



# 5<sup>th</sup> Annual Lake Effect Invitational

Hosted by the Lake Effect Figure Skating Club

April 28<sup>th</sup> and 29<sup>th</sup>, 2006

Sanctioned by U.S. Figure Skating

The 5<sup>th</sup> Annual Lake Effect Invitational Skating Competition (includes Basic Skills) will be held at Walker Ice & Fitness Center located at 4151 Remembrance Rd NW, Grand Rapids, Michigan 49544 on Friday April 28<sup>th</sup> and Saturday April 29<sup>th</sup> 2006.

**RULES** - The 5<sup>th</sup> Annual Lake Effect Invitational will be conducted in accordance with the rules of U.S. Figure Skating as set forth in the 2006 USFS Rulebook.

**ELIGIBILITY** - This competition is open to all amateurs or reinstated amateurs who are USFS members, in good standing, and shall be eligible to enter events based on their test status as of March 10, 2006. The Basic Skills portion of the competition is open to all USFS and ISI skaters in any Learn to Skate program.

**EVENTS** - Compulsory Moves (Snowplow Sam – Basic 1– 8, Beginner – Pre-Juvenile), Freestyle (Basic Freestyle 1– 4, Limited Beginner – Senior), Short Program (Juvenile – Senior), Adult Freestyle (Pre-Bronze – Gold), Solo Dance (Preliminary – Silver), and Artistic Impression. A minimum of two entries will be required for all flights to be scheduled. Entrants may “skate up” a level but may not skate more than one level in any one event except dance. Artistic Showcase is a ladies/men-combined event. Compulsory events may be ladies and men combined. If you compete in a basic level event, you are not permitted to skate in any of the Limited Beginner or Beginner events.

**AWARDS** - Medals will be awarded for 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> and 4<sup>th</sup> places. Ribbons will be awarded for 5<sup>th</sup> through 9<sup>th</sup> places. Awards will be presented off ice at scheduled times during the competition.

**ENTRIES & FEES** - All entries must be postmarked no later than March 10, 2006. Late entries may be accepted at the discretion of the committee. **A \$25.00 fee will be charged for all late entries accepted.** Entry fees are per person, per event in US dollars. A \$25.00 service fee will be assessed for all returned/NSF checks. **Any changes requested after the deadline will be subject to a \$25.00 fee.**

### BASIC SKILLS

\$35.00 per competitor (first event)  
\$15.00 per competitor/each additional event

### ALL OTHER EVENTS

\$60.00 per competitor (first event)  
\$25.00 per competitor per event for each additional event,  
including each additional dance  
\$40.00 per team (team compulsory events)

No refunds will be given after the closing date unless the event is cancelled for lack of participation. **NO REFUNDS WILL BE GIVEN FOR ANY REASON.** Entry forms must be filled out completely and mailed along with a check (made payable to Lake Effect FSC) to:

### LAKE EFFECT INVITATIONAL

C/O Nancy Adams  
1385 Benning NW  
Grand Rapids, MI 49504

Contact People: Nancy Adams  
616-791-4437  
[KLAdams323@msn.com](mailto:KLAdams323@msn.com)

Ellen Siu  
616-942-8864

**Be sure to enclose a self-addressed, stamped business size envelope with your entry form to receive your event schedule and practice ice information.**

**PRACTICE ICE** - Practice ice will be available. All practice sessions will run 25 minutes at a charge of \$10.00 per session /per person. Practice ice will be sold on a first come, first serve basis. A complete practice ice schedule will accompany each competitor's confirmation and reservations can be mailed in with appropriate fees at that time. **No music will be played on practice ice.**

**PRACTICE ICE WILL NOT BE SOLD OVER THE PHONE, BY E-MAIL, OR BY FAX.**

**EVENTS AND PRACTICE ICE SCHEDULES** - A tentative schedule of competition events will be mailed to each competitor as soon as the referee provides it. All times are approximate. Please check with the registration desk for changes and exact times.

**REGISTRATION** - The official registration desk will open one hour prior to the first event of the day and remain open until the competition closes. **Competitors must check in at the registration desk at least one hour prior to their first event.**

**OFFICIAL ARENA** - All practice ice and competition events will take place at the Walker Ice & Fitness Center, 4151 Remembrance Rd NW, Grand Rapids, Michigan. The single surface measures 85 feet by 200 feet. The facility has locker rooms, ample parking and a concession area. The arena phone number is 616-735-6785.

**MUSIC** - All music must be turned in at the registration desk at the time of registration. Music will be reproduced through the arena sound system on cassettes or CD's furnished by the competitor. **MUSIC MUST BE REWOUND AND MARKED CLEARLY WITH THE COMPETITOR'S NAME, EVENT, AND PLAY TIME ON THE SIDE TO BE PLAYED.** All competitors must have additional music available as back up during their event. Music left at the conclusion of the competition will not be returned.

**VIDEOTAPING & PHOTOGRAPHY** - Videotaping and photographs will be available through Ledin Photography. Tapes may be purchased or you may supply your own. No power is available for individual videotaping. Award pictures will be taken at designated times. Flash photography is **NOT** permitted, as it is a distraction and danger to the skaters.

**OFFICIAL NOTICES** - All official notices will be posted in the arena lobby. Skaters, coaches, and officials are responsible for checking the official bulletin board for pertinent information.

## **COMPETITION EVENTS & ELIGIBILITY**

### **FREESTYLE SKATERS MAY COMPETE ONE LEVEL HIGHER THAN THEIR CURRENT TEST LEVEL**

**LIMITED BEGINNER - 1 MINUTE 30 SECONDS** - May not have passed any official U.S. Figure Skating Free Skate tests. A well-balanced program consisting of half jumps only, salchows, and toe loops, combinations consisting of these jumps only, upright forward one and two foot spins (minimum 3 revolutions), one step sequence and/or spiral sequence. No flying spins or combination spins permitted.

**BEGINNER - 1 MINUTE 30 SECONDS** - May not have passed any official U.S. Figure Skating Free Skate tests (refer to the Rulebook #3721). A well-balanced program consisting of single jumps (no axel or double jumps permitted), at least one jump combination or sequence, but no more than three in total, a minimum of two spins of a different nature (minimum 3 revolutions), and one step or spiral sequence.

**PRE-PRELIMINARY A - 1 MINUTE 30 SECONDS** - Must have passed the Pre-Preliminary Free Skate Test and no higher. A well-balanced program consisting of an unlimited number of single jumps (no axel or double jumps permitted). At least one jump combination or sequence of jumps (number of jumps to be included is free), but no more than three in total. A minimum of two spins of a different nature (minimum 3 revolutions). One step or spiral sequence.

**PRE-PRELIMINARY B - 1 MINUTE 30 SECONDS** - Must have passed the Pre-Preliminary Free Skate Test and no higher. A well-balanced program consisting of an unlimited number of single jumps. An axel is permitted and may be repeated as an individual jump, or in jump sequences or jump combinations. No double jumps are permitted. At least one jump combination or sequence of jumps (number of jumps to be included is free), but no more than three in total. A minimum of two spins of a different nature (minimum 3 revolutions). One step or spiral sequence (refer to the Rulebook #3711).

**PRELIMINARY LIMITED - 1 MINUTE 30 SECONDS** - Must have passed the Preliminary Free Skate Test and no higher. A well-balanced program consisting of an unlimited number of single jumps, including axels, which may be repeated as individual jumps, jump sequences or jump combinations. No double jumps are permitted. At least one jump combination or sequence of jumps (number of jumps to be included is free), but no more than three in total. A minimum of two spins of a different nature (minimum 3 revolutions). One step sequence utilizing one-half the ice surface.

**PRELIMINARY** – 1 MINUTE 30 SECONDS - Must have passed the Preliminary Free Skate Test and no higher. A well-balanced program consisting of an unlimited number of single jumps, including axels and up to two different double jumps, which may be repeated as individual jumps, jump sequences or jump combinations. At least one jump combination or sequence of jumps (number of jumps to be included is free), but no more than three in total. A minimum of two spins of a different nature (minimum 3 revolutions). One step sequence utilizing one-half the ice surface (refer to the Rulebook #3701).

**PRE-JUVENILE** - 2 MINUTES - Must have passed the Pre-Juvenile Free Skate Test and no higher. See Rule #3691.

**JUVENILE** - 2 MINUTES 15 SECONDS - Must have passed the Juvenile Free Skate Test and no higher. Must be 12 years of age or younger as of March 10, 2006. See Rule #3681.

**OPEN JUVENILE** - 2 MINUTES 15 SECONDS - Must be 13 years of age or older as of March 10, 2006 and passed the Juvenile Free Skate Test and no higher. See Rule #3681.

**INTERMEDIATE** - 2 MINUTES 30 SECONDS - Must have passed their Intermediate Free Skate Test and no higher. See Rule #3672.

**NOVICE LADIES** - 3 MINUTES; **NOVICE MEN** - 3 MINUTES 30 SECONDS - Open to skaters who have passed their Novice Free Skate Test and no higher. See Rule #3663.

**JUNIOR LADIES** - 3 MINUTES 30 SECONDS; **JUNIOR MEN** - 4 MINUTES - Open to skaters who have passed their Junior Free Skate Test and no higher. See Rule #3653.

**SENIOR LADIES** - 4 MINUTES; **SENIOR MEN** - 4 MINUTES 30 SECONDS - Open to skaters who have passed their Senior Free Skate Test. See Rule #3643.

**ADULT PRE-BRONZE** - 1 MINUTE 40 SECONDS maximum - Must have passed the Adult Pre-Bronze Free Skate Test. Skaters must be at least 21 years of age as of March 10, 2006. NO AXELS OR DOUBLE JUMPS.

**ADULT BRONZE** - 1 MINUTE 40 SECONDS maximum - Must have passed the Adult Bronze Free Skate Test. Skaters must be at least 21 years of age as of March 10, 2006. NO AXELS OR DOUBLE JUMPS. See Rule #3801.

**ADULT SILVER** - 2 MINUTES 10 SECONDS maximum - Must have passed at least the Adult Silver Free Skate Test. Skaters must be at least 21 years of age as of March 10, 2006. NO DOUBLE JUMPS. AXELS ARE PERMITTED. See Rule#3791.

**ADULT GOLD** - 2 MINUTES 40 SECONDS maximum - Must have passed at least the Adult Gold Free Skate Test. Skaters must be at least 21 years of age as of March 10, 2006. No restriction as to jumps allowed. See Rule #3781.

### **COMPULSORY MOVES:**

All events shall be skated without music, in a program form using ½ ice surface. Skaters may not exceed the stated time. Test requirements for compulsory moves are the same as the freestyle level indicated. Skaters may skate up one level but may not skate at more than one level. AXELS ARE CONSIDERED A SINGLE JUMP, UNLESS OTHERWISE NOTED.

**BEGINNER** ..... Time: 1 minute 15 seconds or less

- ½ Flip or ½ Lutz jump
- Upright scratch spin (minimum 3 revolutions)
- Salchow jump
- Waltz jump
- Forward spiral

**HIGH BEGINNER** ..... Time: 1 minute 15 seconds or less

- Waltz jump/toe loop combination
- Loop jump
- Upright scratch spin (minimum 3 revolutions)
- Forward spiral
- Salchow jump

**PRE-PRELIMINARY** ..... Time: 1 minute 15 seconds or less

- Flip jump
- Single-single jump combination (no Axel)
- Sit spin (minimum 3 revolutions)
- Forward outside spiral
- Split jump

**PRELIMINARY LIMITED** ..... Time: 1 minute 30 seconds or less

- 1 foot back spin (position optional, may not commence with a jump, min 4 revolutions)
- Single-single jump combination (no axels)
- Edge spiral, spread eagle or Ina Bauer
- Step sequence
- Lutz jump

**PRELIMINARY** ..... Time: 1 minute 30 seconds or less

- Single jump (axel permitted)
- Single-single combination jump (may not repeat jump above)
- Combination spin (no change of foot, minimum 3 revolutions in position )
- Step sequence – straight line or diagonal
- Camel spin (minimum 3 revolutions)

**PRE-JUVENILE** ..... Time: 1 minute 30 seconds or less

- Single jump (may not be repeated in combination)
- Double-single or single-double jump combination (may not repeat axel)
- Combination spin with 1 change of foot, no change of position (may not commence with a jump, minimum 4 revolutions each foot)
- Solo spin (may not commence with a jump, minimum 4 revolutions in position)
- Step sequence.

## **SHORT PROGRAMS**

**JUVENILE** - 2 MINUTES or less with music. Skaters must be 12 years of age or younger as of March 10, 2006 and passed the Juvenile Free Skate Test. **REQUIRED ELEMENTS:**

- Axel jump
- Lutz jump
- Single/double or double/double combination (no axel)
- Spin with one change of foot and one change of position. Min. 4 revolutions each foot
- Step sequence (straight line, circular or serpentine) utilizing full ice surface not commence with a jump.
- Solo spin – minimum 4 revolutions in position. May not commence with a jump.

**OPEN JUVENILE** - 2 MINUTES or less with music. Requirements same as Juvenile. Must have passed the Juvenile Free Skate Test. Skaters must be 13 years of age or older as of March 10, 2006.

**INTERMEDIATE** - 2 minutes. As stated by the 2006 USFS Official Rulebook (Rule #3671).

**NOVICE** - 2 minutes 30 seconds. As stated by the 2006 USFS Official Rulebook (Rules #3661 and #3662).

**JUNIOR** - 2 minutes 50 seconds. As stated by the 2006 USFS Official Rulebook (Rules #3651 and #3652). Elements to be skated are for the 2006-2007 season.

**SENIOR** - 2 minutes 50 seconds. As stated by the 2006 USFS Official Rulebook (Rules #3641 and #3642).

## **BASIC FREESKATE PROGRAM 1-4 WITH MUSIC**

- ❖ Groups will be divided by age
- ❖ Program Duration 1minute 30 seconds +/-10 seconds
- ❖ Vocal Music is **NOT** permitted in Freeskate Programs
- ❖ Skated on full ice
- ❖ Deductions will be made if elements from a higher level if performed

### **FREESKATE LEVEL 1:**

- Advanced forward stroking (4-6 consecutive strokes)
- Basic forward outside edges and forward inside consecutive edges (2- 4 outside and 2- 4 inside edges)
- Scratch spin from backward crossovers
- Waltz jump from backward crossovers
- Half flip jump

### **FREESKATE LEVEL 2:**

- Forward inside and forward outside spiral (right or left)
- Waltz 3's (right or left)
- Beginning back spin - optional entry
- Waltz jump, side toe hop, waltz jump series
- Toe loop jump

### **FREESKATE LEVEL 3:**

- Forward crossovers in a figure 8
- Advanced forward outside swing rolls (4 - 6 consecutive)
- Back spin
- Salchow jump
- Waltz jump/toe loop or Salchow/toe loop

### **FREESKATE LEVEL 4:**

- Spiral sequence; forward inside spiral, forward inside mohawk, backward outside spiral - clockwise or counter clockwise
- Forward power 3's, 2-3 consecutive sets, (right or left)
- Sit spin
- Loop jump
- Waltz jump/loop jump

## **SOLO DANCE EVENTS**

Each dance is a separate event. Solo dance will be two patterns only and is open to men and ladies. The dance you wish to enter may be selected from those listed in your present level and/or from one level higher. Awards will be presented for each individual dance event.

**PRELIMINARY:** Skater may have passed all Preliminary dances but not all Pre-Bronze dances.

Dance events: Dutch Waltz, Rhythm Blues, and Canasta Tango.

**PRE-BRONZE:** Skater may have passed all Pre-Bronze dances but not all Bronze dances.

Dance events: Cha-Cha, Fiesta Tango, and Swing Dance.

**BRONZE:** Skater may have passed all Bronze dances but not all Pre-Silver dances.

Dance events: Willow Waltz, Ten Fox, and Hickory Hoedown.

**PRE-SILVER:** Skater may have passed all Pre-Silver dances but not all Silver dances.

Dance events: Fourteen-Step, European Waltz, Foxtrot.

**SILVER:** Skater may have passed all Silver dances but not all Pre-Gold dances.

Dance events: American Waltz, Rocker Foxtrot, Harris Tango.

## ARTISTIC SHOWCASE

Open themes for each level. Skaters will provide their own music. Vocal music is allowed. A certain amount of jumping is permitted, but no credit is given unless the jumps contribute to the overall aesthetic value of the program. Skaters will be judged according to how well they interpret their theme. Artistry, originality, and creativity are emphasized. Props may be used to accentuate the performance. The skater is responsible for transporting the props on and off the ice. Thirty seconds will be allowed for this. Costumes are encouraged!!! Artistic Duet can be pairs (boys or girls, or combo) dance teams, etc.

**NOTE: PROPS WILL NOT BE ALLOWED ON THE WARM UP.**

Group 1: Time: 1 minute 25 seconds	Basic Skills Beginner
Group 2: Time: 1 minute 25 seconds	Beginner
Group 3: Time: 1 minute 30 seconds	Pre-Preliminary - Preliminary
Group 4: Time: 1 minute 30 seconds	Pre-Juvenile - Juvenile
Group 5: Time: 1 minute 30 seconds	Intermediate and above
Group 6: Time: 1 minute 40 seconds	Adult
Group 7: Time: 2 minutes maximum	Artistic Duet

## TEAM COMPULSORY

A figure skating club may enter no more than two teams in each level. Skaters may only skate for their home club. Both boys and girls may skate on the same team. The highest level of one skater determines the team's level to compete. A skater may skate on one team only. Two marks will be awarded for each team: technical merit and presentation of the elements. The technical mark will break a tie.

There are four skaters to a team with one element being performed by each team member. Each team member will have one chance to execute the element. Three to four minutes will be allotted for each team. Should a skater be unable to compete due to illness or injury, a teammate may execute the element with proper notice to the referee of the event prior to event start. No additional unnecessary moves will be allowed.

Each team is to name a team captain through whom any communication with the team and the event referee is handled. Each team should have a sign 28" x 12" which includes the team's name, level and club. If two teams from a club enter the same level, the team name must be different from each other. Full ice will be used for this event.

**PRE-PRELIMINARY** - Must have passed no higher than the Pre-Preliminary Free Skate Test.

- Flip jump
- Loop/loop jump combination
- One foot forward upright spin
- Forward outside spiral

**PRELIMINARY** - Must have passed no higher than the Preliminary Free Skate Test.

- Lutz/Loop jump combination
- Flip jump
- One foot upright back spin
- Straight line footwork sequence

**PRE-JUVENILE** - Must have passed no higher than the Pre-Juvenile Free Skate Test.

- Axel
- Double Salchow
- Camel/Sit combination spin
- Circular footwork sequence

**JUVENILE** - Must have passed no higher than the Juvenile Free Skate Test.

- Axel/Loop jump combination
- Double Loop jump
- Layback spin
- Serpentine spiral sequence (May include spread eagles or Bauers, but primarily spirals)

**INTERMEDIATE** - Must have passed no higher than the Intermediate Free Skate Test.

- Double Loop jump
- Double/double jump combination (no double axel)
- Spin combination with at least one change of foot and at least one change of position
- Serpentine spiral sequence (may include spread eagles or Bauers, but primarily spirals)

**NOVICE** - Must have passed no higher than the Novice Free Skate Test.

- Double Lutz
- Double flip together with any other double jump
- Flying Camel Spin
- Serpentine footwork sequence

## **SPINS EVENTS**

Skaters may compete one level higher than their test level. Skaters will create a compulsory spin program according to the requirements for their level. All levels will be skated on ½ ice surface with no music. Spins must be skated exactly as stated, but may be skated in any order.

**PRE-PRELIMINARY** .... Time: 1 minute 30 seconds or less

- One foot forward scratch spin (minimum 3 revolutions)
- Sit spin (minimum 3 revolutions)
- Back Spin (minimum 3 revolutions)
- Footwork sequence of any pattern
- Spiral, spread eagle or Bauer

**PRELIMINARY** ..... Time: 1 minute 30 seconds or less

- Back Spin (minimum 4 revolutions)
- Camel Spin (minimum 4 revolutions)
- Sit spin (minimum 4 revolutions)
- Footwork Sequence of any pattern
- Spiral, spread eagle or Bauer

**PRE-JUVENILE** ..... Time: 1 minute 30 seconds

- Forward scratch to backward scratch spin combination
- Layback spin (girl) - Camel spin (boy) (min. 4 revolutions)
- Spin combination with only 1 change of foot minimum 4 revolutions) only one change of position.
- Footwork sequence of any pattern
- Spiral, spread eagle or Bauer

**JUVENILE/OPEN JUVENILE** ..... Time: 1 minute 30 seconds

- Flying Camel spin (minimum 4 revolutions)
- Combination spin with only one change of foot (minimum 4 revolutions on each foot) and at least one change of position
- Layback spin (girls) - Camel spin (boys) (minimum 4 revolutions)
- Footwork sequence of any pattern
- Spiral, Bauer or spread eagle

**INTERMEDIATE /NOVICE** ..... Time: 2 minutes or less

- Combination spin with only one change of foot (min. 5 revolutions on each foot) only two changes of position
- Layback spin (girls) - Camel spin (boys) (minimum 5 revolutions)
- Flying Camel (minimum 5 revolutions)
- Footwork sequence of any pattern
- Spiral, spread eagle or Bauer

## **COMPULSORY EVENTS - SNOWPLOW SAM BASIC 1-8**

All elements shall be skated one at a time in rotation on ½ sheet of ice. All elements must be skated in the order listed. Each skater performs one element at a time and will perform the next element only when directed by a judge or referee. Skaters are “allowed one retry per element”. If the skater would like a retry, they should raise their hand immediately. If the skater attempts a retry, “only the retry will count for that element”. No music.

### **SNOW PLOW SAM (TOTS)**

- March followed by a two foot glide and dip
- Forward two foot swizzles, 2 - 3 in a row
- Forward snowplow stop
- Backward wiggles, 2 - 6 in a row

### **BASIC 1 .....**

- Forward two foot glide
- Forward two foot swizzles, 6 - 8 in a row
- Forward snowplow stop
- Backward wiggles, 6 - 8 in a row

### **BASIC 2 .....**

- Forward one foot glide -either foot
- Backward two foot swizzles, 6-8 in a row
- Two foot turn in place, forward to backward
- Moving snowplow stop
- Forward alternating ½ swizzle pumps, in a straight line, across width of the ice

### **BASIC 3 .....**

- Forward stroking
- Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise, 6-8 consecutive
- Moving forward to backward two foot turn – either direction
- Backward one foot glide either foot.
- Two foot spin

### **BASIC 4 .....**

- Forward outside edge on a circle - clockwise or counterclockwise
- Forward crossovers - 6-8 consecutive, both directions
- Forward outside 3 turn, right and left from a T position
- Backward stroking
- Backward snowplow stop - right or left

### **BASIC 5 .....**

- Backward outside edge on a circle, clockwise or counterclockwise
- Backward crossovers. 6 - 8 consecutive, both directions
- One foot spin (minimum of 3 revolutions)
- Hockey stop
- Side toe hop, either direction

### **BASIC 6 .....**

- Forward inside 3 turn, right and left from a T position
- T stop - right or left
- Bunny hop
- Forward arabesque (spiral) on a straight line, right or left
- Lunge, right or left

**BASIC 7 .....**

- Forward inside open Mohawk - right to left and left to right
- Ballet jump - either direction
- Backward crossovers to backward outside edge landing position – clockwise and counterclockwise
- Forward inside pivot

**BASIC 8 .....**

- Moving forward outside or forward inside 3 turns - right and left
- Waltz jump
- Mazurka - either direction
- Combination move, clockwise or counterclockwise (from Basic 8 curriculum)
- Beginning one foot upright spin, optional free foot position

## CERTIFICATION OF CLUB OFFICER

I certify that \_\_\_\_\_ (skater) is in good standing of USFS Club indicated and that the test level indicated is true and correct.

SIGNATURE OF CLUB OFFICER \_\_\_\_\_

TITLE \_\_\_\_\_ DATE \_\_\_\_\_

CLUB \_\_\_\_\_

## WAIVER OF CLAIMS FOR INJURY

I fully release, discharge, and covenant not to sue U.S. Figure Skating, its Member Clubs, their Respective administrators, directors, agents, officers, volunteers, and employees, and any sponsors and advertisers of any U.S. Figure Skating sanctioned event in which I participate (each considered one of the Releases herein) from all liability, claims, demands, losses, or damages, arising out of gross negligence of, or intentional, willful or wanton misconduct of Releases. If I, or anyone on my and/or minor child's behalf, makes a claim which does not arise from the gross negligence of, or intentional, willful or wanton misconduct of Releases against any of the Releases, I will indemnify, defend, save, and hold harmless each of the Releases from any loss, liability, damage, or cost which any may incur as the result of such claim.

I acknowledge that I have read this release, waiver of liability and express assumption of risk agreement and fully understand it.

Signature of Parent/guardian or competitor if over 18

DATE \_\_\_\_\_

**ENTRIES MUST BE POSTMARKED BY March 10, 2006**

**MAIL FORM & FEES TO: LAKE EFFECT INVITATIONAL  
C/O NANCY ADAMS  
1385 BENNING NW  
GRAND RAPIDS, MI 49504**

**YOU MUST INCLUDE A SELF ADDRESSED STAMPED ENVELOPE IF YOU WISH TO RECEIVE  
A COPY OF THE SCHEDULE AND PRACTICE ICE FORMS.**

## 2006 Lake Effect Invitational ENTRY FORM

Name of Skater: \_\_\_\_\_ Age: \_\_\_\_\_ Birth Date: \_\_\_\_\_

Male: \_\_\_ Female: \_\_\_ USFS#: \_\_\_\_\_ Basic Badge Level: \_\_\_\_\_ Home Club: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Coach: \_\_\_\_\_ Phone: \_\_\_\_\_ E-Mail: \_\_\_\_\_

Name of Parent/Guardian: \_\_\_\_\_ Home Phone: \_\_\_\_\_ E-Mail: \_\_\_\_\_

Highest test passed: Freestyle: \_\_\_\_\_ Moves: \_\_\_\_\_ Dance: \_\_\_\_\_

### Basic Compulsory

\_\_\_\_ Snowplow Sam  
 \_\_\_\_ Basic 1  
 \_\_\_\_ Basic 2  
 \_\_\_\_ Basic 3  
 \_\_\_\_ Basic 4  
 \_\_\_\_ Basic 5  
 \_\_\_\_ Basic 6  
 \_\_\_\_ Basic 7  
 \_\_\_\_ Basic 8

### Individual Freestyle

\_\_\_\_ Limited Beginner  
 \_\_\_\_ Beginner  
 \_\_\_\_ Pre-Preliminary A  
 \_\_\_\_ Pre-Preliminary B  
 \_\_\_\_ Preliminary Limited  
 \_\_\_\_ Preliminary  
 \_\_\_\_ Pre-Juvenile  
 \_\_\_\_ Open Juvenile  
 \_\_\_\_ Juvenile  
 \_\_\_\_ Intermediate  
 \_\_\_\_ Novice  
 \_\_\_\_ Junior  
 \_\_\_\_ Senior

### Individual Short Program

\_\_\_\_ Open Juvenile  
 \_\_\_\_ Juvenile  
 \_\_\_\_ Intermediate  
 \_\_\_\_ Novice  
 \_\_\_\_ Junior  
 \_\_\_\_ Senior

### Basic Freestyle

\_\_\_\_ Freestyle 1  
 \_\_\_\_ Freestyle 2  
 \_\_\_\_ Freestyle 3  
 \_\_\_\_ Freestyle 4

### Spins

\_\_\_\_ Pre-Preliminary  
 \_\_\_\_ Preliminary  
 \_\_\_\_ Pre-Juvenile  
 \_\_\_\_ Juvenile/Open Juvenile  
 \_\_\_\_ Intermediate/Novice

### Compulsory Events

\_\_\_\_ Beginner  
 \_\_\_\_ High Beginner  
 \_\_\_\_ Pre-Preliminary  
 \_\_\_\_ Preliminary Limited  
 \_\_\_\_ Preliminary  
 \_\_\_\_ Pre-Juvenile

### Adult Freestyle

\_\_\_\_ Adult Pre-Bronze  
 \_\_\_\_ Adult Bronze  
 \_\_\_\_ Adult Silver  
 \_\_\_\_ Adult Gold

### Artistic Showcase

\_\_\_\_ Basic Skills Beginner  
 \_\_\_\_ Beginner  
 \_\_\_\_ Pre-Pre/Preliminary  
 \_\_\_\_ Pre-Juv/Juvenile  
 \_\_\_\_ Intermediate/and above  
 \_\_\_\_ Adult  
 \_\_\_\_ Artistic Duet  
 (please list partner)

### Solo Dance - write in dances to be skated (maximum of 6))

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_  
 4. \_\_\_\_\_ 5. \_\_\_\_\_ 6. \_\_\_\_\_

### ENTRY FEES

\$60.00 First event

\$25.00 each additional event

(including each additional dance)

\$35.00 First event (Basic events only)

\$15.00 each additional event (Basic events)

**MAKE CHECKS PAYABLE TO THE LAKE EFFECT FSC  
 ENTRIES MUST BE POSTMARKED BY MARCH 10, 2006**

USFS Approval  
 #EGL120605MH

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Basic Skills Approval  
 #MSD113006

**2006 LAKE EFFECT INVITATIONAL COMPETITION**  
**\*\*TEAM COMPULSORY ENTRY FORM\*\***

Name of Team: \_\_\_\_\_ Level: \_\_\_\_\_

Home Club: \_\_\_\_\_ Level of highest tested skater: \_\_\_\_\_

Team Captain/Contact Person: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Birth Date: \_\_\_\_\_ USFS#: \_\_\_\_\_

Names of Additional Members:

Name: _____	Name: _____	Name: _____
Address: _____	Address: _____	Address: _____
City: _____	City: _____	City: _____
State: _____ Zip: _____	State: _____ Zip: _____	State: _____ Zip: _____
Birth Date: _____	Birth Date: _____	Birth Date: _____
USFS#: _____	USFS#: _____	USFS#: _____

Entry Fee: \$40.00 per team. Entries must be postmarked by March 10, 2006  
Please mail this form and appropriate fee with self-addressed STAMPED envelope to:

2006 Lake Effect Invitational Competition  
c/o Nancy Adams  
1385 Benning NW  
Grand Rapids, MI 49504

**CERTIFICATION OF CLUB OFFICER**

I certify that the above named skaters are members in good standing of the USFS Club indicated and the test level indicated is true and correct.

Signature of Club Officer: \_\_\_\_\_ Date: \_\_\_\_\_

We understand that U.S. Figure Skating, Lake Effect FSC and Walker Ice and Fitness Center and organizers of this competition, undertake no responsibility for damages or injuries suffered by competitors. In addition, the competitor and his/her parents or guardian agree to assume all risks of injury and loss of property resulting from, caused by or connected with the conduct and management of this competition, and to waive and release any and all claims which they may have against any officials, U.S. Figure Skating, the Lake Effect FSC, and its Officers and Directors.

SIGNATURES OF PARENTS / GUARDIANS FOR SKATERS NAMED ABOVE:

\_\_\_\_\_ Date \_\_\_\_\_  
\_\_\_\_\_ Date \_\_\_\_\_  
\_\_\_\_\_ Date \_\_\_\_\_  
\_\_\_\_\_ Date \_\_\_\_\_