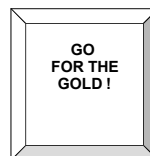


<p><i>The St. Clair Shores Figure Skating Club</i></p> <p><i>Is Proud To Present</i></p> <p><b>SUMMER SKATING SEMINAR "FEATURING"</b></p>
<p><b>KATHY CASEY</b></p> <p><b>WORLD &amp; OLYMPIC COACH</b></p>
<p><b>TEACHING</b></p> <p><b>"WORLD CLASS TECHNIQUES"</b></p> <p><b>PRESENTING</b></p> <p><b>JUMPS &amp; SPINS AND EDGES, POWER AND EXPRESSION</b></p> <p><b>WITH</b></p>
<p><b>AMY LYNN GROSSMAN</b></p>
<p>ICE THEATRE OF NEW YORK</p> <p>CHICAGO ICE - SEMBLE</p> <p>DOROTHY HAMILL'S ICE CAPADES</p>
<p><b>JULY 29TH &amp; JULY 30, 2004</b></p> <p><b>(586) 774-7530</b></p>

*St. Clair Shores Figure Skating Club*  
*St. Clair Shores Civic Arena*  
*2000 Stephens*  
*St. Clair Shores, MI 48080*



**Improve Your Skating Technique**



<p><b>NO REFUNDS PAST 7/20/2004</b></p> <p><b>NO VIDEO RECORDING PERMITTED!</b></p>
<p><b>ADDITIONAL INFORMATION</b></p> <ul style="list-style-type: none"> <li>☆ Seminar held at St. Clair Shores Civic Arena</li> <li>☆ 20 Skaters Max Per Group</li> <li>☆ Triple Jump Group 15 Skaters Max.</li> <li>☆ Registration Fee Includes: 7 Hrs. Per Day of Instruction, Ice &amp; All Meals &amp; Snacks</li> <li>☆ Nutritious Snacks &amp; Beverages Will Be Provided Throughout the Day.</li> </ul>
<p><b>*** NEW COACHES COLLEGE</b></p>
<p>Wednesday, July 28th</p> <p>3:30 PM - 7:30 PM</p> <p><b>DETAILS INSIDE !</b></p>
<p><b>Please complete form on reverse side and return in person or mail to:</b></p>
<p><b>SCSFSC</b></p> <p><b>2000 Stephens</b></p> <p><b>St. Clair Shores, MI 48080</b></p> <p><b>ATTN: PATRICK O'NEIL</b></p>
<p><b>Make checks payable to SCSFSC</b></p>

## APPLICATION - DETACH & SEND

NAME:	
ADDRESS:	
CITY / TOWN:	
STATE:	ZIP CODE:
PHONE AM:	DATE OF BIRTH:
PHONE PM:	E-MAIL:
HIGHEST TEST PASSED:	

**CIRCLE ALL JUMPS LANDED  
CONSISTENTLY  
7 OUT OF 10**

AXEL	D.SALCHOW	D.TOE LOOP	D. LOOP	D. FLIP	D.LUTZ
D. AXEL	T.SALCHOW	T.TOE LOOP	T. LOOP	T.FLIP	T.LUTZ

FreeSkating Coach - Print Name Below

Certification of Club Officer:

\_\_\_\_\_ is a member in  
good standing of \_\_\_\_\_  
(Home Club 2003/2004)

SIGNATURE: \_\_\_\_\_

Families with 2 or more skaters participating, please contact Patrick O'Neil for a family discount @roberNeil@aol.com 586-774-7530

**EXTRA GROUPS WILL BE CREATED IF NUMBERS WARRANT  
NUMBERS WILL NOT EXCEED 20 A/B GRP. - 15 C GRP.**

**GROUP A:**      Single Jumps Thru Double Toe

**GROUP B:**      Double Jumps Thru Beg. Dbl. Axle

**GROUP C:**      Double Axle Thru Triples

### REGISTRATION

( )	Two Day Seminar (SCSFSC) Group A & B	\$120.00
( )	Two Day Seminar (SCSFSC) Group C	\$150.00
( )	One Day - July 29th (SCSFSC) Group A & B	\$85.00
( )	One Day - July 30th (SCSFSC) Group A & B	\$85.00
( )	One Day - July 29th Group C	\$110.00
( )	One Day July 30th Group C	\$110.00
( )	All Coaches	\$50.00
( )	Coaches Bringing 5 or More Skaters	No Charge
( )	Two Day Seminar (Non SCSFSC) Group A & B	\$145.00
( )	One Day - July 29th (Non SCSFSC) Group C	\$130.00
( )	One Day - July 29th (Non-SCSFSC) Group A & B	\$100.00
( )	One Day - July 30th (Non SCSFSC) Group A & B	\$100.00
( )	One Day - July 30th (Non SCSFSC) Group C	\$130.00
( )	Parent Track - July 30th	\$15.00
( )	One Day Coach - July 29th	\$30.00
( )	One Day Coach - July 30th	\$30.00

# KATHY CASEY

## PRESENTING

## JUMPS & SPINS

- ☆ OLYMPIC AND WORLD COACH
- ☆ COACH OF NUMEROUS NATIONAL & INTERNATIONAL CHAMPIONS
- ☆ MASTER RATED COACH WITH PSA & PAST PRESIDENT OF PSA
- ☆ SERVED ON U. S. OLYMPIC COACHES COMMITTEE
- ☆ COACH TO SCOTT DAVIS, SCOTT HAMILTON, AND SCOTT WILLIAMS

## AMY LYNN GROSSMAN

EDGES, POWER AND EXPRESSION

- ☆ NATIONAL MEDALIST AND JR. WORLD COMPETITOR
- ☆ ICE THREATRE PERFORMANCE/CHOREGRAPHER
- ☆ POWER SKATING COACH

## LUNCHES AVAILABLE

Lunch Included on Thursday  
Lunch Included on Friday

## CHOOSING CLINIC DATES

NOTE: Those choosing the two-day seminar will have first preference

## DATES & TIMES

THURSDAY, JULY 29, 2004 - 9:00 - 5:30 PM

FRIDAY - July 30, 2004 - 8:00 - 4:00 PM

REGISTRATION: 8:30 - 9:00 AM

## REGISTRATION DUE

FRIDAY, JULY 20, 2004

GROUP A SINGLE JUMPS THRU AXEL

GROUP B DOUBLE JUMPS THRU DOUBLE AXLE

GROUP C TRIPLE JUMPS

SKATING DIRECTOR RESERVES THE RIGHT TO  
MOVE SKATERS AND CREATE MORE GROUPS

## ON - ICE PRESENTATIONS

- ☆ Basic Techniques of Jumping
- ☆ Single, Double & Triple Jumps
- ☆ Combination Jumps
- ☆ Spins & Combination Spins
- ☆ Edges & Power
- ☆ Artistic Expression

## OFF - ICE PRESENTATIONS

- ☆ Expressive Movement
- ☆ Motivation & Peak Performance  
Lecture for Skaters & Coaches
- ☆ Question & Answer Session w / Kathy
- ☆ Question & Answer Session with  
National Judge
- ☆ Draw Class - Jumps & Spins
- ☆ Difference Between Singles,  
Doubles, Triples
- ☆ Why RT? Nutrition Tool

## PARENT TRACK

- ☆ Question and Answer with National Judge
- ☆ Off-Ice Training? - Why
  - \* Resistance Training
  - \* Ballet
- ☆ Question and Answer (Kathy Casey)

### SEND TO:

ST. CLAIR SHORES FIGURE SKATING CLUB  
20000 Stephens  
ST. CLAIR SHORES, MI 48080

ATTN: PATRICK O'NEIL