





# Event 2, Arctic Basic Skills April 1, 2012

# 2012 Michigan Basic Skills Series Competition Mission Statement

To give our skaters a chance to develop their USFS Basic Skills in a fun competitive environment. During the competition season – skaters will have the chance to compete at many different clubs and arenas and earn points for a final standing.

A skater may participate in either Freeskating and/or Compulsory/Elements events in any of the Michigan Basic Skills Series Competitions to be eligible for accumulating points. Awards will be presented to skaters with the highest point totals. These awards will take place - on the ice - at the Midland Competition - November 3, 2012

#### Series Point System

The Freeskating events and the Compulsory/Elements events in each of the Series Competitions will be eligible for accumulating points. Each event will have a maximum of 6 skaters. The system for scoring points for the final award will be as follows:

6 points
5 points
4 points
3 points
2 points
1 point

If an event has 2-6 skaters, the points will be awarded as if there were 6 skaters in the group. If there is only one skater in the group, they will be awarded 3 points. At the end of the Series, in the case of total points tied, all skaters tied for a place will be awarded a medal, no ties will be broken.

#### Points are accumulated for Compulsory and Free Skate events separately.

Medals will be awarded (1-3 Place) in each level as highlighted in each announcement. Beyond the Basics <u>will NOT</u> be counted in the Freeskate and Elements/Compulsory Program Series for this 2010 season. Spins, Dance, Pairs, Theatre On Ice, Synchronized Teams, and Showcase Events <u>will Not</u> be counted for this 2012 season.

At the end of the 2012 Series Season any skaters who moved up a level will be awarded 6 bonus points [6 points only whether they move up one level or more]. All points follow the skater throughout the year.

Please Note: The USFS Michigan Basic Skills Series is sponsored equally by all the participating ice rinks and/or USFS member clubs. Competition announcements and packages will be available at all participating ice rinks and/via the club or rink websites as well as <a href="https://www.sk8stuff.com">www.sk8stuff.com</a>. Each competition will have its own entry forms and specific rules - so please make sure to read the entire announcement for each competition.

# 6<sup>th</sup> Annual USFS Michigan Basic Skills Series – Hosted by the following:

Event #1 - Lansing Basic Skills Event #2 - Arctic Basic Skills Event #3 - Mountain Town Classic March 17, 2012 April 1, 2012 April 21, 2012 Entry Deadline - February 27, 2012 Entry Deadline - March 17, 2012 Entry Deadline - April 2, 2012 Suburban Ice – East Lansing Arctic Edge Ice Arena The I.C.E. Arena 2810 Hannah Blvd 46615 Michigan Avenue 5165 East Remus Road East Lansing, Michigan 48823 Canton MI 48188 Mt. Pleasant MI 48858 **Contact: Nancy Simpson** Contact: Diane Keils Contact: Ginni Phillips Phone: 989-560-3871; Work 989-775-9148 Phone: dmkeils@aol.com or gpsk8r@gmail.com nancysimpson@cablespeed.com arcticfsclub@gmail.com Event #4 - Skate the Zoo Event #5 - Tulip City Classic Event #6 – Summer Swizzle April 28, 2012 May 12, 2012 June 16, 2012 Entry Deadline - April 7, 2012 Entry Deadline - May 1, 2012 Entry Deadline: May 26, 2012 Wing's West Edge Ice Arena Farmington Hills Ice Arena 5076 Sports Drive 4444 Holland Avenue 35500 Eight Mile Road Holland MI 49424-8279 Farmington Hills MI 48335 Kalamazoo MI 49009 Contacts: Amy Bauer Contacts: Scott Chiamulera Contact: Helene Garber Phone: 269-598-9184 scottedgeice@aol.com -616/738-0733 Phone: 734/968-7421 summerswizzleskate@gmail.com. sk8Amy02@aol.com OR Jenifer VanZanten vanzanten5@att.net -616/393-6789 Event #7 - Summer Chill Basic Skills Event #8-Lakeshore Summer Freeze Event #9 – ICES B/S Challenge July 14, 2012 August 4, 2012 August 18, 2012 Entry Deadline: June 25, 2012 Entry Deadline - July 21, 2012 Entry Deadline - July 31, 2012 Novi Ice Arena Lakeshore Sports Centre **Troy Sports Center** 42400 Arena Drive 4470 Airline Road 1819 E Big Beaver Road Muskegon, MI 49444 Troy, MI 48083 Novi MI 48375 Contact: Heather Bauer Contact: Lisa Fierro Contact: Phone: 248-305-5328 OR 248/568-9261 Phone: 231-343-5919 Phone: bauerhe@northville.k12.mi.us Sk8mlfsc@yahoo.com Event #10 – Crossover to the North Event #11- Skate the Mountain -Event #12 - Dearborn Basic Skills Comp August 25, 2012 September 29, 2012 - October 6, 2012 Entry Deadline: September 10, 2012 Entry Deadline: August 10, 2012 Entry Deadline: Sept 18, 2012 Ice Mountain Arena Complex **Otsego County Sportsplex** Dearborn Ice Skating Center 5371 Avalanche Drive 1250 Gornick Avenue 14900 Ford Road Burton MI 48509 Gaylord MI 49735 Dearborn MI Contact: Jacklinn Brayan Contact: Micki Elliott Contact: Holly Teets Cell: 810-513-1283; Work 810-744-0800 Cell: 734-474-9487; Work: 989-745-6137 Cell: 313-319-0043; Work 313-943-4098 IMFSC@sbcglobal.net hteets@ci.dearborn.mi.us mickilofl@hotmail.com Event #13 – Tuxedo Invite Basic Skills Event #14 – Skate Midland SERIES AWARDS October 28, 2012 **November 3, 2012 Entry Deadline: October 13, 2012 Entry Deadline: October 20, 2012** CEREMONY Bowling Green State University Arena Midland Civic Arena on the ice at the 417 N. Mercer Road 405 Fast Ice Drive Bowling Green OH 43403 Midland MI 48642 Midland Competition Contact: Pat Rabb Contact: Karen Boswell Phone: 989-695-4832 Phone: 419-354-4730 Rabb1960@metalink.net drkaboswell@aol.com

2





# Arctic - Basic Skills Competition Arctic Figure Skating Club Arctic Edge Ice Arena ◆ 46615 Michigan Avenue ◆ Canton, MI 48188 248-921-6913 www.arcticfsc.com

## Sunday, April 1, 2012 Entry Deadline: March 17, 2012

The Arctic Basic Skills Competition, sponsored by the Arctic Figure Skating Club will be held at the Arctic Edge Ice Arena on April 1, 2012. The ice surface measures 200 X 85 feet. This is a United States Figure Skating approved Basic Skills Competition. The sanctions will be posted on the official competition bulletin board. Questions regarding this competition should be directed to Diane Keils, dmkeils@aol.com or 248-921-6913. Email communications are preferred.

**Mission Statement** – The purpose of this competition is to promote a fun, introductory, competitive experience for the beginning skater.

Eligibility - The Competition is open to ALL skaters who are current eligible (ER.100) members of either the Basic Skills Program and/or are full members of US Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Basic Skills Program/Club or any other Basic Skills Program/Club. Eligibility will be based on skill level as of closing date of entries. All SNOWPLOW SAM and BASIC SKILLS SKATERS THROUGH BASIC 8 must skate at highest level passed and NO official US Figure Skating tests may have been passed including MIF or individual dances. For the Test Track and Well Balanced levels, eligibility will be based only upon highest free skate test level passed (moves in the field test level will not determine skater's competitive level). Skaters may skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition

**Rules** – The competition will be conducted under the rules set forth by the US Figure Skating "Basic Skills Competition Manual" program.

**Entry Fees** – The first event is \$40.00 [Events not eligible for Series points will be \$50.00 for first event], and each additional event is \$20.00. All entries must be

postmarked no later than March 17, 2012. Late entries will be accepted at the discretion of the organizers, and are subject to a possible \$15.00 late fee. Entry fees are per person, U.S. dollars.

Entry forms must be filled out legibly and completely and mailed with a check made payable to AFSC to:

Diane Keils
26375 Power Road
Farmington Hills, MI 48334
There will be a \$35.00 fee for returned checks.

Awards – <u>All competitors will receive a medal</u>. All events are final rounds. ALL awards will be made at appropriate times throughout the competition.

**Registration** – The registration table will be open 1 hour before the competition begins. Skaters will not be allowed to compete until they have registered. **Please register at least one hour before your competition time**.

**Schedule of Events** – Schedule will be posted on the Internet at the Figure Skater's Website, www.sk8stuff.com.

**Music** – The music for all free skating programs with music supplied by skater should be provided on CD. The CD is to be turned in at registration. Competitors must have a spare CD at rink side to be used in case of technical difficulties.

**Practice Ice** – Practice Ice will be available in 20-minute sessions beginning at 8:00 am. Sign-in and pay \$8.00 at the door on a first come basis.

Awards will be handed out and a podium will be available for group and individual photos.



# BASIC ELEMENTS AND PROGRAM W/MUSIC EVENT: SNOWPLOW SAM – BASIC 8

#### BASIC ELEMENTS

- To be skated on 1/3 to 1/2 ice
- No music
- All elements must be skated in the order listed. Each skater will perform each element only when directed by a judge or referee. Skaters are allowed one retry per element. If skater wants to retry, she/he should raise their hand immediately. If the skater attempts a retry, only the retry will count for that element.

#### • BASIC PROGRAM W/MUSIC

- The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc. unless otherwise specified.
- To be skated on full ice
- Vocal music is allowed
- The skater may use elements from a previous level.
- A .2 deduction will be taken <u>for each</u> element performed from a higher level
- Time: 1:00 +/- 10 seconds

<ul> <li>Snowplow Sam - Tots:</li> <li>1. March followed by a two foot glide and dip</li> <li>2. Forward two foot swizzles 2-3 in a row</li> <li>3. Forward snowplow stop</li> <li>4. Backward wiggles 2-6 in a row</li> </ul>	Basic 5:     Backward outside edge on a circle clockwise or counterclockwise [not required for program with music]     Backward crossovers 4-6 consecutive - both directions     Basic one foot spin – free leg held to side of spinning leg - minimum of three revolutions     Side toe hop -either direction     Hockey stop
Basic 1  1. Forward two foot glide and dip 2. Forward two foot swizzles 6 -8 in a row 3. Forward snowplow stop 4. Backward wiggles 6-8 in a row	Basic 6:  1. Standstill forward inside three turn - R & L 2. Bunny Hop 3. Forward spiral on a straight line - R or L 4. Lunge - R or L 5. T-stop - R or L
<ol> <li>Basic 2</li> <li>Forward one foot glide - either foot</li> <li>Forward alternating ½ swizzle pumps, in a straight line - 2-3 each foot</li> <li>Moving snowplow stop</li> <li>Backward two foot swizzles 6 - 8 in a row</li> <li>Two foot turn in place forward to backward</li> </ol>	Basic 7:  1. Standstill forward inside open Mohawk - R to L and L to R  2. Ballet Jump - either direction  3. Back crossovers to a back outside edge landing position clockwise and counter clockwise  4. Forward inside pivot
<ol> <li>Basic 3</li> <li>Forward stroking</li> <li>Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise 4-6 consecutive</li> <li>Backward one foot glide - either foot</li> <li>Forward slalom</li> <li>Two foot spin – minimum 3 revolutions</li> </ol>	Moving forward outside or forward inside three turns R & L     Waltz jump     Mazurka - either direction     1 combination move - clockwise or counter clockwise – two forward crossovers into FI Mohawk, step down, cross behind, step into one back crossover and step to a forward inside edge     Beginning one-foot upright spin - free foot held to side of spinning leg or crossed position minimum 3 revolutions
1. Standstill forward outside three turn - R & L 2. Forward outside edge on a circle clockwise or counter clockwise Inot required for program with music 3. Forward crossovers 4-6 consecutive both directions 4. Backward stroking 4-6 strokes 5. Backward snowplow stop - R or L	

4



# All events listed on this page are eligible for

## Michigan Basic Skills Series Points

#### **Compulsory Events**

- To be skated on ½ of ice surface. In program form, using a limited number of connecting steps, the skating order of the required elements is optional
- No music is allowed
- The skater must demonstrate the required elements and may use any additional elements from previous levels.
- A .2 deduction will be taken **for each** element performed from a higher level
- · Skaters have the option to skate one level higher in compulsories than their free skate program

LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
Limited Beginner	<ol> <li>Waltz jump</li> <li>½ jump of choice</li> </ol>	Skaters may not have passed tests higher than U.S. Figure	Time: 1:15
Compulsory	<ul> <li>72 Jump of choice</li> <li>3. Forward two foot or one foot spin (free leg position optional) – minimum 3 revolutions</li> <li>4. Forward or backward spiral</li> </ul>	Skating Basic Skills free skate badge tests	
Beginner Compulsory	<ol> <li>Toe loop jump</li> <li>Salchow jump</li> <li>Forward scratch spin – minimum 3 revolutions</li> <li>Forward or backward spiral</li> </ol>	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skate badge tests	Time:1:15
No Test Compulsory	<ol> <li>Loop jump</li> <li>Jump combination to include a toe loop (<u>may not use a loop or Axel</u>)</li> <li>Solo spin- sit <u>or camel spin – minimum 3 revolutions</u></li> <li>Spiral sequence- <u>must include a forward and backward spiral</u>. Additional spirals and balance moves such as Ina Bauers, spread eagles, lunges and shoot the ducks may be included.</li> </ol>	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skate badge tests, no official U.S. Figure Skating free skate tests passed	Time:1:15

#### **Free Skate Events**

Skaters may enter EITHER the new test track free skate program or the well-balanced track free skate program but NOT both during the same nonqualifying competition. Competitors will skate to music of their choice, vocal music permitted.

Deductions WILL be made for skaters including technical elements not permitted in the event description.

- 0.1 from EACH mark for each technical element included that is not permitted in the event description.
- 0.2 from the technical mark for each extra or lacking element.
- 0.1 for any spin with less than required revolutions.

LEVEL	Jumps	Spins	Steps	QUALIFICATIONS
Limited Beginner Time: 1:30 +/- 10	<ol> <li>Maximum of 5 jump elements</li> <li>Jumps with not more than ½ rotation [front to back or back to front].</li> <li>Max 2 jump sequences allowed.</li> <li>Max 2 of any same jump</li> </ol>	Max 2 spins     Two upright spins, no change of foot or flying entry     Min 3 revolutions	Connecting     moves and steps     should be     demonstrated     throughout the     program.	May not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests
Beginner Time: 1:30 +/- 10	<ol> <li>Maximum of 5 jump elements</li> <li>Jumps with not more than ½ rotation [front to back or back to front including half-loop]</li> <li>Single rotation jumps: Salchow and Toe Loop only.</li> <li>Max 2 jump combinations or sequences w/only the above jumps.</li> <li>Max 2 of any same type jump</li> </ol>	Max 2 spins     Two upright     spins, change of     foot optional, no     flying entry     Min 3 revolutions	Connecting     moves and steps     should be     demonstrated     throughout the     program	May not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests
	WELL BALANCED FREE SK	ATE [U.S. Figure Skating	Rulebook Requirements	<u>s]</u>
No Test Time: 1:30 +/-10	Single Jumps [NO AXELS]     Max 2 combos or sequences	Maximum of 2 spins of a different nature Min. 3 revolutions Spins may change Feet and start with a Fly	<ol> <li>One step sequence utilizing ½ ice surface</li> <li>Straight line, circular Or serpentine</li> </ol>	May not have passed any official U.S. Figure Skating free skate tests.

5



# Events listed on this page are NOT eligible for Michigan Basic Skills Series Points

### **Compulsory Events**

- To be skated on ½ of ice surface. In program form, using a limited number of connecting steps, the skating order of the required elements is optional
- No music allowed
- The skater must demonstrate the required elements and may use any additional elements from previous levels.
- A .2 deduction will be taken <u>for each</u> element performed from a higher level
- Skaters have the option to skate one level higher in compulsories than their free skate program

LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
Pre- Preliminary	<ol> <li>Flip jump</li> <li>Jump combination waltz jump/toe loop jump OR Salchow/toe loop jump.</li> <li>Solo spin –sit or camel spin – minimum 3 revolutions</li> <li>Spiral sequence – must include a forward and backward spiral. Additional spirals and balance moves [Ina Bauers, spread eagles, lunges and shoot the ducks may be included].</li> </ol>	May not have passed tests higher than U.S, Figure Skating pre-preliminary free skate test	Time: 1:15
Preliminary	<ol> <li>Lutz jump</li> <li>Single jump combination [may not use Lutz or Axel]</li> <li>Camel spin – minimum 3 revolutions</li> <li>Spiral sequence – must include a forward and backward spiral. Additional spirals and balance moves [Ina Bauers, spread eagles, lunges and shoot the ducks may be included].</li> </ol>	Must have passed the U.S. Figure Skating pre- preliminary free skate test but may not have passed higher than preliminary free skate	Time: 1:15

6



# Events listed on this page are NOT eligible for Michigan Basic Skills Series Points

#### **Free Skate Events**

Skaters may enter EITHER the test track free skate program or the well-balanced track free skate program but **NOT** both during the same non-qualifying competition. Competitors will skate to music of their choice, vocal music permitted.

Deductions WILL be made for skaters including technical elements not permitted in the event description.

- 0.1 from EACH mark for each technical element included that is not permitted in the event description.
- 0.2 from the technical mark for each extra or lacking element.
- 0.1 for any spin with less than required revolutions.

	TEST TRACK FREE SKATE					
LEVEL	Jumps	Spins	Steps	QUALIFICATIONS		
Pre- Preliminary Time: 1:30 +/- 10	<ol> <li>Maximum of 5 jump elements.</li> <li>Jumps with not more ½ rotation [front to back or back to front].</li> <li>Single rotation jumps: Salchow, toe loop and loop jump ONLY</li> <li>Max 2 jump combinations or sequences</li> <li>Max 2 of any same type jump</li> </ol>	<ol> <li>Max 2 spins</li> <li>Two spins of a different nature, one position only, no change of foot, no flying entry.</li> <li>Min 3 revolutions</li> </ol>	Connecting     moves and steps     should be     demonstrated     throughout the     program	May not have passed tests higher than U.S, Figure Skating pre- preliminary free skate test		
Preliminary Time: 1:30 +/- 10	1. Maximum of 5 jump elements 2. Jumps with not more than one rotation [no axels]. 3. Max 2 jump combinations or sequences 4. Max 2 of any same type jump.	1. Max 2 spins: 2. One spin in one position, no change of foot, no flying entry (3 revolutions min) 2. One consisting of a front scratch to back scratch, exit on spinning foot not mandatory (Min 3 revs on each foot).	Connecting     moves and steps     should be     demonstrated     throughout the     program	Must have passed the U.S. Figure Skating prepreliminary free skate test but may not have passed higher than preliminary free skate		
Pre-	WELL BALANCED FREE SKATE			May not have		
Preliminary Time: 1:30 +/- 10	<ol> <li>Single jumps – axel permitted – no doubles</li> <li>Max 2 combos or sequences         [Combos limited to 2 jumps]</li> <li>Number of jumps in sequence         Is not limited, axel may be repeated as individual jump, combo or sequence         [Max 2 axels]</li> <li>Maximum of 5 jump elements.</li> </ol>	<ol> <li>Maximum of 2 spins of a different nature</li> <li>Spins may change feet and start with a fly</li> <li>Minimum 3 revolutions</li> </ol>	1. One step sequence utilizing ½ the ice surface 2. Straight line, circular or serpentine	May not have passed tests higher than U.S, Figure Skating pre- preliminary free skate test		
Preliminary Time: 1:30 +/- 10	<ol> <li>1. 1 Axel or Waltz jump type jump</li> <li>2. Max 2 combos/sequences - Combos limited to 2 jumps,</li> <li>3. Number of jumps in sequence not limited</li> <li>4. 2 different double jumps allowed (double Salchow, Toe or Loop only)</li> <li>5 Axel and no more than 2 different double jumps may be repeated as individual jumps, combos, or in sequences.</li> <li>6. Max of 2 Axels or any double jump</li> </ol>	<ol> <li>Maximum of 2 spins of a different nature</li> <li>Spins may change feet and start with a fly</li> <li>Minimum 3 revolutions</li> </ol>	1. One step sequence utilizing ½ the ice surface 2. Straight line, circular or serpentine	Must have passed the no higher than U.S. Figure Skating preliminary free skate		



## Event #2 Arctic Basic Skills Competition Entry Form [PLEASE PRINT CLEARLY]



				_Age	Bii	rth Date	
Last	First		C	_City			
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\$40 F	irst Event	\$50 Firs	st Event	
\$20 Each A	dditional Event	\$20 Each Additional Event		
Basic Compulsory	Compulsory			
Snowplow Sam*	Limited Beginner *	Compulsory		
Basic 1 *	Beginner *	Pre-Preliminary		
Basic 2 *	No Test *	Preliminary Preliminary		
Basic 3 *	Free Skate	Free Skate		
Basic 4 *	Limited Beginner *	Pre-Preliminary		
Basic 5 *	Beginner *	Preliminary		
Basic 6 *				
Basic 7 *	WELL - BALANCED	WELL - BALANCED		
Basic 8 *	Free Skate	Free Skate		
	No Test *	Pre-Preliminary		
Basic Prog w/ Music		Preliminary		
Snowplow Sam*	Tests Passed:			
Basic 1 *	Freestyle:			
Basic 2 *				
Basic 3 *			7/2	
Basic 4 *				
Basic 5 *				
Basic 6 *				
Basic 7 *				
Basic 8 *				

Events listed above with an \* after them will be eligible for Michigan Basic Skills Series Points

Entry Fees are not refundable after the entry deadline unless an event is cancelled.

If you are not a USFSA member add \$15 to fee / enter through our Basic Skills Program

First Event	\$	ENTRIES MUST BE POST MARKED BY
Additional Event	<u>\$</u>	March 17, 2012  Mail form and fees to:
Additional Event	\$	Diane Keils
Join USFSA	\$	26375 Power Road Farmington Hills, MI 48334
TOTAL:	\$	Make check or money order payable to AFS0

8

<b>Certification of Competito</b>	<u>r</u> Competitor Name:	
FIGURE SKATING CLUB AND ARC the competition, from any and all lia As a participant, or parent/guardian of a Arctic Basic Skills Series, or its agents, participation, viewing or interaction at E authorize the taking and use of such ph all forms and media and in all manners	ne events checked. It is agreed that the compete CTIC EDGE ICE ARENA harmless from any arbility for damages to or loss of property.  In a minor participant, in the Event #2 Arctic Basic Skills may take photographs, video and/or film of my, my Event #2 Arctic Basic Skills Series scheduled ice time totographs, video, film or likeness of myself, my mind, including composite or other representations, for a dissemination and distribution of the same; and furtheduct or media	Ils Series, I understand that the Event #2 minor's and/or my family's involvement, i.e., activities, classes or events. I hereby nor child (or children), and/or my family in any lawful and legitimate Event #2 Arctic
Parent/Guardian Signature		Date
Club Officer/Program Director		
<u>Title</u>		Date
COMPETITOR SIGNATURE		Date
If you are not registered, go to follow the instruction for regist	Pleas Coaches Registry for 2011-2012?  www.usfigureskating.org , click on the Co	TION AT EACH EVENT
CHECKLIST [please be sure th	ne following is included:	
Entry form with USFSA Nu		Director Signature
Check payable to AFSC	Events to be entered Join us in July for our 3 <sup>rd</sup> annual Basic Skills Day Camp Sunday July 15 <sup>th</sup> .	checked properly

9



# MICHIGAN BASIC SKILLS SERIES CAMP PARENTS EDUCATION SEMINAR

**JULY 15, 2012** 

NOVI ICE ARENA 42400 Arena Dr Novi, MI 48375

This camp is opened to anyone 14 years or younger. Basic Skills skaters up to the Preliminary Free Skate test are eligible for this camp. Camp includes on & off ice instruction. Some areas to be covered are; Basic Stroking, Edges, Moves in the Field, Jumps/Spins, Beginning Ice Dance and Beginning Synchro.

Parents Education Seminar will be held during the camp day for the parents. The seminar for the Parents includes; Understanding U.S. Figure Skating, Being a Supportive Skating Parent, Understanding the Judges System, Outfitting your Skater and getting Involved in your local club. There is scheduled time during the seminar to watch your skater.

For more information please contact Suzy Malloure malkidsx4@aol.com



