

**LEARN FROM THE BEST IN THE WORLD!**

**Recreational  
Singles Track**

**Competitive  
Singles Track**



**Ice Dance  
Track**

**New & Improved  
Pairs Track**

Home of Champions  
Presents the

**2007**

# ADULT TRAINING CAMP

June 29 – July 1

starring



Nikolai Morozov

**\*plus the largest number of international, World and Olympic skaters ever assembled for this camp including:**

(Please note: Skater list may be subject to change)



Kyoko Ina  
&  
John Zimmerman



Naomi Lang  
&  
Peter Tchernychev



Miki Ando



Daisuke Takahashi



Kristen Fraser  
&  
Igor Lukanin

*AND MORE!*

# New This Year!

## 2007



Nikolai Morozov, who coaches at the Ice House in Hackensack, NJ, first came to the world's notice through his work with Tatiana Tarasova and Alexei Yagudin on Yagudin's famed 2002 Olympic short program, Winter. More successes quickly followed as he guided Shae-Lynn Bourne and Victor Kraatz to their only World ice dancing championship in 2003, while choreographing the programs for many of the sports leading ladies. Then he choreographed the Matrix free skate for Brian Joubert, who became the first Frenchman to win Europeans in decades in 2004. By the 2004 Worlds, he had choreographed the programs for all of the ladies who reached the podium in Dortmund including Shizuka Arakawa, Sasha Cohen, and Michelle Kwan. Although he is most famous for his choreography, the 31 year-old also has a full stable of skaters for whom he is the primary coach. That includes instruction in both dance techniques and jumps up through the quad. One huge advantage for Morozov is his ability to demonstrate any move on the ice, including both the lady's and the man's position in ice dancing. That allows him to work with each partner as the other watches to demonstrate the correct positions. Nikolai is a better skater than most of the skaters he works with. He can easily demonstrate very difficult footwork. That makes it easy to train with him.

***Skaters will have a rare opportunity to have their programs critiqued. Nikolai and select members of the Staff will offer insights to improve your programs choreography and improve your scores!***

Pre-book choreography/critique lessons. Times are Friday afternoon prior to the start of the Camp.

### Come to the 2007 Adult Training Camp!

FRIDAY:	Check in and Reception	4:00pm-6:00pm
	Program Choreography/Critique Sessions	2:00pm-6:00pm
SATURDAY:	On Ice and Off Ice Instruction	8:00am-6:00pm
SUNDAY:	On Ice and Off Ice Instruction	8:00am-3:00pm
	Question & Answer Period	3:00pm-4:00pm

### HERE'S WHAT YOU GET...

#### COMPETITIVE SINGLES

- \* 4 intensive on ice sessions daily
- \* On ice choreography session
- \* 2 challenging off ice classes
- \* Off ice jump class
- \* On ice Adult Field Moves
- \* ISU New Judging System info

#### PAIRS TEAMS

- \* 4 intensive on ice sessions daily
- \* On ice stroking session
- \* 2 challenging off ice classes
- \* Off ice lift class daily
- \* On ice Adult Field Moves
- \* ISU New Judging System info

#### DANCE

- \* 3 on ice sessions daily
- \* On ice edge session
- \* 2 off ice classes
- \* Off ice ballroom class
- \* On ice Adult Field Moves

#### RECREATIONAL SINGLES

- \* 3 on ice sessions daily
- \* On ice edge session
- \* 2 off ice classes
- \* Off ice jump class
- \* On ice Adult Field Moves

**THIS CAMP IS OPEN TO ALL LEVELS AND ABILITIES OVER THE AGE OF 21.  
BEGINNER TO NATIONAL COMPETITORS ARE GROUPED ACCORDING TO ABILITY**

**“HOME OF CHAMPIONS”**  
***ADULT TRAINING CAMP***  
***JUNE 29 – JULY 1, 2007***

The Ice House is very pleased to announce the 6<sup>th</sup> annual Adult Training Camp. The Ice House Figure Skating Team has produced a myriad of World and Olympic competitors in a relatively short time. Since its inception in 1999 the Ice House has sent eleven skaters to the Olympic Games from Naomi Lang and Peter Tchernychev and Kyoko Ina and John Zimmerman to Olympic Champions Elena Berezniaia and Anton Sikharulidze and Sarah Hughes.

Now it's your chance to gain some of the insights and training tips our skaters have received! You will be coached by some of the top names in figure skating including World and Olympic Champion Coach and Choreographer Nikolai Morozov.

**This Camp is for Everybody**

We break down all of our skaters into groups of equal proficiency. We teach beginners who are learning to go backward to Adult National competitors working on triples. We have a very large staff to accommodate everybody! Get coaching from “skating’s royalty” as one past participant commented. We will be offering a new and varied format for our skaters.

**Competitive Singles Track**

New this year is a Camp designed for the “serious” adult skater. We will focus on challenging the skater on ice with tips on learning new jumps, spins and, back by popular demand, is a choreography workshop. Maximizing your component scores as well as supplying additional information on the new judging system.

**Recreational Singles Track**

Many adult skaters are not necessarily interested in competing. They skate for the joy and challenge of it. Plus it's an excellent way to exercise and stay fit! If that sounds like you then the recreational singles track is for you! You will still receive some of the best instruction in the world but this track will be a little less physically demanding. On ice jump and spin technique with additional emphasis on Moves in The Field and stroking exercises in a fun filled and stress free environment!

**Pairs Teams Track**

In response to the ever-increasing number of Adult Pairs teams in the United States we have enhanced the program. We plan, among other things, to give the pairs skater's dedicated pair's sessions where we will work on technique for lifts, spins, jumps, death spirals and throw jumps. In addition to the on ice programs there will be intensive daily off ice lift classes, and an off ice unison workshop. The new ISU Judging system, which is being implemented by US Figure Skating for the 2007 season will be discussed including on ice and off ice instruction on developing new techniques to maximize your scores We will provide the pairs skaters with information and insights on maximizing your scores.

**Dance Track**

In addition to learning new and interesting free dance moves and specifically designed stroking exercises for ice dancers we will be offering more emphasis on compulsory dances and more dedicated ice time to practice what you are learning more comfortably.

**Off Ice Training**

Every skater will get the opportunity to work with the Ice House Off Ice Staff. Stretch and Ballet classes are an excellent addition to every skater's skating regimen. Christine DeVito heads up our Off Ice Dance program. She has performed on Broadway in such blockbusters as Cats, Hello Dolly!, The Wizard of Oz as well as the national tour of Beauty and The Beast. Our Ice House Strength and Conditioning Staff will give you some of the same sport specific exercises used by the Ice House Figure Skating Team to improve your jumping and skating skills as well as prevent injury. Being in good physical shape is essential to maximizing your on ice performance and enjoyment.

**You can't beat our location!**

The Ice House is located only 20 minutes from Manhattan! Out of town skaters will be staying at the GlenPointe Marriott at a special Ice House Adult Camp rate. The GlenPointe is a luxury hotel only 5 minutes from the rink. You can reserve a room at a nightly rate of \$109 plus tax. Call (800) 992-7752 and ask for the “ICE HOUSE ADULT TRAINING CAMP” rate! .

The greatest aspect of the Camp that we have heard repeated over and over again is the synergy and camaraderie that is fostered by having so many adults who love figure skating in one place at the same time. Skaters come from all over the United States and other countries not only to gain valuable information on their skating but also to socialize with other like minded people some of whom they see only once a year at our Camp. The Professional Staff looks forward to working with all of you as well. It's not every day a coach gets to work with so much unbridled enthusiastic and committed skaters. It's a treat for the Staff and it really shows!



**2007 ICE HOUSE ADULT CAMP REGISTRATION**  
 Registration Deadline: Postmarked by June 5, 2007

Please Print

Name of Skater: \_\_\_\_\_ USFSA (ISI)# \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

E Mail: \_\_\_\_\_ Home Club: \_\_\_\_\_ Phone (H): \_\_\_\_\_ (W): \_\_\_\_\_

(Circle one)      *Competitive Singles*      *Recreational Singles*      *Pairs*      *Dance*

Highest Test Passed: \_\_\_\_\_ I/we compete at the: \_\_\_\_\_ level.

Most Difficult Jump(s) Landed Consistently: \_\_\_\_\_

Highest Moves Test passed: \_\_\_\_\_

Dance/Pairs: \_\_\_\_\_ Partner name: \_\_\_\_\_  
 (Pairs skater MUST have a partner)

The skater hereby waives all claims for injury and/or damage or loss of property arising from or during the training camp and therefore hold harmless all personnel associated with this training camp, the USFSA, the American Academy Figure Skating Club, the Ice House and Midtown Bridge, LLC.

\_\_\_\_\_  
 SIGNATURE OF SKATER

\_\_\_\_\_  
 DATE

Training Camp Fees	Recreational Singles/Dance	\$250	\$ _____
	Competitive Singles/Pairs	\$300	\$ _____
	Buffet Lunch (Sat & Sun)	\$30	\$ _____
<b>&lt; Refer A Friend And Take 10% Off Your Training Camp Fee &gt;</b> **Person Referred Must Be A New Enrollment In The Adult Camp. Applications Must Be Submitted Together (NO EXCEPTIONS)			

**Choreography & Critique Sessions (6/29 only):** Please circle your time(s)

2:00-2:45pm    2:45-3:30pm    3:30-4:15pm    4:30-5:15pm    5:15-6:00pm

**Cost: \$80 per 45 minute lesson (maximum of 3 skaters per session)**

Number of sessions \_\_\_\_\_ X \$80 = \$ \_\_\_\_\_

**FORM OF PAYMENT**

AMOUNT: \_\_\_\_\_ CHECK #: \_\_\_\_\_

CREDIT CARD: # \_\_\_\_\_ EXP. DATE: \_\_\_\_\_



**TOTAL DUE**

\$ \_\_\_\_\_

NAME AS IT APPEARS ON THE CARD: \_\_\_\_\_

Liability Waiver MUST be signed

Registration Deadline: Postmarked by June 5, 2007

No Refunds for ANY REASON, including injury or illness after June 5, 2007.  
 Refunds prior to this day will be considered with a doctor's note.

Mail completed registration form to: Craig Maurizi, Ice House,  
 111 Midtown Bridge Approach  
 Hackensack, NJ 07601

Phone: (201) 487-8444 Ext. 205  
 Fax: (201) 498-1250  
 e-mail: [cmaurizi@icehousenj.com](mailto:cmaurizi@icehousenj.com)