



2007 Island City Challenge

Basic Skills Competition

An approved USFSA Event

Saturday, April 14 2007

Hosted by the Lakeland Figure Skating Club
Minocqua, WI
This is an open competition



* ENTRIES MUST BE POST MARKED BY MARCH 3, 2007 *

Rules: This competition will be conducted in accordance with the rules set forth in the 2006-2007 edition of the USFSA Rulebook.

Events: Skater must skate at least at the highest level passed by March 3, 2007 and may skate up one level. Events include Snow Plow Sam, Basic 1-8, Limit Beginner, Beginner, Pre-preliminary and Preliminary compulsory moves and free skate as well as Preliminary and Pre-bronze dance.

Entries and Fees: Completed entry forms must be postmarked by March 3, 2007. Entries received postmarked after this date will be accepted only as space permits and must be accompanied by a \$25.00 late fee. Entry Fee is \$35.00 for the first event and \$10.00 for each additional event. No refunds will be issued after March 3, 2007, unless an event is cancelled due to lack of entries. **The Lakeland Figure Skating Club reserves the right to limit entries by event based on postmark prior to the deadline, if estimated skating time exceeds available ice time.**

Please make checks payable to: **LHIA**
Mail to: Dean Hoger
5555 Jennie Webber Lake Rd
Rhineland, WI 54501

Practice Ice: Participants may reserve practice ice by completing the enclosed form. Program music will not be played on practice ice.

Registration: The registration desk will be located at the entrance of the Lakeland Ice Arena. The registration desk will open prior to the first practice. Competitors must check in at the Registration Desk upon arrival.

Music: Music will be reproduced through the rink sound system from cassettes or CDs furnished by each competitor. Only one song on the CD or tape and tapes must be cued and ready to play. All music must be turned in by each skater at least one hour prior to competing. Skaters should bring a back-up copy of their free skate music and have it at rink side.

Computation of Results: The closed system of judging will be used in all events.

Events/Awards: All events will be final rounds. Medals for beyond the basics events will be awarded for 1st, 2nd, and 3rd place. Every skater in basic skills events will receive an award. The skater is responsible for picking up award(s) during awards ceremonies. Awards will not be mailed to the skater. Skaters will be placed in groups according to age and skill level.

ELIGIBILITY RULES FOR PARTICIPANTS

The competition is open to ALL skaters who are current eligible (ER 1.00) members of either the Basic Skills Program and/or are full members of U.S. Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Basic Skills Program/Club or any other Basic Skills Program/Club.

Eligibility will be based on skill level as of closing date of entries. All SNOWFLOW SAM and BASIC SKILLS SKATERS THROUGH BASIC 8 must skate at highest level passed and NO official U.S. Figure Skating tests may have been passed including MIF or Individual Dances.

Skaters in other events may skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition. Skaters may have passed Pre-Preliminary Moves in the Field and still skate at Limit Beginner and Beginner. For events that are “Beyond the Basics” (Beginner, Pre-Preliminary and Preliminary) the US Figure Skating Rulebook # 1032 applies (*Basic Skills Competitions may include events for skaters who have passed no higher than the preliminary moves in the field, preliminary freeskating, preliminary dance or adult bronze freeskating tests*)

Please note: If a skater competes at a non-qualifying competition in a “Beginner or No Test” category, then that skater must compete at the equivalent or higher level in a Basic Skills approved competition.

Directions: The competition will be held at:

The Lakeland Ice Arena
7961 Old Hwy 51
Minocqua, WI 54548
(715) 356-6762

(Do not send entries to this address)

The Arena is south of the Island and just North of the Waters of Minocqua Hotel and Water Park. Go west on Northern Road and then take the first left on Old Hwy 51 Rd. This will take you to the arena. Northern road is on the north side of the Island City Lanes parking lot.

ELEMENTS EVENT -BASIC SKILLS CURRICULUM

- To be skated on 1/2 ice
- No music
- All elements must be skated in the order listed
- Each skater will perform one element then will perform the next element when directed by a judge or referee.
- Time 1:00 or less

<p><u>Snowplow Sam - TOTS:</u></p> <ol style="list-style-type: none"> 1. March followed by a two foot glide and dip 2. Forward two foot swizzles 2-3-in a row 3. Backward wiggles 2-6 in a row 4. Forward snowplow stop <p>Age 5 and under</p>	<p><u>Basic 5:</u></p> <ol style="list-style-type: none"> 1. Backward outside edge on a circle - clockwise or counterclockwise 2. Backward crossovers 6-8 consecutive - both directions 3. One foot spin - min of three revolutions 4. Side Toe hop -either direction 5. Hockey stop
<p><u>Basic 1</u></p> <ol style="list-style-type: none"> 1. Forward two foot glide 2. Forward two foot swizzles - 6 -8 in a row 3. Backward wiggles 6-8 in a row 4. Forward snowplow stop 	<p><u>Basic 6:</u></p> <ol style="list-style-type: none"> 1. Forward inside 3-turn - R & L 2. Bunny Hop 3. Forward arabesque spiral on a straight line R or L 4. Lunge - R or L 5. T-stop - R or L
<p><u>Basic 2</u></p> <ol style="list-style-type: none"> 1. Forward one foot glide - either foot 2. Two foot turn in place - forward to backward 3. Backward two foot swizzles - 6 - 8 in a row 4. Forward alternating ½ swizzle pumps, in a straight line -across width of ice 5. Moving snowplow stop 	<p><u>Basic 7:</u></p> <ol style="list-style-type: none"> 1. Forward inside open Mohawk - R to L and L to R 2. Ballet Jump either direction 3. Back crossovers to a back outside edge landing position - clockwise and counter clockwise 4. Forward inside pivot
<p><u>Basic 3</u></p> <ol style="list-style-type: none"> 1. Forward stroking 2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise 6 -8 consecutive 3. Moving forward to backward two foot turn - either direction 4. Backward one foot glide - either foot 5. Two foot spin 	<p><u>Basic 8:</u></p> <ol style="list-style-type: none"> 1. Moving forward outside or forward inside 3 turns R and L 2. Waltz jump 3. Mazurka - either direction 4. Combination move - clockwise or counter clockwise – (2 forward crossovers into FI Mohawk, step behind, step into 1 back crossover and step to a forward inside edge) 5. Beginning one-foot upright spin, optional free foot position
<p><u>Basic 4</u></p> <ol style="list-style-type: none"> 1. Forward outside edge on a circle clockwise or counter clockwise 2. Forward crossovers 6-8 consecutive both directions 3. Forward outside 3-turn - R and L 4. Backward stroking 5. Backward snowplow stop - R or L 	

MUSIC PROGRAM EVENTS

Basic Programs with Music

The skating order of the elements is optional. The elements are not restricted as to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated. Music with words is allowed. **May use elements from a previous level.** Deductions will be made for each element from a higher level that are skated. **Time is 1:00+/- 10 sec., to be skated on full ice.**

SNOW PLOW SAM: Age 5 and under.

1. March followed by a two foot glide and dip
2. Forward two foot swizzles 2-3-in a row
3. Backward wiggles 2-6 in a row
4. Forward Snowplow stop.

Basic A: Skaters should be working on no higher level than basic 2. If the skaters has passed basic 2, please place them in basic B. May include elements from lower levels.

1. Forward two foot glide
2. Forward two foot swizzles
3. Backward wiggles 6-8
4. Forward snowplow stop
5. Forward one foot glide - either foot
6. Two foot turn in place - forward to backwards
7. Backward two foot swizzles
8. Moving snowplow stop
9. Forward alternating $\frac{1}{2}$ swizzle pumps, in a straight line – across width of ice

Basic B: Skaters should be working on no higher level than basic 4. If the skaters has passed basic 4, please place them in basic c. May include elements from lower levels.

1. Forward stroking
2. Backward stroking.
3. Backward one foot glide - either foot
4. Forward outside 3-turn - R and L
5. Backward snowplow stop - R or L.
6. Forward crossovers both directions
7. Two foot spin
8. Forward outside edge on a circle clockwise or counter clockwise
9. Forward $\frac{1}{2}$ swizzle pumps on a circle, either clockwise or counter clockwise .
10. Moving forward to backward two foot turn – either direction

Basic C: Skaters should be working on no higher level than basic 6. If the skater has passed basic 6, please place them in basic D. May include elements from lower levels.

1. Backward outside edge on a circle - clockwise or counterclockwise
2. Backward crossovers both directions
3. One foot spin - min of three revolutions
4. Side Toe hop -either direction
5. Hockey stop
6. Forward inside 3-turn - R & L
7. Lunge – R or L
8. Forward arabesque spiral on a straight line R or L
9. Bunny Hop
10. T-stop - R or L

Basic D: If skater has passed basic 8, place them in beyond the basics.

1. Forward inside open Mohawk - R to L and L to R
2. Ballet Jump either direction
3. Forward inside pivot.
4. Waltz Jump
5. Moving forward outside or forward inside 3 turns R and L
6. Mazurka - either direction
7. Beginning one-foot upright spin, optional free foot position.
8. Back crossovers to a back outside edge landing position - clockwise and counter clockwise
9. Combination move - clockwise or counter clockwise – (2 forward crossovers into FI Mohawk, step behind, step into 1 back crossover and step to a forward inside edge.)

BEYOND THE BASICS TEST LEVEL CHART

Compulsory Programs		
Level Passed	Competition Level	HIGHEST OFFICIAL TESTS ALLOWED
NONE	Beginner or Pre-Preliminary NOT BOTH	Pre-Preliminary MIF
Pre-Preliminary	Pre-Preliminary or Preliminary NOT BOTH	Pre-Preliminary FS/Preliminary MIF
Preliminary	Preliminary	Preliminary FS/Preliminary MIF
Programs with Music		
Level Passed	Competition Level	HIGHEST OFFICIAL TESTS ALLOWED
NONE	Beginner or Pre-Preliminary NOT BOTH	Pre-preliminary MIF
Pre-Preliminary	Pre-Preliminary or Preliminary NOT BOTH	Pre-Preliminary FS/Preliminary MIF
Preliminary	Preliminary	Preliminary FS/Preliminary MIF

**** If a skater competes in a Beginner Category or higher
 they may not go back to compete in the Basic Skills Freeski Categories
 If a skater has passed the Pre-Juvenile Moves in the Field or higher,
 they may not compete in an approved Basic Skills competition.**

BEYOND THE BASICS EVENTS

COMPULSORY EVENTS: ½ sheet of ice for all levels.

Limited Beginner/Beginner (No Test) Compulsory Program- May not have passed any official U.S. Figure Skating Freeskating tests. Time: 1:10 max

1. Waltz jump
2. Salchow jump
3. Half flip or half lutz jump
4. Upright scratch spin (min. 3 revolutions)
5. Forward spiral

Pre-preliminary Compulsory Program- Must have passed no higher than U.S. Figure Skating Pre-preliminary Freeskating test. Time: 1:10 max

1. Flip jump
2. Combination jump consisting of any two single jumps (No Axel)
3. Split jump
4. Sit spin (min. 3 revolutions)
5. Forward outside spiral

Preliminary Compulsory Program- Must have passed no higher than U.S. Figure Skating Preliminary Freeskating Test. Time: 1:15 max

1. Single jump of choice (Axel permitted)
2. Combination jump consisting of any two single jumps (may not repeat single jump selected above)
3. Camel spin (min. 3 revolutions)
4. Combination spin (no change of foot)
5. Footwork sequence – straight line or diagonal

FREESKATE EVENTS: Time: 1:30 +/- 10sec.

Limited Beginner Freeskate Program- May not have passed any official U.S. Figure Skating Freeskating tests.

A well-balanced program consisting of half jumps only, salchow and toe loops, combinations consisting of these jumps only, upright forward one and two foot spins, one step sequence and/or spiral sequence. No flying spins or combination spins are permitted.

Beginner (No Test) Freeskate Program- May not have passed any official U.S. Figure Skating Freeskating tests. (Refer to the Rulebook #3721)

A well-balanced program consisting of single jumps (no axel or doubles permitted), at least one jump combination or series, a minimum of two spins of a different nature and one step or spiral sequence.

Pre-preliminary Freeskate Program A and B - Must have passed no higher than U.S. Figure Skating Pre-preliminary Freeskating test:

- **Pre-preliminary Freeskate A:** A well-balanced program consisting of all single revolution jumps (no axels or double jumps permitted), single combination jumps, single jump sequences. A minimum of two spins of a different nature. One step sequence or spiral sequence.
- **Pre-preliminary Freeskate B:** A well-balanced program consisting of all single revolution jumps (axel permitted), single combination jumps, single jump sequences, no double jumps permitted. A minimum of two spins of a different nature. (Refer to the Rulebook #3711)

Preliminary Freeskate Program- Must have passed no higher than U.S. Figure Skating Preliminary Freeskate Test. (Refer to USFSA rulebook #3701).

A well-balanced program, may include all single jumps, axels and two different double jumps which may be repeated as individual jumps, jump sequences or jump combinations. A minimum of two spins of a different nature. One step sequence or spiral sequence.

DANCE- Solo

You may enter one dance. If you have passed the USFSA Preliminary dance test you must enter pre-bronze dance. Number of patterns is 3 but may be adjusted by the referee.

1. Preliminary: Dutch Waltz
2. Pre-Bronze: Cha Cha

T-SHIRT ORDER FORM

Gildan 100 % cotton
Active wear

\$15.00 in advance
\$20.00 day of competition
Sizes & colors day of event
will be limited.

Ladies Cut
Pistachio
Brown
Blue

Regular cut
Tangerine

____ YXS ____ YS ____ YM ____ YL
____ AS ____ AM ____ AL ____ AXL

Email dhoger@yahoo.com if you would like a color image of the shirts.

Island City Challenge

BASIC SKILLS COMPETITION ENTRY FORM

Name _____ Age _____ Sex _____

Address _____ Last _____ First _____
 City _____

State _____ Zip _____ Email Address _____

Area Code/Phone # _____ Birth date _____

U.S. Figure Skating number _____

Highest Level Passed _____ Last Level Passed _____

Program Affiliation _____ Instructor's name _____

Please check the event(s) you are entering:

Elements:

_____ Snowplow Sam (Age 5 and under for Snow plow Sam)
 _____ Basic 1 _____ Basic 5
 _____ Basic 2 _____ Basic 6
 _____ Basic 3 _____ Basic 7
 _____ Basic 4 _____ Basic 8

Basic Program: (with music)

_____ Snowplow Sam (Age 5 and under for snow Plow Sam)
 _____ Basic A _____ Basic B
 _____ Basic C _____ Basic D

Beyond the Basics

Free Skate

Compulsories

_____ Limited Beginner _____ Limited Beginner/Beginner
 _____ Beginner _____ Limited Beginner/Beginner
 _____ Pre-Preliminary A _____ Pre-preliminary
 _____ Pre-Preliminary B _____ Pre-preliminary
 _____ Preliminary _____ Preliminary

Dance

_____ Dutch Waltz _____ Cha Cha

ENTRY FEE IS \$35.00 PER EVENT, \$10 PER EACH ADDITIONAL EVENT

First Event \$ _____
 Additional Event \$ _____
 Additional Event \$ _____
 Late Fee (\$25) \$ _____

Total: \$ _____

The completed entry form, with fees, must be postmarked no later than March 3, 2007
Make check or money order payable to **LHIA** and mail to:

Dean Hoger
5555 Jennie Webber Lake Rd
Rhineland, WI 54501

For additional information call:

Dean or Kecia Hoger
(715) 272-1812 or dhoger@yahoo.com

ENTRY FEES ARE NOT REFUNDABLE AFTER THE ENTRY DEADLINE
UNLESS AN EVENT IS CANCELED.

Certification of Competitor: The Competitor is eligible to enter the events checked. It is agreed that the competitor and family holds the Lake Figure skating club and the Lakeland Hawks Ice Arena harmless from any and all liability either during practice or the competition, and from any and all liability for damages to or loss of property.

Parent/Guardian Signature _____ **Date** _____

Competitor Signature _____ **Date** _____

Instructor Signature _____ **Date** _____

Program Director/Club Officer _____ **Date** _____

Schedules will ONLY be sent to those who enclose a self-addressed stamped envelope.

Practice Ice Reservation

In addition to the normal warm up period associated with each skating event, you may purchase **one** 20 minute practice session per event entered.

The competition committee will make every effort to ensure that all competitors have an opportunity to become familiar with The Lakeland Ice Arena.

All practice sessions will be assigned by test level and limited in size, so specific requests for a particular time may not be honored. The times of the practice ice will depend on the schedule of the competition and available ice.

The cost of a 20 minute practice session is \$5.00. Ice time may be reserved up to the day of competition. Practice time is first come, first served and is limited.

Skater's Name

Age _____

Freestyle/Basic Skill Level _____

Compulsory Level _____

Dance Level _____

Coach:

Representing the following club:

Mail to:

Dean Hoger
5555 Jennie Webber Lake Road
Rhineland, WI 54501

Schedules will ONLY be sent to those who enclose a self-addressed stamped envelope.

HOTEL INFORMATION

Resort • Indoor Waterpark • Conference Center

- Restaurant
- Bar
- Banquet Facilities
- Gift Shop
- Huge Arcade

THE WATERS
OF MINOCQUA

Why resort to anything less?

Take a virtual tour at **thewatersofminocqua.com**

1-877-9-WATERS

The Waters of Minocqua Resort and Water Park is offering a special to our competition participants of \$69.99/night:

Special includes a room with 2 queen beds, sleeper sofa, micro wave, refrigerator, free internet, deluxe continental breakfast and indoor water park passes.

Only minutes from the arena! Check out more at the waters web sight: thewatersofminocqua.com

COMFORT INN MINOCQUA



Located on North end of Downtown Minocqua. Shopping, restaurants, and museums are within walking distance. Lakeland Indoor Ice Arena, just 5 minutes, and we are right on snowmobile trail access. FREE high-speed Internet access in all rooms! Pet accommodation: 10.00 per night first floor only. Indoor pool, hot tub and Free Continental breakfast.

Call and ask for the Island City Competition special:

\$59.99/night

You must call the Comfort Inn directly and ask for this rate.

8729 Us 51 N.
Minocqua, WI54548
Phone: (715) 358-2588 Fax: (715) 356-1402

A Choice Hotel <http://www.choicehotels.com/>