



Optimist Ice Arena
Attn: Kayleah Crosby
1300 West North Street
Jackson, MI 49202

The Optimist Ice Arena invites you to participate in the First Annual Basic Skills Competition, June 1, 2008. The Optimist Ice Arena has two NHL surfaces that measure 85 ft X 200 ft each. This is a United States Figure Skating approved Basic Skills Competition. The approval will be posted on the official competition bulletin board.

ELIGIBILITY:

The Competition is open to ALL skaters who are current eligible (ER.100) members of either the Basic Skills Program and/or are full members of U. S. Figure Skating. To be eligible, skaters must have submitted a membership application and be in good standing. Members of other organizations are eligible to compete but must be registered with the host Basic Skills Program/Club or any other Basic Skills Program/Club.

Eligibility will be based on skill level as of closing date of entries. ALL SNOWPLOW SAM and BASIC SKILLS SKATERS THROUGH BASIC 8 must skate at highest level passed and NO official US Figure Skating tests may have been passed including MIF or individual dances.

For the Test Track and Well Balanced levels, eligibility will be based upon highest free skate test level passed (moves in the field test level will not determine skater's competitive level). Skaters may skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition."

Please note: If a skater competes at a non-qualifying competition in a "Beginner or No Test" category, then that skater must compete at the equivalent or higher level in a Basic Skills approved competition.

Males and females may, or may not, be placed in the same group. If there is only one competitor in a group (there will be no exhibitions), the competitor will be asked if they wish to skate up.

RULES: The competition will be conducted under the rules set forth in the U. S. Figure Skating rulebook and the U. S. Figure Skating Basic Skills Program Skate With U.S. Competition Manual.

ENTRIES AND FEES: All entries must be postmarked no later than April 30th, 2008. Enclose a self-addressed, stamped, business size (#10) envelope with the entry for return confirmation and competition schedule for events. Late entries will be accepted at the discretion of the Local Organizing Committee. Entry fees are per person, U. S. dollars. The first event is \$40.00 and each additional event is \$20.00. No refunds will be made after closing date unless the event is cancelled by the organizers. There will be a \$30.00 fee for all returned checks. Please make checks payable to the Optimist Ice Arena Basic Skills Program (OIA Basic Skills Program) and mail with entry form to:

Kayleah Crosby
PO Box 587
Grass Lake, MI 49240

Approval # SMM060108

ADMISSION: No Admission will be changed.

AWARDS: All competitors will receive an award. All events are final rounds. Medals will be awarded to first, second, third and fourth places. All other places will receive ribbons. All awards will be made at appropriate times throughout the competition.

SCHEDULE OF EVENTS: The Schedule of Events will be posted on the Official Bulletin Board no later than May 16th, 2008. The Schedule of Events will be mailed to each competitor who has provided a self-address, stamped business size (#10) envelope with the entry form as requested above.

REGISTRATION: The registration table will be open 1 hour before the competition starts. Skaters will not be allowed to compete until they have registered. **PLEASE REGISTER AT LEAST ONE HOUR BEFORE YOUR COMPETITION TIME.**

PRACTICE ICE: Practice Ice will be available in 20 minute increments at \$7.00 per session. A Practice Ice registration form will be sent to the skaters with their competition event schedule at least two weeks prior to the competition. Advanced registration is recommended. Drop-in will be available if space permits. A maximum of 20 skaters will be allowed on the ice during any one session, except for Basic Skills skater sessions. No music will be played. No refunds will be given for missed practice sessions. Optimist Ice Arena Basic Skills Program instructors will be on the ice with the Basic Skills skaters to guide the skaters through their practice.

MUSIC: The music for all freeskating programs must be provided by the skater on CD or cassette tape. The CD/cassette tape should be clearly marked with the name of the skater, event entered, and length of the music (not skating time). Competition music is to be turned in at the time of registration. Time duration is always ± 10 seconds. Competitors must have a spare CD/cassette tape to be used in case of technical difficulties. Cassette tapes must be rewound and positioned ready to play.

VIDEO TAPING AND PHOTOGRAPHY (Award Photos and Video Taping): This service will be available and arranged for at the rink. You may take your own photos at the awards stand. You may furnish your own tape or purchase a tape at the rink. **NO FLASH PHOTOGRAPHY OR LIGHTED VIDEO TAPING WILL BE PERMITTED** during the competition events. No power is available for individual videotaping.

OFFICIALS: Chief Referee - Don Korte: Chief Accountant - Maureen Dalton

INFORMATION: If you have questions, contact Kayleah Crosby 517-581-0014

2008 BASIC SKILLS COMPETITION EVENTS OFFERED:

Page 5:	Basic Skills Snow Plow Sam and Basic 1-8 Events Elements
Page 6:	Basic Skills Snow Plow Sam and Basic 1-8 Events with Music Programs
Page 7:	Test Track Compulsory Events
Page 8:	Test Track Freeskating Events
Page 9:	Test Track Well Balanced Freeskating Events
Page 10:	Special Olympic Events
Page 11:	Adult and Artistic Events

2008 Michigan Basic Skills Series Competitions

Mission Statement

To give our skaters a chance to develop their USFS Basic Skills in a fun competitive environment. During the competition season - skaters will have the chance to compete at many different clubs and arenas and earn points for a final standing.

A skater may participate in either Freeskating and/or Compulsory/Elements events in any of the Michigan Basic Skills Series Competitions to be eligible for accumulating points. Awards will be presented to skaters with the highest point totals. These awards will take place - on the ice - at the Midland Competition - November 8, 2008

Series Point System

The Freeskating events and the Compulsory/Elements events in each of the Series Competitions will be eligible for accumulating points. Each event will have a maximum of 6 skaters. The system for scoring points for the final award will be as follows:

1 st Place	6 points
2 nd Place	5 points
3 rd Place	4 points
4 th Place	3 points
5 th Place	2 points
6 th Place	1 point

If an event has 2-6 skaters, the points will be awarded as if there were 6 skaters in the group. If there is only one skater in the group, they will be awarded 3 points. At the end of the Series, in the case of total points tied, the total number of skaters that the competitor has skated against will be the tie breaker.

Medals will be awarded (1-3 Place) in each level as highlighted in each announcement. Beyond the Basics will NOT be counted in the Freeskate and Elements/Compulsory Program Series for this 2008 season. Spins, Dance, Pairs, Theatre On Ice, Synchronized Teams, and Showcase Events will Not be counted for this 2008 season. Skaters will receive an additional bonus of 3 points for moving to a higher level. All points follow the skater throughout the year.

Please Note: The USFS Michigan Basic Skills Series is sponsored equally by all the participating ice rinks and/or USFS member clubs. Competition announcements and packages will be available at all participating ice rinks and/or via the club or rink websites as well as www.sk8stuff.com. Each competition will have its own entry forms and specific rules - so please make sure to read the entire announcement for each competition.

2nd Annual USFS Michigan Basic Skills Series – Hosted by the following:

<p>Event #1 – Lansing Basic Skills Competition March 15, 2008 Deadline for Entries – February 16, 2008 Suburban Ice – East Lansing 2810 Hannah Blvd East Lansing, Michigan 48823 Contact: John Martin Phone: 517-202-4424; Work/Cell: 517-202-4424 moneyfirst@comcast.net</p>	<p>Event #2 – Arctic Basic Skills Competition March 30, 2008 Deadline for Entries – February 28, 2008 Arctic Edge Ice Arena 46615 Michigan Avenue Canton MI 48188 Contact: Magan Flynn Phone: 248-924-3035 maganflynn@comcast.net</p>	<p>Event #3 – Onyx-Suburban Basic Skills Challenge - April 5, 2008 Deadline for Entries – March 5, 2008 Suburban Ice - Macomb 54755 Broughton Road Macomb MI 48042 Contact: Helene Wolf Phone: 586-992-8600 HHwolf@comcast.net</p>
<p>Event #4 – Mountain Town Classic April 19, 2008 Deadline for Entries – March 1, 2008 The I.C.E. Arena 5165 East Remus Road Mt. Pleasant MI 48858 Contact: Ginni Phillips Phone: 989-773-6188; Work 989-775-9148 gphillips@delfield.com</p>	<p>Event #5 – Skate the Zoo April 26, 2008 Deadline for Entries – March 22, 2008 Twin Star Ice Arena 5076 Sports Drive Kalamazoo MI 49009 Contact: Amy Bauer Phone: 269-598-9184 Sk8amy@aol.com</p>	<p>Event #6 – Lake Effect Basic Skills Comp May 10, 2008 Deadline for Entries – April 10, 2008 Georgetown Ice Arena 8500 48th Avenue Allendale MI Contact: Nancy Adams Phone: 616-791-4437; Cell 616-322-1515 Kladams323@msn.com</p>
<p>Event #7–Jackson Optimist Basic Skills Comp June 1, 2008 Deadline for Entries – April 30, 2008 Contact: Kayleah Crosby Phone: 517-581-0014 K_crosby0428@yahoo.com</p>	<p>Event #8–Ann Arbor Skills & Showcase Comp June 14,2008 Deadline for Entries – May 14, 2008 Ann Arbor Ice Cube 2121 Oak Valley Drive Ann Arbor MI 48103 Contact: Jim Achtenberg Phone: 734-428-7992; Cell 734-645-8356 jacht@umich.edu</p>	<p>Event #9 – Summer Swizzle June 21, 2008 Deadline for Entries: May 21, 2008 Farmington Hills Ice Arena 35500 Eight Mile Road Farmington Hills MI 48335 Contact: Nora Helwig Phone: 248-442-1446 nhelwig@wsbcglobal.net</p>
<p>Event #10-Summer Chill Basic Skills Comp July 19, 2009 Deadline for Entries: June 20, 2008 Novi Ice Arena 42400 Arena Drive Novi MI 48375 Contact: Suzy Malloure Phone: 248-661-1640; Cell 248-931-1222 Malkidsx4@aol.com or scnskate@aol.com</p>	<p>Event #11 – Skate the Rapids August 2, 2008 Deadline for Entries – July 7, 2008 FSU Ewingleben Ice Arena 210 Sports Drive Big Rapids, MI 49307 Contact: Shane Frye Phone: 231-629-8117; Work 231-796-6070; Cell 231-349-4941 S1frye@charter.net</p>	<p>Event #12 – SW MI Basic Skills Competition August 16, 2008 Deadline for Entries – July 19, 2008 Wing Stadium Complex 3600 Vanrick Drive Kalamazoo MI 49002 Contact: Kelli Forden Phone: 269-372-2168 jkforden@att.net</p>
<p>Event #13–Tuxedo Invitational Basic Skills Comp - Sept 20,2008 Deadline for Entries: August 16, 2008 Bowling Green State University Ice Arena 417 N. Mercer Road Bowling Green OH 43403 Contact: Pat Rabb Phone: 419-354-4730 Rabb1960@metalink.net</p>	<p>Event #14 – Skate the Mountain – Sept 27,2008 Deadline for Entries: August 27, 2008 Ice Mountain Arena Complex 5371 Avalanche Drive Burton MI 48509 Contact: Jacklinn Brayan Cell: 810-513-1283; Work 810-744-0800 IMFSC@sbcglobal.net</p>	<p>Event #15 – Dearborn Basic Skills Comp – October 18, 2008 Deadline for Entries: Sept 13, 2008 Dearborn Ice Skating Center 14900 Ford Road Dearborn MI Contact: Shannon Iatzko Phone: 313-563-5381 sriatzko@sbcglobal.net</p>
<p>Event #16 – Skate Midland November 8, 2008 Deadline for Entries: October 19, 2008 Midland Civic Arena 405 Fast Ice Drive Midland MI 48642 Contact: Ann Ward Phone: 989-835-3624 Abward6@yahoo.com</p>		<p>SERIES AWARDS CEREMONY on the ice - at the Midland Competition</p> 

BASIC ELEMENTS EVENT: SNOWPLOW SAM – BASIC 8

- Each skater will perform one element at a time in the order listed below
- To be skated on 1/3 to 1/2 ice
- No music
- **All elements must be skated in the order listed.** Each skater will perform each element only when directed by a judge or referee. Skaters are allowed one retry per element. If skater wants to retry, she/he should raise their hand immediately. If the skater attempts a retry, only the retry will count for that element.

<p><u>Snowplow Sam - Tots:</u></p> <ol style="list-style-type: none"> 1. March followed by a two foot glide and dip 2. Forward two foot swizzles 2-3 in a row 3. Forward snowplow stop 4. Backward wiggles 2-6 in a row 	<p><u>Basic 5:</u></p> <ol style="list-style-type: none"> 1. Backward outside edge on a circle clockwise or counterclockwise 2. Backward crossovers 6-8 consecutive - both directions 3. One foot spin - minimum of three revolutions 4. Hockey stop 5. Side Toe hop -either direction
<p><u>Basic 1</u></p> <ol style="list-style-type: none"> 1. Forward two foot glide 2. Forward two foot swizzles 6 -8 in a row 3. Forward snowplow stop 4. Backward wiggles 6-8 in a row 	<p><u>Basic 6:</u></p> <ol style="list-style-type: none"> 1. Forward inside three turn - R & L from a standstill 2. Bunny Hop 3. Forward spiral on a straight line - R or L 4. Lunge - R or L 5. T-stop - R or L
<p><u>Basic 2</u></p> <ol style="list-style-type: none"> 1. Forward one foot glide - either foot 2. Forward alternating ½ swizzle pumps, in a straight line -across width of ice 3. Two foot turn in place forward to backward 4. Backward two foot swizzles 6 - 8 in a row 5. Moving snowplow stop 	<p><u>Basic 7:</u></p> <ol style="list-style-type: none"> 1. Forward inside open Mohawk - R to L and L to R 2. Ballet Jump - either direction 3. Back crossovers to a back outside edge landing position clockwise and counter clockwise 4. Forward inside pivot
<p><u>Basic 3</u></p> <ol style="list-style-type: none"> 1. Forward stroking 2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise 6 - 8 consecutive 3. Moving forward to backward two foot turn - either direction 4. Backward one foot glide - either foot 5. Two foot spin 	<p><u>Basic 8:</u></p> <ol style="list-style-type: none"> 1. Moving forward outside or forward inside three turns R & L 2. Waltz jump 3. Mazurka - either direction 4. Combination move - clockwise or counter clockwise – two forward crossovers into FI Mohawk, step behind, step into one back crossover and step to a forward inside edge 5. Beginning one-foot upright spin - optional free foot position
<p><u>Basic 4</u></p> <ol style="list-style-type: none"> 1. Forward outside edge on a circle clockwise or counter clockwise 2. Forward crossovers 6-8 consecutive both directions 3. Forward outside three turn - R & L 4. Backward stroking 5. Backward snowplow stop - R or L 	

BASIC PROGRAM EVENT: SNOWPLOW SAM – BASIC 8

- The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc. unless otherwise specified.
- To be skated on full ice
- Vocal music is allowed
- The skater may use elements from a previous level.
- Deductions will be made if elements from a higher level are performed
- Time: 1:00 +/- 10 seconds

<p><u>Snowplow Sam - Tots:</u></p> <ol style="list-style-type: none"> 1. March followed by a two foot glide and dip 2. Forward two foot swizzles 2-3-in a row 3. Backward wiggles 2-6 in a row 4. Forward snowplow stop 	<p><u>Basic 5:</u></p> <ol style="list-style-type: none"> 1. Backward outside edge on a circle clockwise or counterclockwise 2. Backward crossovers 6-8 consecutive in both directions 3. One foot spin - min of three revolutions 4. Side Toe hop -either direction 5. Hockey stop
<p><u>Basic 1</u></p> <ol style="list-style-type: none"> 1. Forward two foot glide 2. Forward two foot swizzles 6 -8 in a row 3. Backward wiggles 6-8 in a row 4. Forward snowplow stop 	<p><u>Basic 6:</u></p> <ol style="list-style-type: none"> 1. Forward inside 3-turn - R & L 2. Bunny Hop 3. Forward arabesque spiral on a straight line R or L 4. Lunge - R or L 5. T-stop - R or L
<p><u>Basic 2</u></p> <ol style="list-style-type: none"> 1. Forward one foot glide - either foot 2. Two foot turn in place - forward to backward 3. Backward two foot swizzles 6 - 8 in a row 4. Forward alternating ½ swizzle pumps, in a straight line across width of ice 5. Moving snowplow stop 	<p><u>Basic 7:</u></p> <ol style="list-style-type: none"> 1. Forward inside open Mohawk - R to L and L to R 2. Ballet Jump either direction 3. Back crossovers to a back outside edge landing position clockwise and counter clockwise 4. Forward inside pivot
<p><u>Basic 3</u></p> <ol style="list-style-type: none"> 1. Forward stroking 2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise 6 -8 consecutive 3. Moving forward to backward two foot turn in either direction 4. Backward one foot glide - either foot 5. Two foot spin 	<p><u>Basic 8:</u></p> <ol style="list-style-type: none"> 1. Moving forward outside or forward inside three turns R & L 2. Waltz jump 3. Mazurka in either direction 4. Combination move - clockwise or counter clockwise - two forward crossovers into FI Mohawk, step behind, step into one back crossover and step to a forward inside edge 5. Beginning one-foot upright spin - optional free foot position
<p><u>Basic 4</u></p> <ol style="list-style-type: none"> 1. Forward outside edge on a circle clockwise or counter clockwise 2. Forward crossovers 6-8 consecutive both directions 3. Forward outside three turn - R & L 4. Backward stroking 5. Backward snowplow stop - R or L 	

“TEST TRACK” - Compulsory Events

Suggested Compulsory Event/Test Track and Well Balanced Levels

- To be skated on ½ of ice surface. In program form, using a limited number of connecting steps, the skating order of the required elements is optional
- No music is allowed
- The skater must demonstrate the required elements and may use any additional elements from previous levels. A .2 deduction will be taken for each element performed from a higher level
- *Skaters may have the option to skate one level higher in compulsories than their free skate program*

Test Track – Compulsory Events – Eligible for Michigan Basic Skills Series Points

LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
Limited Beginner Compulsory	<ol style="list-style-type: none"> 1. Waltz jump 2. ½ jump of choice 3. Forward two foot or one foot spin (free leg position optional) 4. Forward or backward spiral 	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skate badge tests	Time: 1:00
Beginner Compulsory	<ol style="list-style-type: none"> 1. Toe loop jump 2. Salchow jump 3. Forward scratch spin 4. Forward or backward spiral 	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skate badge tests	Time:1:00
No Test Compulsory	<ol style="list-style-type: none"> 1. Loop jump 2. Jump combination to include a toe loop (may not use a loop or Axel) 3. Solo spin- sit <u>or</u> camel spin 4. Spiral sequence- must include a forward and backward spiral. Additional spirals and balance moves such as Ina Bauers, spread eagles, lunges and shoot the ducks may be included. 	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skate badge tests, no official U.S. Figure Skating free skate tests passed	Time:1:00

Test Track – Compulsory Events – NOT Eligible for Michigan Basic Skills Series Points

LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
Pre-Preliminary Compulsory	<ol style="list-style-type: none"> 1. Flip jump 2. Jump combination waltz jump/toe loop jump OR Salchow/toe loop jump 3. Solo spin- sit <u>or</u> camel spin 4. Spiral sequence- must include a forward and backward spiral. Additional spirals and balance moves such as Ina Bauers, spread eagles, lunges and shoot the ducks may be included. 	Skaters may not have passed tests higher than U.S. Figure Skating pre-preliminary free skate test	Time :1:00
Preliminary Compulsory	<ol style="list-style-type: none"> 1. Lutz jump 2. Jump combination (may not use Lutz jump or Axel) 3. Camel spin 4. Spiral sequence- must include a forward and backward spiral. Additional spirals and balance moves such as Ina Bauers, spread eagles, lunges and shoot the ducks may be included. 	Skaters must have passed at least the U.S. Figure Skating pre-preliminary free skate test but may not have passed tests higher than the preliminary free skate test	Time :1:15

”TEST TRACK” - Freeskating Events

The Test Track and the Well-Balanced Free Skate events can be included in approved Basic Skills Competitions. If levels beyond Preliminary and Adult Bronze are included, a sanction must be filed.

NOTE: Skaters may enter EITHER the new test track or the well-balanced free skate track but **NOT** both. Competitors will skate to music of their choice. Deductions **WILL** be made for skaters including technical elements not permitted in the event description.

Test Track Freeskating Events - Eligible for Michigan Basic Skills Series Points

LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
Limited Beginner	Solo spins in an upright position (min 3 revolutions), jumps with not more than one-half rotation (front to back or back to front). No combination jumps or jump sequences. Connecting moves and steps should be demonstrated throughout the program.	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests	Time: Up to 1:30 +/- 10
Beginner	Solo spins in an upright position (min 3 revolutions), jumps with not more than one-half rotation (front to back or back to front), single rotation jumps: Salchow and toe loop only. No combination jumps or jump sequences. Connecting moves and steps should be demonstrated throughout the program.	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests	Time: 1:30 +/- 10

Test Track – Freeskating Events

NOT Eligible for Michigan Basic Skills Series Points

LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
Pre-Preliminary Test	At least two solo spins of a different nature (min 3 revolutions and no flying spins), all single solo jumps allowed (no Axels), jump combinations or sequences using only a waltz jump, toe loop, and Salchow. Connecting moves and steps should be demonstrated throughout the program.	Skaters may not have passed tests higher than U.S. Figure Skating pre-preliminary free skate test	Time :1:30 +/-10
Preliminary Test	At least two spins of a different nature, combination spins allowed (min 3 revolutions each and no flying spins), jumps with not more than one rotation (no Axels). Jump combinations and sequences are allowed. Maximum 5 jumping elements. Connecting moves and steps should be demonstrated throughout the program.	Skaters must have passed at least the U.S. Figure Skating pre-preliminary free skate test but may not have passed tests higher than the preliminary free skate test	Time :1:30 +/-10

“TEST TRACK - Well Balanced Freeskating Events”

(U.S. Figure Skating rulebook requirements)

Well-balanced [Competitive] Freeskating Events - Eligible for Michigan Basic Skills Series Points

LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
No Test Free skate	A well balanced program consisting of: Jumps: maximum of 5 jump elements. No axels or double jumps permitted. Spins: maximum of 2 spins of a different nature Steps: one step sequence utilizing ½ ice surface <i>Refer to U.S. Figure Skating rulebook #3721 for more information</i>	May <u>not</u> have passed any official U.S. Figure Skating free skate tests.	Time: 1:30+/-10

Well-balanced [Competitive] – Freeskating Events

NOT Eligible for Michigan Basic Skills Series Points

LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
Pre-preliminary Free skate	A well-balanced program consisting of: Jumps: maximum of 5 jump elements. Axels allowed. No double jumps permitted. Spins: maximum of 2 spins of a different nature Steps: one step sequence utilizing ½ ice surface <i>Refer to U.S. Figure Skating rulebook #3711 for more information</i>	Must have passed no higher than U.S. Figure Skating Pre-preliminary free skate test	Time: 1:30 +/-10
Preliminary Free skate	A well-balanced program consisting of: Jumps: maximum of 5 jump elements, one must be an axel or waltz jump type. Spins: maximum of 2 spins of a different nature Steps: one step sequence utilizing ½ ice surface <i>Refer to U.S. Figure Skating rulebook #3701 for more information</i>	Must have passed no higher than U.S. Figure Skating Preliminary free skate test.	Time: 1:30 +/-10

U. S. Figure Skating Basic Skills Program
SPECIAL OLYMPICS BADGE PROGRAM

The Special Olympics Sports Skills Program is designed for people with mental handicaps who may exhibit any number of physical impairments. The Special Olympics Figure Skating Badge Program allows athletes to learn skills in a progressive order and earn badges at each level. Athletes who complete the Special Olympics Badge Program will be prepared to move into the existing badge program at local rinks.

Badge 1

- A. Stand unassisted for five seconds
- B. Fall and stand up unassisted
- C. Knee dip standing still unassisted
- D. March forward ten steps assisted

Badge 2

- A. March forward ten steps unassisted
- B. Swizzles, standing still: three repetitions
- C. Backward wiggle or march assisted
- D. Two foot glide forward for distance of at least length of body

Badge 3

- A. Backward wiggle or march
- B. Five forward swizzles covering at least ten feet
- C. Forward skating across the rink
- D. Forward gliding dip covering at least length of body: L & R

Badge 4

- A. Backward two foot glide covering at least length of body
- B. Two foot jump in place
- C. One foot snowplow stop: L & R
- D. Forward one foot glide covering at least length of body: L & R

Badge 5

- A. Forward stroking across rink
- B. Five backward swizzles covering at least ten feet
- C. Forward two foot curves left and right across rink
- D. Two foot curves left and right across rink

Badge 6

- A. Gliding forward to backward two foot turn
- B. Five consecutive forward one foot swizzles on circle: L & R
- C. Backward one foot glide length of body: L & R
- D. Forward pivot

Badge 7

- A. Backward stroking across the rink
- B. Gliding backward to forward two foot turn
- C. T-stop left of right
- D. Forward two foot turn on a circle: L & R

Badge 8

- A. Five consecutive forward crossovers: L & R
- B. Forward outside edge: L & R
- C. Five consecutive backward ½ swizzles on a circle: L & R

Badge 9

- A. Forward outside three turn: L & R
- B. Forward inside edge: L & R
- C. Forward lunge or shoot the duck at any depth
- D. Bunny hop

Badge 10

- A. Forward inside three turn: L & R
- B. Five consecutive backward crossovers: L & R
- C. Hockey stop
- D. Forward spiral three times length of body

Badge 11

- A. Consecutive forward outside edges: minimum of two on each foot
- B. Consecutive forward inside edges: minimum of two on each foot
- C. Forward inside Mohawk: L & R
- D. Consecutive backward outside edges: minimum of two on each foot
- E. Consecutive backward inside edges: minimum of two on each foot

Badge 12

- A. Waltz jump
- B. One foot spin: minimum of three revolutions
- C. Forward crossover, inside Mohawk, backward crossover, step forward: step sequence should be repeated clockwise and counter clockwise
- D. Combination of three moves chosen from badges 9-12



Special Olympics

ADULT EVENTS:

Adult Pre-Bronze

Compulsory Moves Time: 1:00 max

1. Waltz jump
2. Salchow jump
3. Half flip or half lutz jump
4. Upright scratch spin (min. 3 revolutions)
5. Forward spiral

Adult Pre-Bronze

Freestyle - Must have passed no higher than the Adult Pre-Bronze Freeskating Test. Time: 1:40 max. Refer to Rulebook #3806 for requirements.

Adult Bronze

Compulsory Moves Time: 1:00 max

1. Flip jump
2. Combination jump consisting of any two single jumps (No Axel)
3. Split jump
4. Sit spin (min. 3 revolutions)
5. Forward outside spiral

Adult Bronze

Freestyle - Must have passed no higher than the Adult Bronze Freeskating Test. Time: 1:40 max.

3801

ARTISTIC SHOWCASE – BASIC SKILLS TO PRELIMINARY

Theme of skater's choice. Vocal music is permitted. Judging will emphasize interpretation of music rather than technical skills. Costumes that complement music. May use hand-help props or those a skater can get on and off the ice without assistance.

LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
Basic	Elements up to and including Basic 8	May have passed up to and including Basic 8	1 minute or less
Beginner	No axels or double jumps	May not have passed any official USFS Free Skating Tests	1 ½ minutes +/- 10 seconds
Pre-Preliminary	Axel permitted - no double jumps	Must have passed no higher than USFS Pre-Preliminary Free Skate Test	1 ½ minutes +/- 10 seconds
Preliminary	Axels and double jumps permitted	Must have passed no higher than USFS Preliminary Free Skate Test	1 ½ minutes +/- 10 seconds

Optimist Ice Arena Basic Skills Program

1st Annual Basic Skills Competition

Last Name: _____ First Name: _____

Birth Date: _____ Gender: _____ US Figure Skating #: _____

Club/ Basic Skills Program: _____

Address: _____ City: _____

State: _____ Zip: _____ Phone Number: (_____) _____ - _____

Email Address: _____

Last Test passed: _____

Professional's Name: _____ Phone #: (_____) _____ - _____

Please check the event(s) you are entering:

ELEMENTS:

_____ Snowplow*
_____ Basic 1* _____ Basic 5*
_____ Basic 2* _____ Basic 6*
_____ Basic 3* _____ Basic 7*
_____ Basic 4* _____ Basic 8*

BASIC PROGRAM:

_____ Snowplow*
_____ Basic 1* _____ Basic 5*
_____ Basic 2* _____ Basic 6*
_____ Basic 3* _____ Basic 7*
_____ Basic 4* _____ Basic 8*

ARTISTIC SHOWCASE:

_____ Basic Skills
_____ No Test
_____ Pre-Preliminary
_____ Preliminary

Special Olympics Elements and Freeskate:

_____ Badge 1 _____ Badge 2
_____ Badge 5 _____ Badge 6
_____ Badge 9 _____ Badge 10

COMPULSORIES:

_____ Limited Beginner* _____ Beginner*
_____ No Test* _____ Pre-Preliminary
_____ Preliminary

WELL BALANCED FREESKATE PROGRAM:

_____ No Test* _____ Pre-Preliminary
_____ Preliminary

TEST TRACK FREESKATE PROGRAM:

_____ Limited Beginner* _____ Beginner*
_____ Pre-Preliminary _____ Preliminary

ADULT EVENTS:

_____ Pre Bronze COMPULSORY
_____ Bronze COMPULSORY
_____ Pre-Bronze FREE-SKATE
_____ Bronze FREE-SKATE

_____ Badge 3 _____ Badge 4
_____ Badge 7 _____ Badge 8
_____ Free Skate Program (level _____)

Optimist Ice Arena Basic Skills Program

1st Annual Basic Skills Competition

ENTRY FEE IS \$40.00 PER EVENT AND \$20.00 PER EACH ADDITIONAL EVENT

First Event \$ _____

Additional Event \$ _____

Additional Event \$ _____

Additional Event \$ _____

Total \$ _____

** Events that are eligible for Michigan Basic Skills Series Points*

The **completed** entry form with fees must be postmarked no later than April 30th, 2008.

Make check or money order payable to OIA Basic Skills Program.

Mail check and completed entry form to: Kayleah Crosby, PO Box 587, Grass Lake, MI 49240

Certification of the Competitor

The Competitor is eligible to enter the event(s) checked. It is agreed that the competitor and family holds the Optimist Ice Arena and The Optimist Ice Arena Basic Skills Program harmless from any and all liability either during practice or the competition and from any and all liability for damages to or loss of property.

Parent/Guardian Signature: _____

Date: _____

Instructor: _____

Date: _____

Club Officer/Program Director: _____

Date: _____

Competitor Signature: _____

Date: _____

Optimist Ice Arena Basic Skills Program

1st Annual Basic Skills Competition

Exhibition Entry Form:

(Due April 30th)

Skater Name: _____

Home Club/ Program: _____

Competition Level: _____

Email: _____

Phone: _____

Entry Fee: \$15



Optimist Ice Area
Attn: Kayleah Crosby
1300 West North Street
Jackson, MI 49202

Competition to be held on June 1, 2008
Ads need to be received by May 19, 2008

HAPPY AD ADVERTISING FORM

[Put an encouraging note to your skater or entire club in our program]

Ad sizes available: Ads are available in business card size only however you may purchase more than one ad to make a larger tribute to your skater.

_____ # of Business Card ads X \$5 = \$ _____
Please include payment with your copy

Contact Name _____

Address _____

Phone Number _____

Insert Ad copy here or attach camera-ready artwork to this form.