

ABOUT THE CAMP

This TEAM skating camp offers skaters and coaches the opportunity to learn practice and improve skills in all aspects of synchronized skating. All activities will take place at Cornerstone Community Ice Center, Ashwaubenon Sports Complex which houses 2 NHL rinks, conference rooms and is nestled in a Park District setting (tennis courts, basketball courts, soccer fields, ball diamonds, and Skateboard Park.)

On-ice instruction will include both individual and team skills necessary for successful TEAM skating. Emphasis will be placed on formations, transitions, spins, jumps, edges, style and power. Off-ice programs planned include judging, nutrition, injury prevention, and physical training.

WHAT TO BRING

Each skater should be appropriately dressed for the on-ice sessions (skates, guards, skating apparel, sweater, finger gloves) and bring workout clothes and aerobic type gym shoes for the off-ice classes. Casual clothes can be worn for all other off-ice sessions.

TEAM PLACEMENT

We would love to have full teams participate in the CAMP and are offering team discounts. Individual applicants will be placed on a team of approximately 16-24 skaters according to age, USFS Moves and Dance test levels.

FEES AND REGISTRATION

Skater \$150.00 Coach \$50.00*

The camp begins with registration at 3:00 pm on Friday, July 9 and concludes at 3:00 pm Sunday, July 11. A detailed schedule will be available at registration on Friday.

REGISTRATION DEADLINE: JUNE 1, 2004

*Coach's fee will be waived when 5 or more skaters from their team attend the camp, please mail the applications together.

ACCOMMODATIONS

Special Lodging Rates have been negotiated for this event. Full TEAM lodging is available. **Reserve by June 1, 2004 to ensure availability and discounted rate.**

Tundra Lodge Resort and Water Park

920-405-870/877-886-3725
865 Lombardi Ave., Green Bay, WI
<http://www.tundralodge.com>

Baymont Inn

920-494-7887
2840 Oneida
<http://www.baymontinns.com/greenbay>

An hour south of Wisconsin's scenic tourist haven, Door County, Green Bay is more than green and gold. A family oriented community has enjoyable activities for everyone.

Bay Beach Amusement Park
Bay Beach Wildlife Sanctuary
National Railway Museum
Heritage Hill State Park ...and more

Additional lodging information can be found by contacting
**Packer Country Regional Tourism Office, 888-867-3342/
920-494-9507, <http://www.packercountry.com>**

ABOUT THE STAFF

- **LISA DARKEN** - Head Coach of Junior World Team, Chicago Jazz
- **KRISTI FRANK** - Coach of Chicago Jazz
- **JAIME CATALANO** - Coach of Chicago Jazz
- **FURY GOLD** - Giordano's School of Jazz Instructor/Choreographer
- **ROSEMARY SANTEE** - National Synchro Judge/International Team Leader
- **JAMIE SANTEE** - Make-Up and Presentation.
- **JIMMIE SANTEE** - 2 time National Champion. Presentation and Crowd Participation.
- **MARIAO'CONNOR**-Assistant Skating Director CCC, Coach of Senior World Team, Iceland 2002
- **SHANNON HOLMES** - Canadian Ice Dance Gold Medallist.
- **GAIL GARRITY REED** - CCC Skating Director

REGISTRATION FORM

(Please complete both sides)

Due Date: June 10, 2004

Name _____

Address _____

City _____ State _____ Zip _____

Phone (____) _____ Age _____

Email address _____

Current Synchro Team _____

TEAM level for 2004-2005 _____

Circle highest test levels passed:

Basic Skills	Freestyle	1	2	3	4	5	6
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ISI Freestyle 1 2 3 4 5 6 7 8 9 10

Freestyle	PrePre	Pre	PreJuv	Juv	Int	Nov	Jr	Sr
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Moves	PrePre	Pre	PreJuv	Juv	Int	Nov	Jr	Sr
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Dance	Pre	PreBrz	Brz	PreSil	Sil	PreGld	Gld
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Skater Fee	\$150.00
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Coach Fee	\$ 50.00
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Total Enclosed _____

Make checks payable to: **CCC Synchro Camp**

Mail form and check to:
CCC JUMP START SYNCHRO
Cornerstone Community Ice Center
1640 Fernando Drive
DePere, WI 54115
920-403-2000

For more information, please contact
MARIA O'CONNOR at (920)437-3523 or e-mail her at
mariaoconnor@msn.com

WAIVER

Athlete: I agree to conduct myself, both on and off the ice, in a manner that will reflect favorably upon this seminar and that is consistent with the high standards of this sport. I agree to respect the person and property of others. I understand that serious violation of seminar and rink regulations will result in an immediate dismissal with no refund of fees.

Athlete/Parent/Guardian: I certify that I am cognizant of all the inherent dangers, risks and hazards associated with figure skating and synchronized skating. As a condition of and in consideration of the acceptance of their applications therefore, we shall be deemed to have agreed to assume all the risk of injury to the athlete's person and property resulting from, caused by or connected with the conduct and management of the seminar, and to waive and release any and all claims which we may have against the Cornerstone Community Center, Cornerstone Skating Club, and/or the Synchro Seminar, directors, instructors, employees, agents, and it's representatives. Applications will be accepted only on the foregoing conditions.

Athlete's Signature

Parents/Guardian Signature

Date

CCC SYNCHRO "JUMP START"
Cornerstone Community Ice Center
1640 Fernando Drive
DePere, WI 54115

July 9, 10, and 11th
2004



**Synchro
"Jump Start"**

In Green Bay, Wisconsin
Cornerstone Skating Club
Cornerstone Community Center

A chance for SYNCHRO TEAMS and/or individual skaters to "JUMP START" the 2004 -2005 Synchronized Skating Season!

Directed by
Lisa Darken, Head Coach Chicago Jazz
Maria O'Connor, Coach-2002 Sr. World TEAM Iceland