

SOUTH DAYTON FIGURE SKATING CLUB
(Host of the Third Annual SEGL Competition, Feb. 1998)
IS PLEASED AND PROUD
TO HOST THE

SOUTH DAYTON SILVER SKATE

MAY 8 - 9, 2009
(Friday - Saturday)

Events to include: Freestyle, Restricted FS, Short Programs, Compulsory Moves, Moves in the Field, Jumps, Team Compulsory Elements, Spins, Basic Skills, Pairs, Similar Pairs, Showcase, Solo Dance and Adult events.

Held at:

Kettering Ice Arena
2900 Glengarry Dr.
Kettering, Ohio 45420
(937)296-2587

Competition Chair:

Sandra Rooney
524 Earnshaw Dr
Dayton, Ohio 45429
937- 643-4084
[**sbhr58@yahoo.com**](mailto:sbhr58@yahoo.com)

Sanctioned by US Figure Skating
Approved for Basic Skills

Some events will be scheduled during school time on Friday

SOUTH DAYTON SILVER SKATE
May 8 - 9, 2009

KETTERING ICE ARENA
KETTERING, Ohio

SPONSORED BY: South Dayton Figure Skating Club
www.sdfsc.org

SANCTIONED BY: United States Figure Skating

ELIGIBILITY RULES FOR PARTICIPANTS

The competition is open to ALL skaters who are current eligible (ER 1.00) members of either the Basic Skills Program and/or are full members of U.S. Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Basic Skills Program/Club or any other Basic Skills Program/Club.

Eligibility will be based on skill level as of closing date of entries. All SNOWPLOW SAM and BASIC SKILLS SKATERS THROUGH BASIC 8 must skate at highest level passed and NO official U.S. Figure Skating tests may have been passed including MIF or individual dances.

For the Free skate 1-6, Test Track and Well Balanced levels, eligibility will be based only upon highest free skate test level passed (moves in the field test level will not determine skater's competitive level). Skaters may skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition.

Beginner through Pre-Juvenile skaters will be grouped according to age. The competition committee reserves the right to divide or combine any event if necessary and to cancel any event (with full refund of entry fee) due to lack of participants.

Entries: All entries must be postmarked by March 20, 2009. Late entries may be accepted at the discretion of the competition committee with a \$25.00 late fee. Late entries may not appear in the program. All fees must accompany the entry form. Make checks payable to the **South Dayton Figure Skating Club**. There will be a \$20.00 service charge for returned checks. **No refunds will be issued unless the event is cancelled due to lack of entries.** An event will be held if there are two or more competitors.

Event Fees

First solo event..... \$60.00
Additional solo events \$30.00 per event
Pairs events \$30.00 per person
Basic Skills first event \$30.00
Basic Skills additional event..... \$15.00 per event
Team Compulsory Elements..... \$10.00 per team member

Completed entries, with all fees, must be mailed no later than March 20, 2009 to:

Sandra Rooney
524 Earnshaw Dr.
Dayton, OH 45429
(937) 643-4084
sbhr58@yahoo.com

Competition Schedule

To receive a copy of your competition schedule and practice ice, please include a business size, stamped, self-addressed envelope with your entry form. Information will also be posted on the South Dayton web site.

Video and Photography

Videotaping services will be available for purchase. We ask for your support of our vendors and do not videotape from the stands. Absolutely no flash photography is allowed during the warm-up or competition.

Facility:

The competition will be held at the Kettering Ice Arena in Kettering, Ohio. Kettering Ice Arena is located east of Dayton, off Interstate-675 at exit 10. There is a snack bar and pro shop on site. Ample parking is available. The arena ice surface is 200X85.

Registration:

The registration desk will be located in the skate rental area in the lobby. It will open 30 minutes prior to the first practice ice session and one hour prior to the beginning of competition each day and remain open during scheduled events. An official bulletin board will be maintained at the Registration Desk. Posting of schedules and announcements thereon shall constitute sufficient notice to competitors, coaches, and chaperones. Skaters should be prepared to skate at least one hour before the scheduled time.

Music

All competition music must be on cassette tapes or CDs clearly labeled with the skater's name and event marked on the side to be played. Music must be turned in at least one hour prior to the event and must be picked up at the registration desk following the event. Please remember to bring back-up music and have it readily available at rink side during the competition event(s). Basic Skills music will be the same music used by Jenny Cashen for the MLK Day Skating Competition. If you need a copy of the music, please contact Angie Riviello at ariviello98@yahoo.com.

Awards

Medals will be given to the 1st, 2nd and 3rd places in all events. Ribbons will be given to 4th through 8th place for basic skills events through Pre-Juvenile events. Awards presentations and official photos will take place in the lobby during ice cuts. Please report to the awards area promptly in competition attire and skates.

Critiques

Critiques will be offered for skaters and coaches (individually) after each Juvenile through Senior freeskating program.

Practice Ice

Practice ice will be scheduled Friday and Saturday morning and evening. A 20 minute pre-paid practice session will be \$10.00. Practice schedules will be mailed with competition schedules to skaters who enclose a legal size, stamped, self-addressed envelope with their registration form. Refunds will not be given for missed practice sessions.

Testing

Application must be postmarked by March 20, 2009. Be sure to obtain a permission to test letter from your home club's Test Chairperson before sending your application to Test.

Hotel Information

Holiday Inn I-675, 2800 Presidential Drive, Fairborn, OH 45325, (937) 426-7800
Holiday Inn-Dayton Mall, 31 Prestige Plaza, Miamisburg, OH, (937)434-8030
Hampton Inn South, 8099 Old Yankee St., Centerville, OH, (937) 436-3700
Hampton Inn, 2550 Paramount Pl, Fairborn, OH 45325 (937) 429-5505
All accommodations are within 10 to 15 minutes from Kettering Ice Arena.



DoubleTree Guest Suites Miamisburg

Welcomes.....

“South Dayton Silver Skate Competition”

***The Staff at the Doubletree Guest
Suites...***

***Dayton’s only Full Service all Suite
Property wish Good Luck to all the
Skaters***

***Doubletree guest Suites Miamisburg
300 Prestige Place
Miamisburg, Ohio 45342***

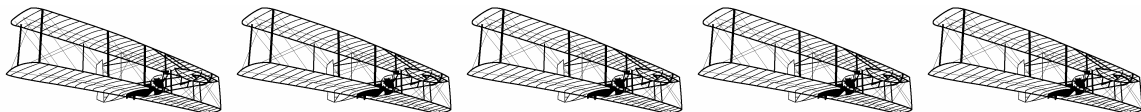
For overnight accommodations please contact

Becky Snyder

937-531-5004

Ask for the Silver Skates Rate

Suite Dreams!



Basic Elements Events: Snowplow Sam – Basic 8

- Each skater will have the option to perform one element at a time
 - A. In the order listed below (no excessive connecting steps) **OR**
 - B. Will perform each element when directed by a judge or referee
- To be skated on 1/3 to 1/2 ice
- No music
- **All elements must be skated in the order listed**
- Time: 1:00 or less

Snowplow Sam – Tots:

1. March followed by a two-foot glide and dip
2. Forward two-foot swizzles 2-3 in a row
3. Forward snowplow stop
4. Backward wiggles 2-6 in a row

Basic 1:

1. Forward two foot glide
2. Forward two foot swizzles 6-8 in a row
3. Forward snowplow stop
4. Backward wiggles 6-8 in a row

Basic 2:

1. Forward one-foot glide — *either* foot
2. Forward alternating ½ swizzle pumps, in a straight line-across width of ice
3. Two-foot turn in place forward to backward
4. Backward two foot swizzles 6-8 in a row
5. Moving snowplow stop

Basic 3:

1. Forward stroking
2. Forward ½ swizzle pumps on a circle, *either* clockwise or counter clockwise 6-8 consecutive
3. Moving forward to backward two-foot turn -- *either* direction
4. Backward one-foot glide — *either* foot
5. Two-foot spin

Basic 4:

1. Forward outside 3-turn — R *and* L from a standstill
2. Forward outside edge on a circle — clockwise *or* counterclockwise
3. Forward crossovers- 6-8 consecutive — both directions
4. Backward stroking
5. Backward snowplow stop — R *or* L

Basic 5:

1. Backward outside edge on a circle clockwise *or* counterclockwise
2. Backward crossovers 6-8 consecutive — both directions
3. One-foot spin — minimum of 3 revolutions
4. Hockey Stop
5. Side Toe hop — *either* direction

Basic 6:

1. Forward inside 3-turn — R *and* L from a standstill
2. Bunny Hop
3. Forward spiral on a straight line — R *or* L
4. Lunge — R *or* L
5. T-Stop — R *or* L

Basic 7:

1. Forward inside open Mohawk — R to L and L to R
2. Ballet jump — *either* direction
3. Back crossovers to a back outside edge landing position clockwise and counterclockwise
4. Forward inside pivot

Basic 8:

1. Moving forward outside *or* forward inside three-turns R and L
2. Waltz jump
3. Mazurka — *either* direction
4. Combination move — clockwise or counterclockwise – two forward crossovers into FI Mohawk, step behind, step into one back crossover and step to a forward inside edge. Repeat: Total 2 sequences.
5. Beginning one-foot upright spin - optional free foot position

BASIC PROGRAM FREESKATE EVENT: SNOWPLOW SAM – BASIC 8

- The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length or glides, number of revolutions, etc. unless otherwise specified.
- To be skated on ½ ice.
- The skater may use elements from a previous level.
- A .2 deduction will be taken for each element performed from a higher level.
- Time: 1:00 +/- 10 seconds.

Snowplow Sam - Tots:

1. March followed by a two foot glide and dip
2. Forward two foot swizzles 2-3 in a row
3. Backward wiggles 2-6 in a row
4. Forward snowplow stop

Basic 1:

1. Forward two foot glide
2. Forward two foot swizzles 6-8 in a row
3. Backward Wiggles 6-8 in a row
4. Forward snowplow stop

Basic 2:

1. Forward one foot glide-either foot
2. Two foot turn in place – forward to backward
3. Backward two-foot swizzles 6-8 in a row
4. Forward alternating ½ swizzle pumps, in a straight line across width of ice
5. Moving snowplow stop

Basic 3:

1. Forward stroking
2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise 6-8 consecutive
3. Moving forward to backward two foot turn in either direction
4. Backward one foot glide – either foot
5. Two foot spin

Basic 4:

1. Forward outside edge on a circle clockwise or counter clockwise
2. Forward crossovers 6-8 consecutive both directions
3. Forward outside three turn – R & L from a standstill
4. Backward stroking
5. Backward snowplow stop – R or L

Basic 5:

1. Backward outside edge on a circle clockwise or counter clockwise
2. Backward crossovers 6-8 consecutive in both directions
3. One foot spin – min of three revolutions
4. Side toe hop – either direction
5. Hockey stop

Basic 6:

1. Forward inside three turn, R & L from a standstill
2. Bunny Hop
3. Forward arabesque spiral on a straight line R or L
4. Lunge – R or L
5. T-stop – R or L

Basic 7:

1. Forward inside open Mohawk- R to L and L to R
2. Ballet jump either direction
3. Backward crossovers to a back outside edge landing position, clockwise and counter clockwise
4. Forward inside pivot

Basic 8:

1. Moving forward outside or forward inside three turns R & L
2. Waltz jump
3. Mazurka in either direction
4. Combination move – clockwise or counter clockwise - two forward crossovers into FI Mohawk, step behind, step into one back crossover and step to a forward inside edge
5. Beginning one-foot upright spin – optional free foot position

FREE SKATE EVENT: FREE SKATE 1-6

- The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length or glides, number of revolutions, etc. unless otherwise specified.
- Vocal music is not allowed.
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels
- A .2 deduction will be taken for each element performed from a higher level.
- Time 1:30+/-10 sec.

Freestyle 1:

1. Advanced forward stroking. 4 – 6 strokes
2. Forward outside or inside consecutive edges, 2-4
3. Scratch spin from back crossovers
4. Waltz jump from back crossovers
5. Half flip jump

Freestyle 2:

1. Forward outward spiral R or L
2. Waltz three's R or L
3. Beginning back spin
4. Waltz jump, side top hop, waltz jump
5. Toe loop

Freestyle 3:

1. Forward crossovers in a figure 8
2. Advanced forward outside swing rolls 4-6
3. Back spin
4. Salchow
5. Waltz jump/Toe loop or Salchow/Toe loop

Freestyle 4:

1. Spiral sequence: FI spiral, FI Mohawk, BO spiral R or L
2. Forward power 3's, 2-3 consecutive R or L
3. Sit spin
4. Loop jump
5. Waltz jump/loop jump

Freestyle 5:

1. Spiral sequence: FO spiral, FO 3-turn, 1 back crossover backward inside spiral, R or L
2. Camel spin
3. Forward upright spin to back upright spin
4. Loop/loop combination jump
5. Flip jump

Freestyle 6:

1. 5 step Mohawk sequence, 1 set alternating patterns
2. Camel/sit spin combination, min of 4 revolutions total
3. Split or stag jump
4. Waltz jump/1/2 loop/Salchow combination
5. Lutz jump

PAIR FREE SKATING

PreJuvenile Pairs (2:00)

May have passed the U. S. Figure Skating Preliminary Pair Test & no higher

Juvenile Pairs (2:30)

Passed the U. S. Figure Skating Juvenile Pair Test & no higher. Must not be older than 16 years of age as of March 20, 2009

Intermediate Pairs (3:00)

Passed the U. S. Figure Skating Intermediate Pair Test & no higher. Must not have reached age 18 as of March 20, 2009

Novice Pairs (3:30)

Passed the U. S. Figure Skating Novice Pair Test & no higher

Junior Pairs (4:00)

Passed the U. S. Figure Skating Junior Pair Test & no higher

Senior Pairs (4:30)

Passed the U. S. Figure Skating Senior Pair Test

Adult Bronze Pairs (Maximum 2:10)

As stated by the 2009 U. S. Figure Skating Rulebook

Adult Silver Pairs (Maximum 2:40)

As stated by the 2009 U. S. Figure Skating Rulebook

Adult Gold Pairs (Maximum 3:40)

As stated by the 2009 U. S. Figure Skating Rulebook

Adult Masters Pairs (Maximum 3:40)

As stated by the 2009 U. S. Figure Skating Rulebook

SIMILAR PAIRS FREE SKATING

Skaters may enter the event for which they have passed the required test or one level higher (ie. skaters may "skate-up" one level) except as noted below. Skaters may choose their own music – instrumental or vocal. Pair moves such as throws, lifts, etc. are permitted. Teams will be assessed on the following criteria: unison, close position of partners, footwork, flow, difficulty of moves, timing, use of music and use of ice. **No stationary props are allowed on the ice.**

Junior (2:00)

Passed the U.S. Figure Skating Preliminary Free Skating but neither partner can have passed the Intermediate Free Test.

Senior (3:00)

Passed the U.S. Figure Skating Preliminary Free Skating and at least one partner must have passed the Intermediate Free Test or higher.

Competitive Test Track

Skaters may enter EITHER the new test track or the well-balanced free skate track but **NOT** both. Competitors will skate to music of their choice. Deductions WILL be made for skaters including technical elements not permitted in the event description.

LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
Limited Beginner <i>Skills up to and including Free skate 2</i>	2 Solo spins in an upright position (min 3 revolutions), jumps with not more than one-half rotation (front to back or back to front). Jump sequences are allowed. Maximum 5 jumping elements. Connecting moves and steps should be demonstrated throughout the program.	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests	Time: Up to 1:30 +/- 10
Beginner <i>Skills up to and including Free skate 3</i>	2 Solo spins in an upright position (min 3 revolutions), jumps with not more than one-half rotation (front to back or back to front), single rotation jumps: Salchow and toe loop only. Combination jumps and jump sequences are allowed. Maximum 5 jumping elements. Connecting moves and steps should be demonstrated throughout the program.	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests	Time: 1:30 +/- 10
Pre-Preliminary Test <i>Skills up to and including Free skate 6</i>	2 solo spins of a different nature (min 3 revolutions and no flying spins), all single solo jumps allowed (no Axels), jump combinations or sequences using only a waltz jump, toe loop, and Salchow. Maximum 5 jumping elements. Connecting moves and steps should be demonstrated throughout the program.	Skaters may not have passed tests higher than U.S. Figure Skating pre-preliminary free skate test	Time :1:30 +/-10
Preliminary Test	2 spins of a different nature, combination spins allowed (min 3 revolutions each and no flying spins), jumps with not more than one rotation (no Axels). Jump combinations and sequences are allowed. Maximum 5 jumping elements. Connecting moves and steps should be demonstrated throughout the program.	Skaters must have passed at least the U.S. Figure Skating pre-preliminary free skate test but may not have passed tests higher than the preliminary free skate test	Time :1:30 +/-10
Pre-Juvenile Test	Three spins in any position (min 4 revolutions), one must be a combination spin with change of foot optional (min 3 revolutions on each foot or 6 total revolutions and no flying spins). Jumps with not more than one rotation (no Axels). Jump combinations and sequences are allowed. Maximum 6 jumping elements. One step sequence straight line, circular, or serpentine fully utilizing ice surface.	Skaters must have passed at least the U.S. Figure Skating preliminary free skate test but may not have passed tests higher than pre-juvenile free skate test	Time: 2:00 +/-10
Juvenile Test	Three spins in any position (min 4 revolutions), one must be a combination spin with one change of foot (min 4 revolutions on each foot). May include flying spins. Any single jumps and jump combinations with not more than 1½ rotations. (Axel permitted). Maximum 6 jumping elements. One step sequence straight line, circular, or serpentine fully utilizing ice surface.	Skaters must have passed at least the U.S. Figure Skating pre-juvenile free skate test but may not have passed tests higher than juvenile free skate test	Time: 2:15 +/-10

Intermediate Test	Three spins in any position (min 4 revolutions), one must be a combination spin with at least one change of foot (min 4 revolutions on each foot). May include flying spins. Any single jumps. Double jumps may only be the double Salchow and the double toe loop. Jump combinations and sequences allowed. Maximum 6 jumping elements. One step sequence straight line, circular, or serpentine fully utilizing ice surface.	Skaters must have passed at least the U.S. Figure Skating juvenile free skate test but may not have passed tests higher than intermediate free skate test	Time: 2:30 +/-10
Novice Test	Three spins in any position (min 6 revolutions) one must be a combination spin with at least one change of foot (min 5 revolutions on each foot). May include flying spins. Any single jumps. Double jumps may only be the double Salchow, double toe loop and the double loop. Jump combinations and sequences allowed. Maximum 7 jumping elements. One step or spiral sequence (see Rule 3640 for description).	Skaters must have passed at least the U.S. Figure Skating intermediate free skate test but may not have passed tests higher than novice free skate test	Time: Ladies 3:00 +/-10 Men 3:30+/-10
Junior Test	Three spins—one must be a flying spin, a solo spin (6 revolutions each) and a combination spin consisting of all three positions and one change of foot (minimum 2 in each position and minimum 5 revolutions on each foot). Any single jumps and double jumps may only be the double Salchow, double toe loop, double loop and the double flip. Jump combinations and sequences allowed. Maximum 8 jumping elements for men and 7 for ladies. Men: Two different step sequences Ladies: One step sequence and one spiral sequence (see Rule 3640 for description).	Skaters must have passed at least the U.S. Figure Skating novice free skate test but may not have passed tests higher than junior free skate test	Time: Ladies 3:30 +/-10 Men 4:00 +/-10
Senior Test	Four spins (min 6 revolutions on all solo spins)- one must be a flying spin, one solo spin, one spin combination consisting of all three positions and one change of foot (minimum 2 in each position and minimum 5 revolutions on each foot). At least four different double jumps one must be a double Lutz. Jump combinations and sequences allowed. Maximum 8 jumping elements for men and 7 for ladies. Men: Two different step sequences. Ladies: One step sequence and one spiral sequence (see Rule 3640 for description).	Skaters must have passed at least the U.S. Figure Skating junior free skate test	Time: Ladies 4:00 +/-10 Men 4:30 +/-10

FREE SKATING EVENTS

Skaters may enter the event for which they have passed the required test or one level higher (ie. skaters may "skate-up" one level) except as noted below. Times stated for free skating events are +/-10 seconds except Adults which are max times, no min. Jump and spin element restrictions for Preliminary B – Senior, and Adult Pre-Bronze – Adult Gold can be found in the current rulebook 3640 – 3806.

Beginner I Free Skate: (1: 30) Open to all skaters who have passed Basic Freestyle 4 or ISI Freestyle 4, but **not** passed the U. S. F. S. Pre-Preliminary freestyle test. Only half revolution jumps permitted as well as salchow and toe loop.

Beginner II Free Skate: (1: 30) Open to all skaters who have passed Basic Freestyle 4 or ISI Freestyle 4, but **not** passed the U. S. F. S. Pre-Preliminary freestyle test. Single jumps permitted, **no** axels, **no** lutz and **no** double jumps.

Pre-Preliminary A Freestyle: (1: 30) May have passed Pre-Preliminary FS test and no higher. All single jumps permitted, **no** axels permitted, **no** double jumps permitted.

Pre-Preliminary B Freestyle: (1: 30) May have passed Pre-Preliminary FS test and no higher. All single jumps including axel are permitted. **No** double jumps.

Preliminary A Freestyle: (1: 30) May have passed Preliminary FS test and no higher. All single jumps including axel are permitted. **No** double jumps.

Preliminary B Freestyle: (1: 30) May have passed Preliminary FS test and no higher.

Pre-Juvenile Freestyle: (2: 00) May have passed Pre-Juvenile FS test and no higher.

Juvenile Freestyle: (2:15) May have passed the U.S. Figure Skating Juvenile Free Skating Test and no higher. Must be 12 years of age or younger as of March 20, 2009.

Open Juvenile Freestyle: (2:15) May have passed the U.S. Figure Skating Juvenile Free Skating Test and no higher. Must be 13 years of age or older as of March 20, 2009.

Intermediate Freestyle: (2:30) May have passed the U.S. Figure Skating Intermediate Free Skating Test and no higher.

Novice Freestyle: (Ladies 3:00 Men: 3: 30) May have passed the U.S. Figure Skating Novice Free Skating Test and no: higher.

Junior Freestyle: (Ladies 3:30 Men: 4:00) May have passed the U.S. Figure Skating Junior Free Skating Test and no higher.

Senior Freestyle: (Ladies 4:00 Men: 4:30) May have passed the U. S. Figure Skating Senior Skating Test.

Adult Pre Bronze Free Skate: (1:40) Open to all skaters who have not passed the USFSA Bronze Free Skate test. May include single jumps except lutz or axel.

Adult Bronze Free Skate: (1:50) Open to skaters who have not passed the USFSA Silver Free Skate Test. May include any single jumps, but NO AXELS.

Adult Silver Free Skate: (2:10) Open to skaters who have not passed the USFSA Gold Free Skate Test. May include any single jumps (including axels).

Adult Gold Free Skate: (2:40) Open to skaters who have passed at least the USFSA Adult Silver Free Skate Test. No Double Flips, Double Lutzs, or Double Axels..

Adult Level I: (1:40) May not have passed above basic skills 4. Any skills from the Basic Skills 1 – 8 but no waltz jumps or one-foot spin. .

Adult Level II: (1:40) May not have passed Adult Pre-Bronze or Pre-Preliminary Free Skating Test No spin above a one-foot spin. ½ rotation jumps are allowed, but no salchow or toe loop.

Compulsory Moves Events

Skaters may enter the event for which they have passed the required test or one level higher (ie. skaters may "skate-up" one level) except as noted below. All compulsory moves events will be skated with no music on half of the ice surface. Minimal connecting steps are allowed. Moves may be skated in any order and no additional elements are permitted. Elements may not be repeated.

Beginner I Compulsory Moves: (1 Minute or less)

1. Forward Crossovers, 5 each direction
2. Half Flip
3. Forward Lunge
4. Two foot spin

Beginner II Compulsory Moves: (1 minute or less)

1. Back Crossovers, 5 each direction
2. Waltz jump/ toe loop combination
3. Forward spiral, straight line or outside edge
4. One foot spin (free foot position optional)

Pre Preliminary Compulsory Moves: (1 minute or less)

1. Forward inside spiral
2. Salchow
3. Jump combination consisting of two single jumps, NO AXELS
4. Scratch spin

Preliminary Compulsory Moves: (1:15 or less)

1. Loop Jump
2. Jump combination consisting of two single jumps, may include axels
3. Sit spin
4. Straight line footwork sequence

Pre Juvenile Compulsory Moves: (1:15 or less)

1. Camel Spin
2. Lutz
3. Jump combination consisting of two single jumps, may include axels
4. Circular footwork sequence

Adult – Level I – (1 Minute or less)

1. Forward two-foot swizzles
2. Backward skating (wiggles or swizzles)
3. Forward crossovers – minimum of 5 consecutive, clockwise or counter clockwise
4. Backward one foot glide- right or left

Adult – Level II - (1 Minute or less)

1. Backward crossovers – minimum of 5 consecutive, clockwise or counter clockwise
2. Two-foot spin
3. Inside Mohawk (either direction)
4. Forward (arabesque spiral) on a straight line – right or left

Adult Pre Bronze Compulsory Moves: (1 Minute or less)

1. Backward crossovers, 5 each direction
2. Forward spiral, straight line or edge
3. Waltz jump
4. One foot spin

Adult Bronze Compulsory Moves: (1:15 or less)

1. Salchow
2. Waltz jump/ toe loop combination
3. Back spin
4. Spiral sequence

Adult Silver Compulsory Moves: (1:15 or less)

1. Loop jump
2. Jump combination consisting of two single jumps, NO AXELS
3. Camel/Sit spin
4. Straight line footwork sequence

Adult Gold Compulsory Moves: (1:30 or less)

1. Lutz jump
2. Combination jump consisting of 2 single jumps
3. Combination spin with change of foot and position
4. Straightline or circular footwork sequence

SHORT PROGRAMS

Requirements are the same as for the free skate. Skaters may "skate up" one level. Short program requirements are listed in the 2009 Rulebook for the 2009–10 season. Short program times are maximum times.

Juvenile/ Open Juvenile Short Program: (2:00)

Axel; Double Jump; Jump Combination consisting of 2 single jumps or 1 single & 1 double; Solo spin –minimum of 4 revolutions in position, may not commence with a jump; spin combination with only one change of foot & only one change of position (4 revolutions on each foot); step sequence (straight line, circular or serpentine)

Intermediate Short Program: (2:00)

As stated by the 2009 U. S. Figure Skating Rulebook

Novice Short Program: (2:15)

As stated by the 2009 U. S. Figure Skating Rulebook

Junior Short Program: (2:40)

As stated by the 2009 for the 2008-09 season U. S. Figure Skating Rulebook

Senior Short Program: (2:40)

As stated by the 2009 U. S. Figure Skating Rulebook

SOLO DANCE & ADULT SOLO DANCE

Each dance is a separate event. Adults and Youth will be separate events. Solo dance will be two patterns only and is open to men and ladies. The dances you wish to enter may be selected from those listed, in your present level, and/or from one level higher. Awards will be presented for each individual dance event. Up to 4 dances may be chosen.

Preliminary	Skater may have passed all Preliminary Dances but not all Pre-Bronze Dances Dance events: Dutch Waltz, Rhythm Blues, Canasta Tango	Silver	Skater may have passed all Silver Dances, but not all Pre-Gold Dances Dance events: American Waltz, Rocker Foxtrot, Harris Tango
Pre-Bronze	Skater may have passed all Pre-Bronze Dances but not all Bronze Dances Dance events: Cha-Cha, Fiesta Tango, Swing Dance	Pre-Gold	Skater may have passed all Pre-Gold Dances, but not all Gold Dances Dance Events: Kilian, Blues, Paso Doble, Starlight Waltz
Bronze	Skater may have passed all Bronze, but not all Pre-Silver Dances Dance events: Willow Waltz, Ten Fox, Hickory Hoedown	Gold	Skater may have passed all Gold Dances Dance Events: Viennese Waltz, Westminster Waltz, Quickstep, Argentine Tango
Pre-Silver	Skater may have passed all Pre-Silver Dances, but not all Silver Dances Dance events: Fourteenstep, European Waltz, Foxtrot		

Showcase Events

Skated to music of the skater's choice (vocal music is permitted) on the whole ice surface. Programs should stress creativity, musical interpretation, and overall artistic performance. Hand held props are allowed.

Showcase I: (1: 30)

Open to Basic Skills and Beginner I FS skaters. Skaters may do half jumps, including toe loops and salchows.

Showcase II: (1: 30)

Open to Beginner II –Pre-preliminary skaters. Skaters may do single jumps only (NO AXELS).

Showcase III: (2: 00)

Open to Preliminary & Pre-Juvenile skaters. Skaters may do single jumps including axels only.

Showcase IV: (2: 00)

Open to Juvenile – Senior skaters. No jump limitations.

Showcase V: (2: 00)

This level is open to adults only. Single jumps only (no axels).

SPINS

Skaters may enter the event for which they have passed the required test or one level higher (ie. skaters may "skate-up" one level) except as noted below. Spins must be skated exactly as stated but may be skated in any order without music. Connecting moves may be included for the sole purpose of maneuvering between spins and will not be judged. All levels will be skated on half the ice surface.

Pre-Preliminary Spins (1 minute)

Scratch Spin; two-foot Spin; Sit Spin (minimum 3 revs per spin)

Preliminary Spins (1 minute)

Back Spin; Camel Spin; Sit Spin (minimum 3 revs per spin)

Pre-Juvenile Spins (1:15)

Camel Spin (min 3 revs); Forward to Backward Scratch Spin (min 4 revs per foot); Camel to Sit Spin with no change of foot (min 6 revs total)

Juvenile/Open Juvenile Spins (1:15)

Sit Spin (min 4 revs); Combination Spin with change of foot, change of position optional (4 revs per foot); Layback Spin (ladies); Camel Spin (men) (minimum 4 revs per foot)

Intermediate Spins (1:30)

Sit change Sit Spin (min 4 revs per foot); Flying Camel (min 5 revs per foot); Combination Spin with change of foot and at least one change of position (min 5 revs per foot)

Novice Spins (1:30)

Solo spin – minimum 6 revs (Camel Sit or Layback); Camel change Camel Spin (min 4 revs per foot); Combination Spin with change of foot and least one change of position (min 5 revs per foot)

Junior Spins (2:00)

Flying Sit Spin or Flying Reverse Sit Spin (min 6 revs); Combination Spin utilizing all 3 positions and one change of foot (min 5 revs per foot); Layback (ladies); Cross Foot (men) minimum 6 revs

Senior Spins (2:00)

Solo Spin of choice (min 6 revs); Flying spin of choice (min 6 revs); Combination Spin utilizing all 3 positions and one change of foot (min 10 revolutions)

Adult Pre-Bronze Spins (1:15)

One Foot Upright Spin (min 3 revs); Two Foot Spin (min 3 revs); pivot (forward or backward)

Adult Bronze Spins (1:15)

One Foot Upright Spin (min 4 revs); One Foot Back Spin (min 3 revs); Sit Spin (min 3 revs)

Adult Silver Spins (1:30)

Camel Spin (min 3 revs); Layback Spin, Attitude or Sit Spin (min 4 revs); Combination Spin with only one change of position (min 4 revs each position)

Adult Gold Spins (1:30)

Camel Spin (min 4 revs); Layback Spin, Attitude or Sit Spin (min 4 revs); Combination Spin with only one change of foot and at least one change of position (min 4 revs per foot)

MOVES IN THE FIELD

Skaters may enter the event for which they have passed the required test or one level higher (ie. skaters may "skate-up" one level) except as noted below.

Pre Preliminary	Pattern 3 -Forward Right and Left Foot Spirals Pattern 4 -Waltz Eight	Senior	Pattern 3a -Backward Outside Power Double 3-turns to Power Double Inside Rockers Pattern 4 -Quick Edge Step
Preliminary	Pattern 2 -Consecutive Outside and Inside Spirals Pattern 4 -Alternating Forward 3-Turns	Adult Pre Bronze	Pattern 1 -Forward Perimeter Stroking (APBM Pattern 1) Pattern 5 -Forward and Backward Crossovers (APBM Pattern 5)
Pre-Juvenile	Pattern 4 -Forward Inside, Backward Outside 3 Turns in the Field Pattern 5 -Forward and Backward Power Pulls	Adult Bronze	Pattern 2 -Backward Perimeter Power Crossover Stroking (ABM Pattern 2) Pattern 5 - Five Step Mohawk Sequence (ABM Pattern 5)
Juvenile	Pattern 2 -Cross strokes, Forward and Backward Pattern 3 -Backward Power 3's	Adult Silver	Pattern 1 -Eight Step Mohawk Sequence (ASM Pattern 1) Pattern 4 -Forward Inside, Backward Outside 3 Turns in the field (ASM – Pattern 4)
Intermediate	Pattern 4 -Backward Double 3 Turns Pattern 6 -Inside Slide Chasse Pattern	Adult Gold	Pattern 1 -Stroking: Forward Power Circle (AGM Pattern 1) Pattern 6 -Brackets in the Field (AGM Pattern 6)
Novice	Pattern 2 -Forward Stroking to Quick Rocker Turn Sequence, counter clockwise only Pattern 5 -Spiral Sequence		
Junior	Pattern 3a -Forward and Backward Outside Rockers Pattern 4 -Power Pulls		

Jumps Event

Skaters may enter the event for which they have passed the required FS test or one level higher (ie. skaters may "skate-up" one level) except as noted below.. Jumps must be skated as stated in any order without music. Connecting steps may be used. Jumps are executed one time only.

Beginner 1 min. 1/2 ice	Waltz jump, toe loop, salchow
Pre Preliminary 1 min. 1/2 ice	Loop jump, flip jump, combination jump of any two single jumps. No axel.
Preliminary 1 min. 1/2 ice	Flip jump, lutz jump and combination jump with loop jump, axel permitted.
Pre Juvenile 1 min. 1/2 ice	Lutz loop combination, axel, double salchow
Juvenile/Open Juv 1-1/2 min. 1/2 ice	Axel, double toe, combination of any double jump with a single jump. No double axels.
Intermediate 1-1/2 min. Full ice	Axel, double loop jump, combination of any two double jumps, double axel permitted.
Novice 1-1/2 min. Full ice	Double loop, double flip, combination of any two doubles, double axel permitted.
Junior 1-1/2 min. Full ice	Double axel, double lutz, combination of any two double jumps or a triple jump with a double jump.
Senior 1-1/2 min. Full ice	Double lutz, double axel, combination of any double jump or triple jump with a double jump or a triple/triple combination.
Adult Pre Bronze 1 min.. 1/2 ice	Waltz jump, toe loop, salchow
Adult Bronze 1 min. . 1/2 ice	Loop jump, salchow, combination jump of any two single jumps, no axel.
Adult Silver 1.1/2 min. Full ice	Flip jump, lutz jump, combination of any two single jumps, or double jump of choice.
Adult Gold/Masters 1 ½ min.. Full ice	Single axel, lutz jump, combination of any two single jumps, or double jumps

Team Events

Skaters may only compete in one type of team event

Team event A – Multi level Team Compulsory Elements

Team fun! Six teams will compete on the ice at a time. A team will consist of 4-6 members representing each skating level designated below. Up to 2 skaters on each team may represent 2 levels (ie representing both Juv. and Int.). Skaters may not compete on more than one team or in more than one team event. Each skater performs one element at a time and then returns to their team at their designated position on the ice. Each skater will perform the next element only when directed by a judge or referee. The skating order will start with all Beginner participants and proceed through each designated level through the Intermediate participants. A warm up will be given for Beginner through Preliminary before their elements. Next a warm up will be given for Pre Juvenile through Juvenile before their elements. Finally, a warm up will be given for Intermediate/Novice before they perform their elements. Skaters should dress warmly as they will be standing on the ice while others are skating.

Please check the event and mark the team leader's name on your form. Please note that the team leader must submit the special team entry form to include all teammates information.

Beginner	salchow jump; forward spiral	Juvenile	combination jump axel permitted; combination spin (minimum 3 revs in at least 2 positions)
Pre Preliminary	loop jump; one foot spin (min 3 revs)		
Preliminary	Flip jump; sitspin (min 3 revs)	Intermediate/Novice	Double jump in combination, Flying Spin (min 4 revs in position)
Pre Juvenile	Lutz Jump; camel spin (min 3 revs)		

Team Event B – Prepre/ Pre Team Elements

More team fun! Up to Six teams will compete on the ice at a time. A team will consist of 4 – 6 members of skaters who are beginner to preliminary level. There are a total of 6 individual elements and 1 all team element. Up to 2 skaters on each team may perform 2 elements. Skaters may not compete on more than one team. Each skater performs one element at a time and then returns to their team at their designated position on the ice. Each skater will perform the next element only when directed by a judge or referee. The skating order will start with all element segment A. One warm up will be given at the beginning of the event. Skaters should dress warmly as they will be standing on the ice while others are skating. Skaters will complete the event with a team shoot the duck/spiral where skaters perform a shoot the duck/spiral as a team in some type of hold.

Please check the event and mark the team leader's name on your form. Please note that the team leader must submit the special team entry form to include all teammates information.

Individual elements: waltz jump; forward spiral; one foot spin (min. 3 revs); loop jump; flip jump; sit spin
All team element: team shoot the duck/spiral where skaters are connected.

SOUTH DAYTON SILVER SKATE COMPETITION BASIC SKILLS ENTRY FORM

Name _____ Male _____ Female _____ USFSA # _____

Address _____ City _____ State _____ Zip _____

E-mail address _____ Age _____ Birthday _____ Phone _____ Home Club _____

Coach _____ Coach Phone _____ Coach E-mail address _____

Highest test passed: **Basic Skills** _____

Check events to be entered:

BASIC SKILLS ELEMENTS

- Snowplow Sam-Tots ()
- Basic 1 ()
- Basic 2 ()
- Basic 3 ()
- Basic 4 ()
- Basic 5 ()
- Basic 6 ()
- Basic 7 ()
- Basic 8 ()

BASIC SKILLS FS

- Snowplow Sam-Tots ()
- Basic 1 ()
- Basic 2 ()
- Basic 3 ()
- Basic 4 ()
- Basic 5 ()
- Basic 6 ()
- Basic 7 ()
- Basic 8 ()
- Basic FS 1 ()
- Basic FS 2 ()
- Basic FS 3 ()
- Basic FS 4 ()
- Basic FS 5 ()
- Basic FS 6 ()

Event Fees

Basic Skills first event \$30.00
 Basic Skills additional event..... \$15.00 per event

Team Events Entry Form

Team Event A _____

Team Event B _____

Team Name _____

Home Club _____

Parent Team Leader _____

Phone # _____ Email _____

Skater's Name (print)	USFSA #	Highest FS test Passed	Parent's Signature
1. _____	_____	_____	_____
2. _____	_____	_____	_____
3. _____	_____	_____	_____
4. _____	_____	_____	_____
5. _____	_____	_____	_____
6. _____	_____	_____	_____

Event Fees: Per Skater \$10.00. Each skater must include a completed official entry form with this application.

SOUTH DAYTON SILVER SKATE COMPETITION ENTRY FORM

Name _____ Male _____ Female _____ USFSA # _____

Address _____ City _____ State _____ Zip _____

E-mail address _____ Age _____ Birthday _____ Phone _____ Home Club _____

Coach _____ Coach Phone _____ Coach E-mail address _____

Highest test passed: Free skating _____ Dance _____ Moves in the Field _____

Pairs _____ Pair Partner Name _____

Check events to be entered:

SOLO DANCE/ADULT SOLO DANCE

- Preliminary Dance**
- Dutch Waltz ()
- Rhythm Blues ()
- Canasta Tango ()
- Pre-Bronze Dance**
- Cha-Cha ()
- Fiesta Tango ()
- Swing Dance ()
- Bronze Dance**
- Willow Waltz ()
- Ten Fox ()
- Hickory Hoedown ()
- Pre-Silver Dance**
- Fourteenstep ()
- European Waltz ()
- Foxtrot ()
- Silver Dance**
- American Waltz ()
- Rocker Foxtrot ()
- Harris Tango ()
- Pre-Gold Dance**
- Kilian ()
- Blues ()
- Paso Doble ()
- Starlight Waltz ()
- Gold Dance**
- Viennese Waltz ()
- Westminster Waltz ()
- Quickstep ()
- Argentine Tango ()

- Beginner II ()
- Pre Preliminary ()
- Preliminary ()
- Pre Juvenile ()
- Adult Pre-Bronze ()
- Adult Bronze ()
- Adult Silver ()
- Adult Gold ()
- Adult Level I ()
- Adult Level II ()

FREE SKATING

- Beginner I ()
- Beginner II ()
- Pre Preliminary A ()
- Pre Preliminary B ()
- Preliminary A ()
- Preliminary B ()
- Pre Juvenile ()
- Juvenile ()
- Open Juvenile ()
- Intermediate ()
- Novice ()
- Junior ()
- Senior ()
- Adult Pre-Bronze ()
- Adult Bronze ()
- Adult Silver ()
- Adult Gold ()
- Adult Level I ()
- Adult Level II ()

SPINS

- Pre Preliminary ()
- Preliminary ()
- Pre Juvenile ()
- Open Juvenile ()
- Juvenile ()
- Intermediate ()
- Novice ()
- Junior ()
- Senior ()
- Adult Pre-Bronze ()
- Adult Bronze ()
- Adult Silver ()
- Adult Gold ()

MOVES IN THE FIELD

- Pre Preliminary ()
- Preliminary ()
- Pre Juvenile ()
- Open Juvenile ()
- Juvenile ()
- Intermediate ()
- Novice ()
- Junior ()
- Senior ()
- Adult Pre-Bronze ()
- Adult Bronze ()
- Adult Silver ()
- Adult Gold ()

JUMPS

- Beginner ()
- Pre Preliminary ()
- Preliminary ()
- Pre Juvenile ()
- Open Juvenile ()
- Juvenile ()
- Intermediate ()
- Novice ()
- Junior ()
- Senior ()
- Adult Pre-Bronze ()
- Adult Bronze ()
- Adult Silver ()
- Adult Gold ()

SHORT PROGRAM

- Open Juv SP ()
- Juvenile SP ()
- Intermediate SP ()
- Novice SP ()
- Junior SP ()
- Senior SP ()

COMPETITIVE TEST TRACK

- FREE SKATING**
- Limited Beginner ()
- Beginner ()
- Pre-Preliminary ()
- Preliminary ()
- Pre Juvenile ()
- Juvenile ()
- Intermediate ()
- Novice ()
- Junior ()
- Senior ()

SHOWCASE

- Showcase I ()
- Showcase II ()
- Showcase III ()
- Showcase IV ()
- Showcase V ()

SIMILAR PAIRS

- Junior ()
- Senior ()

COMPULSORY MOVES

- Beginner I ()

PAIR FS

- Preliminary Pairs ()
- Juvenile Pairs ()
- Intermediate Pairs ()
- Novice Pairs ()
- Junior Pairs ()
- Senior Pairs ()
- Adult Pairs ()

Event Fees

- First solo event..... \$60.00
- Additional solo events \$30.00 per event
- Pairs events \$30.00 per person

**2009 SOUTH DAYTON SILVER SKATE
FIGURE SKATING COMPETITION
CERTIFICATION**

COMPETITOR/PARENT/COACH'S STATEMENT

I understand that this entry must be postmarked no later than March 20, 2009. The competition committee reserves the right to limit the number of entries accepted or to cancel an event due to time constraints. The undersigned agrees to hold harmless United States Figure Skating, the South Dayton Figure Skating Club, Kettering Ice Arena and all employees, volunteers and agents from any loss, damage and/or injury that may be sustained by the entrant in any manner while participating in any of the activities of said competition. I also agree that this application contains correct information to the best of my knowledge and that I will accept a collect phone call if the application is incomplete in order to complete such information.

Signature of Entrant	Signature of Parent, If Entrant under 18	Date
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CERTIFICATION OF CLUB OFFICER:

To the best of my knowledge, the information attached to this form is true and correct. The competitor is a member of our club in good standing

Club Officer/Club Test Chairperson	Title	Date
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COACH'S CERTIFICATION

to the best of my knowledge, the information on this form is true and correct.

Coach's Signature	Date
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NOTE: Please be sure Practice ice form, certification and entry form are filled out completely and legibly before returning to South Dayton Figure Skating Club. Remember to enclose payment for competition entry, practice ice.

Application Form may be reproduced....remember to duplicate **ALL** 3 forms to insure correct application to competition.

Event Fees

First solo event.....	\$60.00
Additional solo events	\$30.00 per event
Pairs events	\$30.00 per person
Basic Skills first event	\$30.00
Basic Skills additional event.....	\$15.00 per event
Team Event	\$10.00 per team member

Completed entries, with all fees (checks payable to South Dayton FSC), must be mailed no later than March 20, 2009 to:

Sandra Rooney
524 Earnshaw Dr
Dayton, OH 45429
(937) 643-4084
sbhr58@yahoo.com

PRACTICE ICE

SKATER'S NAME _____ LEVEL _____

Please indicate the number and type of practice session(s) **Basic Skills** _____

Free Skating _____ **Dance** _____ **Pairs** _____

Test Session Practice _____

Every effort will be made to accommodate the appropriate session for the appropriate competition time. Practice ice is \$10.00 per 20 min. session.

Enclosed is \$ _____ for _____ sessions of practice ice.

**Purchase a “Best Wishes” ad for your skater
in the Silver Skate program**

Cost is \$15 for up to 25 words

Use grid below to write your ad (one word per cell) and include a separate check payable to **SDFSC** for \$15 with your application. Please indicate Best Wishes Ad and skater’s name on memo line of check.

If you would like an image to be included in your ad, please indicate the image ID number in a box above. If no image ID number is provided, no image will be included in the ad.

Available images:



FS #1



FS #2



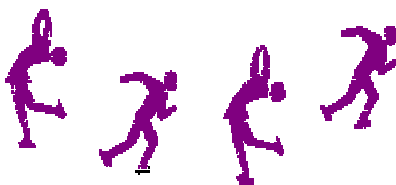
FS #3



MS #1



MS #2



Grp #1



Skt #1



Skt #2