

# USFS Skate Colorado Basic Skills Series

*Sponsored by:*

*ISC of Ft. Collins, Honnen Ice Arena, Broadmoor SC,  
Skating Club of Vail,  
Colorado SC, Pueblo FSC & Centennial SC*

**Events to take place at:**

|   |   |
|---|---|
| <p><b>Pueblo Midwinter Invitational</b><br/> <b>Date: February 17, 2008</b><br/> <a href="http://www.pueblofsc.com">www.pueblofsc.com</a><br/>           100 North Grand<br/>           Pueblo, CO 81002<br/>           Competition Chair: Dalene Perdue<br/>           Link to website for email<br/>           (719)564-5855<br/> <b>Competition Application Deadline: December 15, 2007</b></p>  | <p><b>Skatefest 2008 (EPIC)</b><br/> <b>Date: April 6, 2008</b><br/> <a href="http://www.iscfc.org">www.iscfc.org</a><br/>           1801 Riverside<br/>           Fort Collins, CO 80525<br/>           Competition Chairman: Linda Hobough<br/> <a href="mailto:hobough3@aol.com">hobough3@aol.com</a><br/>           (970)219-5111<br/> <b>Competition Application Deadline: March 3, 2008</b></p>   |
| <p><b>Colorado College Cup (Honnen Ice Arena)</b><br/> <b>Date: May 31, 2008</b><br/> <a href="http://www.coloradocollege.edu/athletics/honnen/index.asp">www.coloradocollege.edu/athletics/honnen/index.asp</a><br/>           14 Cache La Poudre St.<br/>           Colorado Springs, CO 80903<br/>           Competition Chairmen: Linda Alexander/Karen Kight<br/> <a href="mailto:lalexander@coloradocollege.edu">lalexander@coloradocollege.edu</a> or<br/> <a href="mailto:thekightklan@comcast.net">thekightklan@comcast.net</a><br/>           (719) 389-6156 or (719) 632-4349<br/> <b>Competition Application Deadline: April 20, 2008</b></p> | <p><b>Broadmoor Open (World Arena)</b><br/> <b>Date: June 29, 2008</b><br/> <a href="http://www.broadmoorsc.com">www.broadmoorsc.com</a><br/>           3185 Venetucci Blvd<br/>           Colorado Springs, CO 80906<br/>           Competition Chair: Barbara Bradley<br/> <a href="mailto:HoneyB23@aol.com">HoneyB23@aol.com</a><br/>           (719) 540-5655<br/> <b>Competition Application Deadline: May 1, 2008</b></p>   |
| <p><b>Vail Mountain Fun (Dobson Ice Arena)</b><br/> <b>Date: July 20, 2008</b><br/> <a href="http://www.skatevail.com">www.skatevail.com</a><br/>           321 E. LionsHead Circle<br/>           Vail, Co 81657<br/>           Competition Chair: Brenda Bearsto<br/> <a href="mailto:VI@skatevail.com">VI@skatevail.com</a><br/>           (970)926-0339<br/> <b>Competition Application Deadline: May 26, 2008</b></p>  | <p><b>Colorado Gold (South Suburban)</b><br/> <b>Date: August 24, 2008</b><br/> <a href="http://www.coloradoskatingclub.org">www.coloradoskatingclub.org</a><br/>           6580 So. Vine Street<br/>           Centennial, CO 80121<br/>           Competition Chair: Peggy DeLio/Bill Barrett<br/> <a href="mailto:peggyjo13@comcast.net">peggyjo13@comcast.net</a><br/> <a href="mailto:mydogmoose@mac.com">mydogmoose@mac.com</a><br/>           (303)980-0356 or (720)810-3140<br/> <b>Competition Application Deadline: July 26, 2008</b></p> |
| <p><b>Colorado Springs Invitational (Sertich Ice Center)</b><br/> <b>Date: September 14, 2008</b><br/> <a href="http://www.centennialskatingclub.org">www.centennialskatingclub.org</a><br/>           1705 Pikes Peak Avenue<br/>           Colorado Springs, CO 80909<br/>           Competition Chair: Lisa Landon<br/> <a href="mailto:Lisa_landon@comcast.net">Lisa_landon@comcast.net</a><br/>           (719) 659-0912<br/> <b>Competition Application Deadline: July 31, 2008</b></p> <p><b>** All Basic Skills Competition Series awards will be given at this site **</b></p>   |   |

**MISSION STATEMENT:** To give Colorado skaters a chance to develop their USFS Basic Skills in a fun, competitive environment.

**AWARDS:** During the competition season, skaters will have the chance to compete at seven different arenas and earn points for a final standing. *Trophies will be awarded at the conclusion of the CSI Basic Skills competition on September 14th to the skaters with the highest point totals who compete in at least four of the seven scheduled competitions.*

# Free skate and Elements/Compulsory Program Series Point System

A skater must enter **BOTH** Free skating **AND** the Compulsory/Elements event in each of at least four of the seven registered Series Basic Skills Competitions to be eligible for accumulating points. Each event will have a maximum of six skaters. **Both youth and adults may accumulate points!**

The system for scoring points for the trophies will be as follows:

|                       |          |
|-----------------------|----------|
| 1 <sup>st</sup> place | 6 points |
| 2 <sup>nd</sup> place | 5 points |
| 3 <sup>rd</sup> place | 4 points |
| 4 <sup>th</sup> place | 3 points |
| 5 <sup>th</sup> place | 2 points |
| 6 <sup>th</sup> place | 1 point  |

*\* A skater will earn three points toward their overall standing for each level of advancement throughout the duration of the series. In order to be awarded the extra three points he/she must compete in that level in at least two competitions. The points for skaters moving up divisions will be awarded at the end of the series in Colorado Springs at CSI.*

In the case of only 1 skater registered in a level, the skater will have the choice to skate an exhibition OR move up a level to compete against other skaters. In this case, those skaters will be allowed to move back to their original level to compete at the next competition.

If an event has 2-6 skaters, the points will be awarded as if there were six skaters in the group. If there is only one skater in the group, that skater will be awarded three points.

In case of a tie, the total number of skaters that the competitor has skated against throughout the series will be the tie breaker.

All points follow the skater throughout the series, so if a skater moves up to higher levels, the points follow the skater. Once a skater moves up a level, they may not compete at a lower level unless they moved up as a result of having no other skaters in their group.

Trophies will be awarded for 1-3 place in each level from Snowplow Sam through Freeskate 6. The trophies will be awarded to the skaters at their level as of the last competition in the series.

*Please note: Spin, Dance, Pair, Theater on Ice, Synchronized team, and Showcase events will not be counted in the final standings. Beyond The Basics events will not be counted in the Free skate and Elements/Compulsory Program series.*

## Congratulations to last year's winners:

|           |           |       |
|-----------|-----------|-------|
| Stewart   | Jennifer  | Adult |
| Heintz    | Shannon   | BS 1  |
| Bettner   | Trinity   | BS 2  |
| Kuemmerle | Cynthia   | BS 3  |
| Woods     | Kori      | BS 4  |
| Walls     | Carolanne | BS 5  |
| Hatfield  | Tonni     | BS 6  |
| Poreda    | Shaylyn   | BS 7  |
| Hartley   | Paige     | BS 8  |
| Knebl     | Anja      | FS 1  |
| Dandino   | Beth      | FS 2  |
| Cardamone | Mackenzie | FS 4  |
| Wallace   | Laura     | FS 5  |
| Taft      | Kaitlyn   | FS 6  |

# Rules and Format:

## COMPETITION ANNOUNCEMENT

The **U.S. Figure Skating Skate Colorado Basic Skills Competition Series** is sponsored equally by the seven participating ice rinks and/or USFS member clubs. Competition packages will be available at all participating ice rinks and/or via the club or rink websites. Each competition will have its own entry forms and specific rules so please make sure to read the entire announcement for each competition.

## ELIGIBILITY RULES FOR PARTICIPANTS

The competition is open to ALL skaters who are current eligible (ER 1.00) members of either the Basic Skills Program and/or are full members of U.S. Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Basic Skills Program/Club or any other Basic Skills Program/Club.

Eligibility will be based on skill level as of closing date of entries. All SNOWFLOW SAM and BASIC SKILLS SKATERS THROUGH BASIC 8 are eligible to skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition and NO official U.S. Figure Skating tests may have been passed including MIF or individual dances.

For Free skate 1-6, eligibility will be based only upon highest free skate test level passed (MIF test level will not determine skater's competitive level). All FREE SKATE 1-6 SKATERS are eligible to skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition

***It is very important to the success of the series that skaters are placed in the correct divisions. If, for whatever reason, the local organizing committee discovers that a skater has been placed in a category that is below their class level, the chair and referee will have the option to move the skater to the proper division, even if this has to be done the day of the competition. This will ensure that every event is as fair as possible to the competitors.***

### **Elements Event – Basic Skills Curriculum and Adults**

- Each skater will have the option to perform one element at a time
  - A. In the order listed below (no excessive connecting steps) **OR**
  - B. Will perform each element when directed by a judge or referee
- To be skated on 1/3 to 1/2 ice
- No music
- **All elements must be skated in the order listed**
- Time: 1:00 or less
- Skaters will be divided by age if entries warrant and no more than six skaters per group.
- Male and Female competitors can be combined at the discretion of the referee and LOC if entries are not sufficient to create separate events

### **Free skate Compulsory Event – Free skate Curriculum**

- In program form, using a limited number of connecting steps, the skating order of the required elements is optional
- To be skated on ½ ice
- No music is allowed
- **The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels**
- A .2 deduction will be taken for each element performed from a higher level
- Time: 1:00 or less
- Skaters will be divided by age if entries warrant and no more than six skaters per group.
- Male and Female competitors can be combined at the discretion of the referee and LOC if entries are not sufficient to create separate events

### **Basic Programs with Music**

- The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc. unless otherwise specified.
- To be skated on full ice
- Vocal music is allowed
- The skater may use elements from a previous level
- A .2 deduction will be taken for each element performed from a higher level
- Time: 1:00 +/- 10 seconds
- Skaters will be divided by age if entries warrant and no more than six skaters per group.
- Male and Female competitors can be combined at the discretion of the referee and LOC if entries are not sufficient to create separate events

### **Free skate Programs 1-6 with music and Adults**

- The skating order of the required elements is optional. The elements are not restricted as to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated.
- Vocal music is not allowed.
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels
- A .2 deduction will be taken for each element performed from a higher level
- Time 1:30+/-10sec
- Skaters will be divided by age if entries warrant and no more than six skaters per group.
- Male and Female competitors can be combined at the discretion of the referee and LOC if entries are not sufficient to create separate events

# Required Element Descriptions for Elements, Compulsory Programs, and Programs with Music events

| Level        | Description   |
|--------------|---|
| Snowplow Sam | <ol style="list-style-type: none"> <li>1. March followed by a two-foot glide and dip</li> <li>2. Forward two-foot swizzles - 2-3 in a row</li> <li>3. Forward snowplow stop</li> <li>4. Backward wiggles - 2-6 in a row</li> </ol>  |
| Basic 1      | <ol style="list-style-type: none"> <li>1. Forward two-foot glide</li> <li>2. Forward two-foot swizzles - 6-8 in a row</li> <li>3. Forward snowplow stop</li> <li>4. Backward wiggles - 6-8 in a row</li> </ol>  |
| Basic 2      | <ol style="list-style-type: none"> <li>1. Forward one-foot glide - either foot</li> <li>2. Forward alternating ½ swizzle pumps, in a straight line- across width of ice</li> <li>3. Two-foot turn in place - forward to backward</li> <li>4. Backward two-foot swizzles - 6-8 in a row</li> <li>5. Moving snowplow stop</li> </ol>                    |
| Basic 3      | <ol style="list-style-type: none"> <li>1. Forward stroking</li> <li>2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise -6-8 consecutive</li> <li>3. Moving forward to backward two-foot turn - either direction</li> <li>4. Backward one-foot glide - either foot</li> <li>5. Two-foot spin</li> </ol>                     |
| Basic 4      | <ol style="list-style-type: none"> <li>1. Forward outside edge on a circle- clockwise or counterclockwise</li> <li>2. Forward crossovers- 6-8 consecutive- both directions</li> <li>3. Forward outside 3-turn - R and L</li> <li>4. Backward stroking</li> <li>5. Backward snowplow stop - R or L</li> </ol>  |
| Basic 5      | <ol style="list-style-type: none"> <li>1. Backward outside edge on a circle- clockwise or counterclockwise</li> <li>2. Backward crossovers – 6-8 consecutive- both directions</li> <li>3. One-foot Upright spin - minimum of 3 revolutions</li> <li>4. Hockey Stop</li> <li>5. Side Toe hop - either direction</li> </ol>                             |
| Basic 6      | <ol style="list-style-type: none"> <li>1. Forward inside 3-turn - R and L</li> <li>2. Bunny Hop</li> <li>3. Forward arabesque (spiral) on a straight line - R or L</li> <li>4. Lunge - R or L</li> <li>5. T-stop - R or L</li> </ol>  |
| Basic 7      | <ol style="list-style-type: none"> <li>1. Forward inside open Mohawk - R to L and L to R</li> <li>2. Ballet jump - either direction</li> <li>3. Backward crossovers to a backward outside edge landing position, clockwise and counterclockwise</li> <li>4. Forward inside pivot</li> </ol>   |
| Basic 8      | <ol style="list-style-type: none"> <li>1. Moving forward outside or forward inside three-turns - R and L</li> <li>2. Waltz jump</li> <li>3. Mazurka - either direction</li> <li>4. Combination move - clockwise or counterclockwise (from Basic 8 curriculum)</li> <li>5. One-foot upright spin, optional free foot position</li> </ol>               |
| Free skate 1 | <ol style="list-style-type: none"> <li>1. Advanced forward stroking – 4-6 consecutive strokes</li> <li>2. Basic forward outside edges and forward inside consecutive edges - 2-4 outside and 2-4 inside edges</li> <li>3. Scratch spin from backward crossovers</li> <li>4. Waltz jump from backward crossovers</li> <li>5. Half flip jump</li> </ol> |
| Free skate 2 | <ol style="list-style-type: none"> <li>1. Forward outside spiral - R or L, and a forward inside spiral - R or L</li> <li>2. Waltz Three's- R or L</li> <li>3. Beginning back spin- entry optional</li> <li>4. Waltz jump, side toe hop, waltz jump series</li> <li>5. Toe loop jump</li> </ol>  |
| Free skate 3 | <ol style="list-style-type: none"> <li>1. Forward crossovers in a figure 8</li> <li>2. Advanced forward outside swing rolls - 4-6 consecutive</li> <li>3. Back spin</li> <li>4. Salchow jump</li> <li>5. Waltz jump/toe loop or Salchow/toe loop</li> </ol>   |
| Free skate 4 | <ol style="list-style-type: none"> <li>1. Spiral sequence, FI spiral, FI Mohawk, BO spiral, clockwise or counter clockwise</li> <li>2. Forward power 3's, 2-3 consecutive sets - R or L</li> <li>3. Sit spin</li> <li>4. Loop jump</li> <li>5. Waltz jump/loop jump</li> </ol>  |

|              |   |
|--------------|---|
| Free skate 5 | <ol style="list-style-type: none"> <li>1. Spiral Sequence, FO Spiral, forward outside 3 turn, one backward crossover, backward inside spiral</li> <li>2. Camel spin</li> <li>3. Forward upright spin to back upright spin</li> <li>4. Loop/loop jump</li> <li>5. Flip jump</li> </ol>               |
| Free skate 6 | <ol style="list-style-type: none"> <li>1. Five step Mohawk sequence – 1 set alternating pattern</li> <li>2. Camel, sit spin combination - minimum of 4 revolutions total</li> <li>3. Split jump or stag jump</li> <li>4. Waltz jump, 1/2 loop, salchow combination</li> <li>5. Lutz jump</li> </ol> |
| Adult 1      | <ol style="list-style-type: none"> <li>1. Forward Swizzles 4-6 in a row</li> <li>2. Backward Swizzles 4-6 in a row</li> <li>3. Forward 1-foot glide R&amp;L</li> <li>4. Two foot turn in place</li> <li>5. Snowplow stop</li> </ol>   |
| Adult 2      | <ol style="list-style-type: none"> <li>1. Forward Crossovers, clockwise and counter clockwise</li> <li>2. Moving 2-foot turn on a curve both directions</li> <li>3. Backward 1-foot glide R&amp;L</li> <li>4. Forward Pivot</li> </ol>  |
| Adult 3      | <ol style="list-style-type: none"> <li>1. Inside Mohawk either direction</li> <li>2. Backward crossovers, clockwise and counter clockwise</li> <li>3. Basic forward outside and forward inside edges – 4 of each</li> <li>4. Two-foot spin – entry optional</li> </ol>                              |
| Adult 4      | <ol style="list-style-type: none"> <li>1. Forward Outside 3-Turns R&amp;L</li> <li>2. Forward Inside 3-Turns R&amp;L</li> <li>3. Perimeter stroking with crossover end pattern</li> <li>4. Power 3-turns one direction only, set of 3</li> </ol>  |

**\*\* Please Note: For all Snowplow Sam 1- Basic 8 Elements Events, the elements MUST be skated in the order listed.**

## **Competition Specific Information:**

The registration desk will be located in the lobby of Sertich Ice Center and should open 1 hour prior to the first scheduled practice ice session of the competition. Please register promptly when you arrive at the ice arena.

**Music must be submitted at the time of registration and be a CD. The CD should only have 1 track on it. CD-RW will not be accepted.**

Each division, which will be divided by age, will include no more than six competitors. Medals will be awarded 1-6<sup>th</sup> place. Awards will be presented at the photographer's table, and all skaters in each group will be included in the awards photo as soon as possible after the posting of results.

Professional photographs will be available for purchase. The committee will make every attempt to ensure that the cost is reasonable. **NO FLASH PHOTOGRAPHY** is allowed in the rink area during competition. Flash photography is dangerous to the skaters! The competition committee reserves the right to remove anyone from the rink who ignores requests and warnings regarding the use of flash photography.

***Secure ONLINE REGISTRATION with CREDIT CARD PAYMENT will be available this year at [www.centennialskatingclub.org](http://www.centennialskatingclub.org)***

***Skater and Coaches schedules will be posted on the web at: [www.centennialskatingclub.org](http://www.centennialskatingclub.org)***

***Skaters will be able to choose their own practice ice sessions online after the schedule is posted but you must indicate how many sessions you want and pay for them in advance.***

Skaters will be able to pick their own practice ice sessions online this year but you **MUST** indicate number of sessions you want on the practice ice form or in the online registration system and you **MUST** pay for them with your entry. If you do a paper entry, you must include a self-addressed stamped envelope with your entry in which you will receive a PIN number in order to access your practice ice records and select your

sessions. Practice ice will be available at Sertich Ice Center starting on Tuesday or Wednesday, September 9 or 10 in the evening depending on number of entries. Charge for the 30 minute session is \$9.00 in advance and \$12.00 at the rink.

Notification of competition and practice ice times will NOT be available by phone. Skater and Coaches schedules will be available via the web at [www.centennials skatingclub.org](http://www.centennials skatingclub.org). Persons using checks without sufficient funds will be charged an additional \$30.00 fee per check. All further payments must be made by cash, money order, or certified funds. Skaters will not be allowed to practice or compete until all such debts are satisfied.

The host hotel is the Doubletree Hotel Colorado Springs, World Arena located at 1775 E Cheyenne Mountain Blvd Colorado Springs, CO 80906-4030 near the Colorado Springs World Arena. It features 24 hour airport transportation, exclusive Chocolate Chip Cookies, fitness facility, full restaurant and bar, valet service, room service, gift shop, in-room hair dryers, coffee makers, free movie channel and voice messaging system. Each room also has data ports for laptop connections and a complimentary executive business center. Rates are:

Single/Double/Triple/Quad occupancy - \$109.00 per night  
(Rates are exclusive of applicable tax, currently 9.4%)

Please call 1-719-576-8900 for room reservations and reference THE COLORADO SPRINGS INVITATIONAL to receive special rates or use the link on our website to make your reservations online. Rooms are blocked until August 21, 2008. Usage of our host hotel provides expense offsets and allows us to keep the entry fees lower!

**ONLINE Entry must be completed by MIDNIGHT, July 31, 2008. Paper entry forms must be RECEIVED BY July 31, 2008.**

Entries received after July 31, 2008 will be considered late, and will be accepted at the discretion of the Chief Referee. Late entries will be assessed a \$30.00 late fee. The competition committee reserves the right to limit entries in any event or to cancel an event. Entry fees will only be refunded in accordance with refund policy below. If you wish to be notified that your application has been received, include a self-addressed stamped postcard and it will be mailed to you upon receipt.

#### Refund Policy

Full refunds, **minus the online processing fee**, are available if withdrawal is prior to July 31, 2008. After July 31, 2008, entry refunds are only available if the competition is not held or there is a death in the competitor's immediate family. There will be NO medical refunds given. All refunds must be handled manually, not online. Contact Lisa Landon via email at [lisa\\_landon@comcast.net](mailto:lisa_landon@comcast.net) for information. **If you register online, the processing fee is not refundable for any reason.**

#### Entry Fees

Events \$35.00 for first event, \$15.00 for each additional event

Make checks payable to: 2008 Colorado Springs Invitational

Mail checks and all forms to: Centennial Skating Club  
Attention: Competition Committee  
P.O. Box 62991  
Colorado Springs, CO 80962-2991

# **REGISTER ONLINE FOR CSI !!!!!**

**Payment via a secured credit card  
transaction**

**(\$4.00 non-refundable, processing fee applies)**

**[WWW.CENTENIALSKATINGCLUB.ORG](http://WWW.CENTENIALSKATINGCLUB.ORG)**

**Simply select the CSI tab on the  
top menu bar to see competition  
information and to use the link to  
register for the competition and  
pay with a credit card (VISA and  
MASTERCARD only please)**





# 2008 Colorado Springs Invitational

## Basic Skills Practice Ice Form

Each skater will be allowed **one (1)** practice ice session per event entered. Practice Ice sessions will be 30 minutes in length. **Additional practice times will be available at the practice ice desk at the beginning of the competition which is tentatively scheduled for Wednesday, September 10, 2008 but could be on Tuesday, September 9<sup>th</sup> based on number of entries and the cost will increase to \$12.00.**

Name of skater: \_\_\_\_\_

Phone Number: Evening (    ) \_\_\_\_\_ Day (    ) \_\_\_\_\_

### Basic Skills:

# of sessions \_\_\_\_\_

Number of sessions requested x \$9.00 = \$ \_\_\_\_\_

**Skaters will be able to pick their own practice ice sessions online this year but you **MUST** indicate number of sessions you want on the practice ice form or online and you **MUST** pay for them with your entry and enclose a self-addressed stamped envelope, if you use the paper forms, in which you will receive a PIN number in to access your practice ice records and select your sessions.**

**Include Practice Ice form and fee with entry form and fees if mailing them in.  
Deadlines: Requests must be received by July 31, 2008.**