

Michigan Basic Skills Series Camp 2010



9:15 – 9:45 a.m.	Registration
9:45 – 10:00 a.m.	Introductions to Skaters <i>Susi Wehrli-McLaughlin</i>
10:00 – 10:20 a.m.	Off-ice Warm up Class #1 <i>Julie Mitts</i>
10:30 – 11:15 a.m.	Basic Stroking, Edges, Moves in the Field <i>Susan Moran</i>
11:15 a.m. – Noon	Jumps / Spins (divided by level and ability) <i>Brenda Glidewell/Micki Freier</i>
Noon- 12:45 p.m.	Lunch break
12:45 – 1:30 p.m.	Off-ice Movement Class #2 <i>Performing Arts Academy</i>
1:30 – 1:45 p.m.	Skates on – warm up on ice
1:45 – 2:15 p.m.	Beginning ice dance <i>Susan Moran</i>
2:15 – 2:45 p.m.	Taste of Synchro <i>Kathy MacMillan</i>
2:45 – 3:15 p.m.	'Surprise' session <i>Susi Wehrli-McLaughlin</i>
3:15 – 3:50 p.m.	OLYMPIC EXHIBITION Practice ice
3:50 – 4:00 p.m.	Wrap up and dismissal

Parent Track

9:45 – 10:00 a.m.	Introductions to Parents <i>Don Korte</i>
10:00 – 10:45 a.m.	Understanding the judging systems <i>Don Korte</i>
10:45 – 11:30 a.m.	Understanding U.S. Figure Skating <i>Susi Wehrli-McLaughlin</i>
11:30 – Noon	Watch kids on ice
Noon – 12:45 p.m.	Lunch break
12:45 – 1:05 p.m.	Outfitting your skater <i>Micki Freier</i>
1:05 – 1:30 p.m.	Michigan Basic Skills Series <i>Maureen Dalton</i>
1:30 – 2:00 p.m.	Being a Supportive Skating Parent <i>Susi Wehrli-McLaughlin</i>
2:00 – 2:45 p.m.	Getting involved (clubs, volunteering) <i>Maureen Dalton</i>
2:45 – 3:45 p.m.	Watch kids on ice
Coaches on Ice	

Ginni Phillips
Kayleah Crosby

