

Third Annual
Southwest Michigan Basic Skills Competition
Michigan Basic Skills Competition Series Member Club Event #12
Sanctioned by Skate Canada
August 16, 2008
Hosted By
Southwest Michigan Skating Club
3600 Vanrick Dr.
Kalamazoo, MI 49001

The Third Annual Southwest Michigan Basic Skills Competition, sponsored by the Southwest Michigan Skating Club will be held at the Wings Stadium complex (**home of The Kick-Off Classic**) located at 3600 Vanrick Dr, Kalamazoo, MI 49001. The arena offers dressing rooms, concession stand, restaurant, pro shop and ample parking.

ELIGIBILITY - The Competition is open to ALL skaters who are current eligible (ER.100) members of either the Basic Skills Program and/or are full members of US Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Basic Skills Program/Club or any other Basic Skills Program/Club.

Eligibility will be based on skill level as of closing date of entries. All SNOWPLOW SAM and BASIC SKILLS SKATERS THROUGH BASIC 8 must skate at highest level passed and NO official US Figure Skating tests may be have been passed including MIF or individual dances.

For the Test Track and Well Balanced levels, eligibility will be based upon highest free skate test level passed (moves in the field test level will not determine skater's competitive level). Skaters may skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition."

ENTRIES AND FEES – All entries must be postmarked no later than **July 19, 2008**. No entry requests will be accepted by telephone or email. Late entries will be accepted only if space allows and at the discretion of the competition chairpersons. All late entry requests must include a \$15 late fee. Entry fees for the first event are \$40 and \$20 for a second event, \$20 for any additional events. No refunds for any reason, after closing date unless event is cancelled due to insufficient entries. **ENTRY FORMS MUST BE FILLED OUT COMPLETELY** and returned with a check made payable to "Southwest Michigan Skating Club." There will be a \$25.00 fee for any check returned by your bank. All fees must be settled in order to compete.

REGISTRATION- All skaters must register for their event(s) no later than one hour prior to the start of their event. The registration desk will open one hour before the beginning of the competition.

MUSIC – Please turn in Music to the registration desk upon checking in. Music can be either a CD or cassette tape and clearly marked with your name and event. CDs should contain only one track and tapes must be rewound and ready to play. Please have a backup copy of your music.

AWARDS- Everyone will receive an award. All events will be final rounds. The presentation of awards will take place immediately after each event's results have been posted.

PRACTICE ICE – Practice Ice will be available for purchase for a nominal fee and will begin approximately one hour before the start of the events. See enclosure for details.

OFFICIAL NOTICES - The official bulletin board will be located in the front lobby of the ice arena throughout the competition. Any and all changes to times and events will be posted there. The posting of such notices constitutes official notice to all competitors, coaches, parents, and officials. Please check the board upon your arrival. **Please enclose a self addressed stamped envelope if you wish for a copy of your schedule.**

PROGRAM – Take an opportunity to wish your skater "Good Luck" by purchasing an ad in the souvenir program. See enclosure for details.

PICTURE/VIDEO – No flash photography is permitted. Personal video tapping may be done of your skater only. No parents/spectators will be allowed on the judges' side of the rink.

ENTRIES MUST BE POSTMARKED OR RECEIVED NO LATER THAN JULY 19, 2008.

2008 Michigan Basic Skills Series Competitions

Mission Statement

To give our skaters a chance to develop their USFS Basic Skills in a fun competitive environment. During the competition season - skaters will have the chance to compete at many different clubs and arenas and earn points for a final standing.

A skater must enter BOTH Freeskating and the Compulsory / Elements event in each of the Michigan Basic Skills Series Competitions to be eligible for accumulating points. Awards will be presented to skaters with the highest point totals. These awards will take place - on the ice - at the Midland Competition - November 8, 2008

Series Point System

The Freeskating events and the Compulsory/Elements events in each of the Series Competitions will be eligible for accumulating points. Each event will have a maximum of 6 skaters. The system for scoring points for the final award will be as follows:

1 st Place	6 points
2 nd Place	5 points
3 rd Place	4 points
4 th Place	3 points
5 th Place	2 points
6 th Place	1 point

If an event has 2-6 skaters, the points will be awarded as if there were 6 skaters in the group. If there is only one skater in the group, they will be awarded 3 points. At the end of the Series, in the case of total points tied, the total number of skaters that the competitor has skated against will be the tie breaker.

Medals will be awarded (1-4 Place) in each level as highlighted in each announcement. Beyond the Basics will NOT be counted in the Freeskate and Elements/Compulsory Program Series for this 2008 season. Spins, Dance, Pairs, Theatre On Ice, Synchronized Teams, and Showcase Events will Not be counted for this 2008 season.

Skaters will receive an additional bonus of 3 points for moving to a higher level. All points follow the skater throughout the year.

Please Note: The USFS Michigan Basic Skills Series is sponsored equally by all the participating ice rinks and/or USFS member clubs. Competition announcements and packages will be available at all participating ice rinks and/or via the club or rink websites. Each competition will have its own entry forms and specific rules - so please make sure to read the entire announcement for each competition.

BASIC ELEMENTS EVENT: SNOWPLOW SAM – BASIC 8

- Each skater will perform one element at a time in the order listed below
- To be skated on 1/3 to 1/2 ice
- No music
- **All elements must be skated in the order listed.** Each skater will perform each element only when directed by a judge or referee. Skaters are allowed one retry per element. If skater wants to retry, she/he should raise their hand immediately. If the skater attempts a retry, only the retry will count for that element.

<p><u>Snowplow Sam - Tots:</u></p> <ol style="list-style-type: none"> 1. March followed by a two foot glide and dip 2. Forward two foot swizzles 2-3 in a row 3. Forward snowplow stop 4. Backward wiggles 2-6 in a row 	<p><u>Basic 5:</u></p> <ol style="list-style-type: none"> 1. Backward outside edge on a circle clockwise or counterclockwise 2. Backward crossovers 6-8 consecutive - both directions 3. One foot spin - minimum of three revolutions 4. Hockey stop 5. Side Toe hop -either direction
<p><u>Basic 1</u></p> <ol style="list-style-type: none"> 1. Forward two foot glide 2. Forward two foot swizzles 6 -8 in a row 3. Forward snowplow stop 4. Backward wiggles 6-8 in a row 	<p><u>Basic 6:</u></p> <ol style="list-style-type: none"> 1. Forward inside three turn - R & L from a standstill 2. Bunny Hop 3. Forward spiral on a straight line - R or L 4. Lunge - R or L 5. T-stop - R or L
<p><u>Basic 2</u></p> <ol style="list-style-type: none"> 1. Forward one foot glide - either foot 2. Forward alternating ½ swizzle pumps, in a straight line -across width of ice 3. Two foot turn in place forward to backward 4. Backward two foot swizzles 6 - 8 in a row 5. Moving snowplow stop 	<p><u>Basic 7:</u></p> <ol style="list-style-type: none"> 1. Forward inside open Mohawk - R to L and L to R 2. Ballet Jump - either direction 3. Back crossovers to a back outside edge landing position clockwise and counter clockwise 4. Forward inside pivot
<p><u>Basic 3</u></p> <ol style="list-style-type: none"> 1. Forward stroking 2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise 6 - 8 consecutive 3. Moving forward to backward two foot turn - either direction 4. Backward one foot glide - either foot 5. Two foot spin 	<p><u>Basic 8:</u></p> <ol style="list-style-type: none"> 1. Moving forward outside or forward inside three turns R & L 2. Waltz jump 3. Mazurka - either direction 4. Combination move - clockwise or counter clockwise – two forward crossovers into FI Mohawk, step behind, step into one back crossover and step to a forward inside edge 5. Beginning one-foot upright spin - optional free foot position
<p><u>Basic 4</u></p> <ol style="list-style-type: none"> 1. Forward outside edge on a circle clockwise or counter clockwise 2. Forward crossovers 6-8 consecutive both directions 3. Forward outside three turn - R & L 4. Backward stroking 5. Backward snowplow stop - R or L 	

BASIC PROGRAM EVENT: SNOWPLOW SAM – BASIC 8

- The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc. unless otherwise specified.
- To be skated on full ice
- Vocal music is allowed
- The skater may use elements from a previous level.
- Deductions will be made if elements from a higher level are performed
- Time: 1:00 +/- 10 seconds

<p><u>Snowplow Sam - Tots:</u></p> <ol style="list-style-type: none"> 1. March followed by a two foot glide and dip 2. Forward two foot swizzles 2-3-in a row 3. Backward wiggles 2-6 in a row 4. Forward snowplow stop 	<p><u>Basic 5:</u></p> <ol style="list-style-type: none"> 1. Backward outside edge on a circle clockwise or counterclockwise 2. Backward crossovers 6-8 consecutive in both directions 3. One foot spin - min of three revolutions 4. Side Toe hop -either direction 5. Hockey stop
<p><u>Basic 1</u></p> <ol style="list-style-type: none"> 1. Forward two foot glide 2. Forward two foot swizzles 6 -8 in a row 3. Backward wiggles 6-8 in a row 4. Forward snowplow stop 	<p><u>Basic 6:</u></p> <ol style="list-style-type: none"> 1. Forward inside 3-turn - R & L 2. Bunny Hop 3. Forward arabesque spiral on a straight line R or L 4. Lunge - R or L 5. T-stop - R or L
<p><u>Basic 2</u></p> <ol style="list-style-type: none"> 1. Forward one foot glide - either foot 2. Two foot turn in place - forward to backward 3. Backward two foot swizzles 6 - 8 in a row 4. Forward alternating ½ swizzle pumps, in a straight line across width of ice 5. Moving snowplow stop 	<p><u>Basic 7:</u></p> <ol style="list-style-type: none"> 1. Forward inside open Mohawk - R to L and L to R 2. Ballet Jump either direction 3. Back crossovers to a back outside edge landing position clockwise and counter clockwise 4. Forward inside pivot
<p><u>Basic 3</u></p> <ol style="list-style-type: none"> 1. Forward stroking 2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise 6 -8 consecutive 3. Moving forward to backward two foot turn in either direction 4. Backward one foot glide - either foot 5. Two foot spin 	<p><u>Basic 8:</u></p> <ol style="list-style-type: none"> 1. Moving forward outside or forward inside three turns R & L 2. Waltz jump 3. Mazurka in either direction 4. Combination move - clockwise or counter clockwise - two forward crossovers into FI Mohawk, step behind, step into one back crossover and step to a forward inside edge 5. Beginning one-foot upright spin - optional free foot position
<p><u>Basic 4</u></p> <ol style="list-style-type: none"> 1. Forward outside edge on a circle clockwise or counter clockwise 2. Forward crossovers 6-8 consecutive both directions 3. Forward outside three turn - R & L 4. Backward stroking 5. Backward snowplow stop - R or L 	

“Test Track” - Compulsory Events

Suggested Compulsory Event/Test Track and Well Balanced Levels

- To be skated on ½ of ice surface. In program form, using a limited number of connecting steps, the skating order of the required elements is optional
- No music is allowed
- The skater must demonstrate the required elements and may use any additional elements from previous levels. A .2 deduction will be taken for each element performed from a higher level
- *Skaters may have the option to skate one level higher in compulsories than their free skate program*

**Test Track – Compulsory Events –
Eligible for Michigan Basic Skills Series Points**

LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
Limited Beginner Compulsory	<ol style="list-style-type: none"> 1. Waltz jump 2. ½ jump of choice 3. Forward two foot or one foot spin (free leg position optional) 4. Forward or backward spiral 	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skate badge tests	Time: 1:00
Beginner Compulsory	<ol style="list-style-type: none"> 1. Toe loop jump 2. Salchow jump 3. Forward scratch spin 4. Forward or backward spiral 	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skate badge tests	Time:1:00
No Test Compulsory	<ol style="list-style-type: none"> 1. Loop jump 2. Jump combination to include a toe loop (may not use a loop or Axel) 3. Solo spin- sit <u>or</u> camel spin 4. Spiral sequence- must include a forward and backward spiral. Additional spirals and balance moves such as Ina Bauers, spread eagles, lunges and shoot the ducks may be included. 	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skate badge tests, no official U.S. Figure Skating free skate tests passed	Time:1:00

**Test Track – Compulsory Events –
NOT Eligible for Michigan Basic Skills Series Points**

LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
Pre-Preliminary Compulsory	<ol style="list-style-type: none"> 1. Flip jump 2. Jump combination waltz jump/toe loop jump OR Salchow/toe loop jump 3. Solo spin- sit <u>or</u> camel spin 4. Spiral sequence- must include a forward and backward spiral. Additional spirals and balance moves such as Ina Bauers, spread eagles, lunges and shoot the ducks may be included. 	Skaters may not have passed tests higher than U.S. Figure Skating pre-preliminary free skate test	Time :1:00
Preliminary Compulsory	<ol style="list-style-type: none"> 1. Lutz jump 2. Jump combination (may not use Lutz jump or Axel) 3. Camel spin 4. Spiral sequence- must include a forward and backward spiral. Additional spirals and balance moves such as Ina Bauers, spread eagles, lunges and shoot the ducks may be included. 	Skaters must have passed at least the U.S. Figure Skating pre-preliminary free skate test but may not have passed tests higher than the preliminary free skate test	Time :1:15

”TEST TRACK” - Freeskating Events

The Test Track and the Well-Balanced Free Skate events can be included in approved Basic Skills Competitions. If levels beyond Preliminary and Adult Bronze are included, a sanction must be filed.

NOTE: Skaters may enter EITHER the new test track or the well-balanced free skate track but **NOT** both. Competitors will skate to music of their choice. Deductions **WILL** be made for skaters including technical elements not permitted in the event description.

Test Track Freeskating Events - Eligible for Michigan Basic Skills Series Points

LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
Limited Beginner	Solo spins in an upright position (min 3 revolutions), jumps with not more than one-half rotation (front to back or back to front). No combination jumps or jump sequences. Connecting moves and steps should be demonstrated throughout the program.	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests	Time: Up to 1:30 +/- 10
Beginner	Solo spins in an upright position (min 3 revolutions), jumps with not more than one-half rotation (front to back or back to front), single rotation jumps: Salchow and toe loop only. No combination jumps or jump sequences. Connecting moves and steps should be demonstrated throughout the program.	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests	Time: 1:30 +/- 10

Test Track – Freeskating Events

NOT Eligible for Michigan Basic Skills Series Points

LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
Pre-Preliminary Test	At least two solo spins of a different nature (min 3 revolutions and no flying spins), all single solo jumps allowed (no Axels), jump combinations or sequences using only a waltz jump, toe loop, and Salchow. Connecting moves and steps should be demonstrated throughout the program.	Skaters may not have passed tests higher than U.S. Figure Skating pre-preliminary free skate test	Time :1:30 +/-10
Preliminary Test	At least two spins of a different nature, combination spins allowed (min 3 revolutions each and no flying spins), jumps with not more than one rotation (no Axels). Jump combinations and sequences are allowed. Maximum 5 jumping elements. Connecting moves and steps should be demonstrated throughout the program.	Skaters must have passed at least the U.S. Figure Skating pre-preliminary free skate test but may not have passed tests higher than the preliminary free skate test	Time :1:30 +/-10

TEST TRACK - Well Balanced Freeskating Events
 (U.S. Figure Skating rulebook requirements)

**Well-balanced [Competitive] Freeskating Events -
 Eligible for Michigan Basic Skills Series Points**

LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
No Test Free skate	A well balanced program consisting of: Jumps: maximum of 5 jump elements. No axels or double jumps permitted. Spins: maximum of 2 spins of a different nature Steps: one step sequence utilizing ½ ice surface <i>Refer to U.S. Figure Skating rulebook #3721 for more information</i>	May <u>not</u> have passed any official U.S. Figure Skating free skate tests.	Time: 1:30+/-10

Well-balanced [Competitive] – Freeskating Events

NOT Eligible for Michigan Basic Skills Series Points

LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
Pre-preliminary Free skate	A well-balanced program consisting of: Jumps: maximum of 5 jump elements. Axels allowed. No double jumps permitted. Spins: maximum of 2 spins of a different nature Steps: one step sequence utilizing ½ ice surface <i>Refer to U.S. Figure Skating rulebook #3711 for more information</i>	Must have passed no higher than U.S. Figure Skating Pre-preliminary free skate test	Time: 1:30 +-10
Preliminary Free skate	A well-balanced program consisting of: Jumps: maximum of 5 jump elements, one must be an axel or waltz jump type. Spins: maximum of 2 spins of a different nature Steps: one step sequence utilizing ½ ice surface <i>Refer to U.S. Figure Skating rulebook #3701 for more information</i>	Must have passed no higher than U.S. Figure Skating Preliminary free skate test.	Time: 1:30 +/-10

Showcase Events

- Skaters will be divided into categories by levels
- Skaters must compete in the grouping of the highest level past as of July 19, 2008.
- Duration 1:30 or less
- Theme of skater's choice
- Music may contain words
- Judging will emphasize interpretation of music rather than technical skills
- Costumes that complement music
- Skater may use hand props or those skater can get on and off the ice without assistance.

Showcase Program Event Level 1: Basic 1 – 4

Showcase Program Event Level 2: Basic 5 – 8

Showcase Program Event Level 3: Limited Beginner

Showcase Program Event Level 4: Beginner

Showcase Program Event Level 5: Pre-Preliminary

Showcase Program Event Level 6: Preliminary

THIRD ANNUAL SOUTHWEST MICHIGAN BASIC SKILLS COMPETITION ENTRY FORM

NAME: _____ DOB: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

PHONE: _____ SEX F M

E-MAIL ADDRESS: _____

PRIVATE INSTRUCTOR: _____

HIGHEST LEVEL PASSED AS OF JULY 19, 2008: _____

HOME CLUB: _____

USFSA NUMBER _____

PLEASE CHECK THE EVENT(S) YOU WILL BE ENTERING:

<u>BASIC COMPULSORIES</u>	<u>TEST TRACK COMPULSORIES</u>	<u>SHOWCASE EVENTS</u>
_____ Snowplow	_____ Limited Beginner	_____ Level 1
_____ Basic 1 _____ Basic 5	_____ Beginner	_____ Level 2
_____ Basic 2 _____ Basic 6	_____ No Test	_____ Level 3
_____ Basic 3 _____ Basic 7	_____ Pre-preliminary	_____ Level 4
_____ Basic 4 _____ Basic 8	_____ Preliminary	_____ Level 5
		_____ Level 6

<u>BASIC PROGRAMS</u>	<u>TEST TRACK FREESKATING PROGRAM</u>
_____ Snowplow	_____ Limited Beginner
_____ Program 1 _____ Basic 5	_____ Beginner
_____ Program 2 _____ Basic 6	_____ Pre-preliminary
_____ Program 3 _____ Basic 7	_____ Preliminary
_____ Program 4 _____ Basic 8	

TEST TRACK COMPETITIVE FREESKATING

_____ No Test
 _____ Pre-preliminary
 _____ Preliminary

*** Bolded levels are Basic Skills Competition Points Eligible**

The completed entry form, with fees must be postmarked no later than July 19, 2008.

Event 1	\$40.00	\$ _____
Event 2	\$20.00	\$ _____
Event 3	\$20.00	\$ _____
Ad	\$5.00	\$ _____
Practice Ice	\$7.00	\$ _____
Total		\$ _____

Make check or money order payable to Southwest Michigan Skating Club (SWMSC) and mail to: **Kelli Forden, Competition Chair 6870 S. 1st Street Kalamazoo, MI 49009**. For more information you may phone us at (269)345-5777. **FEES ARE NOT REFUNDABLE AFTER THE ENTRY DEADLINE FOR ANY REASON UNLESS THE EVENT IS CANCELLED!**

Certification of Competitor: The competitor is eligible to enter the event(s) checked. It is agreed that the competitor and family hold the Southwest Michigan Skating Club and Wings Stadium Ice Arena harmless from any and all liability either during practice or the competition and from any and all liability for damages to or loss of property.

Parent/guardian Signature _____ Date _____

Instructor/Coach Signature _____ Date _____

Program Director/Club Officer _____ Date _____

Competitor Signature _____ Date _____

Third Annual Southwest Michigan Basic Skills Competition Practice Ice Form

August 16, 2008

Entry deadline: Postmarked by July 19, 2008

If you would like to sign up for a practice ice, *simply fill out the following and return with your entry form and \$7.00 payment.* Practice ice will be available approximately one hour before the start of the competition in twenty minute blocks. **You will need to enclose a self addressed stamped envelope to receive a schedule of all your events.** Advanced Registration is suggested. Drop-ins will be permitted if space allows. No refunds will be given for missed practice sessions.

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Email Address: _____

First Competition Event: _____

Additional Event: _____

- Practice ice will be sold on a first-come-first-served basis upon receipt of payment and this form.
- Practice ice will NOT be sold over the phone or by e-mail.
- There are no refunds unless the session is cancelled by the Competition committee.
- Competition committee reserves the right to cancel any session due to lack of participants.
- You will be contacted if your request can not be fulfilled.
- For the safety of the skaters, the committee reserves the right to limit the number of skaters on any session.
- You will need to enclose a self addressed stamped envelope to receive the time for your practice ice session.
- Practice Ice is \$7.00 for a 20 minute session.

Please make checks payable to SWMSC (do not send cash). You may include practice ice payment in with your entry fee. Mail payment and form(s) to:

Kelli Forden
6870 S. 1st Street
Kalamazoo, MI 49009

If you have any questions please feel free to contact us at (269) 345-5777.

Southwest Michigan Skating Club

2008 Competition Program Advertisement

Wish your skater(s) good luck with their own person message!
Just complete the information below, enclose proper payment and
mail by **August 1, 2008**. You may enclose this with your entry
form and add payment into check or money order. Each ad will
cost just \$5.00.

Advertisement Information

Contact Name: _____

Skater's Name: _____

Address: _____

City, State, Zip: _____

Phone Number: _____

E-mail address: _____

Message: _____

Please return this form with check payable to Southwest Michigan Skating Club to:
Kelli Forden
6870 S. 1st Street
Kalamazoo, Mi 49009