

Capitol Classic – 2005

Fourth Annual Basic Skills Open Competition

The Purpose Of Basic Skills Competitions Is To Provide A Fun Introductory
Competitive Experience For The Beginning Skater

Saturday, July 30, 2005 9:00 AM – 5:00 PM

Capitol Ice - A Duel Ice Sheet Facility

2616 Pleasant View Rd.

Middleton, WI 53562

Entry Deadline: Saturday, July 16, 2005

Win a Raffle for American Girl Doll; Overnight at a Wisconsin Dells Waterpark and more.
Competitors and families party/door prizes in mezzanine immediately following the conclusion of
the competition

Events

Freestyle and Compulsory Moves

Snowplow Sam through US Figure Skating Preliminary Levels

Adult 1 through US Figure Skating Adult Bronze

Compulsory Team Event

Basic Skills Free Skate 1 through US Figure Skating Preliminary

(3 skaters/team – each skater executes one element)



Approved by US Figure Skating Basic Skills Committee

Sponsored by Capitol Skating School, LLC and Capitol Ice
Competition information on website: capitolskatingschool.com

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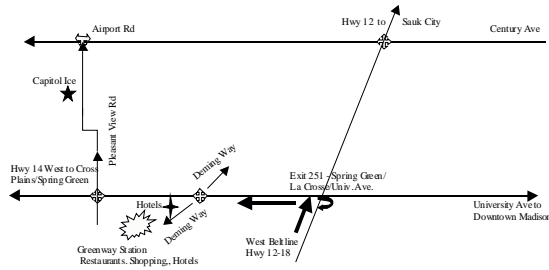
Location

Capitol Ice, 2616 Pleasant View Road, Middleton, WI 53562 (608 836-0202) Website:capitoliskatingschool.com
Directions to the Rink from Hwy 12-18 or from Highway 12.

If going west on Hwy. 12-18 take exit 251-Hwy 14 / Cross Plains/Spring Green (University Avenue). Go west on Hwy 14 about ½ mile to the lights (3rs set) at Hwy 14 and Pleasant View Road. Take a right onto Pleasant View Road. Bear to the left at the U and then drive straight ¼ th mile on Pleasant View Road. Capitol Ice is on the left.

If going east on Hwy 12 take a right onto Airport Road at the junction of Airport and Century Ave. Travel about 1 mile and take a left onto Pleasant View Road. Go about ¼ mile, Capitol Ice is on the right.

Proud Sponsor of the Capitol Classic



Capital Classic Host Hotels

Practice ice: \$5.00/20 minutes

Friday : 6:20-6:40 PM; 6:40-7:00 PM; 7:00 - 7:20 PM

Saturday: 8:30-8:50 AM; 12:00 noon –12:20 PM 12:20 PM-12:40 PM

Competition Information – capitolskatingschool.com

- **Eligibility Rules** This competition is approved by the US Figure Skating and will follow the USFS Skate With U.S. guidelines. Freestyle, Compulsory and Team Events will be offered.
- The competition is open to individuals of all ages who are enrolled in a US Figure Skating (USFS) Learn to Skate program or who are members of US Figure Skating and have passed no higher than USFS Preliminary or the Adult Bronze MIF or Freestyle tests.
- The competition is co-ed. Competitors will be divided according to age and skill level. Teenagers will be grouped accordingly, as numbers permit. Each group will have a maximum of six skaters. Skaters 18 years or older are considered Adults. Basic Skills skaters must skate at their highest level passed as of the closing date for entries. Skaters who have passed the USFS pre-preliminary moves in the field test must skate at the pre-preliminary level (either Limited Pre-Prelim. or Pre-Prelim) or one level higher, but not both levels. Skaters who have passed the USFS Preliminary Moves in the Field test must skate at the Preliminary level in all events. Adults who have passed the Pre-Bronze MIF tests or who have not passed any USFS tests may skate at the Pre-Bronze Level. Adults who have passed the Bronze MIF tests must skate at the Bronze Level. Skaters competing in compulsory and freestyle events must skate at the same level in both events. If a skater competes in a non-qualifying competition in a “Beginner or No Test” level, then that skater must compete at the equivalent or higher level in this Basic Skills approved competition.
- **Music** The music must be provided on cassette tapes or CD’s by the skater. Vocal music will be permitted for Snowplow Sam through basic 8 only. All Freestyle events will use the 10 sec + or – rule on program times. Tapes/CDs should be clearly marked with the name of the skater, skating level, length of music, tapes cued ready to play and turned in at the registration table. A duplicate tape/CD should be readily available with your coach. **Please pick up your tape/CD from the registration table following your event.**
- **Awards, Photographs** All events will be final round. Following the posting of results, medal awards will be presented in the upstairs Mezzanine to the 1st – 6th place finishers. A trophy will be awarded to the Club, program, arena etc. (excluding Capitol Skating School, LLC) with the highest total points.
- A photographer will take all event pictures, action shots and full-length individual pictures in upstairs mezzanine. Please no flash photography during an event.
- **Entry Fee and Deadline (competition limited to 200 competitors)** \$35.00 for the first entry; Snowplow Sam is \$30.00 for the first entry; \$10.00 for any additional event. The fee for the Team Compulsory Event is \$15.00/three member team. **Please mail your entry form and payment to: Jean Mirwald, 2005 Capitol Classic, 2301 Harley Drive, Madison, WI 53711. Entries must be postmarked by Saturday, July 16, 2005.** Late entries will be accepted at the discretion of the Competition Committee and subject to a **\$10.00 late fee.** No refunds unless a Medical Certification from your physician or valid reason accompanies your request.
- **Entry forms and schedules** will be posted on our website; capitolskatingschool.com. **Event times will be mailed out to competitors by the North Central Group. Practice times will be included if you pre-registered for practice times.**
- **Practice ice** will be available Friday evening; 6:20-6:40PM; 6:40-7:00PM; 7:00 - 7:20 PM and Saturday during the competition: 8:30-8:50 AM; 12:00 noon –12:20 PM and 12:20 PM-12:40 PM @ \$5.00/20 minutes. Pre-register for practice ice (see registration form) or register for practice ice at the registration table when you enter the competition.
- A **“Competitors Party”** (\$5.00/person) including door prizes will be held at the conclusion of the competition. You may pre-register for the party (see registration form).
- Skaters will have a short **group warm up** just prior to their event. The Compulsory Basic Elements Referee is in charge of the order of the elements and will inform the skaters the element they should perform. Skaters doing Compulsory Programs (Freestyle 1-Preliminary) will use ½ sheet of ice (lobby end or Zamboni end; no music). The **skating order** will be determined by random draw and will be posted at the lobby end of rink A.
- **Questions:** Alice Wentworth 608-833-5451 e-mail:awentworth2@yahoo.com

Snowplow Sam Through Basic 8 / Adults 1 – 4

Compulsory Elements – No Music – Rink A

- Schedules will be posted on our website; capitoliskatingschool.com
- Skaters should be at rink 30 minutes prior to their event.
- Practice ice available Friday evening and during the competition. You may pre-register for practice ice (see registration form) or register for practice ice at the registration table when you enter the competition. Pre-registration is encouraged. If practice ice fills we will open more.
- Skater must enter at highest level passed. Elements will be skated on ½ ice
- Each skater in the group will complete one skill at a time. The Basic Elements Referee is in charge of the order of the elements and will inform the skaters the element they should perform.
- No music. Elements will be judged on form, flow and sureness of edges.

Event	Requirements
Snowplow Sam (1-3) (TOTS)	march forward followed by a two-foot glide and dip; forward two-foot swizzles (2-3 in a row); rocking horse (2-3 in a row)
Basic 1	forward skating followed by a 2-foot glide and dip; forward two-foot swizzles (6-8 in a row); rocking horse (2-3 in a row)
Basic 2	forward skating to a one-foot glide - <i>either</i> foot; backward two-foot swizzles (6-8 in a row); moving snowplow stop; forward alternating ½ swizzle pumps, in a straight line across width of ice
Basic 3	forward stroking; forward ½ swizzle pumps on a circle (6-8 consecutive) followed by a forward to backward two-foot turn, <i>either</i> clockwise or counter clockwise; backward one-foot glide - <i>either</i> foot; two-foot spin
Basic 4	forward crossovers in a figure 8 pattern; forward outside 3-turn from a T-position- R and L ; backward stroking; backward ½ swizzle pumps, clockwise or counterclockwise; backward snowplow stop; R or L
Basic 5	backward crossovers in a figure 8 pattern; backward outside edge glide <i>either</i> R or L ; Side Toe-Hop - <i>either</i> direction; one foot spin – minimum of 3 revolutions.
Basic 6	forward inside 3-turn from a T-position - R and L ; T-stop - R or L ; bunny hop; forward arabesque spiral on a straight line R or L ; lunge – R or L
Basic 7	forward inside Mohawk from a T-position, R to L and L to R ; ballet jump - <i>either</i> direction; backward crossovers to a backward outside edge landing position, clockwise and counterclockwise; forward inside pivot <i>either</i> foot
Basic 8	moving forward outside three-turn - R and L ; Mazurka - <i>either</i> direction; combination move - clockwise or counterclockwise (from Basic 8 curriculum) ; one-foot upright spin, optional free foot position
Adults 1-2 (age 18 and older)	forward stroking; backward one foot glide; forward crossovers clockwise or counterclockwise; moving two foot turns on a circle, clockwise or counterclockwise; backward ½ swizzle pumps on a circle-clockwise.
Adults 3-4 (age 18 and older)	F-outside consecutive edges, (4-6); 2-foot spin, minimum of 3 revolutions, optional entry; L forward inside 3-turn from a T-position; footwork sequence (see Basic Skills curriculum Adult 4E); backward chasses on a circle.

Freestyle Programs: Snowplow Sam; Freestyle A through D; Adults A and B – With Music – Rink A

- Schedules will be posted on our website; capitolskatingschool.com
- Skaters should be at rink 30 minutes prior to their event.
- Practice ice available Friday evening and during the competition. You may pre-register for practice ice (see registration form) or register for practice ice at the registration table when you enter the competition. Pre-registration is encouraged. If practice ice fills we will open more.
- Skater must enter at highest level passed. The skating order of the required elements is optional.
- The elements are not restricted as to the number of times an element is executed, the length of glides, or the number of revolutions in a spin etc., unless otherwise stated.
- A minimum number of connecting steps are allowed unless otherwise stated.
- Elements from a previous level may be used. **Deductions will be made for each element skated from a higher level.**
- Time 1:00 min +/- 10 sec., to be skated on full ice.
- Skaters will be judged on: Technical Merit and Presentation
- Vocal music may be used for SS-Basic 8.

Event	Basic Skills Test	Required Elements
Snowplow Sam	Snowplow Sam 1-3	forward skating; forward glide and dip; snowplow stop; backward wiggles or swizzles
Freestyle A	Basic 1 & 2	glide forward and dip; moving snowplow stop; forward two-foot swizzles; backward swizzles
Freestyle B	Basic 3 & 4	forward crossovers (minimum of 5 consecutive), clockwise or counter clockwise; backward ½ swizzle pumps clockwise or counterclockwise (minimum of 5 consecutive); back one-foot glide R or L, two-foot spin.
Freestyle C	Basic 5 & 6	backward crossovers (minimum of 5 consecutive) clockwise or counterclockwise; bunny hop; forward spiral on a straight line, R or L; forward outside 3-turn; one foot spin.
Freestyle D	Basic 7 & 8	one foot spin, optional entry and free foot position; mazurka or ballet jump; waltz jump optional entry; combination move either direction (see Basic Skills Curriculum (Basic 8C)
*Adult Freestyle A	Adult 1 & 2	forward stroking, forward 1-foot glide; forward crossovers; forward edge on a circle R or L; moving two-foot turn (either direction); backward ½ swizzle pumps on a circle
*Adult Freestyle B	Adult 3 & 4	forward outside to inside change of edge direction; backward crossovers, clockwise and counterclockwise (5 consecutive); footwork sequence (see Basic 8 Curriculum Adult 4E); backward edge on a circle; two-foot spin

*** Adult events are for skaters 18 years and older.**

Compulsory Elements Freeskate 1-6; Pre-preliminary; Preliminary; Adult Pre-bronze/Bronze; No Music – Rink A ½ Sheet

- Schedules will be posted on our website; capitolskatingschool.com
- Skaters should be at rink 30 minutes prior to their event.
- Practice ice available Friday evening and during the competition. Pre-register for practice ice (see registration form) or register for practice ice at the registration table when you enter the competition. Pre-registration is encouraged. If practice ice fills we will open more.
- Basic Skills skaters must skate at their highest level passed as of the closing date for entries. Skaters who have passed the USFS pre-preliminary moves in the field test must skate at the pre-preliminary level or one level higher. Skaters who have passed the USFS Preliminary Moves in the Field test must skate at the Preliminary level in all events. Adults who have passed the Pre-Bronze MIF tests or who have not passed any USFS tests may skate the Pre-Bronze Level. Adults who have passed the Bronze MIF tests must skate the Bronze Level.
- Deductions will be made for each element skated from a higher level.
- Program Duration: 1:00 or less; no music. The skating order of the required elements is optional.
- To be skated on 1/2 ice in program form using a limited number of connecting steps
- A combination jump consists of: two jumps in which the landing edge of the first jump becomes the take off edge for the second jump.

Event	Required Elements
Compulsory Freeskate level 1	advanced forward stroking (4-6); consecutive forward outside edges (2-4); scratch spin from backward crossovers; waltz jump from backward crossovers; mazurka
Compulsory Freeskate level 2 *Compulsory Adult Pre Bronze	forward inside spiral - R or L; waltz three's clockwise or counterclockwise, backspin, optional entry and free foot position; toe loop
Compulsory Freeskate level 3 *Compulsory Adult Bronze	forward crossovers in a figure 8; back spin; Salchow; waltz jump/toe loop combination
Compulsory Freeskate level 4	spiral sequence, FI spiral, FI Mohawk, BO spiral, clockwise or counter clockwise; Forward power 3's, 2-3 consecutive sets R or L ; sit spin; loop jump; waltz jump/loop jump
Compulsory Freeskate level 5	spiral sequence, FO spiral, forward outside 3 turn, one backward crossover, backward inside spiral; camel spin; forward upright spin to back upright spin; loop/loop combination; flip jump
Compulsory Freeskate level 6	five step Mohawk sequence - 2-3 consecutive sets, (refer to Basic Skills Curriculum Freestyle Level 6); camel, sit spin combination - minimum of 4 revolutions total; split jump or stag jump; waltz jump, 1/2 loop, Salchow combination; lutz jump
Compulsory Pre-preliminary	flip jump; combination jump consisting of any two single jumps (No Axel); split jump; sit spin (min. 3 revolutions); forward outside spiral, L and R one each
Compulsory Preliminary	single jump of choice (Axel permitted); combination jump consisting of any two single jumps (may not repeat single jump selected above); camel spin (min. 3 revolutions) combination spin (no change of foot); footwork sequence – straight line or diagonal

*Adult events are for skaters who are 18 years of age or older at the closing date.

Freestyle Programs: Limited Beginner through USFS Preliminary Adult Pre-Bronze; Bronze – With Music – Rink A

- Schedules will be posted on our website; capitoliskatingschool.com
- Skaters should be at rink 30 minutes prior to their event.
- Practice ice available Friday evening and during the competition. You may pre-register for practice ice (se registration form) or register for practice ice at the registration table when you enter the competition. Pre-registration is encouraged. If practice ice fills we will open more.
- Skated on full ice, groups will be divided by age as groups permit.
- Programs must contain the required elements stated below. Skating order of required elements is optional. Deductions will be made if elements from a higher level are performed.
- Skaters will be judged on: Technical Merit and Presentation
- Basic Skills skaters must skate at their highest level passed as of the closing date for entries. Skaters who have passed the USFS pre-preliminary moves in the field test must skate at the pre-preliminary level (either Limited Pre-Prelim. or Pre-Prelim) or one level higher. Adults who have passed the Pre-Bronze MIF tests or who have not passed any USFS tests may skate at the Pre-Bronze Level. Adults who have passed the Bronze MIF tests must skate at the Bronze Level. Skaters competing in compulsory and freestyle events must skate at the same level in both events.
- Program Duration 1:30 +/- 10 sec. **No vocal music.**

Event	Basic Skills Level or MIF Test	Requirements
Limited Beginner or Adult Pre-Bronze	Freestyle 1-3 Adult Pre-bronze	skaters who have not passed any USFS tests (higher than the Basic Skills badge levels); spins in an upright position only; ½ rotation jumps, Salchows, toe-loops and toe/wally jumps permitted; adults may have passed adult Pre-bronze MIF test.
Beginner	Freestyle 4-6	skaters who have not passed any USFS tests higher than skate with U.S. Basic Skills badge levels; all single jumps allowed; no axels or double jumps allowed; 2 or more spins in any position; jump combinations and spin combinations allowed; one step sequence; no age limit
Limited Pre-preliminary	Pre-preliminary	skaters who have passed USFS Pre-preliminary Moves in the Field test; no axels permitted; no double jumps allowed; (refer USFS 2004-2005 Rulebook 3710-3711 pg. 121);no age limit.
Pre –preliminary	Pre-preliminary	Same as limited pre-preliminary, however axels are permitted.
Preliminary	Preliminary	skaters who have passed USFS Preliminary MIF may include all single jumps, axels and two different double jumps which may be repeated as individual jumps, jump sequences or jump combinations (refer 2004 –2005 USFS rulebook 3700-3701, pg.121).
Adult Bronze Freestyle	Adult Bronze	adult skaters who have passed the USFS Adult Bronze MIF and or Freestyle Test. (Refer to 2004-2005 USFS Rulebook 3800 pg.124)

Team Compulsory Freestyle – No Music

- Schedules will be posted on our website; capitolskatingschool.com
- Skaters should be at rink 30 minutes prior to their event.
- Practice ice available Friday evening and during the competition. You may pre-register for practice ice (see registration form) or register for practice ice at the registration table when you enter the competition. Pre-registration is encouraged. If practice ice fills we will open more.
- Three skaters / team. To be skated on 1/2 ice.
- Each skater will execute one element in the order determined by the Referee.
- Judging will have one mark for each element (skater) for the total team points. .
- A combination jump consists of two jumps in which the landing edge of the first jump becomes the take off edge for the second jump.

Team Compulsory Freestyle

Element

Team Compulsory Freestyle level 1 – 3

1. consecutive forward inside edges (2-4)
2. backspin
3. waltz jump/toe loop combination

Team Compulsory Freestyle level 4 – 6

1. power three's, 2-3 consecutive sets R or L
2. forward upright spin to back upright spin
3. lutz jump

Team Compulsory Pre-Preliminary through Preliminary

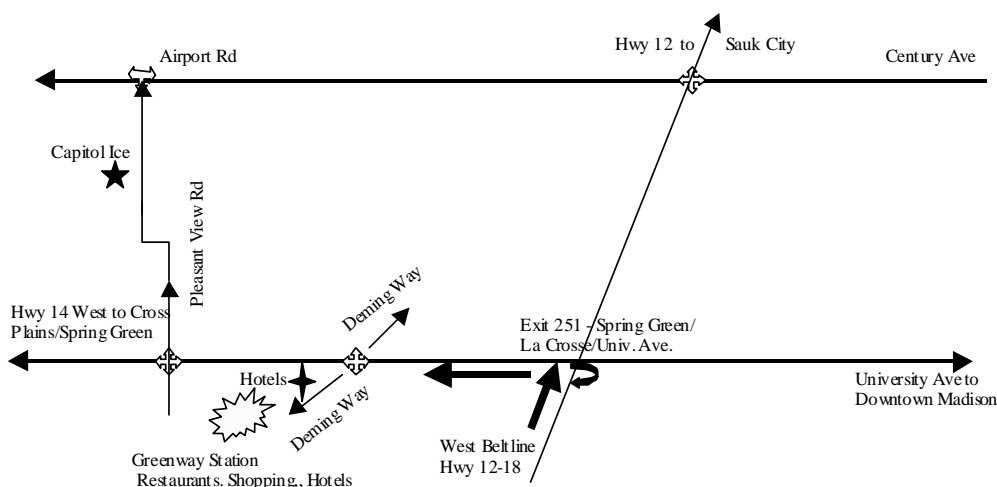
1. footwork sequence, straight line or diagonal
2. camel-sit spin
3. flip jump

Location: Capitol Ice, 2616 Pleasant View Road, Middleton, WI 53562 (608 836-0202)
capitolskatingschool.com

If going west on Hwy. 12-18 take exit 251–Hwy 14 / Cross Plains/Spring Green (University Avenue). Go west on Hwy 14 about ½ mile to the lights (3rd set) at Hwy 14 and Pleasant View Road. Take a right onto Pleasant View Road. Bear to the left at the U and then drive straight ¼ th mile on Pleasant View Road. Capitol Ice is on the left.

If going east on Hwy 12 take a right onto Airport Road at the junction of Airport and Century Ave. Travel about 1 mile and take a left onto Pleasant View Road. Go about ¼ mile, Capitol Ice is on the right.

Host Hotel locations: Going west on Hwy 14; Left onto Deming Way. Residence Inn and Hilton are on the right about 1/8th mile after the entrance to Greenway Station; Fairfield is a block away on the left.



CAPITOL CLASIC 2005 COMPETITION ENTRY FORM: TEAM EVENT

The three individuals that constitute your "Team" must each fill out this form and sign the waiver.

1. Name _____ Age _____ Sex _____
Last First Birthdate MMDDYY

Address _____ City _____ State _____ Zip _____

E-mail: _____ Phone _____

Basic Skills Number _____ or USFS Number _____ Highest Basic Skills or USFS Level passed _____

Program *or* Club Affiliation _____ Instructor _____
Print name (Phone with area code)

2. Name _____ Age _____ Sex _____
Last First Birthdate MMDDYY

Address _____ City _____ State _____ Zip _____

E-mail: _____ Phone _____

Basic Skills Number _____ or USFS Number _____ Highest Basic Skills or USFS Level passed _____

Program *or* Club Affiliation _____ Instructor _____
Print name (Phone with area code)

3. Name _____ Age _____ Sex _____
Last First Birthdate MMDDYY

Address _____ City _____ State _____ Zip _____

E-mail: _____ Phone _____

Basic Skills Number _____ or USFS Number _____ Highest Basic Skills or USFS Level passed _____

Program *or* Club Affiliation _____ Instructor _____
Print name (Phone with area code)

Please circle the "Team Compulsory Freestyle" event your team is entering: **Level 1-3** **Level 4-6** **Pre-prelim.** **Preliminary**

The completed entry form, with total fee, \$15.00 and self-addressed stamped envelope must be postmarked no later than July 16, 2005. Make check or money order payable to Capitol Classic and mail to: Jean Mirwald, Capitol Classic, 2301 Harley Drive, Madison, WI 53711.

info: capitoliskatingschool.com: Alice Wentworth 608-833-5451; e-mail: awentworth2@yahoo.com

ENTRY FEES ARE NOT REFUNDABLE AFTER THE ENTRY DEADLINE (July 16, 2005).

The competitor and family hold Capitol Skating School, LLC, Capitol Ice and their affiliates harmless from any and all liability either during practice or the competition, and from any and all liability for damages to or loss of property.

Parent/Guardian Signatures (3) _____

COMPETITORS' SIGNATURES(3) _____

To the best of my knowledge, the competitors are eligible to enter the event circled.

Instructors' Signature(s) for Basic Skills Skaters _____ Date _____

Test Chairperson/Club Officer and USFS Club for Club Member Skaters

Signature Club Affiliation (Circle Appropriate) Test Chair, Pres., Vice Pres., Sec., Treas. Date

CAPITOL CLASSIC 2005 COMPETITION ENTRY FORM: INDIVIDUAL EVENT

Name _____ Birthdate _____ Age _____ Sex _____
 Last First MMDDYY
 Address _____ City _____ State _____ Zip _____
 Email address _____
 (area code/phone #)
 Basic Skills # _____ or USFS # _____ Highest Basic Skills or USFS Level passed _____
 Program/Arena *or* Club Affiliation _____ Instructor _____
 print name phone (area code)
 Instructor _____
 Address (print) (street) city state e-mail
 Emergency Contact: _____ Phone # _____
 Please check the event(s) you are entering

Compulsory Elements: Snowplow through Adult 3-4 no music

_____ Snowplow
 _____ Basic 1 _____ Basic 5
 _____ Basic 2 _____ Basic 6
 _____ Basic 3 _____ Basic 7
 _____ Basic 4 _____ Basic 8
 _____ Adult 1-2 _____ Adult 3-4

Compulsory Elements: Freeskate 1-6; Pre-preliminary; Preliminary; Adult Pre-Bronze/ Bronze - no music

_____ Freeskate 1 _____ Pre-preliminary
 _____ Freeskate 2 _____ Preliminary
 _____ Freeskate 3 _____ Adult Pre-Bronze
 _____ Freeskate 4 _____ Adult Bronze
 _____ Freeskate 5
 _____ Freeskate 6

Freestyle Programs: Basic 1-8 and Adult 1-4 with music

_____ Snowplow Sam
 _____ Freestyle A (Basic 1-2)
 _____ Freestyle B (Basic 3-4)
 _____ Freestyle C (Basic 5-6)
 _____ Freestyle D (Basic 7-8)
 _____ Adult Freestyle A (Adult 1&2)
 _____ Adult Freestyle B (Adult 3&4)

Freestyle Programs: Freeskate 1-6 ; Adult Pre-bronze and Bronze with music

_____ Limited Beginner (Freeskate 1-3)
 _____ Beginner (Freeskate 4-6)
 _____ Limited Pre-Preliminary (no axels)
 _____ Pre- Preliminary (axels permitted)
 _____ Preliminary
 _____ Adult Pre-bronze
 _____ Adult Bronze

ENTRY FEE: \$35.00 FIRST EVENT; \$30.00 FOR SNOWPLOW SAM; \$10.00 PER ADDITIONAL INDIVIDUAL EVENT;
(\$5.00 for Team Event - register on separate page.) Party \$5.00/person Practice ice \$5.00/20 min.

First Event \$ _____ Additional Event \$ _____ Party: # attending _____ @ \$5.00/person _____

Practice Ice: Fri. 6:20 - 6:40 PM \$5.00 _____ 6:40-7:00 PM \$5.00 _____ 7:00-7:20 PM \$5.00 _____
 Sat. 8:30 - 8:50 AM \$5.00 _____ 12 noon-12:20 PM \$5.00 _____ 12:20-12:40 PM \$5.00 _____

Total Enclosed (Include total of event, party and practice ice) : \$ _____

The completed entry form, with fees, and self-addressed stamped envelope must be postmarked no later than July 16, 2005.
 Make check or money order payable to Capitol Classic and mail to: Jean Mirwald, Capitol Classic, 2301 Harley Drive, Madison,
 WI 53711 info: capitoliskatingschool.com Alice Wentworth 608-833-5451 e-mail: awentworth2@yahoo.com
ENTRY FEES ARE NOT REFUNDABLE AFTER THE ENTRY DEADLINE (July 16, 2005).

The competitor and family hold Capitol Skating School, LLC, Capitol Ice and their affiliates harmless from any and all liability either during practice or the competition, and from any and all liability for damages to or loss of property.

Parent/Guardian Signature _____ Date _____

Competitors Signature _____ Date _____

To the best of my knowledge the Competitor is eligible to enter the events checked.

Instructor/Program Director for Basic Skills Competitors _____ Date _____

Test Chairperson/Club Officer and USFS Club for USFS Club Member Competitors _____

 Signature Club Affiliation (Circle Appropriate) Test Chair, Pres., Vice Pres., Sec., Treas. Date _____