

Third Annual Ann Arbor Basic Skills Competition

Ann Arbor Figure Skating Club
Ann Arbor Ice Cube • 2121 Oak Valley Drive • Ann Arbor, Michigan
www.annarborfsc.com



Saturday, **June 11, 2005** (starting around 9:00 AM)

Entry Deadline: May 2, 2005

The Third Annual Ann Arbor Basic Skills Competition, sponsored by the Ann Arbor Figure Skating Club will be held at Ann Arbor Ice Cube on Saturday, June 11, 2005. The competition will be held on the Stadium Rink, which measures 200 x 85 feet with rounded corners and ample seating. This is a United States Figure Skating approved Basic Skills Competition. The approval will be posted on the official competition bulletin board. Questions regarding this competition should be directed to Jim Achtenberg, e-mail jacht@umich.edu or daytime phone (734) 936-2462. E-mail communications are preferred.

Mission Statement — The purpose of this competition is to promote a fun, introductory, competitive experience for the beginning skater.

Eligibility — Skaters who have passed no higher than the Pre-Preliminary Free Skating and are currently enrolled in either a US Figure Skating Basic Skills Program or are full US Figure Skating Members are eligible to compete. Eligibility will be based on skill level as of May 2, 2005. Skaters may skate at current level or one level higher but not both levels. Skaters will be broken into groups of approximately 6-8 skaters, by birth date. Males and females may, or may not, be placed in the same group. If there is only one competitor in a group, the competitor may be asked if they wish to skate up to the next level.

Rules — The competition will be conducted under the rules set forth by the US Figure Skating "Compete with Us" program.

Competitor's Party — All competitors are invited to a Party, to be held at the rink at the end of competition Saturday evening (about 7:00 PM). Parents and friends may attend for a nominal fee to cover food costs.

Entry Fees — The first event is \$35.00, and each additional event is \$15.00. All entries must be postmarked no later May 2, 2005. Late entries will be accepted at the discretion of the organizers, and are subject to a \$15.00 late fee. Entry fees are per person, U.S. dollars. **NO** refunds of entry fees unless event is canceled due to lack of participation. Two or more competitors constitute an event. Medical refunds (less an administration fee) only for major injuries, and must be accompanied by a letter from the doctor.

Entry forms must be filled out completely and mailed with a check made payable to the Ann Arbor Figure Skating Club to:

James C. Achtenberg
17950 Mahrle Rd
Manchester, MI 48158

There will be a \$25.00 fee for returned checks.

Awards — All competitors will receive an award. All events are final rounds. Medals will be awarded to first, second, and third places. ALL other places will receive ribbons. ALL awards will be made at appropriate times throughout the competition.

Registration — The registration table will be open 1 hour before the competition starts. Skaters will not be allowed to compete until they have registered. **Please register at least one hour before your competition time.**

Schedule of Events — Will be posted on the Internet at www.annarborfsc.com and at the Figure Skater's Website, www.sk8stuff.com. The schedule will be mailed to all registered competitors in late-May.

Music — The music for all freeskating programs with music supplied by skater must be provided on 10 minute cassette tapes or CD. The tape or CD is to be turned in at registration. Competitors must have a spare cassette or CD at rinkside to be used in case of technical difficulties. Tapes must be rewound and positioned ready to play. The music for all freeskating programs with music supplied by Ann Arbor FSC will be sent to the competitor on CD by May 11, 2005.

Practice Ice — Practice Ice will be available in 30 minute sessions Saturday. Details will be provided in the late-May mailing. Sign in and pay \$5.00 at the door.

Video Taping And Photographs — This will be available through Ledin Photo and Video. Order forms may be filled out and printed on the club web site, www.annarborfsc.com, once the schedule is posted. You may furnish you own tape or purchase a tape at the rink. Award, Group, and Individual (if desired) photos will be taken of all competitors in each event.

Approval: msd030205

Sanctioned by



Basic Skills Compulsory Elements Events

Snowplow Sam – Basic 8 Levels

Skaters must not have passed the USFSA Pre-Preliminary Moves test. Skated on ½ of the ice surface. No music. All elements will be skated in the order listed. Each skater performs one element at a time. Each skater will perform the next element only when directed by a judge or referee. Skaters are allowed one retry per element. If skaters would like a retry, she/he should raise their hand immediately. If the skater attempts a retry, only the retry will count for that element. Skaters should dress warmly as they will be standing on the ice while the others are skating.

Snowplow Sam

1. March followed by a two-foot glide and dip
2. Forward two-foot swizzles — 2-3 in a row
3. Forward snowplow stop
4. Backward wiggles — 2-6 in a row

Basic 1

1. Forward two-foot glide
2. Forward two-foot swizzles — 6-8 in a row
3. Forward snowplow stop
4. Backward wiggles — 6-8 in a row

Basic 2

1. Forward one-foot glide — *either* foot
2. Backward two-foot swizzles — 6-8 in a row
3. Two-foot turn in place — forward to backward
4. Moving snowplow stop
5. Forward alternating ½ swizzle pumps, in a straight line — across width of ice

Basic 3

1. Forward stroking
2. Forward ½ swizzle pumps on a circle — *either* clockwise or counter clockwise — 6-8 consecutive
3. Moving forward to backward two-foot turn — *either* direction
4. Backward one-foot glide — *either* foot
5. Two-foot spin

Basic 4

1. Forward outside edge on a circle — clockwise *or* counterclockwise
2. Forward crossovers- 6-8 consecutive — both directions
3. Forward outside 3-turn — R *and* L
4. Backward stroking
5. Backward snowplow stop — R *or* L

Basic 5

1. Backward outside edge on a circle — clockwise *or* counterclockwise
2. Backward crossovers — 6-8 consecutive — both directions
3. One-foot upright spin — minimum of 3 revolutions
4. Hockey Stop
5. Side Toe hop — *either* direction

Basic 6

1. Forward inside 3-turn — R *and* L
2. T-stop — R *or* L
3. Bunny Hop
4. Forward arabesque (spiral) on a straight line — R *or* L
5. Lunge — R *or* L

Basic 7

1. Forward inside open Mohawk — R to L and L to R
2. Ballet jump — *either* direction
3. Backward crossovers to a backward outside edge landing position, clockwise and counterclockwise
4. Forward inside pivot

Basic 8

1. Moving forward outside *or* forward inside three-turns — R and L
2. Waltz jump
3. Mazurka — *either* direction
4. Combination move — clockwise or counterclockwise (from Basic 8 curriculum)
5. One-foot upright spin, optional free foot position

Compulsory Programs

Basic Skills Free Skating 1-4, Beginner, Pre-Preliminary

Skated on ½ ice surface. No music. The skating order of the required elements is optional. In program form, using a limited number of connecting steps. Time: 1:00 minute or less. Required Elements for Compulsory Programs:

Free Skating level 1 Compulsory Program

Must have passed no higher than Free Style 1.

1. Advanced forward stroking — 4-6 cons. strokes
2. Basic forward outside edges and forward inside consecutive edges — 2-4 outside and 2-4 inside
3. Scratch spin from backward crossovers
4. Waltz jump from backward crossovers
5. Half flip jump

Free Skating level 2 Compulsory Program

Must have passed no higher than Free Style 2.

1. Forward outside spiral — R or L, and a forward inside spiral — R or L
2. Waltz Three's — R or L
3. Beginning back spin — entry optional
4. Waltz jump, side toe hop, waltz jump series
5. Toe loop jump

Free Skating level 3-4 Compulsory

Must have passed no higher than Free Style 3.

1. Forward crossovers in a figure 8
2. Advanced forward outside swing rolls — 4-6 cons.
3. Back spin
4. Salchow jump
5. Waltz jump/toe loop or Salchow/toe loop

Beginner (No Test) Compulsory Program

May not have passed any official US Figure Skating Free Skating tests.

1. Waltz jump
2. Salchow jump
3. Half flip or half Lutz jump
4. Upright scratch spin (min. 3 revolutions)
5. Forward spiral

Pre-Preliminary Compulsory Program

Must have passed no higher than US Figure Skating Pre-preliminary Free skating test.

1. Flip jump
2. Comb jump — any two single jumps (No Axel)
3. Split jump
4. Sit spin (min. 3 revolutions)
5. Forward outside spiral

Spins

Basic Skills – Preliminary

The skating order of the required elements is optional. All events skated on ½ ice — no music, in program form, using a limited number of connecting steps.

Basic Skills Spins Program

All spins, minimum of 2 revolutions. 1 min max.

May have passed no higher than Basic 6.

1. Two-foot spin
2. Beginning one-foot spin *or* Forward Pivot
3. Lunge

Beginner (No Test) Spins Program

All spins, minimum of 3 revolutions. 1¼ min max.

May not have passed any official US Figure Skating Free Skating tests.

1. Two-foot spin
2. Scratch spin
3. Any 1-position spin
4. Spiral

Pre-Preliminary Spins Program

All spins, minimum of 3 revolutions. 1¼ min max.

May have passed no higher than US Figure Skating Pre-preliminary Free Skating test.

1. Any one foot forward spin
2. Sit spin
3. Camel spin
4. Combination spin (no change of foot)
5. Spiral

Preliminary Spins Program

All spins, minimum of 4 revolutions. 1½ min max.

Must have passed the US Figure Skating Pre-Preliminary test and no higher than the Preliminary Free Skating test.

1. Any one foot forward spin
2. Sit spin
3. Back scratch spin
4. Combination spin (change of foot optional)
5. Spiral, Bauer, or spread eagle

Basic Program — Music Supplied By Skater – Basic Skills Levels

Skating order of elements is optional. Elements are not restricted as to the number of times executed, length of glides, or number of revolutions. **Vocal music is allowed.** May use elements from a previous level, deductions for elements from a higher level. 1 Minute +/- 10 seconds. Skaters may skate both this and the Half-Ice Free Skating program below.

Snowplow Sam (Tots)

1. Forward skating
2. Backward wiggles
3. Glide forward and dip
4. Snowplow stop

Basic Program A (Basic 1 and 2)

1. Glide forward and dip
2. Moving snowplow stop
3. Forward two-foot swizzles
4. Backward skating (wiggles or swizzles)

Basic Program B (Basic 3 and 4)

1. Backward ½ swizzle pumps on a circle – either direction
2. Two foot spin
3. Forward crossovers – min 5 consecutive – either direction
4. Back one foot glide, right or left

Basic Program C (Basic 5 and 6)

1. Backward crossovers – min 5 consecutive – either direction
2. One foot spin
3. Bunny hop
4. Forward spiral in a straight line, right or left

Basic Program D (Basic 7 and 8)

1. Beginning one foot spin, optional free foot position
2. Mazurka or Ballet jump
3. Combination move-either direction: 2 forward crossovers into forward inside Mohawk, cross behind, step into 1 back crossover and step to a forward inside edge
4. Waltz jump

Half-Ice Free Skating Program — music supplied by Ann Arbor FSC Basic Skills Levels

A well-balanced program skated on **half** ice to the music supplied by Ann Arbor FSC. Music will be sent to skater on a CD. Program may consist of elements from Event Level or below. Penalties assessed for elements from higher levels. Program Duration: 1 min +/- 10 sec. Music will be played during the 4-minute warm-up. Skaters may skate both this and the Basic Free Skating program above. Skaters may not have passed any official US Figure Skating tests.

Snowplow Sam Program

May have passed up to Snowplow 3.
Consisting of elements from Snowplow 3 and lower.
Penalties assessed for elements from higher levels.

Basic Program A (Basic 1 and 2)

May have passed up to Basic 2.
Consisting of elements from Basic 2 and lower.
Penalties assessed for elements from higher levels.

Basic Program B (Basic 3 and 4)

May have passed no higher than Basic 4.
Consisting of elements from Basic 4 and lower.
Penalties assessed for elements from higher levels.

Basic Program C (Basic 5 and 6)

May have passed up to Basic 6.
Consisting of elements from Basic 6 and lower.
Penalties assessed for elements from higher levels.

Basic Program D (Basic 7 and 8)

May have passed up to Basic 8.
Consisting of elements from Basic 8 and lower.
Penalties assessed for elements from higher levels.

Free Skating 1-6 Program

May have passed up to Free Skating 6.
Consisting of elements from Free skating 6 and lower.
Penalties assessed for elements from higher levels.

Free Skating Program —Beginner (No Test) — Pre-Preliminary A

A well-balanced program skated on full ice to the music of the skater's choice (vocal music is not permitted).

Beginner (No Test) Free Skating Program

May not have passed any official US Figure Skating Free Skating tests.
A well-balanced program consists of single jumps (*no* Axel or doubles permitted), at least one jump combination or series, a minimum of two spins of a different nature and one step or spiral sequence. No flying spins or combination spins are permitted.
Max 1:40 minutes

Pre-Preliminary A Free Skating Program

May have passed no higher than US Figure Skating Pre-preliminary Free Skating test.
A well-balanced program consists of all single revolution jumps (*no* Axel or double jumps permitted), single combination jumps, single jump sequences. A minimum of two spins of a different nature. One step sequence or spiral sequence. 1½ Minute +/- 10 seconds.

Artistic Showcase Basic Skills — Preliminary

Theme of skater's choice. Vocal music permitted. Judging to emphasize interpretation of music rather than technical skills. Costumes that complement music. May use hand-held props or those skater can get on and off ice without assistance.

Basic Skills Showcase Program

Duration: Max 1minute.

May have passed no higher than Basic 6.

Duration: 1¼ minute +/- 10 seconds.

May have passed no higher than US Figure Skating

Pre-preliminary Free Skating test. No Axels or double jumps.

Beginner Showcase Program

Duration: 1¼ minute +/- 10 seconds.

May not have passed any official US Figure Skating

Free Skating tests. No Axels or double jumps.

Preliminary Showcase Program

Duration: 1¼ minute +/- 10 seconds.

Must have passed at least the US Figure Skating

Pre-Preliminary Free Skating test and no higher than the

Preliminary Free Skating test. No Axels or double jumps.

Pre-Preliminary Showcase Program

Interpretive Program Half-Ice Basic Skills — Preliminary

Music will be supplied by the AAFSC at the time of the competition. Music may not be played prior to the event. During the warm-up, skaters will hear selection of music twice. Following the warm-up all skaters except for the first skater will be escorted to a soundproof locker room or another area of the arena. The first skater will hear the music one more time and then perform a program to the music. As each skater performs the next skater in line will be allowed to hear the music for the 3rd time before they perform to the music. The listening skater will not be allowed to view the performing skater. Skaters are judged on originality, pattern, technical (the ability to include jumps and spins) and music interpretation/expression. Spins and jumps performed must be appropriate to competition level. There is to be no instruction allowed during this event from coaches, parents, or fellow skaters at the Pre-Preliminary and Preliminary levels (instruction from the coach or parent is permitted at Basic Skills and Beginner levels only during the on-ice warm-up). Staging area must be kept clear except for ice monitor and listening competitor.

Basic Skills Interpretive Program (Half-Ice)

Duration: Max 1:25 minute

May have passed no higher than Basic 6.

Pre-Preliminary Interpretive Program (Half-Ice)

Duration: Max 1:40 minute

May have passed no higher than US Figure Skating

Pre-preliminary Free Skating test. No Axels or double jumps.

Beginner Interpretive Program (Half-Ice)

Duration: Max 1:25 minute

May not have passed any official US Figure Skating

Free Skating tests. No Axels or double jumps.

Preliminary Interpretive Program (Half-Ice)

Duration: Max 1:40 minute

Must have passed the US Figure Skating Pre-Preliminary test and no higher than the Preliminary Free Skating test. No Axels or double jumps.

Lodging

There are over 30 hotels and/or motels within a 15-mile range of the Ice Cube. For additional information call the Ann Arbor Visitors and Convention Bureau at (800) 888-9487 or visit their World Wide Web site at www.annarbor.org

Four Points by Sheraton (official hotel)

3200 Boardwalk

Ann Arbor, MI 48108

(I-94 & State Street Exit)

800-848-2770 or 734-996-0600

www.fourpointsannarbor.com

(\$89/night if reserved by 5/10/05. Mention Ann Arbor Figure Skating Club Basic Skills Competition)

Entry Form

3rd Annual Ann Arbor Basic Skills Competition — June 11, 2005

Form must be completely filled in before it can be processed

Read carefully, talk to your coach or instructor, and fill in legibly. If you enter the wrong event and need to change it for any reason other than our error, you will be assessed a \$10 change fee.

First Name:		Last Name:		USFSA/Basic Skills #:	
Address:		City:		State:	Zip:
Date of Birth:	Age:	Sex: Female <input type="checkbox"/> Male <input type="checkbox"/>			
Work Phone #:		Night Phone #:		Email:	
Home Club:		Instructor or Coach's Name:		Previously competed in AA <input type="checkbox"/> Springtime or Basic Skills <input type="checkbox"/>	

Current Skating Level:	Last Basic/Freestyle test passed:	Last USFSA MIF test passed:

Please check off event(s) entered. One entry form may be used for all events entered.

Basic Skills Elements	Compulsory Program	Half-Ice Free Skating (AAFSC Music)	Basic Program (Skater Music)	Artistic Showcase
<input type="checkbox"/> Snowplow Sam	<input type="checkbox"/> Free Skating 1	<input type="checkbox"/> Snowplow Sam	<input type="checkbox"/> Snowplow Sam	<input type="checkbox"/> Basic Skills
<input type="checkbox"/> Basic 1	<input type="checkbox"/> Free Skating 2	<input type="checkbox"/> Basic A (1-2)	<input type="checkbox"/> Basic A (1-2)	<input type="checkbox"/> Beginner
<input type="checkbox"/> Basic 2	<input type="checkbox"/> Free Skating 3-4	<input type="checkbox"/> Basic B (3-4)	<input type="checkbox"/> Basic B (3-4)	<input type="checkbox"/> Pre-Preliminary
<input type="checkbox"/> Basic 3	<input type="checkbox"/> Beginner	<input type="checkbox"/> Basic C (5-6)	<input type="checkbox"/> Basic C (5-6)	<input type="checkbox"/> Preliminary
<input type="checkbox"/> Basic 4	<input type="checkbox"/> Pre-Preliminary	<input type="checkbox"/> Basic D (7-8)	<input type="checkbox"/> Basic D (7-8)	Interpretive
<input type="checkbox"/> Basic 5	Spins	<input type="checkbox"/> Free Skating 1-6		<input type="checkbox"/> Basic Skills
<input type="checkbox"/> Basic 6	<input type="checkbox"/> Basic Skills		Free Skating	<input type="checkbox"/> Beginner
<input type="checkbox"/> Basic 7	<input type="checkbox"/> Beginner (No Test)		<input type="checkbox"/> Beginner (No Test)	<input type="checkbox"/> Pre-Preliminary
<input type="checkbox"/> Basic 8	<input type="checkbox"/> Pre-Preliminary		<input type="checkbox"/> Pre-Preliminary A	<input type="checkbox"/> Preliminary
	<input type="checkbox"/> Preliminary			

Competitor's Party Saturday Evening (free for the competitor, \$5.00 for parents and friends for food): Additional tickets: _____

Forms with incomplete or illegible information, missing signatures, missing pages, will be assessed a \$10 charge—payable at registration.

Check List:

- Entry Form
- Check, payable to AAFSC
- Certification page, signed by:
Club Officer; Athlete; Parent/Guard;
Coach/Instructor

Fees: \$35 First event

\$15 Each additional event

\$5 Each additional ticket for Saturday party

Entry Fees Are Not Refundable after the Entry Deadline Unless the Event is Cancelled

DEADLINE FOR POSTMARK IS: May 2, 2005

MAIL TO: James C Achtenberg, 17950 Mahrle Rd, Manchester, MI 48158

Spaces are limited within levels: first received — first entered. Mail early.

Certificate of Competitor by Club Officer

I hereby approve the entry of _____ (the competitor) into the 3rd Annual Ann Arbor Basic Skills Competition. I further certify that he/she is a full member in good standing of our club and is an eligible skater as defined in the official rules of US Figure Skating. If you are an individual member, you will certify your own form.

Club Officer Name:	Title:
Signature:	Telephone #:

Certification by Athlete and Parent/Guardian and Authorization for Emergency Medical Treatment

Athlete: I agree to conduct myself, both on and off the ice, in a manner that will reflect favorably upon this competition and upon the sport of figure skating, and that is consistent with the high standards of the sport. I agree to respect the person and property of others, and in the event I cause injury, damage, or loss to another or to the property of another, I hereby indemnify US Figure Skating, the local Competition Committee, the Ann Arbor Figure Skating Club, and their officers, directors, members, committees, representatives, employees and agents, and agree to hold them harmless against any and all claims that another person may have or which may arise out of such injury, damage or loss, together with any reasonable costs and attorney's fees that may be incurred as result of any such claims, whether valid or not.

Athlete/Parent/Guardian: I understand that US Figure Skating and the Ann Arbor Figure Skating Club or organizers of this competition undertake no responsibility for damages or injuries, or loss of property suffered by the competitors. As a condition of and in consideration of the acceptance of their entries or participation therein, all entrants, their parents and guardians and officials shall be deemed to agree to assume all risks of injury to their person and property resulting from, caused by or connected with, the conduct and management of the competition, and to waive and release any and all claims which they may have against any officials, US Figure Skating, organizers of the competition, the Ann Arbor Figure Skating Club and its officers, and their entries shall be accepted only on such condition (see rule 3222).

In the event (I)(parent if athlete is under 18 years of age) or (my son/daughter) am unavailable, I hereby give permission for any emergency medical treatment and further authorize and consent to the release of any pertinent medical information and records regarding the treatment, diagnosis, and/or examination of (myself) (my son/daughter) to the medical committee of the competition for which I am entered by the physician representative of the medical committee of the sanctioned competition in which (I) (my son/daughter) is entered.

Parent/Guardian's Signature

Date

Instructor's Certification

I have read this entry form and certify that it is complete and that the competitor is eligible to enter the specified events:

Instructor's Name:		USFSA #:	
Signature:		Email:	
Day Phone #:	Evening Phone #:	Fax:	
Address:	City:	State:	Zip:

DEADLINE FOR POSTMARK IS: May 2, 2005

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