



Event # 8, August 6, 2011  
Muskegon Lakeshore Summer Freeze

### 2011 Michigan Basic Skills Series Competition Mission Statement

To give our skaters a chance to develop their USFS Basic Skills in a fun competitive environment. During the competition season - skaters will have the chance to compete at many different clubs and arenas and earn points for a final standing.

A skater may participate in either Freeskating and/or Compulsory/Elements events in any of the Michigan Basic Skills Series Competitions to be eligible for accumulating points. Awards will be presented to skaters with the highest point totals. These awards will take place - on the ice - at the Midland Competition - November 5, 2011

#### Series Point System

The Freeskating events and the Compulsory/Elements events in each of the Series Competitions will be eligible for accumulating points. Each event will have a maximum of 6 skaters. The system for scoring points for the final award will be as follows:

|                       |          |
|-----------------------|----------|
| 1 <sup>st</sup> Place | 6 points |
| 2 <sup>nd</sup> Place | 5 points |
| 3 <sup>rd</sup> Place | 4 points |
| 4 <sup>th</sup> Place | 3 points |
| 5 <sup>th</sup> Place | 2 points |
| 6 <sup>th</sup> Place | 1 point  |

If an event has 2-6 skaters, the points will be awarded as if there were 6 skaters in the group. If there is only one skater in the group, they will be awarded 3 points. At the end of the Series, in the case of total points tied, all skaters tied for a place will be awarded a medal, no ties will be broken.

**Points are accumulated for Compulsory and Free Skate events separately.**

Medals will be awarded (1-3 Place) in each level as highlighted in each announcement. Beyond the Basics **will NOT** be counted in the Freeskate and Elements/Compulsory Program Series for this 2010 season. Spins, Dance, Pairs, Theatre On Ice, Synchronized Teams, and Showcase Events **will Not** be counted for this 2011 season.

At the end of the 2011 Series Season any skaters who moved up a level will be awarded 6 bonus points [6 points only whether they move up one level or more]. All points follow the skater throughout the year.

Please Note: The USFS Michigan Basic Skills Series is sponsored equally by all the participating ice rinks and/or USFS member clubs. Competition announcements and packages will be available at all participating ice rinks and/via the club or rink websites as well as [www.sk8stuff.com](http://www.sk8stuff.com). Each competition will have its own entry forms and specific rules - so please make sure to read the entire announcement for each competition.

## 5<sup>th</sup> Annual USFS Michigan Basic Skills Series – Hosted by the following:

|   |   |   |
|---|---|---|
| <p>Event #1 – Lansing Basic Skills<br/><b>March 12, 2011</b><br/><b>Entry Deadline – February 25, 2011</b><br/>Suburban Ice – East Lansing<br/>2810 Hannah Blvd<br/>East Lansing, Michigan 48823<br/>Contact: Meghan Carmody<br/>Phone: 734-417-8967<br/><a href="mailto:lansingbasicskills@yahoo.com">lansingbasicskills@yahoo.com</a> OR<br/><a href="mailto:marge2486@yahoo.com">marge2486@yahoo.com</a></p> | <p>Event #2 – Tulip City Classic<br/><b>March 26, 2011</b><br/><b>Entry Deadline – March 1, 2011</b><br/>Edge Ice Arena<br/>4444 Holland Avenue<br/>Holland MI 49424-8279<br/>Contacts: Scott Chiamulera<br/><a href="mailto:scottedgeice@aol.com">scottedgeice@aol.com</a> -616/738-0733<br/>OR Jenifer VanZanten<br/><a href="mailto:vanzanten5@att.net">vanzanten5@att.net</a> -616/393-6789</p> | <p>Event #3 – Arctic Basic Skills<br/><b>April 3, 2011</b><br/><b>Entry Deadline – March 15, 2011</b><br/>Arctic Edge Ice Arena<br/>46615 Michigan Avenue<br/>Canton MI 48188<br/>Contact: Diane Keils<br/><a href="mailto:dmkeils@aol.com">dmkeils@aol.com</a> or<br/><a href="mailto:arcticfclub@gmail.com">arcticfclub@gmail.com</a></p> |
| <p>Event #4 – Mountain Town Classic<br/><b>April 9, 2011</b><br/><b>Entry Deadline – March 25, 2011</b><br/>The I.C.E. Arena<br/>5165 East Remus Road<br/>Mt. Pleasant MI 48858<br/>Contact: Ginni Phillips<br/>Phone: 989-560-3871; Work 989-775-9148<br/><a href="mailto:gpsk8r@gmail.com">gpsk8r@gmail.com</a></p>   | <p>Event #5 - Skate the Zoo<br/><b>May 7, 2011</b><br/><b>Entry Deadline – April 18, 2011</b><br/>S2 Ice Arena<br/>5076 Sports Drive<br/>Kalamazoo MI 49009<br/>Contact: Amy Bauer<br/>Phone: 269-598-9184<br/><a href="mailto:sk8Amy02@aol.com">sk8Amy02@aol.com</a></p>   | <p>Event #6 – Summer Swizzle<br/><b>June 18, 2011</b><br/><b>Entry Deadline: June 1, 2011</b><br/>Farmington Hills Ice Arena<br/>35500 Eight Mile Road<br/>Farmington Hills MI 48335<br/>Contact: Helene Garber<br/>Phone: 734/968-7421<br/><a href="mailto:summerswizzleskate@gmail.com">summerswizzleskate@gmail.com</a>.</p>             |
| <p>Event #7 – Summer Chill Basic Skills<br/><b>July 16, 2011</b><br/><b>Entry Deadline: July 1, 2011</b><br/>Novi Ice Arena<br/>42400 Arena Drive<br/>Novi MI 48375<br/>Contact: Heather Bauer<br/>Phone: 248-305-5328 OR 248/420-0405<br/><a href="mailto:bauerhe@northville.k12.mi.us">bauerhe@northville.k12.mi.us</a></p>   | <p>Event #8– Muskegon Lakeshore<br/>Summer Freeze<br/><b>August 6, 2011</b><br/><b>Entry Deadline – July 27, 2011</b><br/>Lakeshore Sports Centre<br/>4470 Airline Road<br/>Muskegon, MI 49444<br/>Contact: Kayla Hinkle<br/>Phone: 231-557-5519<br/><a href="mailto:Kayla.hinkle@muskegoncc.edu">Kayla.hinkle@muskegoncc.edu</a></p>   | <p>Event #9 – Crossover to the North<br/><b>September 3, 2011</b><br/><b>Entry Deadline: August 12, 2011</b><br/>Otsego County Sportsplex<br/>1250 Gornick Avenue<br/>Gaylord MI 49735<br/>Contact: Micki Elliott<br/>Cell: 734-474-9487; Work: 989-745-6137<br/><a href="mailto:mickilofl@hotmail.com">mickilofl@hotmail.com</a></p>       |
| <p>Event #10- Skate the Mountain –<br/><b>September 24, 2011</b><br/><b>Entry Deadline: September 10, 2011</b><br/>Ice Mountain Arena Complex<br/>5371 Avalanche Drive<br/>Burton MI 48509<br/>Contact: Jacklinn Brayan<br/>Cell: 810-513-1283; Work 810-744-0800<br/><a href="mailto:IMFSC@sbcglobal.net">IMFSC@sbcglobal.net</a></p>  | <p>Event #11 – Dearborn Basic Skills<br/>Comp – <b>October 8, 2011</b><br/><b>Entry Deadline: Sept 20, 2011</b><br/>Dearborn Ice Skating Center<br/>14900 Ford Road<br/>Dearborn MI<br/>Contact: Holly Teets<br/>Cell: 313-319-0043; Work 313-943-4098<br/><a href="mailto:heteets@ci.dearborn.mi.us">heteets@ci.dearborn.mi.us</a></p>   | <p>Event #12– Plymouth FSC Basic Skills<br/><b>October 29, 2011</b><br/><b>Entry Deadline: October 14, 2011</b><br/>Compuware Sports Arena<br/>14900 Beck Road<br/>Plymouth MI 48170<br/>Contact: Jennifer Hancock<br/>Phone: 313-605-4667<br/><a href="mailto:jendejohn@hotmail.com">jendejohn@hotmail.com</a></p>                         |
| <p>Event #13 – Tuxedo Invite Basic Skills<br/><b>October 30, 2011</b><br/><b>Entry Deadline: October 15, 2011</b><br/>Bowling Green State University Arena<br/>417 N. Mercer Road<br/>Bowling Green OH 43403<br/>Contact: Pat Rabb<br/>Phone: 419-354-4730<br/><a href="mailto:Rabb1960@metalink.net">Rabb1960@metalink.net</a></p>   | <p>Event #14 – Skate Midland<br/><b>November 5, 2011</b><br/><b>Entry Deadline: October 15, 2011</b><br/>Midland Civic Arena<br/>405 Fast Ice Drive<br/>Midland MI 48642<br/>Contact: Karen Boswell<br/>Phone: 989-695-4832<br/><a href="mailto:drkaboswell@aol.com">drkaboswell@aol.com</a></p>  | <p style="text-align: center;"><b>SERIES AWARDS<br/>CEREMONY</b></p> <div style="text-align: center;">  </div> <p style="text-align: center;">on the ice at the<br/><b>Midland Competition</b></p>   |



Summer Freeze - Basic Skills Competition  
Muskegon Lakeshore Figure Skating Club  
Lakeshore Sports Centre Arena ♦ 4470 Airline Rd. ♦ Muskegon, MI 49444  
(231) 73-SKATE  
WWW.MLFSC.ORG

**EVENT DATE: Saturday, August 6, 2011**  
**Entry Deadline: July 27, 2011**

The Summer Freeze, sponsored by the Muskegon Lakeshore Figure Skating Club will be held at the Lakeshore Sports Centre Arena on August 6, 2011. The ice surface measures 200 x 85 feet. This is a United States Figure Skating approved Basic Skills Competition. The sanctions will be posted on the official competition bulletin board. Questions regarding this competition should be directed to Kayla Hinkle, Kayla.hinkle@muskegoncc.edu or 231-557-5519. E-mail communications are preferred.

**Mission Statement** – The purpose of this competition is to promote a fun, introductory, competitive experience for the beginning skater.

**Eligibility** - The Competition is open to ALL skaters who are current eligible (ER.100) members of either the Basic Skills Program and/or are full members of US Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Basic Skills Program/Club or any other Basic Skills Program/Club. Eligibility will be based on skill level as of closing date of entries. All SNOWPLOW SAM and BASIC SKILLS SKATERS THROUGH BASIC 8 must skate at highest level passed and NO official US Figure Skating tests may have been passed including MIF or individual dances. For the Test Track and Well Balanced levels, eligibility will be based only upon highest free skate test level passed (moves in the field test level will not determine skater's competitive level). Skaters may skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition

**Rules** – The competition will be conducted under the rules set forth by the US Figure Skating "Basic Skills Competition Manual" program.

**Entry Fees** – The first event is \$40.00 [Events not eligible for Series points will be \$50.00 for first event],

and each additional event is \$20.00. All entries must be postmarked no later than July 27, 2011. Late entries will be accepted at the discretion of the organizers, and are subject to a possible \$15.00 late fee. Entry fees are per person, U.S. dollars.

**Entry forms must be filled out legibly and completely** and mailed with a check made payable to MLFSC to:

Kayla Hinkle  
4542 Keener St  
Muskegon, MI, 49444

There will be a \$35.00 fee for returned checks.

**Awards** – **All competitors will receive a medal.** All events are final rounds. ALL awards will be made at appropriate times throughout the competition.

**Registration** – The registration table will be open 1 hour before the competition begins. Skaters will not be allowed to compete until they have registered. **Please register at least one hour before your competition time.**

**Schedule of Events** – Schedule will be posted on the Internet at the Figure Skater's Website, [www.sk8stuff.com](http://www.sk8stuff.com).

**Music** – The music for all free skating programs with music supplied by skater should be provided on CD. The CD is to be turned in at registration. Competitors must have a spare CD at rink side to be used in case of technical difficulties.

**Practice Ice** – Practice Ice will be available in 20-minute sessions. Details will be provided in a mailing prior to the competition date. Sign-in and pay \$8.00 at the door.

Awards will be handed out and a podium will be available for group and individual photos.

# BASIC ELEMENTS AND PROGRAM W/MUSIC EVENT: SNOWPLOW SAM – BASIC 8

• **BASIC ELEMENTS**

- To be skated on 1/3 to 1/2 ice
- No music
- **All elements must be skated in the order listed.** Each skater will perform each element only when directed by a judge or referee. Skaters are allowed one retry per element. If skater wants to retry, she/he should raise their hand immediately. If the skater attempts a retry, only the retry will count for that element.

• **BASIC PROGRAM W/MUSIC**

- The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc. unless otherwise specified.
- To be skated on full ice
- Vocal music is allowed
- The skater may use elements from a previous level.
- A .2 deduction will be taken **for each** element performed from a higher level
- Time: 1:00 +/- 10 seconds

|  |  |
|--|--|
| <p><b><u>Snowplow Sam - Tots:</u></b></p> <ol style="list-style-type: none"> <li>1. March followed by a two foot glide and dip</li> <li>2. Forward two foot swizzles <u>2-3 in a row</u></li> <li>3. Backward wiggles <u>2-6 in a row</u></li> <li>4. Forward snowplow stop</li> </ol>   | <p><b><u>Basic 5:</u></b></p> <ol style="list-style-type: none"> <li>1. Backward outside edge on a circle clockwise <u>or</u> counterclockwise <b><u>[not required for program with music]</u></b></li> <li>2. Backward crossovers <b><u>4-6 consecutive - both directions</u></b></li> <li>3. Basic one foot spin – <u>free leg held to side of spinning leg - minimum of three revolutions</u></li> <li>4. Side toe hop <u>-either direction</u></li> <li>5. Hockey stop</li> </ol>  |
| <p><b><u>Basic 1</u></b></p> <ol style="list-style-type: none"> <li>1. Forward two foot glide and dip</li> <li>2. Forward two foot swizzles <u>6 -8 in a row</u></li> <li>3. Backward wiggles <u>6-8 in a row</u></li> <li>4. Forward snowplow stop</li> </ol>   | <p><b><u>Basic 6:</u></b></p> <ol style="list-style-type: none"> <li>1. Forward inside three turn from a standstill - <b><u>R &amp; L</u></b></li> <li>2. Bunny Hop</li> <li>3. Forward spiral on a straight line - <u>R or L</u></li> <li>4. Lunge - <u>R or L</u></li> <li>5. T-stop - <u>R or L</u></li> </ol>  |
| <p><b><u>Basic 2</u></b></p> <ol style="list-style-type: none"> <li>1. Forward one foot glide - <u>either foot</u></li> <li>2. Forward alternating ½ swizzle pumps, in a straight line - <b><u>2-3 each foot</u></b></li> <li>3. Two foot turn in place forward to backward</li> <li>4. Backward two foot swizzles <u>6 - 8 in a row</u></li> <li>5. Moving snowplow stop</li> </ol>   | <p><b><u>Basic 7:</u></b></p> <ol style="list-style-type: none"> <li>1. Forward inside open Mohawk - <b><u>R to L and L to R</u></b></li> <li>2. Ballet Jump - <u>either direction</u></li> <li>3. Back crossovers to a back outside edge landing position <b><u>clockwise and counter clockwise</u></b></li> <li>4. Forward inside pivot</li> </ol>   |
| <p><b><u>Basic 3</u></b></p> <ol style="list-style-type: none"> <li>1. Forward stroking</li> <li>2. Forward ½ swizzle pumps on a circle, either clockwise <u>or</u> counter clockwise <u>4-6 consecutive</u></li> <li>3. Backward one foot glide - <u>either foot</u></li> <li>4. Forward slalom</li> <li>5. Two foot spin – <u>minimum 3 revolutions</u></li> </ol>   | <p><b><u>Basic 8:</u></b></p> <ol style="list-style-type: none"> <li>1. Moving forward outside or forward inside three turns <b><u>R &amp; L</u></b></li> <li>2. Waltz jump</li> <li>3. Mazurka - <u>either direction</u></li> <li>4. One combination move - <u>clockwise or counter clockwise</u> – two forward crossovers into FI Mohawk, step behind, step into one back crossover and step to a forward inside edge</li> <li>5. Beginning one-foot upright spin - <u>free foot held to side of spinning leg or crossed position minimum 3 revolutions</u></li> </ol> |
| <p><b><u>Basic 4</u></b></p> <ol style="list-style-type: none"> <li>1. Forward outside three turn from a standstill - <b><u>R &amp; L</u></b></li> <li>2. Forward outside edge on a circle clockwise <u>or</u> counter clockwise <b><u>[not required for program with music]</u></b></li> <li>3. Forward crossovers <b><u>4-6 consecutive both directions</u></b></li> <li>4. Backward stroking <u>4-6 strokes</u></li> <li>5. Backward snowplow stop - <u>R or L</u></li> </ol> |  |

## All events listed on this page are eligible for Michigan Basic Skills Series Points

### Compulsory Events

- To be skated on ½ of ice surface. In program form, using a limited number of connecting steps, the skating order of the required elements is optional
- No music is allowed
- The skater must demonstrate the required elements and may use any additional elements from previous levels.
- A .2 deduction will be taken **for each** element performed from a higher level
- *Skaters have the option to skate one level higher in compulsories than their free skate program*

| LEVEL                       | ELEMENTS   | QUALIFICATIONS   | PROGRAM LENGTH |
|-----------------------------|--|--|----------------|
| Limited Beginner Compulsory | <ol style="list-style-type: none"> <li>1. Waltz jump</li> <li>2. ½ jump of choice</li> <li>3. Forward two foot or one foot spin (free leg position optional) – <u>minimum 3 revolutions</u></li> <li>4. Forward <u>or</u> backward spiral</li> </ol>   | Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skate badge tests  | Time: 1:15     |
| Beginner Compulsory         | <ol style="list-style-type: none"> <li>1. Toe loop jump</li> <li>2. Salchow jump</li> <li>3. Forward scratch spin – <u>minimum 3 revolutions</u></li> <li>4. Forward <u>or</u> backward spiral</li> </ol>  | Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skate badge tests  | Time: 1:15     |
| No Test Compulsory          | <ol style="list-style-type: none"> <li>1. Loop jump</li> <li>2. Jump combination to include a toe loop (<u>may not use a loop or Axel</u>)</li> <li>3. Solo spin- sit <u>or</u> camel spin – <u>minimum 3 revolutions</u></li> <li>4. Spiral sequence- <u>must include a forward and backward spiral</u>. Additional spirals and balance moves such as Ina Bauers, spread eagles, lunges and shoot the ducks may be included.</li> </ol> | Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skate badge tests, no official U.S. Figure Skating free skate tests passed | Time: 1:15     |

### Free Skate Events

Skaters may enter EITHER the new test track free skate program or the well-balanced track free skate program but NOT both during the same nonqualifying competition. Competitors will skate to music of their choice, vocal music permitted.

Deductions WILL be made for skaters including technical elements not permitted in the event description.

- 0.1 from EACH mark for each technical element included that is not permitted in the event description.
- 0.2 from the technical mark for each extra or lacking element .
- 0.1 for any spin with less than required revolutions.

| LEVEL   | Jumps  | Spins  | Steps  | QUALIFICATIONS  |
|---|--|--|--|---|
| <b>Limited Beginner</b><br>Time: 1:30<br>+/- 10                             | <ol style="list-style-type: none"> <li>1. Jumps with not more than ½ rotation [front to back or back to front].</li> <li>2. Jump sequences allowed.</li> <li>3. <b>Maximum of 5 jump elements.</b></li> </ol>  | <ol style="list-style-type: none"> <li>1. Two upright spins, no change of foot.</li> <li>2. <b>Minimum of 3 revolutions</b></li> </ol>   | <ol style="list-style-type: none"> <li>1. Connecting moves and steps should be demonstrated throughout the program.</li> </ol>                   | May not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests |
| <b>Beginner</b><br>Time: 1:30<br>+/- 10                                     | <ol style="list-style-type: none"> <li>1. Jumps with not more than ½ rotation [front to back or back to front including half-loop]</li> <li>2. Single rotation jumps: Salchow and Toe Loop only.</li> <li>3. Jump combinations/ sequences <b>with the above jumps</b> allowed.</li> <li>4. <b>Maximum of 5 jump elements.</b></li> </ol> | <ol style="list-style-type: none"> <li>1. Two upright spins, change of foot optional</li> <li>2. <b>Minimum of 3 revolutions.</b></li> </ol>   | <ol style="list-style-type: none"> <li>1. Connecting moves and steps should be demonstrated throughout the program</li> </ol>                    | May not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests |
| <b>WELL BALANCED FREE SKATE [U.S. Figure Skating Rulebook Requirements]</b> |  |  |  |   |
| <b>No Test</b><br>Time: 1:30<br>+/-10                                       | <ol style="list-style-type: none"> <li>1. <b>Maximum of 5</b></li> <li>2. Single Jumps [NO AXELS]</li> <li>3. Max 2 combos or sequences <b>[Combos limited to 2 jumps]</b></li> <li>4. Number of jumps in sequence is not limited</li> </ol>   | <ol style="list-style-type: none"> <li>1. Maximum of 2 spins of a different nature</li> <li>2. <b>Min. 3 revolutions</b></li> <li>3. Spins may change Feet and start with a Fly</li> </ol> | <ol style="list-style-type: none"> <li>1. One step sequence utilizing ½ ice surface</li> <li>2. Straight line, circular Or serpentine</li> </ol> | May not have passed any official U.S. Figure Skating free skate tests.                          |

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Michigan Basic Skills Series Points**

**Compulsory Events**

- To be skated on ½ of ice surface. In program form, using a limited number of connecting steps, the skating order of the required elements is optional
- No music allowed
- The skater must demonstrate the required elements and may use any additional elements from previous levels.
- A .2 deduction will be taken **for each** element performed from a higher level
- *Skaters have the option to skate one level higher in compulsories than their free skate program*

| LEVEL           | ELEMENTS  | QUALIFICATIONS  | PROGRAM LENGTH |
|-----------------|---|---|----------------|
| Pre-Preliminary | 1. Flip jump<br>2. Jump combination waltz jump/toe loop jump <b>OR</b> Salchow/toe loop jump.<br>3. Solo spin –sit or camel spin – <b>minimum 3 revolutions</b><br>4. Spiral sequence – <b>must include a forward and backward spiral</b> . Additional spirals and balance moves [Ina Bauers, spread eagles, lunges and shoot the ducks may be included]. | May not have passed tests higher than U.S, Figure Skating pre-preliminary free skate test   | Time: 1:15     |
| Preliminary     | 1. Lutz jump<br>2. Single jump combination [ <b>may not use Lutz or Axel</b> ]<br>3. Camel spin – <b>minimum 3 revolutions</b><br>4. Spiral sequence – <b>must include a forward and backward spiral</b> . Additional spirals and balance moves [Ina Bauers, spread eagles, lunges and shoot the ducks may be included].                                  | Must have passed the U.S. Figure Skating pre-preliminary free skate test but may not have passed higher than preliminary free skate | Time: 1:15     |

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Michigan Basic Skills Series Points**

**Free Skate Events**

Skaters may enter EITHER the test track free skate program or the well-balanced track free skate program but **NOT** both during the same non-qualifying competition. Competitors will skate to music of their choice, vocal music permitted.

Deductions WILL be made for skaters including technical elements not permitted in the event description.

- 0.1 from **EACH** mark for each technical element included that is not permitted in the event description.
- 0.2 from the technical mark for each extra **or** lacking element .
- 0.1 for any spin with less than required revolutions.

| <b>COMPETITIVE TEST TRACK FREE SKATE</b>                                    |  |  |  |   |
|---|--|--|--|---|
| <b>LEVEL</b>  | <b>Jumps</b>   | <b>Spins</b>   | <b>Steps</b>   | <b>QUALIFICATIONS</b>   |
| <b>Pre-Preliminary</b><br>Time: 1:30<br>+/- 10                              | 1. Jumps with not more ½ rotation [front to back or back to front].<br>2. Single rotation jumps: Salchow, toe loop and loop jump <b>ONLY</b><br>3. Jump combinations/ sequences with above jumps allowed<br>3. <b>Maximum of 5 jump elements.</b>  | 1. Maximum of two spins of a different nature held in one position only, no change of foot.<br>2. No flying spins<br>3. <b>Minimum 3 revolutions</b> | 1. Connecting moves and steps should be demonstrated throughout the program                  | May not have passed tests higher than U.S, Figure Skating pre-preliminary free skate test   |
| <b>Preliminary</b><br>Time: 1:30<br>+/- 10                                  | 1. Jumps with not more than one rotation <b>[no axels]</b> .<br>2. Jump combinations and sequences are allowed.<br>3. <b>Maximum of 5 jump elements.</b>   | 1. Maximum of two spins of a different nature<br>2. Combination spins allowed.<br>3. No flying spins<br>4. <b>Minimum of 3 revolutions</b>           | 1. Connecting moves and steps should be demonstrated throughout the program                  | Must have passed the U.S. Figure Skating pre-preliminary free skate test but may not have passed higher than preliminary free skate |
| <b>WELL BALANCED FREE SKATE [U.S. Figure Skating Rulebook Requirements]</b> |  |  |  |   |
| <b>Pre-Preliminary</b><br>Time: 1:30<br>+/- 10                              | 1. Single jumps – axel permitted – no doubles<br>2. Max 2 combos or sequences <b>[Combos limited to 2 jumps]</b><br>3. Number of jumps in sequence Is not limited, axel may be repeated as individual jump, combo or sequence [Max 2 axels]<br>4. <b>Maximum of 5 jump elements.</b>   | 1. Maximum of 2 spins of a different nature<br>2. Spins may change feet and start with a fly<br>3. <b>Minimum 3 revolutions</b>                      | 1. One step sequence utilizing ½ the ice surface<br>2. Straight line, circular or serpentine | May not have passed tests higher than U.S, Figure Skating pre-preliminary free skate test   |
| <b>Preliminary</b><br>Time: 1:30<br>+/- 10                                  | 1. 1 Axel or Waltz jump type jump<br>2. Max 2 combos/sequences - Combos limited to 2 jumps,<br>3. Number of jumps in sequence not limited<br>4. 2 different double jumps allowed (double Salchow, Toe or Loop only)<br>5. Axel and no more than 2 different double jumps may be repeated as individual jumps, combos, or in sequences.<br>6. Max of 2 Axels or any double jump | 1. Maximum of 2 spins of a different nature<br>2. Spins may change feet and start with a fly<br>3. Minimum 3 revolutions                             | 1. One step sequence utilizing ½ the ice surface<br>2. Straight line, circular or serpentine | Must have passed the no higher than U.S. Figure Skating preliminary free skate  |

## Additional Events

### ADULT EVENTS: Adult 1-4, Pre-Bronze and Bronze:

The skating order of the required elements is optional. The elements are not restricted as to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated. Connecting moves and steps should be demonstrated throughout the program.

- Vocal music is allowed.
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels
- A .2 deduction will be taken for each element performed from a higher level
- **Time 1:30+/-10sec unless otherwise noted**

| LEVEL  | Level  |
|--|--|
| <b>Adult 1</b><br><b>A.</b> Backward swizzles<br><b>B.</b> Forward one-foot glides, one time skater's height: R & L<br><b>C.</b> Two-foot turns<br><b>D.</b> Snowplow stops: R or L<br><b>E.</b> Forward curves on two feet                        | <b>Adult 2</b><br><b>A.</b> Forward stroking<br><b>B.</b> Forward crossovers, clockwise and counter clockwise<br><b>C.</b> Backward one-foot glide: R or L<br><b>D.</b> Forward pivot<br><b>E.</b> Forward Chasses on a circle   |
| <b>Adult 3</b><br><b>A.</b> Backward crossovers, clockwise and counter clockwise<br><b>B.</b> Inside Mohawk, either direction<br><b>C.</b> Backward snowplow stops: R and L<br><b>D.</b> Forward progressives<br><b>E.</b> Beginning two-foot spin | <b>Adult 4</b><br><b>A.</b> Forward three turns, outside or inside: R & L<br><b>B.</b> Alternate backward crossovers with two foot transition<br><b>C.</b> Footwork sequence: 3-5 forward crossovers to an inside Mohawk; 3-5 backward crossovers; step forward inside the circle<br><b>D.</b> Power three turns: one direction only<br><b>E.</b> Backward Chasses on a circle |
| <b>Adult Pre-Bronze:</b> Must have passed no higher than adult pre-bronze free skate test or pre-pre free skate test. Time: 1:40 max<br>Refer to the current U.S. Figure Skating Rulebook #3806 for specific requirements                          | <b>Adult Bronze:</b> Must have passed no higher than adult bronze free skate test or the preliminary free skate test. Time: 1:50 max<br>Refer to the current U.S. Figure Skating Rulebook #3801 for specific requirements  |



**ARTISTIC/SHOWCASE EVENTS:**

Artistic/Showcase events are open to skaters in Basic, Free Skate, Limited Beginner through Preliminary and Adult Bronze. Groups will be divided by number of entries and ages if possible. Skaters must enter at the same level as their free skate event or highest test level of skater's in the group ensemble or production number. If a free skate event is not being entered, skaters must enter at their current test level or one level higher. Vocal music is permitted. Skaters will be judged on musical interpretation and feeling, expression, and how the skating relates to the music. Show costumes are permitted, as long as they do not touch or drag on the ice. Only hand held props are allowed. Props must remain in the skater's hand(s) at all times. 6.0 Judging will be used. Deductions will be made for skaters including technical elements not permitted in the event description.

Categories may include:

- Light entertainment
- Dramatic entertainment
- Duets
- Small Ensembles (3-7 skaters)
- Group Production (8-30 skaters)

| LEVEL   | ELEMENTS   | QUALIFICATIONS   | PROGRAM LENGTH |
|---|--|--|----------------|
| Basic 1-8   | Elements only from Basic 1-8 curriculum  | May not have passed any higher than Basic 8 level.   | Time 1:00      |
| Free skate 1-6/<br>Limited<br>Beginner/<br>Beginner/<br>Adult 1-4 | 3 jump maximum. ½ rotation jumps only, plus the following full rotation jumps: Salchow and toe loop. | May not have passed any official U.S. Figure Skating free skate tests.                                   | Time: 1:30     |
| No Test/<br>Prepreliminary/<br>Adult Pre-<br>Bronze               | 3 jump maximum. No axels or double jumps permitted.  | Must have passed no higher than U.S. Figure Skating Pre-Preliminary or Adult pre-Bronze free skate test. | Time: 1:30     |
| Preliminary/<br>Adult Bronze                                      | 3 jump maximum. Axels are permitted, but no double jumps allowed.                                    | Must have passed no higher than U.S. Figure Skating Preliminary free skate or Adult Bronze test.         | Time: 1:40     |

**Muskegon Lakeshore Summer Freeze Event #8**  
**Entry Form [PLEASE PRINT CLEARLY]**



Name \_\_\_\_\_ Age \_\_\_\_\_ Birth Date \_\_\_\_\_  
 Last First  
 Address \_\_\_\_\_ City \_\_\_\_\_  
 State \_\_\_\_\_ Zip \_\_\_\_\_ Area Code/Phone # \_\_\_\_\_  
 Home Club \_\_\_\_\_ USFSA # \_\_\_\_\_  
 Male \_\_\_\_\_ Female \_\_\_\_\_ Name of Parent/Guardian \_\_\_\_\_  
 E-Mail Address \_\_\_\_\_

| <b>\$40 First Event</b>           |                        | <b>\$50 First Event</b>           |   |
|-----------------------------------|------------------------|-----------------------------------|---|
| <b>\$20 Each Additional Event</b> |                        | <b>\$20 Each Additional Event</b> |   |
| <b>Basic Compulsory</b>           | <b>Compulsory</b>      | <b>Compulsory</b>                 | <b>Artistic/Showcase</b>  |
| Snowplow Sam*                     | Limited Beginner *     | Pre-Preliminary                   | Basic 1-8   |
| Basic 1 *                         | Beginner *             |                                   | Free skate 1-6/<br>Limited<br>Beginner/<br>Beginner/<br>Adult 1-4 |
| Basic 2 *                         | No Test *              | Preliminary                       | No Test/<br>Prepreliminary/<br>Adult Pre-<br>Bronze               |
| Basic 3 *                         | <b>Free Skate</b>      | <b>Free Skate</b>                 | Preliminary/<br>Adult Bronze                                      |
| Basic 4 *                         | Limited Beginner *     | Pre-Preliminary                   |   |
| Basic 5 *                         | Beginner *             | Preliminary                       |   |
| Basic 6 *                         |                        |                                   |   |
| Basic 7 *                         | <b>WELL - BALANCED</b> | <b>WELL - BALANCED</b>            |   |
| Basic 8 *                         | <b>Free Skate</b>      | <b>Free Skate</b>                 |   |
|                                   | No Test *              | Pre-Preliminary                   |   |
| <b>Basic Prog w/ Music</b>        |                        | Preliminary                       |   |
| Snowplow Sam*                     | <b>Tests Passed:</b>   |                                   |   |
| Basic 1 *                         | Freestyle:             | <b>Adult Events</b>               |   |
| Basic 2 *                         |                        | Adult 1                           |   |
| Basic 3 *                         |                        | Adult 2                           |   |
| Basic 4 *                         |                        | Adult 3                           |   |
| Basic 5 *                         |                        | Adult 4                           |   |
| Basic 6 *                         |                        | Adult Pre-Bronze                  |   |
| Basic 7 *                         |                        | Adult Bronze                      |   |
| Basic 8 *                         |                        |                                   |   |

*Events listed above with an \* after them will be eligible for Michigan Basic Skills Series Points*  
*Entry Fees are not refundable after the entry deadline unless an event is cancelled.*  
*If you are not a USFSA member add \$15 to fee / enter through our Basic Skills Program*

First Event \$ \_\_\_\_\_  
 Additional Event \$ \_\_\_\_\_  
 Additional Event \$ \_\_\_\_\_

Additional Event \$ \_\_\_\_\_  
 Join USFSA \$ \_\_\_\_\_  
**TOTAL:** \$ \_\_\_\_\_



**ENTRIES MUST BE POST  
MARKED BY July 27, 2011**

Mail form and fees to: Kayla Hinkle  
4542 Keener St  
Muskegon, MI, 49444

Make check or money order payable to: MLFSC

**Certification of Competitor**

Competitor Name: \_\_\_\_\_

The competitor is eligible to enter the events checked. It is agreed that the competitor and family hold the Muskegon Lakeshore Figure Skating Club and Lakeshore Sports Centre harmless from any and all liability either during practice or the competition, from any and all liability for damages to or loss of property.

As a participant, or parent/guardian of a minor participant, in the Muskegon Lakeshore Summer Freeze/Basic Skills Series, I understand that the Muskegon Lakeshore Summer Freeze /Basic Skills Series, or its agents, may take photographs, video and/or film of my, my minor's and/or my family's involvement, participation, viewing or interaction at Muskegon Lakeshore Summer Freeze /Basic Skills Series scheduled ice time, activities, classes or events. I hereby authorize the taking and use of such photographs, video, film or likeness of myself, my minor child (or children), and/or my family in all forms and media and in all manners, including composite or other representations, for any lawful and legitimate Muskegon Lakeshore Summer Freeze /Basic Skills Series purpose, including dissemination and distribution of the same; and further waive any right to approve or object to any finished, modified or derivative product or media.

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

Club Officer/Program Director \_\_\_\_\_ Date \_\_\_\_\_

COMPETITOR SIGNATURE \_\_\_\_\_ Date \_\_\_\_\_

Coach Signature: \_\_\_\_\_ Print Name: \_\_\_\_\_  
Please print clearly

Are you registered on USFS Coaches Registry for 2010-2011? Yes  USFS # \_\_\_\_\_

If you are not registered, go to [www.usfigureskating.org](http://www.usfigureskating.org), click on the Coaches Registration button and follow the instruction for registration.

**COACHES WILL BE REQUIRED TO CHECK IN AT REGISTRATION AT EACH EVENT**

Phone \_\_\_\_\_ E-mail Address: \_\_\_\_\_  
Please print clearly

**CHECKLIST [please be sure the following is included]:**

\_\_\_\_ Entry form with USFSA Number      \_\_\_\_ Club Officer/Program Director Signature

\_\_\_\_ Check payable to MLFSC      \_\_\_\_ Events to be entered checked properly

