

# 34th ANNUAL HOWARD E. VAN CAMP INVITATIONAL COMPETITION

Hosted by the Lansing Skating Club at Suburban Ice East Lansing Sanctioned by U.S. Figure Skating

August 8 & 9 & 10, 2008

The Howard E. Van Camp Competition is held at Suburban Ice East Lansing, 2810 Hannah Blvd. East Lansing, Mi 48823. The arena hosts twin NHL ice surfaces measuring 85' X 200' each. This non-qualifying competition will be conducted in accordance with the 2008 U.S. Figure Skating rulebook and is sanctioned by US Figure Skating.

Qualification Requirements: Competitors may enter at or one level above their current Freestyle eligibility. Eligibility will be decided by last test passed on or before June 28, 2008.

## Championship Singles Events

**Juvenile and Intermediate Events:** Should entries call for Final Rounds this will apply only to the Freeskiate Event not the Short Program

**Novice-Senior:** These are combined events consisting of the Short and Freeskiate programs.

Should entries call for initial rounds they will consist of both the short and freeskiate programs with the Final round consisting of the Freeskiate program only. Elements for the Short program will be the same as those specified in the 2007-2008 US Figure Skating Rulebook.

Event	Elements	Time
Juvenile Free Skate*	Required elements as stated in 3680, 3681 (must not be 13 years of age before 09/01/2008)	2:15 +/- 10 sec
Intermediate Free Skate*	Required elements as stated in 3670, 3671, 3672 (must not be 18 years of age before 09/01/2008)	2:30 +/- 10 sec
Novice Short Program*	Required Elements as stated in 3660, 3661, 3662	2:15 Max Men & Ladies
Novice Free Skate*	Required Elements as stated in 3660, 3663	3:30 +/- 10 sec Men 3:00 +/- 10 sec Ladies
Junior Short Program*	Required Elements as stated in 3650, 3651, 3652	2:50 Max Men & Ladies
Junior Free Skate*	Required Elements as stated in 3650, 3653	4:00 +/- 10 sec Men 3:30 +/- 10 sec Ladies
Senior Short Program*	Required Elements as stated in 3640, 3641, 3642	2:50 Max Men & Ladies
Senior Free Skate*	Required Elements as stated in 3640, 3643	4:30 +/- 10 sec Men 4:00 +/- 10 sec Ladies

**\*IJS EVENTS please enter your PPC in Members Only at [www.usfigureskating.org](http://www.usfigureskating.org)**

## Free Skating Events

Event	Elements	Time
No Test	No FS tests passed. Required Elements as stated in rule 3721	1:30 (or less)
Pre-Preliminary	Passed Pre-Preliminary FS test. Required Elements as stated in Rule 3711	1:30 (or less)
Preliminary	Passed Preliminary FS test. Required elements as stated in 3701	1:30 +/- 10 sec
Pre-Juvenile	Passed Pre-Juvenile FS test. Required elements as stated in 3691	2:00 +/- 10 sec
Open Juvenile	Passed Juvenile FS test. Must be 13 Years of age by 09-01-2008 Required elements as stated in 3681	2:15 +/- 10 sec
Adult Bronze	Passed Adult Bronze FS test. Required elements as stated in 3800, 3801 no axel or double jumps. Must be 21 Years of age or older as of 9-01-07	1:40 Max
Adult Silver	Passed Adult Silver FS test. Required elements as stated in 3790, 3791 Must be 21 Years of age or older as of 9-01-08	2:10 Max
Adult Gold	Passed Adult Gold FS test. Required elements as stated in 3780, 3781 Must be 21 Years of age or older as of 9-01-08	2:40 Max

## Short Program Events

Event	Elements	Time
Juvenile	Required Elements as stated in 3670, 3671, 3672	2:00 Max
Intermediate	Required Elements as stated in 3670, 3671, 3672	2:00 Max
Nov-Sr	Short program required elements are as prescribed by US Figure Skating Rulebook for the 2007-2008 season	

<b>TEST TRACK Free Skating Events</b>		
<b>Event</b>	<b>Elements</b>	<b>Time</b>
Preliminary Test Track	Skaters must have passed Preliminary freeskate test and no higher. 2 spins of a different nature, combination spins allowed (min 3 revolutions and no flying spins). Jumps with not more than one rotation (NO axel). Jump combinations and sequences are allowed. Maximum 5 jumping elements. Connecting moves and steps should be demonstrated throughout the program.	1:30 +/- 10 sec
Pre-Juvenile Test Track	Skaters must have passed Pre-Juvenile Freeskate and no higher. 3 spins in any position (min 4 revolutions) one must be a combination spin with a change of foot optional (min 3 rev each foot or 6 rev total). No Flying spins. Jumps with not more than one revolution (NO axel). Jump combinations and sequences are allowed. Maximum 6 jumping elements. One step sequence fully utilizing the ice surface: straight line, circular, or serpentine	2:00 +/- 10 sec
Juvenile Test Track	Skater must have passed Juvenile freeskate test and not higher. There is NO age restriction. 3 spins in any position (min 4 revs), one must be a combination spin with one change of foot. May include flying spins (min 4 revs each foot). Any single jumps and jump combinations with not more than 1 1/2 rotations (axel permitted). Maximum 6 jumping elements. One step sequence fully utilizing the ice surface. Connecting moves and steps should be demonstrated throughout the program	2:15 +/- 10 sec
Intermediate Test Track	Skater must have passed Intermediate freeskate test and not higher. 3 spins in any position (min 5 revs), one must be a combination spin with one change of foot. May include flying spins (min 4 revs each foot). Any single jumps and jump combinations with not more than 1 1/2 rotations (axel permitted). Double Salchow and Double Toe-Loop are the only permitted doubles. Maximum 6 jumping elements. One step sequence fully utilizing the ice surface. Connecting moves and steps should be demonstrated throughout the program	2:30 +/- 10 sec
Novice Test Track	Skater must have passed Novice freeskate test. 3 spins in any position (min 6 revs), one must be a combination spin with one change of foot. May include flying spins (min 5 revs each foot). Any single jumps and jump combinations with not more than 1 1/2 rotations (axel permitted). Double Salchow and Double Toe-Loop and Double Loop are the only permitted doubles. Maximum 7 jumping elements. One step sequence fully utilizing the ice surface. Connecting moves and steps should be demonstrated throughout the program	Ladies 3:00 +/- 10 sec Men 3:30 +/- 10 sec
Junior Test Track	Skater must have passed Junior freeskate test and not higher. 3 spins in any position (min 5 revs), one must be a combination spin with one change of foot. May include flying spins (min 4 revs each foot). Any single jumps and jump combinations with not more than 1 1/2 rotations (axel permitted). Double Salchow, Double Toe-Loop, Double Loop and Double Flip are the only permitted doubles, combinations and sequences allowed. Maximum 7 jumping elements for Ladies and 8 for Men. One step sequence for Ladies and Two for men fully utilizing the ice surface. One Spiral Sequence for Ladies Connecting moves and steps should be demonstrated throughout the program	Ladies 3:30 +/- 10 sec Men 4:00 +/- 10 sec
Senior Test Track	Skater must have passed Senior freeskate test. 3 spins in any position (min 5 revs), one must be a combination spin with one change of foot. May include flying spins (min 4 revs each foot). At least 4 different Double Jumps one must be a Double Lutz, combinations and sequences allowed. Maximum 7 jumping elements for Ladies and 8 for Men. One step sequence for Ladies and Two for men fully utilizing the ice surface. One Spiral Sequence for Ladies Connecting moves and steps should be demonstrated throughout the program	Ladies 4:00 +/- 10 sec Men 4:30 +/- 10 sec

## Compulsory Events

Eligibility is the same as for FreeSkating. Compulsory Moves are skated without music. The specified moves may be done in any order, but must be skated as described and will be skated on half the ice surface. Connecting Steps must be distinguishable from a footwork sequence. Events/Genders may be combined based on the number of entries at the discretion of the referee.

Event	Elements	Time
Low Beginner	1/2 revolution jump, Toe-loop, Two Foot Spin (3 rev min), Lunge	1:00 Max
High Beginner	Waltz jump, Salchow jump, 1/2 Flip or 1/2 Lutz jump, Forward Scratch Spin (3 rev min), Forward Spiral	1:00 Max
Pre-Preliminary	Salchow, Flip/Loop Combination, Forward Sit Spin (3 rev min), Forward Outside Spiral	1:00 Max
Preliminary	Axel, Lutz/Loop Combination, One Foot Back Spin (3 rev min), Forward Inside Spiral	1:15 Max
Pre-Juvenile	Axel, Double/Single combination, Step Sequence Combination Spin (4 rev min each position no change of foot),	1:30 Max

## Spins Events

Eligibility is the same as for FreeSkating. Spins are skated without music. All events will be skated on 1/2 ice without music. Spins may be skated in any order but must be skated as described. Connecting Steps must be used between elements.

Events/Genders may be combined based on the number of entries at the discretion of the referee.

Event	Elements	Time
Preliminary	One Foot Spin, Forward Sit Spin, Back Scratch Spin (all 4 rev min)	1:00 Max
Pre-Juvenile/Juvenile	Forward Camel Spin, Layback Spin (ladies) Sit Spin (Men), Combination Spin with one change of foot (all 4 rev min...comb spin 4 rev each foot)	1:30 Max
Intermediate/Novice	Flying Spin, Layback Spin (ladies) Camel Spin (men), Combination Spin 2 positions one change of foot (all 5 rev min...comb 5 rev per foot)	2:00 Max
Junior/Senior	Flying Spin, Layback Spin (ladies) Camel Spin (men), Combination Spin 3 positions one change of foot (all 8 rev min...comb 6 rev per foot)	2:00 Max

## Jumps Events

Eligibility is the same as for FreeSkating. Compulsory Moves are skated without music. All events will be skated on Full ice without music. Jumps may be skated in any order but must be skated as described. Connecting Steps must be used between elements.

Events/Genders may be combined based on the number of entries at the discretion of the referee.

Event	Elements	Time
Preliminary	Flip, Lutz, Combination of 2 single jumps one of which must be a loop	1:00 Max
Pre-Juvenile/Juvenile	Axel, Single or Double Jump, Combination of 1 double and 1 single or 2 double jumps (no double axel)	1:30 Max
Intermediate/Novice	Axel, Double Loop, Combination of any 2 double jumps	2:00 Max
Junior/Senior	Axel, Double Flip, Combination of any 2 double jumps	2:00 Max

## Solo Dance

The following dances will be skated to compulsory dance music provided by the LSC. Each Dance is a separate event. Solo dance events will not be split by gender. 2 Patterns will be skated for each dance. Skaters may enter a dance from those listed at the level the skater has completed, partially completed, or one level higher than the skaters test level. Adults and Children events may or may not be separated into different events based on the number of entrants.

Dutch Waltz	Rhythm Blues	Canasta Tango
Cha Cha	Fiesta Tango	Swing Dance
Willow Waltz	Ten Fox	Hickory Hoedown
Fourteen Step	European Waltz	Fox Trot
American Waltz	Rocker Foxtrot	Tango
#C-30081		

## Artistic Showcase

Showcase events are skated to music of the skaters choice. (the LOC reserves the right to reject selections deemed inappropriate).

Programs should be specifically designed to entertain and/or emotionally move the audience. Costumes are encouraged. Props will be allowed and the skater will have thirty(30) seconds to place and remove the prop. Props must be limited to those the skater can carry on and off the ice unassisted through the normal skater's entrance door. Props are not allowed on the ice during the warm-up.

Test requirements are the same as for the Free Skate levels indicated.

Event	Elements	Time
SOLO-Group I	Beginner- No axels, No double jumps	1:30 Max
SOLO-Group II	Pre-Preliminary/Preliminary- No Axels, No double jumps	1:30 Max
SOLO-Group III	Pre-Juvenile/Juvenile- Axels allowed, No double jumps	2:00 Max
SOLO-Group IV	Intermediate/Novice- May include one double jump	2:00 Max
DUET Beginner- PreJuvenile	Beginner thru Pre-Juvenile Test level and no higher. No Axels or Double jumps	1:40 min max
Duet Juvenile-Senior	Juvenile and above test levels. May include one (1) double jump	2:10 min max

### Interpretive Showcase

The organizing committee will pre-select and edit musical choices appropriate for these events. During warm-up, skaters will hear selection of music twice. Following the warm-up all skaters except for the first skater will be escorted to a soundproof locker room or another area of the arena. The first skater will hear the music one more time and then perform a program to the music. As each skater performs the next skater in line will be allowed to hear the music for the 3rd time before they perform to the music. The listening skater will not be allowed to view the performing skater.

JUDGING RULES: Skaters are judged on originality, pattern, technical (the ability to include jumps and spins) and music interpretation/expression. Spins and jumps performed must be appropriate to competition level.

COACHING RULES: There is to be no instruction allowed during this event from coaches, parents, or fellow skaters. Staging area must be kept clear except for ice monitor and listening competitor.

Event	Elements	Time
Group I	Beginner- No axels, No double jumps	1:30 Max
Group II	Pre-Preliminary/Preliminary- No Axels, No double jumps	1:30 Max
Group III	Pre-Juvenile/Juvenile- Axels allowed, No double jumps	2:00 Max
Group IV	Intermediate/Novice- May include one double jump	2:00 Max

### GENERAL COMPETITION INFORMATION

**MUSIC-** Cassette Tapes AND CD's are welcome! Tapes must be rewound and ready to play with the appropriate side clearly labeled. CD's must contain ONE track only and be appropriately labeled. All music should be turned into Registration at least one hour before the event time.

### FEES and ENTRIES

Test qualifications will be effective as of June 28, 2008. Fees must accompany entries and be made payable to Lansing Skating Club postmarked no later than June 28, 2008. Late entries will be accepted at the discretion of the referee for a \$25.00 LATE FEE. A \$25.00 charge plus all bank fees will be made for all checks returned by the bank for any reason and substitute made by cash, cashiers check or money order.

The registration desk will be located in skate rental and will be open no later than one hour before the first practice session. Practice Ice forms will be mailed with the Competition Schedule.

**FINAL ROUNDS** will be held for Preliminary-Senior events where numbers are sufficient to require more than one initial round.

**\* IJS events please enter your program component forms on the US Figure Skating Web Site by July 30, 2008. [www.usfigureskating.org](http://www.usfigureskating.org) in the Members Only section. \$25.00 fee will be charged to those without program component forms entered.**