

7TH ANNUAL

**DETROIT METRO COUNCIL
BASIC SKILLS COMPETITION**

**HOSTED BY:
THE KALAMAZOO FIGURE SKATING CLUB
SATURDAY APRIL 3, 2004
AT
TWIN STAR ICE ARENA
KALAMAZOO, MICHIGAN**

**INCLUDES LEVELS FROM
SNOWPLOW THROUGH PRELIMINARY**

Sanctioned by:



DETROIT METRO COUNCIL BASIC SKILLS COMPETITION
HOSTED BY:
THE KALAMAZOO FIGURE SKATING CLUB
SATURDAY, APRIL 3, 2004

The 7th annual Detroit Metro Council Skating Competition will be held at Twin Star Ice Arena at 5076 Sports Drive, Kalamazoo, Mi. 49009 on Saturday, April 3, 2004. The Basic Skills Competition is sanctioned by the USFSA conducted in accordance with the rules of the 2003-2004 USFSA Rulebook. The rink that will be utilized has a 200 x 85 foot surface. This facility offers ample parking, numerous dressing rooms, and both a concession stand and a full restaurant overlooking the rink.

QUALIFICATION REQUIREMENTS: This Basic Skills competition is open to all USFSA and ISI in any Learn to Skate Program. Skaters must belong to the USFSA or the ISI to compete. Compulsory Moves and Free Skate events will be offered. Skaters may choose the group in which they wish to compete based on maneuvers to be performed. Compulsory Moves will be skated without music in a short program. **If you compete in a basic level event, you are not permitted to skate in any of the Low Beginner or High Beginner events.**

All Basic Skills events will be divided into groups of approximately 6-8 skaters grouped according to age. Age groups will be combined at the discretion of the Referee and/or Competition Chair.

ENTRY FEES: The entry fee for Basic Skills 1-8 and Freestyle 1-4 is \$35.00. All other entry fees are \$50.00 for the first event and \$25.00 for each additional event. Fees must be payable to the **Kalamazoo Figure Skating Club**. **APPLICATIONS MUST BE POSTMARKED NO LATER THAN FEBRUARY 28, 2004.** Late applications may be accepted ONLY at the discretion of the competition chairperson and must be accompanied by a \$15.00 late fee. Refunds will be made for medical reasons only until March 27, 2004. A \$15.00 handling fee will be assessed for all refunds. A \$25.00 charge will be assessed for all returned checks due to insufficient funds. All fees must be settled in order to compete.

AWARDS: All awards will be presented off ice, immediately following the completion of the event and posting of the results. **ALL CONTESTANTS WILL RECEIVE AN AWARD.**

MUSIC: Must be played for cassettes or cds and should be turned in at the registration desk upon arrival. **All tapes should be keyed and ready to play. Tapes should be clearly marked with the skaters name and event. No tapes will be mailed after the competition. Please pick up your tape following your event. Skaters should have a spare tape or cd readily available.**

SCHEDULE OF EVENTS: A self-addressed stamped envelope must accompany your application in order to receive your schedule of events! Schedules will be mailed to you approximately 1 week prior to the competition.

PRACTICE ICE: Practice ice will be available on April 3, 2004 in 20 minute increments at a charge of \$8.00 per session. No more than 25 skaters will be allowed on the ice at any one time. Sign in and pay at the door. **NO MORE THAN TWO SESSIONS** will be allowed on a first come first serve basis.

VIDEO TAPING AND PHOTOGRAPHS: These will be available and can be arranged for at the rink. You may furnish your own tape or purchase a tape at the rink. Photographs will be taken of all individual children upon request. Award pictures will also be taken.

COMPETITION EVENTS AND ELIGIBILITY

BASIC SKILLS 1 – 8

ALL ELEMENTS SHALL BE SKATED ONE AT A TIME IN ROTATION ON A ½ SHEET OF ICE. THE SKATER WITH THE RAISE OF A HAND MAY REQUEST A SECOND ATTEMPT. ONLY THE SECOND ATTEMPT WILL THEN BE JUDGED.

- Snowplow Sam (6 and under)**
- 1) March followed by a two-foot glide and dip
 - 2) Forward two-foot swizzles – 2 to 3 in a row
 - 3) Forward snowplow stop
 - 4) Backward wiggles 2 to 6 in a row
- Basic 1**
- 1) Skate forward and glide on two feet
 - 2) Forward two-foot swizzles – 6 to 8 in a row
 - 3) Forward snowplow stop
 - 4) Backward wiggles – 6 to 8 in a row
- Basic 2**
- 1) Forward skating to a one-foot glide – either foot
 - 2) Continuous forward slalom – 6 to 8 in a row
 - 3) Moving snowplow stop
 - 4) Two-foot turn – forward to backward (in place)
 - 5) Backward two-foot swizzles – 3 to 4 in a row followed by continuous backward slalom 4 to 6 in a row
- Basic 3**
- 1) Two foot spin – minimum of 2 revolutions, options for free foot may be used
 - 2) Forward stroking
 - 3) Forward one-foot swizzles on a circle, either clockwise or counterclockwise 6 to 8 consecutive
- Basic 4**
- 1) Forward crossovers – 4 to 5 consecutive, to a forward outside edge, clockwise or counter clockwise
 - 2) Forward crossovers – 4 to 5 consecutive, to a forward inside edge, clockwise or counter clockwise
 - 3) Forward outside 3-turn from a T position – right and left
 - 4) Backward snowplow stop – right and left
 - 5) Backward stroking
- Basic 5**
- 1) Backward crossovers – 4 to 5 consecutive, to backward inside edge, clockwise or counter clockwise
 - 2) Backward crossovers – 4 to 5 consecutive, to backward outside edge, clockwise or counter clockwise
 - 3) One-foot spin – minimum of 3 revolutions
 - 4) Hockey stop
 - 5) Side toe hop – either direction
- Basic 6**
- 1) Forward inside 3 turn from a T-position – right and left
 - 2) Lunge – right or left
 - 3) Bunny hop
 - 4) Forward spiral on a straight line – right or left
 - 5) T-stop right or left
- Basic 7**
- 1) Forward inside open Mohawk – right or left
 - 2) Ballet jump – either direction
 - 3) Backward crossovers to a backward outside edge landing position, clockwise and counter clockwise
 - 4) Forward inside pivot
- Basic 8**
- 1) Moving forward outside or forward inside 3-turns – right and left
 - 2) Stand still Waltz jump
 - 3) Mazurka – either direction
 - 4) Combination move – clockwise or counter clockwise
 - 5) Beginning one-foot upright spin, optional free foot position

COMPULSORY EVENTS

BASIC FREESTYLE 1 – 4

ALL ELEMENTS SHALL BE SKATED ONE AT A TIME IN ROTATION ON A 1/8 SHEET OF ICE. THE SKATER WITH THE RAISE OF A HAND MAY REQUEST A SECOND ATTEMPT. ONLY THE SECOND ATTEMPT WILL THEN BE JUDGED.

- Freestyle 1**
- 1) Advanced forward stroking skated for one length of the designated area and around one end of the designated area
 - 2) Scratch spin
 - 3) Waltz jump
 - 4) Half flip
- Freestyle 2**
- 1) Toe loop jump
 - 2) Beginning back spin
 - 3) Waltz jump, side toe hop, waltz jump combination
 - 4) Forward outside edge spiral
- Freestyle 3**
- 1) Waltz jump/toe loop, or salchow/toe loop combination
 - 2) Salchow
 - 3) Back spin w/crossed leg position
 - 4) Advanced forward swing roles – 4 to 6 consecutive outside edges
- Freestyle 4**
- 1) Loop jump
 - 2) Waltz jump, loop jump combination
 - 3) Spiral sequence – forward inside spiral, forward inside Mohawk, backward outside spiral – clockwise and counter clockwise
 - 4) Sit spin (min 3 rev)

FREE SKATING EVENTS

LOW-BEGINNER – PRELIMINARY

ALL EVENTS WILL BE SKATED ON THE FULL ICE SURFACE TO THE MUSIC OF THE SKATER'S SELECTION. THERE WILL BE A TEN SECOND LEEWAY IN THE SPECIFIED TIME LIMIT. SKATERS MAY SKATE UP ONE LEVEL BUT MAY NOT SKATE AT MORE THAN ONE LEVEL.

Program requirements for all levels are according to the USFSA rulebook if not specified.

Low Beginner --- (Time: 1 ½minutes) Open to skaters who have NOT passed the Pre-Preliminary Freestyle Test or its equivalent. May include ½revolution jumps, plus salchows, toe loops, and ½loops (but no other full revolution jumps). No flying spins, combination spins or back spins.

High Beginner --- (Time: 1 ½minutes) Open to skaters who have NOT passed the Pre-Preliminary Freestyle Test or its equivalent. May include any ½revolution jumps, plus salchows, toe-loops, ½loops and loops (but no other full revolution jumps). Program may NOT include flying spins.

Pre-Prel Limited --- (Time: 1 ½minutes) Open to skaters who have passed the USFSA Pre-Preliminary Freestyle Test and no higher. Programs may NOT include axels, double jumps, or flying spins.

Prelim Limited --- (Time: 1 ½minutes) Open to skaters who have passed the USFSA Preliminary Freestyle Test and no higher. Programs may include all single jumps including axels. May not include double jumps or flying spins.

Preliminary --- (Time: 1 ½minutes) Open to skaters who have passed the USFSA Preliminary Freestyle Test and no higher. USFSA requirements: Axel plus up to two different double jumps, which may be repeated as individual jumps, jumps sequences or jump combinations. (SSR4.10)

COMPULSORY SKILLS

LOW BEGINNER AND HIGH BEGINNER PRE-PRELIMINARY AND PRELIMINARY

THESE EVENTS SHALL BE SKATED IN PROGRAM FORM WITH NO MUSIC ON A HALF SHEET OF ICE.

Low Beginner --- (Time: 1 min or less)

- 1) ½revolution jump
- 2) Toe loop
- 3) 2 foot spin (min 3 rev)
- 4) Lunge

High Beginner --- (Time: 1 min or less)

- 1) Waltz jump, toe loop combination
- 2) Loop or salchow
- 3) Forward scratch spin (min 3 rev)
- 4) Forward spiral

Pre-Preliminary --- (Time: 1 ¼ minutes or less) NO AXELS.

- 1) Single jump (may not be repeated in combination)
- 2) Single – single combination
- 3) Forward spin (min 3 revolutions)
- 4) Forward inside and outside spiral sequence

Preliminary --- (Time: 1 ½minutes or less)

- 1) Single – single combination
- 2) Single jump. Axels permitted.
- 3) 1-Foot Back spin (position optional; may not commence with a jump; min 3 revolutions)
- 4) Field move – spiral, bauer, or spread eagle (limit one)
- 5) Step sequence

SPINS EVENT

THIS EVENT TO BE SKATED IN THE PROGRAM FORMATION. THE SKATERS WILL USE ½THE ICE SURFACE WITH A TIME LIMIT OF 1:00 MINUTES OR LESS. ALL ELEMENTS MUST BE SKATED, BUT IN ANY ORDER.

Pre-Preliminary (Minimum 4 revolutions in each spin position)

- 1) 1 foot spin
- 2) Sit spin
- 3) Back spin

Preliminary (Minimum 4 revolutions in each spin position)

- 1) Sit spin
- 2) One foot spin
- 3) Upright backspin
- 4) Footwork sequence
- 5) Field move – spiral, bauer, or spread eagle (limit).

ARTISTIC SHOWCASE

Showcase: Showcase events are to be skated to music. Programs should be designed specifically to entertain and/or emotionally move the audience. Costumes are encouraged. Props will be allowed and the skater will have 30 seconds to place and remove the prop. (no props are allowed on ice during warm-up). Test requirements for each showcase group are the same as the freestyle levels indicated.

Group I: Time 1 ¼ min. Beginner – No axels, No double jumps.

Group II: Time 1 ¼ min. Pre-Preliminary and Preliminary – No axels, No double jumps.

**DETROIT METRO COUNCIL BASIC SKILLS COMPETITION
APRIL 3, 2004**

Hosted by the Kalamazoo Figure Skating Club

**FEES: \$50.00 FIRST EVENT;
\$25.00 EACH ADDITIONAL EVENT;
\$35.00 FOR BASIC SKILLS AND FREESTYLE 1 – 4 ONLY**

MAKE CHECKS PAYABLE TO: Kalamazoo Figure Skating Club

MAIL TO: Kalamazoo Figure Skating Club

**C/O GENE SIMONI
2731 BURNOCK DRIVE
PORTAGE, MI. 49024**

PLEASE ENCLOSE A SELF-ADDRESSED STAMPED BUSINESS SIZED ENVELOPE WITH APPLICATION

Competitor's information:

Name _____ Age _____ Birthdate _____ Sex(M/F) _____

Address _____

City _____ State _____ Zip _____

Phone (____) _____ Home Club _____

USFSA # _____ ISI # _____

Last test passed as of February 28, 2004: Freestyle _____ Moves _____

Coach's information:

Name _____ Phone (____) _____

Address _____ City _____ State _____ Zip _____

PLEASE CIRCLE YOUR CHOICES BELOW:

<u>BASIC SKILLS</u>	<u>FREESTYLE</u>	<u>COMPULSORY SKILLS</u>	<u>ARTISTIC</u>	<u>SPINS</u>
Snowplow			<u>SHOWCASE</u>	
Basic 1	Low Beginner	Low Beginner	Group I	Pre-Preliminary
Basic 2	High Beginner	High Beginner	Group II	Preliminary
Basic 3	Pre-Preliminary	Pre-Preliminary		
Basic 4	Preliminary Limited	Preliminary		
Basic 5	Preliminary			
Basic 6				
Basic 7				
Basic 8				
Freestyle 1				
Freestyle 2				
Freestyle 3				
Freestyle 4				

CERTIFICATION AND RELEASE

The following Certification and release must be completed and signed.

Certification of Competitor: I am an amateur under the rules of the USFSA or ISI.

Signature _____

Club Officer

To the best of my knowledge, the above information is correct and true. The competitor is a member in good standing.

Club Officer _____

Title _____

WAIVER OF CLAIM FOR INJURY:

The undersigned agrees to hold harmless the Kalamazoo Figure Skating Club, Twin Star Ice Arena, their employees and agents from any loss, damage and /or injury that may be sustained by the competitor in any manner while participating in any of the activities of said competition. This release must be signed by the parent or guardian if the entrant is under 18 years of age.

Signature of Parent/Guardian

Date

- **ALL ENTRIES MUST BE POSTMARKED BY FEBRUARY 28, 2004. SPACE WILL BE LIMITED.**
- **APPLICATIONS WILL BE PROCESSED ON A FIRST-COME, FIRST-SERVED BASIS.**
- **ENTRY FEES ARE PER PERSON PER EVENT IN U.S. DOLLARS ONLY**
- **NO REFUNDS AFTER CLOSING DATE UNLESS EVENT IS CANCELLED FOR LACK OF PARTICIPATION.**
- **THERE WILL BE A \$25.00 SERVICE CHARGE ASSESSED FOR RETURNED CHECKS.**

CLUB USE ONLY

DATE RECEIVED _____ **AMOUNT ENCLOSED** _____ **CHECK #** _____

NO. EVENTS ENTERED _____ **FORM COMPLETE (CIRCLE) YES NO**

Kalamazoo Figure Skating Club
PROGRAM BOOK

Family, friends, local Businesses, or other clubs may wish to purchase an acknowledgment in the Competition Program Book. Camera-ready art only will be accepted. Business cards are welcome.

\$25.00	¼ Page	\$125.00	Inside Cover
\$50.00	½ Page	\$150.00	Outside Cover
\$100.00	Full Page		

COMPETITION FUN SQUARES

Fun squares are an easy and affordable way for you to wish your skater or friends the best of luck at the Basic Skills Competition.

Fun squares are \$5.00 per square. Please use the Fun squares outlined below. Write any message you would like using **BLACK INK ONLY!**

Submit artwork or Fun Squares, along with a check payable to the Kalamazoo Figure Skating Club.

Name _____ Phone _____

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