



**Omaha Winter Festival
Chevrolet/USFSA Compete with U.S.
Basic Skills Competition**

Sunday, January 25, 2004

Sponsored By:

**Blade and Edge Figure Skating Club and
Figure Skating Club of Omaha**

In Cooperation With

The City of Omaha Parks & Recreation Dept.

**Location: Motto McLean Ice Arena
(formerly Hitchcock Park Ice Arena)
45th & 'P' Streets
Omaha, NE 68117**

Basic Skills Competition: The purpose of this event is to promote a fun introduction to the competitive experience for the beginner skater. Skaters **MUST** be members of the United States Figure Skating Association (USFSA) or the Ice Skating Institute (ISI). Anyone who has passed the USFSA Pre-Preliminary Test or higher is not eligible.

Awards: Each Division will be divided by age with no more than six competitors per group. All skaters will receive an appropriate ribbon award. Awards will be presented at the photographer's stand. All skaters in each group will be included in the award photo.

Registration: This event is scheduled for **Sunday, January 25, 2004.**

Please mail completed entry forms to:

Omaha Winter Festival/Shawna Meyer
3413 S. 109th Circle
Omaha, NE 68144

Phone: Shawna Meyer (402) 384-8340
Email Winterfest04@yahoo.com
or
Paula Turpen (402) 397-5520
Email 5turpens@cox.net

Call Shawna for changes,
problems, schedule info or
general info
Call Paula for practice ice or
general info

Entries must be postmarked by November 21, 2003. Late entries will be accepted only if time and space permit. Metered mail is not proof of postmark. Changes made after December 19 may not appear in the program.

Entry Fees: The entry fee is \$25 for the First Basic Skills event and \$15 for the second Basic Skills event. Checks should be made payable to **Omaha Winter Festival**. Returned check fee is \$25.

Music: Cassettes only will be used and must be plainly marked with the skater's name, event and running time. A duplicate tape should be readily available. Tapes should be turned in to the registration desk at least 2 hours before your event. Please make sure all tapes are recorded at adequate volume. **Music will not be played on practice ice.**

Video: The official competition photographer will be available for video taping events. Hand-held video equipment is permitted in the bleacher area only. **NO VIDEO EQUIPMENT MAY BE PLUGGED INTO THE ARENA OUTLETS.** The judges' area is restricted to the official photographer. Video taping for personal profit is not allowed.

Practice Ice: Practice ice is only available for **FREESKATE PROGRAMS**. Practice session(s) will be held Sunday morning, 1/25/03, before the competition begins. **YOU MUST SIGN UP FOR A PRACTICE SESSION ON THE BASIC SKILLS ENTRY FORM.** The price for 30 minutes is \$9.

No music will be played on practice ice. Exact times for practice and warm-up will be available about mid-January. There will also be a brief (usually 3-4 minutes) warm-up session prior to the events.

Please plan to be at the rink 45 minutes before the start of your event.

Send a self-addressed stamped envelope if you want times sent to you.

BASIC 8 COMPULSORY MOVES AND FREESKATE PROGRAMS

SNOWPLOW SAM AND BASIC 8 COMPULSORIES will be skated on ½ ice without music and **must be skated in order listed**. Additional elements will not be judged. Time: no longer than 1 minute.

BASIC 8 COMPULSORIES		
Division	Test Level	Elements
Snowplow Sam	Age 5 and under	<ol style="list-style-type: none"> 1. March followed by a two-foot glide and dip. 2. Forward two-foot swizzles, 2-3 in a row 3. Forward snowplow stop 4. Backward wiggles, 2-6 in a row
Compulsories Level 1	Basic Skills 1	<ol style="list-style-type: none"> 1. Forward two-foot glide. 2. Forward two foot swizzles — 6-8 in a row 3. Forward snowplow stop 4. Backward wiggles — 6-8 in a row
Compulsories Level 2	Basic Skills 2	<ol style="list-style-type: none"> 1. Forward one-foot glide — either foot. 2. Backward 2-foot swizzles, 6-8 in a row. 3. Two-foot turn in place — forward to backward 4. Moving snowplow stop 5. Forward alternating ½ swizzle pumps in a straight line across width of ice
Compulsories Level 3	Basic Skills 3	<ol style="list-style-type: none"> 1. Forward stroking 2. Forward ½ swizzle pumps on a circle, either clockwise or counterclockwise 6-8 consecutive 3. Moving forward to backward 2-foot turn — either direction 4. Backward one-foot glide — either foot 5. Two-foot spin
Compulsories Level 4	Basic Skills 4	<ol style="list-style-type: none"> 1. Forward outside edge on a circle — clockwise or counterclockwise 2. Forward crossovers — 6-8 consecutive, both directions 3. Forward outside 3-turn — R and L. 4. Backward stroking 5. Backward snowplow stop — R or L
Compulsories Level 5	Basic Skills 5	<ol style="list-style-type: none"> 1. Backward outside edge on a circle — clockwise or counterclockwise 2. Backward crossovers — 6-8 consecutive, both directions 3. One-foot spin – minimum of 3 revolutions 4. Hockey stop 5. Side Toe hop--either direction
Compulsories Level 6	Basic Skills 6	<ol style="list-style-type: none"> 1. Forward inside 3-turn — R and L 2. T-stop — R or L 3. Bunny Hop 4. Forward spiral on a straight line — R or L 5. Lunge — R or L
Compulsories Level 7	Basic Skills 7	<ol style="list-style-type: none"> 1. Forward inside open Mohawk — R to L and L to R 2. Ballet jump--either direction 3. Backward crossovers to a backward outside edge landing position, clockwise and counter clockwise. 4. Forward inside pivot
Compulsories Level 8	Basic Skills 8	<ol style="list-style-type: none"> 1. Moving forward outside or forward inside 3-turn — R and L 2. Waltz jump 3. Mazurka--either direction 4. Combination move--clockwise or counter clockwise* (one sequence only) 5. Beginning one-foot upright spin, optional free foot position

* Combination move: Two forward crossovers into forward inside Mohawk, step down onto backward outside edge, step or cross behind onto backward inside edge, one backward crossover and step to forward inside edge – clockwise or counter clockwise.

SNOWPLOW SAM PROGRAM AND BASIC 8 FREE SKATE PROGRAMS: The skating order of the required elements is optional. The elements are not restricted as to the number of times an element is executed, or length of glides, number of revolutions in a spin, etc., unless otherwise stated. A minimum number of connecting steps are allowed. Elements from a previous level may be used. Deductions will be made if elements from a higher level are skated.

Program with music to be skated on full ice. Time limit is 1 minute (Snowplow Sam 30-45 seconds). The music will be provided by the skater.

BASIC 8 FREESKATE		
Division	Test Level	Elements
Snowplow Sam	Age 5 and under	1. Forward skating 2. Backward wiggles 3. Glide forward and dip 4. Snowplow stop
Freestyle A	Levels 1 & 2	1. Glide forward and dip 2. Moving snowplow stop 3. Forward two foot swizzles 4. Backward skating (wiggles or swizzles)
Freestyle B	Levels 3 & 4	1. Backward ½ swizzle pumps on a circle — clockwise or counterclockwise 2. Two-foot spin 3. Forward crossovers — minimum of 5 consecutive, clockwise or counter clockwise 4. Backward one foot glide — R or L
Freestyle C	Level 5 & 6	1. Backward crossovers--minimum of 5 consecutive, clockwise or counter clockwise 2. One-foot spin 3. Bunny Hop 4. Forward spiral on a straight line — R or L
Freestyle D	Levels 7&8	1. One-foot spin, optional free foot 2. Mazurka or ballet jump 3. Waltz jump 4. Combination move * (one sequence only)

* Combination move: Two forward crossovers into forward inside Mohawk, step down onto backward outside edge, step or cross behind onto backward inside edge, one backward crossover and step to forward inside edge – clockwise or counterclockwise.

ACCOMMODATIONS

The official Winter Festival Motel is:

Omaha Marriott Hotel
10220 Regency Circle
Omaha, NE 68114
Phone (402) 399-9000
Fax (402) 391-6408

Room rate is \$69

This includes a Continental
box breakfast

You must mention “Omaha Winter
Festival Figure Skating Competition”
when making your reservation

A block of rooms will be held until
December 31, 2003. After that date,
the special room rate cannot be
guaranteed.

SWEATSHIRTS

Crew neck and hooded sweatshirts are available to purchase. Please pre-order using the separate order form. You may enclose orders and include payment with your registration for the competition. A very small amount of sweatshirts in a limited range of sizes **may** be available at the competition.

OMAHA WINTER FESTIVAL INVITATIONAL – 2004 CHEVROLET/USFSA COMPETE WITH U.S. BASIC SKILLS ENTRY FORM

NAME _____ USFSA/ISIA # _____ Date _____
 ADDRESS _____ PHONE # _____ EMAIL _____
 CITY _____ STATE _____ ZIP _____
 BIRTH DATE _____ AGE _____ GENDER _____
 COACH _____
 ADDRESS: _____
 CITY: _____ STATE: _____ ZIP _____
 PHONE: _____ EMAIL: _____

EVENTS ENTERED

Compulsories	X	Freestyle Program	X
Snowplow Sam	<input checked="" type="checkbox"/>	Snowplow Sam	<input checked="" type="checkbox"/>
Basic 8 Level 1	<input type="checkbox"/>	Basic 8 Freeskate A	<input type="checkbox"/>
Basic 8 Level 2	<input type="checkbox"/>	Basic 8 Freeskate B	<input type="checkbox"/>
Basic 8 Level 3	<input type="checkbox"/>	Basic 8 Freeskate C	<input type="checkbox"/>
Basic 8 Level 4	<input type="checkbox"/>	Basic 8 Freeskate D	<input type="checkbox"/>
Basic 8 Level 5	<input type="checkbox"/>		<input type="checkbox"/>
Basic 8 Level 6	<input type="checkbox"/>		<input type="checkbox"/>
Basic 8 Level 7	<input type="checkbox"/>		<input type="checkbox"/>
Basic 8 Level 8	<input type="checkbox"/>		<input type="checkbox"/>

Office Use Only

Date Rcvd _____
 Check # _____
 Amount \$ _____
 Needs _____

Entry Fee: \$25.00 for First Basic 8 Event = \$ _____
Practice Ice Request: 1 session @ \$9 = \$ _____ (available ONLY if you sign up for Basic 8 Freeskate)
 \$15.00 for Second Basic 8 Event = \$ _____
 Total = \$ _____

Please make checks payable to: **OMAHA WINTER FESTIVAL** (Returned check fee is \$25)
 Mail Entry to: Omaha Winter Festival/Shawna Meyer
 3413 S. 109th Cir.
 Omaha, NE 68144

POSTMARK DEADLINE FOR ENTRY: November 21, 2003. Checks will not be deposited until after Jan.1, 2004. **Enclose self-addressed stamped envelope to receive competition and practice ice schedules.** Skater will be notified, by mail, of event and practice ice schedules as soon as they are available. Check for Information on the web site: www.bladeandedge.org OR www.fscomaha.org.

REFUND POLICY: refund will be given if an event is cancelled. Refund after the closing date will ONLY be given in event of illness documented by physician or by death in the immediate family (competition officials must be notified before skater's event for refund to be given).

The undersigned approves of the entry and agrees to hold harmless the USFSA, Host clubs and City of Omaha/Motto McLean Ice Arena from any and all loss, damage and/or injury that may be sustained in any manner while participating in any activities of said competition.

PARENT/GUARDIAN _____ Date _____

SKATING SCHOOL DIRECTOR OR PROFESSIONAL Statement: I have read and checked this entry form and certify that it is filled out COMPLETELY and CORRECTLY and that the above skater is entering a division that is appropriate for her/his ability.

Signature: _____ **Title:** _____ **Date** _____

OMAHA WINTER FESTIVAL CHECKLIST

- ENTRY FORM OR SYNCHRONIZED ENTRY FORM**
- PAYMENT MADE OUT TO “OMAHA WINTER FESTIVAL”**
- ADVERTISING ORDER FORM AND PAYMENT**
- MERCHANDISE ORDER FORM**
- SELF-ADDRESSED STAMPED ENVELOPE**

NOTE THAT ALL FORMS, PAYMENTS AND THE RETURN ENVELOPE ARE TO BE SENT TO THE ADDRESS BELOW:

**OMAHA WINTER FESTIVAL
% SHAWNA MEYER
3413 S. 109TH CIR.
OMAHA, NE 68144**