



First Annual Ann Arbor Basic Skills Competition
Ann Arbor Figure Skating Club
Ann Arbor Ice Cube
2121 Oak Valley Drive
Ann Arbor, Michigan
www.annarborfsc.com

Approved by the United States Figure Skating Association

Saturday, May 31, 2003
Entry Deadline: April 15, 2003

The First Annual Ann Arbor Basic Skills Competition, sponsored by the Ann Arbor Figure Skating Club will be held at Ann Arbor Ice Cube on Saturday, May 31, 2003. The competition will be held on the Stadium Rink, which measures 200 x 85 feet. This is a United States Figure Skating Association (USFSA) approved Basic Skills Competition. The sanction will be posted on the official competition bulletin board. Questions regarding this competition should be directed to Jim Achtenberg, e-mail jacht@umich.edu or daytime phone (734) 936-2462. E-mail communications are preferred.

MISSION STATEMENT - The purpose of this competition is to promote a fun, introductory, competitive experience for the beginning skater.

ELIGIBILITY – Skaters who have passed no higher than the Pre-Preliminary Free Skating and are currently enrolled in either a USFSA Basic Skills Program or are full USFSA Members are eligible to compete. Eligibility will be based on skill level as of April 15, 2003. ALL BASIC SKILLS SKATERS that are LEVELS 1 THROUGH 8 MUST SKATE AT CURRENT LEVEL. Skaters in other events may skate at current level or one level higher but not both levels. Skaters will be broken into groups of approximately 6-8 skaters, by birth date. Males and females may, or may not, be placed in the same group. If there is only one competitor in a group, the competitor will be asked if they wish to skate up to the next level, as there will not be exhibitions.

RULES – The competition will be conducted under the rules set forth by the USFSA's "Compete with Us" and the USFSA.

ENTRY FEES – The first event is \$25.00, and each additional event is \$10.00. All entries must be postmarked no later than April 15, 2003. Late entries will be accepted at the discretion of the organizers, and are subject to a \$15.00 late fee. Entry fees are per person, U.S. dollars. NO refunds of entry fees unless event is canceled due to lack of participation. Two or more competitors constitutes an event. Medical refunds only for major injuries, and must be accompanied by a letter from the doctor. **ENTRY FORMS MUST BE FILLED OUT COMPLETELY** and mailed with a check made payable to the Ann Arbor Figure Skating Club to:
James C. Achtenberg
PO Box 621
Manchester, MI 48158

There will be a \$25.00 fee for returned checks.

AWARDS – All competitors will receive an award. All events are final rounds. Medals will be awarded to first, second, and third places. ALL other places will receive ribbons. ALL awards will be made at appropriate times throughout the competition.

REGISTRATION – The registration table will be open 1 hour before the competition starts. Skaters will not be allowed to compete until they have registered. **PLEASE REGISTER AT LEAST ONE HOUR BEFORE YOUR COMPETITION TIME.**

SCHEDULE OF EVENTS - Will be posted on the Internet at www.annarborfsc.com and at the Figure Skaters Website, www.sk8stuff.com. The schedule will be mailed to all registered competitors in mid-May.

MUSIC – The music for all freeskate programs must be provided by the skater on 10 minute cassette tapes or CD. The tape or CD is to be turned in at registration. Competitors must have a spare cassette or CD at rinkside to be used in case of technical difficulties. Tapes must be rewound and positioned ready to play.

PRACTICE ICE – Practice Ice will be available in 30 minute sessions Saturday morning. Details will be provided in the mid-May mailing. Sign in and pay \$5.00 at the door.

VIDEO TAPING AND PHOTOGRAPHS - This will be available through Ledin Photo and Video. Order forms may be filled out and printed on the club web site, www.annarborfsc.com, once the schedule is posted. You may furnish your own tape or purchase a tape at the rink. Award photos will be taken.

THE FOLLOWING EVENTS WILL BE OFFERED:

Basic Skills Events- (Snowplow Sam – Basic 8 Levels)

Skaters must not have passed the USFSA Pre-Preliminary Moves test. Skated on 1/2 ice surface. No music. All elements must be skated in the order listed. Each skater performs one element at a time. Each skater will perform the next element only when directed by a judge or referee. Skaters are allowed one retry per element. If skaters would like a retry, she/he should raise their hand immediately. If the skater attempts a retry, only the retry will count for that element. Skaters should dress warmly as they will be standing on the ice while the others are skating.

Snowplow Sam (Tots)

1. March followed by a two-foot glide and dip
2. Forward two-foot swizzles - 2-3 in a row
3. Forward snowplow stop
4. Backward wiggles - 2-6 in a row

Basic 1

1. Forward two-foot glide
2. Forward two-foot swizzles - 6-8 in a row
3. Forward snowplow stop
4. Backward wiggles - 6-8 in a row

Basic 2

1. Forward one-foot glide - *either* foot
2. Backward two-foot swizzles - 6-8 in a row
3. Moving snowplow stop
4. Forward alternating 1/2 swizzle pumps, in a straight line- across width of ice

Basic 3

1. Forward stroking
2. Forward 1/2 swizzle pumps on a circle, *either* clockwise or counter clockwise -6-8 consecutive
3. Backward one-foot glide - *either* foot
4. Two-foot spin

Basic 4

1. Forward crossovers - 6-8 consecutive- both directions
2. Forward outside 3-turn - R and L
3. Backward stroking
4. Backward snowplow stop - R *or* L

Basic 5

1. Backward crossovers – 6-8 consecutive- both directions
2. One-foot spin - minimum of 3 revolutions
3. Hockey Stop
4. Side Toe hop - *either* direction

Basic 6

1. Forward inside 3-turn - R and L
2. T-stop - R *or* L
3. Bunny Hop
4. Forward arabesque (spiral) on a straight line - R *or* L

Basic 7

1. Forward inside open Mohawk - R to L and L to R
2. Ballet jump - *either* direction
3. Backward crossovers to a backward outside edge landing position, clockwise and counterclockwise
4. Forward inside pivot

Basic 8

1. Moving forward outside *or* forward inside three-turns - R and L
2. Waltz jump
3. Mazurka - *either* direction
4. Beginning one-foot upright spin, optional free foot position

Compulsory Programs **(Basic Skills Freeskate 1-4, Beginner, Pre-Preliminary)**

Skated on 1/2 ice surface. No music. The skating order of the required elements is optional. In program form, using a limited number of connecting steps. 1:00 minute or less

Required Elements for Compulsory Programs:

Freeskate level 1 Compulsory

1. Advanced forward stroking – 4-6 consecutive strokes
2. Basic forward outside edges and forward inside consecutive edges - 2-4 outside and 2-4 inside edges
3. Scratch spin from backward crossovers
4. Waltz jump from backward crossovers
5. Half flip jump

Freeskate level 2 Compulsory

1. Forward outside spiral - R or L, and a forward inside spiral - R or L
2. Waltz Three's- R or L
3. Beginning back spin- entry optional
4. Waltz jump, side toe hop, waltz jump series
5. Toe loop jump

Freeskate level 3 Compulsory

1. Forward crossovers in a figure 8
2. Advanced forward outside swing rolls - 4-6 consecutive
3. Back spin
4. Salchow jump
5. Waltz jump/toe loop or Salchow/toe loop

Freeskate level 4 Compulsory

1. Spiral sequence, FI spiral, FI Mohawk, BO spiral, clockwise or counter clockwise
2. Forward power 3's, 2-3 consecutive sets,- R or L
3. Sit spin
4. Loop jump
5. Waltz jump/loop jump

Beginner Compulsory Program

1. Waltz jump
2. Salchow jump
3. Half flip or half lutz jump
4. Upright scratch spin (min. 3 revolutions)
5. Forward spiral

Pre-Preliminary Compulsory Program

1. Flip jump
2. Combination jump consisting of any two single jumps (No Axel)
3. Loop jump
4. Sit spin (min. 3 revolutions)
5. Forward outside spiral

Freeskate Program – with music

A well-balanced program skated on full ice to the music of the skater's choice (vocal music is not permitted). Groups divided by age. Program Duration 1:30 +/- 10 sec.

Low Beginner Freeskate Program- May not have passed any official USFSA tests higher than Basic Skills badge levels.

Consisting of half revolution jumps, Salchow and toe loops, combinations consisting of these jumps only, upright forward one and two foot spins, one step sequence and/or spiral sequence.

High Beginner Freeskate Program- May not have passed any official USFSA tests higher than Basic Skills badge levels.

Consisting of single jumps (no axel or doubles permitted), at least one jump combination or series, a minimum of two spins of a different nature and one step or spiral sequence.

Pre-Preliminary Limited Freeskate Program- Must have passed no higher than USFSA Pre-preliminary Freeskating test

Consisting of all single revolution jumps (no axels or double jumps permitted), single combination jumps, single jump sequences. A minimum of two spins of a different nature. One step sequence or spiral sequence.

Pre-Preliminary Freeskate Program- Must have passed no higher than USFSA Pre-preliminary Freeskating test

Consisting of all single revolution jumps (axel permitted), single combination jumps, single jump sequences, no flying spins, no double jumps permitted. (Refer to the USFSA Rulebook SSR 4.11)

Spins

The skating order of the required elements is optional. All events skated on 1/2 ice- no music, in program form, using a limited number of connecting steps. Time: 1:00 or less

Low Beginner Spins Program- May not have passed any official USFSA tests higher than Basic Skills badge levels. All spins, minimum of 2-3 revolutions.

1. Scratch spin
2. Sit spin
3. Camel spin

High Beginner Spins Program- May not have passed any official USFSA Freestyle tests higher than Basic Skills badge levels. May have passed Pre-Preliminary Field Moves test. All spins, minimum of 2-3 revolutions.

1. Scratch spin
2. Sit spin
3. Camel spin

Pre-Preliminary Spins Program- Must have passed no higher than USFSA Pre-preliminary Freeskating test. All spins, minimum of 3-4 revolutions.

1. Any one foot forward spin
2. Sit spin
3. Camel spin

Interpretive Program

During warm-up skaters will hear selection of music twice. Following the warm-up all skaters except for the first skater will be escorted to a soundproof locker room or another area of the arena. The first skater will hear the music one more time and then perform a program to the music. As each skater performs the next skater in line will be allowed to hear the music for the 3rd time before they perform to the music. The listening skater will not be allowed to view the performing skater. Skaters are judged on originality, pattern, technical (the ability to include jumps and spins) and music interpretation/expression. Spins and jumps performed must be appropriate to competition level. There is to be no instruction allowed during this event from coaches, parents, or fellow skaters. Staging area must be kept clear except for ice monitor and listening competitor.

Low Beginner Interpretive Program- May not have passed any official USFSA tests higher than Basic Skills badge levels. Duration: 1:00 to 1:30 minute

High Beginner Interpretive Program- May not have passed any official USFSA Freestyle tests higher than Basic Skills badge levels. May have passed Pre-Preliminary Field Moves test. Duration: 1:00 to 1:30 minute

Pre-Preliminary Interpretive Program- Must have passed no higher than USFSA Pre-preliminary Freeskating test. Duration: 1:30 to 1:45 minute

Entry Form

1st Annual Ann Arbor Basic Skills Competition — May 31, 2003

Form must be completely filled in before it can be processed

Read carefully, talk to your coach or instructor, and fill in legibly. If you enter the wrong event and need to change it for any reason other than our error, you will be assessed a \$20 change fee.

First Name:		Last Name:		USFSA/Basic Skills #:	
Address:		City:		State:	Zip:
Date of Birth:	Age:	Sex: Female <input type="checkbox"/> Male <input type="checkbox"/>	Home Club:		
Work Phone #:		Night Phone #:		Email:	
Current Skating Level:		Last USFSA Level Passed:		Previously competed in AA Yes <input type="checkbox"/> No <input type="checkbox"/>	

Please check off event(s) entered. One entry form may be used for all events entered

Basic Skills Events	Compulsory Prog.	Freestyle Prog.	Spins	Interpretive Prog.
<input type="checkbox"/> Snowplow Sam (Tots)	<input type="checkbox"/> Freeskate 1	<input type="checkbox"/> Low Beginner	<input type="checkbox"/> Low Beginner	<input type="checkbox"/> Low Beginner
<input type="checkbox"/> Basic 1	<input type="checkbox"/> Freeskate 2	<input type="checkbox"/> High Beginner	<input type="checkbox"/> High Beginner	<input type="checkbox"/> High Beginner
<input type="checkbox"/> Basic 2	<input type="checkbox"/> Freeskate 3	<input type="checkbox"/> Pre-Prel Ltd	<input type="checkbox"/> Pre-Preliminary	<input type="checkbox"/> Pre-Preliminary
<input type="checkbox"/> Basic 3	<input type="checkbox"/> Freeskate 4	<input type="checkbox"/> Pre-Preliminary		
<input type="checkbox"/> Basic 4	<input type="checkbox"/> Beginner			
<input type="checkbox"/> Basic 5	<input type="checkbox"/> Pre-Preliminary			
<input type="checkbox"/> Basic 6				
<input type="checkbox"/> Basic 7				
<input type="checkbox"/> Basic 8				

Forms with incomplete or illegible information, missing signatures, missing pages, will be assessed a \$10 charge—payable at registration.

Check List:

- Entry Form
- Check, payable to AAFSC
- Certification page, signed by:
Club Officer; Athlete; Parent/Guard; Coach/Instructor

Fees: \$25 First event
\$10 Each additional event

ENTRY FEES ARE NOT REFUNDABLE AFTER THE ENTRY DEADLINE UNLESS AN EVENT IS CANCELLED

DEADLINE FOR POSTMARK IS: April 15, 2003
MAIL TO: James C Achtenberg, 17950 Mahrle Rd, Manchester, MI 48158
Spaces are limited within levels: first received — first entered. Mail early.

Certificate of Competitor by Club Officer

I hereby approve the entry of _____ (the competitor) into the 1st Annual Ann Arbor Basic Skills Competition. I further certify that he/she is a full member in good standing of our club and is an eligible skater as defined in the official Rules of the USFSA. If you are an individual member, you will certify your own form.

Club Officer Name:	Title:
Signature:	Telephone #:

Certification by Athlete and Parent/Guardian and Authorization for Emergency Medical Treatment

Athlete: I agree to conduct myself, both on and off the ice, in a manner that will reflect favorable upon this competition and upon the sport of figure skating, and that is consistent with the high standards of the sport. I agree to respect the person and property of others, and in the event I cause injury, damage, or loss to another or to the property of another, I hereby indemnify the USFSA, the local Competition Committee, the Ann Arbor Figure Skating Club, and their officers, directors, members, committees, representatives, employees and agents, and agree to hold them harmless against any and all claims that another person may have or which may arise out of such injury, damage or loss, together with any reasonable costs and attorney's fees that may be incurred as result of any such claims, whether valid or not.

Athlete/Parent/Guardian: I understand that the USFSA and the Ann Arbor Figure Skating Club or organizers of this competition undertake no responsibility for damages or injuries, or loss of property suffered by the competitors. As a condition of and in consideration of the acceptance of their entries or participation therein, all entrants, their parents and guardians and officials shall be deemed to agree to assume all risks of injury to their person and property resulting from, caused by or connected with, the conduct and management of the competition, and to waive and release any and all claims which they may have against any officials, the USFSA, organizers of the competition, the Ann Arbor Figure Skating Club and its officers, and their entries shall be accepted only on such condition (CR 10.12).

In the event (I)(parent if athlete is under 18 years of age) or (my son/daughter) am unavailable, I hereby give permission for any emergency medical treatment and further authorize and consent to the release of any pertinent medical information and records regarding the treatment, diagnosis, and/or examination of (myself) (my son/daughter) to the medical committee of the competition for which I am entered by the physician representative of the medical committee of the sanctioned competition in which (I) (my son/daughter) is entered.

Athlete's Signature _____
Date

Parent/Guardian's Signature: (If Athlete is under age 18) _____
Date

Instructor's Certification

I have read this entry form and certify that it is complete and that the competitor is eligible to enter the specified events:

Instructor's Name:		USFSA #:	
Signature:		Email:	
Day Phone #:	Evening Phone #:	Fax:	
Address:	City:	State:	Zip:

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MAIL TO: James C Achtenberg, 17950 Mahrle Rd, Manchester, MI 48158
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Lodging for the 2003 Ann Arbor Springtime Invitational Competition

There are over 30 hotels and/or motels within a 15-mile range of the Ice Cube. Rooms have been blocked at a number of them. You must indicate your affiliation with the Ann Arbor Figure Skating Club, or figure skating to get these rooms. Block rooms will be released a month before the competition; make your reservations before April 15, 2003. For additional information call the Ann Arbor Visitors and Convention Bureau at (800) 888-9487 or visit their World Wide Web site at www.annarbor.org

Hotels

Tell the hotel reservation clerk you are with the Ann Arbor Figure Skating Club Competition

Sheraton Inn

3200 Boardwalk
Ann Arbor, MI 48108
(I-94 & State Street Exit)
734-996-0600
\$91/night

Courtyard by Marriott

3205 Boardwalk
Ann Arbor, MI 48108
(I-94 & State Street Exit)
734-995-5900; 800-321-2211
\$86/night

Holiday Inn Express

610 Hilton Blvd.
Ann Arbor, MI 48108
(I-94 & State Street Exit)
734-761-7800; 800-344-7829
\$89/night

Weber's Inn www.webersinn.com

3050 Jackson Rd
Ann Arbor, MI 48103-1997
(I-94 & Jackson Rd. Exit)
734-769-2500
4* hotel

Red Roof Inn—South University

3505 S. State St.
Ann Arbor, MI 48108
(I-94 & State Street Exit)
734-665-3500

Studioplus

3265 Boardwalk St.
Ann Arbor, MI 48108
(I-94 & State Street Exit)
734-997-7623

Hampton Inn South

925 Victors Way
Ann Arbor, MI 48108
(I-94 & State Street Exit)
734-665-5000; 800-426-7866
\$82/night

Fairfield Inn by Marriott

3285 Boardwalk
Ann Arbor, MI 48108
(I-94 & State Street Exit)
734-995-5200
\$76/night

Crowne Plaza

610 Hilton Blvd.
Ann Arbor, MI 48108
(I-94 & State Street Exit)
737-761-7800; 800-344-7829
\$99/night

Residence Inn—Marriott

800 Victors Way
Ann Arbor, MI 48108
(I-94 & State Street Exit)
734-996-5666; 800-331-3131

Candlewood Suites

701 Waymarket Way
Ann Arbor, MI 48108
(I-94 & Ann Arbor-Saline Rd. Exit)
734-741-0687

Extended Stay America

1501 Briarwood Circle Dr.
Ann Arbor, MI 48108
(I-94 & State Street Exit)
734-332-1980

Hampton Inn North

2300 Green Rd.
Ann Arbor, MI 48105
(US 23 & Plymouth Rd. Exit)
734-996-4444
\$79/night

Holiday Inn—North Campus

3600 Plymouth Rd.
Ann Arbor, MI 48105
(US 23 & Plymouth Rd. Exit)
734-769-9800
\$82/night

Microtel Inn & Suites

3610 Plymouth Rd.
Ann Arbor, MI 48105
(US 23 & Plymouth Rd. Exit)
734-997-9100
\$65/night

Red Roof Inn—North Campus

3621 Plymouth Rd.
Ann Arbor, MI 48105
(US 23 & Plymouth Rd. Exit)
734-996-5800; 800-733-7663

Hawthorne Suites (North)

3535 Green Rd.
Ann Arbor, MI 48105
(US 23 & Plymouth Rd. Exit)
734-665-9142

Best Western Executive Plaza

2900 Jackson Rd.
Ann Arbor, MI 48103
(I-94 & Jackson Road Exit)
734-665-4444

Ann Arbor Basic Skills Competition
Ann Arbor Figure Skating Club
PO Box 1082
Ann Arbor, MI 48106

Non-Profit
US Postage
Paid
Permit No. 87
Ann Arbor, MI

Entry Form & Competition
Information Enclosed

New Competition:
The First Annual
Ann Arbor Basic Skills Competition