

# 14<sup>th</sup> Annual Turkey Trot Competition November 20, 2004



In Conjunction with:  
Test Session November 19  
High School Competition November 21

Sponsored by the:



Sanctioned by the USFSA

# 14th Annual TURKEY TROT COMPETITION

## In Conjunction with Test Session and High School Competition

### November 19 2004

---

★ ENTRIES MUST BE POSTMARKED BY OCTOBER 12, 2004 ★

The Copper Country Skating Academy Open Competition will be held at the John J. MacInnes Student Ice Arena, November 19, 20, 21 in conjunction with a test session and High School Competition. This is a non-qualifying competition sanctioned by the United States Figure Skating Association. It will be conducted under the rules set at the 2004 USFSA Governing Council meeting and the 2004-2005 Rulebook for the **2004-2005** season.

This competition will include the following women's and men's events:

**Basic Skills** ----Levels 1-8 Freestyle (Music required)  
**Free Skating** — No Test through Senior (Music required)  
**Solo Dance** — Preliminary through International  
**Artistic Showcase** — No Test through Intermediate and above  
**Interpretive**- No test through Junior/ Senior  
**Spins** — Pre-Preliminary through Senior  
**Compulsories** —Basic Skills Levels 1-8, No test through Juvenile  
**Short Programs** — Intermediate through Senior

The arena has an ice surface of 200' x 85' with slightly rounded corners.

**ELIGIBILITY:** Skaters must be eligible persons registered as members of the USFSA and shall compete at their test level as of October 12, 2004 or one level higher. Free skating and compulsory moves must be skated at the same level. Skaters may enter any one or more events for which they qualify.

**ENTRY FEES:** The entry fee for the first event is \$65.00 per competitor. Basic Skills entry fee is \$35.00 per competitor. The fee for each additional event is \$20.00 More than one skater must be entered at a given level in order for the event to be held.

**ENTRY FEES** must accompany each application. Checks should be made payable to: **COPPER COUNTRY SKATING ACADEMY. ENTRIES MUST BE POSTMARKED BY OCTOBER 12, 2004 (FIRM). LATE ENTRIES** may be accepted at the discretion of the competition Chief Referee, and will be charged a \$25.00 late fee.

**ENTRY FORMS:** The entry form must have the competitor's USFSA number and signature of a club official before it will be accepted.

In the event of limitations on the size of events, entries with earlier postmarks will receive priority. No refunds will be made after the deadline of October 12, 2004, unless the event is canceled.

**MAIL COMPLETED ENTRY FORMS TO:** Stacey Michaels  
37750 South Entry Road  
Chassell, Mi. 49916

Questions: (906) 523-1987  
slrm@up.net

For Test Forms email Carrie Richards: [carrie@mtu.edu](mailto:carrie@mtu.edu)

**PLEASE ENCLOSE A LONG SELF-ADDRESSED STAMPED ENVELOPE. A SCHEDULE OF EVENTS WILL BE MAILED TO YOU.**

**YOU MUST SEND A STAMPED, SELF-ADDRESSED ENVELOPE IN ORDER TO BE INFORMED OF YOUR EVENTS AND DATE PRIOR TO THE COMPETITION**

**REGISTRATION:** The registration desk will be located in the lobby of the John J. MacInnes Student Ice Arena and will be open during all scheduled practice times and events. Each skater must check in with the registration desk upon arrival. Please check in a least one hour prior to skater's first event. Lost and found will be at the registration desk.

**MUSIC:** Music will be played from cassettes only. Cassettes must be clearly marked with the skater's name and rewind. Please have a duplicate tape available at rink side and have cassettes ready to be played when turned into the registration desk. Cassettes may be picked up at the registration desk following each event. The Copper Country Skating Academy cannot accept responsibility for cassettes.

**PRACTICE ICE:** Practice ice may be available. Sign-up for practice ice will be at rink side upon arrival. **NO PHONE CALLS OR PREPAID REQUESTS BY MAIL WILL BE ACCEPTED FOR PRACTICE ICE.** It will be sold on a first come, first served basis only.

**AWARDS/PHOTOS:** Medals will be presented to the top four finishers in each group. All other finishers will be presented ribbons. Each group will be photographed as soon as results are posted for that group!

**CLUB TEAM AWARD:** A Club Team award will be made to the club whose skaters earn the highest number of points. The name of the winning club will be announced at the end of the competition and engraved on a permanent plaque displayed at John J. MacInnes Student Ice Arena.

**CANCELLATIONS:** Any scheduled event may be canceled if fewer than three skaters are entered. Due to limitations of ice for this competition, the Chief Referee reserves the right to limit entries based on earliest postmark or to eliminate events with suitable notification to the entrants and return of entry fee for that event.

**BULLETINS AND NOTICES:** A bulletin board displaying official information will be located in the lobby of the John J. MacInnes Student Ice Arena. All pertinent information regarding this competition, including schedule changes, will be posted there. Posting on this board will be considered sufficient notice to all competitors.

---

## 1. ARTISTIC SHOWCASE: (MUST BE SKATED AT SAME LEVEL AS FREESKATE)

Level	Theme	Time *
No Test	Skaters' Choice	1 minute 30 sec
Pre-Preliminary FS	Skaters' Choice	1 minute 30 sec
Preliminary FS	Skaters' Choice	1 minute 30 sec
Pre-Juvenile FS	Skaters' Choice	2 minutes
Juvenile FS	Skaters' Choice	2 minutes
Intermediate and Above FS	Skaters' Choice	2 minutes

The Artistic Showcase event allows the skater the opportunity to demonstrate their music interpretation skills. Music may be vocal or instrumental. Costumes and props are encouraged. People and living animals may not be used as props. Judging will emphasize interpretation and originality.

**A total of no more than 3 full rotation jumps is permitted. A combination of a flip/loop, for example, will be considered as 2 of the 3 allowable jumps. No Axel is allowed through pre-juvenile. Axel allowed at juvenile and above.**

**\* 15 seconds total will be allowed for placement and removal of props.**

**2. FREE SKATING EVENTS:** No Test - Senior Singles  
 (Events will be skated at Free Skating test level or one higher)  
**Well Balanced Program Requirements see 2004-2005 USFSA Rulebook**

**Levels**

No Test – 1 Minute 30 seconds  
 Pre-Preliminary A – 1 Minute 30 seconds  
 Pre- Preliminary B – 1 Minute 30 seconds  
 Preliminary – 1 Minute 30 seconds  
 Pre Juvenile – 2 Minutes  
 Juvenile – 2 Minutes 15 seconds  
 Intermediate – 2 Minutes 30 seconds  
 Novice – Ladies 3 Minutes / Men 3.5 Minutes  
 Junior – Ladies 3.5 Minutes/ Men 4.0 Minutes  
 Senior – Ladies 4.0 Minutes /Men 4.5 Minutes

**Basic Skills Freeski Events**

**BASIC SKILLS LEVELS 1-8 FREESKATE EVENTS THAT REQUIRE MUSIC**

Level I Basic 1-3 Program	Passed no higher than Basic 3. Only Basic 1-3 elements may be used in the program.	1 min.
Level II Basic 4-6 Program	Passed no higher than Basic 6. Only basic 1-6 elements may be used in the program.	1 min.
Level III Basic 7-8 Program	Passed no higher than Basic 8. Only basic 1-8 elements may be used in the program.	1 min

**Short Programs: Elements for 2004-2005 Season**

**Intermediate** 2 minutes  
**Novice** 2 minutes 40 seconds  
**Junior** 2 minutes 40 seconds  
**Senior** 2 minutes 40 seconds

**3. COMPULSORIES: (Must be skated at same level as free skate)**

Event	Required Elements	Time
No Test (Half Ice)	1. Bunny Hops-two in a row 2. Lunge 3. Waltz Jump 4. Forward Spiral (either foot) 5. 2 Foot Spin (minimum 3 revolutions)	1 minute 15 seconds or less, (no music)
Pre-Preliminary (Half Ice )	1. Back crossovers in a circle 2. Salchow 3. 1 Foot Spin (3 revolutions minimum) 4. Forward spiral (either foot) 5. Loop Jump	1 minute 15 seconds or less, (no music)

Preliminary (Half Ice)	<ol style="list-style-type: none"> <li>1. Straight-line Footwork</li> <li>2. Waltz Jump/Loop Jump Combination (no turn or step between)</li> <li>3. Back Spiral (either foot ) on a curve</li> <li>4. Flip Jump</li> <li>5. Sit Spin (3 revolutions minimum)</li> </ol>	1 minute 15 seconds or less, (no music)
Pre-Juvenile (Half Ice)	<ol style="list-style-type: none"> <li>1. Lutz Jump</li> <li>2. Camel/Sit Spin (4 revolutions minimum)</li> <li>3. Toe Loop/Loop Jump Combination (no turn or step between)</li> <li>4. Diagonal Step Sequence</li> <li>5. Forward Spiral (either foot) on a curve</li> </ol>	1 minute 15 seconds or less, (no music)
Juvenile (Full Ice)	<ol style="list-style-type: none"> <li>1. Axel</li> <li>2. Circular Footwork (must be a complete circle)</li> <li>3. Single/Single or double single combination jump no turn in between.</li> <li>4. Combination spin with one change of foot and one change of position (3 revolutions on each foot.)</li> <li>5. Girls-Layback Spin (3 revolutions minimum-in position)</li> <li>6. Boys-Camel Spin (3 revolutions minimum-in position)</li> </ol>	1 ½ minutes or less, (no music)

### BASIC SKILLS LEVELS 1-8 COMPULSORY MOVES

1. To be skated on ½ sheet of ice
2. No music
3. All elements must be skated in the order listed in Program Format
4. Skater must compete at the highest level passed (no skating up or down)
5. Time: **1 minute or less**

Basic 1	<ol style="list-style-type: none"> <li>1. Forward Sizzles, 6-8 in a row</li> <li>2. Forward 2 Foot Glide</li> <li>3. Forward Snowplow Stop</li> <li>4. Backward Wiggles, 6-8 in a row</li> </ol>	Basic 5	<ol style="list-style-type: none"> <li>1. Backward Crossovers (2-3) to a Backward Outside Edge Glide, Backward Crossovers (2-3) to a Backward Inside Edge Glide Clockwise or counter clockwise</li> <li>2. One Foot upright Spin, optional entry and free foot position - minimum 3 revolutions</li> <li>3. Hockey Stop, right or left</li> <li>4. Side Toe Hops, at least 2 -either direction</li> </ol>
Basic 2	<ol style="list-style-type: none"> <li>1. Forward skating to a forward 1 Foot Glide, right or left.</li> <li>2. Forward alternating ½ Swizzle pumps, in a straight line</li> <li>3. Moving Snowplow Stop</li> <li>4. Backward Swizzles, 6-8 in a row</li> </ol>	Basic 6	<ol style="list-style-type: none"> <li>1. Forward Inside 3-Turn from a standstill position.</li> <li>2. Forward Lunge, right or left</li> <li>3. Bunny Hops, at least 2</li> <li>4. Forward Spiral on a straight line, right or left foot</li> </ol>
Basic 3	<ol style="list-style-type: none"> <li>1. 2 Foot Spin - Minimum of 2 revolutions</li> <li>2. Forward Stroking</li> <li>3. Forward ½ Swizzle Pumps on a circle, 6-8 in a row, clockwise or counter clockwise</li> <li>4. Moving Forward to Backward 2 Foot Turn, clockwise or counter clockwise</li> </ol>	Basic 7	<ol style="list-style-type: none"> <li>1. Forward Inside Open Mohawk, right and left</li> <li>2. Ballet Jump - right or left</li> <li>3. Backward Crossovers to a Backward Outside edge Glide (landing position) clockwise or counter clockwise</li> <li>4. Forward Inside Pivots, right and left</li> </ol>
Basic 4	<ol style="list-style-type: none"> <li>1. Forward Crossovers (2-3) to a Forward Outside Edge Glide, Forward Crossovers (2-3) to a Forward Inside Edge Glide, clockwise or counter clockwise.</li> <li>2. Backward Stroking</li> <li>3. Backward 1 Foot Snowplow stop, right or left</li> <li>4. Forward Outside 3-Turn from a standstill position, right and left foot</li> </ol>	Basic 8	<ol style="list-style-type: none"> <li>1. Moving Forward Outside 3-Turns, right and left</li> <li>2. Standstill Waltz Jump - right or left</li> <li>3. Mazurka Jump - right or left</li> <li>4. Combination move (see Basic Skills level 1-8) clockwise or counter clockwise</li> </ol>

**4. SOLO DANCE:** Dances may be skated in flights due to time considerations. You may enter more than 1 event as eligible, but not more than 2 \* **In Case of a tie, the winner of the 2<sup>nd</sup> dance, wins the event.** \* **Two patterns for each dance.**

Level	Test Level	Dances to be Skated	
Preliminary	No more than 1 Pre-Bronze Dance	Canasta	Rhythm Blues
Pre-Bronze	No more than 1 Bronze/Junior Bronze Dance	Cha-Cha	Fiesta Tango
Bronze	No more than 1 Pre-Silver/Senior Bronze Dance	Ten Fox	Hickory Hoedown
Pre-Silver	No more than 1 Silver/Junior Silver Dance	European Waltz	Foxtrot
Silver	No more than 1 Pre-Gold/Senior Silver Dance	Silver Tango	Rocker Foxtrot
Pre-Gold	No more than 1 Gold Dance	Blues	Paso Doble
Gold	No more than 1 Junior International Dance	Argentine	Viennese Waltz
Jr. International	One or more Junior International Dances	Samba	Rhumba

**5. SPINS:** Spins shall be skated without music. Must be skated at same level as Free Skate. Spins must be skated exactly as stated, but may be skated in any order and will not count concluding upright revolutions unless upright position is required as part of a combination spin. Connecting steps will not be judged.

Events	Required Elements		
Pre-Preliminary (Half Ice) 1 minute	1. Two Foot Spin	2. One Foot Spin	3. Sit Spin
Preliminary (Half Ice) 1 minute 15 sec	1. One Foot Upright Spin (3 revolutions minimum)	1. One Foot Upright Back Spin (3 revolution minimum)	2. Sit spin, (3 revolution minimum)
Pre-Juvenile Open Pre-Juvenile (Half Ice) 1 minute 15 sec	1. Camel Spin (minimum 3 revolutions)	2. Front Scratch to Back Scratch (exit on spinning foot - 4 revolutions each foot)	3. One Combination Spin: Camel To Sit Spin (no change of foot - 3 revolutions each position)
Juvenile Open Juvenile (Half Ice) 1 minute 15 sec	1. Forward Sit Spin (4 revolution minimum)	2. Forward Camel Spin (4 revolution minimum)	3. One Combination Spin with one change of foot and one change of position (4 revolutions each foot)
Intermediate (Half Ice) 1 minute 30 sec	1. Girls-Layback Spin (5 revolutions minimum) Boys-Camel Spin (5 revolutions minimum)	2. Camel Spin To Backward Camel Spin (4 revolutions each foot)	3. Spin Combination consisting of one change of foot and one change of position (4 revolutions each foot)
Novice (Half Ice) 1 minute 30 sec	1. Flying Camel Spin (6 revolutions minimum in position)	2. Camel, Sit OR Layback Spin (6 revolution minimum)	3. Spin Combination consisting of one change of foot and one change of position (5 revolutions each foot)
Junior (Half Ice) 1 minute 45 sec	1. Flying Sit Spin (6 revolutions minimum in position)	2. Layback OR Crossfoot Spin (6 revolution minimum)	3. Spin Combination consisting of three Basic positions and one change of foot (6 revolutions each foot)
Senior (Half Ice) 1 minute 45 sec	1. Flying Spin of choice (6 revolutions in position)	2. Spin Combination consisting of two changes of foot and two positions (6 revolutions minimum on each foot)	3. Spin Combination consisting of three Basic positions and one change of foot (6 revolutions minimum on each foot)

## 6. Interpretive Freestyle Event

Interpretive Freestyle skaters will be judged on composition and presentation. Music is provided by an independent source of the Copper Country Skating Academy and may or may not include lyrics.

Judging will be based on originality, creativity, and musical interpretation according to the following criteria:

Composition: Conformity of choreography with music and utilization of the ice surface in harmonious composition of the program as a whole.

Presentation: Style, originality and expression of the character of the music.

Judged by local volunteers with expertise in related theatrical and entertainment fields. Quality of skating and movement to the rhythm of the music should be emphasized more than technical difficulty. Skaters will hear music twice in designated secluded room prior to warm-up and once during one ice warm-up. Skaters may not communicate with anyone other than the monitor once they have heard the music. Coaches are not allowed near the listening room or rink side where skaters take the ice.

**Groupings are based on the skater's freestyle level and may be divided by age or draw, but not by gender.**

EVENT	Time	Requirements/restrictions
No Test	1 Minute	No USFSA freestyle tests passed. Three jump maximum. No axels
Pre-Preliminary	1 Minute	No higher than Pre-Preliminary free skating test. No axel or double jumps. Three jump maximum.
Preliminary	1 Minute	Preliminary free skating test passed. No axel or double jumps. Three jump maximum.
Pre – Juvenile & Juvenile	1 Minute 15 seconds	No higher than Juvenile free skating test passed. No double jumps. Three jump maximum.
Intermediate & Novice	1 Minute 15 seconds	No higher than Novice free skating test passed. No double axel or triple jumps. Three jump maximum.
Junior & Senior	1 Minute 15 seconds	No higher than Senior free skating test passed. No triple jumps. Three jump maximum.

# 14th Annual TURKEY TROT COMPETITION

Friday, November 19, Saturday, November 20, Sunday, November 21

★ ENTRIES MUST BE POSTMARKED BY OCTOBER 12, 2004 ★

Please print or type:

**Skaters Name:** \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_\_  
 \_\_\_\_\_ Last Name First Name MI

Address: \_\_\_\_\_

Birthdate: \_\_\_\_\_ Age as of 10/7/04: \_\_\_\_\_ Male: \_\_\_\_\_ Female: \_\_\_\_\_

Home Club: \_\_\_\_\_ USFSA#: \_\_\_\_\_

Highest Tests Passed: Freestyle \_\_\_\_\_ Dance \_\_\_\_\_ Moves \_\_\_\_\_

Professional's Name: \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_\_

Professional's Address: \_\_\_\_\_

Professional's e-mail address: \_\_\_\_\_

**Indicate the level which you wish to compete in each event with an X:**

Level	Freeskating	Artistic	Interpretive	Spins	Compulsories	Short program	Level	Dance
No Test							Preliminary	
Pre-Preliminary A							Pre-Bronze	
Pre-Preliminary B							Bronze	
Preliminary							Pre-Silver	
Pre-Juvenile							Silver	
Juvenile							Pre-Gold	
Intermediate							Gold	
Novice							Jr. International	
Junior								
Senior								

**Freestyle Basic Skills (Place X on level)**

Level \_\_\_\_\_ Level II \_\_\_\_\_ Level III \_\_\_\_\_

**FEES DUE:**

First Event at **\$65.00** \$ 65.00

\_\_\_\_\_ additional events at \$20.00/each \$ \_\_\_\_\_

Total Amount Enclosed \$ \_\_\_\_\_

**Compulsory Basic Skills (place X on level)**

Basic 1 \_\_\_\_\_ Basic 5 \_\_\_\_\_

Basic 2 \_\_\_\_\_ Basic 6 \_\_\_\_\_

Basic 3 \_\_\_\_\_ Basic 7 \_\_\_\_\_

Basic 4 \_\_\_\_\_ Basic 8 \_\_\_\_\_



<b>BASIC SKILLS ONLY:</b>		<b>Please check if :</b>
First Event at <b>\$35.00</b>	\$ <u>35.00</u>	<b>First Time Competitor at Turkey Trot</b>
_____ additional events at \$20.00/each	\$	
Total Amount Enclosed	\$	

I am an eligible skater under the rules of the United States Figure Skating Association to enter the event(s) checked on this application. I certify that the information regarding my age is correct and agree to provide proof of age if requested to do so.

I understand that due to limitations of ice for this competition the Referee and/or the Competition Committee reserve the right to limit entries on a first-come, first-served basis or to eliminate events with suitable notification to the entrants and return of entry fees for the event.

Signature of Contestant

**CERTIFICATION OF CLUB OFFICER**

Certification by Club Officer may be sent separately from the entry form but must be postmarked by October 12, 2004.

To the best of my knowledge, the above is true and correct. The contestant is a member of our club in good standing.

Name:

Title: \_\_\_\_\_

Club:

All competitors waive all claims of injury during the competition and practice sessions at the John J. MacInnes Student Ice Arena. If the competitor is under age (18 years) the parent or guardian must sign the release.

Competitor:

Date:

Parent/Guardian:

**MAIL ENTRY FORM TO:** Stacey Michaels 37750 South Entry Road Chassell, Mi 49916

**MAKE CHECKS PAYABLE TO:** CCSA (Copper Country Skating Academy)

**For More Information Contact:** Stacey Michaels (906) 523-1987  
(Please, no calls before 7:00a.m. or after 10:00 p.m. (est))

★ **ENTRIES MUST BE POSTMARKED BY OCTOBER 12, 2004** ★

<b>SKATER'S CHECKLIST</b>	
_____	Entry form completed and signed
_____	Club Officer's signature
_____	Remittance (check/s signed)
_____	Parental Release
_____	Self-addressed stamped envelope

<b>OFFICE USE ONLY</b>
Date Entry Received
Date Entry Entered in Data Bank
Date Skating Schedule Sent

Some area hotels listed for your reference: Please call them directly to make your reservation.

Best Western Franklin Square Inn (906)487-1700

Best Western King's Inn (906)482-5000

Downtowner Motel (906)482-4421

Holiday Inn Express (906)482-1066

Ramada Inn (906)482-8400

Super 8 Motel (906)482-2240

THANK YOU FOR PARTICIPATING IN THIS YEAR'S  
TURKEY TROT

GOOD LUCK, SKATE GREAT AND HAVE FUN!!!!!!



Life's great at Super 8

The Houghton Super 8 Motel is sure to have a special room to accommodate your taste and budget!

86 Well Appointed Rooms  
Indoor Pool, Whirlpool & Sauna  
Full Continental Breakfast  
Large Vehicle Parking  
Children 12 & Under Stay Free  
Non Smoking rooms  
Free Local calls  
Free Cable TV with Encore & HBO  
Queen Size Beds Available/Handicap Room Available

ADJACENT TO MICHIGAN TECH  
(906) 482-2240  
Superline Tool Free Reservations  
800-800-8000  
Fax Service: (906) 482-0686  
1200 E. Lakeshore Dr.  
Houghton, MI 49931

---

## Holiday Inn Express

### Welcome Skaters !!!!

Come stay with us at the Holiday Inn Express during Turkey Trot  
Our hotel offers our Deluxe Complimentary Continental Breakfast featuring our freshly warmed Cinnamon buns, indoor pool, sauna, whirlpool, fitness center. All the rooms have refrigerators, coffee pots, hairdryers, ironing boards/ irons, HBO and free wireless internet. You can enjoy all of this for the Turkey Trot Special of \$65.00 per night. Just mention the special when you are making your reservations.

Holiday Inn Express  
1110 Century Way  
Houghton, MI 49931

906-482-1066