

# Basic Skills Competition February 24, 2002

**Hosted by:** 



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Pepsi Ice Midwest 12140 W. 135<sup>th</sup> Street Overl and Park, KS 66221-9370

Sanctioned by the United States Figure Skating Association

## 2002 Heart of America Invitational Basic Skills Competition

## Rul es and El igibil ity:

The 27<sup>th</sup> Annual Heart of America Invitational Figure Skating competition will be conducted according to the 2002 USFSA Official Rulebook for the <u>2002-2003 competition season</u>, and is open to all eligible members of the USFSA. The Competition, Club, facility and USFSA liability shall be governed by USFSA Rule CR 10.12 and CR 90.01.

## **Entries and Fees:**

All entries must be **POSTMARKED** no later than **January 15<sup>th</sup>**, **2002**, and must include the entry fee. There will be a \$25.00 fee for returned checks. Late entries will be accepted ONLY if time and space permit. Fees are as follows:

First Basic Skills Event \$40.00 Each Additional Basic Skills Event \$20.00

The Referee and/or Competition committee reserves the right to limit entries in an event and/or cancel an event based on time restrictions. Refunds will be given in accordance with USFSA rules.

## Mail completed applications to:

2002 Heart of America Invitational Lori Osborne 14861 Walmer Overland Park, KS 66223

#### Make checks payable to:

Silver Blades Figure Skating Club

Also check our web site at: <a href="https://www.silverblades.org">www.silverblades.org</a> for the latest competition information, event schedules, and practice ice schedules.

For questions on the 2002 Heart of America Invitational competition, please email us at:

HOA\_KC@hotmail.com

## Pepsi Ice Midwest Facility:

Pepsi Ice Midwest is located at 12140 W. 135<sup>th</sup> Street, Overland Park, Kansas (a suburb of Kansas City), approximately four miles south of Interstate-435 on Quivira Road. This new, 88,000 square foot, state-of-the-art facility features two indoor ice surfaces measuring 85' x 200' and a half-size studio teaching rink. Seating capacity for up to 350 spectators is available on the two main rinks. There will be limited dressing room spaces available. The facility includes a snack bar, adult lounge, dance studio and full service pro shop. The on-site health club and fitness center will offer 1 day passes during the competition. For further information and directions visit the web site at: www.pepsiicemidwest.com.



## Registration:

The Registration desk will be located in the lobby of Pepsi Ice Midwest. Competitors should check in at the Registration desk as early as possible upon arriving in Overland Park, and no later than two (2) hours prior to their event. Registration Hours are:

Wednesday 4:00 p.m. – 9:00 p.m. Thursday - Sunday 8:00 a.m. – 6:00 p.m.

#### Practice Ice:

Practice ice will begin at 4:00 p.m. Wednesday, February 20, 2002. Practice ice reservation forms should be submitted with the competition application. All practice ice must be paid for in advance. **No refunds will be given for practice sessions not used.** Once all practice ice has been scheduled, additional practice ice may be available on a first-come, first-serve basis, at the start of registration.

### **Confirmations:**

All confirmations will be made by e-mail. If you wish to have your competition event times and official practice ice times mailed to you, please <u>include a self-addressed</u>, <u>stamped</u>, <u>legal-sized envelope</u>. Tentative practice and competition schedules will also be posted on our website <u>www.silverblades.org</u>.

## Official Notices:

An official bulletin board will be maintained at the arena. It is the skater's responsibility to check the bulletin board for event or schedule changes. Skaters must check in with the ice monitor and should be prepared to compete 45 minutes prior to scheduled times.

## **Music:**

All competitors must provide their music on **CD or cassette tapes only**. Other forms of music will not be accepted. Please have CD's and tapes clearly labeled with name and event, tapes rewound, with only one piece of music (non-vocal unless specifically stated) per tape or CD. CD's or cassettes to be used for competition must be turned in at time of registration. **Competitors must have a duplicate tape or CD available at rink side during their event in case one is needed immediately**. CD's and/or tapes not picked up at the close of the competition will be discarded. No CD's or tapes will be mailed.

## Awards:

Medals will be given for 1<sup>st</sup> through 3<sup>rd</sup> places, and ribbons will be awarded for 4<sup>th</sup> through 6<sup>th</sup> place, for each event. Trophies will be awarded to 1<sup>st</sup> through 3<sup>rd</sup> places in championship final round events. All awards will be presented off-ice at the photographer's desk immediately after final results are posted for that event. Medals may be engraved for an additional cost at the time of the awards.

#### **Pictures and Videos:**

Videotapes of each event and official awards photos may be arranged through the official event photographer, Local Motion Productions. Silver Blades Figure Skating Club is not responsible for any arrangements made with the professional photographer. Individuals may use only hand held cameras and no rink power outlets may be used. **No flash photography is permitted of skaters on the ice**.

## 2002 Heart of America Merchandise:

Official sweatshirts and related items will be available for purchase during the event. Programs, flowers, and result sheets will be available from the Silver Blades Ways and Means Committee.

## **Hotel and Transportation Information:**

The official hotel for the competition is the **Courtyard by Marriot – Convention Center**. It is a brand new, full-service hotel, with on-site restaurant, fitness center and indoor heated pool. A block of rooms is being held at each of the hotels listed below. Please mention **Silver Blades FSC/Heart of America** and make your reservations **before January 30, 2002**.



#### Official hotel:

Courtyard by Marriott – Convention Center 11001 Woodson St. Overland Park, KS 913-317-8500 \$58.00 per night

#### Alternative hotel:

Fairfield Inn 4401 W. 107<sup>th</sup> St. Overland Park, KS (913) 381-5700 \$48.00 per night

Reservations at the Courtyard can also be made online at <a href="www.courtyard.com/mcicv">www.courtyard.com/mcicv</a>. On the top left is "Make a Reservation" option. After selecting "Make a Reservation" and entering the other information, enter one of the following group codes (to receive our special group rate):

1 king bed: SILSILA 2 Queen beds: SILSILP

## **General Information:**

For information regarding the 2002 Heart of America Invitational, please contact competition Chairpersons:

Lori Osborne or Laurie Mazon (913) 814-9689 (913) 681-5855

email: <u>HOA\_KC@hotmail.com</u> email: <u>HOA\_KC@hotmail.com</u>

No calls before 9:00 a.m. CST or after 9:00 p.m. CST. All calls will be returned as collect calls.

For additional information, check our web site at: www.silverblades.org. The latest competition information, event and practice schedules will be posted as soon as they are available.

## 2002 Heart of America Invitational February 24, 2002 Basic Skills Competition

#### **BASIC 8 COMPULSORY ELEMENTS AND PROGRAM**

**BASIC 8 ELEMENTS** will be skated on ½ ice, without music, and elements must be skated in the order listed. Elements will be judged on quality, speed and control.

Time: must not exceed 1 minute.

NOTE: New nationalized standard USFSA Basic Skills procedures for Snowplow Sam through Basic 8 compulsory levels. The referee/judge will announce each element prior to it being performed by the skater. Skater must wait for each element to be announced before they perform it.

**BASIC 8 FREESKATE** programs: Elements may be skated in any order. Elements maybe executed multiple times in a program, unless otherwise stated. Elements from previous level can be used. Elements will be judged on quality, speed and control. Deductions will be taken for elements skated from a higher level. Programs will be skated on full ice, to music provided by the skater.

Time limit is 1 minute (plus or minus 10 seconds).

Groups will be formed according to age and level based on applicants. Open to ages 3 years and up. Two (2) competitors shall make up a boys event.

## Basic Skills Snowplow Sam COMPULSORY: Snowplow Sam Level 1 to 3, AGES 3-5 (Tots)

- 1. To be skated on ½ ice.
- 2. No music.
- 3. All elements must be skated in the order listed.
- 4. The referee/judge will announce each element prior to it being performed by the skater. Skater must wait for each element to be announced before they perform it.

## **REQUIRED ELEMENTS:**

- 1. March followed by a two-foot glide and dip
- 2. Forward two-foot swizzles 2-3 in a row
- 3. Forward snowplow stop
- 4. Backward wiggles 2-6 in a row

## FREE SKATE: Snowplow Sam Level 1 to 3, Ages 3 – 5 (Tots)

- 1. To be skated on full ice.
- 2. May use vocal music.
- 3. Time limit: 1 minute (plus or minus 10 seconds).

#### **REQUIRED ELEMENTS:**

- Forward skating
- 2. Backward wiggles
- 3. Glide forward and dip
- 4. Snowplow stop

## Basic Skills BASIC 8 COMPULSORY

- 1. All elements must be skated in the order listed.
- 2. To be skated on ½ ice.
- 3. No music.
- 4. The referee/judge will announce each element prior to it being performed by the skater. Skater must wait for each element to be announced before they perform it.

		orator must want for each element to be almounted before they perform it.
LEVEL		REQUIRED ELEMENTS:
BASIC 1		Forward two-foot glide
		Forward two-foot swizzles – 6-8 in a row
	3.	Forward snowplow stop
	4.	55
BASIC 2	1.	Forward one-foot glide – either foot
	2.	Backward two-foot swizzles – 6-8 in a row
	3.	Two-foot turn in place – forward to backward
	4.	Moving snowplow stop
	5.	Forward alternating ½ swizzle pumps, in a straight line across the width of the ice
BASIC 3	1.	Forward stroking
	2.	Forward ½ swizzle pumps on a circle, either clockwise or counter-clockwise – 6-8
		consecutive
	3.	Moving forward to backward two-foot turn – either direction
	4.	Backward one foot glide – either foot
		Two-foot spin – minimum of 2 revolutions
BASIC 4		Forward outside edge on a circle – clockwise or counter-clockwise
		Forward crossovers – 6-8 consecutive – both directions
		Forward outside 3-turn – R and L
	4.	Backward stroking
DAGLOF	5.	Backward snowplow stop – R or L
BASIC 5	6.	Backward outside edge on a circle – clockwise or counter-clockwise
	1.	Backward crossovers – 6-8 consecutive – both directions
	2.	One-foot spin – minimum of 3 revolutions
	3.	Hockey Stop
BASIC 6	4.	Side Toe hop – either direction
BASIC 6	1.	Forward inside 3-turn – R and L
		T-stop – R or L
	3.	Bunny Hop  Forward grahasque (chiral) on a straight line. D or I
	4. 5.	Forward arabesque (spiral) on a straight line – R or L Lunge – R or L
BASIC 7	1.	•
DASIC /	2.	Ballet jump – either direction
	3.	Backward crossovers to a backward outside edge landing position, clockwise and
	٥.	counter-clockwise
	4.	Forward inside pivot
BASIC 8	1.	Moving forward outside or forward inside three turns – R and L
DASIC 6		Waltz jump
	3.	Mazurka – either direction
		Combination move – clockwise or counter-clockwise (from Basic 8 curriculum)
	5.	Beginning one foot upright spin, optional free foot position
	J.	beginning one root aprignt spin, optional free root position

## Basic Skills BASIC 8 FREESKATE

- 1. The skating order of the required elements is optional.
- 2. The elements are not restricted as to number of times element is executed, or length of glides, number of revolutions in a spin etc., unless otherwise stated.
- 3. Minimum number of connecting steps are allowed.
- 4. May use elements from a previous level. Deductions will be made if elements from a higher level are skated.
- 5. May use vocal music.
- 6. Time: 1 minute (plus or minus 10 seconds), skated on full ice.

LEVEL	REQUIRED ELEMENTS:
FREESKATE A (Basic 1 & 2)	1. Glide forward and dip
	2. Moving snowplow stop
	3. Forward two foot swizzles
	4. Backward skating (wiggles or swizzles)
Additional elements from Basic 1 & 2 may be added	to program.
FREESKATE B (Basic 3 & 4)	1. Backward ½ swizzle pumps on a circle – clockwise or
	counter-clockwise
	2. Two-foot spin
	3. Forward crossovers – minimum of 5 consecutive,
	clockwise or counter-clockwise
	4. Backward one foot glide – R or L
Additional elements from Basic 1 through 4 may be	added to program.
FREESKATE C (Basic 5 & 6)	<ol> <li>Backward crossovers – minimum of 5 consecutive,</li> </ol>
	clockwise or counter-clockwise
	2. One-foot spin
	3. Bunny hop
	4. Forward (arabesque spiral) on a straight line – R or L
Additional elements from Basic 1 through 6 may be	added to program.
FREESKATE D (Basic 7 & 8)	<ol> <li>Beginning one-foot spin, optional free foot</li> </ol>
	2. Mazurka or ballet jump
	3. Waltz jump
	4. Combination move (from the Basic 8 curriculum)
Additional elements from Basic 1 through 8 may be	added to program.

## Basic Skills Freeskate Levels 1-6 COMPULSORY

- 1. The skater must demonstrate the required elements and may use any additional elements from previous levels (where applicable).
- 2. The skating order of the required elements is optional.
- 3. All compulsory program will be skated on ½ ice, no music is permitted.
- 4. In program form using a limited number of connecting steps.
- 5. Time: 1 minute or less.
- 6. Deductions will be made if elements from a higher level are skated.

LEVEL	REQUIRED ELEMENTS:
FREESKATE 1	Advanced forward stroking – 4-6 consecutive strokes
	2. Basic forward outside edges and forward inside consecutive edges – 2-4 outside
	and 2-4 inside edges
	3. Scratch spin from backward crossovers
	4. Waltz jump from backward crossovers
	5. Half flip jump
FREESKATE 2	<ol> <li>Forward outside spiral – R or L, and a forward inside spiral – R or L</li> </ol>
	2. Waltz three's – R or L
	3. Beginning back spin – entry optional
	4. Waltz jump, side toe hop, waltz jump combination
	5. Toe loop jump
FREESKATE 3	1. Forward crossovers in a figure 8
	2. Advanced forward outside swing rolls – 4-6 consecutive
	3. Back spin
	4. Salchow jump
	5. Waltz jump/toe loop jump or salchow jump/toe loop jump
FREESKATE 4	1. Spiral sequence, FI spiral, FI mohawk, BO spiral, clockwise or counter-clockwise
	2. Forward power 3's, 2-3 consecutive sets – R or L
	3. Sit spin
	4. Loop jump
	5. Waltz jump/loop jump
FREESKATE 5	1. Spiral sequence, FO spiral, forward outside 3 turn, one backward crossover,
	backward inside spiral
	2. Camel spin
	3. Forward upright spin to back upright spin
	4. Loop jump/loop jump
EDEFOKATE (	5. Flip jump
FREESKATE 6	1. Five step mohawk sequence – 2-3 consecutive sets, clockwise or counter-clockwise
	(refer to Basic Skills curriculum Freeskate Level 6)
	2. Camel, sit spin combination – minimum of 4 revolutions total
	3. Split jump or stag jump
	4. Waltz jump, ½ loop, salchow jump combination
	5. Lutz jump

## Basic Skills Freeskate Levels 1-6 FREESKATE (with music)

- 1. Groups will be divided by age.
- 2. Program Duration: 1:30 (plus or minus 10 seconds).
- 3. To be skated on full ice.
- 4. Music of the skaters choice, no vocals.
- 5. Deductions will be made if elements from a higher test level are skated in the program.

LEVEL	REQUIRED ELEMENTS:
FREESKATE 1	Advanced forward stroking (4-6 consecutive strokes)
	2. Basic forward outside edges or forward inside consecutive edges – 2-4 outside or 2-4
	inside edges
	3. Scratch spin from backward crossovers
	4. Waltz jump from backward crossovers
	5. Half flip jump
FREESKATE 2	1. Forward outside spiral – R or L
	2. Waltz three's – R or L
	3. Beginning back spin
	4. Waltz jump, side toe hop, waltz jump series
	5. Toe loop
FREESKATE 3	1. Forward crossovers in a figure 8
	2. Advanced forward outside swing rolls – 4-6 consecutive
	3. Back spin
	4. Salchow
EDEECKATE 4	5. Waltz jump/toe loop or salchow/toe loop
FREESKATE 4	1. Spiral sequence, FI spiral, FI mohawk, BO spiral, clockwise or counter-clockwise
	2. Forward power 3's, 2-3 consecutive sets – R or L
	3. Sit spin
	4. Loop jump
FREESKATE 5	5. Waltz jump/loop jump 1. Spiral seguence, FO spiral, forward outside 3 turn, one backward crossover, backward
FREESKATE 5	1. Spiral sequence, FO spiral, forward outside 3 turn, one backward crossover, backward inside spiral
	2. Camel spin
	Forward upright spin to back upright spin
	4. Loop/loop
	5. Flip
FREESKATE 6	1. Five step mohawk sequence – 2-3 consecutive sets, clockwise or counter-clockwise
	(refer to Basic Skills curriculum Freeskate Level 6)
	2. Camel, sit spin combination – minimum of 4 revolutions total
	Split jump or stag jump
	4. Waltz jump, ½ loop, salchow combination
	5. Lutz

## Basic Skills Competition 2002 Heart of America Invitational February 24, 2002

## **ENTRY FORM MUST BE POSTMARKED BY JANUARY 15, 2002**

Name:			Birth Date:			Age:	Sex:
Address:	City:		State	e:	Zip:		
Parents/Guardian Name:			Phone: E-mail:				
USFSA#: Home Club:		Home Club:					
Highest USFSA Test Passed:	Freeskate:		Pairs:				
10311 43304.	Field Moves:		Basic Skills:				
	Dance:						
Coach's Name:			Coach's Phone:				
Coach's Address:			City:			State:	Zip:

## Please check the events you want to enter.

Snowplow Sam	Compulsory		Freeskate							
Basic 8	Level Level		vel Level		Level	Level	Level	Leve	I Level	
Compulsory	1	1 2		3	4	5	6	7	8	
Basic 8 Freeskate	Freeskate A		Freeskate B		Freeskate C		Fr	Freeskate D		
Freeskate Levels 1-6	Freeskate 1		te 1 Freesk		Freeskate 3	Freeskate	e 4 Free	skate 5	Freeskate 6	
Compulsory										
Freeskate Levels 1-6	Freeskat	e 1	Frees	skate 2	Freeskate 3	Freeskate	e 4 Free	skate 5	Freeskate 6	
Freeskate										

 @ \$40.00	=	\$
 @ \$20.00 each	=	\$
	Total·	\$
_		@ \$40.00 = @ \$20.00 each = Total:

Note: There will be a practice session for all Basic Skills Skaters prior to the beginning of Basic Skills competition events and the price is included in the entry fee. Additional practice ice may be purchased by using the Practice Ice Reservation form.

## - OVER -

FOR SILVER BLADES FSC USE ONLY								
Date Received	Check #	Practice Ice?	Check #	Souvenirs?	Check #	Advertising?	Check #	

#### **Certification of Contestant:**

The competitor is eligible to enter the events checked. It is agreed that the competitor and family holds harmless the USFSA, Silver Blades FSC of KC, Pepsi Ice Midwest and all their employees and agents from any and all loss, damage and/or injury that may be sustained by the entrant in any manner while participating in any activities of said competition.

In accordance with the USFSA rulebook, entry fees are not refundable after the close of entries unless no competition exists in a particular division.

I also understand that the competition committee reserves the right to limit the number of entries in any event or if required to eliminate an event or events due to time constraints. I agree that if my application is incomplete, I will accept a collect telephone call to supply additional information.

I agree to conduct myself, both on and off the ice, in a manner that will reflect favorably upon the competition and upon the sport of figure skating and that is consistent with the high standards of the sport. I agree to respect the person and property of other skaters.

Competitor Signature:	Date:	
Parent/Guardian Signature:	Date:	
Coach's Signature:	Date:	

## Mail Completed Applications and Payment to:

2002 Heart of America Invitational c/o Lori Osborne 14861 Walmer Overland Park, KS 66223

## Checks should be made out to Silver Blades FSC of KC

\*\*Additional practice ice can be purchased starting on the first day of the competition (February 20, 2002).

## 2002 Heart of America Invitational Application **Practice Ice Request Form**

Name	US	SFSA#
Address City	State	Zip
	F	
Coach	Coach Email	
Date/Time of Arrival		
Dairs/Danca Partner		
Official practice ice sessions will begin on Vice have been assigned, and depending on available at registration. This additional propare partners must skate the same pairs	the competition schedule, addition actice ice time will be sold on a firs and dance practices.	al practice ice may be made t-come, first-serve basis. Pairs and
<b>REMINDER:</b> Skaters must provide a seco	and CD or tape for use during official	al practice ice.
Practice ice time is available at the followin Freestyle \$9.00 Pairs/Dance \$15.00 (per couple Synchronized practice time is available at \$	e); \$9.00 if solo dance	ssion.
Wednesday, 2/20/02	# of Freestyle sessions	\$
	# of Dance sessions	\$
	# of Pair sessions	\$
	# of Synchro. sessions	\$
Thursday, 2/21/02	# of Freestyle sessions	\$
	# of Dance sessions	\$
	# of Pair sessions	\$
	# of Synchro. sessions	
Friday, 2/22/02	# of Freestyle sessions	\$
111day, 2/22/02	# of Dance sessions	\$
	# of Pair sessions	\$
	# of Synchro. sessions	\$
Saturday, 2/23/02	# of Freestyle sessions	\$
	# of Dance sessions	\$
	# of Pair sessions	\$
	# of Synchro. sessions	\$
Sunday, 2/24/02	# of Freestyle sessions	<u> </u>
	# of Dance sessions	
	# of Pair sessions	<u>\$</u>
	# of Synchro. sessions	\$

TOTAL DUE: \$

## DRIVING DIRECTIONS TO PEPSI ICE MIDWEST



Pepsi Ice Midwest is located at the corner of 135<sup>th</sup> Street and Quivira in Overland Park; the facility is accessible from several different area streets.

## From the Courtyard by Marriott:

Follow College Boulevard East to Roe. Turn left (North). Get on I-435 West. Take the Quivira exit (approximately 3.5 miles) and turn left (South). Turn right (West) on 132<sup>nd</sup> Terrace, the ice rink will be in front of you.

#### From the Fairfield Inn:

Follow 107<sup>th</sup> Street West to Roe. Turn left (South). Get on I-435 West. Take the Quivira exit (approximately 3.5 miles) and turn left (South). Turn right (West) on 132<sup>nd</sup> Terrace, the ice rink will be in front of you.

## From I-35:

Take the Santa Fe exit and go East. Turn left (North) at Quivira and then left on 132<sup>nd</sup> Terrace, the ice rink will be in front of you.

## From Highway 169 South:

Take the 135<sup>th</sup> Street exit and go West. Turn right (North) at Quivira and then left on 132<sup>nd</sup> Terrace, the ice rink will be in front of you.