

# *Onyx- Suburban Basic Skills Challenge*

March 31, 2007

Hosted By  
Onyx-Suburban Skating Academy  
54755 Broughton Road  
Macomb, MI 48042

The 3rd Annual Basic Skills Competition, *The Onyx-Suburban Basic Skills Challenge*, sponsored by the Onyx-Suburban Skating Academy, will be held at the Suburban Ice - Macomb Ice Arena located at 54755 Broughton Road, Macomb, MI 48042. The arena offers dressing rooms, concession stand, and ample parking.

**ELIGIBILITY-** The competition is open to ALL skaters who are currently eligible (ER 1.00) members of either a US Figure Skating Basic Skills program and/or full members of the US Figure Skating and in good standing. Eligibility will be based on skill level as of closing date of entry. All Snowplow Sam and Basic Skills skaters through Basic 8 must skate at highest level passed. Skaters may not have passed any official US Figure Skating tests including moves in the field or individual dances. Any event with a large number of entries will be divided into smaller groups. Events may be boys and girls combined.

**ENTRIES AND FEES-** All entries must be postmarked no later than Saturday, February 10, 2007. No entry requests will be accepted by telephone or email. Metered mail will not be accepted. Late entries will be accepted only if space allows and at the discretion of the competition chairpersons. All late entry requests must include a \$25.00 late fee. Entry fees are per person, U.S. dollars. The first event is \$35.00. Each additional event is \$15.00. NO refunds for any reason, including medical, after closing date unless event is cancelled due to insufficient entries. **ENTRY FORMS MUST BE FILLED OUT COMPLETELY** and returned with a check made payable to "ONYX-SUBURBAN BASIC SKILLS CHALLENGE." There will be a \$25.00 fee for any check returned by your bank. All fees must be settled in order to compete.

**MUSIC-** Music must be on cassette/CD provided by the skater/coach to be turned in at registration. It is a good idea to bring more than one copy. The tape/CD should be clearly labeled with the competitor's name, event for which the music is intended, and length of music.

**REGISTRATION-** All skaters must register at the event one hour prior to the start of their event. The registration desk will open one hour before the beginning of the competition.

**AWARDS-** Everyone will receive an award. All events will be final rounds. Medals will be awarded to first – through fourth places. ALL other places will receive ribbons. The presentation of awards will take place immediately after each event's results have been posted.

**PRACTICE ICE –** Practice Ice will be available for purchase. Information regarding Practice Ice times will be mailed to all competitors along with their schedule of events.

**OFFICIAL NOTICES-** The official bulletin board will be located in the front lobby of the ice arena throughout the competition. Any and all changes to times and events will be posted there. The posting of such notices constitutes official notice to all competitors, coaches, parents, and officials. Please check this board upon your arrival.

**PROGRAM-** Take an opportunity to wish your skater "Good Luck" by purchasing an ad in the souvenir program. See back of competition entry form for details.

**PICTURE/VIDEO-** No flash photography permitted. Personal video tapping may be done of your skater only. There will be a designated area at either end of the rink. Videotaping may not be done from the stands or through the open doors to the ice surface. No parents/spectators will be allowed on the judges' side of the rink.

**ENTRIES MUST BE RECEIVED OR POSTMARKED NO LATER THAN February 10, 2007**

# BASIC SKILLS COMPULSORY MOVES: SNOWPLOW SAM – BASIC 8

- All elements shall be skated one at a time in rotation with the other skaters.
- To be skated on ½ ice
- No music
- Each skater performs one element at a time and will perform the next element only when directed by a judge or referee.
- A second attempt may be requested by the skater with a raise of a hand. Only the second attempt will then be judged.
- Skater must skate at highest level of test passed by February 10, 2007.

LEVEL	REQUIRED ELEMENTS
Snowplow Sam (Tots)	<ol style="list-style-type: none"> <li>1. March followed by a two-foot glide and dip</li> <li>2. Forward two-foot swizzles — 2-3 in a row</li> <li>3. Backward wiggles — 2-6 in a row</li> <li>4. Forward snowplow stop</li> </ol>
Basic 1	<ol style="list-style-type: none"> <li>1. Forward two-foot glide</li> <li>2. Forward two-foot swizzles — 6-8 in a row</li> <li>3. Backward wiggles — 6-8 in a row</li> <li>4. Forward snowplow stop</li> </ol>
Basic 2	<ol style="list-style-type: none"> <li>1. Forward one-foot glide – either foot</li> <li>2. Two-foot turn in place - forward to backward</li> <li>3. Backward two-foot swizzles — 6-8 in a row</li> <li>4. Forward alternating 1/2 swizzle pumps, in a straight line — across width of ice</li> <li>5. Moving snowplow stop</li> </ol>
Basic 3	<ol style="list-style-type: none"> <li>1. Forward stroking</li> <li>2. Forward 1/2 swizzle pumps on a circle, either clockwise or counterclockwise — 6-8 consecutive</li> <li>3. Moving forward to backward two-foot turn — either direction</li> <li>4. Backward one foot glide – either foot</li> <li>5. Two-foot spin</li> </ol>
Basic 4	<ol style="list-style-type: none"> <li>1. Forward outside edge on a circle – clockwise or counterclockwise</li> <li>2. Forward crossovers — 6-8 consecutive – both directions</li> <li>3. Forward outside 3-turn – R and L</li> <li>4. Backward stroking</li> <li>5. Backward snowplow stop — R or L</li> </ol>
Basic 5	<ol style="list-style-type: none"> <li>1. Backward outside edge on a circle – clockwise or counterclockwise</li> <li>2. Backward crossovers — 6-8 consecutive – both directions</li> <li>3. One-foot spin — minimum of 3 revolutions</li> <li>4. Side toe hop — either direction</li> <li>5. Hockey stop</li> </ol>
Basic 6	<ol style="list-style-type: none"> <li>1. Forward inside 3-turn – R and L</li> <li>2. Bunny hop</li> <li>3. Forward arabesque spiral on a straight line — R or L</li> <li>4. Lunge — R or L</li> <li>5. T-stop - R or L</li> </ol>
Basic 7	<ol style="list-style-type: none"> <li>1. Forward inside open Mohawk — R to L and L to R</li> <li>2. Ballet jump — either direction</li> <li>3. Backward crossovers to a backward outside edge landing position - clockwise and counterclockwise</li> <li>4. Forward inside pivot</li> </ol>
Basic 8	<ol style="list-style-type: none"> <li>1. Moving forward outside or forward inside three-turn — R and L</li> <li>2. Waltz jump</li> <li>3. Mazurka – either direction</li> <li>4. Combination move – clockwise or counterclockwise (2 forward crossovers into FI Mohawk, step behind, step into 1 back crossover and step to a forward inside edge)</li> <li>5. Beginning one-foot upright spin, optional free foot position</li> </ol>

## BASIC PROGRAMS WITH MUSIC: SNOWPLOW SAM – BASIC 8

- The skating order of the required elements is optional.
- The elements are not restricted as to the number of times element is executed.
- Vocal music is allowed.
- May use elements from a previous level. Deductions will be made for each element from a higher level.
- Time is 1:00 +/- 10 sec., to be skated on full ice.
- Skater must skate at highest level of test passed by February 10, 2007.

LEVEL	REQUIRED ELEMENTS
Snowplow Sam Program (TOTS)	<ol style="list-style-type: none"> <li>1. Forward skating</li> <li>2. Glide forward and dip</li> <li>3. Backward wiggles</li> <li>4. Forward snowplow stop</li> </ol>
Basic Program A (Basic 1 & 2)	<ol style="list-style-type: none"> <li>1. Glide forward and dip</li> <li>2. Moving snowplow stop</li> <li>3. Forward two-foot swizzles</li> <li>4. Backward skating (wiggles or swizzles)</li> </ol>
Basic Program B (Basic 3 & 4)	<ol style="list-style-type: none"> <li>1. Backward ½ swizzle pumps on a circle- clockwise or counterclockwise</li> <li>2. Two-foot spin</li> <li>3. Forward crossovers- minimum of 5 consecutive, clockwise or counterclockwise</li> <li>4. Backward one foot glide- R or L</li> </ol>
Basic Program C (Basic 5 & 6)	<ol style="list-style-type: none"> <li>1. Backward crossovers- minimum of 5 consecutive, clockwise or counterclockwise</li> <li>2. One-foot spin</li> <li>3. Bunny hop</li> <li>4. Forward spiral in a straight line- R or L</li> </ol>
Basic Program D (Basic 7 & 8)	<ol style="list-style-type: none"> <li>1. Beginning one foot upright spin, optional free foot</li> <li>2. Mazurka or ballet jump</li> <li>3. Combination move – clockwise or counterclockwise (2 forward crossovers into FI Mohawk, step behind, step into 1 back crossover and step to a forward inside edge)</li> <li>4. Waltz jump</li> </ol>

# ONYX-SUBURBAN BASIC SKILLS CHALLENGE ENTRY FORM

Please print clearly so we may correctly record your information. Thank you.

NAME: \_\_\_\_\_ DOB: \_\_\_\_\_ SEX: M OR F

ADDRESS: \_\_\_\_\_ USFS Basic Skills # \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

HOME PHONE NUMBER: \_\_\_\_\_ ALTERNATE PHONE NUMBER: \_\_\_\_\_

E-MAIL ADDRESS: \_\_\_\_\_

PRIVATE INSTRUCTOR: (IF APPLICABLE) \_\_\_\_\_

LAST TEST PASSED AS OF FEBRUARY 10, 2007: \_\_\_\_\_ HOME RINK \_\_\_\_\_

PLEASE CHECK THE EVENT YOU ARE ENTERING:

**COMPULSORY ELEMENTS:**

- \_\_\_ Snowplow Sam (TOTS)
- \_\_\_ Basic 1
- \_\_\_ Basic 2
- \_\_\_ Basic 3
- \_\_\_ Basic 4
- \_\_\_ Basic 5
- \_\_\_ Basic 6
- \_\_\_ Basic 7
- \_\_\_ Basic 8

**BASIC PROGRAMS WITH MUSIC:**

- \_\_\_ Snowplow Sam (TOTS)
- \_\_\_ Basic Program A (Basic 1 & 2)
- \_\_\_ Basic Program B (Basic 3 & 4)
- \_\_\_ Basic Program C (Basic 5 & 6)
- \_\_\_ Basic Program D (Basic 7 & 8)

- Entry fee is \$35.00 per skater. Each additional event is \$15.00.
- The completed entry form, with fees, must be submitted or postmarked no later than February 10, 2007. They may be dropped off at the rink or mailed to:  
Melissa Tonelli  
54755 Broughton Road  
Macomb, MI 48042
- Make check or money order payable to: "ONYX-SUBURBAN BASIC SKILLS CHALLENGE"
- For additional information call: Melissa Tonelli @ (586) 992-8600.
- NO REFUNDS AFTER THE CLOSING DATE OF February 10, 2007 FOR ANY REASON, INCLUDING MEDICAL. REFUNDS WILL BE ISSUED ONLY IF AN EVENT IS CANCELLED BY THE HOST CLUB.

CERTIFICATION OF ELIGIBILITY: The competitor is eligible to enter the event checked. It is agreed that the competitor and family holds the Onyx-Suburban Skating Academy and Suburban Ice- Macomb Ice Arena harmless from any and all liability either during practice or the competition, or from any and all liability for damages to or loss of property.

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Print Name: \_\_\_\_\_

**ONYX-SUBURBAN SKATING ACADEMY**

**2007 COMPETITION PROGRAM ADVERTISEMENT**

Make the Onyx-Suburban Basic Skills Challenge memorable!! Place an advertisement to wish your skater good luck! Just complete the information below, enclose proper payment and mail by the **March 10, 2007 deadline**.



**ADVERTISEMENT INFORMATION**

Contact Name: \_\_\_\_\_  
Skater's Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City, State, Zip: \_\_\_\_\_  
Phone Number: \_\_\_\_\_

\_\_\_\_\_ Personal "Happy" Ad: \$5.00  
Maximum 50 characters -including spaces  
If message is longer than 50 characters please add an additional \$5.00

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Example: Good luck Sally! Sk8 Gr8! We love you! Love Dad, Mom & Scotty



Please return this form with a check payable to *Onyx-Suburban Skating Academy* to:  
Onyx-Suburban Skating Academy  
54755 Broughton Road  
Macomb, MI 48042

# SUBURBAN MACOMB

54755 Broughton Road | Macomb, MI 48042  
 Phone: (586) 992-8600 | Fax: (586) 992-8666  
**suburbanice.com**

# ICE



**From Detroit:** I-94 east approx. 30 miles to the New Haven Exit (exit 247). Turn left on New Haven Rd. and proceed approx. 1.25 miles to 26 Mile Rd. (1st traffic light). Turn Left on 26 Mile Rd. and proceed approx. 6.6 miles to Broughton Road. Turn left (south) on Broughton Rd. and proceed approx. 1 mile to 25 Mile Road. Continue past stop sign and arena is the 1st building on right.

**From the North (Saginaw/Flint):** I-75 south to M-59 East (exit 77A/toward Utica). Proceed east on M-59 approx. 12 miles to M-53 North. Proceed north on M-53 approx. 2.5 miles to 23 Mile Rd. East. Turn right on 23 Mile Rd. and proceed east approx. 1.75 miles to Hayes Road. Turn left on Hayes Rd. and proceed north approx. 1 mile to 24 Mile Road. Turn right on 24 Mile Rd. and proceed east approx. 1 mile to Romeo Plank Road. Turn left on Romeo Plank Rd. and proceed north approx. 1 mile to 25 Mile Road. Turn right on 25 Mile Rd. and proceed east approx. 1.75 miles to Broughton Road. Turn right on Broughton Rd. and proceed south a short distance to arena on the right.

**From the West (Ann Arbor):** M-14 east approx. 16 miles to I-275 North. Proceed north on I-275 approx. 8 miles to I-896 East (exit 165/Walter Reuther Freeway). Proceed east on I-896 approx. 22 miles to Mound Rd. North (exit 22). Proceed north on Mound Rd. approx. 5 miles to 18 Mile Rd. (Metro Parkway). Turn right on 18 Mile Rd. (Metro Parkway) and proceed east approx. 1 mile to M-53 (Van Dyke Road). Turn right (south) on M-53 and then move to the left and make a u-turn at the earliest opportunity to head north. Proceed north on M-53 approx. 7.5 miles to 23 Mile Rd. East. Turn right on 23 Mile Rd. and proceed east approx. 1.75 miles to Hayes Road. Turn left on Hayes Rd. and proceed north approx. 1 mile to 24 Mile Road. Turn right on 24 Mile Rd. and proceed east approx. 1.25 miles to Romeo Plank Road. Turn left on Romeo Plank Rd. and proceed north approx. 1 mile to 25 Mile Road. Turn right on 25 Mile Rd. and proceed east approx. 1.75 miles to Broughton Road. Turn right on Broughton Rd. and proceed south a short distance to arena on the right.

Onyx-Suburban Skating Academy  
Melissa Tonelli  
54755 Broughton Road  
Macomb, MI 48042

**TO:**

**Announcement & Entry Form for the**  
*Onyx-Suburban Basic Skills*  
*Challenge*  
**March 31, 2007**

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