2005 Mountain Laurel Competition April 2-3, 2005

(April 1* will be added if needed)



2005 Future Champions Series Event



Application Deadline - February 26, 2005

Planet Ice Arena 195 Jarí Dríve Johnstown, PA 15904

Sanctioned by:



Hosted by the Johnstown Figure Skating Club, Johnstown, Pennsylvania

PROGRAM ADVERTISING INFORMATION

2005 MOUNTAIN LAUREL SKATING COMPETITION

Hosted by the JOHNSTOWN FIGURE SKATING CLUB

The Johnstown Figure Skating Club is proud to host the 2005 Mountain Laurel Skating Competition, to be held April 1-3, 2005 at the Planet Ice Arena, 195 Jari Drive, Johnstown, PA 15904

We invite you to submit an advertisement to be printed in the program. All participants will receive an attractive program book, featuring the full competition schedule, restaurant and vendor information, and greetings from skating clubs and local businesses. We would welcome your support of this event by purchasing an ad in the program book.

Please check the size of the advertisement you wish to place and indicate the information you would like displayed. The measurements indicated for ad sizes are width x height. Please allow for at least a one-half inch border on all sides. The deadline for advertising is March 11, 2005.

	Full Page (8 ½" x 11")	\$100.00
	Half Page (8 ½" x 5 ½" or 4 1/4" x 11")	\$60.00
	Quarter Page (4 1/4" x 5 1/2")	\$40.00
	Eighth Page (4 1/4" x 2 3/4")	\$20.00
	Personal Greetings (one line)	\$5.00
	Total Enclosed	
Name of Advertiser		
Address		
City, State & Zip		
Contact Person	Phone Number	
Personal Greeting		

Make checks payable to: Johnstown Figure Skating Club or "JFSC"

Mail this form along with payment and ad to:

Johnstown Figure Skating Club C/o Paulette Nau Instone 128 Thistle Lane Windber, PA 15963

For more information, contact Paulette. Email: p_instone@hotmail.com Telephone: (814)467-4497

COMPETITION:

The Johnstown Figure Skating Club is proud to announce that the 2005 Mountain Laurel Competition has been selected to be part of the 2005 Future Champions Series (FCS). This is a new and exciting program sponsored by the US Figure Skating and the Association's Program Development Committee. A full description of the 2005 program including points and factoring can be found at:

http://www.usfsa.org/Programs.asp?id=48

WEBSITE:

New website is not yet available

Information will also be posted on Don Korte's website at: www.sk8stuff.com

CHAIRPERSONS:

Amy Kreger

Gayle Formica Email: Gayleformica@msn.com

Email: Amy.Kreger@US.Bosch.com Telephone: (814) 926-3012

Telephone: (814) 255-3573

CHIEF REFEREE:

Lois J. Miskoe

ELIGIBILITY:

All entrants must be members in good standing of the USFS. Test requirements are as of February 26, 2005. A skater may compete at one level higher than the skaters' USFSA test level (freestyle), but not below.

RULES:

The Competition will be conducted according to the rules of the USFSA as set forth in the 2005 Rulebook, except as stated herein. The JFSC Competition Committee reserves the right to limit the size of each group or to combine or divide groups. The committee may eliminate events due to insufficient entries.

ENTRIES:

Entries must be postmarked by February 26, 2005. Entries must be submitted by mail, on the official form, which may be duplicated. Payment of all fees by check or money order should be made payable to Johnstown Figure Skating Club (JFSC) and must accompany the entry form. Late entries will be accepted at the discretion of the Competition Committee and will require an additional \$25.00. There will be a \$20.00 penalty fee for returned checks. Entry fees will only be refunded if an event is cancelled.

Do not send entry by registered mail or other mail that needs to be signed for.

Send entries to:

Johnstown Figure Skating Club C/o Amy Kreger 5788 Kingwood Road

FEES:

Markleton, PA 15551-8710 The entry fees are \$65.00 for the first event, \$25.00 for second event and \$15.00 for each event thereafter.

Short Program and Long Program are considered separate events.

Pair Skaters should split the fee (50% each). If a competitor is skating in both Singles and Pairs events, then the Singles event will be

considered the first event.

FINAL ROUNDS:

Separate final rounds will be held for short and long programs for levels Juvenile and above, made up of more than one group. An equal number of place finishers from each group, per level, will advance to a final round with no more than 18 skaters.

CRITIQUES:

There will be critiques for all short programs (initial rounds) for Intermediates, Novices, Juniors and Seniors. Critiques will be held with the coach, the

skater and an official privately.

AWARDS:

Awards will be given to the top six skaters in each group. Medals will be presented to all 1st, 2nd and 3rd place skaters and 4th, 5th and 6th place skaters will receive a ribbon. Trophies will be presented to the 1st place winners of "final round" events. Flower halos will be awarded to the top three skaters in free skating events. There will also be 1st, 2nd, and 3rd place club trophies presented to the top three clubs with the most points.

MUSIC:

Music will be played from cassettes, mini discs or compact discs. Tapes/CDs must be clearly marked with the skater's name and event on the program side of the tape and on a tape of maximum recording time of 30 min. or less. Skaters should have duplicate with them at their scheduled event. While all possible care will be taken, JFSC assumes no responsibility or liability due to loss or damage to music. Please submit the cassette(s) or CD(s) at the registration desk upon arrival (at least one hour before your scheduled event).

RINK:

Planet Ice Arena ice measures 200' x85' with rounded corners and a barrier.

A snack bar will be open during the competition.

SCHEDULE:

A tentative schedule will be available as soon as possible after the entry deadline. The tentative schedule of events will be posted on the JFSC website (new website not yet available)

It will also be posted on Don Korte's website located at www.sk8stuff.com.

Confirmations and schedules will be mailed to each competitor along with practice ice information.

PRACTICE ICE:

Practice ice will be available during designated times throughout the competition. A tentative schedule of practice ice will be included in the tentative

event schedule mailings and will be posted to our website.

Practice ice will be \$10.00 per 30-minute session. Sessions will be limited to the first 18 skaters.

REGISTRATION:

Upon arrival daily, please register at the registration desk. You must register at least one (1) hour prior to your scheduled event.

ADMISSION:

There will be NO admission charge for spectators.

VIDEO:

Professional videotaping will be available at the competition. If personal videotaping is done, only battery-operated cameras should be used and only from the bleacher area.

HOTELS:

Comfort Inn & Suites: (814) 266-3678 Rate \$58.00 per night (814) 262-9292 or (800) 753-3746 Sleep Inn: Rate \$58.00 per night Holiday Inn Express (814) 266-8789 or (800) 822-9194 Rate \$59.99 per night. Please make reservations by March 17, 2005 to receive the special rate from Comfort Inn and Sleep Inn.

ADVERTISING:

Advertising space is available in our Program Book at very reasonable rates. We encourage you to consider supporting the athletes while promoting

your Club, Competitions or Business.

LOCKER ROOMS:

Locker Rooms will be available.

COACH SEMINAR:

USFS Officials will hold a seminar for coaches during the competition.

FREE SKATING

You may enter the event for which you have passed the required test, or one level higher.

Event	Test Requirements	Program Time	
No Test A	No tests passed. The only jumps permitted are waltz jump, salchow, toe loop, half flip, and half lutz. No combination jumps permitted.	1 to 1 ½ minute	
No Test B	No tests passed. No axels, double jumps, or combination (including "hop") jumps permitted	1 to 1 ½ minute	
Pre-Preliminary - Restricted	Passed Pre-Preliminary Free Skating Test No axel or double jumps permitted	1 ½ minute	
Pre-Preliminary - Unrestricted	Passed Pre-Preliminary Free Skating Test	1 ½ minute	
Preliminary Passed Preliminary Free Skating Test 1½ minute		1½ minute	
Pre-Juvenile	Passed Pre-Juvenile Free Skating Test	2 minutes	
Juvenile Age 12 or under	Passed Juvenile Free Skating Test	2 min. 15 sec	
Open Juvenile Age 13 or older Passed Juvenile Free Skating Test 2 min. 15 set		2 min. 15 sec	
Intermediate	Passed Intermediate Free Skating Test	2 min. 30 sec	
Novice	Passed Novice Free Skating Test Ladies: 3 minutes Mer		
Junior	Passed Junior Free Skating Test	Ladies: 3 min. 30 sec Men: 4 minutes	
Senior	Passed Senior Free Skating Test	Ladies: 4 minutes Men: 4 min. 30 sec	
Young Adult (Age 18 – 24 by 2/26/05)	No higher than Juvenile FS Test or ISI 5, no double jumps allowed.	2 min. 10 sec	
Adult Bronze	Passed Adult Bronze Free Skating Test No axels or double jumps permitted.	1 min. 40 sec	
Adult Silver	Passed Adult Silver Free Skating Test Axels permitted. No double jumps.	2 min. 10 sec	
Adult Gold	Passed Adult Gold Free Skating Test	2 min. 40 sec	

PAIRS FREESTYLE

Event Test Requirements		Program Time	
Preliminary		1 min. 30 sec	
Pre-Juvenile	Both partners passed Preliminary Pair Test and Pre-Juvenile MIF Test	Pair Test and 1 min. 30 sec	
Juvenile	Both partners passed Juvenile Pair Test	2 min. 15 sec	
Intermediate	Both partners passed Intermediate Pair Test	3 min.	
Novice	Both partners passed Novice Pair Test	3 min. 30 sec	
Junior	Passed Junior Free Skating Test	4 minutes	
Senior	Passed Senior Free Skating Test.	4 min. 30 sec	

SHORT PROGRAM

*Please remember that the Competition will be conducted according to the rules of the USFS as set forth in the 2005/2006 Rulebook. Please check your rulebook for the proper elements needed in the short program events.

Event	Test Requirements	Program Time
Juvenile Short Program consists of the following elements: 1. Axel 2. Double jump of skater's choice. 3. Jump combination consisting of two single jumps or one single and one double jump with NO steps or turns in between. 4. Solo spin (min. 4 revs in position). 5. Combination spin with only one change of foot and at least one change of position (min. 4 revs each foot). 6. Step sequence (straight line, circular or serpentine).		2 minutes
Intermediate		2 minutes
Novice	As Coverned by the 2005 2006 Pulse of the USES	2 min. 15 sec
Junior	As Governed by the 2005-2006 Rules of the USFS	2 min. 50 sec
Senior		2 min. 50 sec

COMPULSORY MOVES

Test Requirements are the same as for Free Skating. Beginner through Pre-Juvenile skaters will present a program, without music and no longer than the stated times. All compulsory moves will be skated on one-half of the ice surface. Elements may be skated in any order. There will be deductions for additional moves. Male skaters may be placed with female skaters depending on the entry numbers.

<u>Event</u> <u>Requirements</u>		<u>Program Time</u>
No Test 2 bunny hops in a row, lunge, waltz jump, forward spiral, 2-foot spin (3 rev).		1 minute max.
Pre-Preliminary Waltz jump/Toe Loop combination, half flip or half lutz, salchow, forward outside spiral, one foot spin (3 rev).		1 minute max.
Preliminary	Salchow jump/Toe loop combination (no step or turn in between), flip jump, loop jump, forward spiral on a curve, back scratch spin (3 rev) no change of foot.	1 minute max.
Pre-Juvenile	Flip/Loop combination, lutz jump, camel spin (3 rev), straight line or diagonal footwork, sit change sit spin (3 rev each foot in position).	1 ½ minutes max.

SPIN EVENT

Beginner through Senior will present a program without music with spins specified for their appropriate level. Connecting moves are permitted between each spin. Spins may be done in any order. There will be deductions for any jumps done. Programs can be no longer than the stated times. The requirements for this event are the same as for Free Skating Events. Beginner through Pre-Juvenile will use ½ ice and Juvenile through Senior on full ice.

Male skaters may be placed with female skaters depending on the entry numbers.

Event	Test Requirements	Program Time	
No Test	One Foot Spin (3 revs) (optional free leg) Two Foot Spin (3 revs)	45 sec. max	
Pre-Preliminary	One Foot Spin (3 revs) Two Foot Spin (3 revs) Sit Spin (3 revs	1 min. max	
Preliminary	One Foot Upright Spin (3 revs) Front to Back Scratch Spin (3 revs each foot) Sit Spin (3 revs)	1 min. 15 sec. max	
Pre-Juvenile	Camel Spin (3 revs in position) Front to Back Scratch Spin (4 revs per foot) Combination Camel to Sit Spin (6 revs total) no change of foot	1 min. 15 sec. max	
Juvenile	Forward Sit Spin (4 revs) Layback or Attitude Spin-Ladies (4 revs) Forward Camel Spin-Men (4 revs) Combination Spin with one change of foot and one change of position (4 revs each foot) camel, sit or attitude.	1 min. 15 sec. max	
Intermediate	Sit Change Sit (4 revs each foot in position) Flying Camel (5 revs) Spin combination consisting of one change of foot and one change of position (4 revs each foot)	1 min. 30 sec. max	
Novice	Camel Spin to backward Camel Spin(4 revs each foot in position) Solo Spin, your choice (6 revs in position) Spin combination consisting of one change of foot and one change of position (5 revs each foot)	1 min. 30 sec. max	
Junior	Flying Sit or Flying Change Rev Spin (6 revs) Layback or Cross-foot Spin (6 revs) Spin Combination consisting of 3 positions and one change of foot (10 revs total)	1 min. 30 sec. max	
Senior	Layback or Scratch Solo Spin (8 revs in position) Any Flying Spin (6 revs in position) Combination Spin, 2 changes of position and one change of foot(10 revs total) Any solo spin (6 revs in position)	2 min. max	
Adult Bronze and Silver	Sit spin, Camel spin, Forward one foot spin with change foot to back one foot spin (Each element 3 Rev).	1 min. 30 sec. max	
Adult Gold	Camel sit spin (no change of foot), Combination spin with one change of foot, Layback or forward one foot scratch spin (Each element 4 Rev.)		

FOOTWORK EVENT

All events will be skated on full ice with music of skater's choice. The program should contain a variety of turns and sequences and emphasize the skater's controlled edges and turns in addition to speed and quickness of the routine. The program may contain one-half rotation jumps and spins with less than 3 revolutions. Program will be judged on both technical merit and presentation. Male skaters will be combined with female skaters for this event.

<u>Event</u>	<u>Requirements</u>	Program Time
No-Test	Not tests passed	1 min. max
Pre-Preliminary	Passed Pre-Preliminary MIF	1 min. max
Preliminary	Passed Preliminary MIF	1 min. max
Pre-Juvenile	Passed Pre-Juvenile MIF	1 min. max
Juvenile	Passed Juvenile MIF	1 min. max
Intermediate	Passed Intermediate MIF	1 min. max
Novice	Passed Novice MIF	1 min. max
Junior	Passed Junior MIF	1 min. max
Senior	Passed Senior MIF	1 min. max

SOLO DANCE EVENTS

Any Male or Female skater may enter. You may skate at your test level or one level higher.

LEVEL	TEST REQUIREMENTS	DANCE	
Preliminary:	May not have passed any Pre-Bronze Dances	Rhythm Blues, Canasta Tango	
Pre-Bronze:	May not have passed any Bronze Dances	Swing Dance, Cha Cha	
Bronze:	May not have passed any Pre-Silver Dances	Ten Fox, Willow Waltz	
Pre-Silver:	May not have passed any Silver Dances	European Waltz, Fox Trot	
Silver:	May not have passed any Pre-Gold Dances	Tango, Rocker	
Pre-Gold:	May not have passed any Gold Dances	Blues, Starlight Waltz	
Gold:	Passed Gold Dances	Argentine Tango, Viennese Waltz	

PARTNER COMPULSORY DANCE EVENTS

Couples can skate at their test level or one level higher. The number of sequences to be danced, and starting position will be determined by the referee.

LEVEL	DANCE
Preliminary	Canasta Tango, Rhythm Blues
Pre-Juvenile	Dutch Waltz, Cha Cha
Juvenile	Hickory Hoedown, Ten Fox
Intermediate	European Waltz, Fox Trot
Novice	American Waltz, Kilian
Junior	Cha Cha, Starlight Waltz
Senior	Rhumba, Midnight Blues

SHOWCASE

This is a program with the emphasis on the entertainment value, rather than technical content. Elements to be considered in judging will be illustration of character, music interpretation, costuming, and audience appeal. Vocal music is allowed. Props are optional. No costumes or props with feathers or water will be permitted on the ice. Skaters must carry their own props on and off the ice. Male and female skaters will be combined for this event.

LEVEL TEST REQUIREMENTS		PROGRAM TIME	
Showcase Level A:	No-Test through Preliminary FS	Not to exceed 1 ½ min.	
Showcase Level B:	Pre-Juvenile through Intermediate FS	Not to exceed 2 min.	
Showcase Level C:	Novice through Senior FS	Not to exceed 2 ½ min.	
Group Showcase:	No Test Restrictions. 2, 3 or 4 Skaters per Group	Not to exceed 2 min.	
Adult Showcase A:	FS Level Adult Bronze and Silver	Not to exceed 2 min.	
Adult Showcase B:	FS Level Adult Gold	Not to exceed 2 min.	

JUMP EVENT

Skaters will qualify according to their free skating level. Pre-Preliminary through Pre-Juvenile will be skated on ½ ice. All other levels will skate on full ice. Jumps should be performed exactly as stated. Skaters will be given two (2) opportunities to perform each jump and will be judged on the best one. The following format will be used for this event; the first skater will take the ice and attempt the first jump twice, pause and then attempt the second jump twice before going to the next element and/or skater. This procedure will be repeated throughout the event. Male and female skaters will be combined for this event.

CVCIII.				
LEVEL	REQUIREMEN ^T	rs		
Pre-Preliminary:	1. Toe Loop	2. Combination of	2. Combination of any two single jumps (no axels)	
Preliminary:	1. Loop	2. Combination of	2. Combination of any two single jumps	
Pre-Juvenile:	1. Axel	2. Double Toe Loc	2. Double Toe Loop	
Juvenile:	1. Axel	2. Combination of any double jump with a loop jump		
Intermediate:	1. Axel	Double Loop 3. Combination of any two double jumps		
Novice:	1. Double Loop	2. Double Flip	3. Combination of any two double jumps	
Junior:	1. Double Axel	2. Double Lutz	3. Combination of any two double jumps or a triple jump with a double jump	
Senior:	1. Double Lutz	2. Double Axel	3. Combination of any double jumps or a triple jump with a double jump	

ARTISTIC

Programs will be judged on artistic impression and interpretation of the music. Costumes should reflect the mood of the music. No props allowed. Male and female skaters will be combined for this event.

LEVEL	REQUIREMENTS	TIME LIMIT
No-Test	No freestyle test passed. No axels or doubles.	1 min.
Pre-Pre/Preliminary	Passed Prelim Freestyle test and no higher. No axel, doubles, or triples.	1 ½ minutes
Pre-Juvenile/Juvenile	Pre-Juvenile through Juvenile. No Doubles or triples.	2 minutes
Intermediate/Novice	Intermediate through Novice. Axel and one Double allowed, no triples.	2 ½ minutes
Junior/Senior	Junior through Senior. Axel plus two doubles allowed no triples.	3 minutes

2005 Mountain Laurel Competition Official Entry Form

Due Date February 26, 2005

FORM MUST BE FILLED OUT COMPLETELY AND LEGIBLY OR ENTRY COULD BE REJECTED! (May be copied, front and back)

Competitor's Name	USFSA#	Sex	Birth Da	ate	Age as of 2/26/2005
Address	City		State	Zip Code	() Telephone #
Email Address Highest Test Passed as of February 26, 2005: Freestyle	Complete Home	e Club Name MIF	=		Dance
Professional's Name:		Email	Address: _		
Street Address:	City:		State:	Zip	Phone #:
Partner's Name:	USFS	SA#	Home	e Club:	
Group Showcase (List Names)	,				TO ENTER
PLEASE MARK AN X ON THE APPROPRIA	IE LINE BEFOR	E IHE EV	ENI YO	<u>J WHICH I</u>	<u>OENIER:</u>
No-Test A No-Test B Pre-Pre Restricted Pre-Pre Unrestricted Preliminary Pre-Juvenile Pre-Juvenile Juvenile Juvenile Open Juvenile Intermediate Novice	ORY MOVES	Prelin Pre-J Juver Intern Novic Junio Senio	ARTISTIC	SOLO DANCE Preliminary Pre-Bronze Bronze Pre-Silver Silver Pre-Gold Gold FOOTWORK EVENT No-Test Pre-Preliminary Preliminary Pre-Juvenile Juvenile	
SHORT PROGRAM Juvenile/Open Juv Intermediate Novice Junior Senior JUMP EVENT Pre-Preliminary Preliminary Preliminary			al Entry	Fee(s)	Intermediate Novice Junior Senior
Pre-Juvenile Juvenile Intermediate Novice Junior		Late	Charge	Fee (if ap	
Senior ENTRY FE First Event		Second E	vent	\$25.00	Additional Events \$15.00

will be considered the first event

No-Test

Juvenile Intermediate

Novice Junior

Senior

Adult Gold

Pre-Preliminary Preliminary Pre-Juvenile

Adult Bronze/Silver

Return all registration forms, with <u>ONE</u> check or money order made payable to "**Johnstown Figure Skating Club**" to:

Pair skaters should split the fee (50% each). If a competitor is skating in both Singles and Pair events, then the Singles event

Johnstown Figure Skating Club Attn: Amy Kreger 5788 Kingwood Road Markleton, PA 15551

ENTRIES MUST BE POSTMARKED BY FEBRUARY 26, 2005

Certification of Competitor by Home Club Official (REQUIRED) I hereby approve the entry of the skater named on this application and certify that he/she is eligible to compete in accordance with the						
rules of the USFS, and that the entrant is a member in good standing of the Home Club.						
Signed	Title	Date				
Test Chairperson or Club Officer						
Home Club	Telephone					
Certific	ation by Athlete and Parent/Guar	dian (REQUIRED)				
sport of figure skating, and that is cons ATHLETE PARENT/GUARDIAN: I un damages or injuries, or loss of property their entries or participation therein, all injury to their person and property resulting to their person and all claims where the sport of the state of the sport of	istent with the high standards of the sport. I a derstand that the USFS and the clubs or organ suffered by the skaters or officials. As a cond entrants, their parents and guardians and officials from, caused by or connected with, the contents of the skatery of the same	eflect favorably upon this Competition and upon the agree to respect the person and property of others. izers of competitions undertake no responsibility for ition of and in consideration of the acceptance of cials shall be deemed to agree to assume all risks of onduct and management of the competition, and to SFSA, the club hosting the competition, and against CR 33.06)				
Athlete's Signature	Date					
(Signature Required)						
Parent/Guardian's Signature	Date					
(Signature Required if athlete is un	der age 18)					

SEND FULLY COMPLETED FORM (BOTH SIDES COMPLETED) AND PAYMENT TO:

JOHNSTOWN FIGURE SKATING CLUB C/O AMY KREGER 5788 KINGWOOD ROAD MARKLETON, PA 15551-8710

CHECKS PAYABLE TO: JFSC

ENTRIES MUST BE POSTMARKED NO LATER THAN FEBRUARY 26, 2005

No self addressed stamped envelope needed.

Confirmation, schedule and practice ice information will be mailed to each competitor.

Johnstown Figure Skating Club 5788 Kingwood Road Markleton, PA 15551



2005 Mountain Laurel Competition Announcement

Join us for our 2005 Mountain Laurel Competition A 2005 Future Champions Series Event Events include:

Compulsory Moves
Spin Event
Jump Event
Free Skating
Short Programs
Pairs Free Skating
Solo Dance
Partner Dance
Showcase
Artistic Event
New This Year! Footwork Event

Final Rounds

Critiques for initial Short Programs

Seminar for Coaches