

2nd Annual Midwest Basic Skills Competition

HOSTED BY:
Dearborn Figure Skating Club
Saturday, October 18 2003

The 2nd annual Midwest Basic Skills Competition will be held at the Dearborn Ice Skating Center at 14900 Ford Rd Dearborn, MI. Saturday, October 18, 2003. The Basic Skills Competition is sanctioned by the USFSA conducted in accordance with the rules of the 2002-2003 USFSA Rulebook. The rink that will be utilized has a 200 x 85 foot surface. This facility offers ample parking, lobby space and numerous dressing rooms for your convenience.

QUALIFICATION REQUIREMENTS: This Basic Skills competition is open to all USFSA and ISI Skaters in any Learn to Skate Program. Skaters must belong to USFSA or ISI to compete. Compulsory Moves and Free Skate events will be offered. Skaters may choose the group in which they wish to compete based on maneuvers to be performed. Compulsory moves will be skated without music in a short program. **If you compete in a basic level event, you are not permitted to skate in any of the Low beginner or High beginner events.**

All Basic Skill events will be divided into groups of approximately 6 – 8 skaters grouped according to age. Age groups will be combined at the discretion of the Referee and/or Competition Chair.

ENTRY FEES:

- The entry fee for Basic Skills 1 – 8 and Freestyle 1 – 4 is \$35.00.
- All other entry fees are \$50.00 for the first event and \$25.00 for each additional event.
- Fees must be payable to the **Dearborn Figure Skating Club**.
- **APPLICATIONS MUST BE POSTMARKED NO LATER THAN August 25, 2003.** Late applications may be accepted ONLY at the discretion of the competition chairperson and must be accompanied by a \$25.00 late fee. A \$25.00 charge will be assessed for all returned checks due to insufficient funds. All fees must be settled in order to compete.
- Refunds will be made for medical reasons only until October 1, 2003. A \$15.00 handling fee will be assessed for all refunds. A \$25.00 charge will be assessed for all refunds.

AWARDS:

- Medals will be awarded for first, second, and third places and will be presented off ice, immediately following the completion of the event and posting of the results.
- Ribbons will be awarded for fourth through 10th place.

MUSIC: Must be played from cassettes/CD's and should be turned over to the registration desk upon arrival. **All tapes/CD's should be keyed and ready to play. Tapes should be clearly marked with the skaters name and event. No tapes will be mailed after the competition. Please pick up your tape following your event. Skaters should have a spare tape READILY available.**

SCHEDULE OF EVENTS: A self-addressed stamped envelope must accompany your application in order to receive your schedule of events!!!! Schedules will be mailed to you approximately 1 week prior to the competition.

VIDEO TAPING AND PHOTOGRAPHS: Will be available and can be arranged for at the rink. You may furnish your own tape or purchase the same. Photographs will be taken of all individual children and award pictures will also be taken.

Please mail all entries to: JoAnn Eastman
P.O. Box 5581
Dearborn, MI 48126

COMPETITION EVENTS AND ELIGIBILITY

BASIC SKILLS 1 - 8

ALL ELEMENTS SHALL BE SKATED ONE AT A TIME IN ROTATION ON A ½ SHEET OF ICE.
A SECOND ATTEMPT MAY BE REQUESTED BY THE SKATER WITH THE RAISE OF A HAND.
ONLY THE SECOND ATTEMPT WILL THEN BE JUDGED.

- Snowplow Sam (6 and under)**
- 1) March followed by a two-foot glide and dip
 - 2) Forward two-foot swizzles- 2-3 in a row
 - 3) Forward snowplow stop
 - 4) Backward wiggles 2-6 in a row
- Basic 1**
- 1) Skate forward and glide on two feet
 - 2) Forward two-foot swizzles- 6-8 in a row
 - 3) Forward snowplow stop
 - 4) Backward wiggles- 6-8 in a row
- Basic 2**
- 1) Forward skating to a one-foot glide- either foot
 - 2) Continuous forward slalom- 6-8 in a row
 - 3) Moving snowplow stop
 - 4) Two-foot turn- forward to backward (in place)
 - 5) Backward two-foot swizzles- 3-4 in a row followed by continuous backward slalom 4-6 in a row
- Basic 3**
- 1) Two foot spin- minimum of 2 revolutions, options for free foot may be used
 - 2) Forward stroking
 - 3) Forward one-foot swizzles on a circle, either clockwise or counterclockwise 6-8 consecutive
 - 4) Moving forward to backward two-foot turn- either direction
 - 5) Backward one-foot glide- either foot
- Basic 4**
- 1) Forward crossovers- 4-5 consecutive, to a forward outside edge, clockwise or counter clockwise.
 - 2) Forward crossovers- 4-5 consecutive, to a forward inside edge, clockwise or counter clockwise
 - 3) Forward outside 3-turn from a T position- R and L
 - 4) Backward snowplow stop- R and L
 - 5) Backward stroking
- Basic 5**
- 1) Backward crossovers- 4-5 consecutive, to backward inside edge, clockwise or counter clockwise
 - 2) Backward crossovers- 4-5 consecutive, to a backward outside edge, clockwise or counter clockwise
 - 3) One-foot spin- minimum of 3 revolutions
 - 4) Hockey stop
 - 5) Side toe hop- either direction
- Basic 6**
- 1) Forward inside 3 turn from a T-position-R and L
 - 2) Lunge – R or L
 - 3) Bunny Hop
 - 4) Forward spiral on a straight line – R or L
 - 5) T – stop R or L
- Basic 7**
- 1) Forward inside open Mohawk – R and L
 - 2) Ballet Jump – either direction
 - 3) Backward crossovers to a backward outside edge landing position, clockwise and counter clockwise
 - 4) Forward inside pivot
- Basic 8**
- 1) Moving forward outside or forward inside three- turns – R and L
 - 2) Stand still Waltz jump
 - 3) Mazurka – either direction
 - 4) Combination move – clockwise or counter clockwise
 - 5) Beginning one foot upright spin, optional free foot position

COMPULSORY EVENTS
BASIC FREESTYLE 1-4
LOW-BEGINNER – HIGH BEGINNER

ALL ELEMENTS SHALL BE SKATED ONE AT A TIME IN ROTATION ON A ½ SHEET OF ICE A SECOND ATTEMPT MAY BE REQUESTED BY THE SKATER WITH THE RAISE OF A HAND ONLY THE SECOND ATTEMPT WILL THEN BE JUDGED

- FREESTYLE 1**
- 1) Advanced forward stroking skated for one length of the designated area and around one end of the designated area
 - 2) Scratch Spin
 - 3) Waltz Jump
 - 4) Half flip
- FREESTYLE 2**
- 1) Toe loop jump
 - 2) Beginning back spin
 - 3) Waltz jump, side toe hop, waltz jump combination
 - 4) Forward outside edge spiral
- FREESTYLE 3**
- 1) Waltz jump/toe loop, or salchow/toe loop combination
 - 2) Salchow
 - 3) Back spin w/crossed leg position
 - 4) Advanced forward swing roles – 4-6 consecutive outside edges
- FREESTYLE 4**
- 1) Loop jump
 - 2) Waltz jump, loop jump combination
 - 3) Spiral sequence – forward inside spiral, forward inside Mohawk, backward outside spiral – clockwise and counter clockwise
 - 4) Sit spin (min 3 rev)
- LOW BEGINNER**
- 1) ½ Revolution jump
 - 2) Toe loop
 - 3) 2 foot spin (min 3 rev)
 - 4) Lunge
- HIGH BEGINNER**
- 1) Waltz jump, toe loop combination
 - 2) Loop or salchow
 - 3) Forward scratch spin (min 3 rev)
 - 4) Forward spiral

Moves In the Field

Each move will be skated one at a time in rotation on a full sheet of ice.

- Pre-preliminary.....**
- 1) Forward Perimeter Stroking (Both Directions)
 - 2) Waltz Eight
- Preliminary.....**
- 1) Forward Power 3-turns
 - 2) Alternating Backward crossovers to Backward outside edges
- Pre-Juvenile.....**
- 1) Forward And Backward Edge Pulls
 - 2) Five Step Mohawk sequence
- Juvenile.....**
- 1) Eight Step Mohawk Sequence
 - 2) Backward Power 3- turns
- Intermediate.....**
- 1) Backward Double 3- turns
 - 2) Inside Slide Chasse Pattern

FREE SKATING EVENTS
LOW- BEGINNER – INTERMEDIATE

ALL EVENTS WILL BE SKATED ON THE FULL ICE SURFACE TO THE MUSIC OF THE SKATER'S SELECTION. THERE WILL BE A TEN SECOND LEEWAY IN THE SPECIFIED TIME LIMIT. SKATERS MAY SKATE UP ONE LEVEL BUT MAY NOT SKATE AT MORE THAN ONE LEVEL.

**Program requirements for all levels are according to the USFSA rulebook if not specified.
(SSR 4.00)**

Limited Beginner.....(Time: 1 minute) No tests passed, all forward skating elements, no spins, no backward skating.

Low Beginner.....(Time: 1 ½ minutes) Open to skaters who have NOT passed the Pre-Preliminary Freestyle Test and no higher. May include any ½ revolution jump plus salchows, toe loops and ½ loops. No flying spins, combination spins or back spins.

High Beginner.....(Time: 1 ½ minutes) Open to skaters who have NOT passed the Pre-Preliminary Freestyle Test. May include any ½ revolution jumps plus salchows, toe-loops, ½ loops and loops. Program may NOT include flying spins.

Pre-Prel Limited..... (Time: 1 ½ minutes) Open to skaters who have passed the U.S.F.S.A. Pre-Preliminary Freestyle Test and no higher. Program may NOT include axels, double jumps, or flying spins.

Prelim Limited..... (Time: 1 ½ minutes) Open to skaters who have passed the U.S.F.S.A. Preliminary Freestyle Test and no higher. Programs may include all single jumps including axels. May not include double jumps or flying spins.

Preliminary (Time: 1 ½ minutes) Open to skaters who have passed the U.S.F.S.A. Preliminary Freestyle Test and no higher. U.S.F.S.A. requirements: Axel plus up to two different double jumps, which may be repeated as individual jumps, jumps sequences or jump combinations. (SSR4.10)

Pre-Juvenile..... (Time: 2 minutes) Open to skaters who have passed the U.S.F.S.A. Pre-Juvenile Freestyle Test and no higher. U.S.F.S.A. requirements: (SSR4.09)

Juvenile..... (Time: 2 minutes) Open to skaters who have passed the U.S.F.S.A. Juvenile Free Skate Test and no higher. No jump or spin requirements. (SSR4.08)

Intermediate..... (Time: 2 ½ minutes) Open to skaters who have passed the U.S.F.S.A. Intermediate Free Skate Test and no higher. No jump or spin requirements. (SSR4.07)

COMPULSORY SKILLS
PRE-PRELIMINARY – PRE-JUVENILE

THESE EVENTS SHALL BE SKATED IN PROGRAM FORM WITH NO MUSIC ON A HALF SHEET OF ICE.

- Pre-Preliminary**..... (Time: 1 ¼ minute or less) NO AXELS
- 1) Single jump (may not be repeated in combination)
 - 2) Single – single combination
 - 3) Forward spin (min 3 revolutions)
 - 4) Forward inside & outside spiral sequence

- Preliminary**..... (Time: 1 ½ minute or less)
- 1) Single - single combination
 - 2) Single jump. Axels permitted
 - 3) 1-Foot Back spin, (position optional; may not commence with a jump; min 3 revolution)
 - 4) Field move – spiral, bauer, or spread eagle (limit one)
 - 5) Step sequence

- Pre-Juvenile**..... (Time: 1 ½ minute or less)
- 1) Single jump (may not be repeated in combination)
 - 2) Single - single combination – must include a loop, Axels are permitted.
 - 3) Spin combination with one change of foot; no change of position (may not commence with a jump; min 4 revolutions on each foot)
 - 4) Step sequence
 - 5) Solo spin (may not commence with a jump; min 4 revolutions)

SHORT PROGRAM

All short programs will be skated WITH music.

- Juvenile**.....
- 1) Axel (May not be repeated in combination)
 - 2) Double jump. (May not be repeated in combination)
 - 3) Combination jump, single/double (In either order)
 - 4) Combination spin with only one change of foot and position (min 4 revolutions on each foot)
 - 5) Step sequence – straight line, serpentine or circular
 - 6) Solo spin (min 4 revolutions). May not be commenced with a jump.

Intermediate..... Required elements per SSR 3.08 & 3.09
Time : 2 minutes

SPINS EVENT

THIS EVENT TO BE SKATED IN THE PROGRAM FORMATION. THE SKATERS WILL USE 1/2 THE ICE SURFACE WITH A TIME LIMIT OF 2:00 MINUTES OR LESS. ALL ELEMENTS MUST BE SKATED, BUT IN ANY ORDER

- Pre-Preliminary** (Minimum 3 revolutions in each spin position)
- 1) 1 foot spin
 - 2) Sit spin
 - 3) Two foot spin
 - 4) Forward outside spiral
- Preliminary** (Minimum 3 revolutions in each spin position)
- 1) Sit spin
 - 2) One foot spin
 - 3) Upright backspin
 - 4) Footwork sequence
 - 5) Field move – spiral, bauer, or spread eagle (limit one)
- Pre-Juvenile/Juvenile** (Minimum 4 revolutions in each spin position)
- 1) Layback
 - 2) Sit change sit combination
 - 3) Camel
 - 4) Footwork sequence
 - 5) Field element – spiral, bauer, spread eagle (limit one)
- Intermediate/Novice** (Minimum 5 revolutions in each spin position)
- 1) Layback
 - 2) Flying spin
 - 3) Combination spin (3 changes in position and 1 change of foot, min. 5 revs. On each foot)
 - 4) Footwork sequence
 - 5) Field move – spiral, bauer, or spread eagle (limit one)

ARTISTIC SHOWCASE

Showcase: Showcase events are to be skated to music. Programs should be designed specifically to entertain and/or emotionally move the audience. Costumes are encouraged. Props will be allowed and the skater will have 30 seconds to place and remove the prop. (no props are allowed on ice during warm-up). Test requirements for each showcase group are the same as the freestyle levels indicated.

- Group I:** Time 1-1/4 min. Beginner – No axels, No double jumps.
- Group II:** Time 1-1/4 min. Pre-Preliminary and Prelim. – No axels, No double jumps
- Group III:** Time 1-1/2 min. Pre-Juvenile and Juvenile – Maximum 4 revolution jumps
- Group IV:** Time 1-1/2 min. Intermediate/Above – Maximum 4 revolution jumps

MIDWEST BASIC SKILLS COMPETITION

October 18, 2003

Hosted by Dearborn Figure Skating Club

Competitor's Information

Name: _____ Age: _____ Birthdate: _____ Sex: M / F
 Address: _____ City: _____ State: _____ Zip: _____
 Phone (____) _____ Home Club _____ USFSA# _____

Last test Passed as of August 25, 2003:

Freestyle _____ ISI# _____ Moves _____

Coach's Information:

Name _____ Phone(____) _____
 Address _____ City _____ State _____ Zip _____

Please Check and/or highlight the events you are requesting.

| | <u>BASIC</u> <u>COMPULSORY</u> | <u>COMPULSORY</u> | <u>FREESTYLE</u> | <u>ARTISTIC</u> <u>SHOWCASE</u> | <u>SPINS</u> | <u>Moves in the</u> <u>Field</u> |
|-------------|-----------------------------------|---------------------------------|------------------------|------------------------------------|---------------------------|-------------------------------------|
| SnowPlowSam | | | Ltd Beginner | | | |
| Basic 1 | | Low Beginner | Low Beginner | Group I | | |
| Basic 2 | | High Beginner | High Beginner | | | |
| Basic 3 | | Pre-Preliminary | Pre-Preliminary LTD | Group II | Pre- Preliminary | Pre- Preliminary |
| Basic 4 | | | Prelim Limited | | | |
| Basic 5 | | Preliminary | Preliminary | | Preliminary | Preliminary |
| Basic 6 | | Pre-Juvenile | Pre- Juvenile | Group III | Pre-Juvenile/ Juvenile | Pre-Juvenile |
| Basic 7 | | Juvenile (short program) | Juvenile | | | Juvenile |
| Basic 8 | | Intermediate (short program) | Intermediate | Group IV | Intermediate / Novice | Intermediate |
| Freestyle 1 | | | | | | |
| Freestyle 2 | | | | | | |
| Freestyle 3 | | | | | | |
| Freestyle 4 | | | | | | |

**FEES: \$50.00 First Event; \$25.00 Each additional event,
 \$35.00 for Basic Skills and Freestyle 1-4 Only.**

Please enclose a stamped, self addressed, business size (#10) envelope with your entry.

Please make checks payable to the Dearborn FSC (\$25 fee for returned checks).

Mail entry form to: JoAnn Eastman, P.O. Box 5581, Dearborn, MI 48126

CERTIFICATION AND RELEASE

The following Certification and release must be completed and signed.

Certification of Competitor I am an amateur under the rules of the USFSA or ISI

Signature_____

Club Officer

To the best of knowledge, the above information is correct and true. The competitor is a member in good standing.

Club Officer_____

Title_____

WAIVER OF CLAIM FOR INJURY:

The undersigned agrees to hold harmless the Dearborn Figure Skating Club, Dearborn Ice Skating Center employees and agents from any loss, damage and/or injury that may be sustained by the competitor in any manner while participating in any of the activities of said competition. This release must be signed by the parent or guardian if entrant is under 18 years of age.

Signature of Parent/Guardian

Date

- **All Entries must be postmarked by August 25, 2003.**
- **There will be a \$25.00 late fee assessed for late entries.**
- **Applications will be processed on a first-come, first served basis.**
- **Entry Fees are per person, per event in U.S. Dollars only.**
- **No refunds after closing date unless event is cancelled.**
- **There will be a \$25.00 service charged assessed for returned checks.**

Entry Deadline August 25, 2003

Mail to:

**JoAnn Eastman
P.O. Box 5581
Dearborn, MI 48124**

CLUB USE ONLY

Date received_____ Amount enclosed_____ Check_____

No. Events Entered_____ Form Complete YES or NO_____

**Dearborn FSC OFFICIAL
PROGRAM BOOK**

Friends, family, local Business or other clubs, may wish to purchase an acknowledgment in the Competition Program Book. Camera-ready art will only be accepted. Business cards are welcome.

| | | |
|----------|-----------|------------------------|
| \$25.00 | ¼ Page | \$125.00 Inside Cover |
| \$50.00 | ½ Page | \$150.00 Outside Cover |
| \$100.00 | Full Page | |

COMPETITION FUN SQUARES

Fun squares are an easy and affordable way for you to wish your skater or friends the best of luck at the Basic Skills Competition.

Fun squares are \$5.00 per square. Please use the Fun squares outlined below. Write any message you would like using **BLACK INK ONLY!**

Submit artwork or Fun Squares, along with a **check payable to the Dearborn Figure Skating Club.**

Name _____ Phone _____

| | | | |
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