

Second Annual
Ann Arbor Basic Skills Competition
Ann Arbor Figure Skating Club
Ann Arbor Ice Cube • 2121 Oak Valley Drive • Ann Arbor, Michigan
www.annarborfsc.com



Saturday, **June 5, 2004** (starting around 4:00 PM)
and **Sunday, June 6, 2004**
Entry Deadline: April 15, 2004

The Second Annual Ann Arbor Basic Skills Competition, sponsored by the Ann Arbor Figure Skating Club will be held at Ann Arbor Ice Cube on Saturday and Sunday, June 5-6, 2004. The competition will be held on the Stadium Rink, which measures 200 x 85 feet. This is a United States Figure Skating approved Basic Skills Competition. The sanction will be posted on the official competition bulletin board. Questions regarding this competition should be directed to Jim Achtenberg, e-mail jacht@umich.edu or daytime phone (734) 936-2462. E-mail communications are preferred.

Mission Statement — The purpose of this competition is to promote a fun, introductory, competitive experience for the beginning skater.

Eligibility — Skaters who have passed no higher than the Pre-Preliminary Free Skating and are currently enrolled in either a US Figure Skating Basic Skills Program or are full US Figure Skating Members are eligible to compete. Eligibility will be based on skill level as of April 15, 2004. Skaters may skate at current level or one level higher but not both levels. Skaters will be broken into groups of approximately 6-8 skaters, by birth date. Males and females may, or may not, be placed in the same group. If there is only one competitor in a group, the competitor may be asked if they wish to skate up to the next level.

Rules — The competition will be conducted under the rules set forth by the US Figure Skating "Compete with Us" program.

Competitor's Party (New This Year) — All competitors are invited to a Party, to be held at the rink at the end of competition Saturday evening (about 7:00 PM). Parents and friends may attend for a nominal fee to cover food costs.

New Events For 2004 — For Basic Skills Level: Half-Ice Free Skating with music supplied by Ann Arbor FSC (Snowplow Sam—Freestyle 6). This is an opportunity for the skater to develop a program on one-half of the ice, with music selected by the Ann Arbor FSC and sent to the skater in advance of the competition. Music will be played for the warm-up. Basic skills skaters may also compete in the Free Skating programs (Low Basic Skills—High Beginner).

Entry Fees — The first event is \$35.00, and each additional event is \$15.00. All entries must be postmarked no later April 15, 2004. Late entries will be accepted at the discretion of the organizers, and are subject to a \$15.00 late fee. Entry fees are

per person, U.S. dollars. **NO** refunds of entry fees unless event is canceled due to lack of participation. Two or more competitors constitute an event. Medical refunds (less an administration fee) only for major injuries, and must be accompanied by a letter from the doctor.

Entry forms must be filled out completely and mailed with a check made payable to the Ann Arbor Figure Skating Club to:

James C. Achtenberg
17950 Mahrle Rd
Manchester, MI 48158

There will be a \$25.00 fee for returned checks.

Awards — All competitors will receive an award. All events are final rounds. Medals will be awarded to first, second, and third places. ALL other places will receive ribbons. ALL awards will be made at appropriate times throughout the competition.

Registration — The registration table will be open 1 hour before the competition starts. Skaters will not be allowed to compete until they have registered. **Please register at least one hour before your competition time.**

Schedule of Events — Will be posted on the Internet at www.annarborfsc.com and at the Figure Skater's Website, www.sk8stuff.com. The schedule will be mailed to all registered competitors in mid-May.

Music — The music for all freestyle programs with music supplied by skater must be provided on 10 minute cassette tapes or CD. The tape or CD is to be turned in at registration. Competitors must have a spare cassette or CD at rinkside to be used in case of technical difficulties. Tapes must be rewound and positioned ready to play. The music for all freestyle programs with music supplied by Ann Arbor FSC will be sent to the competitor on CD by May 1, 2004.

Practice Ice — Practice Ice will be available in 30 minute sessions Saturday. Details will be provided in the mid-May mailing. Sign in and pay \$5.00 at the door.

Video Taping And Photographs — This will be available through Ledin Photo and Video. Order forms may be filled out and printed on the club web site, www.annarborfsc.com once the schedule is posted. You may furnish your own tape or purchase a tape at the rink. Award, Group, and Individual (if desired) photos will be taken of all competitors in each event.

Sanctioned by



Basic Skills Compulsory Elements Events

Snowplow Sam – Basic 8 Levels

Skaters must not have passed the USFSA Pre-Preliminary Moves test. Skated on $\frac{1}{2}$ of the ice surface. No music. All elements will be skated in the order listed. Each skater performs one element at a time. Each skater will perform the next element only when directed by a judge or referee. Skaters are allowed one retry per element. If skaters would like a retry, she/he should raise their hand immediately. If the skater attempts a retry, only the retry will count for that element. Skaters should dress warmly as they will be standing on the ice while the others are skating.

Snowplow Sam

1. March followed by a two-foot glide and dip
2. Forward two-foot swizzles — 2-3 in a row
3. Forward snowplow stop
4. Backward wiggles — 2-6 in a row

Basic 1

1. Forward two-foot glide
2. Forward two-foot swizzles — 6-8 in a row
3. Forward snowplow stop
4. Backward wiggles — 6-8 in a row

Basic 2

1. Forward one-foot glide — *either* foot
2. Backward two-foot swizzles — 6-8 in a row
3. Two-foot turn in place — forward to backward
4. Moving snowplow stop
5. Forward alternating $\frac{1}{2}$ swizzle pumps, in a straight line — across width of ice

Basic 3

1. Forward stroking
2. Forward $\frac{1}{2}$ swizzle pumps on a circle — *either* clockwise or counter clockwise — 6-8 consecutive
3. Moving forward to backward two-foot turn — *either* direction
4. Backward one-foot glide — *either* foot
5. Two-foot spin

Basic 4

1. Forward outside edge on a circle — clockwise *or* counterclockwise
2. Forward crossovers- 6-8 consecutive — both directions
3. Forward outside 3-turn — R *and* L
4. Backward stroking
5. Backward snowplow stop — R *or* L

Basic 5

1. Backward outside edge on a circle — clockwise *or* counterclockwise
2. Backward crossovers — 6-8 consecutive — both directions
3. One-foot upright spin — minimum of 3 revolutions
4. Hockey Stop
5. Side Toe hop — *either* direction

Basic 6

1. Forward inside 3-turn — R *and* L
2. T-stop — R *or* L
3. Bunny Hop
4. Forward arabesque (spiral) on a straight line — R *or* L
5. Lunge — R *or* L

Basic 7

1. Forward inside open Mohawk — R to L and L to R
2. Ballet jump — *either* direction
3. Backward crossovers to a backward outside edge landing position, clockwise and counterclockwise
4. Forward inside pivot

Basic 8

1. Moving forward outside *or* forward inside three-turns — R and L
2. Waltz jump
3. Mazurka — *either* direction
4. Combination move — clockwise or counterclockwise (from Basic 8 curriculum)
5. One-foot upright spin, optional free foot position

Compulsory Programs

Basic Skills Free Skating 1-4, Beginner, Pre-Preliminary

Skated on $\frac{1}{2}$ ice surface. No music. The skating order of the required elements is optional. In program form, using a limited number of connecting steps. Time: 1:00 minute or less. Required Elements for Compulsory Programs:

Free Skating level 1 Compulsory Program

Must have passed no higher than Free Style 1.

1. Advanced forward stroking — 4-6 cons. strokes
2. Basic forward outside edges and forward inside consecutive edges — 2-4 outside and 2-4 inside
3. Scratch spin from backward crossovers
4. Waltz jump from backward crossovers
5. Half flip jump

Free Skating level 2 Compulsory Program

Must have passed no higher than Free Style 2.

1. Forward outside spiral — R or L, and a forward inside spiral — R or L
2. Waltz Three's — R or L
3. Beginning back spin — entry optional
4. Waltz jump, side toe hop, waltz jump series
5. Toe loop jump

Free Skating level 3-4 Compulsory

Must have passed no higher than Free Style 3.

1. Forward crossovers in a figure 8
2. Advanced forward outside swing rolls — 4-6 cons.
3. Back spin
4. Salchow jump
5. Waltz jump/toe loop or Salchow/toe loop

Beginner (No Test) Compulsory Program

May not have passed any official US Figure Skating Free Skating tests.

1. Waltz jump
2. Salchow jump
3. Half flip or half Lutz jump
4. Upright scratch spin (min. 3 revolutions)
5. Forward spiral

Pre-Preliminary Compulsory Program

Must have passed no higher than US Figure Skating Pre-preliminary Free skating test.

1. Flip jump
2. Comb jump — any two single jumps (No Axel)
3. Split jump
4. Sit spin (min. 3 revolutions)
5. Forward outside spiral

Spins

Basic Skills – Preliminary

The skating order of the required elements is optional. All events skated on $\frac{1}{2}$ ice — no music, in program form, using a limited number of connecting steps.

Basic Skills Spins Program

All spins, minimum of 2 revolutions. 1min max.

May not have passed any test beyond Basic 6.

1. Two-foot spin
2. Beginning one-foot *or* Forward Pivot
3. Lunge

Beginner (No Test) Spins Program

All spins, minimum of 3 revolutions. 1 $\frac{1}{4}$ min max.

May not have passed any official US Figure Skating Free Skating tests.

1. Two-foot spin
2. Scratch spin
3. Any 1-position spin
4. Spiral

Pre-Preliminary Spins Program

All spins, minimum of 3 revolutions. 1 $\frac{1}{4}$ min max.

Must have passed no higher than US Figure Skating Pre-preliminary Free Skating test.

1. Any one foot forward spin
2. Sit spin
3. Camel spin
4. Combination spin (no change of foot)
5. Spiral

Preliminary Spins Program

All spins, minimum of 4 revolutions. 1 $\frac{1}{2}$ min max.

Must have passed no higher than US Figure Skating Preliminary Free Skating test.

1. Any one foot forward spin
2. Sit spin
3. Back scratch spin
4. Combination spin (change of foot optional)
5. Spiral, Bauer, or spread eagle

Free Skating Program — Music Supplied By Skater

Low Basic Skills — Pre-Preliminary

A well-balanced program skated on full ice to the music of the skater's choice (vocal music is not permitted). Groups divided by age. Basic Skills skaters may skate both this and the Half-Ice Free Skating program.

Low Basic Skills Free Skating Program

May have passed up to Basic 4. May not have passed any official US Figure Skating tests. Program consists of elements from Basic 4 and lower. Penalties assessed for elements from higher levels. 1Minute +/- 10 seconds.

High Basic Skills Free Skating Program

May have passed up to Basic 8. May not have passed any official US Figure Skating tests. Program consists of elements from Basic 8 and lower. Penalties assessed for elements from higher levels. 1Minute +/- 10 seconds.

Low Beginner Free Skating Program

May not have passed any official US Figure Skating Free Skating tests. Program consists of half revolution jumps, Salchow and toe loops, combinations consisting of these jumps only, upright forward one and two foot spins, one step sequence and/or spiral sequence. No flying spins or combination spins are permitted. 1½Minute +/- 10 seconds.

High Beginner Free Skating Program

May not have passed any official US Figure Skating Free Skating tests. Program consists of single jumps (*no* Lutz, Axel or doubles permitted), at least one jump combination or series, a minimum of two spins of a different nature and one step or spiral sequence. No flying spins or combination spins are permitted. 1½Minute +/- 10 seconds.

Pre-Preliminary Limited Free Skating Program

Must have passed no higher than US Figure Skating Pre-preliminary Free Skating test. Program consists of all single revolution jumps (*no* Axel or double jumps permitted), single combination jumps, single jump sequences. A minimum of two spins of a different nature. No flying spins or combination spins are permitted. One step sequence or spiral sequence. 1½Minute +/- 10 seconds.

Half-Ice Free Skating Program — music supplied by Ann Arbor FSC

Basic Skills Levels

A well-balanced program skated on **half** ice to the music supplied by Ann Arbor FSC. Music will be sent to skater on a CD. Program may consist of elements from Event Level or below. Penalties assessed for elements from higher levels. Program Duration: 1 min +/- 10 sec. Music will be played during the 4-minute warm-up. Skaters may skate both this and the Free Skating program. Skaters may not have passed any official US Figure Skating tests.

Event Levels:

Snowplow Sam Program

May have passed up to Snowplow 3. Consisting of elements from Snowplow 3 and lower. Penalties assessed for elements from higher levels.

Basic Skills 1-2 Program

May have passed up to Basic 2. Consisting of elements from Basic 2 and lower. Penalties assessed for elements from higher levels.

Basic Skills 3-4 Program

May have passed up to Basic 4. Consisting of elements from Basic 4 and lower. Penalties assessed for elements from higher levels.

Basic Skills 5-6 Program

May have passed up to Basic 6. Consisting of elements from Basic 6 and lower. Penalties assessed for elements from higher levels.

Basic Skills 7-8 Program

May have passed up to Basic 8. Consisting of elements from Basic 8 and lower. Penalties assessed for elements from higher levels.

Free Skating 1-6 Program

May have passed up to Free Skating 6. Consisting of elements from Free skating 6 and lower. Penalties assessed for elements from higher levels.

Artistic Showcase Basic Skills — Preliminary

Theme of skater's choice. Vocal music permitted. Judging to emphasize interpretation of music rather than technical skills. Costumes that complement music. May use hand-held props or those skater can get on and off ice without assistance.

Basic Skills Showcase Program

Duration: 1 minute or less.
May have passed up to Basic 6.

Beginner Showcase Program

Duration: 1¼ minute +/- 10 seconds.
May not have passed any official US Figure Skating Free Skating tests. No Axels or double jumps.

Pre-Preliminary Showcase Program

Duration: 1¼ minute +/- 10 seconds.
Must have passed no higher than US Figure Skating Pre-preliminary Free Skating test. No Axels or double jumps.

Preliminary Showcase Program

Duration: 1¼ minute +/- 10 seconds.
Must have passed no higher than US Figure Skating Preliminary Free Skating test. No Axels or double jumps.

Interpretive Program Half-Ice Basic Skills — Preliminary

Music will be supplied by the AAFSC at the time of the competition. Music may not be played prior to the event. During the warm-up, skaters will hear selection of music twice. Following the warm-up all skaters except for the first skater will be escorted to a soundproof locker room or another area of the arena. The first skater will hear the music one more time and then perform a program to the music. As each skater performs the next skater in line will be allowed to hear the music for the 3rd time before they perform to the music. The listening skater will not be allowed to view the performing skater. Skaters are judged on originality, pattern, technical (the ability to include jumps and spins) and music interpretation/expression. Spins and jumps performed must be appropriate to competition level. There is to be no instruction allowed during this event from coaches, parents, or fellow skaters. Staging area must be kept clear except for ice monitor and listening competitor.

Basic Skills Interpretive Program (Half-Ice)

Duration: 1 to 1¼ minute
May have passed up to Basic 6.

Beginner Interpretive Program (Half-Ice)

Duration: 1- 1¼ minute
May not have passed any official US Figure Skating Free Skating tests. No Axels or double jumps.

Pre-Preliminary Interpretive Program (Half-Ice)

Duration: 1¼ to 1½ minute
Must have passed no higher than US Figure Skating Pre-preliminary Free Skating test. No Axels or double jumps.

Preliminary Interpretive Program (Half-Ice)

Duration: 1¼ to 1½ minute
Must have passed no higher than US Figure Skating Preliminary Free Skating test. No Axels or double jumps.

Lodging

There are over 30 hotels and/or motels within a 15-mile range of the Ice Cube. For additional information call the Ann Arbor Visitors and Convention Bureau at (800) 888-9487 or visit their World Wide Web site at www.annarbor.org

Sheraton Inn (official hotel)

3200 Boardwalk
Ann Arbor, MI 48108
(I-94 & State Street Exit)
800-848-2770
(\$85/night if reserved by 5/5/04)

Ann Arbor Basic Skills Competition
Ann Arbor Figure Skating Club
2121 Oak Valley Dr
Ann Arbor, MI 48103

Entry Form & Competition
Information Enclosed

The Second Annual
Ann Arbor Basic Skills Competition