6-8 in a row</u> 3. Forward snowflow stop 4. Backward wiggles <u>6-8 in a row</u>	<b><u>Basic 6:</u></b> 1. Standstill forward inside three turn - <u>R &amp; L</u> 2. Bunny Hop 3. Forward spiral on a straight line - <u>R or L</u> 4. Lunge - <u>R or L</u> 5. T-stop - <u>R or L</u>
<b><u>Basic 2</u></b> 1. Forward one foot glide - <u>either foot</u> 2. Forward alternating ½ swizzle pumps, in a straight line - <u>2-3 each foot</u> 3. Moving snowflow stop 4. Two foot turn in place forward to backward 5. Backward two foot swizzles - <u>6-8 in a row</u>	<b><u>Basic 7:</u></b> 1. Standstill forward inside open Mohawk - <u>R to L and L to R</u> 2. Ballet Jump - <u>either direction</u> 3. Back crossovers to a back outside edge landing position <u>clockwise and counter clockwise</u> 4. Forward inside pivot
<b><u>Basic 3</u></b> 1. Forward stroking 2. Forward ½ swizzle pumps on a circle, either clockwise <u>or</u> counter clockwise <u>4-6 consecutive</u> 3. Forward slalom 4. Backward one foot glide - <u>either foot</u> 5. Two foot spin – <u>minimum 3 revolutions</u>	<b><u>Basic 8:</u></b> 1. Moving forward outside or forward inside three turns <u>R &amp; L</u> 2. Waltz jump 3. Mazurka - <u>either direction</u> 4. 1 combination move - <u>clockwise or counter clockwise</u> – two forward crossovers into FI Mohawk, step down, cross behind, step into one back crossover and step to a forward inside edge 5. Beginning one-foot upright spin - <u>free foot held to side of spinning leg or crossed position minimum 3 revolutions</u>
<b><u>Basic 4</u></b> 1. Standstill forward outside three turn - <u>R &amp; L</u> 2. Forward outside edge on a circle clockwise <u>or</u> counter clockwise <b><u>[not required for program with music]</u></b> 3. Forward crossovers <u>4-6 consecutive both directions</u> 4. Backward stroking <u>4-6 strokes</u> 5. Backward snowflow stop - <u>R or L</u>	

**All events listed on this page are eligible for**  
**Michigan Basic Skills Series Points**  
**Compulsory Events**

- To be skated on ½ of ice surface. In program form, using a limited number of connecting steps, the skating order of the required elements is optional
- No music is allowed
- The skater must demonstrate the required elements and may use any additional elements from previous levels.
- A .2 deduction will be taken **for each** element performed from a higher level
- *Skaters have the option to skate one level higher in compulsories than their free skate program*

LEVEL	ELEMENTS	QUALIFICATIONS	TIME
Limited Beginner Compulsory	1. Waltz jump 2. ½ jump of choice 3. Forward two foot or one foot spin (free leg position optional) – <u>minimum 3 revolutions</u> 4. Forward <u>or</u> backward spiral	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skate badge tests	1:15
Beginner Compulsory	1. Toe loop jump 2. Salchow jump 3. Forward scratch spin – <u>minimum 3 revolutions</u> 4. Forward <u>or</u> backward spiral	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skate badge tests	1:15
No Test Compulsory	1. Loop jump 2. Jump combination to include a toe loop ( <u>may not use a loop or Axel</u> ) 3. Solo spin- sit <u>or</u> camel spin – <u>minimum 3 revolutions</u> 4. Spiral sequence- <u>must include a forward and backward spiral</u> . Additional spirals and balance moves such as Ina Bauers, spread eagles, lunges and shoot the ducks may be included.	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skate badge tests, no official U.S. Figure Skating free skate tests passed	1:15

**Free Skate Events**

Skaters may enter EITHER the new test track free skate program or the well-balanced track free skate program but NOT both during the same non-qualifying competition. Competitors will skate to music of their choice, vocal music permitted. Deductions WILL be made for skaters including technical elements not permitted in the event description.

- 0.1 from EACH mark for each technical element included that is not permitted in the event description.
- 0.2 from the technical mark for each extra or lacking element.
- 0.1 for any spin with less than required revolutions.

LEVEL	Jumps	Spins	Steps	QUALIFICATIONS
<b>Limited Beginner</b> Time: 1:30 +/- 10	1. <b>Maximum of 5 jump elements</b> 2. Jumps with not more than ½ rotation [front to back or back to front]. 3. Max 2 jump sequences allowed. 4. Max 2 of any same jump	1. <b>Max 2 spins</b> 2. Two upright spins, no change of foot or flying entry 3. Min 3 revolutions	1. Connecting moves and steps should be demonstrated throughout the program.	May not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests
<b>Beginner</b> Time: 1:30 +/- 10	1. <b>Maximum of 5 jump elements</b> 2. Jumps with not more than ½ rotation [front to back or back to front including half-loop] 3. Single rotation jumps: Salchow and Toe Loop only. 4. Max 2 jump combinations or sequences <b>w/only the above jumps</b> . 5. Max 2 of any same type jump	1. <b>Max 2 spins</b> 2. Two upright spins, change of foot optional, no flying entry 3. Min 3 revolutions	1. Connecting moves and steps should be demonstrated throughout the program	May not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests
<b>WELL BALANCED FREE SKATE [U.S. Figure Skating Rulebook Requirements]</b>				
<b>No Test</b> Time: 1:30 +/-10	1. <b>Maximum of 5</b> 2. Single Jumps [NO AXELS] 3. Max 2 combos or sequences <b>[Combos limited to 2 jumps]</b> 4. Number of jumps in sequence Limited to 3 [1/2 loop is not considered single jump]	1. Maximum of 2 spins of a different nature 2. <b>Min. 3 revolutions</b> 3. Spins may change Feet and start with a Fly	1. One step sequence utilizing ½ ice surface 2. Straight line, circular Or serpentine	May not have passed any official U.S. Figure Skating free skate tests.



**Events listed on this page are NOT eligible for  
Michigan Basic Skills Series Points**

**Compulsory Events**

- Skated on ½ of ice surface. In program form, using a limited number of connecting steps, skating order of required elements optional
- No music allowed
- The skater must demonstrate the required elements and may use any additional elements from previous levels.
- A .2 deduction will be taken **for each** element performed from a higher level
- *Skaters have the option to skate one level higher in compulsories than their free skate program*

LEVEL	ELEMENTS	QUALIFICATIONS	TIME
Pre-Preliminary	1. Flip jump 2. Jump combination waltz jump/toe loop jump <b>OR</b> Salchow/toe loop jump. 3. Solo spin –sit or camel spin – <b>minimum 3 revolutions</b> 4. Spiral sequence – <b>must include a forward and backward spiral</b> . Additional spirals and balance moves [Ina Bauers, spread eagles, lunges and shoot the ducks may be included].	May not have passed tests higher than U.S, Figure Skating pre-preliminary free skate test	1:15
Preliminary	1. Lutz jump 2. Single jump combination [may not use Lutz or Axel] 3. Camel spin – <b>minimum 3 revolutions</b> 4. Spiral sequence – <b>must include a forward and backward spiral</b> . Additional spirals and balance moves [Ina Bauers, spread eagles, lunges and shoot the ducks may be included].	Must have passed the U.S. Figure Skating pre-preliminary free skate test but may not have passed higher than preliminary free skate	1:15

**Free Skate Events**

Skaters may enter EITHER the test track free skate program or the well-balanced track free skate program but **NOT** both during the same non-qualifying competition. Competitors will skate to music of their choice, vocal music permitted.

Deductions WILL be made for skaters including technical elements not permitted in the event description.

- 0.1 from **EACH** mark for each technical element included that is not permitted in the event description.
- 0.2 from the technical mark for each extra **or** lacking element.
- 0.1 for any spin with less than required revolutions.

TEST TRACK FREE SKATE				
LEVEL	Jumps	Spins	Steps	QUALIFICATIONS
<b>Pre-Preliminary</b> Time: 1:30 +/- 10	1. <b>Maximum of 5 jump elements.</b> 2. Jumps with not more ½ rotation [front to back or back to front]. 3. Single rotation jumps: Salchow, toe loop and loop jump <b>ONLY</b> 4. Max 2 jump combinations or sequences 5. Max 2 of any same type jump	1. <b>Max 2 spins</b> 2. Two spins of a different nature, one position only, no change of foot, no flying entry. 3. Min 3 revolutions	1. Connecting moves and steps should be demonstrated throughout the program	May not have passed tests higher than U.S, Figure Skating pre-preliminary free skate test
<b>Preliminary</b> Time: 1:30 +/- 10	1. <b>Maximum of 5 jump elements</b> 2. Jumps with not more than one rotation [no axels]. 3. Max 2 jump combinations or sequences 4. Max 2 of any same type jump.	1. <b>Max 2 spins:</b> 2. One spin in one position, no change of foot, no flying entry (3 revolutions min) 2. One consisting of a front scratch to back scratch, exit on spinning foot not mandatory (Min 3 revs on each foot).	1. Connecting moves and steps should be demonstrated throughout the program	Must have passed the U.S. Figure Skating pre-preliminary free skate test but may not have passed higher than preliminary free skate

**Events listed on this page are NOT eligible for**  
**Michigan Basic Skills Series Points**  
**Free Skate Events**

Skaters may enter EITHER the test track free skate program or the well-balanced track free skate program but **NOT** both during the same non-qualifying competition. Competitors will skate to music of their choice, vocal music permitted.

Deductions WILL be made for skaters including technical elements not permitted in the event description.

- 0.1 from **EACH** mark for each technical element included that is not permitted in the event description.
- 0.2 from the technical mark for each extra **or** lacking element.
- 0.1 for any spin with less than required revolutions.

<b>WELL BALANCED FREE SKATE [U.S. Figure Skating Rulebook Requirements]</b>				
<b>Pre-Preliminary</b> Time: 1:30 +/- 10	1. Single jumps – axel permitted – no doubles 2. Max 2 combos or sequences <b>[Combos limited to 2 jumps]</b> 3. Number of jumps in sequence Limited to 3 [1/2 loop not considered single jump], axel may be repeated as individual jump, combo or sequence [Max 2 axels] 4. <b>Maximum of 5 jump elements.</b>	1. Maximum of 2 spins of a different nature 2. Spins may change feet and start with a fly 3. <b>Minimum 3 revolutions</b>	1. One step sequence utilizing ½ the ice surface 2. Straight line, circular or serpentine	May not have passed tests higher than U.S. Figure Skating pre-preliminary free skate test
<b>Preliminary</b> Time: 1:30 +/- 10	1. 1 Axel or Waltz jump type jump 2. Max 2 combos/sequences - Combos limited to 2 jumps, 3. Number of jumps in sequence - Limited to 3 [1/2 loop not considered a single jump] 4. 2 different double jumps allowed (double Salchow, Toe or Loop only) 5. Axel and no more than 2 different double jumps may be repeated as individual jumps, combos, or in sequences. 6. Max of 2 Axels or any double jump	1. Maximum of 2 spins of a different nature 2. Spins may change feet and start with a fly 3. Minimum 3 revolutions	1. One step sequence utilizing ½ the ice surface 2. Straight line, circular or serpentine	Must have passed the no higher than U.S. Figure Skating preliminary free skate

## **Additional Events**

### **ADULT EVENTS: Adult 1-4:**

The skating order of the required elements is optional. The elements are not restricted as to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated.

Connecting moves and steps should be demonstrated throughout the program.

- Vocal music is allowed.
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels
- A .2 deduction will be taken for each element performed from a higher level
- **Time 1:30+/-10sec unless otherwise noted**

<b>LEVEL</b>	<b>Level</b>
<b>Adult 1</b> <b>A.</b> Backward swizzles <b>B.</b> Forward one-foot glides, one time skater's height: R & L <b>C.</b> Two-foot turns <b>D.</b> Snowplow stops: R or L <b>E.</b> Forward curves on two feet	<b>Adult 2</b> <b>A.</b> Forward stroking <b>B.</b> Forward crossovers, clockwise and counter clockwise <b>C.</b> Backward one-foot glide: R or L <b>D.</b> Forward pivot <b>E.</b> Forward Chasses on a circle
<b>Adult 3</b> <b>A.</b> Backward crossovers, clockwise and counter clockwise <b>B.</b> Inside Mohawk, either direction <b>C.</b> Backward snowplow stops: R and L <b>D.</b> Forward progressives <b>E.</b> Beginning two-foot spin	<b>Adult 4</b> <b>A.</b> Forward three turns, outside or inside: R & L <b>B.</b> Alternate backward crossovers with two foot transition <b>C.</b> Footwork sequence: 3-5 forward crossovers to an inside Mohawk; 3-5 backward crossovers; step forward inside the circle <b>D.</b> Power three turns: one direction only <b>E.</b> Backward Chasses on a circle



**ARTISTIC/SHOWCASE EVENTS:**

Artistic/Showcase events are open to skaters in Basic, Free Skate, Limited Beginner through Preliminary and Adult Bronze. Groups will be divided by number of entries and ages if possible. Skaters must enter at the same level as their free skate event or highest test level of skater's in the group ensemble or production number. If a free skate event is not being entered, skaters must enter at their current test level or one level higher. Vocal music is permitted. Skaters will be judged on musical interpretation and feeling, expression, and how the skating relates to the music. Show costumes are permitted, as long as they do not touch or drag on the ice. Props and scenery must be placed and removed by unaided singles and duet competitors within one minute and by unaided ensemble contestants within two minutes for setup and two minutes for removal. A .2 deduction will be assessed by the referee against each judges' mark for each five seconds in excess of the time allowed for the performance, for handling props and scenery and for scenery assistance. 6.0 Judging will be used. Deductions will be made for skaters including technical elements not permitted in the event description.

Categories may include:

- Light entertainment
- Dramatic entertainment
- Duets
- Small Ensembles (3-7 skaters)
- Group Production (8-30 skaters)

LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
Basic 1-8	Elements only from Basic 1-8 curriculum	May not have passed any higher than Basic 8 level.	Time 1:00
Free skate 1-6/ Limited Beginner/ Beginner/ Adult 1-4	3 jump maximum. ½ rotation jumps only, plus the following full rotation jumps: Salchow and toe loop.	May not have passed any official U.S. Figure Skating free skate tests.	Time: 1:30
No Test/ Prepreliminary/ Adult Pre-Bronze	3 jump maximum. No axels or double jumps permitted.	Must have passed no higher than U.S. Figure Skating Pre-Preliminary or Adult pre-Bronze free skate test.	Time: 1:30
Preliminary/ Adult Bronze	3 jump maximum. Axels are permitted, but no double jumps allowed.	Must have passed no higher than U.S. Figure Skating Preliminary free skate or Adult Bronze test.	Time: 1:40

## ☼ Spins Events

**BEGINNER SPINS:** No music on half-ice. Spins should be skated exactly as stated and in this order. Skaters will perform one spin at a time (no excessive connecting steps). Skaters will be given one opportunity to perform each spin. Groups will be divided according to Basic/Free Skate test level. Spins should be a minimum of three revolutions each.

### **Basic Skills**

Forward pivot- either foot, Two foot spin, Forward one foot spin

### **Free skate 1-6, Beginner, No-Test**

Two foot spin, Forward one foot spin, Sit Spin

### **Pre-Preliminary**

Forward Scratch spin, Backward one foot spin, Camel spin

### **Preliminary**

Forward Scratch Spin, Backward one foot spin, Combination spin of choice- minimum two changes of position or foot

## ☼ Interpretive Programs

During warm-up, skaters will hear selection of music twice. Following the warm-up, all skaters except for the first skater, will be escorted to a soundproof locker room or another area of the arena. The first skater will hear the music one more time and then perform a program to the music. As each skater performs, the next skater in line will be allowed to hear the music for the third time before they perform to the music. The listening skater will not be allowed to view the performing skater.

LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
Beginner	No flying spins or combination spins	Basic 7- No Test	1:15 or less
Pre-Preliminary	No flying spins, axels, or double jumps	Passed no higher than Pre-Preliminary Free Skate Test	1:30 or less
Preliminary	No double jumps	Passed no higher than Preliminary Free Skate Test	1:30 or less

## ☼ DANCE- Solo or Couple

### 1. Preliminary: Dutch Waltz

Canasta Tango

Rhythm Blues

### 2. Pre-Bronze: Swing Dance

Cha Cha

Fiesta Tango

# Muskegon Lakeshore Winter Freeze Event #1

## Entry Form [PLEASE PRINT CLEARLY]



Name \_\_\_\_\_ Age \_\_\_\_\_ **Birth Date** \_\_\_\_\_

Last \_\_\_\_\_ First \_\_\_\_\_  
**E-Mail Address** \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_ Area Code/Phone # \_\_\_\_\_

**Home Club** \_\_\_\_\_ **USFSA #** \_\_\_\_\_

Male \_\_\_\_\_ Female \_\_\_\_\_ Name of Parent/Guardian \_\_\_\_\_

\$40 First Event				\$50 First Event			
\$20 Each Additional Event				\$20 Each Additional Event			
Basic Compulsory		Compulsory		Compulsory		Artistic/Showcase	
Snowplow Sam*		Limited Beginner *		Pre-Preliminary		Basic 1-8	
Basic 1 *		Beginner *		Preliminary		Freeskate 1-6/Limited Beg./Beginner/ Adult	
Basic 2 *		No Test *		Free Skate		No Test/ Pre-Preliminary/Adult Pre-Bronze	
Basic 3 *		Free Skate		Pre-Preliminary		Preliminary/Adult Bronze	
Basic 4 *		Limited Beginner *		Preliminary		<b>Spins Event</b>	
Basic 5 *		Beginner *		WELL - BALANCED			
Basic 6 *		Free Skate		Pre-Preliminary		Basic Skills	
Basic 7 *		No Test *		Preliminary		Beginner	
Basic 8 *				Interpretive Programs		Pre-Preliminary	
<b>Basic Prog w/ Music</b>		<b>Tests Passed:</b>				Preliminary	
Snowplow Sam*		Freestyle:		Beginner			
Basic 1 *				Pre-Preliminary		<b>Dance</b>	
Basic 2 *				Preliminary		Preliminary	
Basic 3 *						Pre-Bronze	
Basic 4 *						<b>Adult</b>	
Basic 5 *						Adult 1	
Basic 6 *						Adult 2	
Basic 7 *						Adult 3	
Basic 8 *						Adult4	

Events listed above with an \* after them will be eligible for Michigan Basic Skills Series Points

Entry Fees are not refundable after the entry deadline unless an event is cancelled.

If you are not a USFSA member add \$15 to fee / enter through our Basic Skills Program

First Event \$ \_\_\_\_\_

Additional Event \$ \_\_\_\_\_

Additional Event \$ \_\_\_\_\_

Additional Event \$ \_\_\_\_\_

Join USFSA \$ \_\_\_\_\_

SMM130209



**TOTAL:** \$ \_\_\_\_\_

**ENTRIES MUST BE POST MARKED BY  
January 25, 2013**

Mail form and fees to: Kayla Hinkle  
 4542 Keener St  
 Muskegon, MI, 49444

Make check or money order payable to **MLFSC**

## Certification of Competitor

Competitor Name: \_\_\_\_\_

The competitor is eligible to enter the events checked. It is agreed that the competitor and family hold the **ENTER NAME OF YOUR CLUB AND ARENA WHERE EVENT IS BEING HELD HERE** harmless from any and all liability either during practice or the competition, from any and all liability for damages to or loss of property.

As a participant, or parent/guardian of a minor participant, in the **NAME OF YOUR EVENT**/Basic Skills Series, I understand that the **NAME OF YOUR EVENT**/Basic Skills Series, or its agents, may take photographs, video and/or film of my, my minor's and/or my family's involvement, participation, viewing or interaction at **NAME OF YOUR EVENT**/Basic Skills Series scheduled ice time, activities, classes or events. I hereby authorize the taking and use of such photographs, video, film or likeness of myself, my minor child (or children), and/or my family in all forms and media and in all manners, including composite or other representations, for any lawful and legitimate **NAME OF YOUR EVENT**/Basic Skills Series purpose, including dissemination and distribution of the same; and further waive any right to approve or object to any finished, modified or derivative product or media

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

Club Officer/Program Director \_\_\_\_\_

Title \_\_\_\_\_ Date \_\_\_\_\_

COMPETITOR SIGNATURE \_\_\_\_\_ Date \_\_\_\_\_

Coach Signature: \_\_\_\_\_ Print Name: \_\_\_\_\_

Please print clearly

Are you registered on USFS Coaches Registry for 2012-2013? Yes ☐ USFS # \_\_\_\_\_

If you are not registered, go to [www.usfigureskating.org](http://www.usfigureskating.org), click on the Coaches Registration button and follow the instruction for registration.

**COACHES WILL BE REQUIRED TO CHECK IN AT REGISTRATION AT EACH EVENT**

Phone \_\_\_\_\_ E-mail Address: \_\_\_\_\_

Please print clearly

### **CHECKLIST [please be sure the following is included]:**

\_\_\_\_ Entry form with USFSA Number

\_\_\_\_ Club Officer/Program Director Signature

\_\_\_\_ Check payable to **MLFSC**

\_\_\_\_ Events to be entered checked properly

Join us in July for our 4<sup>th</sup> annual  
Basic Skills Day Camp  
Sunday July 14<sup>th</sup>.



## **MICHIGAN BASIC SKILLS SERIES CAMP PARENTS EDUCATION SEMINAR**

**JULY 14, 2013**

**NOVI ICE ARENA**

**42400 Arena Dr**

**Novi, MI 48375**

This camp is opened to anyone 14 years or younger. Basic Skills skaters up to the Preliminary Free Skate test are eligible for this camp. Camp includes on & off ice instruction. Some areas to be covered are; Basic Stroking, Edges, Moves in the Field, Jumps/Spins, Beginning Ice Dance and Beginning Synchro.

Parents Education Seminar will be held during the camp day for the parents. The seminar for the Parents includes; Understanding U.S. Figure Skating, Being a Supportive Skating Parent, Understanding the Judges System, Outfitting your Skater and getting Involved in your local club. There is scheduled time during the seminar to watch your skater.

For more information please contact Suzy Malloure [malkidsx4@aol.com](mailto:malkidsx4@aol.com)





### **Local Hotels and Entertainment**

**Baymont Inn and Suites** (approx.5 mi away from rink)

4677 Harvey Rd

Muskegon, MI 49444

(231) 798-0220

[www.baymontmuskegon.com](http://www.baymontmuskegon.com)

**Hampton Inn** (approx.8 mi away from rink)

1401 East Ellis Rd.

Muskegon, MI 49441

(231) 799-8333

[www.hamptoninn.com](http://www.hamptoninn.com)

**Fairfield Inn & Suites** (approx. 1.8 mi away from rink)

1520 Mount Garfield Rd.

Muskegon, MI 49441

(231) 799-0100

[www.marriott.com](http://www.marriott.com)

**Comfort Inn** (approx. 4 min / 3.17 mi away from rink)

1675 E Sherman Blvd

Muskegon, Mi, 49444

231-739-9092

[www.comfortinmuskegon.com](http://www.comfortinmuskegon.com)

**Shoreline Inn \$ Conference Center** (approx. 8.87 miles / 11 minutes away from rink)

750 Terrace Point Blvd

Muskegon, MI, 49440

866-727-8483

<http://shorelineinn.com/>

### **Entertainment**

**Double JJ Resort**

5900 Water Rd.

Rothbury, MI 49452

(231) 894-4444

[www.doublejj.com](http://www.doublejj.com)

Double JJ has lodging as well as an indoor water park!!! It also has many seasonal activities such as; snow tubing, dog sledding, sleigh rides, etc!