

Sponsored by the Beaver County Figure Skating Club March 12, 2005 (if necessary March 13, 2005) Beaver County Ice Arena, Route 51, in Brady's Run Park, PA

Events for Beginners through Novice Level Skaters

- > Free Skate & Restricted Free Skate (Beginner through Novice)
- Short Program (Intermediate and Novice)
- > Compulsory Moves (Beginner through Juvenile)
- > Spins (Beginner through Novice)
- > Jumps (Beginner through Novice)
- > Moves in the Field (Pre-Preliminary through Novice)
- > Showcase New this year is a Duet / Team Level
- > Maneuver Teams
- > Learn to Skate Challenge for Basic Skills Skaters

Sponsored by the Beaver County Figure Skating Club SKATE INTO SPRING COMPETITION AND LEARN TO SKATE CHALLENGE

Sanctioned by US Figure Skating

Up-to-date information about this competition, including this form is available at www.bcfsc.org.

Chief Referee: Dan Petri Accountant: Cecelia Erisman Music Coordinator: Bill Bikle

Competition Chairperson: Terri Miller 412-996-3050 or skateintospring@bcfsc.org

Date March 12, 2005 (if necessary March 13, 2005)

Location/Rink The Beaver County Ice Arena is located just off of PA Route 51, in Brady's Run Park.

(Directions available at $\underline{www.bcfsc.org}$) The skating surface measures approximately 200' \times 80'.

Some events may be skated on half ice surface. Dressing rooms will be available.

Rules 2005 Skate Into Spring will be conducted according to the rules in the 2004-2005 US Figure

Skating Rulebook.

Eligibility The Skate Into Spring Competition is a non-qualifying competition open to all US Figure Skating members in good standing. Skaters shall skate at their test levels as of February 5, 2005 or one

level higher, but not both. A home club officer must certify all entries.

The Beginner and Special Beginner Events ONLY will also be open to beginner skaters who are currently registered and participating in an accredited "Learn to Skate" program, such as "Skate with U.S.", skaters who currently taking private, semi-private or group lessons; and skaters who are registered and participating in an adapted "Learn to Skate" program. Contact the Competition Chairperson for more information.

Entries

1. Entries must be:

- > Postmarked by February 5, 2005
- > Be submitted on a completed official entry form
- > Be accompanied by a check payable to Beaver County Figure Skating Club (BCFSC).
- 2. Please complete this form carefully. Changes after the **February 5**, **2005** deadline because of your error are subject to a \$10 fee. The Competition Chairperson reserves the right to reject any entry if the application is incomplete or incorrect.
- 3. Late entries will be accepted at the discretion of the Competition Chairperson and will be subject to a \$10.00 late fee.
- 4. Unless an event is canceled refunds will be made according to US Figure Skating rule $\it CR$ 10.9.
- 5. Fax or e-mail entries will not be accepted.
- 6. Returned checks will be subject to a \$35.00 fee.
- 7. Mail official entry form and to:

Terri Miller 107 Sunview Drive Beaver Falls PA 15010

8. The minimum number of entries per event will be two (2). Skaters registered for events with single entries will be given the option to skate at another qualified level for that event or for an exhibition and/or critique. If this option is accepted the entry fee will not be refunded.

Entry Fees/ \$55 for the First Event \$25 for Second Event \$15 all additional events
Other Fees \$45.00 per Maneuver Team \$10 late fee \$35 Returned Check fee

\$15 per skater Duet/Team Showcase if not first event, each member must file an Official Entry

form with payment.

Schedule: A tentative schedule will be available approximately 2 weeks before the competition. Individual

group assignments will be mailed to all competitors and a tentative schedule of events will be posted at www.bcfsc.org as soon as possible. Please check for schedule changes prior to traveling

to the competition and check the official bulletin board frequently at the competition.

Practice Ice Information and registration forms will be mailed with the schedule and will be filled on a first

come first serve basis.

Awards Medals will be awarded to the top three (3) skaters in each event. Ribbons will be awarded to all

others. Unclaimed awards will not be mailed or forwarded. No award will be given for critiques,

exhibitions, etc.

Registration/ Check-In A registration table will be located in the lobby of the Beaver County Ice Arena throughout the competition. All competitors and coaches must check in at the registration desk at least one hour

before their 1st scheduled event. There is no admission charge for spectators.

Music All competitors must provide their music. Cassettes, Mini Disk or CD are acceptable (no re-writable

CDs) Cassette tapes and CDs must be clearly marked with the competitor's name and event. Tapes must be rewound. Cassette or CD must have only one piece of music per cassette or CD. A duplicate tape or CD should be readily available during the competition. Tapes & CDs should be

after your event is over. BCFSC cannot accept responsibility for cassettes or CDs.

Videotaping/ Photography Videotaping is permitted, but must not interfere with spectators, skaters, judges, coaches, or other competition staff. Flash photography is not permitted. A videographer will be available the

turned in at least one hour before the event. Music should be picked up at the registration desk

days of the competition.

Boutique/ Vendors Competition t-shirts, assorted skating attire, gifts and other merchandise will be available from a small number of vendors. The Puck Stop will be available with a variety of food items. A listing of

local restaurants will be available at the Registration Desk.

Lodging Listed below are various hotels located near the Beaver County Ice Arena.

Holiday Inn - Beaver Falls; PA located approximately 15 min. from the rink. 724-846-3700 Willows Motel - Industry; PA located approximately 20 min. from the rink. 724-643-4500 Holiday Inn Express - Monaca; PA located approximately 15 min. from the rink. 724-728-5121

Sanctioned by:



	Free	Skate	
Level	Test Requirements	Program Requirements	Duration
Special Beginner	No USFS Free Skating test passed	First time competitors only. Upright spins only. Jumps permitted; waltz jump, salchows, toe loops, $\frac{1}{2}$ flip and $\frac{1}{2}$ lutz.	1:30
Beginner	No USFS Free Skating test passed	See 3721 No axel, no doubles	1:30
Pre-Preliminary	Pre-Preliminary Free Skating test	See 3711 No doubles	1:30
Restricted Pre-Preliminary	Pre-Preliminary Free Skating test	Restricted to jumps from Pre- Preliminary Freestyle test. See TR 32.01	1:30
Preliminary	Preliminary Free Skating test	See 3701 Two doubles allowed	1:30
Restricted Preliminary	Preliminary Free Skating test	Restricted to jumps from the Preliminary Freestyle test. See TR 32.02	1:30
Pre-Juvenile	Pre-Juvenile Free Skating test	See 3691 Four doubles allowed	2:00
Restricted Pre-Juvenile	Pre-Juvenile Free Skating test	Restricted to jumps from the Pre- Juvenile Freestyle test. See TR 32.03	2:00
Juvenile - Under age 13 at close of entries	Juvenile Free Skating test	See 3681 No triples	2:15
Open Juvenile - 13 and over at close of entries	Juvenile Free Skating test	See 3681 No triples	2:15
Restricted Juvenile (no age restriction)	Juvenile Free Skating test	Restricted to jumps from the Juvenile Freestyle test. See TR 32.04	2:15
Intermediate	Intermediate Free Skating test	See 3673	2:30
Restricted Intermediate	Intermediate Free Skating test	Restricted to jumps from the Intermediate Freestyle test. See TR 32.05	2:30
Novice	Novice Free Skating test	See 3663	Ladies 3:00 Men 3:30
Restricted Novice	Novice Free Skating test	Restricted to jumps from the Novice Freestyle test. See TR 32.06	Ladies 3:00 Men 3:30

Sanctioned by:



	Singles Sh	ort Program	
Level	Test Requirements	Program Requirements	Max Duration
Intermediate	Intermediate Free Skating Test	See 3671 or 3672	2:00
Novice	Novice Free Skating Test	See 3661 or 3662	2:15

Compulsory Moves - Test and age requirements are the same as free skating levels. No music will be played. Elements may be skated in any order. Failed elements may not be re-tried. Additional jumps or spins are not permitted and will result in a deduction. No Test, Pre-Preliminary and Pre-Juvenile levels will be skated on half ice. Juvenile will use the full ice surface. Men and ladies may compete in the same event.

Level	Elements	Max Duration
Beginner	Two Bunny Hops	1:00
(Half ice)	Lunge	
	Forward Spiral	
	Waltz Jump	
	Two Foot Spin (min. 3 revs)	
Pre-	Salchow	1:00
Preliminary	Forward Outside Spiral, either foot,	
(Half ice)	Waltz Jump	
	Toe Loop	
	Forward Crossovers in a figure eight, one tracing each circle	
Preliminary	Flip Jump	1:15
(Half ice)	Back Scratch Spin (min. of 3 revs)	
	Salchow/Loop jump combination with no steps or turns in between	
	Backward Crossovers in a figure eight, one tracing each circle	
	Forward Inside Spiral, either foot	
Pre-Juvenile	Lutz Jump	1:15
(Half ice)	Camel Spin (min. 3 revolutions)	
	Straight Line Step Sequence	
	Flip/Loop Jump Combination, no steps or turns between jumps	
	Front Scratch Spin to Back Scratch Spin, with exit on spinning foot	
	(min. 4 revolutions per foot)	
Juvenile	Loop/Loop Jump combination	1:30
(Full ice)	Ladies: Layback Spin (min 4 revs. in position)	
	Men: Forward Camel Spin (min 4 revs in position)	
	Double Salchow	
	Combination Spin with one change of foot (min 4 revs. each foot)	
	Spiral Step Sequence	
	Axel	

Sanctioned by:



JUMPS - No music. See Free Skating event qualifications for test level. Beginner through Pre-Juvenile will be skated on $\frac{1}{2}$ ice surface. Jumps MUST be performed exactly as stated and in the order listed. Two opportunities will be given to perform each jump. Skater will be judged on the best jump. An axel is considered a single jump. * In situations where the skater is given a choice of jumps, the first attempt will determine the jump to be judged and the skater will not be allowed to change the jump on the second attempt. * The following format will be used: The first skater will be given two attempts to perform his/her first jump and judged on that jump. The first skater will continue in the same manner until he/she has completed all the jumps required. The same process is repeated for the remaining skaters in the skating order. Men and ladies may compete in the same event.

Level	Elements	Max.
		Duration
Beginner	Half Lutz or Half Flip	:45
(Half ice)	Waltz	
Pre-Preliminary	Toe Loop	1:00
(Half ice)	Salchow	
	*Combination of any two single jumps (No axel jumps permitted)	
Preliminary	Loop	1:00
(Half ice)	Flip	
	*Combination of any two single jumps	
Pre-Juvenile	Lutz	1:15
(Half ice)	Double Salchow	
	*Combination Jump - Axel/Loop	
Juvenile	Axel	1:15
(Full ice)	Double Toe Loop	
	*Combination of any double jump with a Loop Jump	
Intermediate	Axel	1:15
(Full ice)	Double Loop	
	*Combination of any two double jumps	
Novice	Double Loop	1:30
(Full ice)	Double Flip	
	*Combination of any two double jumps	

SPIN EVENT - No music. See Free Skating event qualifications for test level. Beginner through Juvenile levels will be done on $\frac{1}{2}$ ice surface. Spin program must be completed in the indicated time or less. Spins may be done in any order. Connecting moves of short sequences may be used but will not be judged. This event will be judged on control, flow, speed, and centering of each spin. Deductions will be made for any jumps done. Men and ladies may compete in the same event.

Level	Elements	Max. Duration
Beginner	One-foot Spin (3 revs. min.)	0:45
(Half ice)	Two-foot Spin (3 revs. min.)	
Pre-Preliminary	One foot Scratch Spin (3 revs min)	1:00
(Half ice)	Sit Spin (3 revs. min. in position)	
	Back Scratch Spin (3 revs. min.)	
Preliminary	One-foot Upright Spin, optional free foot. (3 revs min)	1:15
(Half ice)	One-foot back Spin, entry optional (3 revs min)	
	Sit Spin (3 revs min in position)	
Pre-Juvenile	Camel Spin (3 revs min in position)	1:15
(Half ice)	Camel Spin to Sit Spin, no change of foot (3 revs. min. in position)	
	Layback Spin (3 revs min in position)	

	Spins Event continued			
Level	Elements	Max. Duration		
Juvenile	Forward Sit Spin (4 revs min in position)	1:30		
(Full ice)	Ladies: Layback Spin or Attitude Spin (min 4 revs. in position)			
	Men: Forward Camel Spin (min 4 revs in position)			
	Combination Spin with 1 change of foot (4 revs. min. on each foot in position)			
Intermediate	Sit Spin to Change Foot Spin (4 revs. min on each foot position)	1:30		
(Full Ice)	Flying Camel (5 revs. min. in position)			
	Spin combo consisting of 1 change of foot and 1 change of position (4 revs. min. on each foot in position)			
Novice	Choice of Camel, Sit or Layback Spin (6 revs in position)	1:30		
(Full Ice)	Flying Camel Spin (5 revs. min. in position)			
	Spin combo consisting of 1 change of foot and 1 change of position (5 revs. min. on			
	each foot in position)			



MOVES IN THE FIELD EVENT - Competitors may skate at or move up one level from the last Move in the Field Test passed. This event will be judged on control, speed, flow, and presentation. Skaters may use their arms and free leg anyway they choose. No additional elements may be added. Skaters must do elements in the order listed. Deductions will be made for toe pushing and touchdowns. Number of steps depends on the strength of the skater. Refer to the Rulebook for general description and diagrams. Men and ladies may compete in the same event.

Level	Elements
Pre-Preliminary	Forward Perimeter stroking, counter clockwise (one full lap)
·	Backward Outside Edges on a hockey line.
Preliminary	Consecutive Outside/Inside Forward Spirals (one full lap)
·	Forward Power 3-Turns (one full lap)
Pre-Juvenile	Backward Perimeter Power Crossover Stroking (one full lap)
	Five Step Mohawk Sequence (one full lap)
Juvenile	Forward and Backward Free Skating Cross Strokes (one full lap)
	Backward Power 3-turns, pattern as stated in the Rulebook.
	Intro and end steps are optional for both elements.
Intermediate	Backward Perimeter Power Crossover Stroking with Backward Power 3-turns
	Backward Double 3-turns
	Intro and end steps are optional for both elements.
Novice	Forward Perimeter Power Crossover Stroking to a Backward Quick Rocker Turn Sequence
	Spiral Sequence
	Intro or connecting steps are optional for both elements.

Showcase - The skater/skaters will be judged solely on theatrical and artistic qualities from an entertainment standpoint rather than on the technical accuracy of specific moves, although the skating must be of sufficient competency to support the theatrical components chosen. Skaters will be judged in musical interpretation, choreography, and overall audience appeal. The panel of judges will NOT consist of US FIGURE SKATING judges, but will be composed of professionals in entertainment and /or other areas not related to skating. Costumes and props are encouraged to help illustrate the act. Props are limited to those the skater can hand carry or push on to the ice surface themselves in a total time of not more than twenty (20) sec. Live props are not permitted. Props may not involve flame or smoke. Feathers/boas and other such accessories must be secured well. Substances that may damage the ice surface are not permitted (shaving cream, confetti, water, etc). Props are not permitted on the ice surface during warm-up. Levels may be split or combined depending on the number of entrants. Every effort will be made to keep skaters at their preferred level. Men and ladies may compete in the same event.

Level	Test Requirements	Jumps	Max.
			Duration
Level I	Special Beginner thru Beginner	No axel or doubles	1:00 - 1:30
Level II	Pre-Preliminary thru Preliminary Free Skating	No axel or doubles	1:00 - 1:30
	Test		
Level III	Pre-Juvenile thru Juvenile Free Skating test	No doubles	1:30 - 2:00
Level IV	Intermediate thru Novice Free Skating test	Axel and 1 double allowed	2:00 - 2:30
Duet or Team	No Test restrictions. Groups of 2-4 skaters. I	No overhead lifts. Simple pairs	2:00
(see event fees)	moves allowed		

MANEUVER TEAMS - A club may enter as many teams as they wish. Skaters may skate for only one team. Teams may have 3 to 5 members but each skater may perform no more than two moves. Men and ladies may skate on the same team. Should a skater be unable to compete due to illness or injury, a teammate may do his/her maneuver with proper notice given to the referee of the event. No props are permitted during presentation of moves. Costumes and themes are encouraged. Each team is to name a Team Leader through whom any communications with the team may be handled. Each team application must be sent on a Maneuver Team Application, with a separate check. Each team must have a sign indicating the Club they are representing and the team number, if applicable. The sign must be a min. of 18" x 24" but should not exceed 36" x 36". Men and ladies may compete in the same event.

Category	Skating Level	Required Moves
No-Test/	Must not have passed any higher test than Pre-	1. Salchow
Pre-Preliminary	Preliminary Free Skating	Forward Outside Spiral, either foot,
		3. Waltz Jump
		4. Toe Loop
		Forward Crossovers in a figure eight,
		one tracing each circle
Preliminary/	Must not have passed any higher test than Pre-	1. Axel
Pre-Juvenile	Juvenile Free Skating Test	2. Layback Spin
		Single/Single combo
		4. Spiral Step Sequence
		Camel/Sit (no change foot)
Juvenile/Novice	Must not have passed any higher test than	1. Loop/Loop Jump combination
	Novice Free Skating Test	2. Layback Spin (min 4 revs. in position)
		3. Double Salchow
		4. Combination Spin with one change of
		foot (min 4 revs. each foot)
		5. Spiral Step Sequence

Skate Into Spring Official Entry Form

Please complete this form carefully. Changes necessary after the deadline because of your error are subject to a \$10 fee. Entries must be postmarked February 5, 2005. Mail official entry form and check made payable to

BCFSC: Terri Miller

107 Sunview Drive Beaver Falls PA 15010

Skater's Name:				Ų	JS Figure Skating #:
Female Male	Age:	Birthday:			
Street Address:					
City:			State:		Zip Code:
Phone:		E-Mail:			
Home Club Name:					
Highest Test Passed	Freestyle:			MIF:	
Coach's Name:					
Phone:		E-Mail:			
Street Address:					
City:			State:		Zip Code:
Coach's Signature:					

Free Skate	Short Program	Spins	Showcase
Special Beginner	Intermediate	Beginner	Level I
Beginner	Novice	Pre-Preliminary	Level II
Pre-Preliminary	Compulsory Moves	Preliminary	Level III
Restricted Pre-Preliminary	Beginner	Pre-Juvenile	Level IV
Preliminary	Pre-Preliminary	Juvenile	Duet/Team:
Restricted Preliminary	Preliminary	Intermediate	List partner/team
Pre-Juvenile	Pre-Juvenile	Novice	names below. Each
Restricted Pre-Juvenile	Juvenile	Moves in the Field	member must file an
Juvenile Open Juvenile (please circle)	Jumps	Pre-Preliminary	Official Entry form.
Restricted Juvenile	Beginner	Preliminary	
Intermediate	Pre-Preliminary	Pre-Juvenile	1.
Restricted Intermediate	Preliminary	Juvenile	2.
Novice	Pre-Juvenile	Intermediate	3.
Restricted Novice	Juvenile	Novice	4.
	Intermediate		•
	Novice		

\$ First Event \$55
\$ Second Event \$25
\$ Additional Events X \$15
Duet/Team Showcase \$15 per skater
\$ (Unless this is the skater's First Event then \$55)
\$ Late Fee if Applicable \$10.00
\$ Ice Cube Ads (Please include form)x\$5
\$ Total

CERTIFICATE OF ELIGILITY

Must be completed by club officer

I certify that	_ is a member in good standing of the US Figure Skating lis true.
SIGNATURE OF CLUB OFFICER	
TITLE	DATE
Sancti	oned by:
usfigure	USFIGURE SKATING oskating.org

WAIVER OF CLAIMS FOR INJURY

US Figure Skating and the Beaver County Figure Skating Club and it's organizers undertake no responsibility for damage or injuries suffered by the skaters or officials. As a condition or in consideration of the acceptance of their entries or participation therein, all entrants, their parents and guardians, and officials shall be deemed to agree to assume all risks or injury to their person and property resulting from, caused by, or connected with the conduct and management of this competition, and to waive and release any and all claims which they may have against any and all officials, US Figure Skating, the sponsoring Club, and the officers, Board and/or members of the sponsoring Club, and their entries shall be accepted only on such condition.

I acknowledge that I have read this waiver and fully understand it.

SIGNATURE OF PARENT/GUARDIAN OR COMPETITOR IF OVER 18:

SKATE INTO SPRING COMPETITION MANEUVER TEAM APPLICATION

Entries must be postmarked February 5, 2005

Information about this competition, including this form, is available at www.bcfsc.org.

Please complete this form carefully. Changes necessary after the deadline because of your error are subject to a \$10 fee. Refunds will be made according to US Figure Skating rule CR 10.9.

Entry Fees:

\$45 Per Team \$10 Late Fee

Mail official entry form and check made payable to BCFSC:

Terri Miller 107 Sunview Drive Beaver Falls PA 15010

NOTE: If this is the only event for a team member, that team member must also complete both sides of an Official Entry Form. Please write across the event area of the Official Entry Form--MANEUVER TEAM EVENT ONLY! Mail this with the Maneuver Team Application.

Club Name	Level				
Team Name	Team Leader Name	_ Team Leader Name			
Team Leader Street Addres					
City	State	Zip			
Team Leader Phone Number	E-Mail				
Skater's Name	Highest Free Skating Test	Highest Free Skating Test Passed			
1					
2					
3					
4					
5.					

Sanctioned by:

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LEARN TO SKATE CHALLENGE Basic Skills Competition



Sponsored by the Beaver County Figure Skating Club
Entries must be postmarked by February 5, 2005
Information about this competition, including this form, is available at www.bcfsc.org.

The purpose of the Learn to Skate Challenge is for the younger skater to have fun while giving them their first taste of competitive skating. The younger skater will leave the competition with a sense of accomplishment and satisfaction. Everyone gets a medal or a ribbon - something they can show off. They can walk away from the event and feel good about it.

DATE: March 12, 2004 (Any overflow on March 13, 2005)

LOCATION: Brady's Run Ice Arena, Route 51, Beaver Falls Pa.

ELIGIBILITY: Skaters who have passed no higher than Basic Skills Badge Skating Tests (Snowplow Sam - Basic 8) or equivalent. This event is open to beginner skaters who are currently registered and participating in an accredited "Learn to Skate" program, such as "Skate with U.S.", skaters who currently taking private, semi-private or group lessons; and skaters who are registered and participating in an adapted "Learn to Skate" program. Eligibility will be based on skill level as of January 25, 2004. ALL SKATERS IN BASIC SKILLS EVENTS, SNOWPLOW SAM THROUGH 8, MUST SKATE AT CURRENT LEVEL. Current level is the level of the highest test passed, so a skater who has passed Basic 3 but not Basic 4 must compete at the Basic 3 level. A skater, who has competed in a USFS non-qualifying competition in a "Beginner or No Test" category, must compete in the Beginner level of the Skate Into Spring Competition.

SCHEDULE: A tentative schedule will be available approximately 2 weeks before the competition. Individual group assignments will be mailed to all competitors and a tentative schedule of events will be posted at www.bcfsc.org as soon as possible. Please check for schedule changes prior to traveling to the competition and check the official bulletin board frequently at the competition.

ENTRIES AND FEEs: The entry fee is \$20.00. Entries must be submitted on the official Learn To Skate Challenge Entry Form. ENTRY FORMS MUST BE FILLED OUT COMPLETELY and returned with fee check made payable to BCFSC. The Competition Chairperson reserves the right to reject any incomplete entry and reserves the right to limit entries, if necessary. Entries will be processed on a first come--first served basis. Entries must be postmarked by February 5, 2005. Late entries may be accepted at the discretion of the Competition Chairperson, if time and space permit. Late entries may be subject to a \$10.00 late fee. NO refunds after closing date unless event is canceled by BCFSC. Returned checks will be subject to a \$35.00 fee.

AWARDS: Everyone will receive an award. Medals will be awarded to first, second, and third places. All other places will receive ribbons.

CONTACT PERSON: Terri Miller 412-996-3050 or email skateintospring@bcfsc.org
BASIC SKILLS ELEMENTS EVENTS (Snowplow Sam - Basic 8): No music will be used. For this competition the rink will be divided into either half or thirds, with two or three groups of skaters competing simultaneously.

REQUIRED ELEMENTS: The skater must demonstrate the required elements. Required elements must not be repeated. The skating order of the required elements is as listed. Each skater performs all of the required elements before moving on to the next skater

Snowplow Sam (Tots)

- 1. March followed by a two-foot glide and dip
- 2. Forward two-foot swizzles 2-3 in a row
- 3. Forward snowplow stop
- 4. Backward wiggles 2-6 in a row

Basic 1

- 1. Forward two-foot glide
- 2. Forward two-foot swizzles 6-8 in a row
- 3. Forward snowplow stop
- 4. Backward wiggles 6-8 in a row

Basic 2

- 1. Forward one-foot glide either foot
- 2. Backward two-foot swizzles 6-8 in a row
- 3. Two-foot turn in place forward to backward
- 4. Moving snowplow stop
- 5. Forward alternating 1/2 swizzle pumps, in a straight line- across width of ice

Basic 3

- 1. Forward stroking
- 2. Forward 1/2 swizzle pumps on a circle, either clockwise or counter clockwise, 6-8 consecutive
- 3. Moving forward to backward two-foot turn in either direction
- 4. Backward one-foot glide either foot
- 5. Two-foot spin

Basic 4

- 1. Forward outside edge on a circle- clockwise or counterclockwise
- 2. Forward crossovers, 6-8 consecutive in both directions
- 3. Forward outside 3-turn R and L
- 4. Backward stroking
- 5. Backward snowplow stop R or L

Basic 5

- 1. Backward outside edge on a circle-clockwise or counterclockwise
- 2. Backward crossovers, 6-8 consecutive in both directions
- 3. One-foot spin minimum of 3 revolutions
- 4. Hockey Stop
- 5. Side Toe hop either direction

Basic 6

- 1. Forward inside 3-turn R and L
- 2. T-stop R or L
- 3. Bunny Hop
- 4. Forward arabesque (spiral) on a straight lineR or L
- K OI L

5. Lunge - R or L

Basic 7

- Forward inside open Mohawk R to L and L to R
- 2. Ballet jump either direction
- 3. Backward crossovers to a backward outside edge landing position, clockwise and counterclockwise
- 4. Forward inside pivot

Basic 8

- 1. Moving forward outside or forward inside three-turns R and L.
- 2. Waltz jump
- 3. Mazurka either direction
- 4. Combination move clockwise or counterclockwise (from Basic 8 curriculum)
- 5. Beginning one-foot upright spin, optional free foot position

LEARN TO SKATE CHALLENGE ENTRY FORM								
Entries must be postmarked February 5, 2005								
Information about this competition, including this form, is available at www.bcfsc.org.								
Skater's Name:								
Female Male	Age:	Birthday:						
Street Address:								
City:		State:	re: Zip Code:					
Phone:			E-Mail:					
Home Club or Rink Name:								
Highest Test Passed:								
Coach's or Instructor	's Name:							
Phone:	e: E-Mail:							
Street Address:		_						
City:		State:		Zip Code:				
Please circle event:								
Snowplow Sam	Basic 1	Basic 2	Basic	3	Basic 4			
	Basic 5	Basic 6	Basic 7 Basic 8		Basic 8			
			1					
		Mail completed form with a check payable to BCFSC						
Ice Cube Ads	(\$5.00)		in the correct amount to:					
Late Fee (If Applicat	ole)(\$10)							
TOTAL EN	CLOSED		Terri Miller					
			107 Sunview Drive					
			Beaver Falls PA 15010-1154					

WAIVER OF CLAIMS FOR INJURY

US Figure Skating, The Beaver County Figure Skating Club and the organizers of this event undertake no responsibility for damage or injuries suffered by the skaters or officials. As a condition or in consideration of the acceptance of their entries or participation therein, all entrants, their parents and guardians, and officials shall be deemed to agree to assume all risks or injury to their person and property resulting from, caused by, or connected with the conduct and management of this competition, and to waive and release any and all claims which they may have against any and all officials, US Figure Skating, the sponsoring Club, and the officers, Board and/or members of the sponsoring Club, and their entries shall be accepted only on such condition.

I acknowledge that I have read this waiver and fully understand it.

SIGNATURE OF PARENT/GUARDIAN OR COMPETITOR IF OVER 18: