

The Skating Council of Illinois Announces The 4th Annual

Illinois Figure Skating Championships

Hosted by **Northern Ice Skating Club**
Friday & Saturday-December 3 & 4, 2004
Oak Lawn Ice Arena 9310 South Kenton

Web Site: www.northernice.org or www.skatingcouncil-illinois.org

Sanctioning and Eligibility

The 4th Annual Illinois Figure Skating Championships is a non-qualifying competition, USFSA sanction #C-23883, and will be conducted according to the 2004 Official USFSA Rulebook for the 2004-2005 competitive season except as modified in this announcement. Eligible competitors are current members in good standing of the USFSA and shall be eligible to enter events based on their test status as of October 21, 2004.

Location:

Oak Lawn Ice Arena is located at 9310 S. Kenton, Oak Lawn, IL 60453. Maps and directions are included in this announcement. This facility contains one ice surface 200' x 100'. A number of dressing rooms will be available. Phone: (708) 857-2210.

Events:

The following events will be offered:

- Freeskating* (Limited Beginner-Senior, Adult Pre-Bronze-Gold)
- Compulsory Moves* (Limited Beginner-Juvenile; Adult Pre-Bronze-Gold)
- Short Program* (Intermediate-Senior)
- Jumps* (Beginner-Senior; Adult)
- Spins* (Beginner-Senior; Adult Pre-Bronze-Gold)
- Artistic* (Pre-Preliminary-Senior; Adult)

Limited Beginner to Pre-Juvenile flights will be divided up in age groups of approximately 8 skaters whenever possible. All Juvenile level and above events will be divided into groups by random draw. A minimum of 2 entries will be required to schedule an event.

Entrants may "skate up" a level but may not skate more than one level in a given event. Male competitors will be grouped with female competitors in Artistic, Spin, Jump and Adult Events.

This competition is open to Illinois residents or members of Illinois clubs only.

The chief referee will be Dr. Richard Kern of Skokie Valley SC.

The chief accountant will be Richard Lee of Wagon Wheel FSC.

Entries:

All entries **must be postmarked by October 21, 2004**, and must include all necessary forms and fees. There will be a \$25.00 fee for all NSF checks. Late entries will be accepted only at the discretion of the referee. The late entry fee is \$25.00. Spaces are limited, so please mail early.

The referee and/or competition chair reserve the right to limit entries in an event and/or cancel an event based on time restrictions. No refunds will be issued after the closing date per USFSA rule 33.05.

Please check the accuracy of the application before it is submitted. No level or event changes will be allowed once the applications have been submitted to the referee.

Mail application to:

**2004 Illinois Figure Skating Championships
c/o Lynn Balaskas
11729 Kristoffer Court
Orland Park, IL 60467-6863**

Fees:

Fees will be as follows:	\$75.00	First individual event
	\$25.00	Each additional event
Additional fees:		
	\$25.00	late entry fee
	\$25.00	NSF returned check fee
	\$20.00	Event/Level changes after entry deadline

Please make checks payable to NISC and enclose with application.

Fees must be paid in full *before* a skater will be allowed to compete.

Event Schedule:

A tentative schedule of competition events will be posted at Oak Lawn Ice Arena, Darien Ice Arena, Seven Bridges Ice Arena, Rocket Ice Arena and on our website at www.northernice.org.

If you would like a schedule mailed to you, you MUST include a stamped, self-addressed #10 envelope with your application.

Schedules will be available as soon as provided by the referee. All times are approximate. Please check with registration upon arrival at the competition for exact times.

Registration:

The registration desk will be open one hour before the first event of the day through the end of the day's competition. Skaters should check in at least 1 hour prior to their first event.

Skaters should check in with the ice monitor and be prepared to skate 45 min. prior to scheduled times.

Music:

Competitors should bring 2 cassette tapes and/or CDs. CDs are preferred. One is to be turned in at the Registration Desk; the other is to be kept by the competitor for emergency backup. Cassettes must be rewound with music only on one side. **CDs will also be accepted.**

NOTE: Please use good quality tapes; there have been problems with cheaper tapes. Skaters must deliver their music to the Registration Desk, at least 1 hour before the skater's event. Music should be reclaimed at the Registration Desk after the event in which it was used.

Practice Ice:

Practice ice will be available at various times during the competition as the schedule permits. The cost will be \$10.00 for 30 minutes of reserved practice ice. There will be no refunds for unused practice ice.

Practice Ice reservation forms will be mailed out with schedules and will be posted on our club website at www.northernice.org. If available, practice ice may be purchased the day of the competition at the reservation desk for \$12.00 for 30 minutes.

Additional practice ice may be available at Oak Lawn Ice Arena the week of the competition. Contact Oak Lawn Ice Arena Figure Skating Director, Camile Pinotti at (708) 857-2210.

Official Merchandise:

2004 Illinois Figure Skating Championship apparel will be available to purchase at the competition. Other skating related merchandise will also be available at 2004 Illinois Figure Skating Championships.

Programs and Results Sheets will be sold by NISC at the registration desk.

Awards:

Medals will be given to all competitors. Competitors may pick up their awards immediately after the results are posted.

Photography and Videotaping:

Milan AVS will provide videotaping service. Action photos and award photos will be available.

No flash photography is permitted in the ice rink. Those taking flash pictures inside the rink will be asked to leave.

Accommodations:

The Oak Lawn Hilton is the official host hotel 2004 Illinois Figure Skating Championships. Rooms are available there for \$99/night. A number of other fine hotels are also in close proximity.

Courtyard by Marriott

6610 S. Cicero Avenue
Bedford Park, IL
708-563-0200
\$129/per night

Fairfield Inn Midway

6630 S. Cicero
Bedford Park, IL
708-594-0090
\$99.00/per night-special rate
Mention Northern Blast

Hampton Inn Midway

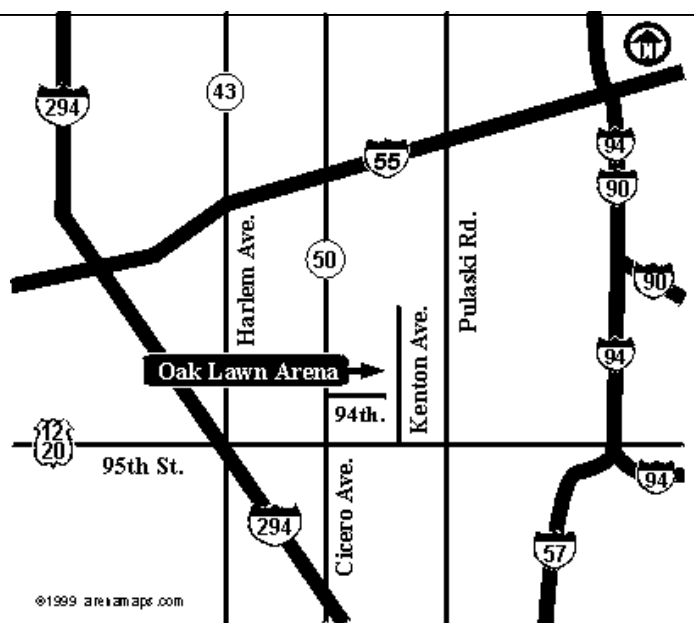
6540 S. Cicero
Bedford Park, IL
708-496-1900
\$89.00/per night

Directions:**Driving Directions**

From I-294 Southbound South on I-294 to 95th St. exit. East on 95th St. 3.25 miles to Kenton Ave. (Kenton Ave is 1/4 mile east of Cicero.) North (left) on Kenton 1/8 mile to Oak Lawn Ice Arena. Arena is on the west (left) side of the road.

From I-55 Take I-55 to I-294 south. Follow directions from I-294 southbound.

From I-294 Northbound North on I-294 to Cicero Ave. exit. North (right) on Cicero Ave. 4 miles to 95th St. East (right) on 95th 1/4 mile to Kenton Ave. North (left) on Kenton 1/8 mile to Oak Lawn Ice Arena. Arena is on the west (left) side of the road.



Contact:

Lynn Balaskas

Phone (708) 349-9854 between 9am and 9pm CST, please

Fax (708) 349-9856

Email: lynn@northernice.org

For prompt replies please use email. It will be checked several times a day.

Freestyle Skating

Requirements for the freestyle skating event shall be those set forth in the 2004 Official USFSA Rulebook for the 2004-2005 competitive season unless otherwise stated.

1. Limited Beginner to Pre-Juvenile skaters will be grouped according to test level and age.
2. Skaters may skate at current freestyle skating test level or one level higher; not both.
3. All freestyle skating events will be skated on full ice.

Event	Elements	Time
Limited Beginner	No USFSA tests passed 1/2 revolution jumps; Upright spins only	1 min 30 sec (or less)
Beginner	No USFSA freestyle skating tests passed 1/2 revolution jumps, Salchows, toe-loops and loops No combination spins	1 min 30 sec (or less)
Pre-Preliminary I	Single jumps (no Axels); no flying spins	1 min 30 sec
Pre-Preliminary II	Single jumps, Axel allowed	1 min 30 sec
Preliminary	Per SSR 4.11	1 min 30 sec
Pre-Juvenile	Per SSR 4.10	2 min
Juvenile/ Open Juvenile	Per SSR 4.09 & age 12 or under as of 9/2/04 Per SSR 4.09 & age 13 or older as of 9/2/04	2 min 15 sec
Intermediate	Per SSR 4.08	2 min 30 sec
Novice	Per SSR 4.07	3 min (ladies) 3 min 30 sec (men)
Junior	Per SSR 4.06	3 min 30 sec (ladies) 4 min (men)
Senior	Per SSR 4.05	4 min (ladies) 4 min 30 sec (men)

Adult Freestyle Skating

1. Adult events are open to competitors 25 and older.
2. Adult levels may be combined based on number of entries.

Event	Elements	Time
Adult Pre-Bronze	Per TR 32.09	1 min 40 sec max
Adult Bronze	Per TR 32.10	1 min 40 sec max
Adult Silver	Per TR 32.11	2 min 10 sec max
Adult Gold	Per TR 32.12	2 min 40 sec max

Short Program

Requirements for the Short Program events shall be those set forth in the 2004 Official USFSA Rulebook for the 2004-2005 competitive season unless otherwise stated.

Event	Elements	Time
Intermediate SP	Per SSR 3.08/Men or 3.09/Ladies	2 min max
Novice SP	Per SSR 3.06/Men or 3.07/Ladies	2 min 15 sec max
Junior SP	Per SSR 3.04/Men or 3.05/Ladies	2 min 40 sec max
Senior SP	Per SSR 3.02/Men or 3.03/Ladies	2 min 40 sec max

Compulsory Moves

Groupings will be according to age and test level

1. Compulsory Moves will be skated without music
2. Combination jumps may not include any turn or change of foot between jumps.
3. Repeated or added elements and excessive footwork will be penalized.
4. Compulsory Moves must be skated exactly as stated but may be skated in any order.
5. Compulsory Moves will be skated on 1/2 ice.

Event	Elements	Time
Limited Beginner	1. Waltz jump 2. 1/2 flip jump 3. Forward spiral 4. Two-foot upright spin	1 min max
Beginner	1. Waltz jump 2. Salchow Jump 3. Half flip or half lutz jump 4. Upright scratch spin (minimum of 3 revolutions) 5. Forward Spiral	1 min max
Pre-Preliminary	1. Flip Jump 2. Split Jump 3. Combination jump consisting of any two single jumps (No Axel) 4. Sit Spin (minimum of 3 revolutions) 5. Forward Outside Spiral	1:15 Max
Preliminary	1. Single Jump of choice (Axel permitted) 2. Back Scratch Spin (minimum of 3 revolutions) 3. Combination spin (no change of foot) 4. Combination jump consisting of any two single jumps (may not contain single jump selected above) 5. Footwork sequence - straight line or diagonal	1:15 Max
Pre-Juvenile	1. Axel Jump 2. Camel Spin (minimum of 3 revolutions) 3. Lutz/Loop Combination Jump 4. Front to back Scratch Spin, exit on spinning foot (minimum 4 revolutions per foot) 5. Footwork sequence - straight line or diagonal	1:15 Max
Juvenile/ Open Juvenile	1. Layback or Attitude Spin (minimum 4 revolutions) 2. Axel Jump 3. Double/Single Combination Jump 4. Combo spin w/at least 1 change of position and only 1 change of foot 5. Footwork sequence - straight line or diagonal	1:15 max
Adult Pre-Bronze/Bronze	1. Salchow jump 2. Waltz jump-Toe loop Combination 3. Upright Scratch Spin (minimum 3 revolutions) 4. Forward Outside Spiral 5. Straight Line or Diagonal Footwork	1:15 Max
Adult Silver/Gold	1. Flip or Lutz jump 2. Waltz jump-loop jump combination 3. Camel spin (minimum of 3 revolutions in Camel position) 4. Back Scratch spin (minimum 3 revolutions) 5. Straight Line or Diagonal Footwork	1:15 Max

Spin Events

Groupings will be according to age and test level. All levels on 1/2 ice.

1. Spins shall be skated in a simple program with a limited number of connecting steps.
2. Repeated or added elements and excessive footwork will be penalized.
3. Spins must be skated exactly as stated but may be skated in any order.

Event	Elements	Minimum	Time
Beginner	1. Two foot spin	3 revolutions	1 min
	2. One foot upright spin	3 revolutions	
	3. Sit Spin	3 revolutions	
Pre-Preliminary	1. Forward one-foot spin, optional free leg position	3 revolutions	1 min
	2. Forward sit spin; recognizable sit position	3 revolutions	
	3. Camel spin	3 revolutions	
Preliminary	1. Forward scratch spin	3 revolutions	1 min 15 sec
	2. Forward sit spin; recognizable sit position	3 revolutions	
	3. One foot back spin, entry optional	3 revolutions	
Pre-Juvenile	1. Back Scratch Spin	4 revolutions	1 min 15 sec
	2. Lay back spin	4 revolutions	
	3. Combination spin: Only 1 change of position and only 1 change of foot	4 revs per foot	
Juvenile/ Open Juvenile	1. Forward sit spin	4 revolutions	1 min 15 sec
	2. Ladies: Lay back spin or Attitude spin Men: Forward camel spin	4 revolutions 4 revolutions	
	3. Combination spin: At least 1 change of position and only 1 change of foot	4 revs per foot	
Intermediate	1. Flying spin	5 revolutions	1 min 30 sec
	2. Layback spin	5 revolutions	
	3. Combination spin: At least 1 change of position and only 1 change of foot	5 revs per foot	
Novice	1. Choice of Sit spin it or Lay back spin	6 revolutions	1 min 30 sec
	2. Flying camel spin	6 revolutions	
	3. Combination spin: At least 1 change of position and at least 1 change of foot	5 revs per foot	
Junior/Senior	1. Flying spin	8 revolutions	2 min
	2. Layback spin	8 revolutions	
	3. Combination spin: At least 2 changes of position and at least 1 change of foot	6 revs per foot	
Adult	1. One-foot upright spin	3 revolutions	1 min 15 sec
Pre-Bronze/Bronze	2. One-foot back spin	3 revolutions	
	3. Sit Spin	3 revolutions	
Adult Silver/Gold	1. Forward sit spin	4 revolutions	1 min 30 sec
	2. Forward camel spin	4 revolutions	
	3. Camel to sit spin with no change of foot	4 revolutions	

Artistic Program

1. Music may be vocal or instrumental.
2. Skater must interpret theme and tempo.
3. Judging will emphasize artistic feeling and originality.
4. Appropriate costumes are encouraged to enhance mood of music.
5. NO PROPS.
6. An Axel is the maximum jump allowed and may not be repeated during program.
7. Maximum of 2 single jumps and 1 single/single jump combination.
8. Event will be divided by age where appropriate.
10. All events will be skated on full ice.

Event	Elements	Time
Beginner	See above rules	1 min 30 sec
Pre-Preliminary/Preliminary	See above rules	1 min 30 sec
Pre-Juvenile/Juvenile	See above rules	1 min 30 sec
Intermediate/Novice	See above rules	2 min
Junior/Senior	See above rules	2 min
Adult (all levels)	See above rules	2 min

Jumps

1. Jumps will be skated **without** music.
3. Jumps must be performed in the order listed.
4. Each skater will be allowed 2 attempts at each jump and will be judged on the best attempt.
5. Jumps will be skated in sequence, making consecutive attempts at each jump.
6. Skaters will perform jump #1 then immediately make a second attempt at the same jump.
7. Where there is a choice of jumps, the skater must do the same jump(s) for the second attempt.

Event	Elements	Ice
Beginner	1. Waltz Jump 2. Toe Loop Jump	Half
Pre-Preliminary	1. Toe Loop Jump 2. Combination of any 2 single jumps (No Axel)	Half
Preliminary	1. Flip or Lutz Jump 2. Combination of any 2 single jumps (Axel permitted)	Half
Pre-Juvenile	1. Axel Jump 2. Any Double Jump	Half
Juvenile/Open Juvenile	1. Axel Jump 2. Combination of any double jump with a loop jump	Half
Intermediate	1. Axel Jump 2. Double Loop or Double Flip Jump 3. Combination of any 2 double jumps	Full
Novice	1. Double Loop Jump 2. Double Flip Jump 3. Combination of any 2 double jumps	Full
Junior	1. Double Loop Jump 2. Double Lutz Jump 3. Combination of any 2 double jumps or triple/double	Full
Senior	1. Double Lutz Jump 2. Double Axel Jump 3. Combination of any 2 double jumps or triple/double	Full
Adult (all levels)	1. Flip or Lutz Jump 2. Combination of any Single jumps with loop jump (Axel permitted)	Full

ILLINOIS FIGURE SKATING CHAMPIONSHIPS

December 3, 4 & 5, 2004
COMPETITION ENTRY FORM

Form must be completely filled out before it can be processed

Please read all information carefully

First Name:		Last Name:		USFSA #
Address:		City:	State:	Zip:
Age(as of 10/21/04):	Birthdate:	Sex:	Partner's Name:	
Day Phone #:	Evening Phone #:		Email:	
Home Club: <small>(Please do not abbreviate)</small>			Fax:	

Highest Test Passed	Check if no USFSA Tests passed: <input type="checkbox"/>	Coach's Name:
Freeskating:		
Date Passed:		

Please check off each event entered. One entry form may be used for all events.

FREESKATING
<input type="checkbox"/> Limited Beginner
<input type="checkbox"/> Beginner
<input type="checkbox"/> Pre-Preliminary I
<input type="checkbox"/> Pre-Preliminary II
<input type="checkbox"/> Preliminary
<input type="checkbox"/> Pre-Juvenile
<input type="checkbox"/> Juvenile
<input type="checkbox"/> Open Juvenile
<input type="checkbox"/> Intermediate
<input type="checkbox"/> Novice
<input type="checkbox"/> Junior
<input type="checkbox"/> Senior

ADULT FREESKATING
<input type="checkbox"/> Pre-Bronze
<input type="checkbox"/> Bronze
<input type="checkbox"/> Silver
<input type="checkbox"/> Gold

SHORT PROGRAM
<input type="checkbox"/> Intermediate
<input type="checkbox"/> Novice
<input type="checkbox"/> Junior
<input type="checkbox"/> Senior

COMPULSORY MOVES
<input type="checkbox"/> Limited Beginner
<input type="checkbox"/> Beginner
<input type="checkbox"/> Pre-Preliminary
<input type="checkbox"/> Preliminary
<input type="checkbox"/> Pre-Juvenile
<input type="checkbox"/> Juvenile/Open Juvenile

ADULT COMPULSORY
<input type="checkbox"/> Pre-Bronze/Bronze
<input type="checkbox"/> Silver/Gold

SPINS
<input type="checkbox"/> Beginner
<input type="checkbox"/> Pre-Preliminary
<input type="checkbox"/> Preliminary
<input type="checkbox"/> Pre-Juvenile
<input type="checkbox"/> Juvenile/Open Juvenile
<input type="checkbox"/> Intermediate
<input type="checkbox"/> Novice
<input type="checkbox"/> Junior/Senior

ARTISTIC
<input type="checkbox"/> Beginner
<input type="checkbox"/> Pre-Preliminary/Preliminary
<input type="checkbox"/> Pre-Juvenile/Juvenile
<input type="checkbox"/> Intermediate/Novice
<input type="checkbox"/> Junior/Senior
<input type="checkbox"/> Adult

JUMPS
<input type="checkbox"/> Beginner
<input type="checkbox"/> Pre-Preliminary
<input type="checkbox"/> Preliminary
<input type="checkbox"/> Pre-Juvenile
<input type="checkbox"/> Juvenile/Open Juvenile
<input type="checkbox"/> Intermediate
<input type="checkbox"/> Novice
<input type="checkbox"/> Junior
<input type="checkbox"/> Senior
<input type="checkbox"/> Adult

ADULT SPINS
<input type="checkbox"/> Pre-Bronze/Bronze
<input type="checkbox"/> Silver/Gold

First Single Event	_____ x \$75.00 = \$ _____
Additional Single Event(s) (\$25.00 per event)	_____ x \$25.00 = \$ _____
	Total \$ _____

Check List:

- | | |
|---|---|
| <input type="checkbox"/> Entry Form | <input type="checkbox"/> SASE (recommended) |
| <input type="checkbox"/> Check, payable to NISC | <input type="checkbox"/> Advertising/Fun Square form (optional) |
| <input type="checkbox"/> Competitor Authorization, signed by skater's home club | |

APPLICATIONS MUST BE POSTMARKED BY: OCTOBER 21, 2004

Mail to: Lynn Balaskas, 11729 Kristoffer Ct, Orland Park, IL 60467	
ph: 708-349-9854	email: lynn@nothernice.org

Spaces are limited within levels: First Received-First Entered. Mail Early

Skater Authorization

Authorization by Club Officer

I hereby approve the entry of _____ (skater's name) into the Illinois Figure Skating Championships. I further certify that he/she is a full member in good standing of our club, is an eligible skater as defined in the Official Rules of the USFSA, and has passed the appropriate tests to skater the events entered. (If you are an individual member you will certify your own form.)

Club Officer:	
Signature:	
Title: (Pres., VP, Sec. Or Treas. Only)	Phone #:
Club:	

Authorization by Athlete and Parent/Guardian

Athlete: I agree to conduct myself, both on and off the ice, in a manner that will reflect favorably upon this competition and upon the sport of figure skating, and that is consistent with the high standards of the sport. I agree to respect the person and property of others, and in the event I cause injury, damage, or loss to another or to the property of another, I hereby indemnify the USFSA, the local Competition committee, the Northern Ice Skating Club, the Oak Lawn Ice Arena and their officers, directors, members, and committees, representatives, employees and agents, and agree to hold them harmless against any and all claims that another person may have or which may arise out of such injury, damage or loss, together with any reasonable costs and attorney's fees that may be incurred as a result of any such claims, whether valid or not.

Athlete/Parent/Guardian: I understand that the USFSA and Northern Ice Skating Club, organizers of this competition, undertake no responsibility for damages or injuries, or loss of property suffered by the competitors. As a condition of and in consideration of the acceptance of their entries or participation therein, all entrants, their parents and guardians and officials shall be deemed to agree to assume all risks of injury to their person and property resulting from, caused by or connected with, the conduct and management of the competition, and to waive and release any and all claims which they may have against any officials, the USFSA, organizers of the competition, the Northern Ice Skating Club and its officers, and their entries shall be accepted only on such condition. (CR 10.12)

Athlete's Signature	Date
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Parent/Guardian's Signature (If athlete is under age 18)	Date
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Primary Coach's Authorization

I have read this entry form and certify that it is complete and that the information on this form is true and correct.

Coach's Name:		USFSA #:	
Coach's Address:		City:	State:
Signature:		Date:	
Phone #:	Email:		

Entry must be postmarked by October 21, 2004