



Skate the Mountain, Event #10 Saturday, September 24, 2011

2011 Michigan Basic Skills Series Competition Mission Statement

To give our skaters a chance to develop their USFS Basic Skills in a fun competitive environment. During the competition season - skaters will have the chance to compete at many different clubs and arenas and earn points for a final standing.

A skater may participate in either Freeskating and/or Compulsory/Elements events in any of the Michigan Basic Skills Series Competitions to be eligible for accumulating points. Awards will be presented to skaters with the highest point totals. These awards will take place - on the ice - at the Midland Competition - November 5, 2011

<u>Series Point System</u>

The Freeskating events and the Compulsory/Elements events in each of the Series Competitions will be eligible for accumulating points. Each event will have a maximum of 6 skaters. The system for scoring points for the final

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If an event has 2-6 skaters, the points will be awarded as if there were 6 skaters in the group. If there is only one skater in the group, they will be awarded 3 points. At the end of the Series, in the case of total points tied, all skaters tied for a place will be awarded a medal, no ties will be broken.

Points are accumulated for Compulsory and Free Skate events separately.

Medals will be awarded (1-3 Place) in each level as highlighted in each announcement. Beyond the Basics <u>will NOT</u> be counted in the Freeskate and Elements/Compulsory Program Series for this 2010 season. Spins, Dance, Pairs, Theatre On Ice, Synchronized Teams, and Showcase Events <u>will Not</u> be counted for this 2011 season. At the end of the 2011 Series Season any skaters who moved up a level will be awarded 6 bonus points [6 points only whether they move up one level or more]. All points follow the skater throughout the year.

Please Note: The USFS Michigan Basic Skills Series is sponsored equally by all the participating ice rinks and/or USFS member clubs. Competition announcements and packages will be available at all participating ice rinks and/via the club or rink websites as well as <u>www.sk8stuff.com</u>. Each competition will have its own entry forms and specific rules - so please make sure to read the entire announcement for each competition.

5th Annual USFS Michigan Basic Skills Series – Hosted by the following:

Event #1 – Lansing Basic Skills	Event #2 – Tulip City Classic	Event #3 – Arctic Basic Skills
March 12, 2011	March 26, 2011	April 3, 2011
Entry Deadline – February 25, 2011	Entry Deadline – March 1, 2011	Entry Deadline – March 15, 2011
Suburban Ice – East Lansing	Edge Ice Arena	Arctic Edge Ice Arena
2810 Hannah Blvd	4444 Holland Avenue	46615 Michigan Avenue
East Lansing, Michigan 48823	Holland MI 49424-8279	Canton MI 48188
Contact: Meghan Carmody	Contacts: Scott Chiamulera	Contact: Diane Keils
Phone: 734-417-8967	scottedgeice@aol.com -616/738-0733	dmkeils@aol.com or
lansingbasicskills@yahoo.com OR	OR Jenifer VanZanten	arcticfsclub@gmail.com
marge2486@yahoo.com	vanzanten5@att.net -616/393-6789	arcticisciub@ginali.com
Event #4 – Mountain Town Classic	Event #5 - Skate the Zoo	Event #6 – Summer Swizzle
April 9, 2011	May 7, 2011	June 18, 2011
Entry Deadline – March 25, 2011	Entry Deadline – April 25, 2011	Entry Deadline: June 1, 2011
The I.C.E. Arena	S2 Ice Arena	Farmington Hills Ice Arena
5165 East Remus Road	5076 Sports Drive	35500 Eight Mile Road
Mt. Pleasant MI 48858	Kalamazoo MI 49009	Farmington Hills MI 48335
Contact: Ginni Phillips	Contact: Amy Bauer	Contact: Helene Garber
Phone: 989-560-3871; Work 989-775-9148	sk8Amy02@aol.com	Phone: 734/968-7421
gpsk8r@gmail.com		summerswizzleskate@gmail.com.
Event #7 – Summer Chill Basic Skills	Event #8– Muskegon Lakeshore	Event #9 – Crossover to the North
July 16, 2011	Summer Freeze	September 3, 2011
Entry Deadline: July 1, 2011	August 6, 2011	Entry Deadline: August 12, 2011
Novi Ice Arena	Entry Deadline – July 20, 2011	Otsego County Sportsplex
42400 Arena Drive	Lakeshore Sports Centre	1250 Gornick Avenue
Novi MI 48375	4470 Airline Road	Gaylord MI 49735
Contact: Heather Bauer	Muskegon, MI 49444	Contact: Micki Elliott
Phone: 248-305-5328 OR 248/420-0405	Contact: Lisa Fierro	Cell: 734-474-9487; Work: 989-745-6137
bauerhe@northville.k12.mi.us	Phone: 231-343-5919	mickilofl@hotmail.com
	<u>Sk8mlfsc@yahoo.com</u>	
Event #10- Skate the Mountain –	Event #11 – Dearborn Basic Skills	Event #12– Plymouth FSC Basic Skills
Sept 24, 2011	Comp – October 8, 2011	October 29, 2011
Entry Deadline: September 10, 2011	Entry Deadline: Sept 20, 2011	Entry Deadline: October 14, 2011
Ice Mountain Arena Complex	Dearborn Ice Skating Center	Compuware Sports Arena
5371 Avalanche Drive	14900 Ford Road	14900 Beck Road
Burton MI 48509	Dearborn MI	Plymouth MI 48170
Contact: Jacklinn Brayan	Contact: Holly Teets	Contact: Jennifer Hancock
Cell: 810-513-1283; Work 810-744-0800	Cell: 313-319-0043;Work 313-943-4098	Phone: 313-605-4667
IMFSC@sbcglobal.net	hteets@ci.dearborn.mi.us	jendejohn@hotmail.com
Event #13 – Tuxedo Invite Basic Skills	Event #14 – Skate Midland	
		SERIES AWARDS
October 30, 2011	November 5, 2011	
Entry Deadline: October 15, 2011	Entry Deadline: October 15, 2011	CEREMONY
Bowling Green State University Arena	Midland Civic Arena	in thesis Skiller
417 N Mercer Rd	405 Fast Ice Drive	
Bowling Green, OH 43403	Midland MI 48642	
Contact: Pat Rabb	Contact: Karen Boswell	
Phone: 419-354-4730	Phone: 989-695-4832	on the ice at the
Rabb1960@metalink.net	<u>drkaboswell@aol.com</u>	
		Midland Competition





Skate the Mountain - Basic Skills Competition Ice Mountain Figure Skating Club Ice Mountain Arena ♦ 5371 Avalanche Drive ♦ Burton, Michigan 48509 810-744-0800 www.icemountainarena.com

September 24, 2011 Entry Deadline: September 10, 2011

The Skate the Mountain, sponsored by the Ice Mountain Figure Skating Club will be held at the Ice Mountain Arena on September 24, 2011. The ice surface is standard NHL size. This is a United States Figure Skating] approved Basic Skills Competition. The sanctions will be posted on the official competition bulletin board. Questions regarding this competition should be directed to Jacklinn Brayan, IMFSC@sbcglobal.net or 810-513-1283. E-mail communications are preferred.

Mission Statement – The purpose of this competition is to promote a fun, introductory, competitive experience for the beginning skater.

Eligibility - The Competition is open to ALL skaters who are current eligible (ER.100) members of either the Basic Skills Program and/or are full members of US Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Basic Skills Program/Club or any other Basic Skills Program/Club. Eligibility will be based on skill level as of closing date of entries. All SNOWPLOW SAM and **BASIC SKILLS SKATERS THROUGH BASIC 8 must** skate at highest level passed and NO official US Figure Skating tests may have been passed including MIF or individual dances. For the Test Track and Well Balanced levels, eligibility will be based only upon highest free skate test level passed (moves in the field test level will not determine skater's competitive level). Skaters may skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition

Rules – The competition will be conducted under the rules set forth by the US Figure Skating "Basic Skills Competition Manual" program.

Entry Fees – The first event is \$40.00 [Events not eligible for Series points will be \$50.00 for first event], and each additional event is \$20.00. All entries must be

postmarked no later than September 10, 2011. Late entries will be accepted at the discretion of the organizers, and are subject to a possible \$15.00 late fee. Entry fees are per person, U.S. dollars.

Entry forms must be filled out legibly and completely and mailed with a check made payable to Ice Mountain Figure Skating Club to:

Jacklinn Brayan 2461 E. Baldwin Road Grand Blanc, MI 48439 There will be a \$35.00 fee for returned checks.

Awards – <u>All competitors will receive a medal</u>. All events are final rounds. ALL awards will be made at appropriate times throughout the competition.

Registration – The registration table will be open 1 hour before the competition begins. Skaters will not be allowed to compete until they have registered. *Please register at least one hour before your competition time*.

Schedule of Events – Schedule will be posted on the Internet at the Figure Skater's Website, www.sk8stuff.com.

Music – The music for all free skating programs with music supplied by skater should be provided on CD. The CD is to be turned in at registration. Competitors must have a spare CD at rink side to be used in case of technical difficulties.

Practice Ice – Practice Ice will be available in 20-minute sessions. Details will be provided in a mailing prior to the competition date. Sign-in and pay \$8.00 at the door.

Awards will be handed out and a podium will be available for group and individual photos.



BASIC ELEMENTS AND PROGRAM W/MUSIC EVENT: SNOWPLOW SAM – BASIC 8

BASIC ELEMENTS

- To be skated on 1/3 to 1/2 ice
- No music
- All elements must be skated in the order listed. Each skater will perform each element only when directed by a judge or referee. Skaters are allowed one retry per element. If skater wants to retry, she/he should raise their hand immediately. If the skater attempts a retry, only the retry will count for that element.

BASIC PROGRAM W/MUSIC

- The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc. unless otherwise specified.
- To be skated on full ice
- Vocal music is allowed
- The skater may use elements from a previous level.
- A .2 deduction will be taken <u>for each</u> element performed from a higher level
- Time: 1:00 +/- 10 seconds

Snowplow Sam - Tots:1. March followed by a two foot glide and dip2. Forward two foot swizzles 2-3 in a row3. Backward wiggles 2-6 in a row4. Forward snowplow stop	Basic 5: 1. Backward outside edge on a circle clockwise or counterclockwise [not required for program with music] 2. Backward crossovers 4-6 consecutive - both directions 3. Basic one foot spin - free leg held to side of spinning leg - minimum of three revolutions 4. Side toe hop -either direction 5. Hockey stop
Basic 11. Forward two foot glide and dip2. Forward two foot swizzles 6 -8 in a row3. Backward wiggles 6-8 in a row4. Forward snowplow stop	Basic 6: 1. Forward inside three turn from a standstill - R & L 2. Bunny Hop 3. Forward spiral on a straight line - R or L 4. Lunge - R or L 5. T-stop - R or L
 Basic 2 1. Forward one foot glide - <u>either foot</u> 2. Forward alternating ½ swizzle pumps, in a straight line - <u>2-3 each foot</u> 3. Two foot turn in place forward to backward 4. Backward two foot swizzles <u>6 - 8 in a row</u> 5. Moving snowplow stop 	Basic 7: 1. Forward inside open Mohawk - <u>R to L and L to R</u> 2. Ballet Jump - <u>either direction</u> 3. Back crossovers to a back outside edge landing position <u>clockwise and counter clockwise</u> 4. Forward inside pivot
 Basic 3 Forward stroking Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise <u>4-6 consecutive</u> Backward one foot glide - <u>either foot</u> Forward slalom Two foot spin – <u>minimum 3 revolutions</u> 	 Basic 8: Moving forward outside or forward inside three turns <u>R & L</u> Waltz jump Mazurka - <u>either direction</u> One combination move - <u>clockwise or counter clockwise</u> – two forward crossovers into FI Mohawk, step behind, step into one back crossover and step to a forward inside edge Beginning one-foot upright spin - <u>free foot held to side of</u> spinning leg or crossed position minimum 3 revolutions
Basic 4 1. Forward outside three turn from a standstill 2. Forward outside edge on a circle clockwise or counter clockwise [not required for program with music] 3. Forward crossovers 4. Backward stroking 4-6 strokes 5. Backward snowplow stop - R or L	



<u>All events listed on this page are eligible for</u> <u>Michigan Basic Skills Series Points</u>

Compulsory Events

- To be skated on ½ of ice surface. In program form, using a limited number of connecting steps, the skating order of the required elements is optional
- No music is allowed
- The skater must demonstrate the required elements and may use any additional elements from previous levels.
- A .2 deduction will be taken <u>for each</u> element performed from a higher level
- Skaters have the option to skate one level higher in compulsories than their free skate program

LEVEL		ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
Limited Beginner	1.	Waltz jump	Skaters may not have passed tests higher than U.S. Figure Skating	Time: 1:15
Compulsory	2. 3.	½ jump of choice Forward two foot or one foot spin (free leg position optional) – minimum 3 revolutions	Basic Skills free skate badge tests	
	4.	Forward or backward spiral		
Beginner	1.	Toe loop jump	Skaters may not have passed tests	Time:1:15
Compulsory	2.	Salchow jump	higher than U.S. Figure Skating	
	3.	Forward scratch spin – minimum 3 revolutions	Basic Skills free skate badge tests	
	4.	Forward <u>or</u> backward spiral		
No Test	1.	Loop jump	Skaters may not have passed tests	Time:1:15
Compulsory	2.	Jump combination to include a toe loop (<u>may not use a loop or</u> <u>Axel</u>)	higher than U.S. Figure Skating Basic Skills free skate badge tests,	
	3.	Solo spin- sit or camel spin – minimum 3 revolutions	no official U.S. Figure Skating free	
	4.	Spiral sequence- must include a forward and backward spiral.	skate tests passed	
		Additional spirals and balance moves such as Ina Bauers, spread eagles, lunges and shoot the ducks may be included.		

Free Skate Events

Skaters may enter EITHER the new test track free skate program or the well-balanced track free skate program but NOT both during the same nonqualifying competition. Competitors will skate to music of their choice, vocal music permitted. Deductions WILL be made for skaters including technical elements not permitted in the event description.

- 0.1 from EACH mark for each technical element included that is not permitted in the event description.
- 0.2 from the technical mark for each extra or lacking element .
- 0.1 for any spin with less than required revolutions.

LEVEL	Jumps	Spins	Steps	QUALIFICATIONS
Limited Beginner Time: 1:30 +/- 10	 Maximum of 5 jump elements Jumps with not more than ½ rotation [front to back or back to front]. Max 2 jump sequences allowed. Max 2 of any same jump 	 Max 2 spins Two upright spins, no change of foot or flying entry Min 3 revolutions 	 Connecting moves and steps should be demonstrated throughout the program. 	May not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests
Beginner Time: 1:30 +/- 10	 Maximum of 5 jump elements Jumps with not more than ½ rotation [front to back or back to front including half-loop] Single rotation jumps: Salchow and Toe Loop only. Max 2 jump combinations/ sequences with the above jumps allowed. Max 2 of any same type jump 	 Max 2 spins Two upright spins, change of foot optional, no flying entry Min 3 revolutions 	 Connecting moves and steps should be demonstrated throughout the program 	May not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests
	WELL BALANCED FREE S	KATE [U.S. Figure Skatin	g Rulebook Requirements	5]
No Test Time: 1:30 +/-10 No Test (continued)	 Maximum of 5 Single Jumps [NO AXELS] Max 2 combos or sequences [Combos limited to 2 jumps] Number of jumps in sequence Is not limited 	 Maximum of 2 spins of a different nature Min. 3 revolutions Spins may change Feet and start with a Fly 	 One step sequence utilizing ½ ice surface Straight line, circular Or serpentine 	May not have passed any official U.S. Figure Skating free skate tests.



<u>Events listed on this page are NOT eligible for</u> <u>Michigan Basic Skills Series Points</u>

Compulsory Events

- To be skated on ½ of ice surface. In program form, using a limited number of connecting steps, the skating order of the required elements is optional
- No music allowed
- The skater must demonstrate the required elements and may use any additional elements from previous levels.
- A .2 deduction will be taken <u>for each</u> element performed from a higher level
- Skaters have the option to skate one level higher in compulsories than their free skate program

LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
Pre- Preliminary	 Flip jump Jump combination waltz jump/toe loop jump OR Salchow/toe loop jump. Solo spin –sit or camel spin – minimum 3 revolutions Spiral sequence – must include a forward and backward spiral. Additional spirals and balance moves [Ina Bauers, spread eagles, lunges and shoot the ducks may be included]. 	May not have passed tests higher than U.S, Figure Skating pre-preliminary free skate test	Time: 1:15
Preliminary	 Lutz jump Single jump combination [may not use Lutz or Axel] Camel spin – minimum 3 revolutions Spiral sequence – must include a forward and backward spiral. Additional spirals and balance moves [Ina Bauers, spread eagles, lunges and shoot the ducks may be included]. 	Must have passed the U.S. Figure Skating pre- preliminary free skate test but may not have passed higher than preliminary free skate	Time: 1:15



<u>Events listed on this page are NOT eligible for</u> <u>Michigan Basic Skills Series Points</u>

Free Skate Events

Skaters may enter EITHER the test track free skate program or the well-balanced track free skate program but **NOT** both during the same non-qualifying competition. Competitors will skate to music of their choice, vocal music permitted.

Deductions WILL be made for skaters including technical elements not permitted in the event description.

- 0.1 from EACH mark for each technical element included that is not permitted in the event description.
- 0.2 from the technical mark for each extra **or** lacking element .
- 0.1 for any spin with less than required revolutions.

	COMPETITIVI	E TEST TRACK FREE S	KATE	
LEVEL	Jumps	Spins	Steps	QUALIFICATIONS
Pre- Preliminary Time: 1:30 +/- 10	 Maximum of 5 jump elements. Jumps with not more ½ rotation [front to back or back to front]. Single rotation jumps: Salchow, toe loop and loop jump ONLY Max 2 jump combinations or sequences Max 2 of any same type jump 	 Max 2 spins Two spins of a different nature, one position only, no change of foot, no flying entry. Min 3 revolutions 	1. Connecting moves and steps should be demonstrated throughout the program	May not have passed tests higher than U.S, Figure Skating pre- preliminary free skate test
Preliminary Time: 1:30 +/- 10	 Maximum of 5 jump elements Jumps with not more than one rotation [no axels]. Max 2 jump combinations or sequences Max 2 of any same type jump. 	 Max 2 spins: One spin in one position, no change of foot, no flying entry (3 revolutions min) One consisting of a fror scratch to back scratch exit on spinning foot no mandatory (Min 3 revs each foot). 	n, on	Must have passed the U.S. Figure Skating pre-preliminary free skate test but may not have passed higher than preliminary free skate
	WELL BALANCED FREE SKATE			
Pre- Preliminary Time: 1:30 +/- 10	 Single jumps – axel permitted – no doubles Max 2 combos or sequences [Combos limited to 2 jumps] Number of jumps in sequence Is not limited, axel may be repeated as individual jump, combo or sequence [Max 2 axels] Maximum of 5 jump elements. 	 Maximum of 2 spins of different nature Spins may change feet and start with a fly Minimum 3 revolution 	utilizing ½ the ice surface 2. Straight line, circular	May not have passed tests higher than U.S, Figure Skating pre- preliminary free skate test
Preliminary Time: 1:30 +/- 10	 1 Axel or Waltz jump type jump Max 2 combos/sequences - Combos limited to 2 jumps, Number of jumps in sequence not limited 2 different double jumps allowed (double Salchow, Toe or Loop only) Axel and no more than 2 different double jumps may be repeated as individual jumps, combos, or in sequences. Max of 2 Axels or any double jump 	 Maximum of 2 spins of different nature Spins may change feet and start with a fly Minimum 3 revolutions 	t utilizing ½ the ice surface 2. Straight line, circular	Must have passed the no higher than U.S. Figure Skating preliminary free skate



LEVEL	ELEMENTS	QUALIFICATIONS
Basic Skills	1. Waltz Jump	Basic 6 – No Test
	2. Half Flip or Half Lutz	
Beginner	1. Salchow	Must not have passed the Pre-
	2. Toe Loop Combination	Preliminary Free Skate Test
Pre-Preliminary	1. Lutz Jump	Must have passed no higher than the
	2. Waltz Jump/Loop Jump Combination	Pre-Preliminary Free Skate Test
Preliminary	1. Axel	Must have passed no higher than the
	2. Single-Single Combination (no axel)	Preliminary Free Skate Test

Additional Events

The following events will not be eligible for the Michigan Basic Skills Series Points.

DANCE – SOLO

Skaters may enter no more than 3 dances Referee will determine # of patterns

Preliminary
Dutch Waltz
Canasta Tango
Rhythm Blues

SPINS

No music on half-ice. Spins should be skated exactly as stated and in this order. Skaters will perform one spin at a time (no excessive connecting steps). Skaters will be given one opportunity to perform each spin. Groups will be divided according to Basic/Free Skate test level. Spins should be a minimum of three revolutions each.

LEVEL	ELEMENTS	
Basic Skills	1. Forward pivot-either foot	
	2. Two foot spin	
	3. Forward one foot spin	
Free Skate 1-6, Beginner, No Test	1. Two Foot Spin	
	2. Forward one foot spin	
	3. Sit spin	
Pre-Preliminary	1. Forward Scratch Spin	
	2. Backward One Foot Spin	
	3. Camel Spin	
Preliminary	1. Forward Scratch Spin	
	2. Backward One Foot Spin	
	3. Combination spin of choice – minimum	
	two changes of position or foot	

JUMPS

- To be skated on $\frac{1}{2}$ of the ice surface.
- Skater will perform 2 different jumps with 2 opportunities for each. The best jump of each will be judged.
- No music will be allowed.
- Boys and girls may be grouped together.



INTERPRETIVE PROGRAMS

During warm-up skaters will hear music selection twice. Following the warm-up all skaters except for the first skater will be escorted to a soundproof locker room or another area of the arena. The first skater will hear the music one more time and then perform a program to the music. As each skater performs the next skater will be allowed to hear the music for the 3rd time. The listening skater will not be allowed to view the performing skater.

LEVEL	ELEMENTS/MUSIC THEME	QUALIFICATIONS	PROGRAM LENGTH
Beginner	No flying spins or combination spins MUSIC THEME:	Basic 7 – No Test	1:15 minutes or less
Pre-Preliminary	No flying spins, axels or double jumps	Passed no higher than Pre-	1:30 minutes or less
	MUSIC THEME:	Preliminary Free Skate Test	
Preliminary	No double jumps	Passed no higher than Preliminary	1:30 minutes or less
	MUSIC THEME:	Free Skate Test	

ARTISTIC SHOWCASE

Artistic/Showcase events are open to skaters in Basic, Free Skate, Limited Beginner through Preliminary and Adult Bronze. Groups will be divided by number of entries and ages if possible. Skaters must enter at the same level as their free skate event or highest test level of skater's in the group ensemble or production number. If a free skate event is not being entered, skaters must enter at their current test level or one level higher. Vocal music is permitted.

Skaters will be judged on musical interpretation and feeling, expression, and how the skating relates to the music. Show costumes are permitted, as long as they do not touch or drag on the ice. Props and scenery must be placed and removed by unaided singles and duet competitors within one minute and by unaided ensemble contestants within two minutes for setup and two minutes for removal.

6.0 Judging will be used. Deductions will be made for skaters including technical elements not permitted in the event description. A .2 deduction will be assessed by the referee against each judges' mark for each five seconds in excess of the time allowed for the performance, for handling props and scenery and for scenery assistance.

Categories may include:

- Light entertainment
- Dramatic entertainment
- Duets
- Small Ensembles (3-7 skaters)
- Group Production (8-30 skaters)

LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
Basic 1 - 8	Elements only from Basic 1 -8 curriculum	May not have passed any higher than Basic 8	Time 1:00 Max
Free skate 1-6, Limited Beginner, Beginner, Adult 1-4	3 jump maximum, ¹ / ₂ rotation jumps only, plus the following full rotation jumps: salchow and toe loop.	May not have passed any official USFS Free Skating Tests	Time 1:30 Max
No Test, Pre- preliminary, Adult Pre- Bronze	3 jump maximum. No axels or double jumps permitted.	Must have passed no higher than USFS Pre-Preliminary Free Skate or Adult pre-Bronze Test	Time 1:30 Max
Preliminary, Adult Bronze	3 jump maximum. Axels are permitted, but no double jumps allowed.	Must have passed no higher than USFS Preliminary Free Skate Test or Adult Bronze test	Time 1:40 Max



TEAM COMPULSORIES

2 to 4 skaters are allowed

Each skater must perform a minimum of one element

Judging done with one mark for each element (skater) for total team points

1) Waltz Jump 2) 1/2 jump of choice 3) Forward two foot or one foot spin (free leg position optional) 4) Forward or backward spiral Beginner 1) Tas least image
3) Forward two foot or one foot spin (free leg position optional) 4) Forward or backward spiral Beginner
4) Forward or backward spiral Beginner
Beginner
1) Toe loop jump
2) Salchow jump
3) Forward scratch spin
4) Forward or backward spiral
No Test
1) Loop jump
2) Jump combination to include a toe loop (may not use a loop or Axel)
3) Solo spin- sit or camel spin
4) Spiral sequence- must include a forward and backward spiral.
Pre-Preliminary
1) Flip jump
2) Jump combination waltz jump/toe loop jump OR salchow/toe loop jump
3) Solo spin- sit or camel spin
4) Spiral sequence- must include a forward and backward spiral.



SYNCHRONIZED SKATING

Beginner 1 A team of 8 to 16 skaters. The majority of the team must be under 9 on the preceding July 1. Program duration: 1 ¹/₂ - 2minutes +/- 10 sec.

Required elements:

- a. Circle: 1 circle, include a 2-foot turn and a fwd inside and/or forward outside edge glide
- b. Line: Cover the ice and include only forward skating skills.
- c. **Block**: Cover the ice and include only one configuration.
- d. Wheel: A 4-spoke wheel with backward pumps.
- e. Intersection: 2 lines facing each other, forward 2-foot glide at the point of intersection.

RESTICTIONS:

- No additional elements allowed.

- Holds may only include shoulder-to-shoulder and hand-to-hand.
- No changes or direction and traveling within elements.
- No steps or moves in Basic 6 or higher.

Beginner 2 A team of 8 to 16 skaters. The majority of the team must be 9-11 years old on the preceding July 1.

Program duration: $1\frac{1}{2}$ - 2minutes +/- 10 sec.

Required elements:

- a. Circle: 1 circle, include the combination move* from Basic 8
- b. Line: Cover the ice may include both forward and backward skating skills.
- c. **Block**: Cover the ice and include 1 or 2 configurations.
- d. Wheel: Wheel of choice with backward pumps.
- e. Intersection: 2 lines facing each other, forward 1 or 2 foot glide at the point of intersection.

RESTRICTIONS:

- No additional elements allowed.

- Holds may only include shoulder-to-shoulder and hand-to-hand
- No changes or direction and traveling within elements.
- No steps or moves in Free Skate 2 or higher.

Beginner 3 A team of 8 to 16 skaters. The majority of the team must be at least 12 years old on the preceding July 1 Program duration: 2–2 ¹/₂ minutes +/- 10 sec.

Required elements:

- a. Circle: 1 circle, include the combination move* from Basic 8
- b. Line: Cover the ice must include both forward and backward skating skills.
- c. Block: Cover the ice and include 2 or 3 configurations.
- d. Wheel: Wheel of choice.
- e. Intersection: 2 lines facing each other, fwd 1-foot glide or lunge at point of intersection.

RESTRICTIONS:

-No changes or direction and traveling within elements.

* The combination move is element C in Basic 8: Two forward crossovers into a forward inside mohawk, step down or cross behind, step into a backward crossover, step forward onto a forward inside edge glide. It does not need to be repeated, and does not need to be done in both directions.



Skate the Mountain, Event #10 Entry Form [PLEASE PRINT CLEARLY]



Name			Age	Birth Date	
Address	Last	First	City		
	7:-	Area Cada (Phana #	Conty		
State	Zip	Area Code/Phone #	OKI		
Home Club			USFSA #		
Male	Female	Name of Parent/Guardian			
E-Mail Address					

\$40 First Event \$20 Each Additional Event		\$50	\$50 First Event \$20 Each Additional Event		
		\$20 Each			
Basic Compulsory	Compulsory		Jumps Events		
Snowplow Sam*	Limited Beginner *	Compulsory	Basic Skills		
Basic 1 *	Beginner *	Pre-Preliminary	Beginner		
Basic 2 *	No Test *	Preliminary	Pre-Preliminary		
Basic 3 *	Free Skate	Free Skate	Pr <mark>el</mark> iminary		
Basic 4 *	Limited Beginner *	Pre-Preliminary			
Basic 5 *	Beginner *	Preliminary	Artistic Showcase		
Basic 6 *			Basic Skills		
Basic 7 *	WELL - BALANCED	WELL - BALANCED	Beginner		
Basic 8 *	Free Skate	Free Skate	Pre-Preliminary		
	No Test *	Pre-Preliminary	Preliminary		
Basic Prog w/ Music		Preliminary			
Snowplow Sam*	Tests Passed:				
Basic 1 *	Freestyle:	Spins Event	Interpretive Program		
Basic 2 *		Basic Skills	Beginner		
Basic 3 *		Beginner	Pre-Preliminary		
Basic 4 *		Pre-Preliminary	Preliminary		
Basic 5 *		Preliminary			
Basic 6 *			Team Compulsory		
Basic 7 *		Dance	Limited Beginner		
Basic 8 *		Dutch Waltz	Beginner		
		Canasta Tango	Pre-Preliminary		
		Rhythm Blues	Preliminary		

 Team Compulsory – Team Name_____

 Skaters:1
 2
 3______

<u>Events listed above with an * after them will be eligible for Michigan Basic Skills Series Points</u> <u>Entry Fees are not refundable after the entry deadline unless an event is cancelled</u>. If you are not a USFSA member add \$15 to fee / enter through our Basic Skills Program

First Event		\$
Additional Event	\$	
Additional Event	<u>\$</u>	
Additional Event	<u>\$</u>	
Join USFSA		\$
TOTAL:	<u>\$</u>	

ENTRIES MUST BE POST MARKED BY September 10, 2011

Mail form and fees to: Jacklinn Brayan 2461 E. Baldwin Rd. Grand Blanc, MI 48439

Make check or money order payable to:

Ice Mountain Figure Skating Club



Certification of Competitor

Competitor Name:_____

The competitor is eligible to enter the events checked. It is agreed that the competitor and family hold the Ice Mountain Figure Skating Club, Ice Mountain Arena, and any affiliates harmless from any and all liability either during practice or the competition, from any and all liability for damages to or loss of property.

As a participant, or parent/guardian of a minor participant, in the Skate the Mountain/Basic Skills Series, I understand that the Skate the Mountain/Basic Skills Series, or its agents, may take photographs, video and/or film of my, my minor's and/or my family's involvement, participation, viewing or interaction at Skate the Mountain/Basic Skills Series scheduled ice time, activities, classes or events. I hereby authorize the taking and use of such photographs, video, film or likeness of myself, my minor child (or children), and/or my family in all forms and media and in all manners, including composite or other representations, for any lawful and legitimate Skate the Mountain/Basic Skills Series purpose, including dissemination and distribution of the same; and further waive any right to approve or object to any finished, modified or derivative product or media

Parent/Guardian Signature	Date
Club Officer/Program Director	Date
COMPETITOR SIGNATURE	Date
Coach Signature: Pr <u>Are you registered on USFS Coaches Registry for 2010-2</u> <u>If you are not registered, go to www.usfigureskating.org</u> , or <u>follow the instruction for registration.</u> <u>COACHES WILL BE REQUIRED TO CHECK IN A</u>	011? Yes □ USFS # click on the Coaches Registration button and
Phone E-mail Address:_	Please print clearly
<u>CHECKLIST [please be sure the following is included]:</u>	
Entry form with USFSA NumberClub Of	ficer/Program Director Signature
Check payable to Ice Mountain Figure Skating Club	Events to be entered checked properly



BEGINNER SYNCHRONIZED SKATING / ENTRY FORM

Name of the team:	
Name of the club of program represented:	
Name of contact person:	
E-mail address: Phone #	
Mailing address	
Name of instructor:	
E-mail address: Phone #	
Level: Beginner 1 Beginner 2	Beginner 3

ENTRY FEE - \$50 per team, \$5 per skater

Team Fee:	<u>\$</u>	50.00
Number of skaters x \$5 each =	<u>\$</u>	
Total Entry Fee:	\$	

Please make checks payable to IMFSC and postmark by September 10, 2011: Ice Mountain Figure Skating Club C/O Jacklinn Brayan 2461 E. Baldwin Road Grand Blanc, MI 48439

TEAM ROSTER Please list skaters in alphabetical order.

Skater's Name	Membership #	Age

(Must Attach Signed Waiver from Entry Form Page 12)



Accomodations

Holiday Inn Gateway Centre

5353 Gateway Center (I-75 at US-23) 150 Rooms, Jacuzzi Rooms, Jacuzzis, Indoor Pool, Restaurant, Meeting Facilities Flint, MI 48507 Approximately 10 minutes from Arena (800) 465-4329 or (810) 232-5300

Super 8 East

G-1341 S. Center Road (at I-69), Burton 48509 68 Rooms, free continental breakfast, Jacuzzi Rooms, Restaurant, Meeting Facilities. Approximately 5 minutes from Arena. (810) 743-8850

Comfort Inn - Davison

10082 Lapeer Road (I-69 at M-15 exit), Davison 48423 67 Rooms, Free Continental Breakfast, Jacuzzis, Outdoor Pool, Restaurants Nearby. Approximately 7 minutes from Arena. (810) 658-2700

Directions

Ice Mountain Arena Complex, located north of I-69 in Burton, Michigan. Approximately 10 minutes East on I-69 from the I-75 and US-23 Connection located in Flint, Michigan.

