

# ALBERT VIVIANI MEMORIAL BASIC SKILLS COMPETITION

HOSTED BY  
**WYANDOTTE FIGURE SKATING CLUB**  
**SEPTEMBER 11-13, 2009**

**CLOSING DATE: JULY 31, 2009**  
**SANCTIONED BY US FIGURE SKATING**

The Albert Viviani Memorial Basic Skills Competition will be held at the Benjamin F. Yack Recreation Center. The arena is located at 3131 3<sup>rd</sup> St., Wyandotte, MI 48192. The ice surface is oval shaped and measures 85' wide by 185' long.

## Eligibility Rules for Participants:

The Competition is open to ALL skaters who are current eligible (ER1.00) members of either the Basic Skills Program and/or are full members of U.S. Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Basic Skills Program / Club or any other Basic Skills Program / Club.

Eligibility will be based on skill level as of closing date of entries, July 31, 2009. All Snowplow Sam and Basic Skills Skaters through Basic 8 must skate at highest level passed and no official U.S. Figure Skating tests may have been passed including MIF or individual dances.

For the Test Track and Well Balanced levels, eligibility will be based upon highest free skate test level passed (moves in the field test level will not determine skater's competitive level). Skaters may skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition.

**IMPORTANT NOTE:** Please read the application carefully and include all requested information and signatures. **PRINT PLAINLY** in blue or black ink. Incomplete or unreadable applications will be returned to the applicant, possibly resulting in a late fee.

**REGISTRATION:** The registration desk will be open one (1) hour prior to the start of the competition each day. Skaters must check in at least one (1) hour prior to the start of the event.

**FEES:** The entry fee is **\$35.00** for the **first event** and **\$15.00** for **each additional event**. All fees must accompany this application. **Note:** **A fee of \$35.00 will be charged for all returned NSF checks and stopped payment checks.**

**\*\* NO REFUNDS TO BE GIVEN UNLESS EVENT IS CANCELLED \*\***

Mail completed entry to: **2009 Basic Skills Competition**  
**Sandy Sikorski**  
**8441 Park Avenue**  
**Allen Park, MI 48101**

**CLOSING DATE – JULY 31, 2009**  
**SMM09911**

### **PRACTICE ICE:**

You will be notified of practice schedules and tentative competition schedule as soon as it is provided by the referee. It will be posted on [www.sk8stuff.com](http://www.sk8stuff.com) and [www.wyandottefsc.com](http://www.wyandottefsc.com) No music will be played on practice ice.

**MUSIC:** Music will be played from/CD/Cassettes only. You must have an extra copy of your music with you for backup. Cassettes must be rewound and ready to play. Competitors must file their music with the Registration Desk as soon as possible. **No programs will be played on practice ice.**

**AWARDS: MEDALS WILL BE PRESENTED OFF ICE TO SKATERS PLACING 1<sup>ST</sup> THROUGH 8<sup>TH</sup> PLACE.**

**NOTICES:** An official bulletin board will be maintained throughout the competition and will be considered adequate notice to all skaters and professionals of schedule changes. All skaters should report to the Registration Desk at least one hour prior to their scheduled event time.

**VIDEOTAPING:** Video taping will be available. Please see videotaping personnel for additional information. Except for videographers only battery operated, hand-held cameras will be allowed, TAPING IS NOT ALLOWED AT RINK SIDE, ONLY THE BLEACHERS.

### **HOTELS**

Holiday Inn Heritage Center  
17201 Northline Road  
Southgate, MI 48195 734-283-4400  
Please mention **Wyandotte Figure Skating Club** when reserving rooms.

Other hotels in the area...

Red Roof Inn 21230 Eureka Taylor, MI 48180 734-374-1150	LaQuinta Inn 12888 Reeck Road Southgate, MI 48195 734-374-3000
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### **PARENT/GUARDIAN NOTES**

Just a few helpful hints to make the application process easier and more efficient...

- Please **print plainly** and fill out the **entire** application in blue or black ink.
- You **must** include skater's current skill level as of the closing date of the competition.
- Certification form must be signed by skater and the parent/guardian.
- Remember, there will be ABSOLUTELY NO REFUNDS unless the event is cancelled – per US Figure Skating directive.
- A fee of \$35.00 will be charged for all returned NSF checks and stopped payment checks.
- The schedule will be posted on <http://www.sk8stuff.com> and [www.wyandottefsc.com](http://www.wyandottefsc.com)
- One parent/guardian will be allowed in the skater's entrance area.

### **EVENTS TO BE SKATED AND ELIGIBILITY**

#### **ELEMENTS – Basic Skills Curriculum (Snowplow Sam through Basic 8)**

To be skated on 1/2 or 1/3 ice. No music will be played and all elements must be skated in the order listed. Each skater will have the option to perform one element at a time and will perform the next element only when directed by a judge or referee OR skater performs all of the required elements.

(Format examples – each skater performs element 1 before moving onto the second element and so on OR each skater performs all of the required elements before moving onto the next skater.)

**CLOSING DATE – JULY 31, 2009**  
**SMM09911**

**ELEMENTS – Basic Skills Curriculum (Snowplow Sam through Basic 8)**

<b>EVENT LEVEL</b>	<b>REQUIRED ELEMENTS</b>
Snowplow Sam	<ol style="list-style-type: none"> <li>1. March followed by a two-foot glide and dip</li> <li>2. Forward two-foot swizzles – 2-3 in a row</li> <li>3. Forward snowplow stop</li> <li>4. Backward wiggles -2.6 in a row</li> </ol>
Basic 1	<ol style="list-style-type: none"> <li>1. Forward two-foot glide</li> <li>2. Forward two-foot swizzles – 6-8 in a row</li> <li>3. Forward snowplow stop</li> <li>4. Back wiggles – 6-8 in a row</li> </ol>
Basic 2	<ol style="list-style-type: none"> <li>1. Forward one-foot glide – either foot</li> <li>2. Forward alternating ½ swizzle pumps, in a straight line across the width of the ice</li> <li>3. Two-foot turn in place – forward to backward</li> <li>4. Backward two-foot swizzles – 6-8 in row</li> <li>5. Moving snowplow stop</li> </ol>
Basic 3	<ol style="list-style-type: none"> <li>1. Forward stroking</li> <li>2. Forward ½ swizzle pumps on a circle, either clockwise or counter-clockwise – 6-8 consecutive</li> <li>3. Moving forward to backward two-foot turn – either direction</li> <li>4. Backward one-foot glide – either foot</li> <li>5. Two-foot spin</li> </ol>
Basic 4	<ol style="list-style-type: none"> <li>1. From a standstill, forward outside 3-turn – Right or Left</li> <li>2. Forward outside edge on a circle – either clockwise or counter clockwise</li> <li>3. Forward crossovers – 6-8 consecutive, both directions</li> <li>4. Backward stroking</li> <li>5. Backward snowplow stop – either Right or Left</li> </ol>
Basic 5	<ol style="list-style-type: none"> <li>1. Backward outside edge on a circle, clockwise or counter-clockwise</li> <li>2. Backward crossovers – 6-8 consecutive, both directions</li> <li>3. One foot upright spin – minimum of three (3) revolutions</li> <li>4. Hockey stop</li> <li>5. Side toe hop – either direction</li> </ol>
Basic 6	<ol style="list-style-type: none"> <li>1. From a standstill, forward inside 3-turn – Right and Left</li> <li>2. Bunny Hop</li> <li>3. Forward spiral on a straight line – Right or Left</li> <li>4. Lunge – Right or Left</li> <li>5. T-stop – Right or Left</li> </ol>
Basic 7	<ol style="list-style-type: none"> <li>1. Forward inside open Mohawk – Right to Left and Left to Right</li> <li>2. Ballet jump – either direction</li> <li>3. Back crossovers to a backward outside edge landing position clockwise and counter clockwise</li> <li>4. Forward inside pivot</li> </ol>
Basic 8	<ol style="list-style-type: none"> <li>1. Moving forward outside or forward inside 3-turns – Right and Left</li> <li>2. Waltz jump</li> <li>3. Mazurka – either direction</li> <li>4. Combination move – clockwise or counter clockwise (two forward crossovers into forward inside Mohawk, step behind, step into one back crossover and step to a forward inside edge)</li> <li>5. Beginning one-foot upright spin, optional free foot position</li> </ol>

## ELEMENTS – Freestyle 1 through 6 – No Music

The skater must demonstrate the required elements and may use any but is not required to use any additional elements from previous levels (where applicable). The skating order of the required elements is optional. To be skated on ½ ice – no music permitted – in program form, using a limited number of connecting steps. Time is 1:00 or less and a .2 deductions will be taken for each element from a higher level are performed.

EVENT LEVEL	REQUIRED ELEMENTS
Freestyle 1	<ol style="list-style-type: none"> <li>1. Advanced forward stroking – 4-6 consecutive strokes</li> <li>2. Basic forward outside edges and forward inside consecutive edges – 2-4 outside and 2-4 inside edges</li> <li>3. Scratch spin from backward crossovers</li> <li>4. Waltz jump from backward crossovers</li> <li>5. Half flip jump</li> </ol>
Freestyle 2	<ol style="list-style-type: none"> <li>1. Forward outside spiral – Right or Left and a forward inside spiral – Right or Left</li> <li>2. Waltz Three's – Right or Left</li> <li>3. Beginning backspin – entry optional</li> <li>4. Waltz jump, side toe hop, waltz jump series</li> <li>5. Toe loop jump</li> </ol>
Freestyle 3	<ol style="list-style-type: none"> <li>1. Forward crossovers in a figure 8</li> <li>2. Advanced forward outside swing rolls – 4-6 consecutive</li> <li>3. Back spin</li> <li>4. Salchow jump</li> <li>5. Waltz jump/toe loop or Salchow/toe loop jump combination</li> </ol>
Freestyle 4	<ol style="list-style-type: none"> <li>1. Spiral sequence, forward inside spiral, forward inside Mohawk, backward outside spiral – clockwise or counter-clockwise</li> <li>2. Forward power 3's, 2-3 consecutive sets – Right or Left</li> <li>3. Sit spin</li> <li>4. Loop jump</li> <li>5. Waltz jump/loop jump combination</li> </ol>
Freestyle 5	<ol style="list-style-type: none"> <li>1. Spiral sequence, forward outside spiral, forward outside 3-turn, one backward crossover, backward inside spiral</li> <li>2. Camel spin</li> <li>3. Forward upright spin to back upright spin</li> <li>4. Loop/loop jump combination</li> <li>5. Flip jump</li> </ol>
Freestyle 6	<ol style="list-style-type: none"> <li>1. Five step Mohawk sequence – 1 alternating pattern (refer to Basic Skills Curriculum Freestyle 6)</li> <li>2. Camel, sit spin combination – minimum of 4 revolutions total</li> <li>3. Split jump or stag jump</li> <li>4. Waltz jump, ½ loop, Salchow combination</li> <li>5. Lutz jump</li> </ol>

## BASIC PROGRAMS with MUSIC – SNOWPLOW and BASIC 1 through 8

The skating order of the required elements is optional. The elements are not restricted as to the number of times element is executed, or length of glides, number of revolutions, etc., unless otherwise stated. **Vocal music is allowed.** May use elements from a previous level. A .2 deductions will be made for each element performed from a higher level. Time is 1:00 +/- 10 sec., to be skated on full ice

EVENT LEVEL	REQUIRED ELEMENTS
Snowplow Sam -TOTS	<ol style="list-style-type: none"> <li>1. March followed by a two foot glide and dip</li> <li>2. Forward two foot swizzles 2-3 in a row</li> <li>3. Backward wiggles 2-6 in a row</li> <li>4. Forward snowplow stop</li> </ol>
Basic 1	<ol style="list-style-type: none"> <li>1. Forward two foot glide</li> <li>2. Forward two foot swizzles – 6 - 8 in a row</li> <li>3. Backward wiggles 6-8 in a row</li> <li>4. Forward snowplow stop</li> </ol>
Basic 2	<ol style="list-style-type: none"> <li>1. Forward one foot glide – either foot</li> <li>2. Two-foot turn in place – forward to backward</li> <li>3. Backward two foot swizzles – 6-8 in a row</li> <li>4. Forward alternating ½ swizzle pumps, in a straight line – across width of ice</li> <li>5. Moving snowplow stop</li> </ol>
Basic 3	<ol style="list-style-type: none"> <li>1. Forward stroking</li> <li>2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise 6-8 consecutive</li> <li>3. Moving forward to backward two foot turn – either direction</li> <li>4. Backward one foot glide – either foot</li> <li>5. Two foot spin</li> </ol>
Basic 4	<ol style="list-style-type: none"> <li>1. Forward outside edge on a circle clockwise or counter clockwise or counter clockwise</li> <li>2. Forward crossovers 6-8 consecutive both directions</li> <li>3. From a standstill, forward outside 3-turn – R and L</li> <li>4. Backward stroking</li> <li>5. Backward snowplow stop – R or L</li> </ol>
Basic 5	<ol style="list-style-type: none"> <li>1. Backward outside edge on a circle – clockwise or counter clockwise</li> <li>2. Backward crossovers 6-8 consecutive – both directions</li> <li>3. One foot spin – min of three revolutions</li> <li>4. Side Toe hop – either direction</li> <li>5. Hockey stop</li> </ol>
Basic 6	<ol style="list-style-type: none"> <li>1. Forward inside 3-turn, from a standstill, R &amp; L</li> <li>2. Bunny Hop</li> <li>3. Forward arabesque spiral on a straight line R or L</li> <li>4. Lunge – R or L</li> <li>5. T-Stop – R or L</li> </ol>
Basic 7	<ol style="list-style-type: none"> <li>1. Forward inside open Mohawk – R to L and L to R</li> <li>2. Ballet Jump either direction</li> <li>3. Backward crossovers to a back outside edge landing position – clockwise and counter clockwise</li> <li>4. Forward inside pivot</li> </ol>
Basic 8	<ol style="list-style-type: none"> <li>1. Moving forward outside or forward inside 3 turn R and L</li> <li>2. Waltz jump</li> <li>3. Mazurka – either direction</li> <li>4. Combination move – clockwise or counter clockwise – (2 forward crossovers into FI Mohawk, step behind, step into 1 back crossover and step to a forward inside edge)</li> <li>5. Beginning one-foot upright spin, optional free foot position</li> </ol>

## BASIC FREESKATE PROGRAM with MUSIC – FREESKATE 1 through 6

The skating order of the required elements is optional. The elements are not restricted as to the number of times element is executed, or length of glides, number of revolutions, etc., unless otherwise stated. Skaters will use the full ice surface. The program should be no longer than 1:30 +/- 10 seconds and NO VOCAL music is allowed. The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels. A .2 deduction will be taken for each element performed from a higher level.

EVENT LEVEL	REQUIRED ELEMENTS
Freestyle 1	<ol style="list-style-type: none"> <li>1. Advanced forward stroking – 4-6 strokes</li> <li>2. Forward outside or inside consecutive edges, 2-4</li> <li>3. Scratch spin from backward crossovers</li> <li>4. Waltz jump from backward crossovers</li> <li>5. Half flip jump</li> </ol>
Freestyle 2	<ol style="list-style-type: none"> <li>1. Forward outside spiral – Right or Left</li> <li>2. Waltz Three's – Right or Left</li> <li>3. Beginning Backspin</li> <li>4. Waltz jump, side toe hop, waltz jump</li> <li>5. Toe loop</li> </ol>
Freestyle 3	<ol style="list-style-type: none"> <li>1. Forward crossovers in a figure 8</li> <li>2. Advanced forward outside swing rolls – 4-6 consecutive</li> <li>3. Back spin</li> <li>4. Salchow jump</li> <li>5. Waltz jump/toe loop or Salchow/toe loop jump combination</li> </ol>
Freestyle 4	<ol style="list-style-type: none"> <li>1. Spiral sequence: forward inside spiral, forward inside Mohawk, backward outside spiral – Right or Left</li> <li>2. Forward power 3-turns – 2-3 consecutive Right or Left</li> <li>3. Sit spin</li> <li>4. Loop jump</li> <li>5. Waltz jump/loop jump combination</li> </ol>
Freestyle 5	<ol style="list-style-type: none"> <li>1. Spiral sequence: forward outside spiral, forward outside 3-turn, one backward crossover, backward inside spiral – Right or Left</li> <li>2. Camel spin</li> <li>3. Forward upright spin to back upright spin</li> <li>4. Loop/loop jump combination</li> <li>5. Flip jump</li> </ol>
Freestyle 6	<ol style="list-style-type: none"> <li>1. Five step Mohawk sequence – 1 set alternative patterns</li> <li>2. Camel/sit spin combination – minimum of four (4) revolutions total</li> <li>3. Split or stag jump</li> <li>4. Waltz jump/ ½ loop/ Salchow jump combination</li> <li>5. Lutz jump</li> </ol>

**ALBERT VIVIANI MEMORIAL BASIC SKILLS COMPETITION  
SEPTEMBER 11-13, 2009**

Name _____		Male _____	Female _____
Address _____		City _____	State _____ Zip _____
Phone w/AreaCode _____		Birthdate _____	
Email Address _____			
Club _____			
Print Coaches Name _____			
Coaches Signature _____			
Coaches email address _____			
<b>LIST THE HIGHEST LEVEL PASSED AS OF 7/31/09:</b> _____			

**CHECK THE EVENTS YOU ARE ENTERING (Mark carefully & neatly)**

<b>BASIC SKILLS</b>		<b>BASIC W/ MUSIC</b>	
Snowplow Sam		Snowplow Sam - TOTS	
Basic 1		Basic 1	
Basic 2		Basic 2	
Basic 3		Basic 3	
Basic 4		Basic 4	
Basic 5		Basic 5	
Basic 6		Basic 6	
Basic 7		Basic 7	
Basic 8		Basic 8	
<b>FREESKATE</b>		<b>FREESKATE W/ MUSIC</b>	
Freeskate 1		Freeskate 1	
Freeskate 2		Freeskate 2	
Freeskate 3		Freeskate 3	
Freeskate 4		Freeskate 4	
Freeskate 5		Freeskate 5	
Freeskate 6		Freeskate 6	

**FEES: \$35 First Event      \$15 Each Additional Event**  
**Make checks payable to: WYANDOTTE FIGURE SKATING CLUB**  
**\$35 fee for all returned NSF checks and stopped payment checks**

**MAIL TO:      2009 BASIC SKILLS COMPETITION  
C/O SANDY SIKORSKI  
8441 PARK AVENUE**

**CLOSING DATE – JULY 31, 2009  
SMM09911**

**CERTIFICATION BY ATHLETE AND PARENT/GUARDIAN**

**Athlete:** I agree to conduct myself, both on and off the ice, in a manner that will reflect favorably upon this competition and upon the sport of figure skating, and that is consistent with the high standards of the sport. I agree to respect the person and property of others, and in the event I cause injury, damage, or loss to another or to the property of another, I hereby indemnify US Figure Skating, Benjamin F. Yack Recreation Center, the local Competition Committee, the Wyandotte Figure Skating Club and their officers, directors, members, committees, representatives, employees and agents, and agree to hold them harmless against any and all claims that another person may have or which may arise out of such injury, damage or loss, together with any reasonable costs and attorney’s fees that may be incurred as result of any such claims, whether valid or not.

**Athlete/Parent/Guardian:** I understand that the US Figure Skating, Benjamin F. Yack Recreation Center he Wyandotte Figure Skating Club or organizers of this competition undertake no responsibility for damages or injuries, or loss of property suffered by the skaters or officials. As a condition of and in consideration of the acceptance of the entries or participation therein, all entrants, their parents and guardians and officials shall be deemed to agree to assume all risks of injury to their person and property resulting from, caused by or connected with, the conduct and management of the competition, and to waive and release any and all claims which they may have against any officials, US Figure Skating, Benjamin F. Yack Recreation Center, organizers of the competition, the Wyandotte Figure Skating Club and it’s officers, and their entries shall be accepted only on such condition. (CR 10.12)

\_\_\_\_\_  
**Athlete’s Signature**

\_\_\_\_\_  
**Date**

\_\_\_\_\_  
**Parent/Guardian’s Signature**

\_\_\_\_\_  
**Date**

**Parents/Guardians and Coaches:**

Please note that the skater’s entrance area, will be limited to Skaters, Coaches, and one Parent/Guardian.

If a skater will be unable to compete, please call as soon as possible. Contact Mary Moss at [WyandotteSkater@msn.com](mailto:WyandotteSkater@msn.com), phone 313-433-9772, Sandy Sikorski, [slsikorski13@hotmail.com](mailto:slsikorski13@hotmail.com), phone 313-383-5100 or 313-303-6388. Please do not call and leave a message with the Wyandotte Recreation Department.