

Basic Skills Competition



An Inaugural Event

Hosted by the Skating Club of Novi - Novi, Michigan
July 16, 2005

Deadline for Entry
June 4, 2005

Novi
ICE ARENA

42400 Arena Drive
Novi, MI • (248) 347-1010

Member:
US FIGURE
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usfigureskating.org



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The 1st annual Basic Skills Competition sponsored by the Skating Club of Novi will be held at Novi Ice Arena at 42400 Arena Drive, Novi, MI. 48375 on Saturday, July 16, 2005. The Basic Skills Competition is sanctioned by the USFSA and conducted in accordance with the rules of the 2005-2006 USFSA Rulebook.

Eligibility – The competition is open to ALL skaters who are current eligible (ER 1.00) members of either the Basic Skills program and/or are full members. To be eligible, skaters must have submitted a membership application or be a member in good standing. Skaters who have passed no higher than the preliminary free skating, preliminary moves in the field, preliminary dance and are currently enrolled in a Basic Skills program or are full members are eligible to compete. Eligibility will be based on skill level as of June 4, 2005. All Snowplow Sam and Basic Skills skaters through Basic 8 must skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition.

Skaters must compete at highest level passed as of June 4, 2005.

Skaters who have passed any complete official U.S. Figure Skating tests are no longer qualify to compete in the badge levels (i.e. Snowplow Sam, Basics, Freeskate).

Please note: If a skater competes at a non-qualifying competition in a “Beginner or No Test” category, then the skater must compete at the equivalent or higher level in a Basic Skills approved competition.

Entries and Fees – All entries must be postmarked no later than June 4, 2005. Late entries may be accepted ONLY at the discretion of the competition chairperson and must be accompanied by a \$15.00 late fee. Entry fees are per person, U.S. dollars. The first event is \$40.00 and each additional event is \$ 20.00. NO refunds after closing date unless event is canceled by SCN. ENTRY FORMS MUST BE FILLED OUT COMPLETELY and returned with a fee check made payable to Skating Club of Novi. There will be a \$20.00 fee for returned checks.

Awards – Everyone will receive an award. All events will be final rounds. Medals will be awarded to first, second and third places. All awards will be presented off ice, immediately following the competition of the event and the posting of the results.

Schedule of Events – *A self-addressed stamped envelope must accompany your application in order to receive your schedule of events.* Schedules will be mailed to you approximately 1 week prior to the competition.

Practice Ice – Practice ice will be available on July 16, 2005 in 20 minute increments at a charge of \$8.00 per session. No more than 25 skaters will be allowed on the ice at any one time. Sign in and pay at the door. You may sign up for NO MORE THAN TWO SESSIONS on first come first served basis.

VIDEOTAPING AND PHOTOGRAPHS – This will be available through Ledin Video and can be arranged at the rink. You may furnish your own tape or purchase same. Photographs will be taken of all individual children and award pictures will also be taken.

ELEMENT EVENTS – (Snowplow Sam – Basic 8 Levels)

- To be skated on ½ to 1/3 ice
- No music
- All elements must be skated in the order listed
- Each skater performs one element at a time and will perform the next element only when directed by a judge or referee. (Format examples: Each skater performs element 1 before moving on to element 2 and so on **OR** each skater performs all of the required elements before moving on to the next skater).

REQUIRED ELEMENTS:

Snowplow Sam (Tots)

1. March followed by a two-foot glide and dip
2. Forward two-foot swizzles – 2-3 in a row
3. Forward snowplow stop
4. Backward wiggles – 2-6 in a row

Basic 1

1. Forward two-foot glide
2. Forward two-foot swizzles – 6-8 in a row
3. Forward snowplow stop
4. Backward wiggles – 6-8 in a row

Basic 2

1. Forward on-foot glide – either foot
2. Backward two-foot swizzles – 6-8 in a row
3. Two-foot turn in place – forward to backward
4. Moving snowplow stop
5. Forward alternating ½ swizzle pumps, in a straight line – across width of ice

Basic 3

1. Forward stroking
2. Forward ½ swizzle pumps on a circle, either clockwise or counterclockwise – 6-8 consecutive
3. Moving forward to backward two-foot turn – either direction
4. Backward one-foot glide – either foot
5. Two-foot spin

Basic 4

1. Forward outside edge on a circle – clockwise or counterclockwise
2. Forward crossovers – 6-8 consecutive – both directions
3. Forward outside 3-turn – R and L
4. Backward stroking
5. Backward snowplow stop – R or L

Basic 5

1. Backward outside edge on a circle – clockwise or counterclockwise
2. Backward crossovers – 6-8 consecutive – both directions
3. One-foot upright spin – minimum of 3 revolutions
4. Hockey stop
5. Side toe hop – either direction

Basic 6

1. Forward inside 3-turn – R and L
2. T-stop – R or L
3. Bunny hop
4. Forward arabesque (spiral) on a straight line – R or L
5. Lunge – R or L

Basic 7

1. Forward inside open Mohawk – R to L and L to R
2. Ballet jump – either direction
3. Backward crossovers to a backward outside edge landing position, clockwise and counterclockwise
4. Forward inside pivot

Basic 8

1. Moving forward outside or forward inside three-turns – R and L
2. Waltz jump
3. Mazurka – either direction
4. Combination move – clockwise or counterclockwise (from Basic 8 curriculum)
5. One-foot upright spin, optional free foot position

BASIC PROGRAMS (SNOWPLOW SAM – BASIC 1-8) – WITH MUSIC

- The skating order of the required elements is optional
- The elements are not restricted as to number of times element is executed, or length of glides, number of revolutions in a spin etc., unless otherwise stated
- Minimum number of connecting steps are allowed
- May use vocal music
- May use elements from a previous level. Deductions will be made if elements from a higher level are skated
- Time 1:00 +/- 10 sec., to be skated on full ice

REQUIRED ELEMENTS:

Snowplow Sam Program (Tots)

1. Forward skating
2. Backward wiggles
3. Glide forward and dip
4. Snowplow stop

Basic Program A (Basic 1 & 2)

1. Glide forward and dip
2. Moving snowplow stop
3. Forward two-foot swizzles
4. Backward skating (wiggles or swizzles)

Basic Program B (Basic 3 & 4)

1. Backward ½ swizzle pumps on a circle – clockwise or counterclockwise
2. Two-foot spin
3. Forward crossovers – minimum of 5 consecutive, clockwise or counterclockwise
4. Backward one foot glide – R or L

Basic Program C (Basic 5 & 6)

1. Backward crossovers – minimum of 5 consecutive, clockwise or counterclockwise
2. One-foot spin
3. Bunny hop
4. Forward (arabesque spiral) on a straight line – R or L

Basic Program D (Basic 7 & 8)

1. Beginning one foot upright spin, optional free foot
2. Mazurka or ballet jump
3. Waltz jump
4. Combination move (Basic 8 curriculum one set only)

FREESKATE COMPULSORY PROGRAMS – Required elements

- The skater must demonstrate the required elements and may use any additional elements from previous levels (where applicable)
- The skating order of the required elements is optional
- To be skated on ½ ice- no music permitted
- In program form, using a limited number of connecting steps
- Time: 1:00 or less
- Deductions will be made if elements from a higher level are performed

Compulsory Freeskate level 1

1. Advance forward stroking – 4-6 consecutive strokes
2. Basic forward outside edges and forward inside consecutive edges – 2-4 outside and 2-4 inside edges
3. Scratch spin from backward crossovers
4. Waltz jump from backward crossovers
5. Half flip jump

Compulsory Freeskate level 2

1. Forward outside spiral – R or L, and a forward inside spiral – R or L
2. Waltz Three's R or L
3. Beginning back spin – entry optional
4. Waltz jump, side toe hop, waltz jump series
5. Toe loop jump

Compulsory Freeskate level 3

1. Forward crossovers in a figure 8
2. Advanced forward outside swing rolls – 4-6 consecutive
3. Back spin
4. salchow jump
5. Waltz jump/toe loop or salchow/toe loop

Compulsory Freeskate level 4

1. Spiral sequence, FI spiral, FI Mohawk, BO spiral, clockwise or counterclockwise
2. Forward power 3's, 2-3 consecutive sets, - R or L
3. Sit spin
4. Loop jump
5. Waltz jump/loop jump

Compulsory Freeskate level 5

1. Spiral sequence, FO spiral, forward outside 3 turn, one backward crossover, backward inside spiral
2. Camel spin
3. Forward upright spin to back upright spin
4. Loop/loop jump
5. Flip jump

Compulsory Freeskate level 6

1. Five step Mohawk sequence – 1 set alternating pattern
2. Camel, sit spin combination – minimum of 4 revolutions total
3. Split jump or stag jump
4. Waltz jump, ½ loop, salchow combination
5. Lutz jump

Beginner (No test) Compulsory Program

1. Waltz jump

2. Salchow jump
3. Half flip or half lutz jump
4. Upright scratch spin (min. 3 revolution)
5. Forward spiral

Pre-preliminary Compulsory Program- Must have passed no higher than U.S. Figure Skating pre-preliminary freeskating test.

1. Flip jump
2. Combination jump consisting of any two single jumps (No axels)
3. Split jump
4. Sit spin (min. 3 revolutions)
5. Forward outside spiral

Preliminary Compulsory Program – Must have passed no higher than U.S Figure Skating preliminary freeskate test.

Time: 1:15 max

1. Single jump of choice (Axel permitted)
2. Combination jump consisting of any two single jumps (may not repeat single jump selected above)
3. Camel spin (min 3 revolutions)
4. Combination spin (no change of foot)
5. Footwork sequence – straight line or diagonal

FREESKATE PROGRAM 1-6 – with music

- Groups must be divided by age
- Program duration 1:30 +/- 10 sec.
- Vocal music is not permitted in Freeskate programs
- Skated on full ice
- Deductions will be made if elements from a higher level are performed

Programs must contain the following required elements:

Freeskate level 1

1. Advance forward stroking (4-6 consecutive strokes)
2. Basic forward outside edges or forward inside consecutive edges – 2-4 outside or 2-4 inside edges
3. Scratch spin from backward crossovers
4. Waltz jump from backward crossovers
5. half flip jump

Freeskate level 2

1. Forward outside spiral – R or L
2. Waltz Threes – R or L
3. Beginning back spin
4. Waltz jump, side toe hop, waltz jump series
5. Toe loop jump

Freeskate level 3

1. Forward crossovers in a figure 8
2. Advance forward outside swing rolls – 4-6 consecutive
3. Back spin
4. Salchow
5. Waltz jump/toe loop or salchow/toe loop

Freestyle level 4

1. Spiral sequence: FI spiral, FI Mohawk, BO spiral, clockwise or counterclockwise
2. Forward power 3's, 2-3 consecutive sets, -R or L
3. Sit spin
4. Loop jump
5. Waltz jump/loop jump

Freestyle level 5

1. Spiral sequence: FO spiral, forward outside 3 turn, one backward crossover, backward inside spiral
2. Camel spin
3. Forward upright spin to back upright spin
4. Loop/loop combination jump
5. Flip jump

Freestyle level 6

1. Five step Mohawk sequence – 1 set 1 alternation pattern (refer to Basic Skills curriculum Freestyle level 6)
2. Camel, sit spin combination – minimum of 4 revolutions total
3. Split jump or stag jump
4. Waltz jump, ½ loop, salchow combination
5. Lutz jump

Beginner (No test) Freestyle Program – May not have passed any official U.S. Figure Skating free skate tests. (Refer to the rulebook SSR 4.13)

A well balanced program consisting of single jumps (no axels or doubles permitted), at least one jump combination or series, a minimum of two spins of a different nature and one step or spiral sequence. No flying spins or combination spins are permitted.

Pre-preliminary freestyle program – **Must have passed no higher than U.S. Figure Skating pre-preliminary free skate test.**

Pre-preliminary Freestyle A – A well balanced program consisting of all single revolution jumps (no axels or double jumps permitted), single combination jumps, single jump sequences. A minimum of two spins of a different nature. No flying spins or combination spins are permitted. One step sequence or spiral sequence.

Pre-preliminary Freestyle B - A well balanced program consisting of all single revolution jumps (axel permitted), single combination jumps, single jump sequences, no flying spins, no double jumps permitted. (Refer to the rulebook SSR 4.12)

Preliminary Freeskate Program - Must have passed no higher than U.S. Figure Skating preliminary free skate test (Refer to USFSA rulebook SR 4.11).

Preliminary Freeskate - A well balanced program, may include all single jumps, axels and two different double jumps which may be repeated as individual jumps, jump sequences or jump combinations. A minimum of two spins of a different nature (combination and change of foot spins are allowed). One step sequence or spiral sequence.

Dance – Solo

1. **Preliminary:** Not have completed the Pre-Bronze test.

Dutch Waltz

Canasta Tango

Rhythm Blues

2. **Pre-Bronze:** Not have completed the Bronze test

Swing Dance

Cha Cha

Fiesta Tango

Basic Skills Competition Entry Form

Skating Club of Novi

Name _____ Age _____ Sex _____
Last First

Address _____ City _____

State _____ Zip _____ E-mail address _____

Area Code/Phone# _____ Birth Date _____

U.S. Figure Skating Number _____

Current Skating Level _____

Last U.S. Figure Skating Level Passed _____

Program Affiliation _____

Instructor's name _____

Please check the event(s) you are entering:

Elements:

_____ Snowplow
_____ Basic 1 _____ Basic 5
_____ Basic 2 _____ Basic 6
_____ Basic 3 _____ Basic 7
_____ Basic 4 _____ Basic 8

Freeskate Compulsories:

_____ Freeskate 1 _____ Freeskate 4
_____ Freeskate 2 _____ Freeskate 5
_____ Freeskate 3 _____ Freeskate 6
_____ Beginner
_____ Prepreliminary
_____ Preliminary

Basic Programs:

_____ Snowplow Sam
_____ Freeskate A
_____ Freeskate B
_____ Freeskate C
_____ Freeskate D

Freeskate Programs:

_____ Freeskate 1 _____ Freeskate 2
_____ Freeskate 3 _____ Freeskate 4
_____ Freeskate 5 _____ Freeskate 6

Dance

Preliminary: _____ Dutch Waltz
_____ Canasta Tango
_____ Rhythm Blues
Pre-Bronze _____ Swing Dance
_____ Cha Cha
_____ Fiesta Tango

_____ Beginner
_____ Pre-preliminary A
_____ Pre-preliminary B
_____ Preliminary

ENTRY FEE IS \$40.00 PER EVENT, \$20.00 PER EACH ADDITIONAL EVENT

First Event	\$ _____
Additional Event	\$ _____
Additional Event	\$ _____
Total	\$ _____

The completed entry form, with fees and a self stamped envelope must be postmarked by June 4, 2005. There will be a \$20.00 fee for returned checks.

Make check or money order payable to Skating Club of Novi and mail to:
SCN Basic Skills Competition
Suzanne Malloure
35940 King Edward
Farmington Hills, MI 48331
For additional information email: Malkidsx4@aol.com

Entry fees are not refundable after the entry deadline unless an event is canceled.

Certification of Competitor: The competitor is eligible to enter the events checked. It is agreed that the competitor and family holds the Skating Club of Novi, Novi Ice Arena and Suburban Management Co. harmless from any and all liability either during practice or the competition, and from any and all liability for damages to or loss of property.

Parent/Guardian Signature _____ Date _____

Instructor Signature _____ Date _____

Program Director/Club Officer _____ Date _____

Competitor Signature _____ Date _____

*****Please highlight or circle the t-shirt size of the skater.**

Child small

Child medium

Child large

Child xlarge

Adult small

Adult medium

Adult large

Adult xlarge