## TRI-STATE BASIC SKILLS COMPETITION

# HOSTED BY **DEARBORN FIGURE SKATING CLUB APRIL 10 – 13, 2008**

CLOSING DATE: MARCH 1, 2008
SANCTIONED BY US FIGURE SKATING AND SKATE CANADA

The Tri-State Basic Skills Competition, will be held at the Dearborn Ice Skating Center. The arena is located at 14900 Ford Road, Dearborn, Michigan. The ice surface is oval shaped and measures 85' wide by 185' long.

**ELIGIBILITY RULES FOR PARTICIPANTS:** The competition is open to ALL skaters who are current eligible (ER1.00) members of either the Basic Skills Program and/or are full members of U.S. Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Basic Skills Program/Club or any other Basic Skills Program/Club.

Eligibility will be based on skill level as of closing date of entries. All **SNOWPLOW SAM** and **BASIC SKILLS SKATERS THROUGH BASIC 8** must skate at highest level passed and **NO** official U.S. Figure Skating tests may have been passed including **MIF** or individual dances.

For the Free skate 1-6 Test Track and Well Balanced levels, eligibility will be based only upon highest free skate test level passed (moves in the field test level will not determine skater's competitive level). Skaters may skate at highest level passed **OR** one level higher **BUT** not both levels in the same event during the same competition.

Males and Females may, or may not, be placed in the same group.

All skaters will be divided into groups based on skill level and age. Age groups will be combined at the discretion of the Referee and/or Competition Chair.

If there is only one (1) competitor in a group (there will be no exhibitions), the competitor will be asked if they wish to skate up or will receive a refund.

**RULES:** The competition will be conducted under the rules set forth in the U.S. Figure Skating Basic Skills Competition Manual.

**IMPORTANT NOTE:** Please read the application carefully and include all requested information and signatures. **PRINT PLAINLY** in blue or black ink. Incomplete or unreadable applications will be returned to the applicant, possibly resulting in a late fee.

**REGISTRATION:** The registration desk will be open one (1) hour prior to the start of the competition each day. Skaters must check in at least one (1) hour prior to the start of the event.

<u>FEES:</u> The entry fee if \$35.00 for the **first event** and \$15.00 for **each additional event**. All fees must accompany this application. <u>Note:</u> A fee of \$25.00 will be charged for all returned NSF checks.

\*\* NO REFUNDS TO BE GIVEN UNLESS EVENT IS CANCELLED\*\*

Mail completed entry to: 2008 Tri-State Basic Skills Competition

Shannon Iatzko 21150 W. Outer Drive

Dearborn, Michigan 48124-3030

## **PRACTICE ICE:**

You will be notified of practice schedules and tentative competition schedule as soon as it is provided by the referee. A form to request practice ice will be sent to you with the confirmation of your competition events and times. No music will be played on practice ice.

<u>MUSIC:</u> Music will be played from/CD/Cassettes only. You must have an extra copy of your music with you for backup. Cassettes must be rewound and ready to play. Competitors must file their music with the Registration Desk as soon as possible. <u>No programs will be played on practice ice.</u>

**<u>AWARDS</u>**: Medals will be presented off ice to skaters placing 1<sup>st</sup> through 4<sup>th</sup> place. An individual plaque will be given to the club with the most points.

**NOTICES:** An official bulletin board will be maintained throughout the competition and will be considered adequate notice to all skaters and professionals of schedule changes. All skaters should report to the Registration Desk at least one hour prior to their scheduled event time.

### **HOTELS**

Double Tree Hotel 5801 Southfield Freeway Detroit, Michigan Contact: Carrie Noble 313-982-3982

Hyatt Regency
Fairlane Town Center
Dearborn, Michigan

Contact: Brent Hill 313-982-6895

Hampton Inn

20061 Michigan Avenue Dearborn, Michigan

Contact: Susan Hoh 313-436-9600

Marriott Residence Inn 5777 Southfield Service Drive

Detroit, Michigan

Contact: Rachel Mirves 248-631-5045

Please mention **Dearborn Figure Skating Club** when reserving rooms.

#### PARENT/GUARDIAN NOTES

Just a few helpful hints to make the application process easier and more efficient....

- Please **print plainly** and fill out the **entire** application in blue or black ink.
- You **must** include skater's current skill level as of the closing date of the competition.
- Certification form must be signed by skater and the parent/guardian.
- Remember, there will be ABSOLUTELY NO REFUNDS unless the event is cancelled per US Figure Skating directive.
- Please include a self-addressed, stamped business envelope to receive a tentative schedule of events. The schedule will also be available on the website <a href="http://www.sk8stuff.com">http://dearbornfsc.com</a>

## **EVENTS TO BE SKATED AND ELIGIBILITY**

**ELEMENTS – Basic Skills Curriculum (Snowplow Sam through Basic 8)** 

To be skated on 1/2 or 1/3 ice. No music will be played and all elements must be skated in the order listed. Each skater will have the option to perform one element at a time and will perform the next element only when directed by a judge or referee OR skater performs all of the required elements. Time: 1:00 or less.

(Format examples – each skater performs element 1 before moving onto the second element and so on OR each skater performs all of the required elements before moving onto the next skater.)

EVENT LEVEL	REQUIRED ELEMENTS
Snowplow Sam	<ol> <li>March followed by a two-foot glide and dip</li> <li>Forward two-foot swizzles – 2-3 in a row</li> <li>Forward snowplow stop</li> <li>Backward wiggles – 2-6 in a row</li> </ol>
Basic 1	<ol> <li>Forward two-foot glide</li> <li>Forward two-foot swizzles – 6-8 in a row</li> <li>Forward snowplow stop</li> <li>Backward wiggles – 2-6 in a row</li> </ol>
Basic 2	<ol> <li>Forward one-foot glide – either foot</li> <li>Forward alternating ½ swizzle pumps, in a straight line across the width of the ice.</li> <li>Two-foot turn in place – forward to backward.</li> <li>Backward two-foot swizzles – 6-8 in a row.</li> <li>Moving snowplow stop</li> </ol>
Basic 3	<ol> <li>Forward stroking</li> <li>Forward ½ swizzle pumps on a circle, either clockwise or counterclockwise – 6-8 consecutive</li> <li>Moving forward to backward two-foot turn – either direction</li> <li>Backward one-foot glide – either foot</li> <li>Two-foot spin</li> </ol>
Basic 4	<ol> <li>Forward outside edge on a circle – either clockwise or counter clockwise</li> <li>Forward crossovers – 6-8 consecutive, both directions</li> <li>Forward outside 3-turn – Right or Left</li> <li>Backward stroking</li> <li>Backward snowplow stop – either Right or Left</li> </ol>
Basic 5	<ol> <li>Backward outside edge on a circle, clockwise or counter-clockwise</li> <li>Backward crossovers – 6-8 consecutive, both directions</li> <li>One foot spin – minimum of three (3) revolutions</li> <li>Hockey stop</li> <li>Side toe hop – either direction</li> </ol>
Basic 6	<ol> <li>Forward inside 3-turn – Right to Left from a standstill</li> <li>Bunny Hop</li> <li>Forward spiral on a straight line – Right or Left</li> <li>Lunge – Right or Left</li> <li>T-stop – Right or Left</li> </ol>
Basic 7	<ol> <li>Forward inside open Mohawk – Right to Left and Left to Right</li> <li>Ballet jump – either direction</li> <li>Back crossovers to a backward outside edge landing position clockwise and counter clockwise</li> <li>Forward inside pivot</li> </ol>
Basic 8	<ol> <li>Moving forward outside or forward inside 3-turns – Right and Left</li> <li>Waltz jump</li> <li>Mazurka – either direction</li> <li>Combination move – clockwise or counter clockwise (two forward crossovers into forward inside Mohawk, step behind, step into one back crossover and step to a forward inside edge)</li> <li>Beginning one-foot upright spin, optional free foot position</li> </ol>

## ELEMENTS – Freestyle 1 through 6 – No Music

The skater must demonstrate the required elements and may use, but is not required to use, any additional elements from previous levels (where applicable). A .2 deduction will be taken for each element performed from a higher level. The skating order of the required elements is optional. To be skated on ½ ice – no music permitted – in program form, using a limited number of connecting steps, the skating order of the required elements is optional. Time: 1:00 or less. No other elements may be included.

EVENT LEVEL	REQUIRED ELEMENTS		
Freeskate 1	<ol> <li>Advanced forward stroking – 4-6 consecutive strokes</li> <li>Basic forward outside edges and forward inside consecutive edges – 2-4 outside and 2-4 inside edges</li> <li>Scratch spin from backward crossovers</li> <li>Waltz jump from backward crossovers</li> <li>Half flip jump</li> </ol>		
Freeskate 2	<ol> <li>Forward outside spiral – Right or Left and a forward inside spiral – Right or Left</li> <li>Waltz Three's – Right or Left</li> <li>Beginning backspin – entry optional</li> <li>Waltz jump, side toe hop, waltz jump series</li> <li>Toe loop jump</li> </ol>		
Freeskate 3	<ol> <li>Forward crossovers in a figure 8</li> <li>Advanced forward outside swing rolls – 4-6 consecutive</li> <li>Back spin</li> <li>Salchow jump</li> <li>Waltz jump/toe loop or Salchow/toe loop jump combination</li> </ol>		
Freeskate 4	<ol> <li>Spiral sequence, forward inside spiral, forward inside Mohawk, backward outside spiral – clockwise or counter-clockwise</li> <li>Forward power 3's, 2-3 consecutive sets – Right or Left</li> <li>Sit spin</li> <li>Loop jump</li> <li>Waltz jump/loop jump combination</li> </ol>		
Freeskate 5	<ol> <li>Spiral sequence, forward outside spiral, forward outside 3-turn, one backward crossover, backward inside spiral</li> <li>Camel spin</li> <li>Forward upright spin to back upright spin</li> <li>Loop/loop jump combination</li> <li>Flip jump</li> </ol>		
Freeskate 6	<ol> <li>Five step Mohawk sequence – 1 alternating pattern (refer to Basic Skills Curriculum Freeskate 6)</li> <li>Camel, sit spin combination – minimum of 4 revolutions total</li> <li>Split jump or stag jump</li> <li>Waltz jump, ½ loop, Salchow combination</li> <li>Lutz jump</li> </ol>		

## BASIC PROGRAMS with MUSIC - SNOWPLOW and BASIC 1 through 8

The skating order of the required elements is optional. The elements are not restricted as to the number of times element is executed, or length of glides, number of revolutions, etc., unless otherwise stated. **Vocal music is allowed**. May use elements from a previous level but not from a higher level. A .2 deduction will be taken for each element performed from a higher level. Time is 1:00 +/- 10 sec.., to be skated on full ice.

EVENT LEVEL	REQUIRED ELEMENTS
Snowplow Sam -TOTS	1. March followed by a two foot glide and dip
	2. Forward two foot swizzles 2-3 in a row
	3. Backward wiggles 2-6 in a row
	4. Forward snowplow stop
Basic 1	1. Forward two foot glide
	2. Forward two foot swizzles – 6 - 8 in a row
	3. Backward wiggles 6-8 in a row
	4. Forward snowplow stop
Basic 2	Forward one foot glide – either foot
	2. Two-foot turn in place – forward to backward
	3. Backward two foot swizzles – 6-8 in a row
	4. Forward alternating ½ swizzle pumps, in a straight line − across width of ice
	5. Moving snowplow stop
Basic 3	Forward stroking
	2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise 6-8
	consecutive 3. Moving forward to backward two foot turn – either direction
	4. Backward one foot glide – either foot
	5. Two foot spin
Davis 4	
Basic 4	Forward outside edge on a circle clockwise or counter clockwise or counter clockwise
	2. Forward crossovers 6-8 consecutive both directions
	3. Forward outside 3-turn – R and L
	4. Backward stroking
	5. Backward snowplow stop – R or L
Basic 5	Backward outside edge on a circle – clockwise or counter clockwise
	2. Backward crossovers 6-8 consecutive – both directions
	3. One foot spin – min of three revolutions
	4. Side Toe hop – either direction
	5. Hockey stop
Basic 6	1. Forward inside 3-turn – R & L
	2. Bunny Hop
	3. Forward arabesque spiral on a straight line R or L
	4. Lunge – R or L
	5. T-Stop – R or L
Basic 7	1. Forward inside open Mohawk – R to L and L to R
	2. Ballet Jump either direction
	<ol> <li>Backward crossovers to a back outside edge landing position – clockwise and counter clockwise</li> </ol>
	4. Forward inside pivot
Basic 8	Moving forward outside or forward inside 3 turn R and L
	2. Waltz jump
	3. Mazurka – either direction
	4. Combination move – clockwise or counter clockwise – (2 forward
	crossovers into FI Mohawk, step behind, step into 1 back crossover and step to a
	forward inside edge)
	5. Beginning one-foot upright spin, optional free foot position

## BASIC FREESKATE PROGRAM with MUSIC - FREESKATE 1 through 6

Skaters will use the full ice surface. The program should be no longer than 1:30 +/- 10 seconds and NO VOCAL music is allowed. Programs must contain all of the required elements and will be judged on Technical Merit and Presentation, but may not include elements from a higher level. The skating order of the required elements is optional. The elements are not restricted as to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated. The skater must demonstrate the required elements and may use, but is not required to use, any additional elements from previous levels. A .2 deduction will be taken for each element performed from a higher level.

EVENT LEVEL	REQUIRED ELEMENTS
Freeskate 1	1. Advanced forward stroking – 4-6 strokes
	2. Forward outside or inside consecutive edges, 2-4
	3. Scratch spin from backward crossovers
	4. Waltz jump from backward crossovers
	5. Half flip jump
Freeskate 2	Forward outside spiral – Right or Left
	2. Waltz Three's – Right or Left
	3. Beginning Backspin
	4. Waltz jump, side toe hop, waltz jump
	5. Toe loop
Freeskate 3	1. Forward crossovers in a figure 8
	2. Advanced forward outside swing rolls – 4-6 consecutive
	3. Back spin
	4. Salchow jump
	5. Waltz jump/toe loop or Salchow/toe loop jump combination
Freeskate 4	1. Spiral sequence: forward inside spiral, forward inside Mohawk,
	backward outside spiral – Right or Left
	2. Forward power 3-turns – 2-3 consecutive Right or Left
	3. Sit spin
	4. Loop jump
	5. Waltz jump/loop jump combination
Freeskate 5	1. Spiral sequence: forward outside spiral, forward outside 3-turn, one
	backward crossover, backward inside spiral – Right or Left
	2. Camel spin
	3. Forward upright spin to back upright spin
	4. Loop/loop jump combination
	5. Flip jump
Freeskate 6	1. Five step Mohawk sequence – 1 set alternative patterns
	2. Camel/sit spin combination – minimum of four (4) revolutions total
	3. Split or stag jump
	4. Waltz jump/ ½ loop/ Salchow jump combination
	5. Lutz jump

## TRI-STATE BASIC SKILLS COMPETITION APRIL 10 – 13, 2008

Name			Male	Female
Address	City		_State	Zip
Phone w/AreaCode	Bi	rthdate		
Email Address				
Club				
LIST THE HIGHEST LEVEL PASSED	AS OF 3/1/08:			

CHECK THE EVENTS YOU ARE ENTERING (Mark carefully & neatly)

BASIC SKILLS	BASIČ W/ MUŠÍĆ		
Snowplow Sam	Snowplow Sam - TOTS		
Basic 1	Basic 1		
Basic 2	Basic 2		
Basic 3	Basic 3		
Basic 4	Basic 4		
Basic 5	Basic 5		
Basic 6	Basic 6		
Basic 7	Basic 7		
Basic 8	Basic 8		
FREESKATE	FREESKATE W/ MUSIC		
Freeskate 1	Freeskate 1		
Freeskate 2	Freeskate 2		
Freeskate 3	Freeskate 3		
Freeskate 4	Freeskate 4		
Freeskate 5	Freeskate 5		
Freeskate 6	Freeskate 6		

FEES: \$35 First Event \$15 Each Additional Event

Make checks payable to: DEARBORN FIGURE SKATING CLUB
\$25 fee for all returned NSF checks)

MAIL TO: 2008 TRI-STATE BASIC SKILLS COMPETITION

C/O SHANNON IATZKO 21150 W. OUTER DRIVE

**DEARBORN, MICHIGAN 48124-3030** 

If you have any questions, please contact:

Shannon Iatzko at 313-563-5381 or email at <a href="mailto:sriatzko@abcglobal.net">sriatzko@abcglobal.net</a>
Joann Eastman at 734-397-3408 or email at <a href="mailto:joanneastman@comcast.net">joanneastman@comcast.net</a>

## CERTIFICATION BY ATHLETE AND PARENT/GUARDIAN

**Athlete:** I agree to conduct myself, both on and off the ice, in a manner that will reflect favorably upon this competition and upon the sport of figure skating, and that is consistent with the high standards of the sport. I agree to respect the person and property of others, and in the event I cause injury, damage, or loss to another or to the property of another, I hereby indemnify US Figure Skating, Dearborn Ice Skating Center, the local Competition Committee, the Dearborn Figure Skating Club and their officers, directors, members, committees, representatives, employees and agents, and agree to hold them harmless against any and all claims that another person may have or which may arise out of such injury, damage or loss, together with any reasonable costs and attorney's fees that may be incurred as result of any such claims, whether valid or not.

Athlete/Parent/Guardian: I understand that the US Figure Skating, Dearborn Ice Skating Center, the Dearborn Figure Skating Club or organizers of this competition undertake no responsibility for damages or injuries, or loss of property suffered by the skaters or officials. As a condition of and in consideration of the acceptance of the entries or participation therein, all entrants, their parents and guardians and officials shall be deemed to agree to assume all risks of injury to their person and property resulting from, caused by or connected with, the conduct and management of the competition, and to waive and release any and all claims which they may have against any officials, US Figure Skating, Dearborn Ice Skating Center, organizers of the competition, the Dearborn Figure Skating Club and it's officers, and their entries shall be accepted only on such condition. (3222)

Athlete's Signature	
Parent/Guardian's Signature	 Date