



38th ANNUAL HOWARD E. VAN CAMP INVITATIONAL COMPETITION

Hosted by the Lansing Skating Club at Suburban Ice East Lansing

Sanctioned by U.S. Figure Skating

August 10 & 11, 2012

Registration Deadline: June 25, 2012

Home Page Site: <http://www.Lansingskatingclub.com>

LOCATION:

The Howard E. Van Camp Competition is held at Suburban Ice East Lansing, 2810 Hannah Blvd. East Lansing, Michigan 48823. Suburban Ice East Lansing is a twin NHL ice surface facility measuring 85' X 200' each.

SANCTION:

This non-qualifying competition will be conducted in accordance with the 2012 U.S. Figure Skating rulebook plus changes adopted and enacted at the May 2012 meeting of Governing Council, and is sanctioned by US Figure Skating. **The International Judging System** will be used for Juvenile – Senior level Free Skating and Intermediate – Senior Short Program events. Juvenile level short program will use the 6.0 judging system. There will also be **Test Track Events** offered for Preliminary – Senior levels for Free Skating, using the 6.0 Judging System.

PLANNED PROGRAM CONTENT SHEETS (PPCS):

Competitors in IJS events are required to submit a planned program content sheet. The PPCS is to be completed online no later than July 30, 2012. Once entered online, the PPCS may be updated at anytime as often as desired without a processing fee.

ELIGIBILITY AND ENTRIES:

Eligible competitors are current members in good standing with US Figure Skating and shall be eligible to enter events based on their **test status as of June 25, 2012**. Low-level groups will be divided by age whenever possible. All Juvenile and above skaters will be divided into groups based on a random draw. A minimum of two entries will be required for all events to be scheduled. Competitors may enter at or one level above their current freestyle eligibility.

ENTRIES, FEES & CLOSING DATES:

Fees must accompany entries and be made payable to Lansing Skating Club. Entries must be **postmarked no later than June 25, 2012**. Late entries will be accepted at the discretion of the referee for a \$25.00 LATE FEE. A \$30.00 charge, plus all bank fees, will be made for all checks returned by the bank.

Basic Skills Event	\$ 65.00
Singles Event	\$ 85.00
Each additional event per skater	\$ 40.00

Mail entries to: Suburban Ice East Lansing
c/o Mo Parisian
2810 Hannah Blvd.
East Lansing, MI 48823

SCHEDULE OF EVENTS:

A tentative schedule of events will be posted on The Figure Skater's Web Site: **sk8stuff.com & Lansingskatingclub.com** as well as mailed to each competitor as soon as available. All times are approximate and subject to change. Please confirm your schedule at registration check-in.

MUSIC:

CD's are required! CD's must contain ONE track only and be appropriately labeled and presented in a paper envelope. All music should be turned into Registration at least one hour before the event time.

PRACTICE ICE:

Practice Ice will be available Friday and Saturday at various times. Practice ice will be filled on a first-come-first-serve basis. Practice ice forms will be mailed out with competition schedules and will also be available online.

BASIC ELEMENTS EVENT: BASIC 6 – BASIC 8

Format: Each skater will perform each element when directed by a judge or referee or have the option to perform one element at a time in the order listed below (no excessive connecting steps). Referee driven format examples: all skaters perform first element before moving on to the next and so on **OR** each skater performs all of the required elements before moving on to the next skater.

- To be skated on 1/3 to 1/2 ice
- No music
- **All elements must be skated in the order listed**
- Time: 1:00 or less

Basic 6:

1. Standstill forward inside three-turn - R & L
2. Bunny Hop
3. Forward spiral on a straight line - R or L
4. Lunge - R or L
5. T-stop – R or L

Basic 7:

1. Standstill forward inside open Mohawk - R to L and L to R
2. Ballet Jump - either direction
3. Back crossovers to a back outside edge landing position clockwise and counter clockwise
4. Forward inside pivot

Basic 8:

1. Moving forward outside or forward inside three-turns R & L
2. Waltz jump
3. Mazurka - either direction
4. 1 Combination move - clockwise or counter clockwise – two forward crossovers into FI Mohawk, step down, cross behind, step into one back crossover and step to a forward inside edge
5. Beginning one-foot upright spin – free foot held to side of spinning leg or crossed position -minimum three revolutions

BASIC PROGRAM EVENT: BASIC 6 – BASIC 8

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc. unless otherwise specified. Vocal music is allowed.

- To be skated on full ice
- The skater may use elements from a previous level
- A .2 deduction will be taken for each element performed from a higher level

Time: 1:00 +/- 10 seconds

Basic 6:

1. Standstill forward inside three-turn - R & L
2. Bunny Hop
3. Forward arabesque spiral on a straight line R or L
4. Lunge - R or L
5. T-stop - R or L

Basic 7:

1. Standstill forward inside open Mohawk - R to L and L to R
2. Ballet Jump- either direction
3. Back crossovers to a back outside edge landing position clockwise and counter clockwise
4. Forward inside pivot

Basic 8:

1. Moving forward outside or forward inside three-turns R & L
2. Waltz jump
3. Mazurka in either direction
4. 1 Combination move - clockwise or counter clockwise - two forward crossovers into FI Mohawk, step down, cross behind, step into one back crossover and step to a forward inside edge.
5. Beginning one-foot upright spin - free foot held to side of spinning leg or crossed position - minimum three revolutions

Free Skating Events		
Event	Elements	Time
Limited Beginner – Test Track	Max 5 jump elements: Jumps with not more than one-half rotation (front to back or back to front). Max 2 jump sequences. Max 2 or any same jump. Max 2 spins: Two upright spins, no change of foot, no flying entry (Min 3 revolutions). Connecting moves and steps should be demonstrated throughout the program. Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests.	1:30 +/- 10 sec
Beginner – Test track	Max 5 jump elements: Jumps with not more than one-half rotation (front to back or back to front including half-loop) Single rotation jumps: Salchow and toe loop only. Max 2 jump combinations or sequences Max 2 of any same type jump. Max 2 spins: Two upright spins, change of foot optional, no flying entry (Min 3 revolutions). Connecting moves and steps should be demonstrated throughout the program. Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests.	1:30 +/- 10 sec

No Test –	Max 5 jump elements. Up to two jump combinations or sequences. Combos are limited to two jumps. The number of jumps in a sequence is not limited. No axels or double jumps permitted. Max of 2 spins. All spins must be of a different nature. Each spin must have a min. of 3 revolutions. One step sequence utilizing half the ice surface.	1:30 +/- 10 sec
Pre-Preliminary	Max 5 jump elements. Up to two may be jump combinations or sequences. Jump combos are limited to two jumps. The number of jumps in a sequence is not limited. Axels are permitted, but double jumps are not. The axel may be repeated once as an individual jump, or in a jump sequence or jump combination. Max of 2 spins, each of a different nature. Min or 3 revolutions. One step sequence utilizing half the ice surface.	1:30 +/- 10 sec
Pre-Preliminary Limited	Required Elements as stated in Rule 4270. Must have passed the Pre-Preliminary Free Skating test & no higher. May not include Axels, double jumps, or flying spins.	1:30 +/- 10 sec
Preliminary Limited	Required elements as stated in Rule 4260. Must have passed the Preliminary Free Skating test & no higher. May include Axels. May not include double jumps or flying spins.	1:30 +/- 10 sec
Preliminary	Passed Preliminary FS test. Required elements as stated in 4260.	1:30 +/- 10 sec
Pre-Juvenile	Passed Pre-Juvenile FS test. Required elements as stated in 4250.	2:00 +/- 10 sec
Open Juvenile	Passed Juvenile FS test. Must be 14 Years of age by 09-01-2012 Required elements as stated in 4240.	2:15 +/- 10 sec
Adult Bronze	Passed Adult Bronze FS test. Required elements as stated in 4590, 3801. No Axel or double jumps. Must be 21 Years of age or older as of 9-01-12.	1:40 Max
Adult Silver	Passed Adult Silver FS test. Required elements as stated in 4580. Must be 21 Years of age or older as of 9-01-12.	2:10 Max
Adult Gold	Passed Adult Gold FS test. Required elements as stated in 4570. Must be 21 Years of age or older as of 9-01-12.	2:40 Max

Event	Championship Events	
	Elements	Time
Juvenile Short Program (6.0 Judging)	<ol style="list-style-type: none"> 1. Jump combination — one double jump and one single jump or two double jumps. 2. Axel (may not be repeated). 3. Solo Jump — double jump preceded by connecting steps and/or other free skating movements (may not be repeated). 4. Solo spin — minimum 5 revolutions in position (may commence with a jump) 5. Spin combination — only one change of foot and at least one change of position (4 revs each foot). 6. Step sequence — straight line, circular, or serpentine. 	2:00 Max
Juvenile Free Skate IJS	Required elements as stated in 4240 (must not be 14 years of age before 09/01/2012).	2:15 +/- 10 sec
Intermediate Short Program IJS	Required Elements as stated in 4230. (must not be 18 years of age before 09/01/2012).	2:00 Max
Intermediate Free Skate IJS	Required elements as stated in 4230 (must not be 18 years of age before 09/01/2012).	2:30 +/- 10 sec
Novice Short Program IJS	Required Elements as stated in 4220.	2:30 Max Men & Ladies
Novice Free Skate IJS	Required Elements as stated in 4220.	3:30 +/- 10 sec Men 3:00 +/- 10 sec Ladies
Junior Short Program IJS	Required Elements as stated in 4210.	2:50 Max Men & Ladies
Junior Free Skate IJS	Required Elements as stated in 4210.	4:00 +/- 10 sec Men 3:30 +/- 10 sec Ladies
Senior Short Program IJS	Required Elements as stated in 4200.	2:50 Max Men & Ladies
Senior Free Skate IJS	Required Elements as stated in 4200.	4:30 +/- 10 sec Men 4:00 +/- 10 sec Ladies

Test Track Events Effective as of September 1, 2011

Skaters may enter EITHER the new test track free skate program or the well-balanced track free skate program but **NOT** both during the same nonqualifying competition. Competitors will skate to music of their choice, vocal music permitted. The 6.0 judging system will be used for all Test Track events.

Deductions WILL be made for skaters including technical elements not permitted in the event description.

- 0.1 from EACH mark for each technical element included that is not permitted in the event description.
- 0.2 from the technical mark for each extra element.
- 0.1 for any spin with less than required revolutions.

LEVEL	JUMP ELEMENTS	SPINS	STEPS	QUALIFICATIONS
Preliminary Test Time: 1:30 +/- 10	<i>Max 5 jump elements:</i> Jumps with not more than one rotation (no Axels). <i>Max 2 jump combinations or sequences</i> <i>Max 2 of any same type jump</i>	<i>Max 2 spins:</i> One spin in one position, no change of foot, no flying entry (Min 3 revs) and One consisting of a front scratch to back scratch, exit on spinning foot not mandatory (Min 3 revs on each foot).	Connecting moves and steps should be demonstrated throughout the program.	Skaters must have passed at least the U.S. Figure Skating preliminary free skate test but may not have passed tests higher than the preliminary free skate test
Pre-Juvenile Test Time: 2:00 +/- 10	<i>Max 5 jump elements:</i> Jumps with not more than one rotation (no Axels). <i>Max 2 jump combinations or sequences</i> <i>Max 2 of any same type jump</i>	<i>Max 2 spins:</i> One spin in one position, no change of foot (Min 3 revs) and One combination spin: forward camel spin to forward sit spin, change of foot optional (Min 6 revs combined in forward sit and camel positions). Spins may not fly	One step sequence straight line, circular, or serpentine fully utilizing ice surface.	Skaters must have passed at least the U.S. Figure Skating preliminary free skate test but may not have passed tests higher than pre-juvenile free skate test
Juvenile Test Time: 2:15 +/- 10	<i>Max 5 jump elements:</i> Any single jumps with not more than 1 ½ rotations (Axel permitted) <i>Max 2 jump combinations or sequences</i> <i>Max 2 of any same type jump</i>	<i>Max 2 spins:</i> One spin in one position, no change of foot (Min 4 revs in position) and One combination spin with one change of foot and at least one change of position, must include two of the basic spin positions, (Min 4 revs on each foot) Only solo spin may fly	One step sequence straight line, circular, or serpentine fully utilizing ice surface.	Skaters must have passed at least the U.S. Figure Skating pre-juvenile free skate test but may not have passed tests higher than juvenile free skate test

LEVEL	JUMP ELEMENTS	SPINS	STEPS	QUALIFICATIONS
Intermediate Test Time: 2:30 +/- 10	<i>Max 6 jump elements:</i> Any single jumps. Double jumps permitted: double Salchow and double toe loop. <i>Max 3 jump combinations or sequences</i> <i>Max 2 of any same type jump</i>	<i>Max 2 spins of a different nature:</i> One must be a flying spin (Min 5 revs), One must be a combination spin with at least one change of foot and at least one change of position (Min 4 revs on each foot).	One step sequence straight line, circular, or serpentine fully utilizing ice surface.	Skaters must have passed at least the U.S. Figure Skating juvenile free skate test but may not have passed tests higher than intermediate free skate test
Novice Test Time: Ladies 3:00 +/- 10 Men 3:30+/-10	<i>Max 7 jump elements for men and 6 for ladies:</i> Any single jumps. Double jumps permitted: double Salchow, double toe loop and double loop. <i>Max of 3 jump combinations or sequences</i> <i>Max 2 of any same type jump</i>	<i>Max 3 spins of a different nature:</i> One must be a combination spin with at least one change of foot and at least one change of position (Min 5 revolutions on each foot). The other spins are the option of the skater (Min 6 revs) All spins may fly	One step or spiral sequence (see rule 4220 for description).	Skaters must have passed at least the U.S. Figure Skating intermediate free skate test but may not have passed tests higher than novice free skate test
Junior Test Time: Ladies 3:30 +/- 10 Men 4:00+/-10	<i>Max 8 jump elements for men and 7 for ladies:</i> Any single jumps. Double jumps permitted: double Salchow, double toe loop, double loop and double flip. <i>Max of 3 jump combinations or sequences</i> <i>Max 2 of any same type jump</i>	<i>Max 3 spins of a different nature:</i> One must be a spin in one position (6 revs), one a flying spin (6 revs) and one a combination spin consisting of all three basic spin positions and one change of foot (Minimum 2 continuous revs in each basic position and minimum 5 revs on each foot).	One step sequence of advanced difficulty, covering the full ice surface. (See rule 4210 for description)	Skaters must have passed at least the U.S. Figure Skating novice free skate test but may not have passed tests higher than junior free skate test
Senior Test Time: Ladies 4:00 +/- 10 Men 4:30+/-10	<i>Max 8 jump elements for men and 7 for ladies</i> Any single jumps. Must include at least four different double jumps, one must be a double Lutz. No triple jumps permitted <i>Max of 3 jump combinations or sequences</i> <i>Max 2 of any same type jump</i>	<i>Max 3 spins of a different nature:</i> One must be a spin in one position (min 6 revs), one a flying spin (min 6 revs) and one a spin combination consisting of all three basic spin positions and one change of foot (Min 2 continuous revs in each basic position and min 5 revolutions on each foot).	Men: Two different step sequences. Ladies: One step sequence of advanced difficulty, covering the full ice surface and one spiral sequence. (See charts in rule 4200 for description).	Skaters must have passed at least the U.S. Figure Skating junior free skate test

Compulsory Events

Compulsory eligibility is the same as for free skate. Compulsory Moves are skated without music. The specified moves may be done in any order, but must be skated as described and will be skated on half the ice surface. Connecting steps must be distinguishable from a footwork sequence. Events genders may be combined based on the number of entries at the discretion of the referee. An Axel is considered a single jump.

Event	Elements	Time
Low Beginner	1/2 revolution jump; Toe loop; Two foot spin (3 rev min); lunge	1:00 Max
High Beginner	Waltz jump; Salchow jump; 1/2 Flip or 1/2 Lutz jump; Forward scratch spin (minimum 3 revolutions); Forward spiral	1:15 Max
Pre-Preliminary	Flip jump; Single-single jump combination (no Axel); Forward sit spin (minimum 3 revolutions; Loop jump or split jump; Forward outside or inside edge spiral	1:15 Max
Preliminary	Single jump (may not be repeated); Single-single jump combination; One foot backspin (position optional, minimum 3 revolutions, may not commence with a jump); Edge spiral, spread eagle, Ina Bauer, or step sequence	1:30 Max
Pre-Juvenile	Single or double jump (may not be repeated); Single/single jump combination (must include loop); Solo spin (may not commence with a jump, min 4 revolutions in position); Combination spin with 1 change of foot and 1 change of position (minimum 4 revolutions each foot); Edge spiral, spread eagle, Ina Bauer or step sequence	1:30 Max

Spins Events

Spins eligibility is the same as for free skate. All spins events will be skated on 1/2 ice without music. Spins may be skated in any order but must be skated as described. Connecting steps must be used between elements. Event genders may be combined based on the number of entries at the discretion of the referee.

Event	Elements	Time
Preliminary	One foot spin; Forward sit spin; Back scratch spin (all minimum 4 revolutions)	1:30 Max
Pre-Juvenile/Juvenile	Forward camel spin (minimum 5 revolutions); Combination spin with one change of foot and no change of position (minimum 4 revolutions on each foot); Combination spin with no change of foot and at least one change of position (minimum 2 revolutions in each position)	1:30 Max
Intermediate/Novice	Flying spin (minimum 6 revolutions); Layback spin (ladies), Camel spin (men), (minimum 6 revolutions); Combination spin with one change of foot and at least one change of position (minimum 6 revolutions on each foot, minimum 2 revolutions in each position)	2:00 Max
Junior/Senior	Flying Spin (minimum 8 revolutions); Layback Spin (ladies), Camel Spin (men), (minimum 8 revolutions); Combination Spin with one change of foot and at least two changes of position (minimum 6 revolutions on each foot, minimum 2 revolutions in each position)	2:00 Max

Jumps Events

Jump eligibility is the same as for free skate. Preliminary through Juvenile will be skated on 1/2 ice; other levels will skate on full ice.

Jumps may be skated in any order but must be skated as described. Skaters will be given two opportunities to perform each jump and will be judged on the best one. Repeated jumps must be the same as the original.

Events genders may be combined based on the number of entries at the discretion of the referee.

Event	Elements	Time
Preliminary	Flip; Lutz; Combination of 2 single jumps, one of which must be a loop	1:30 Max
Pre-Juvenile/Juvenile	Axel; Single or double Jump; Combination of 1 double and 1 single or 2 double jumps (no Double Axel)	1:30 Max
Intermediate/Novice	Double Loop; Double Flip; Combination of any 2 double jumps	2:00 Max
Junior/Senior	Double Flip; Double Lutz; Combination of any 2 double jumps or 1 triple and 1 double	2:00 Max

Artistic Showcase

Showcase events are skated to music of the skater's choice (the LOC reserves the right to reject selections deemed inappropriate). Programs should be specifically designed to entertain and/or emotionally move the audience. Costumes are encouraged. Props will be allowed and the skater will have thirty (30) seconds to place and remove props.

Props must be limited to those the skater can carry on and off the ice unassisted through the normal skater's entrance door.

Props are not allowed on the ice during the warm-up.

Test requirements are the same as for the free skate levels indicated. Skaters placing fourth and higher in Preliminary and higher artistic showcase solo events may be qualified to enter the next U.S. Figure Skating National Showcase. Please contact Paula Wagener, Vice Chair for National Showcase, at paulawagener58@gmail.com for further information.

Event	Elements	Time
SOLO-Group I	Beginner- No Axels, No double jumps	1:30 Max
SOLO-Group II	Pre-Preliminary/Preliminary- No Axels, No double jumps	1:30 Max
SOLO-Group III	Pre-Juvenile/Juvenile- Axels allowed, No double jumps	2:00 Max
SOLO-Group IV	Intermediate/Novice- May include one double jump	2:00 Max

Interpretive Showcase

The organizing committee will pre-select and edit musical choices appropriate for these events. During warm-up, skaters will listen to a selection of music twice. Following the warm-up all skaters except for the first skater will be escorted to a soundproof locker room or another area of the arena. The first skater will hear the music one more time and then perform a program to the music. As each skater performs the next skater in line will be allowed to hear the music for the 3rd time before they perform to the music. The listening skater will not be allowed to view the performing skater.

JUDGING RULES: Skaters are judged on originality, pattern, technical (the ability to include jumps and spins) and music and interpretation/expression. Spins and jumps performed must be appropriate to competition level.

COACHING RULES: *There is to be no instruction allowed during this event from coaches, parents, or fellow skaters.*

Staging area must be kept clear except for ice monitor and listening competitor.

Event	Elements	Time
Group I	Beginner- No Axels, No double jumps	1:30 Max
Group II	Pre-Preliminary/Preliminary- No Axels, No double jumps	1:30 Max
Group III	Pre-Juvenile/Juvenile- Axels allowed, No double jumps	2:00 Max
Group IV	Intermediate/Novice- May include one double jump	2:00 Max

GENERAL COMPETITION INFORMATION

The registration desk will be located in skate rental and will be open no later than one hour before the first practice session. Practice Ice forms will be mailed with the Competition Schedule.

*** IJS event skaters: please enter your program component forms on the US Figure Skating Web Site by July 30, 2012. www.usfigureskating.org in the *Members Only* section.**



38th Annual Howard E. Van Camp Invitational Entry Form

August 10th & 11th

Registration Deadline: June 25, 2012

Skaters Name: _____ Male / Female Age: _____ Birth Date: _____

Address: _____ City: _____ State: _____ Zip: _____

USFS Number: _____ Phone: () _____

Test Level as of June 25, 2012

Home Club (no abbreviations) _____ Freeskate: _____ Dance: _____

Contact Email: _____

Free Skate Events	
	Limited Beginner - test track
	Beginner - test track
	No test
	Pre-preliminary - Well Balanced
	Pre-preliminary - limited
	Preliminary -limited
	Preliminary
	Pre-Juvenile
	Open Juvenile
	Adult Bronze
	Adult Silver
	Adult Gold

Test Track Events	
	Preliminary
	Pre-Juvenile
	Juvenile
	Intermediate
	Novice
	Junior
	Senior

Artistic Showcase	
	Solo Group I
	Solo Group II
	Solo Group III
	Solo Group IV

Short Program	
	Juvenile Short - 6.0

Spins Events	
	Preliminary
	Pre-Juvenile / Juvenile
	Intermediate / Novice
	Junior / Senior

Interpretive Showcase	
	Group I
	Group II
	Group III
	Group IV

Championship Singles Events IJS Judging System	
	Juvenile Free Skate - IJS
	Intermediate SP-IJS
	Intermediate Free Skate - IJS
	Novice Short- IJS
	Novice Long FS-IJS
	Junior Short - IJS
	Junior Long FS-IJS
	Senior Short -IJS
	Senior Long FS - IJS

Jumps Events	
	Preliminary
	Pre-Juvenile / Juvenile
	Intermediate / Novice
	Junior / Senior

Compulsory Events	
	Low Beginner
	High Beginner
	Pre-Preliminary
	Preliminary
	Pre-Juvenile

Basic Skills	
	Basic 6 FS
	Basic 7 FS
	Basic 8 FS
	Basic 6 Elements
	Basic 7 Elements
	Basic 8 Elements

Fees:
Single Events Not Combined

	\$65 per skater for first Basic Skills event
	\$85 per skater for first single event
	\$40 per skater for each additional event

***\$30 fee for all returned checks Plus bank fees**

First Event: \$ _____

No. Additional Events: _____

Additional x \$40: \$ _____

Competition Total:\$ _____

**Checks payable to
Lansing Skating Club**

Mail Registration to:
Suburban Ice E. Lansing, c/o Mo Parisian
2810 Hannah Blvd.
East Lansing, MI 48823

*IJS Event skaters please enter your program component forms on the US Figure Skating Website by July 30, 2012

For Office Use Only		
Post Mark:	Check #:	Amount Due: \$
Signatures:	Amount: \$	Amount Owed: \$

****PLEASE COMPLETE BOTH SIDES OF THE ENTRY FORM****



Certification of Competitor

I am eligible under the rules of United State Figure Skating to enter the event(s) entered on the previous page

Competitor's Signature: _____ Date: _____

Certification of Club Officer or Club Test Chairperson

To the best of my knowledge, the information on the previous page is true and correct. The competitor is a member in good standing of our club

Officer Signature: _____ Office: _____ Date: _____

Waiver of Claims for Injury

I fully understand that skating involves the risk of serious bodily injury. I accept such risks and assume responsibility for any losses, costs or damages incurred as a result of participating in this competition, during practice ice or any other time on the Suburban Ice East Lansing premises. I agree to indemnify and hold harmless, the Lansing Skating Club, its Board of Governors, volunteers, Suburban Ice East Lansing and agents for all liability, claims, losses or damages on my account.

Skater's Signature (if over 18 years of age): _____ Date: _____

Parent / Guardian Signature (if under 18 years of age): _____ Date: _____

COACH'S INFORMATION

NAME: _____

USFS # _____ REGISTERED? YES NO

E-MAIL _____

PHONE # _____ CELL PHONE _____

Entry Deadline: June 25, 2012

Make checks payable to Lansing Skating Club

**Mail Registration To:
Suburban Ice E. Lansing, c/o Mo Parisian
2810 Hannah Blvd.
East Lansing, Michigan 48823**

**Please enclose a stamped, self addressed, business size (#10) envelope with your entry.
Please make checks payable to the Lansing Skating Club (\$30 fee for returned checks+bank fees)**