

SKATE CINCINNATI

March 15 & 16*, 2008 ANNOUNCEMENT - FULL VERSION



Hosted By: The Figure Skating Club of Cincinnati

www.skatecincinnati.org

Sanctioned By: US Figure Skating (#SMM031508 and #29342)

Event Location: Sports Plus

10765 Reading Road, Cincinnati, OH 45241

(513) 769-1010

Competition Chairs:Jessica EggerStacy Brinkman

(513) 469-2575 (513) 895-5377

<u>sk8erjess@hotmail.com</u> <u>stacy.nakamura@gmail.com</u>

ELIGIBILITY:

The competition is open to ALL skaters who are current eligible (ER 1.00) members of either the Basic Skills Program and/or are full members of U.S. Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Basic Skills Program/Club or any other Basic Skills Program/Club.

Eligibility will be based on skill level as of closing date of entries. All SNOWPLOW SAM and BASIC SKILLS SKATERS THROUGH BASIC 8 must skate at highest level passed and NO official U.S. Figure Skating tests may have been passed including MIF or individual dances. For the Free skate 1-6, Test Track and Well Balanced levels, eligibility will be based only upon highest free skate test level passed (moves in the field test level will not determine skater's competitive level). Skaters may skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition.

LIABILITY:

U.S. Figure Skating, FSCC and Sports Plus accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 3222 of the official U.S. Figure Skating Rulebook.

JUDGING SYSTEM: The 6.0 system will be used for all events.

IJS CRITIQUED EVENTS:

Skaters entering the Juvenile Freeskate, the Intermediate Short and Long programs, and the Adult Gold and Masters Freeskating programs will receive a critique of elements skated by an IJS Technical Specialist.

ENTRIES AND FEES:

All entries must be POSTMARKED by FEBRUARY 09, 2008. The entry fee must be included with the completed application. Late entries may be accepted at the discretion of the competition committee and referee, and will be subject to a \$15 late fee. There will also be a \$20 service fee for returned checks.

BASIC SKILLS FEES

First Basic Skills Event \$40.00

Additional Basic Skills Events \$20.00 per event

Non-Basic Skills Fees

First Solo Event (critiqued) \$70.00 (Int. Short; Juv, Int, Adult Gold and Adult Masters Free)

^{*} The majority of the competition is scheduled for Saturday, March 15. Some events may be held on Sunday, March 16 depending on the number of entries.

First Solo Event (no critique) \$65.00 (all other non-basic skills events)

Additional Solo Events \$30.00 per event

Partnered Events \$70.00 per pair (includes pairs and partnered dance)

SYNCHRO FEES

Beginner Synchronized Teams \$40.00 per team + \$5.00/skater (including alternates)
Other Synchronized Teams \$80.00 per team + \$15.00/skater (including alternates)

Please make checks payable to FSCC and mail completed entries to:

Kelly Bixby 5646 Baines Holding Milford, OH 45150 kbixby@cinci.rr.com

REFUNDS:

No refunds for events will be made after the closing date (February 09, 2008) unless the event is canceled by the referee. Refunds will not be issued if a skater has personal conflicts with the referee's schedule. Refunds will not be given for missed practice sessions; however, a skater is allowed to change his/her practice ice time before the session occurs. Out of courtesy for other skaters who may be waiting for practice ice time, please make any practice ice time changes well in advance.

PRACTICE ICE:

Practice ice for individual skaters will be available on Saturday, March 15, 2008 (and Sunday, March 16, 2008 if necessary). The pre-paid rate for practice ice is \$10.00 for 25 minutes per skater. Skaters may also purchase practice ice at a walk-on rate of \$12 per 25 minutes if space is still available. Synchro teams may pre-register for practice ice on Friday, March 14, 2008 on a first-come, first-served basis for a fee of \$85 for 12 minutes.

EVENT SCHEDULES:

A competition and practice ice schedule will be posted at www.skatecincinnati.org/competitions approximately two weeks prior to the competition. Should you prefer a written copy, please send a self addressed, stamped envelope with your completed entry form. The competition schedule is set by the referee, and no changes will be made to the schedule once it is announced unless an error has been made by the referee.

ARENA FACILITIES:

All events will be held at Sports Plus, which has dressing rooms, two restaurants, a pro shop and free parking. Sports Plus has two ice surfaces, each measuring 200' by 85'. Admission to Skate Cincinnati is free.

REGISTRATION:

The official registration desk will be located in the rink lobby area at Sports Plus. It will open approximately 30 minutes prior to the first practice ice session on Saturday morning and remain open throughout the scheduled competition events. **Competitors must check in at least one (1) hour prior to their event,** and should be prepared to skate earlier than scheduled, should the competition be running ahead.

MUSIC:

Music for Basic Skills and Free Skate 1-2 Programs will be provided by FSCC. Coaches should contact Jeff Privett at (513) 729-0373 or jeffprivett@yahoo.com by February 09, 2008 in order for the music to be mailed to your rink. Alternatively, music may be downloaded from www.skatecincinnati.org/competitions. PLEASE OBTAIN MUSIC FROM FSCC TO ENSURE YOU HAVE THE CORRECT MUSIC. The skater must provide their own music for all Free Skating programs on CDs only (no tapes will be accepted). CDs should be clearly marked with the name of the skater, event entered and length of music (not skating time). Competition music is to be turned in at the time of registration. Skaters should arrive with a backup CD. CDs can be picked up at the registration desk after their event. All synchronized teams must have an additional copy of their music available for practice sessions. Teams must also have an extra copy available quickly during the actual competition event.

The organizing committee will not accept responsibility for damage or loss of music but will take every precaution to ensure their safety. Rules governing music selection can be found in the U.S. Figure Skating rulebook, rules 2660-4791.

VIDEO AND PHOTOGRAPHY:

Photography and/or video services will be available for purchase. Flash photography is not allowed in the arena during the warm-up or during the competition, as it is a safety hazard to the skaters.

AWARDS:

All events will be final rounds. Awards will be presented to first, second and third place. All other places will receive ribbons. Awards will be presented off the ice to all participants after final results have been tabulated. An awards schedule will be posted near the results area.

EVENT PROGRAM:

An official Skate Cincinnati program will be available for a nominal fee. To place a "Good Luck" ad, please use the enclosed form. Please note that late entries may not appear in the official program.

LODGING:

All accommodations listed below are within a 10-15 minute drive of Sports Plus

Baymont Inn, 10900 Crowne Point	(513) 771-6888	http://www.baymontinns.com
Country Inn, Cincinnati North	(513) 771-9309	http://www.countryinns.com
Courtyard Cincinnati-Blue Ash	(513) 733-4334	http://www.marriott.com
Crowne Plaza-Blue Ash	(513) 793-4500	http://www.ichotelsgroup.com
Doubletree Guest Suites, Cincinnati	(513) 489-3636	http://doubletree.hilton.com
Drury Inn, Sharonville	(513) 771-5601	http://www.druryhotels.com
Hilton Garden Inn, Sharonville	(513) 772-2837	http://www.hiltongardeninn.com
Holiday Inn, I-275N	(513) 563-8330	http://holiday-inn.com
Holiday Inn Express, Sharonville	(513) 771-9080	http://holiday-inn.com
Homewood Suites, Sharonville	(513) 772-8888	http://homewoodsuites.hilton.com
LaQuinta Inn and Suites, Sharonville	(513) 771-0300	http://www.woodfieldsuites.com
Marriott, Cincinnati North	(513) 874-7335	http://marriott.com
Marriott, Cincinnati Northeast	(513) 459-3004	http://marriott.com
Red Roof Inn, Sharonville #171	(513) 771-5552	http://www.redroof.com
Sheraton Cincinnati North	(513) 771-2080	http://www.starwoodhotels.com

DIRECTIONS TO SPORTS PLUS:

From Northern/Central Ohio

From I-71: Take I-71 South to West on I-275 (exit 17). Follow I-275 west to Route 42 South (exit 46). Follow Route 42 South (Reading Road) through Sharonville to Sports Plus (on the right hand side).

From I-75: Take I-75 South to Sharon Road ramp (exit 15). Turn left onto Sharon Road. Follow Sharon Road approximately 1.5 miles and turn right on Reading Road. Sports Plus is on the right about ½ mile down.

From Kentucky

From I-75: Take I-75 North to Glendale-Milford Road (exit 14). Turn right onto Glendale-Milford Road. Follow Glendale-Milford Road approximately 1.5 miles and turn left on Reading Road. Follow Reading Road to Sports Plus (about a half mile down on the left).

From Indiana

From I-275: Follow I-275 North, then East as it circles around the north part of Cincinnati. Turn south onto I-75 (exit 43). Take I-75 South to Sharon Road ramp (exit 15). Turn left onto Sharon Road. Follow Sharon Road approximately 1.5 miles and turn right on Reading Road. Sports Plus is on the right about ½ mile down.

From Southeast Ohio

From I-275: Follow I-275 North, then West as it circles around the north part of Cincinnati. Follow I-275 West to Route 42 South (exit 46). Follow Route 42 South (Reading Road) through Sharonville to Sports Plus (on the right hand side).



Basic Skills Compulsory Elements Events (no music)

The following events are open to Basic Skills level skaters only. Skaters may not have passed any US Figure Skating tests.

For Snowplow Sam through Basic 8: All skaters in an event grouping will approach the referee at the start of the event. Each skater will perform one element at a time when directed by the referee. All elements will be skated in the order listed. No music. Elements will be skated on 1/3 to 1/2 ice (a section of the ice measuring from the center line to the end zone line). Two groups will compete concurrently. The next two groups of skaters may warm up in the end zone where they check in while the group in front of them is competing. Skaters should dress warmly as they will be standing on the ice while others in their group are skating. Please see Attachment B for a diagram.

For Freeskate 1 and 2: Elements will be skated in program form, using a limited number of connecting steps. The skating order of required elements is optional. The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels. A 0.2 deduction will be taken for each element performed from a higher level. Programs will be skated on 1/2 ice. No music. Time: 1:00 or less.

Snowplow Sam (Tiny Tots)

- 1. March forward followed by a 2 foot glide and dip
- 2. Forward two-foot swizzles (2-3 in a row)
- 3. Forward snowplow stop
- 4. Backward wiggles (2-6 in a row)

Basic 1

- 1. Forward two foot glide
- 2. Forward two foot swizzles (6-8 in a row)
- 3. Forward snowplow stop
- 4. Backward wiggles (6-8 in a row)

Basic 2

- 1. Forward one foot glide either foot
- 2. Two foot turn in place (forward to backward)
- 3. Forward alternating half-swizzle pumps, in a straight line across width of ice
- 4. Backward two foot swizzle (6-8 in a row)
- 5. Moving snowplow stop

Basic 3

- 1. Forward stroking
- 2. Forward half-swizzle pumps on a circle, either clockwise or counter-clockwise (6-8 in a row)
- 3. Moving forward to backward two foot turn either direction
- 4. Backward one foot glide either foot
- 5. Two foot spin from stand still

Basic 4

- 1. Forward outside edge on a circle (clockwise OR counterclockwise)
- 2. Forward crossovers (6-8 consecutive) both directions
- 3. Forward outside 3-turns R and L
- 4. Backward stroking
- 5. Backward snowplow stop either foot

Basic 5

- 1. Backward outside edge on a circle (clockwise OR counterclockwise)
- 2. Backward crossovers (6-8 consecutive) both directions
- 3. One foot spin min. 3 revolutions
- 4. Hockey stop
- 5. Side toe hop either direction

Basic 6

- 1. Forward inside 3-turns R and L from standstill
- 2. Bunny Hop
- 3. Forward spiral on a straight line R or L
- 4. Lunge R or L
- 5. T-stop R or L

Basic 7

- 1. Forward inside open Mohawk R to L and L to R
- 2. Ballet jump either direction
- 3. Back crossovers to a back outside edge landing position (clockwise and counterclockwise)
- 4. Forward inside pivot

Basic 8

- 1. Moving forward outside or forward inside 3-turns R and L
- 2. Waltz jump
- 3. Mazurka either direction
- 4. Combination move clockwise or counter clockwise two forward crossovers into FI Mohawk, step behind, step into one back crossover and step to a forward inside edge
- 5. Beginning one foot upright spin, optional free foot position

Free Skate 1

- 1. Advanced forward stroking (4-6 consecutive)
- 2. Basic forward outside and forward inside consecutive edges (2-4 outside and 2-4 inside)
- 3. Scratch spin from backward crossovers
- 4. Waltz jump from backward crossovers
- 5. Half flip jump

Free Skate 2

- 1. Forward outside spiral (R or L) and a Forward inside spiral (R or L)
- 2. Waltz Threes R or L
- 3. Beginning back spin (entry optional)
- 4. Waltz jump, side toe hop, waltz jump series
- 5. Toe loop jump

Basic Skills Compulsory Music Program Events (with music)

The following events are open to skaters in Basic Skills through Free Skate 2 only. Skaters may not have passed any US Figure Skating tests. Elements are to be skated on half ice with music provided by FSC Cincinnati (please refer to the MUSIC section on page 2 for details). The listed elements are required, but the skating order of the elements is optional. There is no restriction on the number of times a listed element may be repeated in a program, or to the length of glides, number of revolutions, etc. unless otherwise specified. Skaters may also include elements from previous levels. However, a 0.2 deduction will be made for each element performed from a higher level. Skaters will be judged on Technical Merit and Presentation.

Snowplow Sam (Tiny Tots)

- 1. March forward followed by a 2 foot glide and dip
- 2. Forward two-foot swizzles (2-3 in a row)
- 3. Backward wiggles (2-6 in a row)
- 4. Forward snowplow stop

Basic 1

- 1. Forward two foot glide
- 2. Backward wiggles (6-8 in a row)
- 3. Forward two foot swizzles (6-8 in a row)
- 4. Forward snowplow stop

Basic 2

- 1. Forward one foot glide either foot
- 2. Two foot turn in place or moving (forward to backward)
- 3. Backward two foot swizzle (6-8 in a row)
- 4. Forward alternating half-swizzle pumps, in a straight line either direction
- 5. Moving snowplow stop

Basic 3

- 1. Forward stroking
- 2. Forward half-swizzle pumps on a circle, either clockwise or counter-clockwise (6-8 in a row)
- 3. Moving forward to backward two foot turn either direction
- 4. Backward one foot glide either foot
- 5. Two foot spin from stand still

Basic 4

- 1. Forward outside edge on a circle (clockwise OR counterclockwise)
- 2. Forward crossovers (6-8 consecutive) both directions
- 3. Forward outside 3-turns R and L
- 4. Backward stroking
- 5. Backward snowplow stop either foot

Basic 5

- 1. Backward outside edge on a circle (clockwise OR counterclockwise)
- 2. Backward crossovers (6-8 consecutive) both directions
- 3. One foot spin min. 3 revolutions
- 4. Side toe hop either direction
- 5. Hockey stop

Basic 6

- 1. Forward inside 3-turns R and L
- 2. Bunny Hop
- 3. Forward spiral on a straight line R or L
- 4. Lunge R or L
- 5. T-stop R or L

Basic 7

- 1. Forward inside open Mohawk R to L and L to R
- 2. Ballet jump either direction
- 3. Back crossovers to a back outside edge landing position (clockwise and counterclockwise)
- 4. Forward inside pivot

Basic 8

- 1. Moving forward outside or forward inside 3-turns R and L $\,$
- 2. Waltz jump (optional setup)
- 3. Mazurka either direction
- 4. Combination move clockwise or counter clockwise two forward crossovers into FI Mohawk, step behind, step into one back crossover and step to a forward inside edge
- 5. Beginning one foot upright spin, optional free foot position

Free Skate 1

- 1. Advanced forward stroking (4-6 consecutive)
- 2. Basic forward outside or forward inside consecutive edges (2-4 outside and 2-4 inside)
- 3. Scratch spin from backward crossovers
- 4. Waltz jump from backward crossovers
- 5. Half flip jump

Free Skate 2

- 1. Forward outside spiral (R or L)
- 2. Waltz Threes R or L
- 3. Beginning back scratch spin (entry optional)
- 4. Waltz jump, side toe hop, waltz jump
- 5. Toe loop

Adult I (for adult skaters in Adult 1-2 or Basic 1-4)

- 1. Forward two-foot swizzles
- 2. Snowplow stop
- 3. Backward skating (wiggles or swizzles)
- 4. Forward pivot either direction
- 5. Backward one foot glide R or L

Adult II (for adult skaters in Adult 3-4 or Basic 5-8)

- 1. Backward crossovers (5 consecutive) either direction
- 2. Two foot spin
- 3. Inside Mohawk either direction
- 4. Forward spiral OR lunge in a straight line (R or L)
- 5. Forward outside 3-turns (2 consecutive) -either direction

Well-Balanced Free Skating Program Events (Non Basic Skills)

The following events will be skated on full ice, to music of the skater's choice (no vocals permitted). Times stated are +/- 10 seconds, unless otherwise stated. Skaters may compete at or one level higher than their current US Figure Skating freeskating test level. The skaters must comply with well-balanced program rules for each event, as outlined in the current US Figure Skating rulebook. Skaters may compete in EITHER the test track event OR the Well-Balanced Free Skating Event, but not both.

Beginner I (no test) Freeskate (1:30)

Skaters may not have passed any US Figure Skating Freeskating tests. Skaters may include half-revolutions jumps and a salchow and toe loop. No flying spins or combination spins are permitted.

Beginner II (no test) Freeskate (1:30)

Skaters may not have passed any US Figure Skating Freeskating tests. Skaters may include half and full revolution jumps only. No axels or double jumps are permitted. No flying spins are permitted.

Pre-Preliminary A Freeskate (1: 30)

Skaters may have passed the US Figure Skating Pre-Preliminary Free Skate test and no higher. Single jumps only. No axels or double jumps.

Pre-Preliminary B Freeskate (1:30)

Skaters may have passed the US Figure Skating Pre-Preliminary Free Skate test and no higher. Required elements as stated in 3711. Max: 5 jump elements; 2 spins. Axels permitted. No doubles.

Preliminary A Freeskate (1:30)

Skaters may have passed the US Figure Skating Preliminary Free Skate test and no higher. Axels permitted, but no doubles.

Preliminary B Freeskate (1:30)

Skaters may have passed the US Figure Skating Preliminary Free Skate test and no higher. Required elements as stated in 3701. Max: 5 jump elements; 2 spins. May include axels and double jumps. No double jump or the axel may be repeated more than once, and if repeated, must be in combination or sequence. No more than two different doubles may be repeated.

Pre-Juvenile Freeskate (2:00)

Skaters may have passed the US Figure Skating Pre-Juvenile Free Skate test and no higher. Required elements as stated in 3690. Max: 6 jump elements; 3 spins. May include axels and double jumps, except the double axel. One step sequence using full ice.

*Juvenile Freeskate (2:15) – IJS Critiqued Event

Skaters may have passed the US Figure Skating Juvenile Free Skate test and no higher. Required elements as stated in 3681. Skaters must be 12 years of age or younger at the close of entries on February 9, 2008. This event may be combined with the Open Juvenile Freeskate event depending on the number of entries. Scoring for this event will be in the 6.0 system, but skaters will also receive an IJS critique by a technical specialist of elements skated.

*Open Juvenile Freeskate (2:15) - IJS Critiqued Event

Skaters may have passed the US Figure Skating Juvenile Free Skate test and no higher. Required elements as stated in 3681. Skaters must be 13 years of age or older by the close of entries on February 9, 2008. This event may be combined with the Juvenile Freeskate event depending on the number of entries. Scoring for this event will be in the 6.0 system, but skaters will also receive an IJS critique by a technical specialist of elements skated.

*Intermediate Freeskate (2:30) - IJS Critiqued Event

Skaters may have passed the US Figure Skating Intermediate Free Skate test and no higher. Required elements as stated in 3670, 3672. Skaters must be 17 years of age or younger at the close of entries on February 9, 2008. Scoring for this event will be in the 6.0 system, but skaters will also receive an IJS critique by a technical specialist of elements skated.

Adult Pre-Bronze Freeskate (1:40 max)

Skaters may have passed the US Figure Skating Adult Pre-Bronze Free Skate test and no higher

Adult Bronze Freeskate (1:40 max)

Skaters may have passed the US Figure Skating Adult Bronze Free Skate test and no higher.

Adult Silver Freeskate (2:10 max)

Skaters may have passed the US Figure Skating Adult Silver Free Skate test and no higher.

*Adult Gold Freeskate (2:40 max) - IJS Critiqued Event

Skaters may have passed the US Figure Skating Adult Gold Free Skate test and no higher. <u>Scoring for this event</u> will be in the 6.0 system, but skaters will also receive an IJS critique by a technical specialist of elements skated.

*Adult Masters Freeskate (3:40 max) - IJS Critiqued Event

Skaters may have passed the US Figure Skating Intermediate Free Skate test or higher. <u>Scoring for this event will</u> be in the 6.0 system, but skaters will also receive an IJS critique by a technical specialist of elements skated.

NEW EVENT!

Competitive Test Track Free Skating Events (Non Basic Skills)

The following events will be skated on full ice, to music of the skater's choice (no vocals permitted). Times stated are +/- 10 seconds, unless otherwise stated. Skaters may compete at or one level higher than their current US Figure Skating Freeskating test level. Skaters may compete in EITHER the test track event OR the Well-Balanced Free Skating Event, but not both. Deductions will be made for skaters including technical elements not permitted in the event description. All test track free skating events will be scored under the 6.0 system.

Preliminary Test Track (1:30)

Skaters must have passed at least the US Figure Skating Pre-Preliminary free skate test but no higher than the Preliminary free skate test.

• **Elements:** Two spins of a different nature, combination spins allowed (min 3 revolutions each and no flying spins); Jumps with not more than one rotation (no axel). Jump combinations and sequences are allowed. Maximum 5 jumping elements. Connecting moves and steps should be demonstrated throughout the program.

Pre-Juvenile Test Track Freeskate (2:00)

Skaters must have passed at least the US Figure Skating Preliminary free skate test but no higher than the Pre-Juvenile free skate test.

• **Elements:** Three spins in any position (min 4 revolutions), one must be a combination spin with a change of foot optional (min 3 revs each foot or 6 revs total). No flying spins. Jumps with not more than one revolution (no axel). Jump combinations and sequences are allowed. Maximum 6 jumping elements. One step sequence fully utilizing the ice surface: straight line, circular, or serpentine.

Juvenile Test Track Freeskate (2:15)

Skaters must have passed at least the US Figure Skating Pre-Juvenile free skate test but no higher than the Juvenile free skate test.

• **Elements:** Three spins in any position (min 4 revolutions), one must be a combination spin with one change of foot (min 4 revs on each foot). May include flying spins. Any single jumps and jump combinations with not more than 1.5 revolutions (axels permitted). Maximum 6 jumping elements. One step sequence fully utilizing the ice surface: straight line, circular, or serpentine.

Intermediate Test Track Freeskate (2:30)

Skaters must have passed at least the US Figure Skating Juvenile free skate test but no higher than the Intermediate free skate test.

• **Elements:** Three spins in any position (min 4 revolutions), one must be a combination spin with at least one change of foot (min 4 revolutions on each foot). May include flying spins. Any single jumps. Double jumps may only be the double Salchow and the double toe loop. Jump combinations and sequences allowed. Maximum 6 jumping elements. One step sequence fully utilizing the ice surface: straight line, circular, or serpentine.

Short Program Events (Non Basic Skills)

The following events will be skated on full ice, to music of the skater's choice (no vocals permitted). Times stated are maximum times. Skaters may compete at or one level higher than their current US Figure Skating Freeskating test level. Required elements for this event are specified in the current US Figure Skating rulebook unless otherwise noted.

Juvenile Short Program (2:00)

Skaters may have passed the Juvenile Free Skating test and no higher. Require elements are: 1) Lutz, 2) Axel, 3) Jump Combination consisting of two single jumps or one single and one double, 4) Solo spin – minimum of four revolutions in position and may not commence with a jump, 5) Spin combination with only one change of foot and only one change of position [four revolutions on each foot], 6) Step sequence [straight line, circular, or serpentine]

*Intermediate Short Program (2:00) - IJS Critiqued Event

Skaters may have passed the Intermediate Free Skating test and ho higher. Required elements as stated in 3671, 3672. Scoring for this event will be in the 6.0 system, but skaters will also receive an IJS critique by a technical specialist of elements skated.

Pairs Free Skating Events (Non Basic Skills)

The following events will be skated on full ice, to music of the skater's choice (no vocals permitted). The skaters must comply with well-balanced pairs program rules as outlined in the current US Figure Skating rulebook. Times stated are +/- 10 seconds unless otherwise noted. All pairs events will be judged on the 6.0 system.

Preliminary Pairs (1:30)

Skaters may have passed the US Figure Skating Preliminary Pair test and no higher.

Pre-Juvenile Pairs (2:00)

Skaters may have passed the US Figure Skating Pre-Juvenile Pair test and no higher.

Juvenile Pairs (2:30)

Skaters may have passed the US Figure Skating Juvenile Pair test and no higher. Skaters must be 16 years of age or younger at the close of entries on February 9, 2008.

Intermediate Pairs (3:00)

Skaters may have passed the US Figure Skating Intermediate Pair test and no higher. Skaters must be 18 years of age or younger at the close of entries on February 9, 2008.

Adult Bronze Pairs (2:10 max)

Both partners in the adult bronze pair event must have passed at least one of the following tests: the adult bronze pair test and no higher, the adult bronze free skating test and no higher, the standard preliminary pair test and ho higher, or the standard preliminary free skating test and no higher.

Adult Silver Pairs (2:40 max)

One partner in the adult silver pair event must have passed at least one of the following tests: the adult silver pair test and no higher, the adult silver free skating test and no higher, the standard pre-juvenile pair test and no higher or the standard pre-juvenile free skating test and no higher. The other partner must meet the requirements for this level or must have passed no less than one level lower.

Adult Gold/Masters Pairs (3:40 max)

One partner in the adult gold/masters pair event must have passed at least one of the following tests: the adult gold pair test, the adult gold free skating test, the standard juvenile pair test, or the standard juvenile free skating test. The other partner must meet the requirements for this level or must have passed no less than one level lower.

Compulsory Program Events (Non Basic Skills)

The following events will be skated on <u>half ice, with no music</u>. Times stated are maximum times. Skaters must demonstrate all of the required elements listed, in any order. Minimal connecting steps are allowed but will not affect scoring. Elements may not be repeated. Deductions will be made if elements from a higher level are skated. Skaters may compete at or one level higher than their current US Figure Skating Freeskating test level.

Beginner (no test) Compulsory Program (1:00)

- 1. Waltz jump
- 2. Salchow jump
- 3. Half flip jump
- 4. One-foot upright spin (min. 3 revolutions)
- 5. Forward spiral

Pre-Preliminary Compulsory Program (1:00)

- 1. Flip jump
- 2. Jump combination of any two single jumps (no axel)
- 3. Sit spin (min. 3 revolutions)
- 4. Forward outside spiral
- 5. Forward or backward pivot

Preliminary Compulsory Program (1:15)

- 1. Single jump of choice (axel permitted)
- 2. Jump combination of any two single jumps (may not repeat single jump selected above)
- 3. Camel spin (min. 3 revolutions)
- 4. Combination spin, no change of foot (min. 4 revolutions)
- 5. Footwork sequence straight line

Pre-Juvenile Compulsory Program (1:15)

- 1. Single jump of choice (axel permitted)
- 2. Jump combination of any two jumps (may include doubles)
- 3. Layback or camel spin (min. 4 revolutions)
- 4. Combination spin, one change of foot (min. 3 revolutions each foot)
- 5. Circular footwork sequence

Adult Pre-Bronze Compulsory Program (1:00)

- 1. Backward crossovers (min. 5 consecutive)
- 2. Waltz jump
- 3. Toe loop
- 4. Scratch spin (min. 3 revolutions)
- 5. Forward outside spiral

Adult Bronze Compulsory Program (1:15)

- 1. Salchow jump
- 2. Waltz jump toe loop combination
- 3. Sit spin (min. 3 revolutions)
- 4. Back spin (min. 3 revolutions)
- 5. Spiral sequence (min. 2 spirals)

Adult Silver Compulsory Program (1:15)

- 1. Loop jump
- 2. Jump combination with two single jumps (no axels)
- 3. Camel spin (min. 3 revolutions)
- 4. Combination spin, one change of position, change of foot optional (min. 3 revolutions each position)
- 5. Straight line step sequence.

Adult Gold/Masters Compulsory Program (1:15)

- 1. Single jump of choice (axel permitted)
- 2. Jump combination of two jumps (may include one double jump)
- 3. Camel spin (min. 4 revolutions)
- 4, Combination spin with one change of position and one change of foot (min. 4 revolutions each foot)
- 5. Circular step sequence

Spin Events (Non Basic Skills)

The following events will be skated on half ice, with no music. Times stated are maximum times. Skaters must demonstrate all of the required spins exactly as stated, but in any order. Minimal connecting steps are allowed but will not affect scoring. Elements may not be repeated. Skaters may compete at or one level higher than their current US Figure Skating Freeskating test level.

Pre-Preliminary Spins (1:00)

- 1. Scratch spin
- 2. Two-foot spin
- 3. Sit spin (min 3 revs per spin)

Preliminary Spins (1:00)

- 1. Back spin (min 3 rev)
- 2. Camel spin (min 3 rev)
- 3. Sit spin (min 3 revs)

Pre-Juvenile Spins (1:15)

- 1. Camel spin (min 3 revs)
- 2. Camel to sit spin with no change of foot (min 6 revs total)
- 3. Forward to backward scratch spin (min 3 per foot);

Juvenile /Open Juvenile Spins (1:15)

- 1. Sit spin (min 4 revs)
- 2. Combination spin with change of foot, change of position optional (min 4 revs per foot)
- 3. Layback spin [ladies], camel spin [men] (min 4 revs per foot)

Intermediate Spins (1:30)

- 1. Sit spin change sit spin (min 5 revs per foot, may begin on either foot)
- 2. Flying camel (min 5 revs per foot)
- 3. Combination spin with change of foot and at least one change of position (min 5 revs per foot)

Adult Pre-Bronze Spins (1:15)

- 1. One-foot upright spin (min 3 revs)
- 2. Two-foot spin (min 3 revs)
- 3. One or two-foot spin of the skater's choice (min 3 revs)

Adult Bronze Spins (1:15)

- 1. One-foot upright spin (min 4 revs)
- 2. One-foot back spin (min 3 revs)
- 3. Sit spin (min 3 revs)

Adult Silver Spins (1:30)

- 1. Camel spin (min 3 revs)
- 2. Layback, attitude, or sit spin (min 4 revs)
- 3. Combination spin with only one change of position and no change of foot (min 3 revs in each position)

Adult Gold/Masters Spins (1:30)

- 1. Solo spin non-jump entry (min 5 revs)
- 2. Solo spin jump entry (min 4 revs)
- 3. Combination spin with only one change of foot and at least one change of position (min 4 revs per foot)

Jump Events (Non Basic Skills)

The following events will be skated with no music. Beginner through Juvenile, and Adult Pre-Bronze through Silver will be skated on half ice. **Juvenile**, **Intermediate**, **and Adult Gold/Masters events will be skated on full ice**. Times stated are maximum times. Skaters must demonstrate all of the required jumps exactly as stated, but in any order. Minimal connecting steps are allowed but will not affect scoring. Elements may not be repeated. Skaters may compete at or one level higher than their current US Figure Skating Freeskating test level.

Beginner Jumps

- 1. Waltz jump
- 2. Salchow
- 3. Combination of any two half revolution jumps (including toe-loop or salchow)

Pre-Preliminary Jumps

- 1. Toe loop
- 2. Flip
- 3. Combination of any two half or single jumps (no axel)

Preliminary Jumps (1:00)

- 1. Flip
- 2. Lutz
- 3. Combination of any single jump with a loop jump (axel permitted)

Pre-juvenile Jumps (1:00)

- 1. Axel
- 2. Single or double jump
- 3. Combination of two jumps (only one double permitted). No double axel.

Juvenile/Open Juvenile Jumps: (1:30)

- 1. Axel
- 2. Solo double jump
- 3. Combination of two jumps (must include one double jump). No double axel.

Intermediate Jumps: (1:30)

- 1. Axel
- 2. Double loop
- 3. Combination of any two double jumps. Double axel permitted.

Adult Pre-Bronze Jumps: (1:00)

- 1. Waltz
- 2. Toe loop
- 3. Combination of any two half or single jumps (no axels)

Adult Bronze Jumps: (1:00)

- 1. Loop
- 2. Salchow
- 3. Combination of any two single jumps (no axels)

Adult Silver Jumps: (1:00)

- 1. Flip
- 2. Loop
- 3. Combination of two single jumps (axel permitted)

Adult Gold/Masters Jumps: (1:30)

- 1. Axel
- 2. Lutz
- 3. Combination of any two jumps (may include double jumps)

Compulsory Solo Dance Events (Non Basic Skills)

The following events will be skated to compulsory dance music provided by FSC Cincinnati. Each dance is a separate event. Solo dance is open to ladies and men, and genders may be combined into one event depending on number of entries. The number of patterns for each dance is specified. Skaters may enter a dance from those listed at a level that the skater has completed, partially completed, or one level higher than the skater's test level. Awards will be presented for each individual dance event. Adults and youth may be separated into different events depending on the number of entries.

- Dutch Waltz (2 patterns)
- Canasta Tango (2 patterns)
- Cha-Cha (2 patterns)
- Fiesta Tango (2 patterns)
- Hickory Hoedown (2 patterns)
- Willow Waltz (2 patterns)
- Fourteenstep (3 patterns)
- Foxtrot (2 patterns)

Open Dance Events (Non Basic Skills)

The following events will be skated to compulsory dance music provided by FSC Cincinnati. This is a partnered dance event, and each dance is a separate event. A dance couple will consist of two skaters, including a pairing of an eligible (non-coach) skater and a coach, or two eligible skaters. There are no test or age restrictions on any dances for this event, so a skater may choose to skate above or below his/her test level. Similar sex partners are allowed. A coach may partner more than one eligible skater in the same event. Awards will be presented to eligible skaters only (not to coaches).

- Rhythm Blues (2 patterns)
- Swing Dance (2 patterns)
- Willow Waltz (2 patterns)
- Fourteenstep (3 patterns)

NEW EVENT!

Basic Skills Showcase Events

The following events are open to Basic Skills level skaters only and will be skated on full ice, to music of the skater's choice. Vocals are permitted. Programs must be 1:30 +/- 10 seconds. Costumes and props should complement the music or theme of the program. Props must be hand-held (they cannot be left on the ice). Please refrain from wearing feathers or using "special effects" such as dry ice or liquids. Judging will emphasize creativity, musical interpretation and performance.

Basic Skills Showcase A: Basic 1-8

Skaters may have passed no higher than Basic 8

Basic Skills Showcase B: Free skate 1-4

Skaters may have passed no higher than Basic Skills Free Skate 4, and may not have passed any US Figure Skating Moves in the Field, Free Skating, or Dance tests. Skaters who have passed higher than Free Skate 4 are eligible for the Non-Basic Skills Showcase I: Low event. May include half-revolution jumps (e.g. waltz jump), toe loop, and salchow, but no full revolution jumps.

Basic Skills Showcase C: Adult Basic

Adult skaters who have passed no higher than Basic Skills Free Skate 4, and may not have passed any US Figure Skating Moves in the Field, Free Skating, or Dance tests. May include half-revolution jumps, toe loop, and salchow, but no full revolution jumps

Showcase Events (Non-Basic Skills)

The following events will be skated on full ice, to music of the skater's choice. Vocals are permitted. Programs must be 1:30 +/- 10 seconds unless otherwise stated. Costumes and props should complement the music or theme of the program. Props must be hand-held (they cannot be left on the ice). Please refrain from wearing feathers or using "special effects" such as dry ice or liquids. Judging will emphasize creativity, musical interpretation and performance.

Showcase I: Low

Skaters may have passed at least Basic 8 and <u>no higher than</u> the US Figure Skating Preliminary Free Skating Test. Single jumps only; no axel.

Showcase II: High

Skaters may have passed <u>at least</u> the US Figure Skating Preliminary Free Skating Test. Single jumps only; axel permitted.

Showcase III: Adult Low (1:40 max)

Skaters may have passed <u>no higher than</u> the US Figure Skating Preliminary Free Skating Test or US Figure Skating Adult Bronze Free Skating Test. ingle jumps only. No axels. No flying spins.

Showcase IV: Adult High (1:40 max)

Skaters must have passed <u>at least</u> the US Figure Skating Preliminary Free Skating Test or the Adult Bronze Free Skating Test. Single jumps only. No axels.

Showcase V: Duet

Both skaters must have passed at least the US Figure Skating Pre-Preliminary Moves in the Field Test. Similar sex pairs are allowed. No axels or double jumps. No overhead lifts.

Showcase VI: Adult Duet

Both skaters must have passed at least the US Figure Skating Pre-Preliminary or Adult Pre-Bronze Moves in the Field Test. Similar sex pairs are allowed. No axels or double jumps. No overhead lifts.

Synchronized Team Skating Events

All skaters on the team must either be full US Figure Skating members or members of the US Figure Skating Basic Skills program. The team may choose to represent a US Figure Skating club or their Basic Skills Program/Club. Teams must be comprised of at least 8 skaters. There are no restrictions or requirements on music choice (vocals are permitted). Minimum moves in the field test levels are not being required at this competition for the Pre-Juvenile and Open Juvenile events.

Events to be offered:

A. Beginner: A team of 8 to 16 skaters. Age requirements are listed below. No skaters may

have passed higher than the Preliminary or Adult Bronze test in any discipline. Please see Attachment C for Beginner Synchro levels and program requirements.

B. Pre-Juvenile: A team of 8 to 12 skaters. The majority of the team must be under 12 on the

preceding July 1.

Program duration: 2 minutes. Well balanced program: Rule 4760

C. Open Juvenile: A team of 8 to 12 skaters. The majority of the team must be under 19 on the

preceding July 1.

Program duration: 2 ½ minutes. Well balanced program: Rule 4770

D. Open Adult A team of 8 to 12 skaters. The majority of the team must be 19 years of age or

older on the preceding July 1. Program duration: 2 ½ minutes. Well balanced program: Rule 4770

2008 Skate Cincinnati Synchronized Skating Teams Team Application Form (p.1 of 3)

				# of skaters
Club Name:				
				phone:
Assistant:				phone:
Contact person:				_ phone:
Address:				
E-mail:				
Division Entered:11	2 3			
Pre Juvenile				
Open Juvenile				
Open Adult				
ENTRY FEES:				
Beginner Synchron	nized Teams	\$40.00 per te		D/skater (including alternates)
Other Synchronize	ed Teams	\$80.00 per te	am + \$15.0	00/skater (including alternates)
	All fees a	are payable in U	J.S. Dollars	only.
I have enclosed:				
	for Beginner to	eam event @ 9	\$40 per te:	am
\$	forComp	petitors @ \$5 p	er beginne	er team skater
·			Ü	
	- OR	-		
\$	for eve	ent (s) @ \$80	per team r	per event
\$	for Co	mpetitors @ \$	15 per ska	ater/event
\$	\$15 for late fe			
\$	for pro	ogram ads @ 9	\$10 per ad	l
\$	Total			

Mail check and completed entry form by Feb 09, 2008 to: Kell

Kelly Bixby 5646 Baines Holding Milford, OH 45150 kbixby@cinci.rr.com

ENTRY FEES ARE NOT REFUNDABLE AFTER THE ENTRY DEADLINE UNLESS AN EVENT IS CANCELLED BYOUR REFEREE.

2008 Skate Cincinnati Synchronized Skating Teams Team Roster Form (p.2 of 3)

ream Name:			וט״״:	
Division:	Club:	City Repre	sented:	
Coaches:				
Theme of progra	m/music			
Please type or w	rite legibly in alpha	betical order by skater	s' LAST nam	e.
	. ,	1141 14		
•	irst name	birth date	age*	ID number**
1				-
				· · · · · · · · · · · · · · · · · · ·
6				
9				
11				
12				
40				
11				
15				
10				
17				
18				_
19				
20				
21				
22				
23				
24				
25				
26				
27				
28				

^{*}Age as of July 1 **US Figure Skating, Skate Canada, or other skating organization ID number

2008 Skate Cincinnati Synchronized Skating Teams Liability Waiver / Certification by Club Officer (p.3 of 3)

Team Name:		Division:
U.S. Figure Skating and the clubs or organiz suffered by the skaters or officials. As a con- participation therein, all entrants, their paren risks of injury to their person and property re- management of the competition, and to wais officials, U.S. Figure Skating, the club hostin accepted only on such condition.	ndition of and in consideration ts and guardians and officials sulting from, caused by or co re and release any and all cla	of the acceptance of their entries or s shall be deemed to agree to assume all innected with, the conduct and hims which they may have against any
Skater's name in alphabetical order	Skater signature or par skater is under 18)	rent / guardian (if
1.	,	
2.		
3.		
4.		
5.		
6.		
7.		
8.		
9.		
10.		
11.		
12.		
13.		
14.		
15.		
16.		
17.		
18.		
19.		
20.		
21.		
22.		
23.		
24.		
25.		
26.		
Club officer or skating school directo of my knowledge, eligible members in garules.		
Print Name:	Signature	

2008 Skate Cincinnati Synchronized Skating Teams Practice Ice Request Form

Practice ice will be available on Friday, March 14, 2008 from 6:00 p.m. through 7:30 p.m. Practice times will run in 12-minute segments on a first come, first serve basis at the rate of \$85 per segment. We will schedule the practice ice segments as the requests arrive.

TEAM		DIVISION
Contact Person:		
PHONE		
	UT A SEPARATE PRACTIC EPRODUCE THIS AND ANY at on competition/practice s	APPLICATION FORM.)
We have enclosed \$	for	segments.
Please make practice ice checks p	payable to Figure Skating (Club of Cincinnati and send it along with

completed application, team roster, and liability forms.

Skate Cincinnati 2008 Basic Skills Competition Entry Form (p.1 of 1)

Last Name:		First Name:		MI:
Last Name: Male: Female: Male: Address: Skater/parent email: USFS #:	Date of Birth:			Age:
Address:		City:	State:	Zip:
Skater/parent email:		Phor	ne: ()	
USFS #:		Home Club:	\	
Instructor's Name:	-			
Instructor's Phone: (1	Instructor's e	mail:	
Instructor's Name: Instructor's Phone: (Current Basic Skills Level (as of deadline).	1110114010101010		
Instructor's Signature:	as of deadiffe).			
Instructor's Signature:				
CERTIFICATION OF CONTE	STANT THE COMP	ETITOD IS ELIGIBL	E TO ENTED THE	EVENTS CHECKED
IT IS AGREED THAT THE CO				
HARMLESS FROM ANY ANI				
COMPETITION, AND FROM				
COM ETHION, AND TROM	ANT AND ALL LIADIL	ITTTOR DAWAGE	TO OIL LOOD OF	THOT LINTT.
Club/Group Authorized Sig	nature		Date	
Competitor Signature			Date	9
Parent/Guardian Signature			Dat	e
r arona oddraidir olgilaidio				.~
Ploa	so chock all basic	s ekille ovonte v	ou aro ontorina	
Pasia Skilla Campulaami	se check all basio	Skills everits ye	Cree Cheting	
Basic Skills Compulsory [] Snowplow Sam (TOTS)	Elements	Basic Skills	Free Skating Pr	<u>ogram</u>
[] Snowplow Sam (1018)		[] Snowpio	w Sam (101S)	
Basic 1		[] Basic 1		
Basic 2		[] Basic 2		
Basic 3		[] Basic 3		
Basic 4		[] Basic 4		
Basic 5		[] Basic 5		
[] Basic 6		[] Basic 6		
[] Basic 7		[] Basic 7		
[] Basic 8		[] Basic 8		
[] Free Skate 1		[] Free Ska	te 1	
[] Free Skate 2		[] Free Ska	te 2	
Basic Skills Showcase		[] Adult I		
[] Showcase A: Basic 1-8		[] Adult II		
[] Showcase B: Freeskate	1-4			
[] Showcase C: Adult Bas	ic			
Entry Fees				
First Event:	\$40.00			
Additional Event:	\$20.00			
Late Fee:	\$15.00			
Practice Ice - Individual: \$10/	session			
Program Ads – \$6 each				
TOTAL ENC	LOSED:	(Checks payab	le to FSCC)	
			,	
Mail check and complete	d entry form by Feb	09, 2008 to:	Kelly Bixby	
			5646 Baines Hold	lina
			Milford, OH 4515	

ENTRY FEES ARE NOT REFUNDABLE UNLESS AN EVENT IS CANCELLED BY OUR REFEREE.

kbixby@cinci.rr.com

Skate Cincinnati (2008) Non Basic Skills Competition Entry Form (p.1 of 2)

Last Name:	First	Name:	MI:
Female: Male:	Date of Birth: C		Age:
Address:	C	ity: Sta	ate:Zip:
Skater/parent email:		Phone: ()
US FIGURE SKATING #	# :	Home Club:	
Instructor's Phone: ()	Instructor's email:	
Highest Test Passed (as	of deadline): FS	MITF Dance	Pairs
Instructor's Signature: _			
IT IS AGREED THAT THE HARMLESS FROM ANY A COMPETITION, AND FRO Club/Group Authorized S	ITESTANT - THE COMPETITO COMPETITOR AND FAMILY AND ALL LIABILITY FOR INJU DM ANY AND ALL LIABILITY F Signature	HOLDS THE FIGURE SKA RIES EITHER DURING PR OR DAMAGES TO OR LO	TING CLUB OF CINCINNATI ACTICE OR THE SS OF PROPERTY Date
Competitor Signature	·		Date
Parent/Guardian Signatu	ure		Date
For a localization		ents you are entering	lawa Out
Freeskating Beginner I	Competitive Test Track Preliminary	Compulsory Drogram	<u>Jump Only</u> [] Beginner
[] Beginner II [] Pre-Preliminary (A) [] Pre-Preliminary (B) [] Preliminary (A) [] Preliminary (B) [] Pre-Juvenile [] Juvenile* [] Open Juvenile* [] Intermediate* [] Adult Pre-Bronze	[] Pre-Juvenile [] Juvenile [] Intermediate Pairs	Program [] Beginner [] Pre-Preliminary [] Preliminary [] Pre-Juvenile [] Adult Pre-Bronze [] Adult Bronze [] Adult Silver [] Adult Gold/Master Spin Only	 Pre-Preliminary Preliminary Pre-Juvenile Juvenile Intermediate Adult Pre-Bronze Adult Bronze
Adult Bronze Adult Silver Adult Gold* Adult Masters*	[] Adult Silver [] Adult Gold/Master Short Program [] Juvenile [] Intermediate*	[] Pre-Preliminary [] Pre-Juvenile [] Juvenile [] Intermediate [] Adult Pre-Bronze [] Adult Bronze [] Adult Silver [] Adult Gold/Master	Showcase [] I: Low [] II: High [] III: Adult Low [] IV: Adult High [] V: Duet [] VI: Adult Duet

*IJS critiqued events

Skate Cincinnati (2008) Non Basic Skills Competition Entry Form (p.2 of 2)

Please check all events you are entering

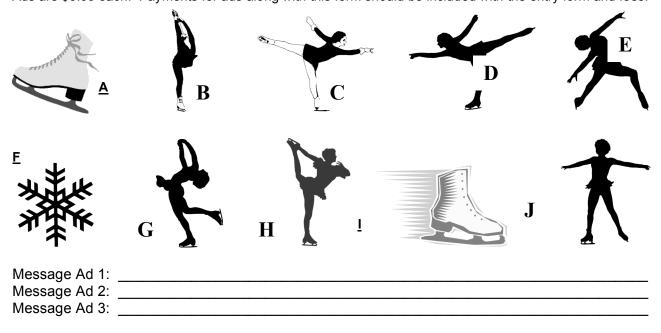
Solo Dance (please check each dance you wish to	
Preliminary:[] Dutch Waltz[] Canasta TanPre-Bronze:[] Cha-Cha[] Fiesta Tango	igo
Pre-Bronze: [] Cha-Cha [] Fiesta Tango Bronze: [] Hickory Hoedown [] Willow Waltz	,
Silver: [] Fourteenstep [] Foxtrot	•
Open Dance <u>Partner's Name</u>	Is your partner a coach?
[] Rhythm Blues	
[] Swing Dance	V N
[] Willow Waltz	Y N
[] Fourteenstep	Y N
Entry Deadline: February 09, 2008 (postmarke) Entry Fees First Solo Event (critiqued)	
TOTAL ENCLOSED:	(Checks payable to FSCC)
5 N	Kelly Bixby 1646 Baines Holding Milford, OH 45150 bixby@cinci.rr.com

ENTRY FEES ARE NOT REFUNDABLE AFTER THE ENTRY DEADLINE UNLESS AN EVENT IS CANCELLED BY OUR REFEREE.

*A skater may compete in both Basic Skills and Non-Basic Skills events. For example, a skater in Free Skate 2 may enter Basic Skills Compulsory Music Program Free Skate 2, Basic Skills Showcase B, and Beginner Jumps. In this case, the skater would enclose the following entry fees: \$40 for first Basic Skills event, \$20 for the second Basic Skills event, and \$30 for an additional non-basic skills event = \$90 total.

PROGRAM ADS

Personal ads are a great way to thank your coach and wish your favorite skater "Good Luck"! The Figure Skating Club of Cincinnati invites you to submit a personal advertisement for the 2008 Skate Cincinnati program. Choose a personal ad from the selections below. Indicate the letter of the graphic you like and print your message below. Ads are \$6.00 each. Payments for ads along with this form should be included with the entry form and fees.



Please include this application and program ad fees with the entry form and entry fees.

Mail check and completed entry form by Feb 09, 2008 to:

Kelly Bixby 5646 Baines Holding Milford, OH 45150

INDIVIDUAL PRACTICE ICE APPLICATION

There will be practice ice available beginning Saturday March 15, 2008. No music will be played. Practice ice is \$10 for 25 minutes. A practice ice and competition schedule will be posted at www.skatecincinnati.org approximately two weeks prior to the competition. Should you prefer a written copy, please send a self addressed, stamped envelope with your completed entry form.

Name	Skater/Parent e-mail
Events to be skated	
Number of sessions requested	Total cost at \$10/ session \$

Please include this application and practice ice fees with the entry form and entry fees.

Mail check and completed entry form by Feb 09, 2008 to:

Kelly Bixby 5646 Baines Holding Milford, OH 45150

Please check in at the registration desk upon arrival.

ATTACHMENT A

If you have passed (as of Feburary 9, 2008)	You can compete in
Snowplow Sam 1, 2, or 3	 Basic Skills Compulsory Elements: Snowplow Sam Basic Skills Compulsory Music Program: Snowplow Sam
Basic 1	Basic Skills Compulsory Elements: Basic 1
	Basic Skills Compulsory Music: Basic 1
	Showcase Events: Basic Skills Showcase A
Basic 2	Basic Skills Compulsory Elements: Basic 2
	Basic Skills Compulsory Music: Basic 2
	Showcase Events: Basic Skills Showcase A
Basic 3	Basic Skills Compulsory Elements: Basic 3
	Basic Skills Compulsory Music: Basic 3
	Showcase Events: Basic Skills Showcase A
Basic 4	Basic Skills Compulsory Elements: Basic 4
	Basic Skills Compulsory Music: Basic 4
	Showcase Events: Basic Skills Showcase A
Basic 5	Basic Skills Compulsory Elements: Basic 5
	Basic Skills Compulsory Music: Basic 5
	Showcase Events: Basic Skills Showcase A
Basic 6	Basic Skills Compulsory Elements: Basic 6
	Basic Skills Compulsory Music: Basic 6
	Showcase Events: Basic Skills Showcase A
Basic 7	Basic Skills Compulsory Elements: Basic 7
	Basic Skills Compulsory Music: Basic 7
	Showcase Events: Basic Skills Showcase A
Basic 8	Basic Skills Compulsory Elements: Basic 8 Basic Skills Elements: Basic 8
	Basic Skills Compulsory Music: Basic 8 Observation Provide Charles Charl
Freeskate 1	Showcase Events: Basic Skills Showcase A Desig Skills Compulsory Florents: Free Skiets 1 or 2 (not both)
Freeskale I	 Basic Skills Compulsory Elements: Free Skate 1 or 2 (not both) Basic Skills Compulsory Music: Free Skate 1 or 2 (not both)
	Showcase Events: Basic Skills Showcase B, OR
	Showcase I: Low (non-basic skills)
	Jumps Only Event: Beginner Jumps (non-basic skills)
Freeskate 2	Basic Skills Compulsory Elements: Free Skate 2, OR
1 Tooskate 2	Compulsory Program Event: Beginner (non-basic skills)
	Basic Skills Compulsory Music: Free Skate 2, OR
	Well-Balanced Free Skating Program: Beginner 1 (non-basic skills)
	Showcase Events: Basic Skills Showcase B, OR
	Showcase I: Low (non-basic skills)
	Jumps Only Event: Beginner Jumps (non-basic skills)
Freeskate 3	Compulsory Program Event: Beginner (non-basic skills)
	Well-Balanced Free Skating Program: Beginner I or II (non-basic skills)
	Showcase Events: Basic Skills Showcase B, <u>OR</u>
	Showcase I: Low (non-basic skills)
	Jumps Only Event: Beginner Jumps (non-basic skills)
Freeskate 4	Compulsory Program Event: Beginner (non-basic skills)
	Well-Balanced Free Skating Program: Beginner I or II (non-basic skills)
	Showcase Events: Basic Skills Showcase B, <u>OR</u> One of the standard st
	Showcase I: Low (non-basic skills)
Francisco 5	Jumps Only Event: Beginner Jumps (non-basic skills) Operation of Decimal Property Prope
Freeskate 5	Compulsory Program Event: Beginner or Pre-Preliminary (non-basic skills) Well Belonged Free Sketing Program Peringer Non-Break Preliminary A
	Well-Balanced Free Skating Program: Beginner I, II, or Pre-Preliminary A (non-basic skills)
	(non-basic skills)
	Showcase Events: Showcase I – Low (non-basic skills) Uning Only Event: Regioner or Pro Proliminary (non-basic skills)
Frankets C	Jumps Only Event: Beginner or Pre-Preliminary (non-basic skills) Computer Program Front Program on Pre-Preliminary (non-basic skills)
Freeskate 6	Compulsory Program Event: Beginner or Pre-Preliminary (non-basic skills)

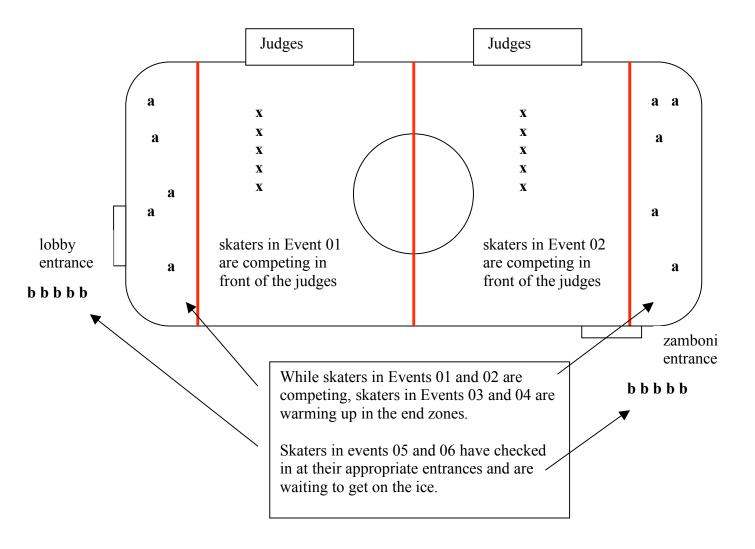
 Well-Balanced Free Skating Program: Beginner I or Beginner II or Pre-Preliminary A (non-basic skills) Showcase Events: Showcase I – Low (non-basic skills) Jumps Only Event: Beginner or Pre-Preliminary (non-basic skills) Spin Event: Pre-Preliminary Spins (non-basic skills) Compulsory Program Event: Pre-Preliminary or Preliminary Well-Balanced Free Skating Program: Pre-Preliminary A or Pre-Preliminary B or Preliminary A or Preliminary B, OR Competitive Test Track Free Skating: Preliminary Showcase Events: Showcase I – Low Jumps Only event: Pre-Preliminary or Preliminary Jumps
 Showcase Events: Showcase I – Low (non-basic skills) Jumps Only Event: Beginner or Pre-Preliminary (non-basic skills) Spin Event: Pre-Preliminary Spins (non-basic skills) Compulsory Program Event: Pre-Preliminary or Preliminary Well-Balanced Free Skating Program: Pre-Preliminary A or Pre-Preliminary B or Preliminary A or Preliminary B, OR Competitive Test Track Free Skating: Preliminary Showcase Events: Showcase I – Low
 Jumps Only Event: Beginner or Pre-Preliminary (non-basic skills) Spin Event: Pre-Preliminary Spins (non-basic skills) Compulsory Program Event: Pre-Preliminary or Preliminary Well-Balanced Free Skating Program: Pre-Preliminary A or Pre-Preliminary B or Preliminary A or Preliminary B, OR Competitive Test Track Free Skating: Preliminary Showcase Events: Showcase I – Low
 Spin Event: Pre-Preliminary Spins (non-basic skills) Pre-Preliminary Free Skate Compulsory Program Event: Pre-Preliminary or Preliminary Well-Balanced Free Skating Program: Pre-Preliminary A or Pre-Preliminary B or Preliminary A or Preliminary B, <u>OR</u> Competitive Test Track Free Skating: Preliminary Showcase Events: Showcase I – Low
 Pre-Preliminary Free Skate Compulsory Program Event: Pre-Preliminary or Preliminary Well-Balanced Free Skating Program: Pre-Preliminary A or Pre-Preliminary B or Preliminary A or Preliminary B, <u>OR</u> Competitive Test Track Free Skating: Preliminary Showcase Events: Showcase I – Low
 Well-Balanced Free Skating Program: Pre-Preliminary A or Pre-Preliminary B or Preliminary A or Preliminary B, <u>OR</u> Competitive Test Track Free Skating: Preliminary Showcase Events: Showcase I – Low
B or Preliminary A or Preliminary B, OR Competitive Test Track Free Skating: Preliminary Showcase Events: Showcase I – Low
Competitive Test Track Free Skating: Preliminary • Showcase Events: Showcase I – Low
Showcase Events: Showcase I – Low
Jumps Only event: Pre-Preliminary or Preliminary Jumps
Spin Event: Pre-Preliminary or Preliminary Spins
Preliminary Free Skate • Compulsory Program Event: Preliminary or Pre-Juvenile
Well-Balanced Free Skating Program: Preliminary A or Preliminary B or
Pre-Juvenile, <u>OR</u>
Competitive Test Track Free Skating: Preliminary or Pre-Juvenile
 Showcase Events: Showcase I – Low, or Showcase II – High
Jumps Only event: Preliminary Jumps or Pre-Juvenile Jumps
Spin Event: Preliminary Spins or Pre-Juvenile Spins
Adult Basic 1 or 2 • Basic Skills Compulsory Music: Adult I
Showcase Events: Basic Skills Showcase C
Adult Basic 3 or 4 • Basic Skills Compulsory Music: Adult II
Showcase Events: Basic Skills Showcase C
Adult No Test • Compulsory Program Event: Adult Pre-Bronze
Well-Balanced Free Skating Program: Adult Pre-Bronze
Showcase Event: Basic Skills Showcase C or Showcase III – Adult Low
Jumps Only Event: Adult Pre-Bronze
Spin Event: Adult Pre-Bronze

Notes:

- 1. Skaters may enter a competition level that is at, or one level higher than, their current skating level.
- 2. Skaters may not enter more than one level for the same event. For example, a skater may not enter both the Basic 5 and Basic 6 Compulsory Elements events.
- 3. A skater may compete in EITHER a Well-Balanced Free Skating Program event OR a Competitive Test Track event, but not both. Likewise, a skater may competed in EITHER a Basic Skills Compulsory Music Program event OR a Well-Balanced Free Skating Program event, but not both.
- 4. Skaters may enter in different competition levels for DIFFERENT events. For example, a Basic 3 skater may enter the Basic 4 Compulsory Elements event and also the Basic 3 Compulsory Music Program event.
- 5. Once a skater has registered in an event at a specified level, he/she may not change levels, even if the skater has passed the level between February 09 (close of entries) and March 15 (date of competition). The skater's eligibility and level is determined by the skill level of the skater as of February 09, 2008.

ATTACHMENT B

Diagram of the Basic Skills Compulsory Elements Event



Note to parents and coaches:

This event will move from one group to the next very quickly. Two groups will be competing at once. In more traditional events, skaters receive a warm-up time of a couple minutes once their group is called. In this event, however, skaters will get on the ice to warm up in the end zones when the event PRIOR to theirs is called. For example, when Events 01 and 02 are called, skaters in Events 03 and 04 can get on the ice in the end zones and start warming up. Skaters in events 05 and 06 should be checking in and getting ready. When events 03 and 04 are called, skaters in events 05 and 06 can get on the ice.

Please make sure your skater is dressed warmly for this event. During the competition, your skater will be spending some time standing and waiting while other skaters in their group are being assessed by the judges. It is OK for your skater to wear gloves and a jacket during this event as long as the clothing does not obscure the basic body line of the skater.

ATTACHMENT C

Requirements for Beginner Synchro Events

BEGINNER SYNCHRO 1

Age: Majority under 9

Music: 1:30 - 2:00 + /- 10 seconds. No restrictions

Elements:

• Circle: 1 circle. Include a 2-foot turn and a forward inside and/or outside edge.

Line: Cover ice, all forward skatingBlock: Cover ice, only 1 configuration

Wheel: 4-spoke or "S" with backward pumps

• Intersection: 2 lines facing each other, forward 2-foot glide at point of intersection

Restricitons:

No additional elements

Holds = Shoulder and Hand only

o No changes of rotational direction and traveling within elements

No steps or moves above Basic 5

o Everything in Rule 4669

BEGINNER SYNCHRO 2

Age: Majority 9-11

Music: 1:30 - 2:00 + / -10 seconds. No restrictions

Elements:

Circle: 1 circle. Include the combination move (1 direction only) from Basic 8

• Line: Cover ice, may include backward and forward skating

Block: Cover ice, must have 1 or 2 configurations
 Wheel: Wheel of choice with backward pumps

Intersection: 2 lines facing each other, forward 2-foot or 1-foot glide at point of intersection

Restricitons:

No additional elements

Holds = Shoulder and Hand only

No changes of rotational direction and traveling within elements

No steps or moves above Free Skate 1

Everything in Rule 4669

BEGINNER SYNCHRO 3

Age: Majority at least 12

Music: 2:00-2:30 +/- 10 seconds. No restrictions

Elements:

Circle: 1 circle. Include the combination move (1 direction only) from Basic 8

Line: Cover ice, must include backward and forward skating

Block: Cover ice, must have 2 or 3 configurations

Wheel: Wheel of choice

• Intersection: 2 lines facing each other, forward 1-foot glide or forward lunge at point of intersection

Restricitons:

Changes of rotational direction and traveling within elements

o Everything in Rule 4669