

Sixth Annual  
Ann Arbor Skills and Showcase Competition  
Ann Arbor Figure Skating Club  
Ann Arbor Ice Cube • 2121 Oak Valley Drive • Ann Arbor, Michigan  
[www.annarborfsc.com](http://www.annarborfsc.com)

Saturday, June 14, 2008

**Entry Deadline: May 19, 2008**



The Sixth Annual Ann Arbor Skills and Showcase Competition, sponsored by the Ann Arbor Figure Skating Club will be held at Ann Arbor Ice Cube on Saturday, June 14, 2008. The competition will be held on the Olympic Rink, which measures 200 x 100 feet with rounded corners and ample seating. This is approved by US Figure Skating. Questions regarding this competition should be directed to Jim Achtenberg, e-mail [jacht@umich.edu](mailto:jacht@umich.edu) or phone (734) 645-8356. E-mail communications are preferred.

**Mission Statement** — The purpose of this competition is to promote a fun, introductory, competitive experience for the beginning skater. For 2008, this competition is part of the Michigan Basic Skill series. Skaters accumulate points at participating competitions throughout the year.

**Eligibility** — The Competition is open to ALL skaters who are current eligible (ER 1.00) members of either the Basic Skills Program and/or are full members of U.S. Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Basic Skills Program / Club or any other Basic Skills Program / Club. Eligibility will be based on skill level as of May 19, 2008. All Snowplow Sam and Basic Skills Skaters through Level 8 must skate at the highest level passed and NO official US Figure Skating tests may have been passed, including Moves in the Field and Individual Dances. For the Test Track and Well Balanced levels, eligibility will be based upon highest free skate test level passed (moves in the field test level will not determine skaters competitive level). Skaters may skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition. It is very important to the success of the competition that skaters are placed in the correct divisions. If, for whatever reason, it is discovered that a skater has been placed in a category that is below their class level, the chair and referee will have the option to move the skater into the proper division, even if this has to be done the day of the competition. This will ensure that every event is as fair as possible to the competitors.

**Rules** — The competition will be conducted under the rules set forth by the US Figure Skating Basic Skills Competition manual and the 2008 US Figure Skating rule book.

**Competitor's Party** — All competitors are invited to a Party, to be held at the rink at the end of competition (about 7:00 PM). Parents and friends may attend for a nominal fee to cover food costs.

**Entry Fees** — Basic Skills skaters (through level 8) first event is \$35.00, Free Skate 1 and up first event is \$55.00. For all skaters, each additional event is \$15.00. All entries must be postmarked no later May 10, 2007. Late entries will be accepted at the discretion of the organizers, and are subject to a \$15.00 late fee. **NO** refunds of entry fees unless event is canceled due to lack of participation. Medical refunds (less an administration fee) only for major injuries, and must be accompanied by a letter from the doctor.

**Entry forms must be filled out completely** and mailed with a check made payable to the Ann Arbor Figure Skating Club to:

James C. Achtenberg  
17950 Mahrle Rd  
Manchester, MI 48158

There will be a \$25.00 fee for returned checks.

**Awards** — All competitors will receive an award. All events are final rounds. Medals will be awarded to first, second, third, and fourth places. ALL other places will receive ribbons. ALL awards will be made at appropriate times throughout the competition.

**Registration** — The registration table will be open 1 hour before the competition starts. Skaters will not be allowed to compete until they have registered

**Schedule of Events** — Will be posted at [www.annarborfsc.com](http://www.annarborfsc.com) and, [www.sk8stuff.com](http://www.sk8stuff.com). The schedule will be e-mailed to all registered competitors who provide an e-mail address in late-May.

**Music** — The music for all freeskating programs must be provided on CD. The CD is to be turned in at registration at least 1 hour before competition time. Competitors must have a spare CD rinkside to be used in case of technical difficulties.

**Practice Ice** — Practice Ice will be available in 25-30 minute sessions Saturday. Details will be provided in the late-May mailing. Sign in and pay \$10.00 at the door.

**Video Taping** — Will be available through Ledin Photo and Video. Order forms may be filled out and printed on the club web site, [www.annarborfsc.com](http://www.annarborfsc.com), once the schedule is posted.

# 2008 Michigan Basic Skills Series Competitions

## Mission Statement

To give our skaters a chance to develop their USFS Basic Skills in a fun competitive environment. During the competition season - skaters will have the chance to compete at many different clubs and arenas and earn points for a final standing.

A skater may participate in either Freeskating and/or Compulsory/Elements events in any of the Michigan Basic Skills Series Competitions to be eligible for accumulating points. Awards will be presented to skaters with the highest point totals. These awards will take place - on the ice - at the Midland Competition - November 8, 2008

## Series Point System

The Freeskating events and the Compulsory/Elements events in each of the Series Competitions will be eligible for accumulating points. Each event will have a maximum of 6 skaters. The system for scoring points for the final award will be as follows:

1 <sup>st</sup> Place	6 points
2 <sup>nd</sup> Place	5 points
3 <sup>rd</sup> Place	4 points
4 <sup>th</sup> Place	3 points
5 <sup>th</sup> Place	2 points
6 <sup>th</sup> Place	1 point

If an event has 2-6 skaters, the points will be awarded as if there were 6 skaters in the group. If there is only one skater in the group, they will be awarded 3 points. At the end of the Series, in the case of total points tied, the total number of skaters that the competitor has skated against will be the tie breaker.

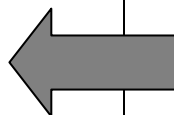
Medals will be awarded (1-3 Place) in each level as highlighted in each announcement. Beyond the Basics will NOT be counted in the Freeskate and Elements/Compulsory Program Series for this 2008 season. Spins, Dance, Pairs, Theatre On Ice, Synchronized Teams, and Showcase Events will not be counted for this 2008 season.

Skaters will receive an additional bonus of 3 points for moving to a higher level. All points follow the skater throughout the year.

Please Note: The USFS Michigan Basic Skills Series is sponsored equally by all the participating ice rinks and/or USFS member clubs. Competition announcements and packages will be available at all participating ice rinks and/or via the club or rink websites as well as [www.sk8stuff.com](http://www.sk8stuff.com). Each competition will have its own entry forms and specific rules - so please make sure to read the entire announcement for each competition.

## 2<sup>nd</sup> Annual USFS Michigan Basic Skills Series – Hosted by the following:

<p>Event #1 – Lansing Basic Skills Competition <b>March 15, 2008</b> <b>Deadline for Entries – February 16, 2008</b> Suburban Ice – East Lansing 2810 Hannah Blvd East Lansing, Michigan 48823 Contact: John Martin Phone: 517-202-4424; Work/Cell: 517-202-4424 <a href="mailto:moneyfirst@comcast.net">moneyfirst@comcast.net</a></p>	<p>Event #2 – Arctic Basic Skills Competition <b>March 30, 2008</b> <b>Deadline for Entries – February 28, 2008</b> Arctic Edge Ice Arena 46615 Michigan Avenue Canton MI 48188 Contact: Magan Flynn Phone: 248-924-3035 <a href="mailto:maganflynn@comcast.net">maganflynn@comcast.net</a></p>	<p>Event #3 – Onyx-Suburban Basic Skills Challenge - <b>April 5, 2008</b> <b>Deadline for Entries – March 5, 2008</b> Suburban Ice - Macomb 54755 Broughton Road Macomb MI 48042 Contact: Helene Wolf Phone: 586-992-8600 <a href="mailto:HHwolf@comcast.net">HHwolf@comcast.net</a></p>
<p>Event #4 – Mountain Town Classic <b>April 19, 2008</b> <b>Deadline for Entries – March 1, 2008</b> The I.C.E. Arena 5165 East Remus Road Mt. Pleasant MI 48858 Contact: Ginni Phillips Phone: 989-773-6188; W: 989-775-9148 <a href="mailto:gphillips@delfield.com">gphillips@delfield.com</a></p>	<p>Event #5 – Skate the Zoo <b>April 26, 2008</b> <b>Deadline for Entries – March 22, 2008</b> Twin Star Ice Arena 5076 Sports Drive Kalamazoo MI 49009 Contact: Amy Bauer Phone: 269-598-9184 <a href="mailto:Sk8amy@aol.com">Sk8amy@aol.com</a></p>	<p>Event #6 – Lake Effect Basic Skills Comp <b>May 10, 2008</b> <b>Deadline for Entries – April 10, 2008</b> Georgetown Ice Arena 8500 48<sup>th</sup> Avenue Allendale MI Contact: Nancy Adams Phone: 616-791-4437; Cell 616-322-1515 <a href="mailto:Kladams323@msn.com">Kladams323@msn.com</a></p>
<p>Event #7–Jackson Optimist Basic Skills Comp <b>June 1, 2008</b> <b>Deadline for Entries – April 30, 2008</b>  Contact: Kayleah Crosby Phone: 517-581-0014 <a href="mailto:K_crosby0428@yahoo.com">K_crosby0428@yahoo.com</a></p>	<p>Event #8–Ann Arbor Skills &amp; Showcase <b>June 14,2008</b> <b>Deadline for Entries – May 14, 2008</b> Ann Arbor Ice Cube 2121 Oak Valley Drive Ann Arbor MI 48103 Contact: Jim Achtenberg Phone: 734-428-7992; Cell 734-645-8356 <a href="mailto:jacht@umich.edu">jacht@umich.edu</a></p>	<p>Event #9 – Summer Swizzle <b>June 21, 2008</b> <b>Deadline for Entries: May 21, 2008</b> Farmington Hills Ice Arena 35500 Eight Mile Road Farmington Hills MI 48335 Contact: Nora Helwig Phone: 248-442-1446 <a href="mailto:nhelwig@wsbcglobal.net">nhelwig@wsbcglobal.net</a></p>
<p>Event #10-Summer Chill Basic Skills Comp <b>July 19, 2009</b> <b>Deadline for Entries: June 20, 2008</b> Novi Ice Arena 42400 Arena Drive Novi MI 48375 Contact: Suzy Malloure Phone: 248-661-1640; Cell 248-931-1222 <a href="mailto:Malkidsx4@aol.com">Malkidsx4@aol.com</a> or <a href="mailto:scnskate@aol.com">scnskate@aol.com</a></p>	<p>Event #11 – Skate the Rapids <b>August 2, 2008</b> <b>Deadline for Entries – July 7, 2008</b> FSU Ewingleben Ice Arena 210 Sports Drive Big Rapids, MI 49307 Contact: Shane Frye Phone: 231-629-8117; Work 231-796-6070; Cell 231-349-4941 <a href="mailto:S1frye@charter.net">S1frye@charter.net</a></p>	<p>Event #12 – SW MI Basic Skills Competition <b>August 16, 2008</b> <b>Deadline for Entries – July 19, 2008</b> Wing Stadium Complex 3600 Vanrick Drive Kalamazoo MI 49002 Contact: Kelli Forden Phone: 269-372-2168 <a href="mailto:jkforden@att.net">jkforden@att.net</a></p>
<p>Event #13–Tuxedo Invitational Basic Skills Comp - <b>Sept 20,2008</b> <b>Deadline for Entries: August 16, 2008</b> Bowling Green State University Ice Arena 417 N. Mercer Road Bowling Green OH 43403 Contact: Pat Rabb Phone: 419-354-4730 <a href="mailto:Rabb1960@metalink.net">Rabb1960@metalink.net</a></p>	<p>Event #14 – Skate the Mountain – <b>Sept 27,2008</b> <b>Deadline for Entries: August 27, 2008</b> Ice Mountain Arena Complex 5371 Avalanche Drive Burton MI 48509 Contact: Jacklinn Brayan Cell: 810-513-1283; Work 810-744-0800 <a href="mailto:IMFSC@sbcglobal.net">IMFSC@sbcglobal.net</a></p>	<p>Event #15 – Dearborn Basic Skills Comp – <b>October 18, 2008</b> <b>Deadline for Entries: Sept 13, 2008</b> Dearborn Ice Skating Center 14900 Ford Road Dearborn MI Contact: Shannon Iatzko Phone: 313-563-5381 <a href="mailto:sriatzko@sbcglobal.net">sriatzko@sbcglobal.net</a></p>
<p>Event #16 – Skate Midland <b>November 8, 2008</b> <b>Deadline for Entries: October 19, 2008</b> Midland Civic Arena 405 Fast Ice Drive Midland MI 48642 Contact: Ann Ward Phone: 989-835-3624 <a href="mailto:Abward6@yahoo.com">Abward6@yahoo.com</a></p>		<p style="text-align: center;"><b>SERIES AWARDS CEREMONY</b> on the ice - at the Midland Competition</p>



## BASIC ELEMENTS EVENT: SNOWPLOW SAM – BASIC 8

- Each skater will perform one element at a time in the order listed below
- To be skated on 1/3 to 1/2 ice
- No music
- **All elements must be skated in the order listed.** Each skater will perform each element only when directed by a judge or referee. Skaters are allowed one retry per element. If skater wants to retry, she/he should raise their hand immediately. If the skater attempts a retry, only the retry will count for that element.

<p><b><u>Snowplow Sam - Tots:</u></b></p> <ol style="list-style-type: none"> <li>1. March followed by a two foot glide and dip</li> <li>2. Forward two foot swizzles 2-3 in a row</li> <li>3. Forward snowplow stop</li> <li>4. Backward wiggles 2-6 in a row</li> </ol>	<p><b><u>Basic 5:</u></b></p> <ol style="list-style-type: none"> <li>1. Backward outside edge on a circle clockwise or counterclockwise</li> <li>2. Backward crossovers 6-8 consecutive - both directions</li> <li>3. One foot spin - minimum of three revolutions</li> <li>4. Hockey stop</li> <li>5. Side Toe hop -either direction</li> </ol>
<p><b><u>Basic 1</u></b></p> <ol style="list-style-type: none"> <li>1. Forward two foot glide</li> <li>2. Forward two foot swizzles 6 -8 in a row</li> <li>3. Forward snowplow stop</li> <li>4. Backward wiggles 6-8 in a row</li> </ol>	<p><b><u>Basic 6:</u></b></p> <ol style="list-style-type: none"> <li>1. Forward inside three turn - R &amp; L from a standstill</li> <li>2. Bunny Hop</li> <li>3. Forward spiral on a straight line - R or L</li> <li>4. Lunge - R or L</li> <li>5. T-stop - R or L</li> </ol>
<p><b><u>Basic 2</u></b></p> <ol style="list-style-type: none"> <li>1. Forward one foot glide - either foot</li> <li>2. Forward alternating ½ swizzle pumps, in a straight line -across width of ice</li> <li>3. Two foot turn in place forward to backward</li> <li>4. Backward two foot swizzles 6 - 8 in a row</li> <li>5. Moving snowplow stop</li> </ol>	<p><b><u>Basic 7:</u></b></p> <ol style="list-style-type: none"> <li>1. Forward inside open Mohawk - R to L and L to R</li> <li>2. Ballet Jump - either direction</li> <li>3. Back crossovers to a back outside edge landing position clockwise and counter clockwise</li> <li>4. Forward inside pivot</li> </ol>
<p><b><u>Basic 3</u></b></p> <ol style="list-style-type: none"> <li>1. Forward stroking</li> <li>2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise 6 - 8 consecutive</li> <li>3. Moving forward to backward two foot turn - either direction</li> <li>4. Backward one foot glide - either foot</li> <li>5. Two foot spin</li> </ol>	<p><b><u>Basic 8:</u></b></p> <ol style="list-style-type: none"> <li>1. Moving forward outside or forward inside three turns R &amp; L</li> <li>2. Waltz jump</li> <li>3. Mazurka - either direction</li> <li>4. Combination move - clockwise or counter clockwise – two forward crossovers into FI Mohawk, step behind, step into one back crossover and step to a forward inside edge</li> <li>5. Beginning one-foot upright spin - optional free foot position</li> </ol>
<p><b><u>Basic 4</u></b></p> <ol style="list-style-type: none"> <li>1. Forward outside edge on a circle clockwise or counter clockwise</li> <li>2. Forward crossovers 6-8 consecutive both directions</li> <li>3. Forward outside three turn - R &amp; L</li> <li>4. Backward stroking</li> <li>5. Backward snowplow stop - R or L</li> </ol>	

## BASIC PROGRAM EVENT: SNOWPLOW SAM – BASIC 8

- The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc. unless otherwise specified.
- To be skated on full ice
- Vocal music is allowed
- The skater may use elements from a previous level.
- Elements from a higher level may not be included.
- Time: 1:00 +/- 10 seconds

<p><b><u>Snowplow Sam - Tots:</u></b></p> <ol style="list-style-type: none"> <li>1. March followed by a two foot glide and dip</li> <li>2. Forward two foot swizzles 2-3-in a row</li> <li>3. Backward wiggles 2-6 in a row</li> <li>4. Forward snowplow stop</li> </ol>	<p><b><u>Basic 5:</u></b></p> <ol style="list-style-type: none"> <li>1. Backward outside edge on a circle clockwise or counterclockwise</li> <li>2. Backward crossovers 6-8 consecutive in both directions</li> <li>3. One foot spin - min of three revolutions</li> <li>4. Side Toe hop -either direction</li> <li>5. Hockey stop</li> </ol>
<p><b><u>Basic 1</u></b></p> <ol style="list-style-type: none"> <li>1. Forward two foot glide</li> <li>2. Forward two foot swizzles 6 -8 in a row</li> <li>3. Backward wiggles 6-8 in a row</li> <li>4. Forward snowplow stop</li> </ol>	<p><b><u>Basic 6:</u></b></p> <ol style="list-style-type: none"> <li>1. Forward inside 3-turn - R &amp; L</li> <li>2. Bunny Hop</li> <li>3. Forward arabesque spiral on a straight line R or L</li> <li>4. Lunge - R or L</li> <li>5. T-stop - R or L</li> </ol>
<p><b><u>Basic 2</u></b></p> <ol style="list-style-type: none"> <li>1. Forward one foot glide - either foot</li> <li>2. Two foot turn in place - forward to backward</li> <li>3. Backward two foot swizzles 6 - 8 in a row</li> <li>4. Forward alternating ½ swizzle pumps, in a straight line across width of ice</li> <li>5. Moving snowplow stop</li> </ol>	<p><b><u>Basic 7:</u></b></p> <ol style="list-style-type: none"> <li>1. Forward inside open Mohawk - R to L and L to R</li> <li>2. Ballet Jump either direction</li> <li>3. Back crossovers to a back outside edge landing position clockwise and counter clockwise</li> <li>4. Forward inside pivot</li> </ol>
<p><b><u>Basic 3</u></b></p> <ol style="list-style-type: none"> <li>1. Forward stroking</li> <li>2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise 6 -8 consecutive</li> <li>3. Moving forward to backward two foot turn in either direction</li> <li>4. Backward one foot glide - either foot</li> <li>5. Two foot spin</li> </ol>	<p><b><u>Basic 8:</u></b></p> <ol style="list-style-type: none"> <li>1. Moving forward outside or forward inside three turns R &amp; L</li> <li>2. Waltz jump</li> <li>3. Mazurka in either direction</li> <li>4. Combination move - clockwise or counter clockwise - two forward crossovers into FI Mohawk, step behind, step into one back crossover and step to a forward inside edge</li> <li>5. Beginning one-foot upright spin - optional free foot position</li> </ol>
<p><b><u>Basic 4</u></b></p> <ol style="list-style-type: none"> <li>1. Forward outside edge on a circle clockwise or counter clockwise</li> <li>2. Forward crossovers 6-8 consecutive both directions</li> <li>3. Forward outside three turn - R &amp; L</li> <li>4. Backward stroking</li> <li>5. Backward snowplow stop - R or L</li> </ol>	

# Compulsory Events

## Compulsory Event/Test Track and Well Balanced Levels

- To be skated on ½ of ice surface. In program form, using a limited number of connecting steps, the skating order of the required elements is optional
- No music is allowed
- The skater must demonstrate the required elements and may use any additional elements from previous levels. A .2 deduction will be taken for each element performed from a higher level.
- Skaters may have the option to skate one level higher in compulsories than their free skate program

### Eligible for Michigan Basic Skills Series Points

LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
Limited Beginner Compulsory	<ol style="list-style-type: none"> <li>1. Waltz jump</li> <li>2. ½ jump of choice</li> <li>3. Forward two foot or one foot spin (free leg position optional)</li> <li>4. Forward or backward spiral</li> </ol>	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skate badge tests	Time: 1:00
Beginner Compulsory	<ol style="list-style-type: none"> <li>1. Toe loop jump</li> <li>2. Salchow jump</li> <li>3. Forward scratch spin</li> <li>4. Forward or backward spiral</li> </ol>	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skate badge tests	Time:1:00
No Test Compulsory	<ol style="list-style-type: none"> <li>1. Loop jump</li> <li>2. Jump combination to include a toe loop (may not use a loop or Axel)</li> <li>3. Solo spin- sit <u>or</u> camel spin</li> <li>4. Spiral sequence- must include a forward and backward spiral. Additional spirals and balance moves such as Ina Bauers, spread eagles, lunges and shoot the ducks may be included.</li> </ol>	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skate badge tests, no official U.S. Figure Skating free skate tests passed	Time:1:00

### NOT Eligible for Michigan Basic Skills Series Points

LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
Pre-Preliminary Compulsory	<ol style="list-style-type: none"> <li>1. Flip jump</li> <li>2. Jump combination waltz jump/toe loop jump OR Salchow/toe loop jump</li> <li>3. Solo spin- sit <u>or</u> camel spin</li> <li>4. Spiral sequence- must include a forward and backward spiral. Additional spirals and balance moves such as Ina Bauers, spread eagles, lunges and shoot the ducks may be included.</li> </ol>	Skaters may not have passed tests higher than U.S. Figure Skating pre-preliminary free skate test	Time :1:00
Preliminary Compulsory	<ol style="list-style-type: none"> <li>1. Lutz jump</li> <li>2. Jump combination (may not use Lutz jump or Axel)</li> <li>3. Camel spin</li> <li>4. Spiral sequence- must include a forward and backward spiral. Additional spirals and balance moves such as Ina Bauers, spread eagles, lunges and shoot the ducks may be included.</li> </ol>	Skaters must have passed at least the U.S. Figure Skating pre-preliminary free skate test but may not have passed tests higher than the preliminary free skate test	Time :1:15

## “TEST TRACK” - Free Skating Events

NOTE: Skaters may enter EITHER the new “test track” or the “well-balanced” free skating track but NOT both. Competitors will skate to music of their choice. Deductions WILL be made for skaters including technical elements not permitted in the event description.

### Test Track Free Skating Events Eligible for Michigan Basic Skills Series Points

LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
Limited Beginner	Solo spins in an upright position (min 3 revolutions), jumps with not more than one-half rotation (front to back or back to front). No combination jumps or jump sequences. Connecting moves and steps should be demonstrated throughout the program.	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests	Time: Up to 1:30 +/- 10
Beginner	Solo spins in an upright position (min 3 revolutions), jumps with not more than one-half rotation (front to back or back to front), single rotation jumps: Salchow and toe loop only. No combination jumps or jump sequences. Connecting moves and steps should be demonstrated throughout the program.	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests	Time: 1:30 +/- 10

### Test Track Free Skating Events NOT Eligible for Michigan Basic Skills Series Points

LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
Pre-Preliminary Test	At least two solo spins of a different nature (min 3 revolutions and no flying spins), all single solo jumps allowed (no Axels), jump combinations or sequences using only a waltz jump, toe loop, and Salchow. Connecting moves and steps should be demonstrated throughout the program.	Skaters may not have passed tests higher than U.S. Figure Skating pre-preliminary free skate test	Time :1:30 +/-10
Preliminary Test	At least two spins of a different nature, combination spins allowed (min 3 revolutions each and no flying spins), jumps with not more than one rotation (no Axels). Jump combinations and sequences are allowed. Maximum 5 jumping elements. Connecting moves and steps should be demonstrated throughout the program.	Skaters must have passed at least the U.S. Figure Skating pre-preliminary free skate test but may not have passed tests higher than the preliminary free skate test	Time :1:30 +/-10

# “Well Balanced” Free Skating Events

(U.S. Figure Skating rulebook requirements)

NOTE: Skaters may enter EITHER the new “test track” or the “well-balanced” free skating track but **NOT** both. Competitors will skate to music of their choice. Deductions **WILL** be made for skaters including technical elements not permitted in the event description.

## Well-balanced [Competitive] Free Skating Events – Eligible for Michigan Basic Skills Series Points

LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
No Test Free skate	<p>A well balanced program consisting of:                      Jumps: maximum of 5 jump elements. No axels or double jumps are allowed.                      Spins: maximum of 2 spins of a different nature                      Steps: 1 step sequence utilizing ½ the ice surface.</p> <p><i>Refer to U.S. Figure Skating rulebook #3721 for more information</i></p>	<p>May <u>not</u> have passed any official U.S. Figure Skating free skate tests.</p>	Time: 1:30+/-10

## Well-balanced [Competitive] – Free Skating Events NOT Eligible for Michigan Basic Skills Series Points

LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
Pre-preliminary Free skate	<p>A well balanced program consisting of:                      Jumps: maximum of 5 jump elements. Axels allowed. No double jumps are allowed.                      Spins: maximum of 2 spins of a different nature                      Steps: 1 step sequence utilizing ½ the ice surface</p> <p><i>Refer to U.S. Figure Skating rulebook #3711 for more information</i></p>	<p>Must have passed no higher than U.S. Figure Skating Pre-preliminary free skate test</p>	Time: 1:30 +-10
Preliminary Free skate	<p>A well balanced program consisting of:                      Jumps: maximum of 5 jump elements 1 of which must be an Axel <b>or</b> waltz jump-type                      Spins: maximum of 2 spins of a different nature                      Steps: 1 step sequence utilizing ½ the ice surface</p> <p><i>Refer to U.S. Figure Skating rulebook #3701 for more information</i></p>	<p>Must have passed no higher than U.S. Figure Skating Preliminary free skate test.</p>	Time: 1:30 +/-10



## **Spins**

### **Basic Skills – Preliminary**

Skaters design a Compulsory Spin Program based on current test level or one level higher. Spins must be skated exactly as stated, but may be skated in any order. Spins may be joined by appropriate connecting moves — no jumps allowed. All events skated on ½ ice — no music.

Note: Boys and girls may be combined.

#### **Basic Skills Spins Program**

All spins, minimum of 2 revolutions. 1 min. max.  
May have passed no higher than Basic 6.

1. Two-foot spin
2. Beginning one-foot spin *or* Forward Pivot
3. Lunge

#### **Beginner Spins Program**

All spins, minimum of 3 revolutions. 1¼ min. max.  
Must not have passed any official US Figure Skating test beyond Pre-Preliminary MIF.

1. Two-foot spin
2. One-Foot Upright (scratch) spin
3. Any 1-position spin
4. Spiral

#### **Pre-Preliminary Spins Program**

All spins, minimum of 3 revolutions. 1½ min. max.  
Must have passed no higher than US Figure Skating Pre-Preliminary Free Skating test.

1. Any one foot forward spin
2. Camel spin
3. Sit spin
4. Footwork sequence of any pattern

#### **Preliminary Spins Program**

All spins, minimum of 4 revolutions. 1½ min. max.  
Must have passed no higher than US Figure Skating Preliminary Free Skating test.

1. Upright spin
2. Sit spin
3. Back Upright (scratch) spin
4. Spiral, Bauer, or spread eagle
5. Footwork sequence of any pattern

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## **Jumps**

### **Pre-Preliminary – Preliminary**

Jumps should be performed **exactly** as stated. Skaters will perform two different jumps, with two opportunities to perform each jump and will be judged on the best one. The following format will be used for this event:

Each skater will perform the jumps in sequence. If the two jumps to be performed are the flip and the loop, skater #1 will take the ice individually and be given two attempts at the flip. Skater #1 will then be given two attempts at the loop. The best flip and the best loop of will then be judged. The process will be repeated for skater #2, then the rest of the skaters. An Axel will be considered a single jump. In situations where the skater is given a choice of jumps to be performed, the first attempt will determine the jumps to be judged and the skater will not be allowed to change jumps for the second attempt. To be skated on ½ ice. No music. Levels determined by Free Skating test level (same as Spin events).

#### **Beginner Jumps**

1. Toe-loop
2. Salchow
3. Waltz jump/toe-loop combination

#### **Preliminary Jumps**

1. Flip
2. Axel
3. Combination of any two single jumps or 1 single jump and 1 double jump

#### **Pre-Preliminary Jumps**

4. Salchow
5. Loop
6. Combination of any two single jumps

## **Artistic Showcase Basic Skills — Preliminary**

Performances will be judged from an entertainment standpoint, for theatrical and artistic qualities. Technical skating skills and difficulty will not be rewarded as such; however, skating must be the major element of the performance and be of sufficient quality to support the selected theatrical elements. Unintended falls, poorly executed skating elements and obvious losses of control will reduce contestant's mark. Theatrical elements evaluated will include energy, poise, acting, pantomime, eye contact, choreography, form/extension and the use of props and ice. One mark will be given by each judge for each performance. No technical skating mark will be used. May use hand-held props or those skater can get on and off ice without assistance.

### **EVENTS:**

1. **Dramatic Entertainment:** a serious emotional artistic interpretation. Theme of skater's choice. Vocal music permitted.
2. **Light Entertainment:** any performance not serious enough to be considered dramatic. Theme of skater's choice. Vocal music permitted.
3. **Extemporaneous Improvisation:** a performance choreographed by the competitor, unassisted, to music supplied by the AAFSC at the time of the competition. Music may not be played prior to the event. During the warm-up, skaters will hear selection of music twice. Following the warm-up all skaters except for the first skater will be escorted to a soundproof locker room or another area of the arena. The first skater will hear the music one more time and then perform a program to the music. As each skater performs the next skater in line will be allowed to hear the music for the 3rd time before they perform to the music. The listening skater will not be allowed to view the performing skater. There is to be no instruction allowed during this event from coaches, parents, or fellow skaters at the Pre-Preliminary level and above (instruction from the coach or parent is permitted at Basic Skills and Beginner levels only during the on-ice warm-up). Staging area must be kept clear except for ice monitor and listening competitor. Time: approximately one minute at all levels.
4. **Duets:** a theatrical/artistic performance by two competitors. Theme of skater's choice. Vocal music permitted.

### **LEVELS:**

#### **Basic Skills Showcase Program**

Dramatic and Light Entertainment Duration: Max 1 minute.  
May have passed no higher than Basic 6.

#### **Beginner Showcase Program**

Dramatic and Light Entertainment Duration: Max 1 minute.  
May not have passed any official US Figure Skating  
Free Skating tests. No Axels or double jumps.

#### **Pre-Preliminary Showcase Program**

Dramatic and Light Entertainment Duration: Max 1:40 min.  
May have passed no higher than US Figure Skating  
Pre-Preliminary Free Skating test. No Axels or double jumps.

#### **Preliminary Showcase Program**

Dramatic and Light Entertainment Duration: Max 1:40 min.  
May have passed no higher than US Figure Skating  
Preliminary Free Skating test. No Axels or double jumps.

# Entry Form

**6th Annual Ann Arbor Skills and Showcase Competition — June 14, 2008**

**Form must be completely filled in before it can be processed**

*Read carefully, talk to your coach or instructor, and fill in legibly. If you enter the wrong event and need to change it for any reason other than our error, you will be assessed a \$10 change fee.*

First Name:		Last Name:		USFSA/Basic Skills #:	
Address:			City:		State:      Zip:
Date of Birth:	Age:	Sex: Female <input type="checkbox"/> Male <input type="checkbox"/>			
Parent Work Phone #:		Night Phone #:		Parent Email:	
Home Club:		Instructor or Coach's Name:		Previously competed in AA      Yes <input type="checkbox"/> Springtime or Skills and Showcase? No <input type="checkbox"/>	

Current Skating Level:	Last Basic/Freeskating test passed:	Last USFSA MIF test passed:

Please check off event(s) entered. One entry form may be used for all events entered.

Basic Skills Elements	Compulsory Program	Spins	Basic Program	Free Skating	Artistic Showcase Level (check 1)
<input type="checkbox"/> Snowplow*	<input type="checkbox"/> Ltd Beginner*	<input type="checkbox"/> Basic Skills	<input type="checkbox"/> Snowplow Sam*	<input type="checkbox"/> Ltd Beginner*	<input type="checkbox"/> Basic Skills
<input type="checkbox"/> Basic 1*	<input type="checkbox"/> Beginner*	<input type="checkbox"/> Beginner	<input type="checkbox"/> Basic 1*	<input type="checkbox"/> Beginner*	<input type="checkbox"/> Beginner
<input type="checkbox"/> Basic 2*	<input type="checkbox"/> No-test*	<input type="checkbox"/> Pre-Preliminary	<input type="checkbox"/> Basic 2*	<input type="checkbox"/> Pre-Prel Test	<input type="checkbox"/> Pre-Preliminary
<input type="checkbox"/> Basic 3*	<input type="checkbox"/> Pre-Preliminary	<input type="checkbox"/> Preliminary	<input type="checkbox"/> Basic 3*	<input type="checkbox"/> Prel Test	<input type="checkbox"/> Preliminary
<input type="checkbox"/> Basic 4*	<input type="checkbox"/> Preliminary		<input type="checkbox"/> Basic 4*	<input type="checkbox"/> No-test*	<input type="checkbox"/> Preliminary
<input type="checkbox"/> Basic 5*		<b>Jumps</b>	<input type="checkbox"/> Basic 5*	<input type="checkbox"/> Pre-Prel	<b>Event(s)</b>
<input type="checkbox"/> Basic 6*	<b>* events part of</b>	<input type="checkbox"/> Beginner	<input type="checkbox"/> Basic 6*	<input type="checkbox"/> Preliminary	<input type="checkbox"/> Dramatic Ent.
<input type="checkbox"/> Basic 7*	<b>the Mich Basic</b>	<input type="checkbox"/> Pre-Preliminary	<input type="checkbox"/> Basic 7*	<b>* events part of</b>	<input type="checkbox"/> Light Ent.
<input type="checkbox"/> Basic 8*	<b>Skills Series</b>	<input type="checkbox"/> Preliminary	<input type="checkbox"/> Basic 8*	<b>the Mich Basic</b>	<input type="checkbox"/> Extemp. Improv.
				<b>Skills Series</b>	

Competitor's Party Saturday Evening (free for the competitor, \$5.00 for parents and friends for food): Additional tickets: \_\_\_\_\_

*Forms with incomplete or illegible information, missing signatures, missing pages, will be assessed a \$10 charge—payable at registration.*

**Check List:**

- Entry Form
- Check, payable to AAFSC
- Certification page, signed by:  
Club Officer; Athlete; Parent/Guard;  
Coach/Instructor

- Fees:** \$35 First event (Snowplow Sam through Basic 8)  
 \$55 First event (Freeskate 1 through Preliminary)  
 \$15 Each additional event  
 \$5 Each additional ticket for Saturday party

**Entry Fees Are Not Refundable after the Entry Deadline Unless the Event is Cancelled**

DEADLINE FOR POSTMARK IS: May 19, 2008

MAIL TO: James C Achtenberg, 17950 Mahrle Rd, Manchester, MI 48158

*Spaces are limited within levels: first received — first entered. Mail early.*

## Certificate of Competitor by Club Officer

I hereby approve the entry of \_\_\_\_\_ (the competitor) into the 6th Annual Ann Arbor Skills and Showcase Competition. I further certify that he/she is a full member in good standing of our club and is an eligible skater as defined in the official rules of US Figure Skating. If you are an individual member, you will certify your own form.

<b>Club Officer Name:</b>	<b>Title:</b>
<b>Signature:</b>	<b>Telephone #:</b>

### Certification by Athlete and Parent/Guardian and Authorization for Emergency Medical Treatment

***Athlete:*** I agree to conduct myself, both on and off the ice, in a manner that will reflect favorably upon this competition and upon the sport of figure skating, and that is consistent with the high standards of the sport. I agree to respect the person and property of others, and in the event I cause injury, damage, or loss to another or to the property of another, I hereby indemnify US Figure Skating, the local Competition Committee, the Ann Arbor Figure Skating Club, and their officers, directors, members, committees, representatives, employees and agents, and agree to hold them harmless against any and all claims that another person may have or which may arise out of such injury, damage or loss, together with any reasonable costs and attorney's fees that may be incurred as result of any such claims, whether valid or not.

***Athlete/Parent/Guardian:*** I understand that US Figure Skating and the Ann Arbor Figure Skating Club or organizers of this competition undertake no responsibility for damages or injuries, or loss of property suffered by the competitors. As a condition of and in consideration of the acceptance of their entries or participation therein, all entrants, their parents and guardians and officials shall be deemed to agree to assume all risks of injury to their person and property resulting from, caused by or connected with, the conduct and management of the competition, and to waive and release any and all claims which they may have against any officials, US Figure Skating, organizers of the competition, the Ann Arbor Figure Skating Club and its officers, and their entries shall be accepted only on such condition (see rule 3222).

In the event (I)(parent if athlete is under 18 years of age) or (my son/daughter) am unavailable, I hereby give permission for any emergency medical treatment and further authorize and consent to the release of any pertinent medical information and records regarding the treatment, diagnosis, and/or examination of (myself) (my son/daughter) to the medical committee of the competition for which I am entered by the physician representative of the medical committee of the sanctioned competition in which (I) (my son/daughter) is entered.

\_\_\_\_\_  
Parent/Guardian's Signature

\_\_\_\_\_  
Date

### Instructor's Certification

I have read this entry form and certify that it is complete and that the competitor is eligible to enter the specified events:

<b>Instructor's Name:</b>		<b>USFSA #:</b>	
<b>Signature:</b>		<b>Email:</b>	
<b>Day Phone #:</b>	<b>Evening Phone #:</b>	<b>Fax:</b>	
<b>Address:</b>	<b>City:</b>	<b>State:</b>	<b>Zip:</b>

DEADLINE FOR POSTMARK IS: May 19, 2008

MAIL TO: James C Achtenberg, 17950 Mahrle Rd, Manchester, MI 48158

**Spaces are limited within levels: first received — first entered. Mail early.**

