

Omaha Winter Festival Chevrolet/USFSA Compete with U.S. Basic Skills Competition

Sunday, January 27, 2002
Sponsored By:
Blade and Edge Figure Skating Club and
Figure Skating Club of Omaha
In Cooperation With
The City of Omaha Parks & Recreation Dept.

Location: Motto McLean Ice Arena (formerly Hitchcock Park Ice Arena) 45th & 'P' Streets Omaha, NE 68117

Basic Skills Competition: The purpose of this event is to promote a fun introduction to the competitive experience for the beginner skater. Skaters MUST be members of the United States Figure Skating Association (USFSA) or the Ice Skating Institute of America (ISIA). Anyone who has passed the USFSA Pre-Preliminary Test or higher is not eligible.

Awards: Each Division will be divided by age with no more than six competitors per group. All skaters will receive an appropriate ribbon award. Awards will be presented at the photographer's stand. All skaters in each group will be included in the award photo.

Registration: This event is scheduled for Sunday, January 27, 2002.

Please mail completed entry forms to:

Omaha Winter Festival/Dana Meyer Phone: Dana Meyer (402) 553-8138 PMB 418 E-mail meyerfc@cs.com
7914 West Dodge Road OR
Omaha, NE 68114-3423 Sue Williams (402) 391-5438

E-mail smbwill@aol.com

Entries must be postmarked by December 10, 2001. Absolutely no late entries will be accepted. Metered mail is not proof of postmark.

Entry Fees: The entry fee is \$25 for the Basic Skills Freeskate event and \$15 for the Basic Skills Compulsory event. The Freeskate entry fee **includes one practice session.** Checks should be made payable to **Omaha Winter Festival**. Returned check fee is \$25.

Music: Cassettes only will be used and must be plainly marked with the skater's name, event and running time. A duplicate tape should be readily available. Tapes should be turned in to the registration desk at least 2 hours before your event. Please make sure all tapes are recorded at adequate volume. **Music will not be played on practice ice.**

Video: The official competition photographer will be available for video taping events. Hand-held video equipment is permitted in the bleacher area only. **NO VIDEO EQUIPMENT MAY BE PLUGGED INTO THE ARENA OUTLETS.** The judges' area is restricted to the official photographer. Video taping for personal profit is not allowed.

Practice Ice: There will be a brief warm-up session prior to the events. Practice ice for **FREESKATE PROGRAMS ONLY** is included in the entry fee and will be held Sunday morning, 1/27/02. No music will be played on practice ice. Exact times for practice and warm-up will be available about mid-January.

Please plan to be at the rink 45 minutes before the start of your event.

Send a self-addressed stamped envelope if you want times sent to you.

BASIC 8 COMPULSORY MOVES AND FREESKATE PROGRAMS

SNOWPLOW SAM AND BASIC 8 COMPULSORIES will be skated on ½ce without music and **must be skated in order listed.** Additional elements will not be judged. Time: no longer than 1 minute.

BASIC 8 COMPULSORIES								
Division								
Snowplow Sam	Age 5 and under	1. March followed by a two-foot glide and dip.						
		2. Forward two-foot swizzles, 2-3 in a row						
		3. Forward snowplow stop						
		4. Backward wiggles, 2-6 in a row						
Compulsories	Basic Skills 1	1. Forward two-foot glide.						
Level 1		2. Forward two foot swizzles — 6-8 in a row						
		3. Forward snowplow stop						
		4. Backward wiggles — 6-8 in a row						
Compulsories	Basic Skills 2	1. Forward one-foot glide — either foot.						
Level 2		2. Backward 2-foot swizzles, 6-8 in a row.						
		3. Two-foot turn — forward to backward						
		4. Moving snowplow stop						
		5. Forward alternating ½ wizzle pumps in a straight line across width of ice						
Compulsories	Basic Skills 3	1. Forward stroking						
Level 3		2. Forward ½ wizzle pumps on a circle, either clockwise or counterclockwise						
		6-8 consecutive						
		3. Moving forward to backward 2-foot turn — either direction						
		4. Backward one-foot glide — either foot						
		5. Two-foot spin						
Compulsories	Basic Skills 4	1. Forward outside edge on a circle — clockwise or counterclockwise						
Level 4		2. Forward crossovers — 6-8 consecutive, both directions						
		3. Forward outside 3-turn — R or L.						
		4. Backward stroking						
		5. Backward snowplow stop — R or L						
Compulsories	Basic Skills 5	1. Backward outside edge on a circle — clockwise or counterclockwise						
Level 5		2. Backward crossovers — 6-8 consecutive, both directions						
		3. One-foot spin – minimu m of 3 revolutions						
		4. Hockey stop						
		5. Side Toe hopeither direction						
Compulsories	Basic Skills 6	1. Forward inside 3-turn — R and L						
Level 6		2. T-stop — R or L						
		3. Bunny Hop						
		4. Forward spiral on a straight line — R or L						
~	D 1 01111 =	5. Lunge — R or L						
Compulsories	Basic Skills 7	1. Forward inside open Mohawk — R to L and L to R						
Level 7		2. Ballet jumpeither direction						
		3. Backward crossovers to a backward outside edge landing position, clockwise						
		and counter clockwise.						
<u> </u>	D : 01:11 0	4. Forward inside pivot						
Compulsories	Basic Skills 8	1. Moving forward outside or forward inside 3-turn — R and L						
Level 8		2. Waltz jump						
		3. Mazurkaeither direction						
		4. Combination moveclockwise or counter clockwise*						
		5. Beginning one-foot upright spin, optional free foot position						

^{*} Combination move: Two forward crossovers into forward inside Mohawk, step down onto backward outside edge, step or cross behind onto backward inside edge, one backward crossover and step to forward inside edge – clockwise or counter clockwise.

SNOWPLOW SAM PROGRAM AND BASIC 8 FREE SKATE PROGRAMS: The skating order of the required elements is optional. The elements are not restricted as to the number of times an element is executed, or length of glides, number of revolutions in a spin, etc., unless otherwise stated. A minimum number of connecting steps are allowed. Elements from a previous level may be used. Deductions will be made if elements from a higher level are skated. Program with music to be skated on full ice. Time limit is 1 minute (Snowplow Sam 30-45 seconds). The music will be provided by the skater.

BASIC 8 FREESKATE								
Division	Test Level	Elements						
Snowplow Sam	Age 5 and under	1. Forward skating						
		2. Backward wiggles						
		3. Glide forward and dip						
		4. Snowplow stop						
Freeskate A	Levels 1 & 2	1. Glide forward and dip						
		2. Moving snowplow stop						
		3. Forward two foot swizzles						
		4. Backward skating (wiggles or swizzles)						
Freeskate B	Levels 3 & 4	1. Backward 1/2 swizzle pumps on a circle — clockwise or counterclockwise						
		2. Two-foot spin						
		3. Forward crossovers — minimum of 5 consecutive, clockwise or counter						
		clockwise						
		4. Backward one foot glide — R or L						
Freeskate C	Level 5 & 6	1. Backward crossoversminimum of 5 consecutive, clockwise or counter						
		clockwise						
		2. One-foot spin						
		3. Bunny Hop						
		4. Forward spiral on a straight line — R or L						
Freeskate D	Levels 7&8	1. One-foot spin, optional free foot						
		2. Mazurka or ballet jump						
		3. Waltz jump						
		4. Combination move *						

^{*} Combination move: Two forward crossovers into forward inside Mohawk, step down onto backward outside edge, step or cross behind onto backward inside edge, one backward crossover and step to forward inside edge – clockwise or counterclockwise.

ACCOMMODATIONS

The official Winter Festival Motel is:	Omaha Marriott Hotel 10220 Regency Circle Omaha, NE 68114 Phone (402) 399-9000	You must mention "Winter Festival Figure Skating Competition" when making your reservation
	Fax (402) 391-6408	A block of rooms will be held until
	Room rate is \$64	Wednesday, January 2, 2002. After that date, the special room rate cannot be guaranteed.

OMAHA WINTER FESTIVAL INVITATIONAL – 2002 CHEVROLET/USFSA COMPETE WITH U.S. BASIC SKILLS ENTRY FORM

						Date	
NAME		US	SFSA	/ISIA #			
ADDRESS		PI	PHONE #			EMAIL	
CITY		STATE			ZIP		
BIRTH DATE		AGE		_	GENDER		
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ADDRESS:					-		
CITY:		STATE:		_ ZIP			
PHONE:				EMAIL:			
EV	ΈN	TS ENTERED					
Compulsories (\$15)	X	Freeskate Program (\$25.00)*	X				
Basic 8 Level 1		Basic 8 Freeskate A					Office Use Only
Basic 8 Level 2		Basic 8 Freeskate B					Office Osc Omy
Basic 8 Level 3		Basic 8 Freeskate C					Date
Basic 8 Level 4		Basic 8 Freeskate D					Rcvd
Basic 8 Level 5							Check #
Basic 8 Level 6							Amount \$
Basic 8 Level 7							Needs
Basic 8 Level 8		 *includes one Practi					
Please make checks payable to Mail Entry to: Omaha Wir PMB 418 7	ic 8 o: (oter 914	Compulsories = 5 Total = 5 DMAHA WINTER FEST Festival/Dana Meyer West Dodge Road	\$ \$			s \$25)	
Omaha, NE POSTMARK DEADLINE FOR El stamped envelope to receive co as soon as they are available. Che	NTR mp	XY: December 10, 2001. Cetition and practice ice s	ched	ules. Skat	er will be notifie	ed, by mail, o	f event and practice ice schedules
REFUND POLICY: refund will b documented by physician or by de given).							
The undersigned approves of the eany and all loss, damage and/or in							
PARENT/GUARDIAN					Date		
SKATING SCHOOL DIRECTOR (completely and correctly and that						-	
Signature:		,	Title		1	Date	