



13TH ANNUAL

Southern Eastern Great Lakes Figure Skating Council Competition

February 22-24, 2008

Hosted by Northern Kentucky Skating Club
Northern Kentucky Ice Center, Crescent Springs, KY



**THIS EVENT WILL UTILIZE THE INTERNATIONAL JUDGING
SYSTEM FOR JUVENILE EVENTS AND HIGHER with THE IJS
MINI SYSTEM. SEE OUR TEST TRACK FS EVENTS and
IJS JUMP EVENTS!!!!**

Irm120607

www.nkysc.com

www.seglskate.org

08-CC-03

Rules/Conduct/Eligibility

The competition is sanctioned by USFS and USFS Basic Skills and will be governed by the rules effective for **the 2007-2008 qualifying competition season** except as modified in this announcement. Chief Referee: Kathy Slack (937-339-1994). Eligible competitors are current members in good standing of US Figure Skating and shall be eligible to enter events based on their test status (as of January 15, 2008) or compete up one level, but not both. Free Skating events are divided into regular Competitive FS events and Competitive Test Track FS events. Competitors may enter FS events in **one or the other, not both**. Free Skating, Jump and Spin events will be judged using the IJS Mini System for all levels Juvenile and higher. All Test Track events will be judged under the 6.0 system. Please note the qualifications and requirements for each. A minimum of two entries will be required for all flights to be scheduled.

Facility

The competition will be held at Northern Kentucky Ice Center, 2638 Anderson Road, Crescent Springs, KY, 41017. Northern Kentucky Ice Center has ample seating and parking capacity in the area. The arena has one ice surface 85' x 192'. The facility offers a snack bar. Locker rooms will be available for competitors. Visiting vendors will offer skating and non-skating related products.

Entries

All entries must be postmarked no later than January 15, 2008. Payment of all entry fees must accompany completed entry forms and certification forms. Checks must be made payable to Northern Kentucky Skating Club. Late entries will be accepted at the discretion of the Northern Kentucky Skating Club and must include a \$25 late fee. A \$25 service charge will be assessed for each returned check. **No refunds will be given after the January 15, 2008 deadline unless the event is cancelled for lack of entries.** Entries where incorrect levels were entered on the application form and changes need to be made will be assessed a \$25 change fee.

Event Fees

First single event.....	\$80.00
Additional single events	\$35.00
Pairs (per person as first event)	\$40.00
Pairs (per person as additional event)	\$25.00
Basic Skills	\$35.00

Practice Ice

Skaters wishing to purchase practice ice must submit the Practice Ice Form along with a separate check for practice ice fees. Phone or email reservations will not be accepted. Practice ice will be \$8 per 20 minute session if arranged by January 15, 2008. Practice will be limited to 20 skaters.

Mail Entries to:

NKSC - SEGL 2008, c/o Mark Chastain, 963 Wedgewood Drive, Independence, KY 41051. For more information, contact Mark Chastain at 859-282-1342 or mark.chastain@duke-energy.com or Clare Richart at 513-479-0926 or mainelycrw@fuse.net.

Competition Schedule

Competition schedule and practice ice information will be posted online at NKYSC.com at least 10 days before the competition begins. Information will not be sent by mail.

Registration

The registration desk will be located in the lobby of the Northern Kentucky Ice Center. The registration desk will be open prior to the first practice ice each day and will close after the last event of the competition each day. An official bulletin board will be maintained with information regarding schedules and important announcements. Such announcements shall constitute sufficient notice to competitors, coaches, chaperones and officials. Skaters should arrive at the facility a minimum of one hour before their scheduled skate time and should check in with the ice monitor twenty minutes prior to their event.

Music

All competition music must be turned in at the time of registration. Music must be on CDs, which have been labeled clearly with the skater's name and event marked. Due to compatibility and reliability reasons no music may be submitted on re-recordable "CD-RW" discs. Competitors must have suitable emergency backup music at **rink side**. Skaters should remember to pick up their music at the registration desk after their event. NKSC will provide music for Basic Skills Events. Coaches should contact Mark Chastain at (859) 282-1342 or mark.chastain@duke-energy.com for a copy of the basic skills music for 2008.

Awards

Medals will be given to the 1st, 2nd, 3rd and 4th places in all events. Ribbons will be given to 5th through 8th place for events through Pre-Juvenile events. Awards presentations and will take place immediately following the posting of the results for each event or as early as is possible. Skaters should report to the awards area promptly in competition attire and skates. All Basic Skills entrants will receive a medal or ribbon. A 1st and 2nd place **Team Trophy** will be awarded to the clubs whose members compile the most event points according to the 2008 point system. Only your home club may be awarded your points. Basic Skills events will be included in the total points.

Critiques

Individual critiques by judges and TS will be offered to skaters and coaches after each Juvenile through Senior Free Skate (excluding Test Track) and Pairs Free Skate Events.

Planned Program Content Sheets

Competitors in the IJS events (excluding Jump and Spin events) are required to submit a Planned Program Content Sheet. The PPCS is to be completed **online** no later than February 8, 2008 but can be updated up to February 18, 2008. **Please note that PPCS initially submitted online after February 8, 2008 or any PPCS submitted by paper, regardless of date, will incur a \$10 processing fee.** Once entered, PPCS may be updated online at any time as often as is desired and without cost. Please go to www.usfsaonline.org and follow the instructions to complete your Planned Program Content Sheet. Designate SEGL 2008 to receive your forms.

Video

Videotaping services will be available for purchase by Ledin Video. Those interested in videotaping for personal use are required to remain in the bleachers. Electrical outlets may not be used. Absolutely no flash photography is allowed during the competition.

Hotel Information

Our host hotel is the Holiday Inn, 1717 Airport Exchange Blvd., Erlanger, KY 41048. Please use the group name of **SEGL 2008**. The SEGL 2008 group rate is \$89. Call 1-888-465-4329 or 1-859-371-2233 for reservations. This property is a full service hotel with a restaurant, indoor pool, sauna, health club and free continental breakfast. It is within 4 minutes of the Northern Kentucky Ice Center via a side access road requiring no highway travel. Continental Breakfast and a Pizza & Movie event (time yet to be announced) will be available in banquet rooms which will also be available to SEGL families for their use throughout the competition. The hotel offers free shuttle service to Crestview Hills Mall each evening.

Entry Fees - All fees are per skater (unless otherwise noted)

First Event any level Free Skating, Short Program, Compulsory Moves, MIF, Spins and Showcase:	\$80.00	=	
Additional Single Events:	\$35.00 Each	=	
Pairs (per person as first event)	\$40.00 Each	=	
Pairs (per person as additional event)	\$25.00 Each	=	
Basic Skills Events Only:	\$35.00	=	
Late fee (if application is postmarked after 01/15/08 and accepted) (No Metered Mail Accepted)	\$25.00	=	
Make checks payable to: NKSC Mail to: NKSC-SEGL 2008 c/o Mark Chastain 963 Wedgewood Drive Independence, KY 41051	Total	=	

Authorization by Club Officer

I hereby approve the entry of _____ (skater's name) into the 2008 SEGL Competition. I further certify that he/she is a member in good standing of our club and has passed the appropriate tests to skate the events entered.

Club Officer:	
Signature:	
Title: (Pres., VP, Secretary, Treasurer or Test Chair Only)	Phone # ()
Club (No abbreviation Please):	

Authorization by Competitor and Parent/Guardian

I, _____, am an eligible skater, under the rules of United States Figure Skating, to enter the above events. I agree to hold harmless US Figure Skating, the NKSC and Northern Kentucky Ice Center from any loss, damages and /or injury that may be sustained in any manner while participating in any activities of this competition. I agree to abide by the US Figure Skating Code of Conduct.

I understand no refunds will be given for any reason. I understand a \$25.00 charge for returned or stop payment check will be assessed.

Competitor's Signature:	Date:
Parent/Guardian's Signature: (If competitor is under age 18)	Date:

Authorization by Primary Coach

I have reviewed and approve the entry of this skater in the indicated events.

Coach's Name:	
Coach's Address:	
Coach's Email:	
Coach's Signature:	Date:
Coach's Phone # ()	

Make checks payable to: Northern Kentucky Skating Club (NKSC)

Mail completed form, and entry fee check to:

NKSC – SEGL 2008
c/o Mark Chastain
963 Wedgewood Drive
Independence, KY 41051
Phone: 859-282-1342

WE REGRET THERE WILL BE NO REFUNDS

Email: NKYSC.com

13th Annual SEGL Competition
Hosted by Northern Kentucky Skating Club
February 22-24, 2008

PRACTICE ICE FORM

Name: _____ Sex: _____ USFS Number: _____
Last First M.I.

Street Address: _____

City: _____ State: _____ Zip: _____ Birth Date: _____

Phone #: _____ e-mail: _____ Club/Rink: _____

Last USFS Level Passed: FS _____ Moves _____ Pairs _____ Basic Skills Level _____

Partner Name & USFS # (if applicable, separate entry form required): _____

Coach Name: _____ Coach Address: _____

Coach Email: _____ Coach Phone: _____

Practice ice sessions are 20 minutes in length. The fee when purchased prior to the January 15, 2008 deadline is \$8.00 per 20 minute session. If space allows, the walk-on fee for a 20 minute practice ice session without a reservation is \$10.00. Please indicate below the number and type of practice session that the competitor desires. Moves in the Field, Spins, Compulsory Moves and Showcase will be included in the Free Skating practice. Practice ice sessions may be cancelled if an insufficient number of reservations are received.

Free Skating Session:	Level _____	# of sessions _____	
Basic Skills Session:	Level _____	# of sessions _____	(1 maximum)
Pairs Session:	Level _____	# of sessions _____	

Notes – list events entered here:

Total # Sessions _____ X \$8.00 = \$ _____

For practice ice, please include a *separate check* made out to Northern Kentucky Skating Club (NKSC). Completed Practice Ice Forms and related payments should be postmarked no later than January 15, 2008 and mailed to: **NKSC – SEGL 2008, c/o Mark Chastain, 963 Wedgewood Drive, Independence, KY 41051**. Reservations without payment will not be recognized. Reservations will not be accepted by phone or email. The practice ice schedule will be mailed along with competition schedules only if a self addressed stamped envelope has been provided.

**WISH YOUR SKATERS LUCK WITH AN AD
IN THE OFFICIAL EVENT PROGRAM!**

Enclose check for \$10 to NKSC. Limit of 15 words.

**SKATER:
MESSAGE:**

13th Annual SEGL Competition
Hosted by Northern Kentucky Skating Club
Competition Events

FREE SKATING EVENTS – Well Balanced Program and Competitive Test Track

Skaters may enter the event for which they have passed the required test or one level higher (i.e. skaters may “skate up” one level) except as noted below. Times stated for free skating events are +/- 10 seconds. Skaters may enter EITHER the new test track or the well-balanced free skate track, but **not BOTH**. All Test Track events will be judged under the 6.0 system. Free skate, Jump, Spin and Pair events will be judged using the IJS system for all levels Juvenile and above. Deductions will be made for skaters including elements not permitted in the event description.

Beginner I: This basic level is designed for the beginning competitive skater. Skaters may not have passed the USFS Pre-Preliminary Free Skating test. Skaters may select the moves of their choice but may not include any full-revolution jumps. Toe loop and salchow are permitted. 1.5 minutes.

Beginner II: Skaters may not have passed the USFS Pre-Preliminary FS test. Skaters may select the moves of their choice but must not include any multi-revolution jumps. Single jumps only - no axels. 1.5 minutes.

Pre-Preliminary A: Skaters may have passed the USFS Pre-Preliminary Free Skate test and no higher. Single jumps only – NO AXEL. 1.5 minutes.

Pre-Preliminary B: Skaters may have passed the USFS Pre-Preliminary Free Skate test and no higher. Single jumps only. AXEL IS PERMITTED. Required elements as stated in 3711. 1.5 minutes.

Preliminary A: Skaters may have passed the USFS Preliminary FS test and no higher. Single jumps only – including axel. 1.5 minutes.

Preliminary B: Skaters may have passed the USFS Preliminary FS test and no higher. Required elements as stated in 3701. 1.5 minutes.

Pre-Juvenile: Skaters may have passed the USFS Pre-Juvenile FS test and no higher. Required elements as stated in 3690. 3691. 2 minutes.

Pre-Juvenile Test Track: Skaters must have passed at least the USFS Preliminary FS test but may not have passed tests higher than Pre-Juvenile FS test. Three spins in any position, (min. 4 revs.), one must be a combination spin with change of foot optional (min. 3 revs. on each foot or 6 total revolutions and no flying spins). Jumps with not more than one rotation (no axels). Jump combinations and sequences are allowed. Max. 6 jumping elements. One step sequence straight line, circular, or serpentine fully utilizing ice surface. 2 minutes.

Juvenile - IJS: Skaters may have passed the USFS Juvenile FS test and no higher. Required elements as stated in 3680, 3681. Skaters may not exceed 12 years of age on 1/15/08. 2.15 minutes.

Juvenile Test Track: Skaters must have passed at least the USFS Pre-Juvenile FS test but may not have passed tests higher than Juvenile FS test. Three spins in any position (Min. 4 revs.), one must be a combination spin with one change of foot (min. 4 revs. On each foot). May include flying spins. Any single jumps and jump combinations with not more than 1-1/2 rotations. (Axel permitted). Maximum 6 jumping elements. One step sequence straight line, circular, or serpentine fully utilizing ice surface. 2:15 minutes

Open Juvenile: Skaters may have passed the USFS Juvenile FS test and no higher. Required elements as stated in 3681. Skaters must be at least 13 years of age on 1/15/08. 2.15 minutes.

Intermediate - IJS: Skaters may have passed the USFS Intermediate FS test and no higher. Required elements as stated in 3670, 3672. Skater may not exceed 17 years of age as of 1/15/08. 2.5 minutes.

Intermediate Test Track: Skaters must have passed at least the USFS Juvenile FS test but may not have passed tests higher than Intermediate FS test. Three spins in any position as solo (Min. 4 revs.), one must be a combination spin with at least one change of foot (min. 4 revolutions on each foot). May include flying spins. Any single jumps. Double jumps may only be the double Salchow and the double toe loop. Jump combinations and sequences allowed. Maximum 6 jumping elements. One step sequence straight line, circular, or serpentine fully utilizing ice surface. 2.5 minutes.

Novice - IJS: Skaters may have passed the USFS Novice FS test and no higher. Required elements as stated in 3660, 3663. Ladies – 3 minutes. Men – 3.5 minutes.

Novice Test Track: Skaters must have passed at least the USFS Intermediate FS test but may not have passed tests higher than Novice FS test. Three spins in any position (min. 6 revs.) one must be a combination spin with at least one change of foot (min. 5 revs. On each foot). May include flying spins. Any single jumps. Double jumps may only

be the double salchow, double toe loop and the double loop. Jump combinations and sequences allowed. Maximum 7 jumping elements. One step or spiral sequence (See Rule 3640 for description). Ladies 3:00 min, Men 3:30 min.

Junior - IJS: Skaters may have passed the USFS Junior FS test and no higher. Required elements as stated in 3650, 3653. Ladies – 3½ minutes. Men – 4 minutes.

Junior Test Track: Skaters must have passed at least the USFS Novice FS test but may not have passed tests higher than the Junior FS test. Three spins – one must be a flying spin, a solo spin (6 revs. each) and a combination spin consisting of all three positions and one change of foot (min. 2 in each pos. and min. 5 revs. on each foot). Any single jumps and double jumps may only be the double salchow, double toe loop, double loop and the double flip. Jump combinations and sequences allowed. Maximum 8 jumping elements for men and 7 for ladies. Men: Two different step sequences. Ladies: One step sequence and one spiral sequence (see Rule 3640 for description). Ladies 3:30 minutes, Men 4:00 minutes

Senior - IJS: Skaters may have passed the USFS Senior FS test and no higher. Required elements as stated in 3640, 3643. Ladies – 4 minutes. Men – 4.5 minutes.

Senior Test Track: Skaters must have passed at least the USFS Junior FS test. Four spins (min. 6 revs. on all solo spins) – one must be a flying spin, one solo spin, one spin combination consisting of all three positions and one change of foot (min. 2 in each position and min. 5 revs. on each foot). At least four different double jumps one must be a double lutz. Jump combinations and sequences allowed. Maximum 8 jumping elements for men and 7 for ladies. Men: Two different step sequences. Ladies: One step sequence and one spiral sequence (See Rule 3640 for description). Ladies - 4 minutes. Men – 4:30 minutes

Adult Pre-Bronze: Skaters must be 21 years or older on 1/15/08. Skaters may have passed USFS Adult Pre-Bronze Free Skating Test but no higher. Skaters may select moves of their choice but may not include a lutz or axel. Required elements as stated in 3805, 3806. 1:40 maximum.

Adult Bronze: Skaters must be 21 years or older on 1/15/08. Skaters may have passed USFS Adult Bronze Free Skating test but no higher. Single jumps only - no axels. Required elements as stated in 3800, 3801. 1:40 maximum.

Adult Silver: Skaters must be 21 years or older on 1/15/08. Skaters may have passed USFS Adult Silver Free Skating test but no higher. Axel permitted – no doubles. Required elements as stated in 3790, 3791. 2:10 maximum.

Adult Gold: Skaters must be 21 years or older on 1/15/08. Skaters may have passed USFS Adult Gold Free Skating test but no higher. No jump limitations. Required elements as stated in 3780, 3781 2:40 maximum.

Adult Masters: Skaters must be 21 years or older on 1/15/08. Skaters may have passed USFS Adult Masters FS test. No jump limitations. Required elements as stated in 3750. 3:40 maximum.

SHORT PROGRAM EVENTS

Skaters may “skate up” one level. Short program requirements are listed in the 2007-2008 Rulebook. ***Group B elements (2007-2008 year) shall be utilized.*** Short program times are maximum times.

Juvenile - IJS: Lutz; Axel; Jump Combination consisting of 2 single jumps or 1 single and 1 double; Solo spin – minimum of 4 revolutions in position, may not commence with a jump; spin combination with only one change of foot and only one change of position (4 revolutions on each foot); step sequence (straight line, circular or serpentine). 2:00 minute maximum.

Open Juvenile: Lutz; Axel; Jump Combination consisting of 2 single jumps or 1 single and 1 double; Solo spin – minimum of 4 revolutions in position, may not commence with a jump; spin combination with only one change of foot and only one change of position (4 revolutions on each foot); step sequence (straight line, circular or serpentine). 2:00 minute maximum.

Intermediate - IJS: Required elements as stated in 3671, 3672 in the 2007 – 2008 Rulebook. 2:00 minutes maximum.

Novice - IJS: Required elements as stated in 3661, 3662 in the 2007 – 2008 Rulebook. 2:30 minutes maximum.

Junior - IJS: Required elements as stated in 3651, 3652 in the 2007 – 2008 Rulebook. 2:50 minutes maximum.

Senior - IJS: Required elements as stated in 3641, 3642 in the 2007 – 2008 Rulebook. 2:50 minutes maximum.

BASIC SKILLS EVENTS

All basic skills events will be skated on half ice and will be skated to music provided by Northern Kentucky Skating Club (Contact Mark Chastain at 859-282-1342). Extra elements are not allowed and will result in deductions. Specified elements may be repeated within the program.

Snowplow/Tot: (Skaters who are five years of age or younger and who have not passed Basic 1)

1. March followed by a two foot glide and dip
2. Forward two foot swizzles (2-3 in a row)
3. Forward snowplow stop
4. Backward wiggles (2-6 in a row)

Basic 1: (Skaters who have passed or are working on Basic 1)

1. Forward two foot glide
2. Forward two foot swizzles (6-8 in a row)
3. Forward snowplow stop
4. Backward wiggles (6-8 in a row)

Basic 2: (Skaters who have passed or are working on Basic 2)

1. Forward one foot glide – either foot
2. Backward two foot swizzles (6-8 in a row)
3. Two foot turn in place – forward to backward
4. Moving snowplow stop
5. Forward alternating ½ swizzle pumps, in a straight line

Basic 3: (Skaters who have passed or are working on Basic 3)

1. Forward stroking
2. Forward ½ (one foot) swizzle pumps on a circle – clockwise or counter clockwise (6-8 consecutive)
3. Moving forward to backward two foot turn - either direction
4. Backward one foot glide – either foot
5. Two foot spin

Basic 4: (Skaters who have passed or are working on Basic 4)

1. Forward outside edge on a circle - clockwise or counter clockwise
2. Forward crossovers – clockwise and counter clockwise (6-8 consecutive)
3. Forward outside three turn – right and left
4. Backward stroking
5. Backward snowplow stop – right and left

Basic 5: (Skaters who have passed or are working on Basic 5)

1. Backward outside edge on a circle – clockwise or counter clockwise
2. Backward crossovers - both directions (6-8 consecutive)
3. One foot spin (optional entry, optional free foot position, minimum of 3 revolutions)
4. Hockey stop
5. Side toe hop – either direction

Basic 6: (Skaters who have passed or are working on Basic 6)

1. Forward inside three turn - right and left
2. T - Stop - right or left
3. Bunny hop
4. Forward spiral on a straight line – right or left
5. Lunge – right or left

Basic 7: (Skaters who have passed or are working on Basic 7)

1. Forward inside open mohawk – right to left and left to right
2. Ballet jump – either direction
3. Backward crossovers to backward outside edge landing position – clockwise and counter clockwise
4. Forward inside pivot

Basic 8: (Skaters who have passed or are working on Basic 8)

1. Moving forward inside or forward outside three turns – right and left
2. Waltz jump
3. Mazurka – either direction
4. Combination move – clockwise or counter clockwise (see Basic 8 curriculum in Manual)
5. Beginning scratch spin - optional free foot position

PAIRS FREE SKATING EVENTS

Novice, Junior, and Senior pairs short program will be separate events as listed below and will not be combined. All pairs events requirements will be according to the 2007-2008 USFS Rulebook.

Preliminary: Skaters may have passed the USFS Preliminary Pair Test and no higher. 1½ minutes.

Pre-Juvenile: Skaters may have passed the USFS Pre-Juvenile Pair Test and no higher. 2 minutes.

Juvenile - IJS: Skaters may have passed the USFS Juvenile Pair Test and no higher. Skaters may not exceed 16 years of age as of 1/15/08. 2.5 minutes.

Intermediate - IJS: Skaters may have passed the USFS Intermediate Pair Test and no higher. Skaters may not exceed 18 years of age as of 1/15/08. 3 minutes.

Novice - IJS: Skaters may have passed the USFS Novice Pair Test and no higher. 3.5 minutes.

Junior - IJS: Skaters may have passed the USFS Junior Pair Test and no higher. 4 minutes.

Senior - IJS: Skaters may have passed the USFS Senior Pair Test. 4.5 minutes.

PAIRS SHORT PROGRAM

All pairs events requirements will be according to the 2007-2008 qualifying season.. **Group B elements (2007-2008 year) shall be utilized.** Short program times are maximum times.

Novice - IJS: Required elements as stated in 4060, 4061, 4062 in the 2008 USFS Rulebook. 2:30 minute maximum.

Junior - IJS: Required elements as stated in 4050, 4051, 4052 in the 2008 USFS Rulebook. 2:50 minute maximum.

Senior - IJS: Required elements as stated in 4040, 4041, 4042 in the 2008 USFS Rulebook. 2:50 minute maximum

COMPULSORY MOVES

Test requirements are the same as listed under single free skating events. Compulsory events will be skated on one-half of the ice surface without music. Skaters may not exceed the stated time limit. All times listed are maximums. Compulsory moves may be skated in any order, except where specified. There must be no change of foot or turn between combination jumps. Double jumps may not be substituted for single jumps. An axel is a single jump, except where noted. **Excessive footwork and added elements will be penalized.** Skaters may skate up one level, but may not skate at more than one level. Skaters may not enter both short program and compulsory moves.

Beginner I: ½ revolution jump, waltz jump, bunny hop, two foot spin, lunge, forward pivot. 1 minute maximum.

Beginner II: Backward crossovers—min. of 4 in each direction, toe loop, half flip, spiral, one foot spin with optional free foot position. 1 minute maximum.

Pre-Preliminary: Salchow, loop jump, single/single combination (no axels), forward inside or outside edge spiral, scratch spin. 1.5 minute maximum.

Preliminary: Lutz, single/single combination (axel permitted), one foot upright back spin, forward outside or inside edge spiral, back outside pivot. 1.5 minute maximum.

Pre-Juvenile: Lutz, single/single combination (axel permitted), camel/sit spin combination with no change of foot (minimum of 6 revolutions), forward inside edge spiral, either a split jump or falling leaf. 1 ½ minute maximum.

Adult Pre-Bronze: Waltz jump, one foot spin (minimum of 3 revolutions), spiral, forward crossovers (both directions), half flip. 1 .5 minute maximum.

Adult Bronze: Salchow, one-foot back spin (minimum of 3 revolutions), waltz-jump-toe loop combination, sit spin (minimum of 3 revolutions), forward inside edges. 1 .5 minute maximum.

Adult Silver: Loop jump, sit spin (minimum 3 revolutions), combination jump with no change of foot between jumps, combination spin with one change of position (minimum 3 revolutions each position), circular footwork. 1 .5 minute maximum.

Adult Gold: Lutz jump, camel spin (minimum 4 revolutions), combination jump with no change of foot between jumps, straight line footwork, combination spin with at least one change of foot. 1 .5 minute maximum.

MOVES IN THE FIELD

Each skater shall perform both elements consecutively as in a test situation.

Pre-Preliminary: Pattern 2: RBO-LBO, RBI-LBI consecutive edges and Pattern 4: Waltz eight

Preliminary: Pattern 2: Consecutive outside and inside spirals and Pattern 3: Forward power 3-turns

Pre-Juvenile: Pattern 3: 3-turns in the field (FO – BI) and Pattern 6: 5-step Mohawk sequence

Juvenile: Pattern 1: 8-step Mohawk sequence – 1A only and Pattern 4: Forward outside and inside double threes

Intermediate: Pattern 3: Backward perimeter power stroking with backward power 3-turns and Pattern 4: Backward double 3 turns

Novice: Pattern 2: Forward stroking to quick rocker turn sequence in both directions and Pattern 4: Backward rocker sequence

Junior: Pattern 3B: Forward and backward inside rockers and Pattern 4: Power pulls

Senior: Pattern 2: Extension spiral step and Pattern 4: Quick edge step

SPINS

Eligibility is as described in Free Skating events. Spins must be skated exactly as stated but may be skated in any order without music. Connecting moves may be included for the sole purpose of maneuvering between spins and will not be judged. All levels will be skated on half the ice surface. Events/genders may be combined, based on the number of entries, at the discretion of the referee.

Beginner: Two Foot Spin, Scratch Spin; Sit Spin (minimum 3 revolutions per spin). 1 minute maximum.

Pre-Preliminary: Scratch Spin; Back Spin; Sit Spin (minimum 3 revolutions per spin). 1 minute maximum.

Preliminary: Back Spin; Camel Spin; Sit Spin (minimum 3 revolutions per spin). 1 minute maximum.

Pre-Juvenile: Camel Spin (minimum 3 revolutions); Forward to Backward Scratch Spin (minimum 4 revolutions per foot); Camel to Sit Spin with no change of foot (minimum 6 revolutions total). 1.15 minutes maximum.

Juvenile - IJS: Sit Spin (minimum 4 revolutions); Combination Spin with change of foot, change of position optional (4 revolutions per foot); Layback Spin (ladies), Camel Spin (men) (minimum 4 revolutions). 1.5 minutes maximum.

Open Juvenile: Sit Spin (minimum 4 revolutions); Combination Spin with change of foot, change of position optional (4 revolutions per foot); Layback Spin (ladies), Camel Spin (men) (minimum 4 revolutions). 1.5 minutes maximum.

Intermediate - IJS: Sit Spin change Sit Spin (minimum 4 revolutions per foot); Flying Camel (minimum 5 revolutions); Combination Spin with change of foot and at least one change of position (minimum 5 revolutions per foot). 1.5 minutes maximum.

Novice - IJS: Solo Spin – Camel, Sit or Layback (minimum of 6 revolutions); Camel Spin change Camel Spin (minimum 4 revolutions per foot); Combination Spin with change of foot and at least one change of position (minimum 5 revolutions per foot) 1.5 minutes maximum.

Junior - IJS: Flying Sit Spin or Flying Reverse Sit Spin (minimum 6 revolutions); Combination Spin utilizing all 3 positions and one change of foot (minimum 5 revolutions per foot); Layback (ladies), Cross Foot (men) (minimum 6 revolutions). 2 minutes maximum.

Senior - IJS: Solo Spin of choice (minimum 6 revolutions); Flying spin of choice (minimum 6 revolutions); Combination Spin utilizing all 3 positions and one change of foot (minimum 10 revolutions total). 2 minutes maximum.

Adult Pre-Bronze: One Foot Upright Spin (minimum 3 revolutions); Two Foot Spin (minimum 3 revolutions); Pivot of choice. 1.15 minutes maximum.

Adult Bronze: One Foot Upright Spin (minimum 4 revolutions); One Foot Back Spin (minimum 3 revolutions); Sit Spin (minimum 3 revolutions) 1.15 minutes maximum.

Adult Silver: Camel Spin (minimum 3 revolutions); Layback Spin, Attitude or Sit Spin (minimum 4 revolutions); Combination Spin with only one change of position (minimum 4 revolutions each position) 1.15 minutes maximum.

Adult Gold: Camel Spin (minimum 4 revolutions); Layback Spin, Attitude or Sit Spin (minimum 4 revolutions); Combination Spin with only one change of foot and at least one change of position (minimum 4 revolutions per foot). 1.5 minutes maximum.

JUMPS

Eligibility is as described in Free Skating events. Jumps must be skated exactly as stated, in the order listed without music. Juvenile level and above will be skated on full ice and judged using the IJS system. Events/genders may be combined, based on the number of entries, at the discretion of the referee.

Pre-Preliminary: 1) Single flip/loop combination, 2) Single salchow/toe loop combination, 3) Lutz or Axel.

Preliminary: 1) Single lutz/loop combination, 2) Double salchow 3) Axel.

Pre-Juvenile: 1) Axel, 2) Double toe loop, 3) Double salchow.

Juvenile - IJS: 1) Axel, 2) Double toe loop, 3) Double flip in combination with another single or double jump.

Intermediate - IJS: 1) Axel, 2) Double toe, 3) Any double/double combination or double/single combination.

Novice - IJS: 1) Double Loop, 2) Double Flip, 3) Any double/double combination

Junior - IJS: 1) Double Lutz, 2) Double Axel, 3) Any double/double combination

Senior - IJS: 1) Double or triple axel, 2) Any double/double combination 3) Any 3 jump combination with double or triple jumps

SHOWCASE

Skaters will provide their own music. The themes are open. Vocal music is allowed. The program shall stress creativity with an emphasis on musical interpretation and an overall artistic performance. Spins and jumps are allowed, but shall not be highlighted and shall be used only to emphasize the artistic quality of the program. Costumes are encouraged. Hand held props only. Props must be carried at all times.

<u>Preliminary</u> - Preliminary Free Skate Test, No Higher	1:40 max
<u>Pre Juvenile</u> - Pre Juvenile Free Skate Test, No Higher	1:40 max
<u>Juvenile</u> - Juvenile Free Skate Test, No Higher	2:10 max
<u>Intermediate</u> - Intermediate Free Skate Test, No Higher	2:10 max
<u>Novice</u> - Novice Free Skate Test, No Higher	2:40 max
<u>Junior</u> - Junior Free Skate Test, No Higher	2:40 max
<u>Senior</u> - Senior Free Skate Test, No Higher	2:40 max
<u>Adult</u> - 21 years Min. age	2:40 max