



**3<sup>rd</sup> Annual  
Arctic Basic Skills Competition**

**Sunday, April 1, 2007**

Arctic Edge Ice Arena  
46615 Michigan Avenue  
Canton, MI 48188



USFS Michigan Basic Skills Series  
 Hosted by the following:

<p>Lansing Basic Skills Competition        March 17, 2007        Suburban Ice - East Lansing        6544 Aurelius Road        Lansing, MI 48911        Contact: Gina DeWitt        517-393-2636  <a href="mailto:philandginadewitt@sbcglobal.net">philandginadewitt@sbcglobal.net</a>        Deadline for entries: February 3, 2007</p>	<p>Farmington Hills Basic Skills Competition        June 26, 2007        Farmington Hills Ice Arena        35500 Eight Mile Road        Farmington Hills, MI 48335        Contact: Nora Helwig        989-773-6188  <a href="mailto:nhelwig@sbcglobal.net">nhelwig@sbcglobal.net</a>        Deadline for Entries: May 15, 2007</p>
<p>Arctic Basic Skills Competition        April 1, 2007        Arctic Edge Ice Arena        46615 Michigan Avenue        Canton, MI 48188        Contact: Theresa McKendry        734-487-7777  <a href="mailto:tmck316@yahoo.com">tmck316@yahoo.com</a>        Deadline for entries: February 16, 2007</p>	<p>Skating Club of Novi Basic Skills Competition        July 14, 2007        Novi Ice Arena        42400 Arena Drive        Novi, MI 48375        Contact: Suzy Malloure        248-661-1640  <a href="mailto:malkidsx4@aol.com">malkidsx4@aol.com</a>        Deadline for entries: June 2, 2007</p>
<p>Mountain Town Classic        Mt. Pleasant Basic Skills Competition        April 21, 2007        The I.C.E. Arena        5165 East Remus Road        Mt. Pleasant, MI 48858        Contact: Ginni Phillips        989-773-6188  <a href="mailto:gphillips@DELFIELD.com">gphillips@DELFIELD.com</a>        Deadline for entries: March 20, 2007</p>	<p>Southwest Michigan Basic Skills Competition        August 18, 2007        Wings Stadium        3600 Vanrick Drive        Kalamazoo, MI 49001        Contact: Kelli Forden        269-372-2168  <a href="mailto:jkforden@att.net">jkforden@att.net</a>        Deadline for Entries:        July 15, 2007</p>
<p>Midland Basic Skills Competition        November 3, 2007        Midland Civic Arena        405 Fast Ice Drive        Midland, MI 48642        Contact: Ann Ward        989-773-6188  <a href="mailto:abward6@yahoo.com">abward6@yahoo.com</a>        Deadline for entries: October 1, 2007</p>	

## MISSION STATEMENT

To give Michigan skaters a chance to develop their USFS Basic Skills in a fun, competitive environment. During competition season - skaters will have the chance to compete at seven (7) different clubs and arenas and earn points for a final standing.

Awards will be presented to skaters with the highest point totals who compete in at least 3 out of the 7 scheduled competitions. These awards will take place - on the ice - at the Midland Competition - November 3, 2007.

### Series Point System

The Freeskating events and the Compulsory/Events in each of the 7 Series Competitions will be eligible for accumulating points. The system for scoring points for the final award will be as follows:

Each event will have a maximum of 6 skaters:

1 <sup>st</sup> Place	6 points
2 <sup>nd</sup> Place	5 points
3 <sup>rd</sup> Place	4 points
4 <sup>th</sup> Place	3 points
5 <sup>th</sup> Place	2 points
6 <sup>th</sup> Place	1 point

\*If an event has less than 6 skaters, the points will be adjusted (i.e., for a group of 3 skaters, first place would receive 3 points, 2<sup>nd</sup> place 2 points, and 3<sup>rd</sup> place 1 point.

All skaters who participate in the Snowplow Sam, Basic 1-8 Elements and Basic Programs with Music - as well as Compulsory Programs Freeskate 1-6 No Music and Freeskate Programs 1-6 with music - in at least 3 of the 7 competitions in the series will be eligible to win an award with an overall placement. Skaters will receive additional points for moving up to the next level during the course of the Series.

Please note: Spins, Dance, Pairs and Showcase Events will not be counted in the final standings. Adult events and beginner, Pre-Pre & Preliminary events will also be excluded for this year.

**3<sup>rd</sup> Annual  
Arctic Basic Skills Figure Skating Competition  
Sunday, April 1, 2007  
Hosted by the Arctic Figure Skating Club**

**Contact:**

**Theresa McKendry** – Phone: 734.487.7777; Email: [tmck316@yahoo.com](mailto:tmck316@yahoo.com)

**Lisa Kirby** – Phone: 734.487.7777; Email: [skatelisa@msn.com](mailto:skatelisa@msn.com)

**Location:**

**Arctic Edge Ice Arena**

46615 Michigan Avenue, Canton, MI 48188

**Eligibility and Entries:**

Eligible competitors must be current members in good standing of United States Figure Skating and shall be eligible to enter events based on their test status as of February 16, 2007.

Basic Skills events are open to skaters in a US Figure Skating Learn-to-Skate program and must be a member of US Figure Skating. Skaters must skate in a category that is current with their test level or one higher, but not both.

All events will be divided into groups of approximately 6-8 skaters according to age. Age groups are combined at the discretion of the Referee and/or Competition Chair.

**Closing Date:**

Entries must be postmarked by **February 16, 2007**. Late entries may be accepted, when space is available, at the discretion of the Competition Chair and Referee and will be assessed a \$25.00 late fee. No refunds after closing date unless the event is cancelled for lack of participation. Entries will be limited, so early registration is encouraged.

**Fees:**

**\$40.00 - First single event**

**\$20.00 – Each additional event**

**Other Fees:**

**\$25.00 – NSF fee for all returned checks**

**\$25.00 – Late fee for registration postmarked after 2/16/2007**

**\$20.00 – Change of event fee**

**You must include a VALID EMAIL ADDRESS OR A SELF-ADDRESSED (SKATER'S NAME), STAMPED, BUSINESS SIZE #10 ENVELOPE in order to receive a competition schedule.**

**Make checks payable to Arctic Figure Skating Club and mail to Theresa McKendry, Arctic Edge Arena, 46615 Michigan Avenue, Canton, MI 4818**

**Registration:**

The registration table will be located in the lobby of the arena and will be open two (2) hours prior to the first event. Skaters must check in at least one (1) hour prior to their first event. Registration will be your final confirmation of competition time.

**Scheduling of Events and Practice Ice:**

A tentative schedule of competition events will be sent to the email address provided or mailed in the self-addressed, stamped envelope as soon as it is provided by the referee. All times are approximate. Please check with registration for changes and exact times.

Practice ice will be available in the morning prior to the start of the competition. Sign in and pay \$5.00 at the door. A maximum of 25 skaters will be allowed on the ice during any one session. You may sign up for **NO MORE THAN TWO SESSIONS** on a first come first serve basis.

**Music:**

Music must be left at the registration table upon registration. CDs and cassettes are accepted and should be clearly labeled with skater's name, club and event. Competitors must have extra copies of their music readily available. Cassettes must be rewound and marked clearly.

**Awards:**

Awards will be given in each group as follows: Medals for 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> places. Ribbons for 4<sup>th</sup> – 9<sup>th</sup> place.

## Competition Events

**Free Skating:**

All events will be skated on full ice surface to the music of the skater's selection. Judging will be based on the 6.0 system. There will be a ten second leeway in the specified time limit. Skaters may skate up one level but may not skate at more than one level. All Free Skating events will be judged according to Part Two in the current Official US Figure Skating Rulebook, Information for Competitors, Coaches and Parents. Program requirements not specified below are defined in rules 3630-3820.

**Single Free Skating****Low Beginner: 1 1/2 minutes (3721)**

Must not have passed the Pre-Preliminary Free Skating Test or its equivalent. May include any half revolution jumps plus Salchows and toe-loops. May not include flying spins, combination spins or backspins.

**High Beginner: 1 1/2 minutes (3721)**

Must not have passed the Pre-Preliminary Free Skating Test or its equivalent. May include any half revolution jumps plus Salchows, toe-loops, and loops. May not include flying spins.

**Pre-Preliminary Limited: 1 1/2 minutes (3711)**

Must have passed the Pre-Preliminary Free Skating Test and no higher. May not include axels, double jumps, or flying spins.

**Preliminary Limited: 1 1/2 minutes (3701)**

Must have passed the Preliminary Free Skating Test and no higher. May include axels. May not include double jumps or flying spins.

**Preliminary: 1 1/2 minutes (3701)**

Must have passed the Preliminary Free Skating Test and no higher.

## COMPULSORY PROGRAM

**NOTE: Test requirements are the same as listed under Single Free Skating Events**

Beginner through Pre-Juvenile Compulsory events will be skated without music on one-half (1/2) of the ice surface. Moves must be skated exactly as stated and may be skated in any order. There must be no change of foot between jumps in a combination jump. An axel is considered a single jump. If a program exceeds the time limit, that portion of the program will not be judged. *All times listed are maximum.* All moves in all levels are to be connected in a free flowing presentation. Excessive footwork and added elements will be penalized. Spin revolutions must be in position to be counted.

## COMPULSORY EVENTS (no music)

### Low Beginner: 1 minute

1. 1/2 revolution jump
2. Toe-loop
3. Two-foot spin (min. 3 revolutions)
4. Lunge

### High Beginner: 1 minute

1. Waltz jump
2. Salchow jump
3. Upright scratch spin (forward) (min. 3 rev.)
4. Forward spiral

### Pre-Preliminary Limited: 1 minute, 15 seconds

1. Single jump (no axel & may not be repeated in combination)
2. Single-single jump combination (no axel)
3. Sit spin (forward) (minimum 3 revolutions)
4. Forward spiral sequence

### Preliminary Limited / Preliminary Combined: 1 1/2 minutes

1. Single jump (may not be repeated)
2. Single-single jump combination
3. 1-foot backspin (position optional, may not commence with a jump, minimum 3 revs)
4. Edge spiral, Spread Eagle or Ina Bauer
5. Step sequence

## BASIC SKILLS EVENTS

The Basic Skills competition is open to all beginner skaters who are registered members in a US Figure Skating Basic Skills Program and/or are current full members of the US Figure Skating. Members of other organization are eligible to compete but must be registered with the host Basic Skills program/club or any other Basic Skills program/club. Basic Skills competitions are designed to promote a positive competition experience at the grassroots level. To help encourage Basic Skills skaters, every skater will receive an award (either a medal or ribbon).

### ELEMENTS EVENT

#### SNOWPLOW SAM – BASIC 8 (NO MUSIC)

- To be skated on 1/2 to 1/3 of ice surface
- No music
- All elements must be skated in the order listed
- Each skater performs one element at a time and will perform the next element **only** when directed by a judge or referee.

Retries will be permitted one time per element. Skater must acknowledge this by raising his/her hand.

### Required Elements

#### Snowplow Sam (Tots)

1. March followed by a two foot glide and dip
2. Forward two foot swizzles ~ 2-3 in a row
3. Forward snowplow stop
4. Backward wiggles ~ 2-6 in a row

#### Basic 1

1. Forward two foot glide
2. Forward two foot swizzles ~ 6-8 in a row
3. Forward snowplow stop
4. Backward wiggles ~ 6-8 in a row

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**Basic 2**

1. Forward one foot glide ~ either foot
2. Backward two foot swizzles ~ 6-8 in a row
3. Two foot turn in place ~ forward to backward
4. Moving snowplow stop
5. Forward alternating 1/2 swizzle pumps in a straight line across the width of the ice

**Basic 3**

1. Forward stroking
2. Forward 1/2 swizzle pumps on a circle either clockwise or counterclockwise ~ 6-8 consecutive
3. Moving forward to backward two foot turn ~ either direction
4. Backward one foot glide ~ either foot
5. Two foot spin

**Basic 4**

1. Forward outside edge on a circle either clockwise or counterclockwise
2. Forward crossovers ~ 6-8 consecutive, both directions
3. Forward outside 3-turn ~ Right and Left
4. Backward stroking
5. Backward snowplow stop ~ Right or Left

**Basic 5**

1. Backward outside edge on a circle either clockwise or counterclockwise
2. Backward crossovers ~ 6-8 consecutive, both directions
3. One foot spin ~ minimum of 3 revolutions
4. Hockey stop
5. Side toe hop ~ either direction

**Basic 6**

1. Forward inside 3-turn ~ Right and Left
2. T-stop ~ Right or Left
3. Bunny hop
4. Forward arabesque (spiral) on a straight line ~ Right or Left
5. Lunge ~ Right or Left

**Basic 7**

1. Forward inside open mohawk ~ Right to Left & Left to Right
2. Ballet jump ~ either direction
3. Backward crossovers to a backward outside edge landing position ~ clockwise and counterclockwise
4. Forward inside pivot

**Basic 8**

1. Moving forward outside or forward inside 3-turns ~ Right and Left
2. Waltz jump
3. Mazurka ~ either direction
4. Combination move ~ clockwise or counterclockwise (from Basic 8 curriculum)
5. Beginning one foot upright spin, optional free foot position

## **BASIC PROGRAMS EVENT**

### **BASIC 1 – BASIC 8 (WITH MUSIC)**

- The skating order of the required elements is optional
- The elements are not restricted as to the number of times elements are executed, length of glides, number of revolutions in a spin, etc., unless otherwise stated
- Minimum number of connecting steps are allowed
- May use vocal music
- May use elements from a previous level.
- Only required elements will be judged in the technical mark.
- Time: 1:00 +/- 10 seconds. Programs are to be skated on full ice

### **Required Elements**

#### **Basic 1**

1. Forward two foot glide
2. Forward two foot swizzles – 6-8 in a row
3. Backward wiggles 6-8 in a row
4. Forward snowplow stop

#### **Basic 2**

1. Forward one foot glide – either foot
2. Two foot turn in place – forward to backward
3. Backward two foot swizzles – 6-8 in a row
4. Forward alternating 1/2 swizzle pumps, in straight line – across width of ice
5. Moving snowplow stop

#### **Basic 3**

1. Forward stroking
2. Forward 1/2 swizzle pumps on a circle, either clockwise or counter clockwise 6-9 consecutive
3. Moving forward to backward two foot turn – either direction
4. Two foot spin

#### **Basic 4**

1. Forward outside edge on a circle clockwise or counter clockwise
2. Forward crossovers 6-8 consecutive both directions
3. Forward outside 3-turn – R and L
4. Backward stroking
5. Backward snowplow stop – R or L

#### **Basic 5**

1. Backward outside edge on a circle – clockwise or counter clockwise
2. Backward crossovers 6-8 consecutive – both directions
3. One foot spin – minimum of three revolutions
4. Side Toe hop – either direction
5. Hockey stop

#### **Basic 6**

1. Forward inside 3-Turn – R and L
2. Bunny Hop
3. Forward arabesque spiral on a straight line R or L
4. Lunge – R or L
5. T-Stop – R or L



**Basic 7**

1. Forward inside open Mohawk – R to L and L to R
2. Ballet jump either direction
3. Back crossovers to a back outside edge landing position – clockwise and counter clockwise
4. Forward inside pivot

**Basic 8**

1. Moving forward outside or forward inside 3-turns R and L
2. Waltz jump
3. Mazurka – either direction
4. Combination move – clockwise or counter clockwise – (2 forward crossovers into FI Mohawk, step behind, step into 1 back crossover and step to a forward inside edge)
5. Beginning one-foot upright spin, optional free foot position

**COMPULSORY PROGRAM EVENT  
FREESKATE LEVELS 1-3 (NO MUSIC)**

- The skater must demonstrate the required elements and may use any additional elements from previous levels (where applicable)
- The skating order of the required elements is optional
- Programs to be skated on 1/2 of ice surface. No music permitted.
- Compulsory program to be in freeskate form, using a limited number of connecting steps
- Only the required elements will be judged.
- Time: 1:00 or less

**Required Elements****Freeskate Level 1**

1. Advanced forward stroking ~ 4-6 consecutive strokes
2. Basic forward outside edges and forward inside consecutive edges ~ 2-4 outside and 2-4 inside
3. Scratch spin from backward crossovers
4. Waltz jump from backward crossovers
5. Half flip jump

**Freeskate Level 2**

1. Forward outside spiral ~ Right or Left and a Forward inside spiral ~ Right or Left
2. Waltz Three's ~ Right or Left
3. Beginning back spin ~ entry optional
4. Waltz jump, side top hop, waltz jump series
5. Toe loop jump

**Freeskate Level 3**

1. Forward crossovers in a figure 8 pattern
2. Advanced forward outside swing rolls – 4-6 consecutive
3. Back spin
4. Salchow jump
5. Waltz jump/top

## **FREESKATE PROGRAM EVENT LEVELS 1-3 (WITH MUSIC)**

- Groups will be divided by age
- Program duration 1:30 +/- 10 seconds
- Skated on full ice surface
- Only required elements will be judged in the technical mark
- Vocal music NOT permitted in freeskate programs

### **Required Elements - Programs Must Contain The Following**

#### **Freeskate Level 1**

1. Advanced forward stroking ~ 4-6 consecutive strokes
2. Basic forward outside edges and forward inside consecutive edges ~ 2-4 outside and 2-4 inside
3. Scratch spin from backward crossovers
4. Waltz jump from backward crossovers
5. Half flip jump

#### **Freeskate Level 2**

1. Forward outside spiral ~ Right or Left
2. Waltz Three's ~ Right or Left
3. Beginning back spin
4. Waltz jump, side top hop, waltz jump series
5. Toe loop jump

#### **Freeskate Level 3**

1. Forward crossovers in a figure 8 pattern
2. Advanced forward outside swing rolls ~ 4-6 consecutive
3. Back spin
4. Salchow jump
5. Waltz jump/top loop or Salchow/toe loop

# 2007 ARCTIC BASIC SKILLS COMPETITION ENTRY FORM

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_

Birth Date: \_\_\_\_\_ Female: \_\_\_\_\_ Male: \_\_\_\_\_

US Figure Skating #: \_\_\_\_\_ Club: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone(s):(\_\_\_\_) \_\_\_\_\_ (\_\_\_\_) \_\_\_\_\_ (\_\_\_\_) \_\_\_\_\_

Email address: \_\_\_\_\_

Last Test Passed: US Figure Skating Basic Skills \_\_\_\_\_

(Print) Professional's Name: \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_\_

**Please check the event(s) you are entering:**

**ELEMENTS:**

\_\_\_\_\_ Snowplow  
 \_\_\_\_\_ Basic 1 \_\_\_\_\_ Basic 5  
 \_\_\_\_\_ Basic 2 \_\_\_\_\_ Basic 6  
 \_\_\_\_\_ Basic 3 \_\_\_\_\_ Basic 7  
 \_\_\_\_\_ Basic 4 \_\_\_\_\_ Basic 8

**FREESKATE COMPULSORIES:**

\_\_\_\_\_ Freeskate 1 \_\_\_\_\_ Low Beginner  
 \_\_\_\_\_ Freeskate 2 \_\_\_\_\_ High Beginner  
 \_\_\_\_\_ Freeskate 3 \_\_\_\_\_ Pre-Preliminary  
 \_\_\_\_\_ Preliminary

**BASIC PROGRAM:**

\_\_\_\_\_ Basic 1 \_\_\_\_\_ Basic 5  
 \_\_\_\_\_ Basic 2 \_\_\_\_\_ Basic 6  
 \_\_\_\_\_ Basic 3 \_\_\_\_\_ Basic 7  
 \_\_\_\_\_ Basic 4 \_\_\_\_\_ Basic 8

**FREESKATE PROGRAM:**

\_\_\_\_\_ Freeskate 1 \_\_\_\_\_ Low Beginner  
 \_\_\_\_\_ Freeskate 2 \_\_\_\_\_ High Beginner  
 \_\_\_\_\_ Freeskate 3 \_\_\_\_\_ Pre-Preliminary  
 \_\_\_\_\_ Preliminary Ltd.  
 \_\_\_\_\_ Preliminary

**ENTRY FEE IS \$40.00 PER EVENT AND \$20.00 PER EACH ADDITIONAL EVENT**

First Event	\$ _____
Additional Event	\$ _____
Additional Event	\$ _____
Additional Event	\$ _____
<b>Total</b>	\$ _____

The **completed** entry form with fees must be postmarked no later than February 16, 2007.

**Make check or money order payable to Arctic Figure Skating Club**

**Mail check and completed entry form to: Arctic Figure Skating Club  
 Attn: Theresa McKendry  
 46615 Michigan Avenue  
 Canton, MI 48188**

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## **Certification Of The Competitor**

The Competitor is eligible to enter the event(s) checked. It is agreed that the competitor and family holds the Arctic Figure Skating Club and the Arctic Edge Arena harmless from any and all liability either during practice or the competition and from any and all liability for damages to or loss of property.

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Instructor: \_\_\_\_\_ Date: \_\_\_\_\_

Club Officer/Program Director : \_\_\_\_\_ Date: \_\_\_\_\_

Competitor Signature: \_\_\_\_\_ Date: \_\_\_\_\_

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