

Hosted by the Johnstown Figure Skating Club, Johnstown, Pennsylvania

DATES: May 3-4, 2003 (Will add Friday May 2, 2003 if needed)

LOCATION: Planet Ice Arena, 195 Jari Drive, Johnstown, PA 15904

COMMUNICATION: Telephone: (814) 926-3012

Web site: www.youthsports.com/members/fscpa1230

SANCTION: Sanctioned by the United States Figure Skating Association

CHAIRPERSONS: Amy Kreger Gayle Formica

Email: Amy.Kreger@Gilmour.com
Telephone: (814) 926-3012

Email: Gayleformica@msn.com
Telephone: (814 255-3573)

ELIGIBILITY: All entrants must be members in good standing of the USFSA. Test requirements are as of March 22, 2003.

Skaters may enter as many events as they wish, as long as they meet the entry requirement for each event. A

skater may compete at one level higher than the skaters' USFSA test level (freestyle), but not below

RULES: The Competition will be conducted according to the rules of the USFSA as set forth in the 2003/2004 Rulebook,

except as stated herein. The JFSC Competition Committee reserves the right to limit the size of each group or

to combine or divide groups. The committee may eliminate events due to insufficient entries.

ENTRIES: Entries must be postmarked by March 22, 2003. Entries must be submitted by mail, on the official form,

which may be duplicated. Payment of all fees by check or money order should be made payable to

Johnstown Figure Skating Club (JFSC) and must accompany the entry form. Late entries will be accepted at

the discretion of the Competition Committee and will require an additional \$25.00. There will be a \$20.00

penalty fee for returned checks. Entry fees will only be refunded if an event is cancelled.

Do not send entry by registered mail

Send entries to: Johnstown Figure Skating Club

c/o Amy Kreger 5788 Kingwood Road Markleton, PA 15551-8710

FEES: The entry fees are \$65.00 for the first event, \$25.00 for second event and \$15.00 for each event thereafter.

• Short Program and Long Program are considered separate events.

• Pair Skaters should split the fee (50% each). If a competitor is skating in both Singles and Pairs events, then the

Singles event will be considered the first event.

FINAL ROUNDS: Separate final rounds will be held for short and long programs for levels Juvenile and above, made up of more

than one group. An equal number of place finishers from each group, per level, will advance to a final round

with no more than 18 skaters.

AWARDS: Awards will be given to the top six skaters in each group. Medals will be presented to all 1 st, 2 nd and 3 rd place

skaters and 4th, 5th and 6th place skaters will receive a ribbon. Trophies will be presented to the 1st place winners of "final round" events. Flower halos will be awarded to the top three skaters in free skating events.

There will also be 1st, 2nd, and 3rd place club trophies presented to the top three clubs with the most points

Music will be played from cassettes or compact discs. Tapes/CDs must be clearly marked with the skater's

name and event on the program side of the tape. <u>Skaters should have duplicate with them at their scheduled</u> event. While all possible care will be taken, JFSC assumes no responsibility or liability due to loss or damage

to music. Please submit the cassette(s) or CD(s) at the registration desk upon arrival (at least one hour before

your scheduled event).

RINK: Planet Ice Arena ice measures 200' x85' with rounded corners and a barrier.

A snack bar will be open during the competition.

SCHEDULE: A tentative schedule will be available as soon as possible after the entry deadline. The tentative schedule of

events will be posted on the Johnstown Figure Skating Club web page located at

www.youthsports.com/members/fscpa1230.com

A self-addressed stamped envelope is required to receive a schedule by mail.

PRACTICE ICE: Practice ice will be available during designated times throughout the competition. A tentative schedule of

practice ice will be included in the tentative event schedule mailings and will be posted to our web site. Practice

ice will be \$10.00 per 30-minute session. Sessions will be limited to the first 20 skaters.

REGISTRATION: Upon arrival, please register at the registration desk. You must register at least one (1) hour prior to your

scheduled event.

ADMISSION: There will be NO admission charge for spectators.

VIDEO: Professional videotaping will be available at the competition. If personal videotaping is done, only battery-

operated cameras should be used.

HOTELS: Comfort Inn & Suites: (814) 266-3678

Sleep Inn: (814) 262-9292 or (800) 753-3746 Holiday Inn Express (814) 266-8789 or (800) 822-9194

ADVERTISING: Advertising space is available in our Program Book at very reasonable rates. We encourage you to consider

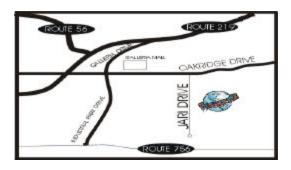
supporting the athletes while promoting your Club, Competitions or Business.

LOCKER ROOMS: Locker Rooms will be available.

COACH SEMINAR: USFSA Officials will hold a seminar for coaches during the competition.

DIRECTIONS PLANET ICE ARENA 195 JARI DRIVE, JOHNSTOWN, PA TELEPHONE (814)266-9090





From The PA Turnpike – Take the PA Turnpike exit 10 (Somerset). Continue straight through 2 lights at the 3rd light make a left. Continue straight going northeast on PA 281 for approx. ½mile then take the US-219 North ramp towards Johnstown. Merge onto US-219N. Stay on route US-219N take the Galleria Drive Exit.). Get in the right lane. Turn right at the light. At the third light you will need to get into the left lane. Turn left onto Oakridge Dr. Follow for about 1/4 mile. Turn right on Jari Drive. The rink is on the left.

From Pittsburgh and West – PA Rt. 22 East (approx. 50 miles) Take Rt. 403 South – Johnstown Exit approx. 7 miles. Rt. 403 intersects with Rt. 56. Proceed on Rt. 56 East to Rt. 219 North. 219 interchange. Head towards Ebensburg 219 south. Take the first exit you come to (Galleria Drive exit) this is an immediate right. Get in the right lane. Turn right at the light. At the third light you will need to get into the left lane. Turn left onto Oakridge Dr. Follow for about 1/4 mile. Turn right on Jari Drive. The rink is on the left.

From Harrisburg and East – Take PA Turnpike to the Bedford Exit 11. Take 220 North (RT 99) to 56 west (approx. 30-35 miles) to 219 North (Right at the light by Somerset Trust Bank). Stay in right lane to the Galleria Drive exit. Get in the right lane. Turn right at the light. At the third light you will need to get into the left lane. Turn left onto Oakridge Dr. Follow for about 1/4 mile. Turn right on Jari Drive. The rink is on the left.

From Erie – Take I-79 south to US 422 exit (exit 29) towards Butler/New Castle keep right at the fork of the ramp. Merge onto 422 E. Take the exit. Take the US 219 south ramp. Merge onto 219 S and take the Galleria Drive exit. Get in the right lane. Turn right at the light. At the third light you will need to get into the left lane. Turn left onto Oakridge Dr. Follow for about 1/4 mile. Turn right on Jari Drive. The rink is on the left.

From Cumberland, MD – Take I-68/US 222 S/US 40 take US 219 N exit (exit 22) towards Meyersdale. Keep right at the fork of the ramp. Merge onto US 219. Turn left. Turn slight left to take US 219 N ramp. Merge onto 219 N follow to the Galleria Drive exit. Get in the right lane. Turn right at the light. At the third light you will need to get into the left lane. Turn left onto Oakridge Dr. Follow for about 1/4 mile. Turn right on Jari Drive. The rink is on the left.

COMPOSITION OF FACILIS

You may enter the event for which you have passed the required test, or one level higher.

Short and long programs are separate events. There will be separate final rounds held for short and long programs for levels Juvenile and above, made up of more than one group. An equal number of place finishers from each group, per level, will advance to a final round with no more than 18 skaters.

<u>Please remember that the Competition will be conducted according to the rules of the USFSA as set forth in the 2003/2004</u> <u>Rulebook. Please check your rulebook for the proper elements needed in the short program events.</u>

FREE SKATING/SHORT PROGRAM

Tots Designed for skaters who are 6 and under, no tests passed.	. Jumps allowed are waltz	jump, salchow, toe loop, half fl	1 to ½minute ip and half lutz.
No Test A No tests passed. The only jumps permitted are waltz jump,	salchow, toe loop, half flip	, and half lutz. No combination	1 to 1 ½minute n jumps permitted.
No Test B No tests passed. No axels, double jumps, or combination (i	ncluding "hop") jumps perr	mitted.	1 to 1 ½minute
Pre-Preliminary A Passed Pre-Preliminary Free Skating Test (no higher). No a	axel or double jumps perm	itted.	1½minute
Pre-Preliminary B Passed Pre-Preliminary Free Skating Test (no higher).	,		1½minute
Preliminary Passed Preliminary Free Skating Test (no higher).			1½minute
Pre-Juvenile Passed Pre-Juvenile Free Skating Test (no higher).			2 minutes
Juvenile Age 12 or younger Passed Juvenile Free Skating Test (no higher).		Short Program: Long Program:	1 min. 40 sec 2 min. 15 sec
 Juvenile Short Program consists of the following elements: Axel Double jump of skater's choice. Jump combination consisting of two single jumps or one s Solo spin (min. 4 revs in position). Combination spin with only one change of foot and one ch Step sequence (straight line, circular or serpentine). Note: Open Juvenile skaters will be combined with Juvenile 	nange of position (min. 4 re	evs each foot).	veen.
Open Juvenile Passed Juvenile Free Skating Test (no higher). Open Juvenile Short Program will consist of the elements listed Juvenile and Open Juvenile skaters will be combined for short program.		Short Program: Long Program:	1 min. 40 sec 2 min. 15 sec
Intermediate Passed Intermediate Free Skating Test (no higher).	Short Program: Long Program:	Ladies & Men: Ladies & Men:	2 minutes 2 min. 30 sec
Novice Passed Novice Free Skating Test (no higher).	Short Program: Long Program:	Ladies & Men: Ladies: 3 minutes	2 min. 15 sec Men: 3 min. 30 sec
Junior Passed Junior Free Skating Test (no higher).	Short Program: Long Program: Long Program:	Ladies & Men: Ladies: Men:	2 min. 40 sec 3 min. 30 sec 4 minutes
Senior Passed Senior Free Skating Test.	Short Program: Long Program: Long Program:	Ladies & Men: Ladies: Men:	2 min. 40 sec 4 minutes 4 min. 30 sec
Adult Bronze Passed the Adult Bronze Free Skating Test (no higher). No a	xels and no double jumps	permitted.	1 min. 40 sec
Adult Silver Passed the Adult Silver Free Skating Test (no higher). Axels	permitted. No double jum	ps.	2 min. 10 sec
Adult Gold Passed the Adult Gold Free Skating Test (no higher).			2 min. 40 sec
	PAIRS		

PAIRS

Pre-Juvenile Pairs Both partners passed Preliminary Pair Test and Pre-Juvenile MIF Test.	1 mir	. 30 sec
Juvenile Pairs Both partners passed Juvenile Pair Test.	2 mir	. 15 sec
Intermediate Pairs Both partners passed Intermediate Pair Test.	3 min	
Novice Pairs Both partners passed Novice Pair Test.		i. 15 sec i. 30 sec
Junior Pairs Passed Junior Free Skating Test (no higher).	Short 2 mir Long 4 mir	ı. 40 sec utes
Senior Pairs Passed Senior Free Skating Test.		i. 40 sec i. 30 sec

COMPULSORY MOVES

Test Requirements are the same as for Free Skating. Beginner through Pre-Juvenile skaters will present a program, without music and no longer than the stated times. All compulsory moves will be skated on one-half of the ice surface. Elements may be skated in any order. There will be deductions for additional moves. Male skaters may be placed with female skaters depending on the entry numbers.

No Test A	2 bunny hops in a row, lunge, waltz jump, forward spiral, 2-foot spin (3 rev). Time - 1 minute max.
No Test B	2 bunny hops in a row, lunge, waltz jump, forward spiral, 2-foot spin (3 rev). Time - 1 minute max.
Pre-Preliminary	Waltz jump/Toe Loop combination, half flip or half lutz, salchow, forward outside spiral, one foot spin (3 rev). Time - 1 minute max.
Preliminary	Salchow jump/Toe loop combination (no step or turn in between), flip jump, loop jump, forward spiral on a curve, back scratch spin (3 rev) no change of foot. Time - 1 minute max.
Pre-Juvenile	Flip/Loop combination, lutz jump, camel spin (3 rev), straight line or diagonal footwork, sit change sit spin (3 rev each foot in position). Time 1 1/2 minutes max.

SPIN EVENT

Beginner through Senior will present a program without music with spins specified for their appropriate level. Connecting moves are permitted between each spin. Spins may be done in any order. There will be deductions for any jumps done. Programs can be no longer than the stated times. The requirements for this event are the same as for Free Skating Events. Beginner through Pre-Juvenile will use ½ce and Juvenile through Senior on full ice. Male skaters may be placed with female skaters depending on the entry numbers.

LEVEL	REQUIREMENTS	TIME LIMIT
No Test	One Foot Spin (3 revs) Two Foot Spin (3 revs)	45 sec. max.
Pre-Preliminary	One Foot Spin (3 revs) Two Foot Spin (3 revs) Sit Spin (3 revs)	1 min. max
Preliminary	One Foot Upright Spin (3 revs) Front to Back Scratch Spin (3 revs each foot) Sit Spin (3 revs)	1 min. 15 sec. max
Pre-Juvenile	Camel Spin (3 revs in position) Front to Back Scratch Spin (4 revs per foot) Combination Camel to Sit Spin (6 revs total) no change of foot	1 min. 15 sec. max
Juvenile	Forward Sit Spin (4 revs) Layback or Attitude Spin-Ladies (4 revs) Forward Camel Spin-Men (4 revs) Combination Spin with one change of foot and one change of pos	1 min. 15 sec. max ition (4 revs each foot) camel, sit or attitude.
Intermediate	Sit Change Sit (4 revs each foot in position) Flying Camel (5 revs) Spin combination consisting of one change of foot and one chang	1 min. 30 sec. max e of position (4 revs each foot)
Novice	Camel Spin to backward Camel Spin (4 revs each foot in position) Solo Spin, your choice (6 revs in position) Spin combination consisting of one change of foot and one chang	1 min. 30 sec. max e of position (5 revs each foot)
Junior	Flying Sit or Flying Change Rev Spin (6 revs) Layback or Cross-foot Spin (6 revs) Spin Combination consisting of 3 positions and one change of foo (10 revs total)	1 min. 30 sec. max
Senior	Layback or Scratch Solo Spin (8 revs in position) Any Flying Spin (6 revs in position) Combination Spin, 2 changes of position and one change of foot (10 revs total) Any solo spin (6 revs in position)	2 min. max

SOLO DANCE EVENTS

Any Male or Female skater may enter. You may skate at your test level or one level higher. Skaterwill skate three patterns.

LEVEL	TEST REQUIREMENTS	DANCES
Preliminary:	May not have passed any Pre-Bronze Dances	Rhythm Blues
Pre-Bronze:	May not have passed any Bronze Dances	Swing Dance
Bronze:	May not have passed any Pre-Silver Dances	Ten Fox
Pre-Silver:	May not have passed any Silver Dances	Foxtrot
Silver:	May not have passed any Pre-Gold Dances	American Waltz
Pre-Gold:	May not have passed any Gold Dances	Kilian
Gold:	Passed Gold Dances	Quickstep
Adult Pre-Bronze:	Not completed more than One Bronze/Adult Bronze Dance	Swing Dance
Adult Bronze:	Not completed more than One Silver/Adult Silver Dance	Ten Fox
Adult Silver:	Not completed more than One Pre-Gold/Adult Pre-Gold Dance	American Waltz
Adult Pre-Gold	May not have completed Gold/Adult Gold Dance Test	Paso Doble

PARTNER COMPULSORY DANCE EVENTS

Couples can skate at their test level or one level higher. The number of sequences to be danced, and starting position will be determined by the referee.

LEVEL	DANCE	
Preliminary	Canasta Tango	
Pre-Juvenile	Rhythm Blues	
Juvenile	Fiesta Tango	
Intermediate	European Waltz	
Novice	Paso Doble	
Junior	Rhumba	
Senior	Quickstep	
Adult Pre-Bronze:	Cha Cha	
Adult Bronze:	Ten Fox	
Adult Silver:	Foxtrot	
Adult Pre-Gold:	American Waltz	

SHOWCASE

This is a program with the emphasis on the entertainment value, rather than technical content. Elements to be considered in judging will be illustration of character, music interpretation, costuming, and audience appeal. Vocal music is allowed. For this event skaters must skate their test level. Props are optional. No costumes or props with feathers or water will be permitted on the ice. Skaters must carry their own props on and off the ice.

LEVEL	TEST REQUIREMENTS	PROGRAM TIME	
Showcase Level A:	No-Test through Preliminary FS	Not to exceed 1 1/2min.	
Showcase Level B:	Pre-Juvenile through Intermediate FS	Not to exceed 2 min.	
Showcase Level C:	Novice through Senior FS	Not to exceed 2 min.	
Group Showcase:	No Test Restrictions. 2, 3 or 4 Skaters per Group	Not to exceed 2 min.	,
Adult Level A:	FS Level Adult Bronze or Silver	Not to exceed 2 min.	
Adult Level B:	FS Level Adult Gold or Master	Not to exceed 2 min.	

JUMP EVENT

Skaters will qualify according to their free skating level. Pre-Preliminary through Pre-Juvenile will be skated on ¼ce. All other levels will skate on full ice. Jumps should be performed exactly as stated. Skaters will be given two (2) opportunities to perform each jump and will be judged on the best one. The following format will be used for this event; the first skater will take the ice and attempt the first jump twice, pause and then attempt the second jump twice before going to the next element and/or skater. This procedure will be repeated throughout the event.

LEVEL	REQUI	REMENTS	
Pre-Preliminary:	1. Toe Loop	2. Combination of	any two single jumps (no axels)
Preliminary:	1. Loop	2. Combination of	any two single jumps
Pre-Juvenile:	1. Axel	2. Double Toe Loc	р
Juvenile:	1. Axel	2. Combination of	any double jump with a loop jump
Intermediate:	1. Axel	2. Double Loop	3. Combination of any two double jumps
Novice:	1. Double Loop	2. Double Flip	Combination of any two double jumps
Junior:	1. Double Axel	2. Double Lutz	3. Combination of any two double jumps or a triple jump with a double jump
Senior:	1. Double Lutz	2. Double Axel	3. Combination of any double jumps or a triple jump with a double jump

2003 Mountain Laurel Competition – Official Entry Form

Due Date March 22, 2003 APPLICATION FORM

FORM MUST BE FILLED OUT COMPLETELY AND LEGIBLY OR ENTRY COULD BE REJECTED! (May be copied, front and back)

Name:	Sex: Birth Da	te: Age:	_USFSA#Hor	me Club:
Street Address:		City:		State:Zip:
Phone #:	Email	Address:		
Test Levels as of 3/22/03: F	Freestyle : MI	lF: Pair: _	Dance:	
Partner's Name:	USFSA#	Home Club:		
Group Showcase (List Name	es)		,	
	PLEASE FILL OUT THE P	ROFESSIONAL INFORMA	TION REQUESTED COMP	LETELY.
Professional's Name:		E	Email Address:	
Street Address:	(City:	State:Zip	Phone #:
CHECK EVENT TO B	E SKATED			
FREE SKATING TOTS NO TEST A NO TEST A PRE-PRELIMINARY A PRE-PRELIMINARY B PRELIMINARY B PREJUVENILE JUVENILE JUVENILE OPEN JUVENILE INTERMEDIATE NOVICE JUNIOR SENIOR ADULT BRONZE ADULT SILVER ADULT GOLD PAIRS FREE SKATING PRE-JUVENILE JUVENILE JUVENILE JUVENILE INTERMEDIATE SENIOR	COMPULSORY MOVES NO TEST A PRE-PRELIMINARY PRE-PRELIMINARY PRE-JUVENILE SHORT PROGRAM JUVENILE/OPEN JUVENILE NOVICE JUNIOR SENIOR PAIRS SHORT PROGRAM PRE-JUVENILE INTERMEDIATE JUVENILE INTERMEDIATE JUVENILE INTERMEDIATE JUVENILE INTERMEDIATE JUVENILE INTERMEDIATE INTERMEDIATE	SPIN EVENT NO TEST PRE-PRELIMINARY PRELIMINARY PRE-JUVENILE JUVENILE INTERMEDIATE NOVICE JUNIOR SENIOR PRE-PRELIMINARY PRELIMINARY PRELIMINARY PRELIMINARY PRE-JUVENILE JUVENILE INTERMEDIATE NOVICE JUNIOR SENIOR	SOLO DANCE PRELIMINARY PRE-BRONZE BRONZE PRE-SILVER SILVER PRE-GOLD GOLD ADULT PRE-BRONZE ADULT BRONZE ADULT SILVER ADULT PRE-GOLD	SHOWCASE SHOWCASE LEVEL A SHOWCASE LEVEL B SHOWCASE LEVEL C GROUP SHOWCASE ADULT LEVEL A ADULT LEVEL B PARTNER DANCE PRELIMINARY PRE-JUVENILE JUVENILE JUVENILE INTERMEDIATE NOVICE JUNIOR SENIOR ADULT PRE-BRONZE ADULT SILVER ADULT PRE-GOLD
Second Event				Event\$65.00 \$25.00 \$15.00
Total Number of Ever	nts Tota	l Entry Fees Enclose	ed	

Make checks or money orders payable to:

"JOHNSTOWN FIGURE SKATING CLUB" or "JFSC"

Mail entry form with appropriate entry fees and stamped self-addressed envelope to:

Johnstown Figure Skating Club c/o Amy Kreger 5788 Kingwood Road Markleton, PA 15551-8710

(Please do not send entry by registered mail. Thank you.)

	ication of Competitor skater named on this applica entrant is a member in good s	ition and certify th	nat he/she is eligible	QUIRED) e to compete in accordance with the
Signed	Title		Date	
Home Club				
Cert	ification by Athlete ar	nd Parent/Gu	uardian (REQL	JIRED)
the sport of figure skating, and the others. ATHLETE PARENT/GUARDIAN:	at is consistent with the high I understand that the USFS, for property suffered by the skalerein, all entrants, their parent property resulting from, caus lease any and all claims which	A and the clubs or ters or officials. Ants and guardians sed by or connected they may have a	sport. I agree to re r organizers of com As a condition of an and officials shall be ed with, the conduct against any officials	ct and management of the , the USFSA, the club hosting the
Athlete's Signature		Date		
(Signature Required)				
Parent/Guardian's Signature		Date		
(Signature Required if athlete	is under age 18)		<u> </u>	
Autho	orization for Emergen	cy Medical Tr	reatment (REC	QUIRED)
In the event I am unavailable, I h	earby give permission for any	y emergency med	ial diagnosis, treatr	ment or procedure for:
Print Ska	ters Name			
Emergency medical information	on (allergies, pre-existing o	conditions, medi	ications, etc.):	
Name of Physician		Telephone		
Name of Insurance Co				
Policy #	Name of Insured			
		Date		
(Signature Required) Relationship to Skater (Must be signed by Parent/Guardian if Skater	Telep	phone		

SEND FULLY COMPLETED FORM (BOTH SIDES COMPLETED) AND PAYMENT TO:

JOHNSTOWN FIGURE SKATING CLUB C/O AMY KREGER 5788 KINGWOOD ROAD MARKLETON, PA 15551-8710

CHECKS PAYABLE TO: JFSC

ENTRIES MUST BE POSTMARKED NO LATER THAN MARCH 22, 2003

PROGRAM ADVERTISING INFORMATION

2003 MOUNTAIN LAUREL SKATING COMPETITION

Hosted by the

JOHNSTOWN FIGURE SKATING CLUB

The Johnstown Figure Skating Club is proud to host the 2002 Mountain Laurel Skating Competition, to be held May 3-4, 2003 at the Planet Ice Arena, 195 Jari Drive, Johnstown, PA 15904

We invite you to submit an advertisement to be printed in the program. All participants will receive an attractive program book, featuring the full competition schedule, restaurant and vendor information, and greetings from skating clubs and local businesses. We would welcome your support of this event by purchasing an ad in the program book.

Please check the size of the advertisement you wish to place and indicate the information you would like displayed. The measurements indicated for ad sizes are width x height. Please allow for at least a one-half inch border on all sides. The deadline for advertising is April 19, 2003.

	Full Page (8 ½ x 11")	\$90.00	
	Half Page (8 ½ x 5 ½ or 4 1/4" x 11")	\$50.00	
	Quarter Page (4 1/4" x 5 1/2")	\$30.00	
	Eighth Page (4 1/4" x 2 3/4")	\$20.00	
	Personal Greetings (one line)	\$3.00	
	Total Enclosed		
Name of Advertiser			
Address			
City, State & Zip			
Contact Person	Phone Number		
Personal Greeting			

Make checks payable to: Johnstown Figure Skating Club or "JFSC"

Include with your application **or** mail directly to (include ad):

Johnstown Figure Skating Club C/o Amy Kreger 5788 Kingwood Road Markleton, PA 15551-8710

For more information, phone 814-926-3012 evenings or 814-443-4802 extension 5035 daytime.