2006 Colorado Springs Invitational Compete With US Basic Skills Competition

Part of the First Annual USFS Skate Colorado Basic Skills Series

Hosted by: Edora Pool/Ice Center (EPIC) Fort Collins, Honnen Ice Arena, Broadmoor SC & Centennial SC

Events to take place at:

Skatefest 2006 (EPIC)
Date: April 2, 2006
1801 Riverside

1801 Riverside
Fort Collins, CO 80525
Competition Chairman: Cathy Smith
cathy@lneilsmith.org

(970)231-4188 Competition Application Deadline: March 3, 2006

Colorado College Cup (Honnen Ice Arena) Date: April 22, 2006

14 Cache La Poudre St. Colorado Springs, CO 80903

Competition Chairmen: Linda Alexander/Karen Kight lalexander@coloradocollege.edu or thekightklan@adelphia.net

(719) 389-6156 or (719) 632-4349

Competition Application Deadline: March 20, 2006

Broadmoor Open (World Arena)

Date: June 25, 2006 3185 Venetucci Blvd Colorado Springs, CO 80906 Competition Chair: Barbara Bradley

Honeybee23@aol.com (719) 540-5655

Competition Application Deadline: April 27, 2006

Colorado Springs Invitational (Sertich Ice Center)

Date: September 17, 2006
1705 Pikes Peak Avenue
Colorado Springs, CO 80909
Competition Chair: Lisa Landon
Lisa landon@adelphia.net

(719) 659-0912

Competition Application Deadline: RECEIVED BY JULY 31, 2006

MISSION STATEMENT: to give Colorado skaters a chance to develop their USFS Basic Skills in a fun, competitive environment. During the competition season, skaters will have the chance to compete at four different arenas and earn points for a final standing. Trophies will be awarded to the skaters with the highest point totals who compete in at least 3 of the 4 scheduled competitions. Skaters will be notified of the final point totals by October 1, 206. Information will be enclosed at that time listing the winners of the trophies at each level and when and where the trophies will be awarded.

It is very important to the success of the series that skaters are placed in the correct divisions. If, for whatever reason, the local organizing committee discovers that a skater has been placed in a category that is below their class level, the chair and referee will have the option to move the skater to the proper division, even if this has to be done the day of the competition. This will ensure that every event is as fair as possible to the competitors.

Series Point System

The Freeskating events and the Compulsory/Elements events in each of the 4 Series Competition will be eligible for accumulating points.

The system for scoring points for the final trophy will be as follows:

Each event will have a maximum of 6 skaters

1 st place	6 points
2 nd place	5 points
3 rd place	4 points
4 th place	3 points
5 th place	2 points
6 th place	1 point

If an event has less than 6 skaters, the point will be adjusted (i.e. for a group of 3 skaters, first place would receive 3 points, 2nd place 2 points, and 3rd place 1 point).

All skaters who participate in the Snowplow Sam, Basic 1-8, & Freestyle 1-6 levels in at least 3 of the 4 competitions in the series will be eligible to win a trophy with an overall placement.

Please note: Spin, Dance, Pair, and Showcase events will not be counted in the final standings. Adult events and beginner, pre-Pre, & Preliminary events will also be excluded for this year.

Rules and Format:

Elements Event – Basic Skills Curriculum and Adults

Event will be skated on 1/2 ice. No music allowed. Time: 1:00 minute or less. All elements must be skated in the order listed. Each skater will perform all elements when instructed to begin by the announcer. The skater will take a starting position on the ice, the announcer will state "You may begin", and then the skater will perform the elements in order like a "Moves in the Field" test (each element is performed in order, no linking steps in between, without stopping). If a skater experiences difficulty performing the elements, they may approach the referee for assistance. If a skater omits an element, the referee will call the skater back to perform the element. **Skaters will be divided by age if entries warrant and no more than six skaters per group.**

Freeskate Compulsory Event - Freeskate Curriculum

The skater must demonstrate the required elements and may use any additional elements from previous levels (where applicable). The skating order of the required elements is optional (elements may be repeated). To be skated on ½ ice in program form using a limited number of connecting steps. No music permitted. Time: 1:00 minute or less. Deductions will be made if elements from a higher lever are performed. **Skaters will be divided by age if entries warrant and no more than 6 skaters per group.**

Basic Programs with Music

The skating order of the required elements is optional. The elements are not restricted as to the number of times element is executed, or length of glides, number of revolutions etc., unless otherwise stated. Vocal music is allowed. May use elements from a previous level. Deductions will be made for each element from a higher level that is skated. Time is 1 minute +/- 10 sec., to be skated on full ice. Skaters will be judged on Technical Merit and Presentation. Skaters will be divided by age if entries warrant and no more than six skaters per group.

Freeskate Programs 1-6 with music and Adults

Program duration 1:30+/-10 sec. To be skated on full ice. No vocal music. Deductions will be made if elements from a higher level are performed. Programs must contain all the required elements listed and will be judged on the following: Technical Merit and Presentation. **Skaters will be divided by age if entries warrant and no more than six skaters per group.**

The purpose of the Basic Skills event is to promote a fun introduction to the competitive sport of figure skating for the beginning skater. The competition is open to ALL skaters who are current eligible (ER 1.00) members of either the Basic Skills Program and/or are full members of U.S. Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Basic Skills Program/Club or any other Basic Skills Program/Club.

Eligibility will be based on skill level as of closing date of entries. All SNOWPLOW SAM and BASIC SKILLS SKATERS THROUGH BASIC 8 must skate at highest level passed and NO official U.S. Figure Skating tests may have been passed including MIF or Individual Dances.

Skaters in other events may skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition and may have passed Pre-Preliminary Moves in the Field.

The registration desk will be located in the lobby of Sertich Ice Center and should open 1 hour prior to the first scheduled practice ice session of the competition. Please register promptly when you arrive at the ice arena.

<u>Music must be submitted at the time of registration and be a CD</u>. We can provide a tape to CD conversion at the registration desk for a \$5.00 charge.

Each division, which will be divided by age, will include no more than six competitors. Medals will be awarded 1-6th place. Awards will be presented at the photographer's table, and all skaters in each group will be included in the awards photo as soon as possible after the posting of results.

Professional photographs will be available for purchase. The committee will make every attempt to ensure that the cost is reasonable. **NO FLASH PHOTOGRAPHY** is allowed in the rink area during competition. Flash photography is dangerous to the skaters! The competition committee reserves the right to remove anyone from the rink who ignores requests and warnings regarding the use of flash photography.

Skater and Coaches schedules will be posted on the web at: http://sk8stuff.com

Skaters will be able to choose their own practice ice sessions online after the schedule is posted but you must indicate how many sessions you want and pay for them in advance.

Skaters will be able to pick their own practice ice sessions online this year but you MUST indicate number of sessions you want on the practice ice form and you MUST pay for them with your entry form. You will receive a postcard with a PIN number in order to access your practice ice records and select your sessions. Practice ice will be available at Sertich Ice Center starting on Tuesday or Wednesday, September 12 or 13 in the evening depending on number of entries. Charge for the 20 minute session is \$9.00. Please fill out the enclosed practice ice request form.

Notification of competition and practice ice times will NOT be available by phone. Skater and Coaches schedules will be available via the web at www.sk8stuff.com. If you do not have internet access, you may include a self-addressed stamped envelope with your entry form and your competition and practice ice schedule will be mailed to you. Persons using checks without sufficient funds will be charged an additional \$30.00 fee per check. All further payments must be made by cash, money order, or certified funds. Skaters will not be allowed to practice or compete until all such debts are satisfied.

The host hotel is the Clarion Downtown Colorado Springs (formerly the Le Baron Hotel). The Clarion Hotel rooms feature telephone data port, room service, laundry and valet service, coffee maker, hair dryer, remote control televisions and iron/ironing boards. Rooms will be held until September 1, 2006. All guestrooms must be guaranteed by a credit card authorization. The Clarion Hotel guests may enjoy a full service restaurant, lounge, outdoor pool and Jacuzzi, state-of-the-art fitness center and courtyard. The hotel also offers complimentary round-

trip airport shuttle and a full service business center equipped with fax copier, email and Internet services. Special guest room rates include a bountiful hot breakfast buffet, per day per room (up to 4 per room, per day). Rates are:

Single Double Triple Quad \$69.00 \$69.00 \$79.00 \$79.00 (Rates are exclusive of applicable tax, currently 8.4%)

> 314 West Bijou Street Colorado Springs, CO 80905

Please call 1-800-477-8610 for room reservations and reference Centennial Skating Club of Colorado Springs to receive special rates. Usage of our host hotel provides expense offsets and allows us to keep the entry fees lower!

Entry forms must be RECEIVED BY July 31, 2006. Entries received after July 31, 2006 will be considered late, and will be accepted at the discretion of the Chief Referee. Late entries will be assessed a \$30.00 late fee. The competition committee reserves the right to limit entries in any event or to cancel an event. Entry fees will only be refunded in accordance with refund policy below. If you wish to be notified that your application has been received, include a self-addressed stamped postcard and it will be mailed to you upon receipt.

Refund Policy

Full refunds are available if withdrawal is prior to July 31, 2006. After July 31, 2006, entry refunds are only available if the competition is not held or there is a death in the competitor's immediate family. There will be NO medical refunds given.

Entry Fees

Events \$35.00 for first event, \$15.00 for each additional event

Make checks payable to: 2006 Colorado Springs Invitational

Mail checks and all forms to: Centennial Skating Club

Attention: Competition Committee

P.O. Box 62991

Colorado Springs, CO 80962-2991

	Elements	
Level Passed	Competition Level	OFFICIAL TESTS ALLOWED
Snowplow Sam 1	Snowplow Sam only	NONE
Snowplow Sam 2	Snowplow Sam only	NONE
Snowplow Sam 3	Snowplow Sam only	NONE
Basic 1	Basic 1 ONLY	NONE
Basic 2	Basic 2 ONLY	NONE
Basic 3	Basic 3 ONLY	NONE
Basic 4	Basic 4 ONLY	NONE
Basic 5	Basic 5 ONLY	NONE
Basic 6	Basic 6 ONLY	NONE
Basic 7	Basic 7 ONLY	NONE
Basic 8	Basic 8 ONLY	NONE
Freeskate 1	Freeskate 1 or 2 NOT BOTH	Pre-Preliminary MIF ONLY
Freeskate 2	Freeskate 2 or 3 NOT BOTH	Pre-Preliminary MIF ONLY
Freeskate 3	Freeskate 3 or 4 NOT BOTH	Pre-Preliminary MIF ONLY
Freeskate 4	Freeskate 4 or 5 NOT BOTH	Pre-Preliminary MIF ONLY
Freeskate 5	Freeskate 5 or 6 NOT BOTH	Pre-Preliminary MIF ONLY
Freeskate 6	Freeskate 6 or Beginner** NOT BOTH	Pre-Preliminary MIF ONLY

Programs with Music

Level Passed	Competition Level	OFFICIAL TESTS ALLOWED
Snowplow Sam 1	Snowplow Sam only	NONE
Snowplow Sam 2	Snowplow Sam only	NONE
Snowplow Sam 3	Snowplow Sam only	NONE
Basic 1	Basic Program A	NONE
Basic 2	Basic Program A	NONE
Basic 3	Basic Program B	NONE
Basic 4	Basic Program B	NONE
Basic 5	Basic Program C	NONE
Basic 6	Basic Program C	NONE
Basic 7	Basic Program D	NONE
Basic 8	Basic Program D	NONE
Freeskate 1	Freeskate 1 or 2 NOT BOTH	Pre-Preliminary MIF ONLY
Freeskate 2	Freeskate 2 or 3 NOT BOTH	Pre-Preliminary MIF ONLY
Freeskate 3	Freeskate 3 or 4 NOT BOTH	Pre-Preliminary MIF ONLY
Freeskate 4	Freeskate 4 or 5 NOT BOTH	Pre-Preliminary MIF ONLY
Freeskate 5	Freeskate 5 or 6 NOT BOTH	Pre-Preliminary MIF ONLY
Freeskate 6	Freeskate 6 or Beginner** NOT BOTH	Pre-Preliminary MIF ONLY

^{**} If a skater competes up into Beginner Category (if offered) they may not go back to compete in the Freeskate Categories

Event Descriptions

Level	Description
Snowplow Sam Elements	March followed by a two-foot glide and dip
	2. Forward two-foot swizzles - 2-3 in a row
	3. Forward snowplow stop
	4. Backward wiggles - 2-6 in a row
Basic 1 Elements	Forward two-foot glide
Basic 1 Liements	2. Forward two-foot swizzles - 6-8 in a row
	3. Forward snowplow stop
Dania 2 Flamanta	4. Backward wiggles - 6-8 in a row
Basic 2 Elements	1. Forward one-foot glide - either foot
	2. Backward two-foot swizzles - 6-8 in a row
	3. Two-foot turn in place - forward to backward
	4. Moving snowplow stop
	5. Forward alternating ½ swizzle pumps, in a straight line- across width of ice
Basic 3 Elements	1. Forward stroking
	2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise -6-8 consecutive
	3. Moving forward to backward two-foot turn - either direction
	4. Backward one-foot glide - either foot
	5. Two-foot spin
Basic 4 Elements	Forward outside edge on a circle- clockwise or counterclockwise
	2. Forward crossovers- 6-8 consecutive- both directions
	3. Forward outside 3-turn - R and L
	4. Backward stroking
	5. Backward snowplow stop - R or L
Basic 5 Elements	Backward outside edge on a circle- clockwise or counterclockwise
Busic & Bremenus	Backward crossovers – 6-8 consecutive- both directions
	3. One-foot Upright spin - minimum of 3 revolutions
	4. Hockey Stop
	5. Side Toe hop - either direction
Basic 6 Elements	1
Dasic o Elements	1. Forward inside 3-turn - R and L
	2. T-stop - R or L
	3. Bunny Hop
	4. Forward arabesque (spiral) on a straight line - R or L
	5. Lunge - R or L
Basic 7 Elements	1. Forward inside open Mohawk - R to L and L to R
	2. Ballet jump - either direction
	3. Backward crossovers to a backward outside edge landing position, clockwise and counterclockwise
	4. Forward inside pivot
Basic 8 Elements	1. Moving forward outside or forward inside three-turns - R and L
	2. Waltz jump
	3. Mazurka - either direction
	4. Combination move - clockwise or counterclockwise (from Basic 8 curriculum)
	5. One-foot upright spin, optional free foot position
Freeskate 1 Compulsory	Advanced forward stroking – 4-6 consecutive strokes
Program	2. Basic forward outside edges and forward inside consecutive edges - 2-4 outside and 2-4 inside edges
	Scratch spin from backward crossovers
	Waltz jump from backward crossovers
	5. Half flip jump
Freeskate 2 Compulsory	Forward outside spiral - R or L, and a forward inside spiral - R or L
Program	2. Waltz Three's- R or L
- 0	3. Beginning back spin- entry optional
	Beginning back spin- entry optional Waltz jump, side toe hop, waltz jump series
Franskata 2 Commission	5. Toe loop jump
Freeskate 3 Compulsory	1. Forward crossovers in a figure 8
Program	2. Advanced forward outside swing rolls - 4-6 consecutive
	3. Back spin
	4. Salchow jump
	5. Waltz jump/toe loop or Salchow/toe loop
Freeskate 4 Compulsory	
	1. Spiral sequence, FI spiral, FI Mohawk, BO spiral, clockwise or counter clockwise
Program	 Spiral sequence, FI spiral, FI Mohawk, BO spiral, clockwise or counter clockwise Forward power 3's, 2-3 consecutive sets - R or L
	2. Forward power 3's, 2-3 consecutive sets - R or L

Frankata 5 Compulsor	1 Gainel Communa FO Gainel Formuna (112)
Freeskate 5 Compulsory Program	1. Spiral Sequence, FO Spiral, forward outside 3 turn, one backward crossover, backward inside spiral
110514111	2. Camel spin 3. Forward upright spin to back upright spin
	Forward upright spin to back upright spin Loop/loop jump
	5. Flip jump
Freeskate 6 Compulsory	Five step Mohawk sequence – 1 set alternating pattern
Program	Camel, sit spin combination - minimum of 4 revolutions total
	Split jump or stag jump
	4. Waltz jump, 1/2 loop, salchow combination
	5. Lutz jump
Adult 1 Elements	Forward Swizzles 4-6 in a row
	2. Backward Swizzles 4-6 in a row
	3. Forward 1-foot glide R&L
	4. Two foot turn in place5. Snowplow stop
Adult 2 Elements	Showplow stop Forward Crossovers, clockwise and counter clockwise
radit 2 Elements	Moving 2-foot turn on a curve both directions
	3. Backward 1-foot glide R&L
	4. Forward Pivot
Adult 3 Elements	Inside Mohawk either direction
	Backward crossovers, clockwise and counter clockwise
	3. Basic forward outside and forward inside edges – 4 of each
Adult 4 Elements	Two-foot spin – entry optional Forward Outside 3-Turns R&L
Adult 4 Elements	2. Forward Inside 3-Turns R&L
	3. Perimeter stroking with crossover end pattern
	4. Power 3-turns one direction only, set of 3
Snowplow Sam Program w/	March followed by a two foot glide and dip
Music	2. Forward two foot swizzles
	3. Forward snowplow stop
Dagie 1 Dragram w/Music	4. Backward wiggles
Basic 1 Program w/Music	Forward two foot glide Forward two-foot swizzles
	3. Forward snowplow stop
	4. Backward wiggles
Basic 2 Program w/Music	Forward 1 foot glide
-	2. Backward two foot swizzles
	3. Two foot turn in place – forward to backward
	4. Moving snowplow stop
Basic 3 Program w/Music	 5. Forward alternating ½ swizzle pumps, in a straight line – across the width of the ice 1. Forward stroking
Basic 3 Flogram w/Music	2. Forward ½ swizzle pumps on a circle
	3. Moving forward to backward two foot turn
	4. Backward one foot glide
	5. Two foot spin
Basic 4 Program w/Music	Forward outside edge on a circle
	2. Forward crossovers
	Forward outside 3-turn Backward stroking
	Backward stroking Backward snowplow stop
Basic 5 Program w/Music	Backward ontside edge on a circle
<i>3</i>	Backward crossovers
	3. One foot spin – min of three revolutions
	4. Hockey stop
D : (D : ::	5. Side toe hop
Basic 6 Program w/Music	1. Forward inside 3-turn
	2. T-stop 3. Bunny hop
	Forward arabesque spiral on a straight line
	5. Lunge
Basic 7 Program w/Music	Forward inside Mohawk
-	2. Ballet jump
	3. Backward crossovers to a back outside edge landing position
D : 0 D	4. Forward inside pivot
Basic 8 Program w/Music	Moving forward outside or forward inside 3 turns
	2. Waltz jump
	3. Mazurka
	4. Combination move from Basic 8 curriculum
E 1 / 1 B 27 1	5. Beginning 1 foot upright spin, optional free foot position
Freeskate 1 Program w/Music	1. Advanced forward stroking (4-6 consecutive strokes)
	2. Basic forward outside edges or forward inside consecutive edges - 2-4 outside or 2-4 inside edges
	3. Scratch spin from backward crossovers
	4. Waltz jump from backward crossovers

	5. Half flip jump
Freeskate 2 Program w/Music	1. Forward outside spiral - R or L
	2. Waltz Three's – R or L
	3. Beginning back spin
	4. Waltz jump, side toe hop, waltz jump series
	5. Toe loop jump
Freeskate 3 Program w/Music	1. Forward crossovers in a figure 8
	2. Advanced forward outside swing rolls - 4-6 consecutive
	3. Back spin
	4. Salchow
	5. Waltz jump/toe loop or Salchow/toe loop
Freeskate 4 Program w/Music	1. Spiral sequence: FI spiral, FI Mohawk, BO spiral, clockwise or counter clockwise
Treesmane Tregram Williams	2. Forward power 3's, 2-3 consecutive sets,- R or L
	3. Sit spin
	4. Loop jump
	5. Waltz jump/loop jump
Freeskate 5 Program w/Music	Spiral Sequence: FO Spiral, forward outside 3 turn, one backward crossover, backward inside spiral
Treestate 5 Tregram William	2. Camel spin
	Forward upright spin to back upright spin
	4. Loop/loop combination jump
	5. Flip jump
Freeskate 6 Program w/Music	1. Five step Mohawk sequence - 1 set alternating pattern (refer to Basic Skills curriculum Freeskate level 6)
Treeskate of Fogram William	2. Camel, sit spin combination - minimum of 4 revolutions total
	Split jump or stag jump
	4. Waltz jump, 1/2 loop, Salchow combination
	5. Lutz jump
Adult 1 Program w/Music	Forward 1-foot glide R&L
Tradic T Trogram Williams	2. Snowplow stop
	3. Forward curves on 2 feet
	4. Forward ½ swizzle pumps on a circle
	5. Forward chasses on a circle
Adult 2 Program w/Music	Forward Crossovers, clockwise and counter clockwise
ridait 2 i rogram wintasie	Moving 2-foot turn on a curve both directions
	3. Backward 1-foot glide R&L
	4. Backward snowplow stop
	5. Forward Pivot
Adult 3 Program w/Music	Basic forward outside and forward inside edges – minimum 2 each
ridait 5 i rogram wintasie	Backward edges on a circle – inside or outside
	3. Forward progressives – 4 total sequences
	4. Footwork sequence – two-foot swizzle to a forward progressive followed by a forward chasse ending with
	a two-foot side lunge around in a small circle
	5. Two-foot spin – entry optional
Adult 4 Program w/Music	Forward outside to inside change of edge sequence
Tradit Tropium Window	2. Footward sequence – 3-5 forward crossovers to an inside Mohawk, 3-5 backward crossovers step forward
	inside the circle
	3. Power 3-turns one direction only, set of 3
	4. Backward chasses on a circle
	5. Alternate backward crossovers with two-foot transitions
	5. Internace occurrate crossovers with two root transitions

Official Entry Form 2006 Colorado Springs Invitational Basic Skills Competition

Competitor's Name:		
Sex:	M	
Address:		
City:	State: Zip:	
Telephone:		
Email:		
Skating School Name:	·	
Highest Basic Skills Level Passed:		
US Figure Skating #		
Elements and Compulsory COMPETITOR/	DADENT/CHARDIAN CTATEMENT	Programs with Music
Programs	PARENT/GUARDIAN STATEMENT: I understand that this entry must be in the hands of the 31, 2006 and I have read the announcement and understand the rules and policies listed within.	O Snowplow
O SnowPlow Sam	ommittee reserves the right to limit the number of entries accepted or cancel an event due to time	Sam
O Basic I	ndersigned agrees to hold harmless the US Figure Skating and Centennial Skating Club, Sertich Ice	O Basic 1
Arong and their or	mployees and agents from any loss, damage, and/or injury that may be sustained by the entrant in	O Basic 2
O Dasic 3	participating in any of the activities of said competition. If this entry is incomplete, I will accept a	O Basic 3 O Basic 4
O Basic 4	to complete my entry. A parent or guardian must sign this release if entrant is under 21 years	O Basic 4 O Basic 5
O Basic 6 of age.	, , , ,	O Basic 6
O Basic 7		O Basic 7
O Basic 8 Competitor's Signature	gnature	O Basic 8
O Freeskate 1 Parent or Guard	dian's Signature	O Freeskate 1
O Freeskate 2	ilali 3 Olgi latul 6	O Freeskate 2
O Freeskate 3 COACH'S/SK	ATING SCHOOL DIRECTOR CERTIFICATION: I have read this entry form and certify	O Freeskate 3
that it is complete	and that the skater is eligible to enter the events as listed in the application.	O Freeskate 4
O Freeskate 5		O Freeskate 5
O Freeskate 6 O Adult 1 Coach's Signa	ture	O Freeskate 6 O Adult 1
Coach Phone	number:	O Adult 2
O Adult 3 Coach's Addre	SS:	O Adult 3
O Adult 4		O Adult 4
Coach's Email	·	
Applications mus	tries must be received by July 31, 2006. st be entirely completed or entry will be returned. Include complete entry form, practice ice yment, and stamped self-addressed envelope if you don't have internet access.	
Make checks pa Mail checks and	. •	

Entry Fees Form - 2006 Colorado Springs Invitational Competition

	Fees	# of Events	Total Cost
Basic Skills Events			
First Event	35.00		
Additional Event	15.00		
Practice Ice Fee		Transfer from practice ice form	=
Late Fee if after July 31, 2006	30.00		=
Total Amount Due			=

For Committee Use Only

Date Received	Check #	Amount Due	Amount Paid	Monies Owed	Refund Due	Name on Check

2006 Colorado Springs Invitational Basic Skills Practice Ice Form

Each skater will be allowed **one** (1) practice ice session per event entered. Practice Ice sessions will be 20 minutes in length. Additional practice times will be available at the practice ice desk at the beginning of the competition which is tentatively scheduled for Wednesday, September 13, 2006 but could be on Tuesday, September 12th based on number of entries.

Name of skater:				
Address:				
City, State, Zip:				
Phone Number:	Evening ())	Day ()
Arrival time in C	olorado Springs:	·		
Please list the leve	el that the skater i	is competing at (i	e. Basic 1):	
		is competing at (i	et Busic 1).	
Basic Skills:				
Basic Skills: # of sessions	<u> </u>	Number of se	ssions requeste	ed x \$9.00 = \$

Skaters will be able to pick their own practice ice sessions online this year but you MUST indicate number of sessions you want on the practice ice form and you MUST pay for them with your entry form. You will receive a postcard with a PIN number in order to access your practice ice records and select your sessions.

Include Practice Ice form and fee with entry form and fees. Deadlines: Requests must be received by July 31, 2006.