

4th Annual Lake Effect Invitational

Hosted by the Lake Effect Figure Skating Club
April 29th and 30th, 2005

USFSA Sanctioned

The 4th Annual Lake Effect Invitational Skating Competition (includes Basic Skills) will be held at Walker Ice & Fitness Center located at 4151 Remembrance Rd NW, Grand Rapids, MI on Friday April 29th and Saturday April 30th, 2005.

RULES – The 4th Annual Lake Effect Invitational will be conducted in accordance with the rules of the USFSA as set forth in the 2004 USFSA Rulebook.

ELIGIBILITY - This competition is open to all amateurs or reinstated amateurs who are USFSA members, in good standing, and shall be eligible to enter events based on their test status as of March 10, 2005. The Basic Skills portion of the competition is open to all USFSA and ISI skaters in any Learn to Skate program.

EVENTS - Compulsory Events (Basic Programs – Snowplow Sam – Basic 1-8, Low Beginner – Pre-Juvenile), Freestyle (Low Beginner – Senior), Short Program (Juvenile – Senior), Adult Freestyle (Pre-Bronze – Gold), Pairs Free skate Solo Dance (Preliminary – Silver), and Artistic Impression. A minimum of two entries will be required for all flights to be scheduled. Entrants may “skate up” a level but may not skate more than one level in any one event except dance. Artistic Showcase is a ladies/men-combined event. Compulsory events may be ladies and men combined. If you compete in a basic level event, you are not permitted to skate in any of the limited beginner or beginner events.

AWARDS - Medals will be awarded for 1st, 2nd, 3rd and 4th places. Ribbons will be awarded for 5th through 9th places. Awards will be presented off ice at scheduled times during the competition.

ENTRIES & FEES -All entries must be postmarked no later than March 10, 2005. Late entries may be accepted at the discretion of the committee. **A \$25.00 fee will be charged for all late entries accepted.** Entry fees are per person, per event in US dollars. A \$25.00 service fee will be assessed for all returned/NSF checks. Any changes requested after the deadline will be subject to a \$25.00 fee.

BASIC SKILLS

\$35.00 per competitor (first event)
\$15.00 per competitor/ each add event

ALL OTHER EVENTS

\$60.00 per competitor (first event)
\$25.00 per competitor/per event
Each add event, including each add dance
\$40.00 per team (team compulsory event)

No refunds will be given after the closing date unless the event is cancelled for lack of participation. **NO REFUNDS WILL BE GIVEN FOR ANY REASON.** Entry forms must be filled out completely and mailed along with a check (made payable to Lake Effect FSC) to:

LAKE EFFECT INVITATIONAL

C/O Nancy Adams
1385 Benning NW
Grand Rapids, MI 49504

Contact People: Nancy Adams

616-791-4437

KLAdams323@msn.com

Ellen Siu

616-942-8864

Be sure to enclose a self-addressed, stamped business size envelope with your entry form to receive you event schedule, and practice ice information. PLEASE NOTE NEW LOCATION FOR COMPETITION

PRACTICE ICE - Practice ice will be available. All practice sessions will run 30 minutes at a charge of \$10.00 per session /per person. Practice ice will be sold on a first come, first serve basis. A complete practice ice schedule will accompany each competitor's confirmation and reservations can be mailed in, with appropriate fees at that time. **No music will be played on practice ice. PRACTICE ICE WILL NOT BE SOLD OVER THE PHONE OR BY FAX.**

EVENTS AND PRACTICE ICE SCHEDULES – A tentative schedule of competition events will be mailed to each competitor as soon as the referee provides it. All times are approximate. Please check with the registration desk for changes and exact times.

REGISTRATION - The official registration desk will open one hour prior to the first event of the day and remain open until the competition closes. **Competitors must check in at the registration desk at least one hour prior to their first event.**

OFFICIAL ARENA - All practice ice and competition events will take place at the Walker Ice & Fitness Center, 4151 Remembrance Rd NW, Grand Rapids, Michigan. The single surface measures 85 feet by 200 feet. The facility has locker rooms, ample parking and a concession area. The arena phone number is 616-735-6785.

MUSIC – All music must be turned in at the registration desk at the time of registration. Music will be reproduced through the arena sound system on cassettes or CD's furnished by the competitor. **MUSIC MUST BE REWOUND AND MARKED CLEARLY WITH THE COMPETITOR'S NAME AND PLAY TIME ON THE SIDE TO BE PLAYED.** All competitors must have additional music available as back up during their event. Music left at the conclusion of the competition will not be returned.

VIDEOTAPING & PHOTOGRAPHY – Videotaping and photographs will be available through Ledin Photography. Tapes may be purchased or you may supply your own. No power is available for individual videotaping. Award pictures will be taken at designated times. Flash photography is **NOT** permitted, as it is a distraction and danger to the skaters.

OFFICIAL NOTICES – All official notices will be posted in the arena lobby. Skaters, coaches, and officials are responsible for checking the official bulletin board for pertinent information.

COMPETITION EVENTS & ELIGIBILITY

FREESTYLE – SKATERS MAY COMPETE ONE LEVEL HIGHER THAN THEIR CURRENT TEST LEVEL

LOW BEGINNER – 1 ½ MINUTES – Must have not passed their Pre-Preliminary F/S test or its equivalent. May include any half revolution jumps plus salchow, toe loops, and half-loops. **MAY NOT INCLUDE FLYING SPINS, COMBINATION SPINS OR BACKSPINS.**

HIGH BEGINNER – 1 ½ MINUTES – Must have not passed the Pre-Preliminary F/S test or its equivalent. May include any half revolution jumps plus salchow, toe loops, half-loops, and loops. **MAY NOT INCLUDE FLYING SPINS.**

PRE-PRELIMINARY – 1 ½ MINUTES – Must have passed the Pre-Preliminary F/S test and no higher. **MAY NOT INCLUDE AXELS, DOUBLE JUMPS OR FLYING SPINS.**

PRELIMINARY LIMITED – 1 ½ MINUTES – Must have passed the Preliminary F/S test and no higher. **MAY INCLUDE AXELS, BUT NO DOUBLE JUMPS OR FLYING SPINS.**

PRELIMINARY – 1 ½ MINUTES – Must have passed the Preliminary F/S test and no higher. **MAY INCLUDE AXELS, AND UP TO TWO DOUBLE JUMPS.**

PRE-JUVENILE – 2 MINUTES – Must have passed the Pre-Juvenile F/S test and no higher.

JUVENILE – 2 ¼ MINUTES – Must have passed the Juvenile F/S test and no higher. Must be 12 years of age or younger as of March 10, 2005.

OPEN JUVENILE – 2 ¼ MINUTES – Must be 13 years of age or older as of March 10, 2005 and passed the Juvenile F/S test and no higher.

INTERMEDIATE – 2 ½ MINUTES – Must have passed their Intermediate Free Skating test and no higher.

NOVICE – LADIES – 3 MINUTES; **MEN** 3 ½ MINUTES – Open to skaters who have passed their Novice Free Skating Test and no higher.

JUNIOR – LADIES – 3 ½ MINUTES; MEN 4 MINUTES – Open to skaters who have passed their Junior Free Skating Test and no higher

SENIOR – LADIES – 4 MINUTES; MEN 4 ½ MINUTES – Open to skaters who have passed their Senior Free Skating Test and no higher.

ADULT PRE-BRONZE – 1 MINUTE 40 SECONDS – Must have passed the Adult Pre-Bronze F/S test. Skaters must be at least 25 years of age as of March 10, 2005. **NO AXELS OR DOUBLE JUMPS**

ADULT BRONZE – 1 MINUTE 40 SECONDS – Must have passed the Adult Bronze F/S test or the Preliminary F/S test. Skaters must be at least 25 years of age as of March 10, 2005. **NO AXELS OR DOUBLE JUMPS.**

ADULT SILVER – 2 MINUTES 10 SECONDS – Must have passed the Adult Bronze F/S test or the Juvenile F/S test. Skaters must be at least 25 years of age as of March 10, 2005. **NO DOUBLE JUMPS. AXELS ARE PERMITTED.**

ADULT GOLD – 2 MINUTES 40 SECONDS – Must have passed the Adult Silver F/S test or the Intermediate F/S test. Skaters must be at least 25 years of age as of March 10, 2005

COMPULSORY MOVES:

All events shall be skated without music, in a program form using ½ ice surface. Skaters may not exceed the stated time. Test requirements for compulsory moves are the same as the freestyle level indicated. Skaters may skate up one level but may not skate at more than one level. **AXELS ARE CONSIDERED A SINGLE JUMP, UNLESS OTHERWISE NOTED.**

LOW BEGINNER.....(Time: 1 minute or less)

- ½ Revolution jump
- Toe-Loop
- 2 foot spin
- Lunge

HIGH BEGINNER(Time: 1 minute or less)

- Waltz jump/toe loop combination
- Loop or Salchow jump
- Forward upright Scratch spin (min 3 rev)
- Forward Spiral

PRE-PRELIMINARY.....(Time: 1 minute 15 seconds or less)

- Single Jump (No axel allowed)
- Single-single jump combination (no Axel)
- Forward Spin (min 3 revolutions)
- Forward Spiral sequence

PRELIMINARY LIMITED.....(Time: 1 minute 30 seconds or less)

- 1 foot back spin (position optional, may not commence with a jump, min 4 revolutions)
- Single-single jump combination (no axels)
- Edge spiral, spread eagle or Ina Bauer
- Step Sequence
- Lutz Jump

PRELIMINARY.....(Time: 1 minute 30 seconds or less)

- Axel Jump
- Lutz – Loop combination jump
- Forward Camel spin (min 4 revolutions)
- Step sequence
- Upright back spin (min 4 revolutions)

PRE-JUVENILE.....(Time – 1 ½ minutes or less)

- Single jump (may not be repeated in combination)
- Double-single or single-double jump combination (may not repeat axel)
- Combination spin with 1 change of foot, no change of position (may not commence with a jump, min 4 revolutions each foot)
- Solo spin (may not commence with a jump, min 4 revolutions in position)
- Step Sequence.

SHORT PROGRAMS

OPEN JUVENILE - 2 MINUTES or less with music. Requirements same as Juvenile
Must have passed the Juvenile F/S test. Skaters must be 13 years of age or older as of March 10, 2005

JUVENILE – 2 Minutes or less with music.
Skaters must be 12 years of age or younger as of March 10, 2005 and passed the Juvenile F/S test.

REQUIRED ELEMENTS:

- Axel jump
- Lutz Jump
- Single/double or double/double combination (no axel)
- Spin with one change of foot and one change of position. Min 4 revolutions each foot
- Step sequence (straight line, circular or serpentine) utilizing full ice surface
- Solo spin – min 4 revolutions in position. May not commence with a jump

INTERMEDIATE – 2 minutes As stated by the 2004 USFSA Official Rulebook (SSR 3.00)

NOVICE – 2min 15 seconds As stated by the 2004 USFSA Official Rulebook (SSR 3.00) Elements to be skated will for the 2005-2006 competitive season.

JUNIOR - 2 MIN. 40 SECONDS

As stated by the USFSA Official Rulebook (SSR 3.00) Elements to be skated will be for the 2005 competitive season

SENIOR – 2 min. 50 seconds

As stated by the USFSA Official Rulebook (SSR 3.00) Elements to be skated will be for the 2005 competitive season.

PAIRS FREESKATE - A pair will compete no higher than the highest level skater. All events are final round.

PRELIMINARY 1:30 duration. No pair test passed. No lifts

JUVENILE 2:15 duration. Highest leveled of the pair must have passed Juvenile Pair Test

INTERMEDIATE 3:00 duration Highest leveled of the pair must have passed Intermediate Pair Test

NOVICE 3:30 duration Highest leveled of the pair must have passed Novice Pair Test

SOLO DANCE EVENTS

Each dance is a separate event. Solo dance will be two patterns only and is open to men and ladies. The dance you wish to enter may be selected from those listed in your present level and/or from one level higher. Awards will be presented for each individual dance event.

PRELIMINARY; Skater may have passed all Preliminary dances but not all Pre-Bronze dances.
Dance events: Dutch Waltz, Rhythm Blues, and Canasta Tango

PRE-BRONZE; Skater may have passed all Pre-Bronzes but not all Bronze dances.
Dance events: Cha-Cha, Fiesta Tango, and Swing Dance.

BRONZE; Skater may have passed all Bronze dances but not all Pre-Silver dances.
Dance events; Willow Waltz, Ten Fox, and Hickory Hoedown

PRE-SILVER; Skater may have passed all Pre-Silver dances but not all Silver dances.
Dance events; Fourteen-Step, European Waltz, Foxtrot

SILVER; Skater may have passed all Silver dances but not all Pre-Gold dances.
Dance events; American Waltz, Rocker Foxtrot, Harris Tango

ARTISTIC SHOWCASE

Open themes for each level. Skaters will provide their own music. Vocal music is allowed. A certain amount of jumping is permitted, but no credit is given unless the jumps contribute to the overall aesthetic value of the program. Skaters will be judged according to how well they interpret their theme. Artistry, originality, and creativity are emphasized. Props may be used to accentuate the performance. The skater is responsible for transporting the props on and off the ice. Thirty seconds will be allowed for this. Costumes are encouraged!!! Artistic Duet can be pairs (boys or girls, or combo) dance teams, etc.

NOTE: PROPS WILL NOT BE ALLOWED ON THE WARM UP.

- Group 1: Time: 1-1/4 min. Basic Skills Beginner
- Group 2: Time: 1-1/4 min. Beginner
- Group 3: Time: 1-1/2 min. Pre-Preliminary - Preliminary
- Group 4: Time: 1-1/2 min. Pre-Juvenile – Juvenile
- Group 5: Time 1-1/2 min Intermediate and above
- Group 6: Time 1 min-40sec Adult
- Group 7: Time 2 min max. Artistic Duet

TEAM COMPULSORY

A figure skating club may enter no more than two teams in each level. Skaters may only skate for their home club. Both boys and girls may skate on the same team.

The highest level of one skater determines the team's level to compete. A skater may skate on one team only. Two marks will be awarded for each team: technical merit and presentation of the elements. The technical mark will break a tie.

There are four skaters to a team with one element being performed by each team member. Each team member will have one chance to execute the element. Three to four minutes will be allotted for each team. Should a skater be unable to compete due to illness or injury, a teammate may execute the element with proper notice to the referee of the event prior to event start. No additional unnecessary moves will be allowed.

Each team is to name a team captain through whom any communication with the team and the event referee is handled. Each team should have a sign 28" x 12" which includes the team's name, level and club. If two teams from a club enter the same level, the team name must be different from each other. Full ice will be used for this event.

PRE-PRELIMINARY – Must have passed no higher than the Pre-Preliminary F/S test.

- Flip Jump
- Loop/loop jump combination
- One foot forward upright spin
- Forward outside spiral

PRELIMINARY – Must have passed no higher than the Preliminary F/S test.

- Lutz/Loop jump combination
- Flip jump
- One foot upright back spin
- Straight line footwork sequence

PRE-JUVENILE – Must have passed no higher than the Pre-Juvenile F/S test.

- Axel
- Double Salchow
- Camel/Sit combination spin
- Circular footwork sequence

JUVENILE – Must have passed no higher than the Juvenile F/S test.

- Axel/Loop jump combination
- Double Loop jump
- Layback spin
- Serpentine spiral sequence (May include spread eagles or bauers, but primarily spirals)

INTERMEDIATE – Must have passed no higher than the Intermediate F/S test.

- Double Loop jump
- Double/double jump combination (no double axel)
- Spin combination with at least one change of foot and at least one change of position
- Serpentine spiral sequence (May include include spread eagles or bauers, but primarily spirals)

NOVICE – Must have passed no higher than the Novice F/S test.

- Double Lutz
- Double flip together with any other double jump
- Flying Camel Spin
- Serpentine footwork sequence

JUNIOR/SENIOR – Must have passed no higher than the Junior F/S test.

- Double Axel
- Double/Double jump combination (may include double axel)
- Flying Spin
- Serpentine footwork sequence

SPINS EVENTS

Skaters may compete one level higher than their test level. Skaters will create a compulsory spin program according to the requirements for their level. All levels will be skated on ½ ice surface with no music. Spins must be skated exactly as stated, but may be skated in any order.

PRE-PRELIMINARY....(Time: 1 minute 30 seconds or less)

- One foot forward scratch spin (min 3 revolutions)
- Sit spin (min 3 revolutions)
- Back Spin (min 3 revolutions)
- Footwork sequence of any pattern
- Spiral, spread eagle or Bauer

PRELIMINARY.....(Time: 1 minute 30 seconds or less)

- Back Spin (Min 4 revolutions)
- Camel Spin (min 4 revolutions)
- Sit spin (min 4 revolutions)
- Footwork Sequence of any pattern
- Spiral, spread eagle or Bauer

PRE-JUVENILE.....(Time: 1 minute 30 seconds)

- Forward Scratch to backward scratch spin combination
- Layback spin (girl) - Camel Spin (boy) (Min 4 revolutions)
- Spin combination with only 1 change of foot (min 4 revolutions) only one change of position
- Footwork sequence of any pattern
- Spiral, spread eagle or Bauer

JUVENILE/OPEN JUVENILE.....(Time: 1 minute 30 seconds)

- Flying Camel spin (min 4 revolutions)
- Combination spin with only one change of foot (min 4 revolutions on each foot) and at least one change of position
- Layback spin (girls) – Camel Spin (boys) (min 4 revolutions)
- Footwork sequence of any pattern
- Spiral, Bauer or spread eagle

INTERMEDIATE /NOVICE(Time: 2 minutes or less)

- Combination spin with only one change of foot (min 5 revolutions on each foot) only two changes of position
- Layback spin (girls) – Camel Spin (boys) Min 5 revolutions)
- Flying Camel (min 5 revolutions)
- Footwork sequence of any pattern
- Spiral, spread eagle or Bauer

COMPULSORY EVENTS - SNOWPLOW SAM BASIC 1-8

All elements shall be skated one at a time in rotation on ½ sheet of ice. All elements must be skated in the order listed. Each skater performs one element at a time and will perform the next element only when directed by a judge or referee. Skaters are “ allowed one retry per element”.

If the skater would like a retry, they should raise their hand immediately. If the skater attempts a retry, “only the retry will count for that element. No music.

SNOW PLOW SAM (TOTS)

- March followed by a two foot glide and dip
- Forward two foot swizzles – 2-3 in a row
- Snow plow stop
- Backward Wiggles – 2-6 in a row

Basic 1

- Forward two foot glide
- Forward two foot swizzles – 6-8 in a row
- Forward snowplow stop
- Backward wiggles – 6-8 in a row

Basic 2

- Forward one foot glide – either foot
- Backward two foot swizzles 6-8 in a row
- Two foot turn in place – forward to backward
- Moving snow plow stop
- Forward alternating ½ swizzle pumps, in a straight line – across width of the ice.

BASIC 3.....

- Forward stroking
- Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise 6-8 consecutive
- Moving forward to backward two foot turn – either direction
- Backward one foot glide either foot.
- Two foot spin

BASIC 4.....

- Forward outside edge on a circle clockwise or counterclockwise
- Forward crossovers 6-8 consecutive – both directions
- Forward outside 3 turn – R & L from a T position
- Backward stroking
- Backward snowplow stop R or L

BASIC 5

- Backward outside edge on a circle, clockwise or counter clockwise
- Backward crossovers 6-8 consecutive, both directions
- One foot spin – min 3 revolutions
- Hockey stop
- Side toe hop – either direction

BASIC 6

- Forward inside 3 turn – right or left from a T position
- T stop right or left
- Bunny hop
- Forward arabesque (Spiral) on a straight line – right or left
- Lunge - right or left

BASIC 7

- Forward inside open Mohawk – R to L and L to R
- Ballet jump – either direction
- Backward crossovers to backward outside edge landing position – clockwise and counter clockwise
- Forward inside pivot

BASIC 8.....

- Moving forward outside or forward inside 3 turns – right and left
- Waltz jump
- Mazurka – either direction
- Combination move – clockwise or counter clockwise (from Basic 8 curriculum)
- Beginning one foot upright spin, optional free foot position

CERTIFICATION OF CLUB OFFICER

I certify that _____ (skater) is in good standing of USFSA Club indicated and that the test level indicated is true and correct.

SIGNATURE OF CLUB OFFICER. _____

TITLE. _____ DATE. _____

CLUB _____

WAIVER OF CLAIMS FOR INJURY

I fully release, discharge, and covenant not to sue the U.S. Figure Skating Association, its Member Clubs, their Respective administrators, directors, agents, officers, volunteers, and employees, and any sponsors and advertisers of any USFSA sanctioned event in which I participate (each considered one of the Releases herein) from all liability, claims, demands, losses, or damages, arising out of gross negligence of, or intentional, willful or wanton misconduct of Releases. If I, or anyone on my and/or minor child's behalf, makes a claim which does not arise from the gross negligence of, or intentional, willful or wanton misconduct of Releases against any of the Releases, I will indemnify, defend, save, and hold harmless each of the Releases from any loss, liability, damage, or cost which any may incur as the result of such claim.

I acknowledge that I have read this release, waiver of liability and express assumption of risk agreement and fully understand it.

Signature of Parent/guardian or competitor if over 18

DATE _____

ENTRIES MUST BE POSTMARKED BY March 10, 2005

**MAIL FORM & FEES TO: LAKE EFFECT INVITATIONAL
C/O NANCY ADAMS
1385 BENNING NW
GRAND RAPIDS, MI 49504**

YOU MUST INCLUDE A SELF ADDRESSED STAMPED ENVELOPE IF YOU WISH TO RECEIVE A COPY OF THE SCHEDULE AND PRACTICE ICE FORMS. PLEASE NOTE CHANGE OF LOCATION FOR THE YEARS COMPETITION

2005 Lake Effect Invitational ENTRY FORM

Name of Skater _____ Age _____ Birthdate _____

Male ___ Female ___ USFSA# _____ Basic Badge Level _____ Home Club _____

Address _____ City _____ State _____ Zip _____

Coach _____ Phone _____ E-Mail _____

Name of Parent/Guardian _____ Home Phone _____ E-Mail _____

Highest test passed: Freestyle _____ Moves _____ Dance _____

Basic Compulsory

____ Snowplow Sam
 ____ Basic 1
 ____ Basic 2
 ____ Basic 3
 ____ Basic 4
 ____ Basic 5
 ____ Basic 6
 ____ Basic 7
 ____ Basic 8

Pairs Free Skate

____ Preliminary
 ____ Juvenile
 ____ Intermediate
 ____ Novice

Individual Freestyle

____ Low Beginner
 ____ High Beginner
 ____ Pre-Preliminary
 ____ Preliminary Limited
 ____ Preliminary
 ____ Pre-Juvenile
 ____ Open Juvenile
 ____ Juvenile
 ____ Intermediate
 ____ Novice
 ____ Junior
 ____ Senior

Individual Short Program

____ Open Juvenile
 ____ Juvenile
 ____ Intermediate
 ____ Novice
 ____ Junior
 ____ Senior
Spins
 ____ Pre-Preliminary
 ____ Preliminary
 ____ Pre-Juvenile
 ____ Juvenile/Open Juvenile
 ____ Intermediate/Novice

Compulsory Events

____ Low Beginner
 ____ High Beginner
 ____ Pre-Preliminary
 ____ Preliminary Limited
 ____ Preliminary
 ____ Pre-Juvenile

Adult Freestyle

____ Adult Pre-Bronze
 ____ Adult Bronze
 ____ Adult Silver
 ____ Adult Gold

Artistic Showcase

____ Basic Skills Beginner
 ____ Beginner
 ____ Pre-Pre/Preliminary
 ____ Pre-Juv/Juvenile
 ____ Intermediate/And above
 ____ Adult
 ____ Artistic Duet(Please list partner)

Solo Dance (write in dances to be skated (maximum of 6))

1. _____ 2. _____ 3. _____
 4. _____ 5. _____ 6. _____

ENTRY FEES

\$60.00 First Event
 \$25.00 each additional event,
 including each add dance)

\$35.00 first event (Basic skills only)
 \$15.00 each additional event (Basic skills)

**MAKE CHECKS PAYABLE TO THE LAKE EFFECT FSC
 ENTRIES MUST BE POSTMARKED BY MARCH 10, 2005
 PLEASE NOTE; COMPETITION LOCATION HAS CHANGED**

2005 LAKE EFFECT INVITATIONAL COMPETITION
****TEAM COMPULSORY ENTRY FORM****

Name of Team _____ Level _____

Home Club _____ Level of highest tested skater _____

Team Captain/Contact Person _____ Phone _____

Address _____ City _____ State _____ Zip _____

Birth Date _____ USFSA# _____

Name of Additional Members:

Name _____	Name _____	Name _____
Address _____	Address _____	Address _____
City _____	City _____	City _____
State _____ Zip _____	State _____ Zip _____	State _____ Zip _____
Birthdate _____	Birthdate _____	Birthdate _____
USFSA# _____	USFSA# _____	USFSA# _____

Entry Fee: \$40.00 Per Team Entries must be postmarked by March 10, 2005
 Please mail this form and appropriate fee with self addressed STAMPED envelope to:

2005 Lake Effect Invitational Competition
 c/o Nancy Adams
 1385 Benning NW
 Grand Rapids, MI 49504

CERTIFICATION OF CLUB OFFICER

I certify that the above named skaters are members in good standing of the USFSA Club indicated and that the test level indicated is true and correct.

Signature of Club Officer: _____ Date: _____

We understand that the USFSA, Lake Effect FSC and Walker Ice and Fitness Center and organizers of this competition undertake no responsibility for damages or injuries suffered by competitors. In addition, the competitor and his/her parents or guardian agree to assume all risks of injury and loss of property resulting from, caused by or connected with the conduct and management of this competition, and to waive and release any and all claims which they may have against any officials the USFSA, the Lake Effect FSC, and its Officers and Directors.

SIGNATURES OF PARENTS / GUARDIANS FOR SKATERS NAMED ABOVE:

_____ Date _____
 _____ Date _____
 _____ Date _____
 _____ Date _____