#### **ABOUT THE CAMP**

This TEAM skating camp offers skaters and coaches the opportunity to learn practice and improve skills in all aspects of synchronized skating. All activities will take place at Cornerstone Community Ice Center, Ashwaubenon Sports Complex which houses 2 NHL rinks, conference rooms and is nestled in a Park District setting (tennis courts, basketball courts, soccer fields, ball diamonds, and Skateboard Park.)

On-ice instruction will include both individual and team skills necessary for successful TEAM skating. Emphasis will be placed on formations, transitions, spins, jumps, edges, style and power. Off-ice programs planned include judging, nutrition, injury prevention, and physical training.

#### WHAT TO BRING

Each skater should be appropriately dressed for the on-ice sessions (skates, guards, skating apparel, sweater, finger gloves) and bring workout clothes and aerobic type gym shoes for the off-ice classes. Casual clothes can be worn for all other off-ice sessions.

#### **TEAM PLACEMENT**

We would love to have full teams participate in the CAMP and are offering team discounts. Individual applicants will be placed on a team of approximately 16-24 skaters according to age, USFS Moves and Dance test levels.

#### FEES AND REGISTRATION

Skater \$150.00 Coach \$50.00\* The camp begins with registration at 3:00 pm on Friday, July 9 and concludes at 3:00 pm Sunday, July 11. A detailed schedule will be available at registration on Friday.

#### **REGISTRATION DEADLINE: JUNE 1, 2004**

\*Coach's fee will be waived when 5 or more skaters from their team attend the camp, please mail the applications together.

#### ACCOMMODATIONS

Special Lodging Rates have been negotiated for this event. Full TEAM lodging is available. **Reserve by June 1, 2004 to ensure availability and discounted rate .** 

#### Tundra Lodge Resort and Water Park

920-405-870/877-886-3725 865 Lombardi Ave., Green Bay, WI http://www.tundralodge.com

Baymont Inn 920-494-7887 2840 Oneida http://www.baymontinns.com/greenbay

An hour south of Wisconsin's scenic tourist haven, Door County, Green Bay is more than green and gold. A family oriented community has enjoyable activities for everyone.

Bay Beach Amusement Park Bay Beach Wildlife Sanctuary National Railway Museum Heritage Hill State Park ...and more

Additional lodging information can be found by contacting Packer Country Regional Tourism Office, 888-867-3342/ 920-494-9507, <u>http://www.packercountry.com</u>

#### ABOUT THE STAFF

- LISA DARKEN Head Coach of Junior World Team, Chicago Jazz
- **KRISTI FRANK** Coach of Chicago Jazz
- JAIME CATALANO Coach of Chicago Jazz
- FURY GOLD Giordano's School of Jazz Instructor/Choreographer
- ROSEMARY SANTEE National Synchro Judge/International Team Leader
- JAMIE SANTEE Make-Up and Presentation.
- JIMMIE SANTEE 2 time National Champion. Presentation and Crowd Participation.
- MARIAO'CONNOR-Assistant Skating Director CCC, Coach of Senior World Team, Iceland 2002
- SHANNON HOLMES Canadian Ice Dance Gold Medallist.
- GAIL GARRITY REED CCC Skating Director

#### **REGISTRATION FORM**

(Please complete both sides)

Due Date: June 10, 2004

Name			
Address			
City StateZip			
Phone () Age			
Email address			
Current Synchro Team			
TEAM level for 2004-2005			

Circle highest test levels passed:

Basic Skills	Freestyle 1 2 3 4 5 6	
ISI	Freestyle 1 2 3 4 5 6 7 8 9 10	
Freestyle	PrePre Pre PreJuv Juv Int Nov Jr S	r
Moves	PrePre Pre PreJuv Juv Int Nov Jr S	r
Dance	Pre PreBrz Brz PreSil Sil PreGld Glo	d

Skater Fee	\$150.00
Coach Fee	\$ <u>50.00</u>

#### **Total Enclosed**

Make checks payable to: CCC Synchro Camp

Mail form and check to: CCC JUMP START SYNCHRO Cornerstone Community Ice Center 1640 Fernando Drive DePere, WI 54115 920-403-2000

For more information, please contact MARIA O'CONNOR at (920)437-3523 or e-mail her at mariaoconnor@msn.com

#### WAIVER

**<u>Athlete</u>**: I agree to conduct myself, both on and off the ice, in a manner that will reflect favorably upon this seminar and that is consistent with the high standards of this sport. I agree to respect the person and property of others. I understand that serious violation of seminar and rink regulations will result in an immediate dismissal with no refund of fees.

Athlete/Parent/Guardian: I certify that I am cognizant of all the inherent dangers, risks and hazards associated with figure skating and synchronized skating. As a condition of and in consideration of the acceptance of their applications therefore, we shall be deemed to have agreed to assume all the risk of injury to the athlete's person and property resulting from, caused by or connected with the conduct and management of the seminar, and to waive and release any and all claims which we may have against the Cornerstone Community Center, Cornerstone Skating Club, and/or the Synchro Seminar, directors, instructors, employees, agents, and it's representatives. Applications will be accepted only on the foregoing conditions.

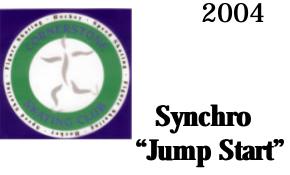
### Athlete's Signature

Parents/Guardian Signature

<u>Date</u>

CCC SYNCHRO "JUMP START" Cornerstone Community Ice Center 1640 Fernando Drive DePere, WI 54115

# July 9, 10, and 11th



## In Green Bay, Wisconsin Cornerstone Skating Club Cornerstone Community Center

A chance for SYNCHRO TEAMS and/or individual skaters to "JUMP START" the 2004 -2005 Synchronized Skating Season!

Directed by Lisa Darken, Head Coach Chicago Jazz Maria O'Connor, Coach-2002 Sr. World TEAM Iceland