



Event 2 Onyx-Suburban Basic Skills Challenge March 20, 2010

2010 Michigan Basic Skills Series Competition Mission Statement

To give our skaters a chance to develop their USFS Basic Skills in a fun competitive environment. During the competition season - skaters will have the chance to compete at many different clubs and arenas and earn points for a final standing.

A skater may participate in either Freeskating and/or Compulsory/Elements events in any of the Michigan Basic Skills Series Competitions to be eligible for accumulating points. Awards will be presented to skaters with the highest point totals. These awards will take place - on the ice - at the Midland Competition - November 13, 2010

Series Point System

The Freeskating events and the Compulsory/Elements events in each of the Series Competitions will be eligible for accumulating points. Each event will have a maximum of 6 skaters. The system for scoring points for the final award will be as follows:

1 st Place	6 points
2 nd Place	5 points
3 rd Place	4 points
4 th Place	3 points
5 th Place	2 points
6 th Place	1 point

If an event has 2-6 skaters, the points will be awarded as if there were 6 skaters in the group. If there is only one skater in the group, they will be awarded 3 points. At the end of the Series, in the case of total points tied, all skaters tied for a place will be awarded a medal, no ties will be broken.

Points are accumulated for Compulsory and Free Skate events separately.

Medals will be awarded (1-3 Place) in each level as highlighted in each announcement. Beyond the Basics will NOT be counted in the Freeskate and Elements/Compulsory Program Series for this 2010 season. Spins, Dance, Pairs, Theatre On Ice, Synchronized Teams, and Showcase Events will Not be counted for this 2010 season.

At the end of the 2010 Series Season any skaters who moved up level wise will be awarded 6 bonus points [6 points only whether they move up one level or more]. All points follow the skater throughout the year.

Please Note: The USFS Michigan Basic Skills Series is sponsored equally by all the participating ice rinks and/or USFS member clubs. Competition announcements and packages will be available at all participating ice rinks and/via the club or rink websites as well as www.sk8stuff.com. Each competition will have its own entry forms and specific rules - so please make sure to read the entire announcement for each competition.



Onyx-Suburban Basic Skills Challenge
Hosted by the Onyx-Suburban Skating Academy
Suburban Ice-Macomb, 54755 Broughton Road
Macomb, MI 48042
Phone: 586.992.8600
www.onyxskatingacademy.com

March 20, 2010
Entry Deadline: February 26, 2010

The Onyx-Suburban Basic Skills Challenge, sponsored by the Onyx-Suburban Skating Academy will be held at the Suburban Ice-Macomb on March 20, 2010. The ice surface measures 200 x 85 feet. This is a United States Figure Skating approved Basic Skills Competition. The sanctions will be posted on the official competition bulletin board. Questions regarding this competition should be directed to Sharon Major, shmajor03@comcast.net or 586-786-9069. E-mail communications are preferred.

Mission Statement – The purpose of this competition is to promote a fun, introductory, competitive experience for the beginning skater.

Eligibility - The Competition is open to ALL skaters who are current eligible (ER.100) members of either the Basic Skills Program and/or are full members of US Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Basic Skills Program/Club or any other Basic Skills Program/Club. Eligibility will be based on skill level as of closing date of entries. All SNOWPLOW SAM and BASIC SKILLS SKATERS THROUGH BASIC 8 must skate at highest level passed and NO official US Figure Skating tests may have been passed including MIF or individual dances. For the Test Track and Well Balanced levels, eligibility will be based only upon highest free skate test level passed (moves in the field test level will not determine skater's competitive level). Skaters may skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition

Rules – The competition will be conducted under the rules set forth by the US Figure Skating "Basic Skills Competition Manual" program.

Entry Fees – The first event is \$40.00 [Events not eligible for Series points will be \$50.00 for first event], and each additional event is \$20.00. All entries must be

postmarked no later than February 26, 2010. Late entries will be accepted at the discretion of the organizers, and are subject to a possible \$15.00 late fee. Entry fees are per person, U.S. dollars.

Entry forms must be filled out legibly and completely and mailed with a check made payable to Onyx-Suburban Skating Academy to:

Sharon Major
C/O Onyx-Suburban Basic Skills Challenge
52171 Maurice Drive
Macomb, MI 48042

There will be a \$35.00 fee for returned checks.

Awards – All competitors will receive a medal. All events are final rounds. ALL awards will be made at appropriate times throughout the competition.

Registration – The registration table will be open 1 hour before the competition begins. Skaters will not be allowed to compete until they have registered. ***Please register at least one hour before your competition time.***

Schedule of Events – Schedule will be posted on the Internet at the Figure Skater's Website, www.sk8stuff.com.

Music – The music for all free skating programs with music supplied by skater should be provided on CD. The CD is to be turned in at registration. Competitors must have a spare CD at rink side to be used in case of technical difficulties.

Practice Ice – Practice Ice will be available in 20-minute sessions. Details will be provided in a mailing prior to the competition date. Sign-in and pay \$8.00 at the door.

Awards will be handed out and a podium will be available for group and individual photos.

BASIC ELEMENTS AND PROGRAM W/MUSIC EVENT: SNOWFLOW SAM – BASIC 8

• BASIC ELEMENTS

- To be skated on 1/3 to 1/2 ice
- No music
- **All elements must be skated in the order listed.** Each skater will perform each element only when directed by a judge or referee. Skaters are allowed one retry per element. If skater wants to retry, she/he should raise their hand immediately. If the skater attempts a retry, only the retry will count for that element.

• BASIC PROGRAM W/MUSIC

- The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc. unless otherwise specified.
- To be skated on full ice
- Vocal music is allowed
- The skater may use elements from a previous level.
- A .2 deduction will be taken **for each** element performed from a higher level
- Time: 1:00 +/- 10 seconds

<u>Snowflow Sam - Tots:</u> 1. March followed by a two foot glide and dip 2. Forward two foot swizzles 2-3 in a row 3. Forward snowflow stop 4. Backward wiggles 2-6 in a row	<u>Basic 5:</u> 1. Backward outside edge on a circle clockwise or counterclockwise 2. Backward crossovers 6-8 consecutive - both directions 3. One foot spin - minimum of three revolutions 4. Hockey stop 5. Side toe hop -either direction
<u>Basic 1</u> 1. Forward two foot glide 2. Forward two foot swizzles 6 -8 in a row 3. Forward snowflow stop 4. Backward wiggles 6-8 in a row	<u>Basic 6:</u> 1. Forward inside three turn from a standstill - R & L 2. Bunny Hop 3. Forward spiral on a straight line - R or L 4. Lunge - R or L 5. T-stop - R or L
<u>Basic 2</u> 1. Forward one foot glide - either foot 2. Forward alternating ½ swizzle pumps, in a straight line -across width of ice 3. Two foot turn in place forward to backward 4. Backward two foot swizzles 6 - 8 in a row 5. Moving snowflow stop	<u>Basic 7:</u> 1. Forward inside open Mohawk - R to L and L to R 2. Ballet Jump - either direction 3. Back crossovers to a back outside edge landing position clockwise and counter clockwise 4. Forward inside pivot
<u>Basic 3</u> 1. Forward stroking 2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise 6 - 8 consecutive 3. Moving forward to backward two foot turn - either direction 4. Backward one foot glide - either foot 5. Two foot spin	<u>Basic 8:</u> 1. Moving forward outside or forward inside three turns R & L 2. Waltz jump 3. Mazurka - either direction 4. Combination move - clockwise or counter clockwise – two forward crossovers into FI Mohawk, step behind, step into one back crossover and step to a forward inside edge 5. Beginning one-foot upright spin - optional free foot position
<u>Basic 4</u> 1. Forward outside three turn from a standstill - R & L 2. Forward outside edge on a circle clockwise or counter clockwise 3. Forward crossovers 6-8 consecutive both directions 4. Backward stroking 5. Backward snowflow stop - R or L	

COMPETITIVE TEST TRACK EVENTS

All events listed on this page are eligible for Michigan Basic Skills Series Points

Compulsory Events

- To be skated on ½ of ice surface. In program form, using a limited number of connecting steps, the skating order of the required elements is optional
- No music is allowed
- The skater must demonstrate the required elements and may use any additional elements from previous levels.
- A .2 deduction will be taken **for each** element performed from a higher level

LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
Limited Beginner Compulsory	<ol style="list-style-type: none"> 1. Waltz jump 2. ½ jump of choice 3. Forward two foot or one foot spin (free leg position optional) 4. Forward or backward spiral 	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skate badge tests	Time: 1:00
Beginner Compulsory	<ol style="list-style-type: none"> 1. Toe loop jump 2. Salchow jump 3. Forward scratch spin 4. Forward or backward spiral 	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skate badge tests	Time:1:00
No Test Compulsory	<ol style="list-style-type: none"> 1. Loop jump 2. Jump combination to include a toe loop (may not use a loop or Axel) 3. Solo spin- sit or camel spin 4. Spiral sequence- must include a forward and backward spiral. Additional spirals and balance moves such as Ina Bauers, spread eagles, lunges and shoot the ducks may be included. 	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skate badge tests, no official U.S. Figure Skating free skate tests passed	Time:1:00

Free Skate Events

Skaters may enter EITHER the new test track free skate program or the well-balanced track free skate program but NOT both during the same nonqualifying competition. Competitors will skate to music of their choice, vocal music permitted.

Deductions WILL be made for skaters including technical elements not permitted in the event description.

- 0.1 from EACH mark for each technical element included that is not permitted in the event description.
- 0.2 from the technical mark for each extra or lacking element .
- 0.1 for any spin with less than required revolutions.

LEVEL	Jumps	Spins	Steps	QUALIFICATIONS
Limited Beginner Time: 1:40 max	<ol style="list-style-type: none"> 1. Jumps with not more than ½ rotation [front to back or back to front]. 2. Jump sequences allowed. 3. Maximum of 5 jump elements. 	<ol style="list-style-type: none"> 1. Two upright spins, no change of foot. 2. Minimum of 3 revolutions 	<ol style="list-style-type: none"> 1. Connecting moves and steps should be demonstrated throughout the program. 	May not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests
Beginner Time: 1:40 max	<ol style="list-style-type: none"> 1. Jumps with not more than ½ rotation [front to back or back to front. 2. Single rotation jumps: Salchow and Toe Loop only. 3. Jump combinations and sequences allowed. 4. Maximum of 5 jump elements. 	<ol style="list-style-type: none"> 1. Two upright spins, change of foot optional 2. Minimum of 3 revolutions. 	<ol style="list-style-type: none"> 1. Connecting moves and steps should be demonstrated throughout the program 	May not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests
WELL BALANCED FREE SKATE [U.S. Figure Skating Rulebook Requirements]				
No Test Time: 1:30 +/-10	<ol style="list-style-type: none"> 1. Maximum of 5 jump elements 2. No axels or double jumps <p><i>Refer to USFS Rulebook #3721 for more info</i></p>	<ol style="list-style-type: none"> 1. Maximum of 2 spins of a different nature 	<ol style="list-style-type: none"> 1. One step sequence utilizing ½ ice surface 	May not have passed any official U.S. Figure Skating free skate tests.

TEST TRACK / WELL BALANCED EVENTS

Events listed on this page are NOT eligible for Michigan Basic Skills Series Points

Compulsory Events

- To be skated on ½ of ice surface. In program form, using a limited number of connecting steps, the skating order of the required elements is optional
- No music is allowed
- The skater must demonstrate the required elements and may use any additional elements from previous levels.
- A .2 deduction will be taken **for each** element performed from a higher level

LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
Pre-Preliminary	1. Flip jump 2. Jump combination waltz jump/toe loop jump OR Salchow/toe loop jump. 3. Solo spin –sit or camel spin 4. Spiral sequence – must include a forward and backward spiral. Additional spirals and balance moves [Ina Bauers, spread eagles, lunges and shoot the ducks may be included].	May not have passed tests higher than U.S. Figure Skating pre-preliminary free skate test	Time: 1:00
Preliminary	1. Lutz jump 2. Jump combination [may not use Lutz or Axel] 3. Camel spin 4. Spiral sequence – must include a forward and backward spiral. Additional spirals and balance moves [Ina Bauers, spread eagles, lunges and shoot the ducks may be included].	Must have passed the U.S. Figure Skating pre-preliminary free skate test but may not have passed higher than preliminary free skate	Time: 1:15

Free Skate Events

Skaters may enter EITHER the new test track free skate program or the well-balanced track free skate program but NOT both during the same nonqualifying competition. Competitors will skate to music of their choice, vocal music permitted.

Deductions WILL be made for skaters including technical elements not permitted in the event description.

- 0.1 from EACH mark for each technical element included that is not permitted in the event description.
- 0.2 from the technical mark for each extra or lacking element .
- 0.1 for any spin with less than required revolutions.

COMPETITIVE TEST TRACK FREE SKATE

LEVEL	Jumps	Spins	Steps	QUALIFICATIONS
Pre-Preliminary Time: 1:40 max	1. Jumps with not more than one rotation [no axels] 2. Jump combinations or sequences using only a waltz jump, toe loop, and Salchow. 3. Maximum of 5 jump elements.	1. Maximum of two spins of a different nature held in one position only, no change of foot. 2. No flying spins 3. Minimum 3 revolutions	1. Connecting moves and steps should be demonstrated throughout the program	May not have passed tests higher than U.S. Figure Skating pre-preliminary free skate test
Preliminary Time: 1:30 +/- 10	1. Jumps with not more than one rotation [no axels]. 2. Jump combinations and sequences are allowed. 3. Maximum of 5 jump elements.	1. Maximum of two spins of a different nature 2. Combination spins allowed. 3. No flying spins 4. Minimum of 3 revolutions	1. Connecting moves and steps should be demonstrated throughout the program	Must have passed the U.S. Figure Skating pre-preliminary free skate test but may not have passed higher than preliminary free skate

WELL BALANCED FREE SKATE [U.S. Figure Skating Rulebook Requirements]

Pre-Preliminary Time: 1:30 +/- 10	1. Axels allowed 2. No double jumps permitted 3. Maximum of 5 jump elements. <i>Refer to USFS Rulebook #3711 for more into</i>	1. Maximum of 2 spins of a different nature	1. One step sequence utilizing ½ the ice surface	May not have passed tests higher than U.S. Figure Skating pre-preliminary free skate test
Preliminary Time: 1:30 +/- 10	1. Maximum of 5 jump elements, one must be an axel or waltz-type jump <i>Refer to USFS Rulebook #3701 for more into</i>	1. Maximum of 2 spins of a different nature	1. One step sequence utilizing ½ the ice surface	Must have passed the U.S. Figure Skating pre-preliminary free skate test but may not have passed higher than preliminary free skate

**Entry Form [PLEASE PRINT CLEARLY]**

E-Mail Address

\$40 First Event				\$50 First Event			
\$20 Each Additional Event				\$20 Each Additional Event			
Basic Compulsory		TEST TRACK Compulsory		TEST TRACK Compulsory			
Snowplow Sam*		Limited Beginner *		Pre-Preliminary			
Basic 1 *		Beginner *		Preliminary			
Basic 2 *		No Test *		Free Skate			
Basic 3 *		Free Skate		Pre-Preliminary			
Basic 4 *		Limited Beginner *		Preliminary			
Basic 5 *		Beginner *					
Basic 6 *				WELL - BALANCED			
Basic 7 *		WELL - BALANCED		Free Skate			
Basic 8 *		Free Skate		Pre-Preliminary			
Basic Program w/ Music		No Test *		Preliminary			
Snowplow Sam*							
Basic 1 *		Tests Passed:					
Basic 2 *		Freestyle:					
Basic 3 *							
Basic 4 *							
Basic 5 *							
Basic 6 *							
Basic 7 *							
Basic 8 *							

If you are not a USFSA member add \$15 to fee / enter through our Basic Skills Program

Additional Event \$

Mail form and fees to:
Sharon Major
C/O Onyx-Suburban Basic Skills Challenge
52171 Maurice Drive
Macomb, MI 48042

Make check or money order payable to OSSA or
Onyx-Suburban Skating Academy

Certification of Competitor

The competitor is eligible to enter the events checked. It is agreed that the competitor and family hold the Onyx-Suburban Skating Academy and Suburban Ice-Macomb harmless from any and all liability either during practice or the competition, from any and all liability for damages to or loss of property.

Parent/Guardian Signature _____ Date _____

Club Officer/Program Director _____ Date _____

COMPETITOR SIGNATURE _____ Date _____

Coach Signature: _____ Print Name: _____
Please print clearly

Are you registered on USFS Coaches Registry for 2009-2010? Yes ☐ USFS # _____

If you are not registered, go to www.usfigureskating.org, click on the Coaches Registration button and follow the instruction for registration.

COACHES WILL BE REQUIRED TO CHECK IN AT REGISTRATION AT EACH EVENT

Phone _____ E-mail Address: _____
Please print clearly

CHECKLIST [please be sure the following is included]:

____ Entry form with USFSA Number ____ Club Officer/Program Director Signature

____ Check payable to OSSA ____ Events to be entered checked properly