

2005 SUNSHINE INVITATIONAL

HOSTED BY THE MENTOR FIGURE SKATING CLUB

SANCTIONED BY THE USFSA

- DATES:** July 29 and July 30, 2005 (Friday and Saturday)
- PLACE:** Mentor Civic Arena
8600 Munson Road
Mentor, Ohio 44060
(440) 974-5730
- CO-CHAIRMAN:** Jacquie Folk Home: (440)350-0197 E-Mail: dbf2735@aol.com
Sue Clemente Home: (440)255-9496 E-Mail: sueclemente@acn.net
- RULES:** The competition will be conducted in accordance with the rules set forth in the current edition of the USFSA rulebook. Short programs will be those as listed for the 2005-2006 season
- ELIGIBILITY:** The competition is open to all eligible persons of the USFSA. **Test status is based as of June 10, 2005.** Single skaters may skate at their free skate level or one level higher (except where noted) **but not both.** Skaters may not compete below their test level after June 10, 2005. Skaters must be registered members of the USFSA. All events are final rounds. Juvenile level and above will be determined by random draw. All checks (fees) must be cleared and release forms received prior to skaters event.
- FEES:** **Seventy dollars** (\$70.00) for first event (FS, CM, Spins, etc.). **Twenty dollars** (\$20.00) for second event and **five dollars** for each additional. **Twenty dollars** (\$20.00) for the first solo dance event plus **five dollars** (\$5.00) for each additional solo dance event. Pairs are \$70.00 for first pair event per person and \$20.00 for each additional event. **There will be a surcharge of \$25.00 for any check returned for NSF. Entries must be postmarked by June 10, 2005.** Late entries will be accepted if time permits and will be subject to a \$25.00 late entry fee for 1st event and a \$15.00 late entry fee for each additional event. There will be a change fee of \$10.00 per event to modify application after the deadline.
- DEADLINE:** **The deadline is June 10, 2005.** There will be no refunds except for injury documented with a physician's note after the deadline unless an event is canceled. Please mail early. Skaters may enter any event for which they are eligible. Each partner of a pair must fill out an application. Entry forms must be completely filled out including USFSA # & test levels, signed and mailed along with a check made out to: **Mentor Figure Skating Club (MFSC). Send entries to:**
- Ms. Jacquie Folk
10944 Stonewycke Dr.
Concord Twp., Ohio 44077**
- CITY OF MENTOR:** City of Mentor will give each skater one free pass to the Civic Center Pool to be used the weekend of the Sunshine Competition
- OFFICIAL NOTICES:** An official bulletin board will be in the lobby of the arena. Posting of schedules and announcements there will constitute official notice to competitors, coaches and officials. Check this upon arrival.

- MANEUVER TEAMS** Maneuver team applications must be accompanied with a separate check for the entire team. **Each** skater must submit a separate **official entry form (both sides)** and **medical release form** (copies are accepted) with maneuver team application. Team applications must include each member's USFSA number. If the application is not complete, it will not be accepted. Each maneuver team **must** have one parent designated as the contact.
- PRACTICE ICE:** There will be practice ice available in ½ hour sessions @ \$10.00/session. See "practice application". A schedule will be sent along with the skater's confirmation. All practice ice will be at the Civic Arena.
- ARENA FACILITIES:** There are two ice surface measuring 85' x 200'. Both rinks will be in use for the Sunshine Invitational Competition. All events will be at the Civic Center, which has dressing rooms, concession and parking. **Hair Styling & Makeup available** at minimal charges.
- REGISTRATION** The official registration desk will be located in the lobby of the Civic Center. Competitors must check in **1 hour** before their event.
- MUSIC:** Music will be reproduced through the arena sound system from cassettes/CDs furnished by each competitor. Music will be provided for compulsory dance. All music must be turned in properly labeled and rewound at the time of registration. All skaters should have appropriate backup tapes/CDs with them. CDs will be accepted. Cassette Tapes are preferred. **Tapes that are acceptable are C-10, C-12, and C-30. Memorex tapes will not be accepted.**
- EVENTS/ AWARDS:** All events are final rounds. Awards will be given for first through fourth place. Juvenile Free Skate 1st place will receive the Linda & Henry Brown Honorary Award. If more than one group, there will be a final round. Ledin Video will provide award photography, digital action photography, and video taping for a fee. Personal videotaping may only be done from the stands with hand-held cameras —no lights, tripods or taping permitted at rinkside.
- HOST HOTEL:** There is a special price for Sunshine Competitors. Please book your hotel upon sending in your application and make any changes as needed when your schedule is received. Continental breakfast is included. This is very busy hotel season. **A limited number of rooms will be available until July 10th at the following:**
- SCHEDULE OF EVENTS:** A schedule of events will be mailed if a SASE is included w/ the application.
- INQUIRIES:** **Jacque Folk**
10944 Stonewycke Dr.
Concord Twp., Ohio 44077
Website: www.MentorFSC.org
Maps at Cleveland Council Website: clevelandskating.com
- USFSA TESTING:** A test session will be held on Thursday, July 28th (Time to be decided). If you are interested in this please contact our test chair Susan Petit for more information. You may download the application from the MFSC website: www.MentorFSC.org A separate check must be sent with test application to the address shown on the form to be accepted.
- CONTACT INFORMATION:** Susan Petit Home Phone: (440) 946-8547
7194 Hodgson
Mentor, Ohio 44060

**Directions to Rink: Mentor Civic Arena
8600 Munson Rd
Mentor, Ohio
(440) 974-5730**

From Cleveland West: I 90 Eastward, past downtown Cleveland, towards Erie, Pa. Follow Route 2 East to Mentor, Route 615 exit. At exit, turn left onto Route 615 (Center St). Turn right onto Market St. (by BP Station). At next light, turn left onto Munson Rd. Mentor Civic Arena is on Right in the Mentor Civic Park.

From East: I 90 West towards Cleveland. Exit onto Route 615 (Center St.). Turn left onto Route 615. Turn right onto Market St. (by BP Station). At next light, turn left onto Munson Rd. Mentor Civic Arena is on Right in the Mentor Civic Park.

From South: Take I 77 North onto I 271 North to I 90 East. Exit onto Route 615 (Center St.). Turn left onto Route 615. Turn right onto Market St. (by BP Station). At next light, turn left onto Munson Rd. Mentor Civic Arena is on Right in the Mentor Civic Park.

HOST HOTELS: INFO & DIRECTIONS

Please book your hotel upon sending in your application and make any changes as needed when schedule is received. This is very busy hotel season. A limited number of rooms will be available until July 10th at the following:

Renaissance Quail Hollow Resort
11080 Concord-Hambden Rd.
Painesville, Ohio (440)497-1100
\$119/night (No Breakfast)

Best Western Lawnfield Inn & Suites
8434 Mentor Ave
Mentor, Ohio (440) 205-7378
\$99.00/night (incl. Breakfast)

Directions to Renaissance Quail Hollow Resort

From I 90: Eastward to Route 44. Turn South, go past the I 90 interchange to next light, turn left onto Auburn Rd., right onto Concord-Hambden Rd. Hotel is on right.

Amenities at Renaissance Quail Hollow Resort: Indoor and outdoor pools, fitness and sauna rooms, 2 restaurants, live entertainment, 2 championship golf courses. Very scenic setting, close to highway, ten minutes to rink.

Directions to Best Western Lawnfield Inn & Suites

From Cleveland West: I 90 Eastward, past downtown Cleveland, towards Erie, Pa. Continue on I 90 East to Route 615, North (Left) to Mentor Ave. Right on Mentor Ave. Hotel is on the right.

From East: I 90 West towards Cleveland. Exit at Route 615, North (Right) to Mentor Ave. Right on Mentor Ave. Hotel is on the right.

Amenities at the Lawnfield Inn & Suites: Complimentary breakfast, fitness center, outdoor pool, business center, TV with HBO, Internet in each room, located in the heart of Old Mentor at Rt. 615 (Center St.) and Mentor Ave. Close to the Mall. Ten minutes to rink

FREE SKATING

Skaters may skate at their highest free skating level passed or one level higher.

EVENT CATEGORIES, TIMES AND REQUIREMENTS:		
CATEGORY	DURATION	TEST REQUIREMENTS/RESTRICTIONS
PRE-BEGINNER	1 min. – 1 min. 30 seconds	May <u>not</u> have passed the Pre-Preliminary Freestyle Test. Half revolution jumps plus salchows and toe loops only.
BEGINNER	1 min. 30 seconds	May <u>not</u> have passed Pre-Preliminary Freestyle Test. No Axels allowed.
PRE-PRELIMINARY	1 min. 30 sec.	May not have passed higher than Pre-Preliminary Freestyle Test. No Axels or double jumps allowed.
PRELIMINARY A	1 min. 30 sec.	May not have passed higher than Preliminary Freestyle Test. Axels allowed, no double jumps allowed.
PRELIMINARY B	1 min. 30 sec.	May not have passed higher than Preliminary Freestyle Test. Axels and up to <u>two</u> different double jumps permitted.
PRE-JUVENILE	2 min.	May not have passed higher than Pre-Juvenile Freestyle Test. Axels and up to <u>four</u> different double jumps permitted.
JUVENILE	2 min. 15 sec.	May not have passed higher than the Juvenile Freestyle Test. Have not reached 13 years of age as of application deadline.
OPEN JUVENILE	2 min. 15 sec.	May not have passed higher than the Juvenile Freestyle Test. Age 13 and older as of application deadline.
INTERMEDIATE	2 min. 30 sec.	May not have passed higher than the Intermediate Freestyle Test
NOVICE: Ladies Men	3 min. 3 min. 30 sec.	May not have passed higher than the Novice Freestyle Test.
JUNIOR: Ladies Men	3 min. 30 sec. 4 min.	May not have passed higher than the Jr. Freestyle Test.
SENIOR: Ladies Men	4 min. 4 min. 30 sec.	Must have passed at least the Junior Freestyle Test.
ADULT PRE-BRONZE	1 min. 40 seconds. Maximum	At least 25 years of age, have not passed higher than Adult Pre-Bronze FS Test or Pre-Preliminary FS Test. No axels allowed.
ADULT BRONZE	1 min. 40 sec. Maximum	At least 25 years of age, have not passed higher than Adult Bronze Free Skating Test or Preliminary Freestyle Test. No axels or double jumps permitted.
ADULT SILVER	2 min. 10 sec. Maximum	At least 25 years of age, have passed Adult Bronze but not higher than the Adult Silver Free Skating Test or Juvenile Freestyle Test. Axels permitted, no double jumps.
ADULT GOLD	2 min. 40 sec. Maximum	At least 25 years of age, have passed Adult Silver but not higher than Adult Gold Free Skating Test or Juvenile Freestyle Test.
ADULT MASTERS	3 min 40 sec. Maximum	At least 25 years of age, have passed at least the Adult Gold Freestyle Test or Juvenile Freestyle Test.

COMPULSORY MOVES

Beginner through Pre-Juvenile and Adult skaters will present a program without music no longer than the specified times. All compulsory moves will be skated on ½ ice surface. Elements may be skated in any order, and deductions will be taken for additional elements. Test requirements are the same as for free skating. Ladies and Men may be combined at the discretion of the referee, depending upon number of entries.

CATEGORY	DURATION (max.)	REQUIRED ELEMENTS
PRE-BEGINNER	1 min	Bunny Hop Series (minimum 2) Waltz Jump Forward Spiral Two foot spin
BEGINNER	1 min	½ Flip or ½ Lutz Jump Upright scratch spin (minimum 3 revolutions) Waltz Jump Forward Spiral Salchow Jump
PRE-PRELIMINARY	1 min	Flip Jump Split Jump Single-Single jump combination (no axels permitted) Sit spin (minimum 3 revolutions) Forward Outside Edge Spiral
PRELIMINARY	1 min 15 seconds	Flip Jump Back Scratch Spin (minimum 3 revolutions) Single-Single Jump Combination (axel allowed, may not repeat flip) Forward Inside Edge Spiral Split Jump or Stag Jump
PRE-JUVENILE	1 min 15 sec.	Camel Spin (minimum 3 revolutions in camel position) Lutz Jump Circular footwork Single-Single or Double-Single or Single-Double Jump Combination Sit-Change-Sit Spin (minimum 3 rev. each foot in sit position)
ADULT PRE-BRONZE	1 min 15 sec.	Backward Crossovers Figure 8 pattern, min 4 crossovers each direction Salchow Jump Waltz Jump-Toe Loop combination One foot spin (minimum 3 revolutions) Forward Spiral
ADULT BRONZE	1 min 15 sec.	Salchow Jump Waltz Jump –Toe Loop combination (no step or turn in between) Upright Scratch Spin (minimum 3 revolutions) Straight line or diagonal footwork Forward Spiral
ADULT SILVER	1 min 15 sec.	Camel Spin (minimum 3 revolutions in camel position) Flip Jump or Lutz Jump (may not repeat in combination) Single-Single jump combination (axel allowed) Back Scratch Spin (minimum 3 revolutions) Straight line or diagonal footwork
ADULT GOLD	1 min 25 seconds	Camel Spin (minimum 3 revolutions in camel position) Axel Jump (may not repeat in combination) Straight line or diagonal footwork Single-Single or Double-Single or Single-Double Jump Combination Spin combination with at least one change of foot and one change of position

SHORT PROGRAMS

Skated on full ice surface to music of skater's choice.

CATEGORY	DURATION (Max.)	REQUIRED ELEMENTS With music
JUVENILE (have not reached age 13 as of application deadline)	1 min. 40 sec.	Single-Single or Double-Single or Single-Double Combination. No Axel. Axel Jump Double Jump of skater's choice. May not repeat jump one in Jump Combination. Solo spin (min. of 4 revolutions; no change of foot or position; no flying spins) Combination spin with only one change of foot and one change of position (min. of 4 revolutions each foot). Step sequence (straight line, circular or serpentine).
OPEN JUVENILE (age 13 and older as of application deadline)	1 min. 40 sec.	SAME AS JUVENILE
INTERMEDIATE	2 min.	2005-2006 Short program described in the USFSA rule book
NOVICE	2 min. 15 sec	2005-2006 Short program described in the USFSA rule book
JUNIOR	2 min. 50 sec. max	2005-2006 Short program described in the USFSA rule book
SENIOR	2 min. 50 sec .max	2005-2006 Short program described in the USFSA rule book

MIXED PAIR FREE SKATE

EVENT CATEGORIES, TIMES AND REQUIREMENTS:		
CATEGORY	DURATION	MUST HAVE PASSED
PRE-JUVENILE	1 min. 30 sec.	Preliminary, but not Juvenile Pair Test
JUVENILE	2 min. 15 sec.	Juvenile, but not Intermediate Pair Test
INTERMEDIATE	3 min.	Intermediate, but not Novice Pair Test
NOVICE	3 min. 30 sec.	Novice but not Junior Pair Test
JUNIOR	4 min.	Junior but not Senior pair test
SENIOR	4 min. 30 sec.	Senior pair test

SIMILAR PAIRS FREE SKATE

EVENT CATEGORIES, TIMES AND REQUIREMENTS:		
CATEGORY	DURATION	MUST HAVE PASSED
JUNIOR	2 min.	Preliminary Free Skating but neither partner can have passed the Novice Free Test
SENIOR	3 min.	Preliminary Free Skating test and at least one partner must have passed the Novice Free test or higher

COMPULSORY SPIN EVENT

Beginner through senior will present a program without music with the spins specified for their level. Programs times are absolute maximums. The requirements for this event are the same as for the free skating events (may skate up one level). All levels on ½ ice. One footwork sequence may be included but will not be marked.

CATEGORY	DURATION (Max.)	REQUIRED ELEMENTS
BEGINNER 3 revolutions min	1 min.	Forward One foot spin Two foot spin Sit Spin
PRE-PRELIMINARY 3 revolutions min in position	1 min.	Forward One foot spin Camel Spin Sit spin
PRELIMINARY 3 revolutions min in each position	1 min. 15 sec.	One foot forward Scratch Spin. One foot back spin, entry optional Forward Camel to Forward Sit spin combination
PRE-JUVENILE 3 revolutions min solo; 3 revolutions min each foot combo	1 min. 15 sec.	Camel Spin Forward sit spin to backward sit spin Spin combination with only one change of foot and one change of position.
JUVENILE 4 revolutions min solo; 4 revolutions min each foot combo	1 min. 15 sec.	Back spin (position optional). Ladies: Layback or Attitude/ Men: Forward Camel Spin Creative spin combination (number of changes is free). Emphasis is on originality combined with quality spinning technique.
INTERMEDIATE 5 revolutions min solo; 5 revolutions min each foot combo	1 min. 30 sec.	Forward sit spin to backward sit spin Flying Camel Spin Creative spin combination, at least one change of foot and one change of position, emphasis is on originality combined with quality spinning technique.
NOVICE 6 revolutions min solo; 5 revolutions min each foot combo	1 min. 30 sec.	Forward Camel Spin to Backward Camel Spin Layback spin (ladies)/Crossfoot spin (men) Creative spin combination, at least one change of foot and one change of position, emphasis is on originality combined with quality spinning technique.
JUNIOR 8 revolutions min solo; 6 revolutions min each foot combo	1 min. 40 sec.	Flying Sit Spin or Flying Change (reverse) Sit Spin Layback spin (ladies)/Crossfoot Spin (men) Creative spin combination, at least one change of foot and one change of position, emphasis is on originality combined with quality spinning technique.
SENIOR 8 revolutions min solo; 6 revolutions min each foot combo	1 min. 40 sec.	Flying Spin (optional takeoff and landing position) Creative solo spin (original variation on standard position). Creative spin combination (at least one change of foot and one change of position, emphasis is on originality combined with quality spinning technique.

SHOWCASE

Skaters to enter at their last freestyle level passed (**may skate up one level**). Program time is a maximum time. Each competitor is to select his/her own music. There are no required elements in this event. Emphasis is placed on the theatrical and entertainment value of the skater's performance, rather than on the technical elements. Costumes and props are allowed. Props are limited to those that the skater can carry or push onto the ice **unassisted, The set-up cannot take more than 30 (thirty) seconds. No flame or smoke, wet mops, whipped or shaving cream, or any substance that may alter the ice in any way. No cap guns or loud noises.** Levels may be combined due to lack of entries. This event may be judged in combination with guest Fine Arts judges.

EVENT CATEGORIES, TIMES AND REQUIREMENTS:		
CATEGORY	DURATION (Max.)	MUST HAVE PASSED
PRELIMINARY	1 min. 40 sec.	Pre-Preliminary Free Skating Test
PRE-JUVENILE	1 min. 40 sec.	Preliminary Free Skating Test
JUVENILE	1 min. 40 sec.	Pre-Juvenile Free Skating Test
INTERMEDIATE	1 min. 40 sec.	Juvenile Free Skating Test
NOVICE	1 min. 40 sec.	Intermediate Free Skating Test
JUNIOR	1 min. 40 sec.	Novice Free Skating Test
SENIOR	1 min. 40 sec.	Junior Free Skating Test
ADULT	1 min. 40 sec.	Not higher than Adult Silver Freestyle or Juvenile Freestyle Test.
ADULT MASTERS	1 min. 40 sec.	Adult Gold Freestyle or Juvenile Freestyle Test

MUSIC INTERPRETATION

Skaters must enter at last freestyle level passed (may skate up one level), offered for Pre-Preliminary and higher. Music Interpretation consists of a single program composed entirely by the skater demonstrating ability to interpret music by combining moves, turns, footwork, jumps and spins.

Warm-up period consists of 1 minute without music followed by 4 minutes with the selected music played twice. Skaters will then leave the ice and be taken to a locker room where there will be **no communications with coaches or parents**. Each skater will hear the music one more time with his/her back to the ice at rink side while the prior competitor is performing. The judges give one mark only, and the emphasis is on **interpretation** of the music. This event may be judged in combination with guest Fine Arts judges.

EVENT CATEGORIES, TIMES AND REQUIREMENTS:		
CATEGORY	DURATION (Max.)	MUST HAVE PASSED
PRELIMINARY	1 min. 30 sec.	Preliminary Freestyle Test and No Higher
PRE- JUVENILE	1 min. 30 sec.	Pre-Juvenile Freestyle Test and No Higher
JUVENILE	1 min. 30 sec.	Juvenile Freestyle Test and No Higher
INTERMEDIATE	1 min. 30 sec.	Intermediate Freestyle Test and No Higher
NOVICE	1 min. 45 sec.	Novice Freestyle Test and No Higher
JUNIOR/SENIOR	2 min. 0 sec.	Junior or Senior Free Skating Test

SOLO DANCE

Skaters may enter any dance events for which they qualify. If there are a large number of skaters at entered at one level they will be divided into groups according to birth date. Ladies and Men will compete together

EVENT	Last Test Level Passed (may not have passed any individual dances from next level)
<i>Dutch Waltz</i>	<i>May not have passed higher than the Preliminary Dance Test.</i>
<i>Rhythm Blues</i>	<i>May not have passed higher than the Preliminary Dance Test.</i>
<i>Cha-cha</i>	<i>May not have passed higher than the Pre-Bronze Dance Test.</i>
<i>Fiesta Tango</i>	<i>May not have passed higher than the Pre-Bronze Dance Test.</i>
<i>Hickory Hoedown</i>	<i>May not have passed higher than the Bronze Dance Test.</i>
<i>Ten Fox</i>	<i>May not have passed higher than the Bronze Dance Test.</i>
<i>14Step</i>	<i>May not have passed higher than the Pre-Silver Dance Test.</i>
<i>Foxtrot</i>	<i>May not have passed higher than the Pre-Silver Dance Test.</i>
<i>Rocker Foxtrot</i>	<i>May not have passed higher than the Silver Dance Test.</i>
<i>American Waltz</i>	<i>May not have passed higher than the Silver Dance Test.</i>
<i>Blues</i>	<i>May not have passed higher than the Pre-Gold Dance Test.</i>
<i>Paso Doble</i>	<i>May not have passed higher than the Pre-Gold Dance Test.</i>
<i>Argentine Tango</i>	<i>May not have passed the Gold Dance Test.</i>
<i>Viennese Waltz</i>	<i>May not have passed the Gold Dance Test.</i>

2005 Sunshine Invitational Maneuver Team Competition

A figure skating club may enter two teams in Preliminary, Juvenile, Intermediate, Novice and Junior/Senior Competition for a maximum of ten teams per club. **BOTH BOYS AND GIRLS MAY SKATE ON ONE TEAM.** There are five members per team with one maneuver being performed by each member. Should a skater be unable to compete due to illness or injury, a teammate may do his/her maneuver with proper notice to the referee of this event. There must be minimum of **four** skaters on a team. **A SKATER MAY SKATE ON ONE TEAM ONLY.**

PRELIMINARY	JUVENILE	INTERMEDIATE	NOVICE	JUNIOR/SENIOR
Passed no higher than Preliminary Freestyle test	Passed no higher than Juvenile Free Skating test	Passed no higher than Intermediate Free Skating test	Passed no higher than Novice Free Skating test	No test requirement.
Flip Jump Forward Spiral Back Scratch Spin (no change of foot) Lutz Salchow/Toe Loop Combination	Axel Paulsen Any Combination Jump (No double jumps.) Combination spin with one change of foot with 3 revolutions on each foot, no change of position. Sit spin Straight Line Footwork	Axel Paulsen Combination Jump consisting of one double and one single. Camel Spin Sit-Change-Sit Spin Circular Footwork	Double Flip Combination jump, at least one double jump. Combination Spin with one change of foot and two changes of position. Any Flying/Jump Spin Serpentine Step Footwork.	Double Axel Combination Jump. at least two double jumps. Double Lutz Combination Spin with one change of foot and two changes of position. Spiral Step Sequence as defined in Competition Rule 3643I

Each team is to name a Parent Team Leader through whom any communication with the team may be handled. Team applications must be submitted on a separate application below. Each team must have a 28" x 12" sign, which includes the Club name and Team number. Please be creative in Team name and outfits. Example:

Mentor All Stars
Juvenile Team 1

Mentor Golden Blades
Intermediate Team 2

MANEUVER TEAM APPLICATION

Team Name: _____ Team Number: _____ Home Club: _____

Team Level: _____ Parent Team Leader _____ Phone # ___-___-_____

SKATER'S NAME (print)	USFSA #	Highest FS Test Passed	Parent's Signature
1.			
2.			
3.			
4.			
5.			

ENTRY FEE

Per Skater (if only event): \$15.00

Per Skater (if additional event): \$10.00

Make check payable to Mentor Figure Skating Club (MFSC). Each skater must include a medical release & **Official Entry Form**, both sides completed, in this application. These may be copies of individual forms. Please **Note**: this event is subject to cancellation by the referee if competition does not have enough time for event to take place.

**2005 SUNSHINE INVITATIONAL
ENTRY FORM 1 of 2**

Sanctioned by USFSA

July 29 and July 30, 2005

Please Print

Name: _____ Age: _____ Birth Date: _____ Sex M / F
(as of July 29, 2005)

Address: _____ Phone Home: _____

City, State, Zip: _____ Work/Cell: _____

USFSA# _____ Home Club: _____ E-Mail Address: _____

Partner Name: _____

Partner USFSA#: _____ (Partner is required to submit a separate entry form)

MARK each event entered by CIRCLING each Level

Freestyle	Pre-Beginner	Beginner		Pre-Preliminary	Preliminary A	Prelim. B
	Pre-Juvenile	Juvenile	Open Juvenile	Intermediate	Novice	
	Junior	Senior				
Short Program	Juvenile	Open Juvenile	Intermediate	Novice	Junior	
	Senior					
Compulsory Moves	Pre-Beginner	Beginner		Pre-Preliminary	Preliminary	Pre-Juvenile
Spins	Beginner		Pre-Preliminary	Preliminary	Pre-Juvenile	Juvenile
	Intermediate	Novice	Junior	Senior		
Music Interpretation	Preliminary	Pre-Juvenile	Juvenile	Intermediate	Novice	
	Junior/Senior					
Showcase	Preliminary	Pre-Juvenile	Juvenile	Intermediate	Novice	
	Junior	Senior				
List Theme/Music:	_____					
Adult Free Skating	Pre-Bronze	Bronze	Silver	Gold		Masters
Adult Compulsory Moves		Pre-Bronze	Bronze	Silver	Gold	
Solo Dance	Dutch Waltz	Rhythm Blues	Cha-Cha		Fiesta Tango	Ten Fox
	Hickory Hoedown			Fourteen Step	Rocker Foxtrot	Foxtrot
	American Waltz	Paso Doble	Argentine Tango	Viennese Waltz	Blues	
Mixed Pairs	Pre-Juvenile	Juvenile	Intermediate	Novice	Junior	
	Senior					
Similar Pairs	Junior	Senior				

BOTH sides of this Entry Form must be completed

2005 SUNSHINE INVITATIONAL

Entry Form Page 2 of 2

Must be included and post marked by June 10, 2005

Competitor's Name:			
Home Club:			
Coach's signature:			
Please Print: Coach's Name	Please Print: Coach's address, for questions and to send your skater's schedule.		
Coach phone number: ()	Coach e-mail address, if available:		
Highest test Passed (as of 6/10/05)	Free Skate	Dance	
Mail completed application (both sides) with Medical Release Form to: Jacque Folk 10944 Stonewycke Dr. Concord Twp., Ohio 44077	Entry Fee: \$70.00 for 1 st event \$20.00 for 2 nd event and 1 st dance \$5.00 for each additional event Total Entry Fee Enclosed: \$ _____ Make checks payable to Mentor Figure Skating Club (MFSC) <u>Must</u> <u>Enclose Self-addressed Stamped envelope to receive skater's</u> <u>schedule and additional practice ice times.</u>		

Certificate of Eligibility: I hereby approve this entry and certify that this skater is a member in good standing of this club, is an amateur in accordance with USFSA rules, and to the best of my knowledge is eligible to enter the specified events.

Signature: _____ Title: _____
Test Chairman or Club Board Member

Contestant certification I am eligible under the rules of the USFSA to enter the events(s) checked, I have completed both sides of this form, plus the medical release form, and understand that I will be charged a "change fee" to modify my application after the deadline date.

Signature _____ **Date:** _____
 Contestant

Signature _____ **Date:** _____
 (If under 18 yr.) Parent/Guardian

Application Checklist:

- ? Did you get ALL of the required signatures?
- ? Both entry forms completed and enclosed?
- ? Is the Medical Release Form completed and enclosed?
- ? SASE enclosed?
- ? Did you include your check or money order?
- ? Is the practice Ice Application completed and sent?

**RELEASE FORM
MUST BE SENT WITH ENTRY FORM**

Skater/Parent Guardian Section

SKATER: I agree to conduct myself, both on and off the ice, in a manner that will reflect favorably upon the sport of figure skating, and that is consistent with the high standards of the sport. I agree to respect the person and property of others.

SKATER/PARENT GUARDIAN: I understand separately and jointly that the USFSA, the Mentor Figure Skating Club, the organizers of this competition, City of Mentor Parks Department, the City of Mentor, their appointees and employees undertake no responsibility for damages or injuries suffered by the competitor. As a condition of and in consideration of acceptance of the skater's entries or participation therein, all entrants, their parents and guardians and officials shall be deemed to agree to assume all risks of injury to their person and property resulting from, caused by, or connected with, the conduct and management of the competition, and to waive and release any and all claims which they may have against any officials, the USFSA, the club holding the competition and its officers, and their entries shall be accepted only on such condition (CR15.01) .

Skater's Signature _____ Date _____

Parent/Guardian's Signature _____ Date _____
(if skater is under age 18 then this must be signed)

AUTHORIZATION FOR EMERGENCY MEDICAL TREATMENT

In the event I am unavailable, I hereby give permission for any emergency medical treatment for _____ (please print full and complete legal name of skater) to the direction of the Chairpersons of this competition. I understand that these Chairpersons have no formal medical background but will seek care and treatment as they would their own child. I, the undersigned, will assume and take sole responsibility for all financial obligations arising out of the treatment of the above named skater.

I, the undersigned, will hold the USFSA, Mentor Figure Skating Club, the organizers, City of Mentor Parks Department, The City of Mentor, and their appointees or employees harmless from any claim rising out of any aid afforded the above named skater, be the claim of type, quality or timelessness of the aid provided.

I further indemnify all aforementioned parties from any claims any other parties of standing might have with regards to aid provided to the above named skater.

Skater's Signature _____ Date _____

Parent/Guardian's Signature _____ Date _____
(if skater is under age 18 then this must be signed)

Skater's Physician Name _____ Phone Number _____

Emergency medical information (allergies, pre-existing conditions, allergic to other medicines)

Name of Insurance Company _____

Policy Number _____ Name of Insured _____

PRACTICE ICE APPLICATION

Practice ice sessions will run at 30 minute intervals on a first-come, first-pay, first-serve basis with a fee of \$10.00 per session. Practice ice will be available as below. No music will be played. More information will be included in each skater's confirmation letter. **Please send a separate check to: Deanna DiCola, 8326 Gosling Way, Mentor, Ohio 44060.** Make checks payable to **MFSC** for practice ice along with this form and a **self-addressed, stamped envelope** for return of practice times. Any additional practice ice availability will be noted with skater's schedule of events. Please check at the registration desk upon arrival to sign up for available ice.

PRACTICE REQUEST FOR:

Name: _____ Home Club: _____

Address: _____ Phone: () _____

City: _____ State: _____ Zip: _____

LEVELS: FS _____ CM/Short _____ Solo Dance _____

Number of Sessions requested _____ Total Cost @ \$10.00/Session

Thursday Evening: _____

(6 sessions available starting at 6:00 p.m.)

Sessions will be assigned according to skill level. Preferences to be considered.

Friday A.M.:

6:00-6:30 _____

6:30-7:00 _____

7:00-7:30 _____

Friday P.M.: (4 sessions available)

Times to be determined by competition schedule.

Saturday A.M.:

6:00-6:30 _____

6:30-7:00 _____

The club holds the right to cancel any practice ice if there is not enough participation. When the confirmation letters are sent out, you will be notified if a practice ice time has been cancelled.

Mail to: **Deanna DiCola**
 8326 Gosling Way
 Mentor, Ohio 44060
 Home: (440) 257-7275