Mountain Town Classic - Basic Skills Competition
Mt. Pleasant Figure Skating Club
I.C.E. Arena ♦ 5165 E. Remus Road ♦Mt. Pleasant, MI 48858
989/772-9623
www.geocities.com/mtpleasantfsc

Saturday, **April 8, 2006**
Entry Deadline: **March 1, 2006**

The First Annual Mt. Pleasant Basic Skills Competition, sponsored by the Mt. Pleasant Figure Skating Club will be held at the Mt. Pleasant I.C.E. Arena on Saturday, April 9, 2004. The ICE Arena surface measures 200 x 85 feet. This is a United States Figure Skating approved Basic Skills Competition. The sanction will be posted on the official competition bulletin board. Questions regarding this competition should be directed to Ginni Phillips, email gphillips@delfield.com or daytime phone [989] 773-7981, x501. E-mail communications are preferred.

Mission Statement – The purpose of this competition is to promote a fun, introductory, competitive experience for the beginning skater.

Eligibility – This competition is open to ALL skaters who are current eligible [ER 1.00] members of either the Basic Skills program and/or are full members. To be eligible skaters must have submitted a membership application or be a member in good standing. Skaters who have passed no higher than the preliminary free skating, preliminary moves in the field and are currently enrolled in either a Basic Skills program or are full members are eligible to compete. Eligibility will be based on skill level as of closing date of entries. All Snowplow Sam and Basic Skills skaters through Basic 8 MUST SKATE AT HIGHEST LEVEL PASSED. Skaters in other events may skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition.

Rules – The competition will be conducted under the rules set forth by the US Figure Skating "Compete with Us" program.

Entry Fees – The first event is $50.00 [Basic Skills events will be $40.00 for first event], and each additional event is $20.00. All entries must be postmarked no later than March 1, 2006. Late entries will be accepted at the discretion of the organizers, and are subject to a $15.00 late fee. Entry fees are per person, U.S. dollars. **NO** entry fee refund will be issued unless event is canceled due to lack of participation. Two or more competitors constitute an event. Medical refunds [less administration fee] only for major injuries, and must be accompanied by a letter from the doctor.

Entry forms must be filled out completely and mailed with a check made payable to the Mt. Pleasant Figure Skating Club to:

Ginni Phillips
207 E. High Street
Mt. Pleasant, MI 48858

There will be a $25.00 fee for returned checks.

Awards – All competitors will receive a medal. All events are final rounds. ALL awards will be made at appropriate times through the competition.

Registration – The registration table will be open 1 hour before the competition begins. Skaters will not be allowed to compete until they have registered. ***Please register at least one hour before your competition time***.

Schedule of Events – Schedule will be posted on the Internet at the Figure Skater's Website, www.sk8stuff.com.

Music – The music for all free skating programs with music supplied by skater can be provided on either cassette tape or CD. The tape or CD is to be turned in at registration. Competitors must have a spare cassette or CD at rink side to be used in case of technical difficulties. Tapes must be rewound and positioned ready to play.

Practice Ice – Practice Ice will be available in 25-minute sessions Saturday, April 8th. Details will be provided in a mailing prior to the competition date. Sign-in and pay $8.00 at the door.

Video Taping and Photographs – This will be available through Ledin Photo and Video. You may furnish your own tape or purchase a tape at the rink. Award, Group and Individual [if desired] photos will be taken of all competitors in each event.

Approval Code: MSD090405

Basic Skills Compulsory Elements Events
Snowplow Sam – Basic 8 Levels

Skaters must not have passed the USFSA Pre-Preliminary Moves test. These events are skated on ½ of the ice surface. No music. All elements will be skated in the order listed. Each skater performs once element at a time. Each skater will perform the next element only when directed by a judge or referee. Skaters are allowed one retry per element. If skaters want to retry, she/he should raise their hand immediately. If the skater attempts a retry, only the retry will count for that element. Skaters should dress warmly as they will be standing on the ice while the others are skating.

Snowplow Sam
1. March followed by a two foot glide and dip
2. Forward two foot swizzles – 2-3 in a row
3. Forward snowplow stop
4. Backward wiggles – 2-6 in a row

Basic 1
1. Forward two foot glide
2. Forward two foot swizzles – 6-8 in a row
3. Forward snowplow stop
4. Backward wiggles – 6-8 in a row

Basic 2
1. Forward one foot glide – *either* foot
2. Backward two foot swizzles – 6-8 in a row
3. Two foot turn in place – forward to backward
4. Moving snowplow stop
5. Forward alternating ½ swizzle pumps in a straight line – across the width of the ice

Basic 3
1. Forward stroking
2. Forward ½ swizzle pumps on a circle – *either* clockwise or counter clockwise 6-8 consecutive
3. Moving forward to backward two foot turn – *either* direction
4. Backward one foot glide – *either* foot
5. Two foot spin

Basic 4
1. Forward outside edge on a circle – clockwise *or* counterclockwise
2. Forward crossovers – 6-8 consecutive – *both* directions
3. Forward outside 3-turn – *R and L*
4. Backward stroking
5. Backward snowplow stop – *R or L*

Basic 5
1. Backward outside edge on a circle – clockwise ***or*** counterclockwise
2. Backward crossovers – 6-8 consecutive – ***both*** directions
3. One-foot upright spin – minimum of 3 revolutions
4. Hockey Stop
5. Side Toe hop – ***either*** direction

Basic 6
1. Forward inside 3-turn - *R and L*
2. T-stop - *R or L*
3. Bunny Hop
4. Forward arabesque [spiral] on a straight line - *R or L*
5. Lunge – *R or L*

Basic 7
1. Forward inside open Mohawk – *R to L and L to R*
2. Ballet Jump – *either* direction
3. Backward crossovers to a backward outside edge landing position, clockwise and counterclockwise
4. Forward inside pivot

Basic 8
1. Moving forward outside *or* forward inside 3-turns – *R and L*
2. Waltz jump
3. Mazurka – *either* direction
4. Combination move – clockwise or counterclockwise [from Basic 8 curriculum]
5. One-foot upright spin, optional free foot position

Approval Code: MSD090405

Basic Free Skating Program
[Snowplow Sam – Basic 1-8]

The skating order of required elements is optional. Elements are not restricted as to number of times executed, or length of glides, number of revolutions in a spin, etc [unless otherwise stated]. A minimum number of connecting steps are allowed. Skater may use vocal music. Skater may use elements from a previous level but deductions will be made if elements from a higher level are skated. TIME: 1:00 +/- 10 sec. [to be skated on full ice].

Snowplow Sam Program [Tots]	1.	Forward skating
	2.	Backward wiggles
	3.	Glide forward and dip
	4.	**Snowplow stop**
Basic Program A [Basic 1 & 2]	1.	Glide forward and dip
	2.	Moving snowplow stop
	3.	Forward two-foot swizzles
	4.	Backward skating [wiggles or swizzles]
Basic Program B [Basic 3 & 4]	1.	Backward ½ swizzle pumps on a circle – clockwise or counter clockwise
	2.	Two-foot spin
	3.	Forward crossovers – minimum of 5 consecutive, clockwise or counter clockwise
	4.	Backward one foot glide – R or L
Basic Program C [Basic 5 & 6]	1**.**	Backward crossovers – minimum of 5 consecutive, clockwise or counter clockwise
	2.	One-foot spin
	3.	Bunny hop
	4.	Forward spiral on a straight line – R or L
Basic Program D [Basic 7 & 8]	1**.**	Beginning one foot upright spin, optional free foot
	2.	Mazurka or ballet jump
	3.	Waltz jump
	4.	Combination move [Basic 8 curriculum one set only]

Compulsory Programs - FreeSkate 1-6

Skated on ½ of the ice surface. No music. The skating order of the required elements is optional. In program form, using a limited number of connecting steps. Time: 1:00 minute or less. Required elements:

FreeSkate 1

1. Advanced forward stroking – 4-6 consecutive strokes
2. Basic forward outside edges and forward inside consecutive edges – 2-4 outside and 2-4 inside
3. Scratch spin from backward crossovers
4. Waltz jump from backward crossovers
5. **Half flip jump**

FreeSkate 2

1. Forward outside spiral – *R or L*, and a forward inside spiral – *R or L*
2. Waltz 3's - *R or L*
3. Beginning back spin – entry optional
4. Waltz jump, side toe hop, waltz jump series
5. **Toe loop jump**

FreeSkate 3

1. Forward crossovers in a figure 8
2. Advanced forward outside swing rolls – 4-6 consecutive
3. Back spin
4. Salchow jump
5. Waltz jump/toe loop or salchow/toe loop combination

FreeSkate 4

1. Spiral sequence: FI spiral, FI Mohawk, BO spiral, clockwise or counter clockwise
2. Forward power 3's 2-3 consecutive sets, R or L
3. Sit spin
4. Loop jump
5. Waltz jump/loop jump

FreeSkate 5

1. Spiral sequence, FO spiral, forward outside 3-urn, one backward crossover, backward inside Spiral
2. Camel spin
3. Forward upright spin to back upright spin
4. Loop/loop jump
5. Flip jump

FreeSkate 6

1. Five step Mohawk sequence – 1 set alternating pattern [BS curriculum FS 6]
2. Camel, sit spin combination – minimum of 4 revolutions total
3. Split jump or stag jump
4. Waltz jump, loop, salchow combination
5. Lutz jump

Approval Code: MSD090405

Basic Freeskate Program Levels 1 – 6 [with music]

The skating order of required elements is optional. Vocal music is not permitted. Skater may use elements from a previous level but deductions will be made if elements from a higher level are skated. TIME: 1:30 +/- 10 sec. [to be skated on full ice].

FreeSkate 1	1.	Advanced forward stroking – 4-6 consecutive strokes
	2.	Basic forward outside edges and forward inside consecutive edges – 2-4 outside and 2-4 inside
	3.	Scratch spin from backward crossovers
	4.	Waltz jump from backward crossovers
	5.	**Half flip jump**
FreeSkate 2	1.	Forward outside spiral – *R or L*, and a forward inside spiral – *R or L*
	2.	Waltz 3's - *R or L*
	3.	Beginning back spin – entry optional
	4.	Waltz jump, side toe hop, waltz jump series
	5.	**Toe loop jump**
FreeSkate 3	1.	Forward crossovers in a figure 8
	2.	Advanced forward outside swing rolls – 4-6 consecutive
	3.	Back spin
	4.	Salchow jump
	5.	Waltz jump/toe loop or salchow/toe loop combination
FreeSkate 4	1.	Spiral sequence: FI spiral, FI Mohawk, BO spiral, clockwise or counter clockwise
	2.	Forward power 3's 2-3 consecutive sets, R or L
	3.	Sit spin
	4.	Loop jump
	5.	Waltz jump/loop jump
FreeSkate 5	1.	Spiral sequence, FO spiral, forward outside 3-urn, one backward crossover, backward inside Spiral
	2.	Camel spin
	3.	Forward upright spin to back upright spin
	4.	Loop/loop jump
	5.	Flip jump
FreeSkate 6	1.	Five step Mohawk sequence – 1 set alternating pattern [BS curriculum FS 6]
	2.	Camel, sit spin combination – minimum of 4 revolutions total
	3.	Split jump or stag jump
	4.	Waltz jump, loop, salchow combination
	5.	Lutz jump

Approval Code: MSD090405

Compulsory Programs - Beginner - Preliminary

Beginner – No test requirements

1. Waltz jump
2. Salchow
3. ½ Flip or ½ lutz jump
4. Upright scratch spin [min. 3 revolutions]
5. Forward spiral

Pre-Preliminary - Must have passed no higher than USFSA Pre-Preliminary Free Skating Test

1. Flip jump
2. Combination jump consisting of any two single jumps [no axel]
3. Split jump
4. Sit spin [minimum 3 revolutions]
5. Forward outside spiral

Preliminary - Must have passed no higher than USFSA Preliminary Free Skating Test TIME: 1:15 MAX

1. Single jump of choice [axel permitted]
2. Combination jump consisting of any two single jumps [may not repeat above single jump]
3. Camel spin [min. 3 revolutions]
4. Combination spin [no change of foot]
5. Footwork sequence – straight line or diagonal

Free Skating Program – Low Beginner to Preliminary

Limited Beginner Free Skate - May not have passed any official USFSA test.
Program consists of half revolution jumps, Salchow and toe loops, combinations consisting of these jumps only, upright forward one and two foot spins, one step sequence and/or spiral sequence. No flying spins or combination spins are permitted.
1 ½ Minute +/- 10 seconds

Beginner Free Skate - May not have passed any official USFSA test.
Program consists of single jumps [***no*** Axel or doubles permitted], at least one jump combination or series, a minimum of two spins of a different nature and one step or spiral sequence. No flying spins or combination spins permitted.
1 ½ Minute +/- 10 seconds

Pre-Preliminary Free Skate A - Must have passed no higher than USFSA Pre-preliminary Free Skating test.
Program consists of all single revolutions jumps [***no*** Axel or double jumps permitted], single combination jumps, single jump sequences. A minimum of two spins of a different nature. No flying spins are permitted. One step sequence or spiral sequence.
1 ½ Minute +- 10 seconds

Pre-Preliminary Free Skate B - Must have passed no higher than USFSA Pre-preliminary Free Skating test.
Programs consists of all single revolutions jumps [Axel permitted], single combination jumps, single jump sequences, NO flying spins, NO double jumps permitted.
1 ½ Minute +- 10 seconds

Preliminary Free Skate - Must have passed no higher than USFSA Preliminary Free Skating test.
Program may include all single jumps, axels and two different double jumps which may be repeated as individual jumps, jump sequences or jump combinations. A minimum of two spins of a different nature [combination and change of foot spins are allowed],. One step sequence or spiral sequence.
1 ½ Minute +- 10 seconds

Artistic Showcase
Basic Skills – Preliminary

Theme of skaters choice. Vocal music is permitted. Judging will emphasize interpretation of music rather than technical skills. Costumes that complement music. May use hand-help props or those a skater can get on and off the ice without assistance.

Basic Skills Showcase Program - May have passed up to Basic 8.
Duration: 1 minute or less

Beginner Showcase Program - May not have passed any official USFSA Free Skating Tests. No axels or double jumps
Duration: 1 ¼ minute +/- 10 seconds.

Pre-Preliminary Program - Must have passed no higher than USFSA Pre-preliminary Free Skate test. No axels or double jumps
Duration: 1 ½ minute +/- 10 seconds.

Preliminary Program - Must have passed no higher than USFSA Pre-preliminary Free Skate test. Axels and double jumps allowed.
Duration: 1 ½ minute +/- 10 seconds

Similar Pairs Artistic Showcase
Basic –Preliminary

Two same gender skaters [preferably 2 girls or 2 boys] skating in unison to a theme of their choice. Vocal music is permitted. Judging to emphasize interpretation of music and originality rather than technical skills. Costumes that compliment the music. May use hand held props or those props the skaters can get on and off the ice without assistance.

Basic Showcase Program - May have passed up to Basic 8.
Duration: 1 minute or less

Beginner Showcase Program
May not have passed any official USFSA Free Skating Tests. No axels or double jumps
Duration: 1 ¼ minute +/- 10 seconds.

Pre-Preliminary Program
Must have passed no higher than USFSA Pre-preliminary Free Skate test. No axels or double jumps
Duration: 1 ½ minute +/- 10 seconds

Preliminary Program
Must have passed no higher than USFSA Pre-preliminary Free Skate test. Axels and double jumps allowed.
Duration: 1 ½ minute +/- 10 seconds.

Mt. Pleasant FSC Basic Skills Competition
Entry Form [PLEASE PRINT CLEARLY]

Name _____ Age _____ Birth Date _____
Last First
Address _____ City _____

State _____ Zip _____ Area Code/Phone # _____

Home Club _____ USFSA # _____

Male _____ Female _____ Name of Parent/Guardian _____

E-Mail Address _____

Fees:

$50 First Event
$20 Each Additional Event

Compulsory	
Beginner	
Pre-Preliminary	
Preliminary	

Free Skate	
Limited Beginner	
Beginner	
Pre-Prelim A	
Pre-Prelim B	
Preliminary	

Artistic Showcase	
Basic Skills	
Beginner	
Pre-Preliminary	
Preliminary	

Artistic – Pairs	
Basic	
Beginner	
Pre-Preliminary	
Preliminary	

$40 First Event
$20 Each Additional Event

Basic Compulsory	
Snowplow Sam	
Basic 1	
Basic 2	
Basic 3	
Basic 4	
Basic 5	
Basic 6	
Basic 7	
Basic 8	
FreeSkate 1	
FreeSkate 2	
FreeSkate 3	
FreeSkate 4	
FreeSkate 5	
FreeSkate 6	

Basic Program w/ Music	
Snowplow Sam	
Program A	
Program B	
Program C	
Program D	
FreeSkate 1	
FreeSkate 2	
FreeSkate 3	
FreeSkate 4	
FreeSkate 5	
FreeSkate 6	

Tests Passed – Freestyle _____ Moves _____ Dance _____

Coaches Signature _____ Print Name _____

Phone _____ E-mail Address: _____

Entry Fees are not refundable after the entry deadline unless an event is cancelled.
If you are not a USFSA member add $15 to fee / enter through our Basic Skills Program

First Event $ _____
Additional Event $ _____
Additional Event $ _____
Additional Event $ _____
Join USFSA $ _____
TOTAL: $ _____

ENTRIES MUST BE POST MARKED BY March 1, 2006

Mail form and fees to:
Ginni Phillips
207 E. High Street
Mt. Pleasant, MI 48858

Make check or money order payable to MPFSC.

Please include a self-addressed stamped envelope in order to receive a copy of the schedule
and practice forms.

Approval Code: MSD090405

Certification of Competitor

The competitor is eligible to enter the events checked. It is agreed that the competitor and family hold the Mt. Pleasant FSC and the I.C.E. Arena harmless from any and all liability either during practice or the competition, from any and all liability for damages to or loss of property.

Parent/Guardian Signature_____Date _____

Club Officer/Program Director _____Date _____

COMPETITOR SIGNATURE _____Date_____

CHECKLIST *[please be sure the following is included]*:

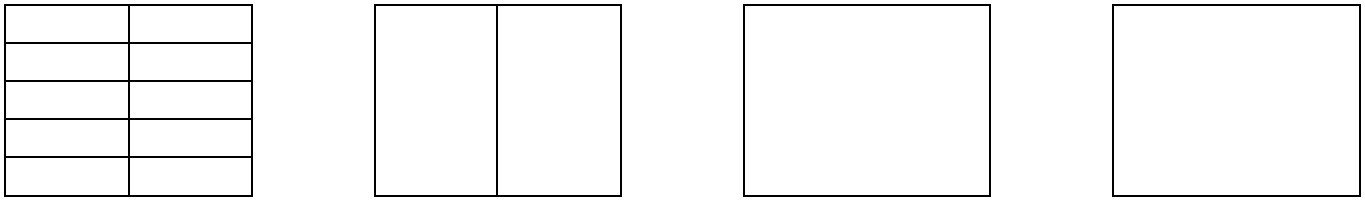
____ Entry form with USFSA Number ____Club Officer's Signature

____Check payable to MPFSC ____Self-addressed stamped envelope

Mountain Town Classic
Basic Skills Competition
~~Mt. Pleasant Figure~~ Skating Club
I.C.E. Arena ♦ 5165 E. Remus Road ♦Mt. Pleasant, MI 48858
Competition to be held on April 8, 2006

ADVERTISING FORM

Ad sizes available:



Business Card	¼ Page	½ Page	Full Page
$20	$35	$60	$100

Company Name_____

Contact Name_____

Address_____

Phone Number_____

Insert Ad copy here or attach camera ready art work to this form.

Approval Code: MSD090405