

**Glenwood Figure Skating Club Announces  
The Twenty-Ninth Annual Ladybug Competition  
April 15, 16, 17 & 18, 2004**

**Sanctioned by the USFSA**

The Twenty-ninth annual Ladybug Competition will be held at the Homewood-Flossmoor Ice Arena, 187th and Kedzie Avenue, Homewood, Illinois on Thursday, Friday, Saturday, and Sunday, April 15, 16, 17, 18, 2004.

**Eligibility:** This is a non-qualifying competition and is open to all amateurs who are registered with the USFSA for the 2003-2004 season. Skaters from foreign countries who are members in Good Standing of their respective federations are eligible. Events will be from Beginner thru Senior and Adult events. Competitors shall compete at their test level as of February 27, 2004 or one level higher than their moves, free skating or dance test eligibility. Beginner thru Pre-Juvenile will be grouped according to age. Juvenile thru Senior will be randomly drawn/seeded per USFSA rulebook CR 12.90. Male competitors will be grouped with female competitors in Artistic, Open Solo Dance, Spin Competition, and all Adult Events. *All entries must be certified by a club officer.*

**Fees and Entries:** The entry fee is \$70 for the first event and \$25 for each additional event entered. Competitors in Juvenile through Junior levels will skate in championship events. All competitors will skate both their short and long programs in the initial round except for Juveniles who will skate their Freeskate program only. If numbers warrant for final round, competitors will skate their long program only. Fees for the combined long and short program for the Championship Events are \$95 per competitor. Fees for the Juvenile Championship Event will be \$70 per competitor. Juvenile skaters wishing to skate an Intermediate short program NOT in championship round may do so. (Check Juvenile short program on the application.) **NO APPLICATION OR REFUNDS WILL BE ACCEPTED AFTER FEBRUARY 27, 2004.** There will be a \$25 fee assessed for returned checks.

**Facility:** All events will be held at the Homewood Flossmoor Ice Arena. The H/F Ice Arena has seating for spectators and a concession stand will be open during the competition. Locker rooms are available and there is a pro shop, "The H/F Skate Station," at the arena. The ice surface measures 200 X 85 feet with rounded corners.

**Music:** Music will be played from cassettes or CD's and must be turned over to the registration desk when arriving. Please have cassettes keyed and ready to be played. CD's must contain only one track, be in a standard format and be stored in a hard sided "jewel case." The skater's name and event should be made clear. The Glenwood Figure Skating Club cannot accept responsibility for cassettes or CD's. None will be mailed after the competition.

**Awards:** Medals will be given to the first four places in each group; except for Championship events where awards will be given to the first four places in the final round only. Each skater is responsible for picking up his/her own award.

**Pictures and Videos:** Midwest Media will be available to videotape events. They will also provide "stop action" photographs.

**Official Bulletin Board:** The official bulletin board will be located in the lobby of the Homewood-Flossmoor rink. This will serve as official notice to competitors and coaches of any changes in scheduled events and practice ice.

**Registration Desk:** The registration desk will be located in the lobby of the ice arena and will be open Thursday through Sunday at approximately 6:30 AM. Skaters must check in at least **one hour** prior to their event.

**Schedule of Events and Practice Ice:** A request for practice ice is included with this announcement. Availability will depend upon the final schedule of the competition. The cost of practice ice is \$10 per session. "Walk-on" practice ice will be \$12 per session.

**2004 Future Champion Series:** Ladybug is part of the USFSA Future Champion Series. Skaters in the Juvenile, Intermediate, and Novice levels that qualify are invited to participate. Please review the attached materials regarding this program.

**Inquiries:** Inquiries may be made to May Wiza (708) 957-4063 or email: [mayfsc@aol.com](mailto:mayfsc@aol.com). Please use the Glenwood FSC WEB site to view information on the competition hotel and to view all competition updates.

**The Glenwood FSC reserves the right to limit entries or cancel events based on time restrictions.**

## Free Skating

Beginner	No tests passed. Spins in an upright position. Jumps with not more than 1/2 rotation – salchow and toe-loops permitted. 1 ½minute program.
Pre-Preliminary I	Passed Pre-Preliminary FS test. No Axels or double jumps permitted. Spins in any position. 1 ½minute program.
Pre-Preliminary II	Passed Pre-Preliminary FS test. Axels permitted. No double jumps. 1 ½minute program.
Preliminary	Passed Preliminary FS test. 1 ½minute program. SSR 4.11
Pre-Juvenile	Passed Pre-Juvenile FS test. 2 minute program. Age 12 and under. SSR 4.10
Open Pre-Juvenile	Passed Pre-Juvenile FS test. 2 minute program. Age 13 and older. SSR 4.10
Juvenile	Passed Juvenile FS test. Age 12 and under. 2 ¼minute program. SSR 4.09
Open Juvenile	Passed Juvenile FS test. Age 13 and older. 2 ¼minute program. SSR 4.09
Intermediate	Passed Intermediate FS test. 2 ¼minute program. SSR 4.08
Novice	Passed Novice FS test. Ladies - 3 minutes, Men – 3 ½minutes. SSR 4.07
Junior Ladies	Passed Junior FS test. 3 ½minute program. SSR 4.06
Junior Men	Passed Junior FS test. 4 minute program SSR 4.06
Senior Ladies	Passed Senior FS test. 4 minute program. SSR 4.05
Senior Men	Passed Senior FS test. 4 ½minute program. SSR 4.05

## Adult Free Skating

Adult Bronze	Must be age 25 or older. Music not to exceed 1:40. No axels and no double jumps permitted.
Adult Silver	Must be age 25 or older. Music not to exceed 2:10. Competitors must have passed the Adult Bronze Free Skating Test. Axels permitted, but no double jumps permitted.
Adult Gold	Must be age 25 or older. Music not to exceed 2:40. Competitors must have passed the Adult Silver Free Skating Test but no higher than the Adult Gold or Intermediate Free Skating tests. Axels and double jumps permitted.
Adult Masters	Must be age 25 or older. Music not to exceed 3:40. Competitors must have passed the Intermediate Free Skating Test.

**Adult levels may be combined due to limited entries.**

## Short Program

Juvenile Short Program	Required elements shall be skated as provided in SSR 3.08, 3.09
Intermediate Short Program	Required elements shall be skated as provided in SSR 3.08, 3.09.
Novice Short Program	Required elements shall be skated as provided in SSR 3.06, 3.07. Group II (2004-2005) – (Double Loop)
Junior Short Program	Required elements shall be skated as provided in SSR 3.04, 3.05. Group C (2004-2005)
Senior Short Program	Required elements shall be skated as provided in SSR 3.02, 3.03. (2004-2005)

## Compulsory Moves

Compulsory moves will be executed without music. SKATERS WILL BE PENALIZED FOR ADDITIONAL MOVES. Double jumps cannot be substituted for single jumps. An axel is considered a single jump. Combination jumps may not have a change of foot or turn in between jumps.

Beginner	Half Ice	One foot spin in upright position, waltz jump, half-flip, forward spiral. 1 minute or less.
Pre-Preliminary	Half Ice	Forward scratch spin (min. 3 rev.), loop, salchow, toe loop. 1 minute or less.
Preliminary	Half Ice	Sit spin (min. of 4 rev.), flip. Lutz-loop, loop jump. 1 minute or less.
Pre-Juvenile/ Open Pre-Juvenile	Half Ice	Sit or layback spin (min. 5 rev.), lutz jump, axel, combination of 2 single jumps – axel allowed. 1½minutes or less.
Juvenile/ Open Juvenile	Full Ice	Double salchow, camel-sit spin (min. 4 rev. each pos), straight line footwork, 1 combination jump consisting of 1 double and 1 single jump. May change foot in combo spin. 1½minutes or less.
Adult Bronze	Half Ice	Sit spin (min. of 4 rev.), flip. Lutz-loop, loop jump. 1 minute or less.
Adult Silver	Half Ice	Camel spin (min. 4 rev.), lutz jump, split, stag or falling leaf jump, combination of 2 single jumps. 1½minutes or less.
Adult Gold	Full Ice	Double salchow, camel-sit spin (min. 4 rev. Each pos), straight line footwork, 1 combination jump consisting of 1 double and 1 single jump. 1½minutes or less.

## Open Solo Dance

Open Solo Dance is open to any skater. There are no test or age restrictions. The competitor may compete any dance as long as they have not completed all of the dances at the next higher level. Each dance is a separate event. The following may be competed:

Canasta Tango
Cha Cha
Ten Fox
Fourteen Step
Tango
Killian
Quickstep

## Artistic Interpretation

The artistic event allows the skater to demonstrate their music interpretation skills. Judging will emphasize interpretation and originality. Props on the ice will not be allowed. Vocal music is permitted. Costumes that enhance the performance by reflecting the character of the music will be considered in the judging.

Pre-Preliminary	Maximum 1 minute, No Axel
Preliminary	Maximum 1 minute, 30 seconds. Axel is the maximum jump allowed and may not be repeated. Two (2) single rotation jumps and one (1) jump combination (single/single) are permitted
Pre-Juvenile/ Juvenile	Maximum 1 minute, 30 seconds. Axel is the maximum jump allowed and may not be repeated. Two (2) single rotation jumps and one (1) jump combination (single/single) are permitted
Intermediate/ Novice	Maximum 2 minutes, 30 seconds. Maximum of three (3) jumps - no triple jumps allowed.
Junior/Senior	Maximum 2 minutes, 30 seconds. Maximum of three (3) jumps - no triple jumps allowed.
Adult	Maximum 2 minutes. Axel is the maximum jump allowed and may not be repeated. Two (2) single rotation jumps and one (1) jump combination (single/single) are permitted

**No penalty if time is less than indicated. A penalty will incur for every 10 seconds over the maximum time.**

## Jumps

The jumps only event will be skated without music. Skaters must compete at the same level as their Freeskating level. Beginner through Juvenile level events will be skated on Half Ice. Jumps must be performed in the order listed. Each skater will be allowed two attempts at each jump and will be judged on the best of the two jumps. Jumps will be skated in sequence, making consecutive attempts at each jump. Skaters will perform jump #1 then immediately make a second attempt at the same jump. In situations where the skater is given an option the first attempt will determine the jump that will be judged. An axel is considered a Single Jump.

Pre-Preliminary	1) Toe Loop Jump	2) Combination of any two single jumps (No Axel)
Preliminary	1) Flip or Lutz Jump	2) Combination of any single jump with a loop jump – Axel allowed
Pre-Juvenile/Open	1) Axel Jump	2) Any Double Jump
Juvenile/Open Juvenile	1) Axel Jump	2) Combination of any double jump with loop jump
Intermediate	1) Axel Jump	2) Double Flip or Double Toe Jump
	3) Combination of any two double jumps	
Novice	1) Double Loop	2) Double Flip Jump
	3) Combination of any two double jumps	
Junior	1) Double Loop	2) Double Lutz Jump
	3) Combination of any two double jumps or triple jump with double jump	
Senior	1) Double Loop	2) Double Lutz Jump
	3) Combination of any two double jumps or triple jump with double jump	
Adult, Combine	1) Flip or Lutz Jump	2) Combination of any single jump with loop jump (Axel OK)

## Spins Competition

The spin competition is an event to encourage and reward good spins. Age and test requirements are the same as for freestyle. All levels will be skated on 1/2 ice surface. There will be no music. Spins must be skated exactly as stated but may be skated in any order. Connecting footwork may be incorporated into your program but should be kept to a minimum and will not be judged.

Preliminary	One Foot Upright Spin: One Foot Back Spin: Sit Spin (3 revolutions minimum)
Pre-Juvenile	Camel spin: (3 rev. min.) Front Scratch to Back Scratch (exit on spinning foot - 4 rev. each foot: One combination Spin: Camel to Sit Spin (no change of foot) - 3 rev. in each position
Juvenile	Forward Sit Spin (4 rev. min.) Forward Camel Spin (4 rev. min.): One Combination Spin with one change of foot and one change of position. (4 rev. each foot)
Intermediate	Sit Spin to change foot Sit Spin (4 rev. each foot): Flying Camel (5 rev. min.): Spin Combination consisting of one change of foot and one change of position (4 rev. in each position)
Novice	Camel Spin to backward Camel Spin (5 rev. each foot each position): Camel, Sit <b>OR</b> Layback Spin (6 rev. min.): Spin Combination consisting of one change of foot and one change of position (5 rev. each foot)
Junior	Flying Camel Spin (8 rev. min.): Layback <b>OR</b> Crossfoot Spin (8 rev. min.): Spin Combination consisting of three positions and one change of foot (6 rev. min.) each foot.
Senior	Flying Spin of choice (8 rev. min.): Spin combination consisting of two changes of foot and two positions (15 rev. total min.): Spin Combination consisting of three positions and one change of foot (6 rev. min. each foot)
Adult Bronze	One Foot Upright Spin: One Foot Back Spin: Sit Spin (3 revolutions minimum)
Adult Silver	Forward Sit Spin (4 rev. min.) Forward Camel Spin: (4 rev. min.) Camel to Sit Spin with no change of foot (3 rev. each position.)
Adult Gold	Layback spin (4 rev. min.) Flying Camel Spin (4 rev. min.) One Combination Spin with one change of foot and one change of position. (4 rev. each foot)

## FUTURE CHAMPIONS SERIES SUMMARY SHEET

This competition is part of the 2004 Future Champions Series (FCS), a new and exciting program sponsored by the USFSA and the Association's Program Development Committee (PDC). The following is a brief summary of the FCS. A full description of the 2004 program including points and factoring can be found at <http://www.usfsa.org/about/forms/programdev/FCSProgramSpecifcsand2004.pdf>.

- **What events are in the FCS?** At all FCS designated competitions (such as this one) juvenile (not open), intermediate and novice freeskating, dance (not solo), and pairs (not similar) events are part of this series and will count towards the earning of FCS points. Short program events are not included in the FCS, and if there is a final round, it is not included. That doesn't mean you shouldn't enter such events - it just means that your placement in SP, final rounds, solo dance or similar pairs will not earn you FCS points.
- **How do I enter the FCS?** By skating in this competition in eligible events you are automatically enrolled in the FCS. You don't need to do anything else. To have your points calculated at the end of the year, however, you must enter at least 3 FCS competitions (in the same event). These competitions can be in any part of the country, although when we tally your points you will be compared to other skaters from the section where your home club resides. Again, a full explanation on this can be found in the FCS program summary noted above.
- **How do I know if I'm eligible to be part of the series?** First, FCS participation and your ability to skate in this (or any other competition) are two separate things. As long as you meet the eligibility requirements for this competition, and for the events you want to enter, you are eligible to skate in this competition. In most cases, if you skate in an FCS eligible event, you will receive FCS points. There are only a three scenarios where skaters are not eligible to receive FCS points: 1) skaters who medalled at Junior Nationals and skate in the same event in a subsequent FCS competition won't get FCS points for that event, 2) any skater who has competed in the novice

division at the US Nationals (regardless of placement) and who skates in the same division at an FCS event won't receive FCS points, and 3) any skater who has competed in a North American Challenge Series competition will not be eligible for FCS points in that discipline. Note that for pairs and dance, points are awarded to couples not individuals, so if the couple that otherwise would not be eligible to receive FCS points dissolves and each skater finds a new partner, then the new teams can receive points

- **What do I have to pay to enter the FCS?** Nothing outside of the registration fee for the FCS designated competition itself.
- **Who will keep track of my points?** A National level accountant selected by the PDC will tally all points for all FCS competitions.
- **How are my FCS points determined?** Points are awarded based on your placement. The points are also factored based on the number of entrants in the events. For a full description of the point system see the program summary noted above. At the end of the 2004 season, we will take your best three point totals (based on place and group size) to calculate your final FCS point total.
- **Is there a prize?** Yes! At the end of the season, all skaters who have participated in at least three FCS competitions in the same discipline will receive a certificate of participation in the series. Also, in each section, the skaters with the top four point totals in each discipline will get a special FCS medal and their names will be listed in *Skating*. In the event that more than one skater has the same point total, each skater will receive a medal. In addition, unlike in competitive events where a tie results in the next place being skipped, this will not be done in the FCS. For example, if at the end of the 2004 season, the point tally for juvenile girls in the East shows two skaters tied for first, three for second, only one in third, and four in fourth, then all ten skaters will get medals.
- **If I have questions about the program whom do I ask?** Lynn Goldman is the National Vice Chair for the FCS. She can be reached via e-mail at [lgoldman1@austin.rr.com](mailto:lgoldman1@austin.rr.com). You can also contact Ron Dei Cas, MD, Chair of the Program Development Committee at [skatjudg@aol.com](mailto:skatjudg@aol.com). Please note "Future Champions Series" in the subject line.

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### Practice Ice Reservation Form

Practice Ice is available in 30-minute sessions at a cost of \$10 per session. Additional practice ice, if available, may be purchased at the registration desk. ***Freeskate tapes are not played on Practice Ice.***

Name \_\_\_\_\_ Phone (\_\_\_\_) \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_

Event Entered \_\_\_\_\_ Level \_\_\_\_\_

Event Entered \_\_\_\_\_ Level \_\_\_\_\_

Event Entered \_\_\_\_\_ Level \_\_\_\_\_

I wish to reserve \_\_\_\_\_ sessions of Dance Ice

Mail completed form and full payment with your competition application to:  
I wish to reserve \_\_\_\_\_ sessions of Free Skating Ice. (Maximum of 2)

Total Payment \$\_\_\_\_\_ for Practice Ice reserved in advance.

May Wiza  
3134 Monterey  
Flossmoor, IL 60422