

33rd ANNUAL HOWARD E. VAN CAMP INVITATIONAL COMPETITION

Hosted by the Lansing Skating Club at Suburban Ice East Lansing

August 9, 10 & 11, 2007

The Howard E. Van Camp Competition is held at Suburban Ice East Lansing, 2810 Hannah Blvd. East Lansing, Mi 48823. The arena hosts twin NHL ice surfaces measuring 85' X 200' each. This non-qualifying competition will be conducted in accordance with the 2007 U.S. Figure Skating rulebook and is sanctioned by US Figure Skating.

Qualification Requirements: Competitors may enter at or one level above their current Freestyle eligibility. Eligibility will be decided by last test passed on or before June 30, 2007.

Championship Singles Events

Juvenile and Intermediate Events: Should entries call for Final Rounds this will apply only to the Freeskate Event not the Short Program

Novice-Senior: These are combined events consisting of the Short and Freeskate programs.

Should entries call for initial rounds they will consist of both the short and freeskate programs with the Final round consisting of the Freeskate program only. Elements for the Short program will be the same as those specified in the 2007 US Figure Skating Rulebook.

Event	Elements	Time
Juvenile Free Skate *	Required elements as stated in 3680, 3681 (must not be 13 years of age before 09/01/2007)	2:15 +/- 10 sec
Intermediate Free Skate *	Required elements as stated in 3670, 3672 (must not be 18 years of age before 09/01/2007)	2:30 +/- 10 sec
Novice Short Program *	Required Elements as stated in 3660, 3661, 3662	2:15 Max Men & Ladies
Novice Free Skate *	Required Elements as stated in 3660, 3663	3:30 +/- 10 sec Men 3:00 +/- 10 sec Ladies
Junior Short Program *	Required Elements as stated in 3650, 3651, 3652	2:50 Max Men & Ladies
Junior Free Skate *	Required Elements as stated in 3650, 3653	4:00 +/- 10 sec Men 3:30 +/- 10 sec Ladies
Senior Short Program *	Required Elements as stated in 3640, 3641, 3642	2:50 Max Men & Ladies
Senior Free Skate *	Required Elements as stated in 3640, 3643	4:30 +/- 10 sec Men 4:00 +/- 10 sec Ladies

Free Skating Events

Event	Elements	Time
Low Beginner	No FS tests passed. May include all 1/2 jumps plus salchow and toe-loop. No flying spins or back spins	1:30 (or less)
High Beginner	No FS tests passed. May include all 1/2 jumps plus salchow and toe-loop and loop. No flying spins	1:30 (or less)
Pre-Preliminary	Passed Pre-Preliminary FS test. No Axel, double jumps or flying spins	1:30 +/- 10 sec
Preliminary Limited	Passed Preliminary FS test. No double jumps or flying spins	1:30 +/- 10 sec
Preliminary	Passed Pre-Juvenile FS test. Required elements as stated in 3701	1:30 +/- 10 sec
Pre-Juvenile	Passed Preliminary FS test. Required elements as stated in 3691	2:00 +/- 10 sec
Open Juvenile	Passed Juvenile FS test. Must be 13 Years of age by 09-01-2007 Required elements as stated in 3680, 3681	2:15 +/- 10 sec
Adult Bronze	Passed Adult Bronze FS test. Required elements as stated in 3800, 3801 no axel or double jumps. Must be 21 Years of age or older as of 9-01-07	1:40 Max
Adult Silver	Passed Adult Silver FS test. Required elements as stated in 3790, 3791 Must be 21 Years of age or older as of 9-01-07	2:10 Max
Adult Gold	Passed Adult Gold FS test. Required elements as stated in 3780, 3781 Must be 21 Years of age or older as of 9-01-07	2:40 Max

Short Program Events

Event	Elements	Time
Juvenile	Required Elements as stated in 3670, 3671	2:00 Max
Intermediate *	Required Elements as stated in 3670, 3671	2:00 Max
Nov-Sr *	Short program required elements are as prescribed by US Figure Skating Rulebook for the 2007 season	

Compulsory Events

Eligibility is the same as for Free Skating. Compulsory Moves are skated without music. The specified moves may be done in any order, but must be skated as described and will be skated on half the ice surface. Connecting Steps must be distinguishable from a footwork sequence. Events/Genders may be combined based on the number of entries at the discretion of the referee.

Event	Elements	Time
Low Beginner	1/2 revolution jump, Toe-loop, Two Foot Spin (3 rev min), Lunge	1:00 Max
High Beginner	Waltz jump, Salchow jump, 1/2 Flip or 1/2 Lutz jump, Forward Scratch Spin (3 rev min), Forward Spiral	1:00 Max
Pre-Preliminary	Salchow, Flip/Loop Combination, Forward Sit Spin (3 rev min), Forward Outside Spiral	1:00 Max
Preliminary	Axel, Lutz/Loop Combination, One Foot Back Spin (3 rev min), Forward Inside Spiral	1:15 Max
Pre-Juvenile	Axel, Double/Single combination, Step Sequence Combination Spin (4 rev min each position no change of foot),	1:30 Max

Spins Events

Eligibility is the same as for Free Skating. Compulsory Moves are skated without music. All events will be skated on 1/2 ice without music. Spins may be skated in any order but must be skated as described. Connecting Steps must be used between elements.

Events/Genders may be combined based on the number of entries at the discretion of the referee.

Event	Elements	Time
Preliminary	One Foot Spin, Forward Sit Spin, Back Scratch Spin (all 4 rev min)	1:00 Max
Pre-Juvenile/Juvenile	Forward Camel Spin, Layback Spin (ladies) Sit Spin (Men), Combination Spin with one change of foot (all 4 rev min...comb 4 rev each foot)	1:30 Max
Intermediate/Novice	Flying Spin, Layback Spin (ladies) Camel Spin (men), Combination Spin 2 positions one change of foot (all 5 rev min...comb 5 rev per foot)	2:00 Max
Junior/Senior	Flying Spin, Layback Spin (ladies) Camel Spin (men), Combination Spin 3 positions one change of foot (all 8 rev min...comb 6 rev per foot)	2:00 Max

Pairs Short Program and Free Skate

Program Requirements are according to the 2007 season as specified in the US Figure Skating rulebook

Event	Elements	Time
Preliminary	Requirements as listed in 4100, 4101	FS 1:30 +/- 10 sec
Pre-Juvenile	Under 14 years of age. Requirements as listed in 4090, 4091	FS 2:030 +/- 10 sec
Juvenile	Under 16 years of age. Requirements as listed in 4080, 4081	FS 2:30 +/- 10 sec
Intermediate	Under 18 years of age. Requirements as listed in 4070, 4071	FS 3:00 +/- 10 sec
Novice	Requirements as listed in 4060, 4061, 4062	SP 2:30 Max FS 3:30 +/- 10 sec
Junior	Requirements as listed in 4050, 4051, 4052	SP 2:50 Max FS 4:00 +/- 10 sec
Senior	Requirements as listed in 4040, 4041, 4042	SP 2:50 Max FS 4:30 +/- 10 sec

Artistic Showcase

Showcase events are skated to music of the skater's choice. (The LOC reserves the right to reject selections deemed inappropriate).

Programs should be specifically designed to entertain and/or emotionally move the audience. Costumes are encouraged. Props will be allowed and the skater will have thirty(30) seconds to place and remove the prop. Props must be limited to those the skater can carry on and off the ice unassisted through the normal skater's entrance door. Props are not allowed on the ice during the warm-up.

Test requirements are the same as for the Free Skate levels indicated.

Event	Elements	Time
Group I	Beginner- No axels, No double jumps	1:30 Max
Group II	Pre-Preliminary/Preliminary- No Axels, No double jumps	1:30 Max
Group III	Pre-Juvenile/Juvenile- Axels allowed, No double jumps	2:00 Max
Group IV	Intermediate/Novice- May include one double jump	2:00 Max

Interpretive Showcase

The organizing committee will pre-select and edit musical choices appropriate for these events. During warm-up, skaters will hear selection of music twice. Following the warm-up all skaters except for the first skater will be escorted to a soundproof locker room or another area of the arena. The first skater will hear the music one more time and then perform a program to the music. As each skater performs the next skater in line will be allowed to hear the music for the 3rd time before they perform to the music. The listening skater will not be allowed to view the performing skater.

JUDGING RULES:

Skaters are judged on originality, pattern, technical (the ability to include jumps and spins) and music interpretation/expression. Spins and jumps performed must be appropriate to competition level.

COACHING RULES:

There is to be no instruction allowed during this event from coaches, parents, or fellow skaters. Staging area must be kept clear except for ice monitor and listening competitor.

Event	Elements	Time
Group I	Beginner- No axels, No double jumps	1:30 Max
Group II	Pre-Preliminary/Preliminary- No Axels, No double jumps	1:30 Max
Group III	Pre-Juvenile/Juvenile- Axels allowed, No double jumps	2:00 Max
Group IV	Intermediate/Novice- May include one double jump	2:00 Max

Pro-Am Open Dance Events

The Pro-Am is open to all eligible skaters in good standing with US Figure Skating per rule 3036 and will be governed by the rules of US Figure Skating as specified in the 2007 rulebook except as otherwise stated. Dances will be judged under the 6.0 system. Ties will be broken by total ordinals of the simple majority. Medals will be awarded to eligible skaters, not coaches. The term coach is defined as a person (eligible or ineligible) who receives direct financial benefit for instructing figure skating, excluding those teaching only group lessons. Test level and category are determined as of June 30, 2007. There are no age restrictions for open dance events. A dance couple will consist of an eligible (non-coach) skater and a coach or two eligible skaters. Skaters may skate at their current test level or one higher. The committee reserves the right to combine or divide any event if necessary and to cancel any event with a full refund. Otherwise there will be no refunds after the close of entries.

Open dance events will include the following:

Canasta Tango	Cha Cha	American Waltz	Starlight Waltz
Rhythm Blues	Hickory Hoedown	Silver Tango	Blues
Fiesta Tango	Fourteen Step	Killian	Westminster Waltz

MUSIC- Cassette Tapes AND CD's are welcome! Tapes must be rewound and ready to play with the appropriate side clearly labeled. CD's must contain ONE track only and be appropriately labeled. All music should be turned into Registration at least one hour before the event time.

FEES and ENTRIES

Test qualifications will be effective as of June 30, 2007. Fees must accompany entries and be made payable to Lansing Skating Club postmarked no later than June 30, 2007. Late entries will be accepted at the discretion of the referee for a \$25.00 LATE FEE. A \$25.00 charge plus all bank fees will be made for all checks returned by the bank for any reason and substitute made by cashiers check or money order.

The registration desk will be located in skate rental and will be open no later than one hour before the first practice session. Practice Ice forms will be mailed with the Competition Schedule.

FINAL ROUNDS will be held for Preliminary-Senior events where numbers are sufficient to require more than one initial round.

*** IJS events please enter your program component forms on the US Figure Skating Web Site by June 30, 2007. \$25.00 fee will be charged to those without program component forms entered.**