

2008 Michigan Basic Skills Series Competitions

Mission Statement

To give our skaters a chance to develop their USFS Basic Skills in a fun competitive environment. During the competition season - skaters will have the chance to compete at many different clubs and arenas and earn points for a final standing.

A skater may participate in either Freeskating and/or Compulsory/Elements events in any of the Michigan Basic Skills Series Competitions to be eligible for accumulating points. Awards will be presented to skaters with the highest point totals. These awards will take place - on the ice - at the Midland Competition - November 8, 2008

Series Point System

The Freeskating events and the Compulsory/Elements events in each of the Series' Competitions will be eligible for accumulating points. Each event will have a maximum of 6 skaters. The system for scoring points for the final award will be as follows:

1 st Place	6 points
2 nd Place	5 points
3 rd Place	4 points
4 th Place	3 points
5 th Place	2 points
6 th Place	1 point

If an event has 2-6 skaters, the points will be awarded as if there were 6 skaters in the group. If there is only one skater in the group, they will be awarded 3 points. At the end of the Series, in the case of total points tied, the total number of skaters that the competitor has skated against will be the tie breaker.

Medals will be awarded in each level as highlighted in each announcement. Beyond the Basics will NOT be counted in the Freeskate and Elements/Compulsory Program Series for this 2008 season. Spins, Dance, Pairs, Theatre On Ice, Synchronized Teams, and Showcase Events will Not be counted for this 2008 season.

Skaters will receive an additional bonus of 3 points for moving to a higher level. All points follow the skater throughout the year.

Please Note: The USFS Michigan Basic Skills Series is sponsored equally by all the participating ice rinks and/or USFS member clubs. Competition announcements and packages will be available at all participating ice rinks and/or via the club or rink websites as well as www.sk8stuff.com. Each competition will have its own entry forms and specific rules - so please make sure to read the entire announcement for each competition.

Summer Swizzle 2008

Hosted by
FARMINGTON HILLS FIGURE SKATING CLUB
35500 W. Eight Mile Rd.
Farmington Hills, MI 48335

The Basic Skills Competition, Summer Swizzle, sponsored by Farmington Hills Figure Skating Club, 35500 W. Eight Mile Rd., Farmington Hills, MI 48335 will be held at The Farmington Hills Ice Arena, located at 35500 W. Eight Mile Rd., Farmington Hills MI 48335 on **June 21, 2008**.

ELIGIBILITY RULES FOR PARTICIPANTS

The competition is open to ALL skaters who are current eligible (ER 1.00) members of either the Basic Skills program and/or are full members of U.S. Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Basic Skills program/club or any other Basic Skills program/club.

Eligibility will be based on skill level as of closing date of entries. All SNOWPLOW SAM and BASIC SKILLS SKATERS THROUGH BASIC 8 must skate at highest level passed and NO official U.S. Figure Skating tests may have been passed including MIF or individual dances.

For the Test Track and Well Balanced levels, eligibility will be based upon highest free skate test level passed (moves in the field test level will not determine skater's competitive level). Skaters may skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition.

Skaters in other events may skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition and may have passed pre-preliminary moves in the field. For events that are "Two Track" (beginner, pre-preliminary and preliminary) the U.S. Figure Skating rulebook # 1032 applies (*Basic Skills Competitions may include events for skaters who have passed no higher than the preliminary moves in the field, preliminary free skate, preliminary dance or adult bronze free skate tests without applying for a U.S. Figure Skating sanction. However, an approval number is required from the appointed Basic Skills representatives, Basic Skills Committee chair, or U.S. Figure Skating director of skating programs*).

Please note: If a skater competes at a nonqualifying competition in a "Beginner or No Test" category, then that skater must compete at the equivalent or higher level in a Basic Skills approved competition.

ENTRIES AND FEES -All entries must be postmarked no later than May 21, 2008. Late entries will be accepted at the discretion of the organizers. Entry fees are per person, U.S. dollars. The first event is \$40.00 and each additional event is \$20.00. NO refunds after closing date unless event is canceled by FHFSC. ENTRY FORMS MUST BE FILLED OUT COMPLETELY and returned with check made payable to Farmington Hills Figure Skating Club (FHFSC). There will be a \$20.00 fee for returned checks.

AWARDS - Everyone will receive an award. All events will be final rounds. Medals will be awarded for each placement. All awards will be made at appropriate times throughout the competition.

SCHEDULE OF EVENTS - Will be posted on the official bulletin board, as well as SK8stuff.com, no later than June 14, 2008. Information regarding groups and skating times will be mailed out prior to the beginning of competition, either via USPS or electronic mail.

PRACTICE ICE - Practice Ice will be available in 20 minute increments at \$7 per session. A Practice Ice registration form will be sent to the skaters with their competition event schedule approximately two weeks prior to the competition. Advanced registration is recommended. Drop-in will be available if space permits. A maximum of 20 skaters will be allowed on the ice during any one session, except for Basic Skills skater sessions. No music will be played. No refunds will be given for missed practice sessions.

MUSIC - The music for all free skating programs and showcase must be provided on cassette tapes/CDs by the skater. Tapes/CDs should be clearly marked with the name of the skater, event entered and length of music (not skating time). Competition music is to be turned in at the time of registration. Time duration is always ± 10 seconds.

VIDEO TAPING AND PHOTOGRAPHS - This will be available and can be arranged for at the rink. You may furnish you own tape or purchase same. Photographs will be taken of individual skaters and award pictures will also be taken.

OFFICIALS: Chief Referee - Don Korte; Chief Accountant - Maureen Dalton

INFORMATION: If you have questions, contact Nora Helwig at email: nhelwig@sbcglobal.net

EVENTS OFFERED:

BASIC ELEMENTS EVENT: SNOWPLOW SAM – BASIC 8

- Each skater will perform one element at a time in the order listed below
- To be skated on 1/3 to 1/2 ice
- No music
- **All elements must be skated in the order listed.** Each skater will perform each element only when directed by a judge or referee. Skaters are allowed one retry per element. If skater wants to retry, she/he should raise their hand immediately. If the skater attempts a retry, only the retry will count for that element.

<u>Snowplow Sam - Tots:</u> <ol style="list-style-type: none"> 1. March followed by a two foot glide and dip 2. Forward two foot swizzles 2-3 in a row 3. Forward snowplow stop 4. Backward wiggles 2-6 in a row 	<u>Basic 5:</u> <ol style="list-style-type: none"> 1. Backward outside edge on a circle clockwise or counter clockwise 2. Backward crossovers 6-8 consecutive - both directions 3. One foot spin - minimum of three revolutions 4. Hockey stop 5. Side Toe hop - either direction
<u>Basic 1</u> <ol style="list-style-type: none"> 1. Forward two foot glide 2. Forward two foot swizzles 6 -8 in a row 3. Forward snowplow stop 4. Backward wiggles 6-8 in a row 	<u>Basic 6:</u> <ol style="list-style-type: none"> 1. Forward inside three turn - R & L from a standstill 2. Bunny Hop 3. Forward spiral on a straight line - R or L 4. Lunge - R or L 5. T-stop - R or L
<u>Basic 2</u> <ol style="list-style-type: none"> 1. Forward one foot glide - either foot 2. Forward alternating ½ swizzle pumps, in a straight line -across width of ice 3. Two foot turn in place forward to backward 4. Backward two foot swizzles 6 - 8 in a row 5. Moving snowplow stop 	<u>Basic 7:</u> <ol style="list-style-type: none"> 1. Forward inside open Mohawk - R to L and L to R 2. Ballet Jump - either direction 3. Back crossovers to a back outside edge landing position clockwise and counter clockwise 4. Forward inside pivot
<u>Basic 3</u> <ol style="list-style-type: none"> 1. Forward stroking 2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise 6 - 8 consecutive 3. Moving forward to backward two foot turn - either direction 4. Backward one foot glide - either foot 5. Two foot spin 	<u>Basic 8:</u> <ol style="list-style-type: none"> 1. Moving forward outside or forward inside three turns R & L 2. Waltz jump 3. Mazurka - either direction 4. Combination move - clockwise or counter clockwise – two forward crossovers into FI Mohawk, step behind, step into one back crossover and step to a forward inside edge 5. Beginning one-foot upright spin - optional free foot position
<u>Basic 4</u> <ol style="list-style-type: none"> 1. Forward outside edge on a circle clockwise or counter clockwise 2. Forward crossovers 6-8 consecutive both directions 3. Forward outside three turn - R & L 4. Backward stroking 5. Backward snowplow stop - R or L 	

BASIC PROGRAM EVENT: SNOWPLOW SAM – BASIC 8

- The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc. unless otherwise specified.
- To be skated on full ice
- Vocal music is allowed
- The skater may use elements from a previous level.
- Deductions will be made if elements from a higher level are performed
- Time: 1:00 +/- 10 seconds

<u>Snowplow Sam - Tots:</u> <ol style="list-style-type: none"> 1. March followed by a two foot glide and dip 2. Forward two foot swizzles 2-3-in a row 3. Backward wiggles 2-6 in a row 4. Forward snowplow stop 	<u>Basic 5:</u> <ol style="list-style-type: none"> 1. Backward outside edge on a circle clockwise or counter clockwise 2. Backward crossovers 6-8 consecutive in both directions 3. One foot spin - min of three revolutions 4. Side Toe hop - either direction 5. Hockey stop
<u>Basic 1</u> <ol style="list-style-type: none"> 1. Forward two foot glide 2. Forward two foot swizzles 6 - 8 in a row 3. Backward wiggles 6-8 in a row 4. Forward snowplow stop 	<u>Basic 6:</u> <ol style="list-style-type: none"> 1. Forward inside 3-turn - R & L 2. Bunny Hop 3. Forward arabesque spiral on a straight line R or L 4. Lunge - R or L 5. T-stop - R or L
<u>Basic 2</u> <ol style="list-style-type: none"> 1. Forward one foot glide - either foot 2. Two foot turn in place - forward to backward 3. Backward two foot swizzles 6 - 8 in a row 4. Forward alternating ½ swizzle pumps, in a straight line across width of ice 5. Moving snowplow stop 	<u>Basic 7:</u> <ol style="list-style-type: none"> 1. Forward inside open Mohawk - R to L and L to R 2. Ballet Jump either direction 3. Back crossovers to a back outside edge landing position clockwise and counter clockwise 4. Forward inside pivot
<u>Basic 3</u> <ol style="list-style-type: none"> 1. Forward stroking 2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise 6 - 8 consecutive 3. Moving forward to backward two foot turn in either direction 4. Backward one foot glide - either foot 5. Two foot spin 	<u>Basic 8:</u> <ol style="list-style-type: none"> 1. Moving forward outside or forward inside three turns R & L 2. Waltz jump 3. Mazurka in either direction 4. Combination move - clockwise or counter clockwise - two forward crossovers into FI Mohawk, step behind, step into one back crossover and step to a forward inside edge 5. Beginning one-foot upright spin - optional free foot position
<u>Basic 4</u> <ol style="list-style-type: none"> 1. Forward outside edge on a circle clockwise or counter clockwise 2. Forward crossovers 6-8 consecutive both directions 3. Forward outside three turn - R & L 4. Backward stroking 5. Backward snowplow stop - R or L 	

“TEST TRACK” - Compulsory Events

- To be skated on ½ of ice surface. In program form, using a limited number of connecting steps, the skating order of the required elements is optional
- No music is allowed
- The skater must demonstrate the required elements and may use any additional elements from previous levels. A .2 deduction will be taken for each element performed from a higher level
- *Skaters may have the option to skate one level higher in compulsories than their free skate program*

Test Track – Compulsory Events – Eligible for Michigan Basic Skills Series Points

LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
Limited Beginner Compulsory	<ol style="list-style-type: none"> 1. Waltz jump 2. ½ jump of choice 3. Forward two foot or one foot spin (free leg position optional) 4. Forward or backward spiral 	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skate badge tests	Time: 1:00
Beginner Compulsory	<ol style="list-style-type: none"> 1. Toe loop jump 2. Salchow jump 3. Forward scratch spin 4. Forward or backward spiral 	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skate badge tests	Time:1:00
No Test Compulsory	<ol style="list-style-type: none"> 1. Loop jump 2. Jump combination to include a toe loop (may not use a loop or Axel) 3. Solo spin- sit <u>or</u> camel spin 4. Spiral sequence- must include a forward and backward spiral. Additional spirals and balance moves such as Ina Bauers, spread eagles, lunges and shoot the ducks may be included. 	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skate badge tests, no official U.S. Figure Skating free skate tests passed	Time:1:00

Test Track – Compulsory Events – NOT Eligible for Michigan Basic Skills Series Points

LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
Pre-Preliminary Compulsory	<ol style="list-style-type: none"> 1. Flip jump 2. Jump combination waltz jump/toe loop jump OR Salchow/toe loop jump 3. Solo spin- sit <u>or</u> camel spin 4. Spiral sequence- must include a forward and backward spiral. Additional spirals and balance moves such as Ina Bauers, spread eagles, lunges and shoot the ducks may be included. 	Skaters may not have passed tests higher than U.S. Figure Skating pre-preliminary free skate test	Time :1:00
Preliminary Compulsory	<ol style="list-style-type: none"> 1. Lutz jump 2. Jump combination (may not use Lutz jump or Axel) 3. Camel spin 4. Spiral sequence- must include a forward and backward spiral. Additional spirals and balance moves such as Ina Bauers, spread eagles, lunges and shoot the ducks may be included. 	Skaters must have passed at least the U.S. Figure Skating pre-preliminary free skate test but may not have passed tests higher than the preliminary free skate test	Time :1:15

"TEST TRACK" - Freeskating Events

NOTE: Skaters may enter EITHER the new test track or the well-balanced free skate track but **NOT** both. Competitors will skate to music of their choice. Deductions WILL be made for skaters including technical elements not permitted in the event description.

Test Track Freeskating Events - Eligible for Michigan Basic Skills Series Points

LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
Limited Beginner	Solo spins in an upright position (min 3 revolutions), jumps with not more than one-half rotation (front to back or back to front). No combination jumps or jump sequences. Connecting moves and steps should be demonstrated throughout the program.	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests	Time: Up to 1:30 +/- 10
Beginner	Solo spins in an upright position (min 3 revolutions), jumps with not more than one-half rotation (front to back or back to front), single rotation jumps: Salchow and toe loop only. No combination jumps or jump sequences. Connecting moves and steps should be demonstrated throughout the program.	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests	Time: 1:30 +/- 10

Test Track – Freeskating Events

NOT Eligible for Michigan Basic Skills Series Points

LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
Pre-Preliminary Test	At least two solo spins of a different nature (min 3 revolutions and no flying spins), all single solo jumps allowed (no Axels), jump combinations or sequences using only a waltz jump, toe loop, and Salchow. Connecting moves and steps should be demonstrated throughout the program.	Skaters may not have passed tests higher than U.S. Figure Skating pre-preliminary free skate test	Time :1:30 +/-10
Preliminary Test	At least two spins of a different nature, combination spins allowed (min 3 revolutions each and no flying spins), jumps with not more than one rotation (no Axels). Jump combinations and sequences are allowed. Maximum 5 jumping elements. Connecting moves and steps should be demonstrated throughout the program.	Skaters must have passed at least the U.S. Figure Skating pre-preliminary free skate test but may not have passed tests higher than the preliminary free skate test	Time :1:30 +/-10

“TEST TRACK - Well Balanced Freeskating Events”

(U.S. Figure Skating rulebook requirements)

Well-balanced [Competitive] Freeskating Events - Eligible for Michigan Basic Skills Series Points

LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
No Test Free skate	<p>A well balanced program consisting of: Jumps: maximum of 5 jump elements. No axels or double jumps permitted. Spins: maximum of 2 spins of a different nature Steps: one step sequence utilizing ½ ice surface</p> <p><i>Refer to U.S. Figure Skating rulebook #3721 for more information</i></p>	May <u>not</u> have passed any official U.S. Figure Skating free skate tests.	Time: 1:30+/-10

Well-balanced [Competitive] – Freeskating Events

NOT Eligible for Michigan Basic Skills Series Points

LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
Pre-preliminary Free skate	<p>A well-balanced program consisting of: Jumps: maximum of 5 jump elements. Axels allowed. No double jumps permitted. Spins: maximum of 2 spins of a different nature Steps: one step sequence utilizing ½ ice surface</p> <p><i>Refer to U.S. Figure Skating rulebook #3711 for more information</i></p>	Must have passed no higher than U.S. Figure Skating Pre-preliminary free skate test	Time: 1:30 +/-10
Preliminary Free skate	<p>A well-balanced program consisting of: Jumps: maximum of 5 jump elements, one must be an axel or waltz jump type plus up to two different double jumps as individual jumps, jump sequences or jump combinations are allowed Spins: maximum of 2 spins of a different nature Steps: one step sequence utilizing ½ ice surface</p> <p><i>Refer to U.S. Figure Skating rulebook #3701 for more information</i></p>	Must have passed no higher than U.S. Figure Skating Preliminary free skate test.	Time: 1:30 +/-10

Summer Swizzle June 21, 2008
Basic Skills Competition Entry Form
Farmington Hills Figure Skating Club
Entries Due May 21, 2008

Name _____ Age _____ Sex _____

Last

First

Address _____ City _____

State _____ Zip _____ E-mail address (please print) _____

Area Code/Phone# _____ Birth Date _____

U.S. Figure Skating Number _____

Current Skating Level _____

Last U.S. Figure Skating Level Passed - Freeskate _____ Moves _____

Full Name of Club or Arena You're Representing _____

Instructor's name _____

Please check the event(s) you are entering:

BASIC ELEMENTS EVENT:

_____ **Snowplow**

_____ **Basic 1**

_____ **Basic 2**

_____ **Basic 3**

_____ **Basic 4**

_____ **Basic 5**

_____ **Basic 6**

_____ **Basic 7**

_____ **Basic 8**

Test Track Compulsory:

_____ **Limited Beg. Compulsory**

_____ **Beginner Compulsory**

_____ **No Test Compulsory**

_____ **Pre-preliminary**

_____ **Preliminary**

Basic Program Event:

_____ **Snowplow Sam**

_____ **Basic 1**

_____ **Basic 2**

_____ **Basic 3**

_____ **Basic 4**

_____ **Basic 5**

_____ **Basic 6**

_____ **Basic 7**

_____ **Basic 8**

Test Track Freeskating: Test Track

_____ **Limited Beginner**

_____ **Beginner**

_____ **Pre-preliminary Test**

_____ **Preliminary Test**

Test Track Freeskating: Well Balanced

_____ **No Test Free Skate**

_____ **Pre-preliminary Free Skate**

_____ **Preliminary Free Skate**

* Events in bold print are eligible for Michigan Basic Skills Series Points

ENTRY FEE IS \$40.00 PER EVENT, \$20.00 PER EACH ADDITIONAL EVENT

First Event	\$ _____
Additional Event	\$ _____
Additional Event	\$ _____
Total	\$ _____

The completed entry form and payment must be postmarked by May 21, 2008. There will be a \$20.00 fee for returned checks.

ENTRY FEES ARE NON REFUNDABLE AFTER THE ENTRY DEADLINE FOR ANY REASON UNLESS THE EVENT IS CANCELLED

Make check or money order payable to **Farmington Hills Figure Skating Club.**

Submit entries to:

Summer Swizzle 2008
AnnMarie Messineo
37218 Fairfax Dr.
Livonia MI 48152

For additional information email: nhelwig@sbcglobal.net

Entry fees are non refundable after the entry deadline unless an event is canceled.

Certification of Competitor: The competitor is eligible to enter the events checked. It is agreed that the competitor and family holds the Farmington Hills Figure Skating Club and Farmington Hills Ice Arena harmless from any and all liability either during practice or the competition, and from any and all liability for damages to, or loss of property.

Parent/Guardian Signature _____ **Date** _____

Instructor Signature _____ **Date** _____

Program Director/Club Officer _____ **Date** _____

Competitor Signature _____ **Date** _____