



The Port Huron Figure Skating Club welcomes you to the Annual Edith Scheonrock International Competition to be held at the **Glacier Pointe Ice Complex, 4150 Dove Road., Port**

Huron township, MI. The complex is located in the west of Port Huron township with two ice surfaces measuring 200 x 85 feet. The Competition has been sanctioned by US Figure Skating and Skate Canada and will be conducted in accordance with the rules set forth in the current edition of the US Figure Skating Rule Book. The International Judging System (IJS) will be used for Open Juvenile and up and Adult Gold & Masters free skating events. The Test Track free skating and all other events will be 6.0



Chief Referee is Mr. Don Korte

ELIGIBILITY FOR NON-BASIC SKILLS:

The Competition is open to all eligible and re-instated competitors who are US Figure Skating or Skate Canada members, and shall be qualified to enter events based on their APPROPRIATE test status as of January 8, 2011. Basic, Beginner, Pre-Preliminary, Preliminary, and Pre-Juvenile skaters will be grouped by birthdate. Selection of flights for Juvenile Free Skating and higher will be done by random draw. Competitors may skate at present level or up one level, but not both.

ELIGIBILITY RULES FOR BASIC SKILLS PARTICIPANTS

Eligibility - The Competition is open to ALL skaters who are current eligible (ER 1.00) members of either the Basic Skills Program and/or are full members of US Figure Skating or Skate Canada. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Basic Skills Program/Club or any other Basic Skills Program/Club. Eligibility will be based on skill level as of closing date of entries. All SNOWPLOW SAM and BASIC SKILLS SKATERS THROUGH BASIC 8 must skate at highest level passed and NO official US Figure Skating tests may have been passed including MIF or individual dances. For the Test Track and Well Balanced levels, eligibility will be based only upon highest free skate test level passed (moves in the field test level will not determine skater's competitive level). Skaters may skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition

Eligibility will be based on skill level as of closing date of entries. All Snowplow Sam and Basic Skills skaters through Basic 8 must skate at highest level passed and NO official U.S. Figure Skating tests may have been passed including MIF or individual dances.

For the Free skate 1-6, Test Track and Well Balanced levels, eligibility will be based only upon highest free skate test level passed (moves in the field test level will not determine skater's competitive level). Skaters may skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition.

ENTRIES AND FEES:

All entries must be postmarked no later than January 8, 2011. Late entries must be pre-approved and will include an additional "Late Fee" of \$40.00. **Forms with incomplete or illegible information, missing signatures, missing pages, will be assessed a \$10 charge. You will be notified by a collect call if no e-mail address is given to get the above missing information.**

Entry fees are per person, per event, and payable in U.S. Dollars only. No refunds after closing date unless event is canceled for lack of participation. Two entries constitute a competition in any event.

NO REFUNDS WILL BE GIVEN FOR ANY OTHER REASON, INCLUDING MEDICAL.

Entry fees are per person, per event, US Funds only:

Entry fees are per person, per event, US Funds only: **INCLUDES A DVD OF EACH EVENT ENTERED**

First Singles Event	Open Juvenile - Senior level; Adult Gold & Masters	\$85.00
	IJS event charge (add for all skaters competing in an IJS event)	\$20.00
First Singles Event	Beginner - PreJuv, test track and Pre-bronze-Silver Adult level	\$85.00
Additional Single Event	\$35.00	1st Snowplow Sam and Basic 1-8 Event \$50.00
Additional Dance Event	\$25.00	2nd Snowplow Sam and Basic 1-8 Event \$25.00
Pairs Free Skate	\$100.00 (per pair)	1st Basic Freeskate 1 - 6 Event \$60.00
Couples Dance	\$100.00 (per pair)	2nd Basic Freeskate 1 - 6 Event \$25.00

A \$20.00 fee will be assessed if the skater enters the wrong event and has to be changed.

There will be a \$35.00 service charge assessed for returned checks / NSF (for each time returned from the bank) and all further payments must be made by money order, **NO EXCEPTIONS.**

All outstanding monies due must be paid prior to the start of the competition, if not paid, skater will not be allowed to compete.

Send online entry receipt with all applicable fees (check or money order)

Make your check or money order payable to the Port Huron Figure Skating Club (PHFSC).

MAIL TO: Edith Competition

c/o Ronda Bingham 3240 Hickory Lane, Port Huron, MI 48060

**ENTRIES CLOSE
January 8, 2011**

EVENTS AND AWARDS: You may take your own pictures immediately following presentation of medals.

Basic Compulsory & Freeskate (Snowplow Sam (Tots), Basic 1 - 8, Freeskate 1 - 6),
Compulsory (Limited Beginner - Pre-Juvenile), **Short Program** (Open Juvenile - Senior),
Free Skating (Limited Beginner - Senior), **Adult Free Skating** (Pre-Bronze-Masters),
Pairs Free Skating (Preliminary - Junior), **Spins** (Pre-Preliminary - Senior),
Artistic Showcase (Beginner - Adult), **Solo Dance** (Preliminary - International)
Couples Dance (Preliminary - Novice)

Open - Juvenile through Senior Free Skating events will skate an initial and championship round if number of entries warrant (all other events, including test track fs, the initial round is their final round). The number of skaters advancing to the championship rounds will be determined after the closing of entries. Medals will be awarded for first, second, third, and fourth places in the initial and Championship rounds. A trophy will be rewarded to the Championship round winner. Ribbons will be awarded through 6th place in the initial and Championship rounds. Award presentation will be immediately in 30 minute intervals following the flight results.

PRACTICE ICE: Online registration

Practice will be available to competitors beginning on Friday, February 4, 2011, at a fee of \$12.00 per 20 minute session.

Contact Carolyn Holley at cholley@ameritech.net for practice ice registration details. Watch our link at www.sk8stuff.com for the posting of practice times once we post the competition schedule.

Music will not be played during practice ice. **DO NOT SEND PRACTICE ICE MONEY WITH ENTRY FEES.**

Registration for Ice will be first come first serve.

REGISTRATION:

The registration desk will be located in the lobby of the Arena, and will be open one hour prior to the start of the competition each day. Skaters must check in at least one hour prior to their first event. CD's will only be accepted (clearly marked with competitor's name on it) must be left at the registration desk at the time of check-in. All Competitors must have an additional CD's available as back-up during their event at the rink side. Music will be ready for pick up following the event skated. **The coach with the most registered events will receive a \$50.00 prize.**

SCHEDULE OF EVENTS:

A proposed schedule of events at www.sk8stuff.com. All times are approximate, so please plan to arrive in time for your event. Posting of schedule changes and announcements at the registration desk shall constitute sufficient official notice of any changes.

ACCOMMODATIONS:

All events will be held at the Glacier Pointe Arena in Port Huron, MI. The facility has locker rooms, concession area, restaurants, and shopping within walking distance and ample lighted parking.

VIDEO:

As a thank you for being a part of our 2011 competition we are providing you a DVD of the full flight for each event or which you are registered. This service is provided by the Port Huron Figure Skating Club and Ledin to all of our skaters for participating in our competition. Be advised that the DVD will not be mailed. Please pick up the DVD following the posting of results for each event. Videotaping will be provided by **Ledin Video: <http://www.ledinvideo.com/home/index.asp>**

LODGING FOR THE 2011 EDITH SCHEONROCK INTERNATIONAL COMPETITION (there is no host hotel)

Amerihost Inn 1611 North Range Rd. Port Huron, MI 48060 (810) 364-8000	Fairfield Inn by Marriot 1635 Yeager St. Port Huron, MI 48060 (810) 982-4109	St. Clair Inn 500 N. Riverside Ave. St. Clair, MI 48079 (810) 329-2222	Super 8 Motel 1484 Gratiot Blvd. Marysville, MI 48040 (810) 364-7500
Comfort Inn 1700 Yeager St. Port Huron, MI 48060 (810) 982-5500	Hampton Inn 1655 Yeager St. Port Huron, MI 48060 (810) 966-9000	Best Western 2282 Water St. Port Huron, MI 48060 (810) 987-1600	Thomas Edison Inn 500 Thomas Edison Parkway Port Huron, MI 48060 (810) 984-8000

Bed and Breakfast Accommodations:

The Davidson House 1707 Military St. Port Huron, MI 48060 (810) 987-3922	Hill Estate 602 Lakeview Ave. Port Huron, MI 48060 (810) 982-8187	The Sage House 829 Prospect Port Huron, MI 48060 (810) 984-2015
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For further information:

Ronda Bingham Phone: (810)987-4888 or **Linda Dewey** Phone: (810)982-3841
rbingham@ameritech.net covdew@yahoo.com



COMPETITION EVENTS AND ELIGIBILITY:

Skaters may compete at their present free skating test level or one level higher, but not both.

Note: Boys and girls may compete together at low beginner, high beginner, and pre-preliminary.

Program requirements not specified below are defined in rules 3630-3820.

High Beginner

1½ minutes +/-10. May **NOT HAVE** passed their Pre-Preliminary free skating test.
2 Different Solo spins (no flying spin) (min 3 revs). Max: 5 jump elements. ½ rev jumps, salchows, half-loops, toe-loops, and loops allowed in the program. Combination jumps and jump sequences are allowed. Connecting moves and steps should be included throughout the program.

PrePreliminary

1½ minutes +/- 10. Open to skaters who **HAVE NOT** passed the Preliminary free skating test.
Max: 2 spins and 5 jump elements. Single jumps including axels allowed; no double jumps. Other req.

Preliminary

1½ minutes +/- 10. Open to skaters who have passed the Preliminary free skating test; no higher.
Max: 2 spins & 5 jump elements. Jump and spin requirements: see 3701.

PreJuvenile

2 minutes +/- 10. Open to skaters who have passed the PreJuvenile free skating test, or Skate Canada Preliminary FS; no higher.
3 spin & 5 jump elements. Jump and Spin requirements: see 3691.

Open Juvenile - IJS

2¼ minutes +/- 10. Open to skaters who **have** reached the age of 13 as of closing date, and who have passed the Juvenile free skating test or Skate Canada Jr. Bronze FS; no higher.
Max: 3 spins & 5 jump elements. Other req. see 3681

Juvenile - IJS

2¼ minutes +/-10. Open to skaters who **have not** reached the age of 13 as of closing date, and who have passed the Juvenile free skating test or Skate Canada Jr. Bronze FS; no higher.
Max: 3 spins & 5 jump elements. Other req. see 3681

Intermediate - IJS

2½ minutes +/- 10. Open to skaters who have passed the Intermediate free skating test, or Skate Canada equivalent FS; no higher. Max: 3 spins and 6 jump elements. Other req. see 3672

Novice - IJS

3 min +/- 10 Ladies. 3½ min +/- 10 Men. Open to skaters who have passed the Novice free skating test or Skate Canada equivalent FS; no higher.
Max: Ladies 6 jumping element; Men 7 jumping elements. Other req. see 3663

Junior - IJS

3½ min +/- 10 Ladies. 4 min +/- 10 Men. Open to skaters who have passed the Junior free skating test or Skate Canada equivalent FS; no higher. Max: 3 spins & 7 jump elements for ladies (men-8)
Other req. see 3653

Senior - IJS

4 min +/- 10 Ladies. 4½ min +/-10 Men. Open to skaters who have passed the Senior free skating test or Skate Canada equivalent FS. Max: 3 spins & 7 Jump elements for ladies (men-8)
Other req. see 3643

SPINS ONLY EVENT (no music)

Skaters will design a Compulsory Spin Program based on current test level or one level higher. All elements must be skated,

Note: Boys and girls may compete together.

Two marks will be awarded, one for technical merit and the other for presentation of the elements. The technical merit mark will include ice utilization, flow, quality of field elements and creativity.

PRE - PRELIMINARY:

1 minute maximum using 1/2 the ice surface. (3 revolution minimum).

1. One foot forward spin, foot position optional
2. Forward camel spin
3. Forward sit spin
4. Spiral

PRELIMINARY:

1 1/2 minutes maximum using 1/2 the ice surface. (4 revolution minimum)

1. Forward upright spin, no laybacks
2. Sit spin
3. Back scratch spin
4. Spiral, bauer, or spread eagle
5. Footwork sequence of any pattern

PRE-JUVENILE/JUVENILE:

1 1/2 minutes maximum using 1/2 the ice surface. (4 revolution minimum)

1. Camel spin
2. Combination spin with only one change of foot and one spin must be a sit spin
3. Layback or Attitude Spin (Ladies) or Sit Spin (Men)
4. Spiral, bauer, or spread eagle
5. Footwork sequence of any pattern

INTERMEDIATE/NOVICE*:

2 minutes maximum using 1/2 the ice surface. (6 revolution minimum).

1. Flying spin
2. Layback or Attitude Spin (Ladies) or Camel Spin (Men)
3. Combination spin with all 3 positions and at least one change of foot (5 revolution minimum each foot)
4. Spiral, bauer, or spread eagle
5. Footwork sequence of any pattern

JUNIOR/SENIOR*:

2 minutes maximum using 1/2 the ice surface. (6 revolution minimum).

1. Flying spin
2. Layback or Attitude Spin (Ladies) or Camel Spin (Men)
3. Combination spin with all 3 positions and at least one change of foot (6 revolution minimum each foot)
4. Spiral, bauer, or spread eagle
5. Footwork sequence of any pattern

** may be combined*

COMPULSORY MOVES (no music)

Note: Requirements/restrictions are the same as listed under Singles.

Note: Boys and girls may compete together.

All events shall be skated without music, in a program using ½ ice surface. Skaters may not exceed the stated time limit.

If a program exceeds the time limit, that portion of the program will not be judged. *All times listed are maximum.*

Combination jumps are to have no change of foot or turns in between. Axels are considered a single jump.

Additional jumps, spins, or footwork are not permitted. Failed maneuvers may not be re-skated.

Elements must be skated as listed, but may be skated in any order.

Limited Beginner

1 minute or less

1. 1/2 revolution jump
2. Toe-loop
3. Two foot spin (minimum 3 revolutions)
4. Lunge

Beginner

1 minute or less

1. Waltz Jump
2. Salchow jump or toe loop
3. 1/2 Jump
4. Forward upright scratch spin (minimum 3 revolutions)
5. Forward spiral

PrePreliminary

1 1/4 minute or less

1. Single jump (no axel, may not be repeated in combination)
2. Single-single jump combination (no axel)
3. Forward Sit spin (minimum 3 revolutions)
4. Forward outside edge spiral

Preliminary

1 1/2 minute or less

1. Single jump (may not be repeated in combination)
2. Single-single jump combination
3. One foot back spin (position optional, may not commence with a jump, minimum 3 revolutions)
4. Edge Spiral, spread eagle or Ina Bauer
5. Step sequence

PreJuvenile

1 1/2 minute or less

1. Single or Double jump (may not be repeated)
2. Single-single jump combination (must include loop)
3. Solo spin (may not commence with a jump, minimum 4 revolutions)
4. Combination spin with one change of foot, no change of position (may not commence with a jump, minimum 4 revolutions)
5. Step sequence

SHORT PROGRAM (with music)

Additional program requirements as defined in 3610 - 3621.

All Short Programs will be skated with music on full ice.

Skaters may skate up one level, but may enter only one SP event.

Open Juvenile - IJS

2 minutes maximum. Open to skaters who **have** reached the age of 13 by Closing date. and who have passed the Juvenile free skating test and no higher.

Required Elements:

1. Jump combination consisting of two single jumps or one double jump and one single jump.
2. Axel (May not repeat in Combination.)
3. Solo Jump - single jump, double toe-loop jump or double Salchow jump (may not be repeated.)
4. Solo Spin - minimum 4 revolutions in position, may not be commenced with a jump.
5. Combination Spin with only one change of foot and at least one change of position (minimum 4 revolutions each foot).
6. Step sequence (straight line, circular, or serpentine)

Juvenile - IJS

2 minutes or less. Open to skaters who have not reached the age of 13 by closing date. and who have passed the Juvenile free skating test and no higher.

Required Elements:

1. Jump combination consisting of 1 double and 1 single jump or 2 double jumps.
2. Axel (May not repeat in Combination.)
3. Double jump (May not repeat in combination.)
4. Solo Spin - minimum 4 revolutions in position (may not be commenced with a jump).
5. Combination Spin with only one change of foot and at least one change of position (minimum 4 revolutions each foot).
6. Step sequence (straight line, circular, or serpentine)

Intermediate - IJS

2 minutes. Must have passed the Intermediate free skating test and no higher.

Required elements: As stated by the current US Figure Skating Rulebook. (3671).

Novice - IJS

2 minutes 30 seconds. Must have passed the Novice free skating test and no higher.

Required elements: As stated by the current US Figure Skating Rulebook. (3661, 3662)

Junior - IJS

2 minutes 50 seconds. Must have passed the Junior free skating test and no higher.

Required elements:

As stated in the current US Figure Skating Rulebook for 2010-2011, Group C

Senior - IJS

2 minutes 50 seconds. Must have passed the Senior free skating test and no higher.

Required elements: As stated by the current US Figure Skating Rulebook. (3641, 3642).

SOLO DANCE

Solo Dance is open to both Ladies and Men. Ladies and Men may compete together. Skaters may skate any dances at their

<u>Preliminary</u>	Dutch Waltz, Canasta Tango and Rhythm Blues
<u>PreBronze</u>	Cha Cha, Fiesta Tango, and Swing Dance
<u>Bronze</u>	Willow Waltz, Ten-Fox and Hickory Hoedown
<u>PreSilver</u>	14-Step, European Waltz and Fox Trot
<u>Silver</u>	Rocker Foxtrot, Tango and American Waltz
<u>PreGold</u>	Blues, Starlight Waltz, Paso Doble and Killian
<u>Gold</u>	Argentine Tango, Westminster Waltz, Viennese Waltz and Quickstep
<u>International</u>	Cha Cha Congelado, Rhumba and Silver Samba

COUPLES DANCE

Skaters may compete two levels of dance. Final dance will break a tie.

<u>Preliminary</u>	For beginning couple dancers. Dances: Dutch Waltz and Canasta Tango
<u>PreJuvenile</u>	Both partners must have passed two Preliminary Dance Tests but no higher than the Pre-Bronze Dance Test. Dances: Fiesta Tango, Cha Cha and Rhythm Blues
<u>Juvenile</u>	Both partners must have passed the Preliminary Dance Test. Dances: Swing Dance, Fourteenstep
<u>Intermediate</u>	Both partners must have passed the Bronze Dance Test. Dances: Fourteen Step, American Waltz .
<u>Novice</u>	Both partners must have passed at least one Silver Dance Test. Dances: Tango, Kilian

ARTISTIC SHOWCASE

Open themes for each level. Skaters will provide their own music. Vocal music is allowed. A certain amount of jumping

Group 1: Beginner:	1:40 minutes max
Group 2: Pre-Preliminary / Preliminary:	1:40 minutes max
Group 3: Pre-Juvenile / Juvenile:	2:10 minutes max
Group 4: Intermediate and Above:	2:30 minutes max.
Group 5: Adult	2:10 minutes max.

ARTISTIC SHOWCASE (cont'd)

Skaters placing fourth and higher in preliminary and higher artistic/showcase solo events, including adult events, may including adult events, may be qualified to enter the next U.S. Figure skating National Showcase, Please contact Melissa Bowman (patinage_tx@verizon.net), Vice Chair for National Showcase for further information.

ADULT FREE SKATING

Skaters must be a minimum of 21 years of age.

Adult PreBronze Maximum 1 minute 40 seconds. Open to skaters who **have** passed the Adult Pre-Bronze Free Skating Test and no higher. No Lutzs, Axels or double jumps allowed. See 3806

Adult Bronze Maximum 1 minute 50 seconds. Open to skaters who have passed the Adult Bronze Free Skating Test and no higher or the Preliminary Free Skating Test and no higher. No axel or double jumps allowed. Max: 2 spins & 4 jump elements. See 3801

Adult Silver Maximum 2 minutes 10 seconds. Open to skaters who **have** passed Adult Silver Free Skating Test and no higher or the Juvenile Free Skating Test and no higher. No double jumps allowed. Max 3 spins & 5 jump elements. See 3791

Adult Gold - IJS Maximum 2 minutes 40 seconds. Open to skaters who **have** passed the Adult Gold Free Skating Test or the Intermediate Free Skating Test and no higher. Max 3 spins & 6 jump elements. See 3781

Championship Masters Junior-Senior - IJS Maximum 3 minutes 40 seconds. Open to skaters who **have** passed the Novice Free Skating Test or higher. Max: 4 spins & 7 jump elements. See 3741

PAIR FREE SKATING

Balanced program requirements are defined under each level description of the current rulebook. See 4000-4100

PreJuvenile 2:00 minutes +/- 10 seconds.
Must have passed US Figure Skating Pre-Juv Pair Test and no higher.

Juvenile 2 1/2 minutes +/- 10 seconds.
Must have passed US Figure Skating Juvenile Pair Test and no higher.

Intermediate 3 minutes +/- 10 seconds.
Must have passed US Figure Skating Intermediate Pair Test and no higher.

Novice 3 1/2 minutes +/- 10 seconds.
Must have passed US Figure Skating Novice Pair Test and no higher.

Junior 4 minutes +/- 10 seconds.
Must have passed US Figure Skating Junior Pair Test and no higher.



Test Track 2010-11 (effective September 1, 2010)



Skaters may enter EITHER the new test track free skate program or the well-balanced track free skate program but **NOT** both during the same nonqualifying competition. Competitors will skate to music of their choice, vocal music permitted. The 6.0 judging system will be used for all Test Track events.

Deductions WILL be made for skaters including technical elements not permitted in the event description.

- 0.1 from EACH mark for each technical element included that is not permitted in the event description.
- 0.2 from the technical mark for each extra or lacking element.
- 0.1 for any spin with less than required revolutions.

LEVEL	Jumps	Spins	Steps	QUALIFICATIONS
Limited Beginner Time: 1:30 +/- 10	Jumps with not more than one-half rotation (front to back or back to front). Jump sequences are allowed. Maximum 5 jump elements.	Two upright spins, no change of foot (Min 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program.	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge
Beginner Time: 1:30 +/- 10	Jumps with not more than one-half rotation (front to back or back to front including half-loop) Single rotation jumps: Salchow and toe loop only. Jump combinations and sequences are allowed.	Two upright spins, change of foot optional (Min 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program.	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests
Pre-Preliminary Test Time: 1:30 +/- 10 ***	Jumps with not more than one-half rotation (front to back or back to front including half-loop) Single rotation jumps: Salchow, toe loop and loop only. Jump combinations and sequences with the above jumps are allowed. Maximum 5 jump elements.	Two spins held in one position only of a different nature, no change of foot (Min 3 revolutions and no flying spins)	Connecting moves and steps should be demonstrated throughout the program.	Skaters may not have passed tests higher than U.S. Figure Skating pre-preliminary free skate test
Preliminary Test Time: 1:30 +/- 10	Jumps with not more than one rotation (no Axels). Jump combinations and sequences are allowed. Maximum 5 jump elements.	Two spins of a different nature, combination spins allowed (Min 3 revolutions each and no flying spins)	Connecting moves and steps should be demonstrated throughout	Skaters must have passed at least the U.S. Figure Skating pre-preliminary free skate test but may not have passed tests higher than the preliminary free skate test
Pre-Juvenile Test Time: 2:00 +/-10	Jumps with not more than one rotation (no Axels). Jump combinations and sequences are allowed. Maximum 5 jumping elements.	Three spins in any position (Min 3 revolutions), One must be a combination spin with change of foot optional (Min 3 revolutions on each foot or 6 total revolutions and no flying spins).	One step sequence straight line, circular, or serpentine fully utilizing ice surface.	Skaters must have passed at least the U.S. Figure Skating preliminary free skate test but may not have passed tests higher than pre-juvenile free skate test

LEVEL	Jumps	Spins	Steps	QUALIFICATIONS
Juvenile Test Time: 2:15 +/-10	Any single jumps and jump combinations with not more than 1 ½ rotations. (Axel permitted). Maximum 5 jumping elements.	Three spins in any position (Min 4 revolutions) One must be a combination spin with one change of foot (Min 4 revolutions on each foot). May include flying spins.	One step sequence straight line, circular, or serpentine fully utilizing ice surface.	Skaters must have passed at least the U.S. Figure Skating pre-juvenile free skate test but may not have passed tests higher than juvenile free skate test
Intermediate Test Time: 2:30 +/-10	Any single jumps. Double jumps may only be the double Salchow and double toe loop. Jump combinations and sequences allowed. Maximum 6 jumping elements.	Three spins in any position (Min 4 revolutions) One must be a combination spin with at least one change of foot (Min 4 revolutions on each foot). May include flying spins.	One step sequence straight line, circular, or serpentine fully utilizing ice surface.	Skaters must have passed at least the U.S. Figure Skating juvenile free skate test but may not have passed tests higher than intermediate free skate test
Novice Test Time: Ladies 3:00 +/-10 Men 3:30 +/-10	Any single jumps. Double jumps may only be the double Salchow, double toe loop and double loop. Jump combinations and sequences allowed. Maximum 7 jumping elements for men and 6 for ladies.	Three spins in any position (Min 6 revolutions) One must be a combination spin with at least one change of foot (Min 5 revolutions on each foot). May include flying spins.	One step or spiral sequence (see rule 3660 for description).	Skaters must have passed at least the U.S. Figure Skating intermediate free skate test but may not have passed tests higher than novice free skate test
Junior Test Time: Ladies 3:30 +/-10 Men 4:00 +/-10	Any single jumps. Double jumps may only be the double Salchow, double toe loop, double loop and double flip Jump combinations and sequences allowed. Maximum 8 jumping elements for men And 7 for ladies.	Three spins: One must be a spin in one position, one a flying spin, (6 revolutions each) one combination spin consisting of all three basic spin positions and one change of foot (Minimum 2 in each position and Minimum 5 revolutions on each foot).	One step sequence of advanced difficulty, covering the full ice surface. (See rule 3650 for description)	Skaters must have passed at least the U.S. Figure Skating novice free skate test but may not have passed tests higher than junior free skate test
Senior Test Time: Ladies 4:00 +/-10 Men 4:30 +/-10	At least four different double jumps One must be a double Lutz. Jump combinations and sequences allowed. Maximum 8 jumping elements for men and 7 for ladies.	Three spins: One must be a spin in one position, one a flying spin, (6 revolutions each) one spin combination consisting of all three basic spin positions and one change of foot (Minimum 2 in each position and Minimum 5 revolutions on each foot).	Men: Two different step sequences. Ladies: One step sequence and one spiral sequence (see rule 3640 for description).	Skaters must have passed at least the U.S. Figure Skating junior free skate test